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To Marge, Lina, and Jeff for all their support
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How to Design and Evaluate Research in Education is directed to students taking their first course in educational research. Because this field continues to grow so rapidly with regard to both the knowledge it contains and the methodologies it employs, the authors of any introductory text are forced to carefully define their goals as a first step in deciding what to include in their book. In our case, we continually kept three main goals in mind. We wanted to produce a text that would:

1. Provide students with the basic information needed to understand the research process, from idea formulation through data analysis and interpretation.
2. Enable students to use this knowledge to design their own research investigation on a topic of personal interest.
3. Permit students to read and understand the literature of educational research.

The first two goals are intended to satisfy the needs of those students who must plan and carry out a research project as part of their course requirements. The third goal is aimed at students whose course requirements include learning how to read and understand the research of others. Many instructors, ourselves included, build all three goals into their courses, since it is hard to read and fully comprehend the research of others if you have not yourself gone through the process of designing and evaluating a research project. Similarly, the more you read and evaluate the research of others, the better equipped you will be to design your own meaningful and creative research. In order to achieve the above goals, we have developed a book with the following characteristics.

CONTENT COVERAGE

Goal one, to provide students with the basic information needed to understand the research process, has resulted in a nine-part book plan. Part 1 (Chapter 1) introduces students to the nature of educational research, briefly overviews each of the seven methodologies discussed later in the text, and presents an overview of the research process as well as criticisms of it.

Part 2 (Chapters 2 through 9) discusses the basic concepts and procedures that must be understood before one can engage in research intelligently or critique it meaningfully. These chapters explain variables, definitions, ethics, sampling, instrumentation, validity, reliability, and internal validity. These and other concepts are covered thoroughly, clearly, and relatively simply. Our emphasis throughout is to show students, by means of clear and appropriate examples, how to set up a research study in an educational setting on a question of interest and importance.

Part 3 (Chapters 10 through 12) describes in some detail the processes involved in collecting and analyzing data.

Part 4 (Chapters 13 through 17) describes and illustrates the methodologies most commonly used in quantitative educational research. Many key concepts presented in Part 2 are considered again in these chapters in order to illustrate their application to each methodology. Finally, each methodology chapter concludes with a carefully chosen study from the published research literature. Each study is analyzed by the authors with regard to both its strengths and weaknesses. Students are shown how to read and critically analyze a study they might find in the literature.

Parts 5 (Chapters 18 through 20) and 6 (Chapters 21 through 22) discuss qualitative research. Part 5 begins the coverage by describing qualitative research, its
philosophy, and essential features. It has been expanded to include various types of qualitative research. This is followed by an expanded treatment of both data collection and analysis methods. Part 6 presents the qualitative methodologies of ethnography and historical research. As with the quantitative methodology chapters, all but one of these is followed by a carefully chosen research report from the published research literature, along with our analysis and critique.

Part 7 (Chapter 23) discusses Mixed-Methods Studies, which combine quantitative and qualitative methods. Again, as in other chapters, the discussion is followed by our analysis and critique of a research report we have chosen from the published research literature.

Part 8 (Chapter 24) describes the assumptions, characteristics, and steps of action research. Classroom examples of action research questions bring the subject to life, as does the addition of a critique of a published study.

Part 9 (Chapter 25) shows how to prepare a research proposal or report (involving a methodology of choice) that builds on the concepts and examples developed and illustrated in previous chapters.

RESEARCH EXERCISES
To achieve our second goal of helping students learn to apply their knowledge of basic processes and methodologies, we organized the first 12 chapters in the same order that students normally follow in developing a research proposal or conducting a research project. Then we concluded each of these chapters with a research exercise that includes a fill-in problem sheet. These exercises allow students to apply their understanding of the major concepts of each chapter. When completed, these accumulated problem sheets will have led students through the step-by-step processes involved in designing their own research projects. Although this step-by-step development requires some revision of their work as they learn more about the research process, the gain in understanding that results as they slowly see their proposal develop “before their eyes” justifies the extra time and effort involved.

Problem Sheet templates are located in the Student Mastery Activities book electronically at the Online Learning Center Web site, www.mhhe.com/fraenkel8e.

ACTUAL RESEARCH STUDIES
Our third goal, to enable students to read and understand the literature of educational research, has led us to conclude each of the methodology chapters in Parts 4, 5, 6, 7, and 8, with an annotated study that illustrates a particular research method. At the end of each study we analyze its strengths and weaknesses and offer suggestions as to how it might be improved. Similarly, at the end of our chapter on writing research proposals and reports, we include a student research proposal that we have critiqued with marginal comments. This annotated proposal has proved an effective means of helping students understand both sound and questionable research practices.

STYLE OF PRESENTATION
Because students are typically anxious regarding the content of research courses, we have taken extraordinary care not to overwhelm them with dry, abstract discussions, and we have adopted an informal writing style. More than in any text to date, our presentations are laced with clarifying examples and with summarizing charts, tables, and diagrams. Our experience in teaching research courses for more than 30 years has convinced us that there is no such thing as having “too many” examples in a basic text.

In addition to the many examples and illustrations that are embedded in the text, we have built the following pedagogical features into the book: (1) a graphic organizer for each chapter, (2) chapter objectives, (3) chapter-opening examples, (4) end-of-chapter summaries, (5) key terms with page references, (6) discussion questions, and (7) an extensive end-of-book glossary.

CHANGES IN THE EIGHTH EDITION
A number of key additions, new illustrations, and improved or refined examples, terminology, and definitions have been incorporated in this edition to further meet the goals of the text. The Notes (references) have been updated throughout to include the latest research, and the Research Exercises and Problem Sheets have been revised with more effective questions.

Following is a sampling of chapter-by-chapter changes:

Chapter 1: The Nature of Educational Research
  • Moved up discussion of quantitative and qualitative research to the beginning of the “Types of Research” section
  • Added a new section on evaluation research
  • Added new key terms

Chapter 2: The Research Problem
• Revised the section on research questions, including the distinction between quantitative and qualitative research questions and new examples
• Revised illustrations to include more diversity

Chapter 3: Locating and Reviewing Literature
• Originally was Chapter 5; contents moved up to highlight the importance of finding and analyzing research while introducing the many new ideas presented about literature review
• Updated the technological/digital terminology throughout
• Updated the discussion of search engines and other research tools
• Added new key terms

Chapter 4: Ethics and Research
• Added a new section on academic cheating and plagiarism
• Revised the opening scenario
• Added new information on regulation of research and human subjects, including the NIH and CITI
• Updated the discussion of Institutional Review Boards and HHS regulations, and added an IRB (Human Subjects) protocol template and consent form
• Added new key terms

Chapter 5: Variables and Hypotheses
• Originally was Chapter 3; contents moved back for more logical flow of material
• Revised terminology for clarity
• Added new discussion of mediator variables
• Added new section on hypotheses and qualitative research
• Added new key terms

Chapter 6: Sampling
• Added mention of how to use computer-generated lists
• Added a note on qualitative studies and sample size

Chapter 7: Instrumentation
• Revised opening case illustration
• Added a note on qualitative researchers and objectivity
• Updated the discussion on using the ERIC database and other testing resources
• Updated the screen captures to show recent searches
• Added information on using probes (improvised questions) in interviews

Chapter 8: Validity and Reliability
• Added a new example of a qualitative, open-ended interview protocol
• Added new key terms

Chapter 9: Internal Validity
• Revised opening illustration to be more realistic
• Revised terminology to reflect more accepted usage
• Added information on qualitative research and internal validity
• Inserted new table on “Threats to the Internal Validity of a Study”

Chapter 10: Descriptive Statistics
• Revised chapter objectives
• Revised opening case study
• Added and revised Excel boxes throughout, deleting previous SPSS boxes
• Relocated section on “Types of Scores,” originally in Chapter 7
• Added new key terms

Chapter 11: Inferential Statistics
• Added new Excel box

Chapter 12: Statistics in Perspective
• Added Delta to discussion of effect size

Chapter 13: Experimental Research
• Updated examples of experimental studies conducted by educational researchers
• Updated digital terms
• Revised discussion of gender and groups
• Replaced research report and analysis with a new study on students at risk

Chapter 14: Single-Subject Research
• Replaced opening illustration with case example
• Added examples of single-subject studies

Chapter 15: Correlational Research
• Updated examples of correlational studies

Chapter 16: Causal-Comparative Research
• Replaced research report and analysis with a new study on Internet use and abuse by students

Chapter 17: Survey Research
• Added examples of surveys
• Added a new section on Web-based surveys

Chapter 18: The Nature of Qualitative Research
• Added new examples of qualitative studies
• Included mention of “theoretical approach”
• Revised section on generation of hypotheses
• Added discussion of qualitative data analysis
• Added new key terms
Chapter 19: Observation and Interviewing
• Updated discussion of using technology with current terminology
• Added note about attentive listening during interviewing
• Expanded discussion of focus groups and the role of the moderator
Chapter 20: Content Analysis
• Added examples of content analysis studies
Chapter 21: Ethnographic Research
• Revised opening case study
• Revised examples of studies by ethnographers
• Added note regarding theoretical generalizability of a study
• Replaced research report and analysis with a new study on teaching ESL students
Chapter 22: Historical Research
• Revised examples of historical studies
Chapter 23: Mixed-Methods Research
• Revised examples of mixed-methods studies
• Added discussion of multiple samples
Chapter 24: Action Research
• Added examples of action research
• Replaced research report and analysis with a new study on integrating student choice and arts activities
Chapter 25: Preparing Research Proposals and Reports
• Added discussion of qualitative research proposals offering several propositions
• Updated terminology used with organization of a research report
Appendix D: Using Excel
• Revised this appendix to include information on using Excel for various statistical calculations, rather than SPSS, as it is more commonly used today.

New Annotated and Analyzed Research Reports:
Four new Research Reports have been added to the text, introducing more research involving diverse populations as well as helping the student apply the text’s concepts and also practice evaluating published studies.

• Cognitive Effects of Chess Instruction on Students at Risk for Academic Failure
• Internet Use, Abuse, and Dependence Among Students at a Southeastern Regional University
• Lessons on Effective Teaching from Middle School ESL Students
• An Action Research Exploration Integrating Student Choice and Arts Activities in a Sixth-Grade Social Studies Classroom

SPECIAL FEATURES
Support for Student Learning
How to Design and Evaluate Research in Education helps students become critical consumers of research and prepares them to conduct and report their own research.

Chapter-opening Features: Each chapter begins with an illustration that visually introduces a topic or issues related to the chapter. This is followed by an outline of chapter content, chapter learning objectives, the Interactive and Applied Learning feature that lists related supplementary material, and a related vignette.

More About Research, Research Tips, and Controversies in Research: These informative sections help students to think critically about research while illustrating important techniques in educational research.

End-of-Chapter Learning Supports: The chapters conclude with a reminder of the supplementary resources available, a detailed Main Points section, a listing of Key Terms, and Questions for Discussion.

Chapters 1–12 include a Research Exercise and a Problem Sheet to aid students in the construction of a research project.

Chapters 13–17 and 19–24 include an actual Research Report that has been annotated to highlight concepts discussed in the chapter.

Practical Resources and Examples for Doing and Reading Research
How to Design and Evaluate Research in Education provides a comprehensive introduction to research that is brought to life through practical resources and examples for doing and reading research.

• Research Tips boxes provide practical suggestions for doing research.
• The Annotated Research Reports at the conclusion of Chapters 13–17 and 19–24 present students with research reports and author commentary on how the study authors have approached and supported their research.
• Research Exercises and Problems Sheets at the conclusion of Chapters 1–13 are tools for students to use when creating their own research projects.
• **Using Excel boxes** show how these software programs can be used to calculate various statistics.
• Chapter 24: *Action Research* details how classroom teachers can and should do research to improve their teaching.
• Chapter 25: *Preparing Research Proposals and Reports* walks the reader through proposal and report preparation.
• **Resources on the Online Learning Center Web site** (see listing below) provide students with a place to start when gathering research tools.

**SUPPLEMENTS THAT SUPPORT STUDENT LEARNING**

**Online Learning Center Web Site at www.mhhe.com/fraenkel8e**

The Online Learning Center Web site offers tools for study, practice, and application including:

**Study Resources**
- Multiple quizzes and flashcards for testing content knowledge
- *Learn More About* audio clips that provide additional explanation or examples of key concepts

**Practice Resources**
- Student Mastery Activities that provide students extra practice with specific concepts
- Data Analysis Examples and Exercises

**Research Resources**
- Statistics Program
- Correlation Coefficient Applet
- Chi Square Applet
- Research Wizard, a wizard version of the Problem Sheets
- Forms, including a Research Worksheet, Sample Consent Forms, Research Checklists, electronic versions of the Problem Sheets
- A Listing of Professional Journals
- *Bibliography Builder*, an electronic reference builder
- The McGraw-Hill Guide to Electronic Research

**SUPPLEMENTS THAT SUPPORT INSTRUCTORS**

**Online Learning Center Web Site at www.mhhe.com/fraenkel8e**

The Instructor’s portion of the Online Learning Center offers a number of useful resources for classroom instruction, including an Instructor’s Manual, Test Bank, Computerized Test Bank, chapter-by-chapter PowerPoint presentations, and additional resources.

**CPS by eInstruction**

Classroom Performance System is a wireless response system that gives you immediate feedback from every student in the class. These CPS questions are specific to *How to Design and Evaluate Research in Education, 8/e*. Contact your local sales representative for details about this resource.

**ACKNOWLEDGMENTS**

Directly and indirectly, many people have contributed to the preparation of this text. We will begin by acknowledging the students in our research classes, who, over the years, have taught us much. Also, we wish to thank the reviewers of this edition, whose generous comments have guided the preparation of this edition. They include:

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*Jack R. Fraenkel  
Norman E. Wallen  
Helen H. Hyun*
Team-teaching improves the achievement of students in high school social studies classes? Abigail Johnson, the principal of a large high school in Minneapolis, Minnesota, having heard encouraging remarks about the idea at a recent educational conference, wants to find out. Accordingly, she asks some of her eleventh-grade world history teachers to participate in an experiment. Three teachers are to combine their classes into one large group. These teachers are to work as a team, sharing the planning, teaching, and evaluation of these students. Three other teachers are assigned to teach a class in the same subject individually, with the usual arrangement of one teacher per class. The students selected to participate are similar in ability, and the teachers will teach at the same time, using the same curriculum. All are to use the same standardized tests and other assessment instruments, including written tests prepared jointly by the six teachers. Periodically during the semester, Mrs. Johnson will compare the scores of the two groups of students on these tests.
These boxes take a closer look at important topics in educational research. See a full listing of these boxes, starting on page xii.
Justification

In this study, the term "Latino" has been used when referring to individuals who identify as Hispanic or Mexican, regardless of their country of origin. The term "Latino" is a broad and inclusive term that encompasses a diverse range of cultures and identities within the larger Latinx community. It is important to note that the experiences of individuals within the Latino community can vary significantly based on factors such as country of origin, immigration status, and cultural background.

Purpose

The purpose of this study is to investigate the relationship between perceived family support, acculturation, and life satisfaction among Latino adolescents in the United States. The study aims to shed light on the unique challenges faced by Latino adolescents and to identify factors that contribute to their well-being and life satisfaction.

Definitions

Perceived Family Support: The perception of support and encouragement from family members, which is important for the emotional and psychological well-being of adolescents.

Acculturation: The process by which individuals or groups adopt the cultural patterns, values, and behaviors of another culture, which can be seen as a continuum ranging from being fully acculturated to being fully indigenous.

Life Satisfaction: The overall satisfaction or happiness an individual feels with their life, which can be influenced by various factors such as personal accomplishments, social relationships, and overall well-being.

Methodology

The study employed a mixed-methods research design, combining qualitative and quantitative approaches to explore the relationship between perceived family support, acculturation, and life satisfaction among Latino adolescents. The study involved the collection of data through surveys and interviews, followed by the analysis of these data to identify patterns and trends.

Results

The results of the study showed a positive correlation between perceived family support and acculturation, as well as a significant relationship between these factors and life satisfaction. The findings indicated that Latino adolescents who perceive higher levels of family support and are more acculturated tend to report higher levels of life satisfaction.

Discussion

The results of this study highlight the importance of family support and acculturation in the well-being of Latino adolescents. The findings suggest that interventions that focus on enhancing family support and promoting acculturation may contribute to improved life satisfaction among this population.

Conclusion

The study provides valuable insights into the factors that contribute to the well-being of Latino adolescents. The findings have implications for both researchers and practitioners, as they can help inform the development of programs and policies aimed at improving the lives of Latino youth.

Acknowledgments

The author would like to acknowledge the contributions of all those involved in the study, including the participants, researchers, and funding organizations.

References

[Footnotes and references are included to support the conclusions and findings presented in the paper.]
The chapter ends with a listing of the review resources available for students on the Online Learning Center Web site at www.mhhe.com/fraenkel8e.
that seems to be increasing in recent years. This is a problem because those who do
not respond are very likely to differ from respondents in terms of how they would
answer the survey questions.

THREATS TO INTERNAL VALIDITY IN SURVEY RESEARCH
• Threats to the internal validity of survey research include location, instrumentation,
  instrument decay, and mortality.

DATA ANALYSIS IN SURVEY RESEARCH
• The percentage of the total sample responding for each item in a survey ques-
  tionnaire should be reported, as well as the percentage of the total sample who
  chose each alternative for each question.

Key Terms

For Discussion

Key terms are listed with page references.

For Discussion

End-of-chapter questions are designed for in-class discussion.

Research Exercises

The research exercise explains how to fill in the Problem Sheet that follows.

Problem Sheets

Individually, the problem sheets allow students to apply their understanding of the
major concepts of each chapter. As a whole, they walk students through each step of the
research process.

Research Exercise 13: Research Methodology

Using Problem Sheet 13, describe in as much detail as you can the procedures of your study, in-
cluding analysis of results—that is, what you intend to do, when, where, and how. Lastly, indicate
any unresolved problems you see at this point in your planning.

Problem Sheet 13
Research Methodology

You should complete Problem Sheet 13 once you have decided which of the
methodologies described in Chapters 13-17 and 19-20 you plan to use. You
might wish to consider, however, whether your research questions could be
investigated by other methodologies.

1. The question or hypothesis of my study is: ________________________________

2. The methodology I intend to use is: ____________________________________

3. Describe the time you will conduct the study, i.e., the data collection process. When,
   where, and how will you collect the data? Over what time span will the data be gather-
   ed, and in what types of situations? Can you foresee any limitations or problems?

4. If you are planning an intervention study (e.g., an experiment) please discuss in
detail the intervention or treatment planned.

5. The major problems I foresee at this point include the following: ________________

An electronic version

that you can fill in and
point, now, or e-mail it
available on the Online
Learning Center.
Research takes many forms. In Part 1, we introduce you to the subject of educational research and explain why knowledge of the various types of research is of value to educators. Because research is but one way to obtain knowledge, we also describe several other ways and compare the strengths and weaknesses of each. We give a brief overview of educational research methodologies to set the stage for a more extensive discussion in later chapters. Lastly, we discuss criticisms of the research process.
Some Examples of Educational Concerns
Why Research Is of Value
Ways of Knowing
Sensory Experience
Agreement with Others
Expert Opinion
Logic
The Scientific Method

Types of Research
Quantitative and Qualitative Research
Experimental Research
Correlational Research
Causal-Comparative Research
Survey Research
Ethnographic Research
Historical Research
Action Research
Evaluation Research
All Have Value

General Research Types
Descriptive Studies
Associational Research
Intervention Studies
Meta-analysis

Critical Analysis of Research
A Brief Overview of the Research Process

OBJECTIVES

Studying this chapter should enable you to:

- Explain what is meant by the term “educational research” and give two examples of the kinds of topics educational researchers might investigate.
- Explain why a knowledge of scientific research methodology can be of value to educators.
- Name and give an example of four ways of knowing other than the method used by scientists.
- Explain what is meant by the term “scientific method.”
- Give an example of six different types of research methodologies used by educational researchers.
- Describe briefly what is meant by critical research.
- Describe the differences among descriptive, associational, and intervention-type studies.
- Describe briefly the difference between basic and applied research.
- Describe briefly the difference between quantitative and qualitative research.
- Describe briefly what is meant by mixed-methods research.
- Describe briefly the basic components involved in the research process.
The president of the local PTA in Little Rock, parent of a sixth-grader at Cabrillo School, wonders how he can get more parents involved in school-related activities.

Each of the above examples, although fictional, represents a typical sort of question or concern facing many of us in education today. Together, these examples suggest that teachers, counselors, administrators, parents, and students continually need information to do their jobs. Teachers need to know what kinds of materials, strategies, and activities best help students learn. Counselors need to know what problems hinder or prevent students from learning and how to help them with these problems. Administrators need to know how to provide an environment for happy and productive learning. Parents need to know how to help their children succeed in school. Students need to know how to study to learn as much as they can.

Some Examples of Educational Concerns

- A high school principal in San Francisco wants to improve the morale of her faculty.
- The director of the gifted student program in Denver would like to know what happens during a typical week in an English class for advanced placement students.
- An elementary school counselor in Boise wishes he could get more students to open up to him about their worries and problems.
- A tenth-grade biology teacher in Atlanta wonders if discussions are more effective than lectures in motivating students to learn biological concepts.
- A physical education teacher in Tulsa wonders if ability in one sport correlates with ability in other sports.
- A seventh-grade student in Philadelphia asks her counselor what she can do to improve her study habits.

Dr. Hunter? I’m Molly Levine. I called you about getting some advice about the master’s degree program in your department.”

“Hello, Molly. Pleased to meet you. Come on in. How can I be of help?”

“Well, I’m thinking about enrolling in the master’s degree program in marriage and family counseling, but first I want to know what the requirements are.”

“I don’t blame you. It’s always wise to know what you are getting into. To obtain the degree, you’ll need to take a number of courses, and there is also an oral exam once you have completed them. You also will have to complete a small-scale study.”

“What do you mean?”

“You actually will have to do some research.”

“Wow! What does that involve? What do you mean by research, anyway? And how does one do it? What kinds of research are there?”

To find out the answers to Molly’s questions, as well as a few others, read this chapter.
range of human knowing. To obtain reliable knowledge, therefore, we cannot rely on our senses alone but must check what we think we know with other sources.

**AGREEMENT WITH OTHERS**

One such source is the opinions of others. Not only can we share our sensations with others, we can also check on the accuracy and authenticity of these sensations: Does this soup taste salty to you? Isn’t that John over there? Did you hear someone cry for help? Smells like mustard, doesn’t it?

Obviously, there is a great advantage to checking with others about whether they see or hear what we do. It can help us discard what is untrue and manage our lives more intelligently by focusing on what is true. If, while hiking in the country, I do not hear the sound of an approaching automobile but several of my companions do and alert me to it, I can proceed with caution.

All of us frequently discount our own sensations when others report that we are missing something or “seeing” things incorrectly. Using agreement with others as a means of obtaining information, the tenth-grade biology teacher in Atlanta, for example, might check with her colleagues to see if they find discussions more effective than lectures in motivating their students to learn.

The problem with such common knowledge is that it, too, can be wrong. A majority vote of a committee is no guarantee of the truth. My friends might be wrong about the presence of an approaching automobile, or the automobile they hear may be moving away from rather than toward us. Two groups of eyewitnesses to an accident may disagree as to which driver was at fault. Hence, we need to consider some additional ways to obtain reliable knowledge.

**EXPERT OPINION**

Perhaps there are particular individuals we should consult—experts in their field, people who know a great deal about what we are interested in finding out. We are likely to believe a noted heart specialist, for example, if he says that Uncle Charlie has a bad heart. Surely, a person with a PhD in economics knows more than most of us do about what makes the economy tick. And shouldn’t we believe our family dentist if she tells us that back molar has to be pulled? To use expert opinion as a means of obtaining information, perhaps the physical education teacher in Tulsa should ask a noted authority in the physical education field whether ability in one sport correlates with ability in another.
Well, maybe. It depends on the credentials of the experts and the nature of the question about which they are being consulted. Experts, like all of us, can be mistaken. For all their study and training, what experts know is still based primarily on what they have learned from reading and thinking, from listening to and observing others, and from their own experience. No expert, however, has studied or experienced all there is to know in a given field, and thus even an expert can never be totally sure. All any expert can do is give us an opinion based on what he or she knows, and no matter how much this is, it is never all there is to know. Let us consider, then, another way of knowing: logic.

**LOGIC**

We also know things logically. Our intellect—our capability to reason things out—allows us to use sensory data to develop a new kind of knowledge. Consider the famous syllogism:

All human beings are mortal.
Sally is a human being.
Therefore, Sally is mortal.

To assert the first statement (called the *major premise*), we need only generalize from our experience about the mortality of individuals. We have never experienced anyone who was not mortal, so we state that all human beings are. The second statement (called the *minor premise*) is based entirely on sensory experience. We come in contact with Sally and classify her as a human being. We don’t have to rely on our senses, then, to know that the third statement (called the *conclusion*) must be true. Logic tells us it is. As long as the first two statements are true, the third statement must be true.

Take the case of the counselor in Philadelphia who is asked to advise a student on how to improve her study habits. Using logic, she might present the following argument: Students who take notes on a regular basis in class find that their grades improve. If you take notes on a regular basis, then your grades should improve as well.

This is not all there is to logical reasoning, of course, but it is enough to give you an idea of another way of knowing. There is a fundamental danger in logical reasoning, however: It is only when the major and minor premises of a syllogism are *both* true that the conclusion is guaranteed to be true. If either of the premises is false, the conclusion may or may not be true. *

*In the note-taking example, the major premise (all students who take notes on a regular basis in class improve their grades) is probably not true.

There is still another way of knowing to consider: the method of science.

**THE SCIENTIFIC METHOD**

When many people hear the word *science*, they think of things like white lab coats, laboratories, test tubes, or space exploration. Scientists are people who know a lot, and the term *science* suggests a tremendous body of knowledge. What we are interested in here, however, is science as a method of knowing. It is the **scientific method** that is important to researchers.

What is this method? Essentially it involves testing ideas in the public arena. Almost all of us humans are capable of making connections—of seeing relationships and associations—among the sensory information we experience. Most of us then identify these connections as “facts”—items of knowledge about the world in which we live. We may speculate, for example, that our students may be less attentive in class when we lecture than when we engage them in discussion. A physician may guess that people who sleep between six and eight hours each night will be less anxious than those who sleep more or less than that amount. A counselor may feel that students read less than they used to because they spend most of their free time watching television. But in each of these cases, we do not really know if our belief is true. What we are dealing with are only guesses or hunches, or as scientists would say, hypotheses.

What we must do now is put each of these guesses or hunches to a rigorous test to see if it holds up under more controlled conditions. To investigate our speculation on attentiveness scientifically, we can observe carefully and systematically how attentive our students are when we lecture and when we hold a class discussion. The physician can count the number of hours individuals sleep, then measure and compare their anxiety levels. The counselor can compare the reading habits of students who watch different amounts of television. Such investigations, however, do not constitute science unless they are made public. This means that all aspects of the investigation are described in sufficient detail so that the study can be repeated by anyone who questions the results—provided, of course, that those interested possess the necessary competence and resources. Private procedures, speculations, and conclusions are not scientific until they are made public.

There is nothing very mysterious, then, about how scientists work in their quest for reliable knowledge. In reality, many of us proceed this way when we try to
reach an intelligent decision about a problem that is bothering us. These procedures can be boiled down to five distinct steps.

1. First, there is a problem of some sort—some disturbance in our lives that disrupts the normal or desirable state of affairs. Something is bothering us. For most of us who are not scientists, it may be a tension of some sort, a disruption in our normal routine. Examples would be if our students are not as attentive as we wish or if we have difficulty making friends. To the professional scientist, it may be an unexplained discrepancy in one’s field of knowledge, a gap to be closed. Or it could be that we want to understand the practice of human sacrifice in terms of its historical significance.

2. Second, steps are taken to define more precisely the problem or the questions to be answered, to become clearer about exactly what the purpose of the study is. For example, we must think through what we mean by student attentiveness and why we consider it insufficient; the scientist must clarify what is meant by human sacrifice (e.g., how does it differ from murder?).

3. Third, we attempt to determine what kinds of information would solve the problem. Generally speaking, there are two possibilities: study what is already known or carry out a piece of research. As you will see, the first is a prerequisite for the second; the second is a major focus of this text. In preparation, we must be familiar with a wide range of possibilities for obtaining information, so as to get firsthand information on the problem. For example, the teacher might consider giving a questionnaire to students or having someone observe during class. The scientist might decide to examine historical accounts or spend time in societies where the practice of human sacrifice exists (or has until recently). Spelling out the details of information gathering is a major aspect of planning a research study.

4. Fourth, we must decide, as far as it is possible, how we will organize the information that we obtain. It is not uncommon, in both daily life and research, to discover that we cannot make sense of all the information we possess (sometimes referred to as information overload). Anyone attempting to understand another society while living in it has probably experienced this phenomenon. Our scientist will surely encounter this problem, but so will our teacher unless she has figured out how to handle the questionnaire and/or observational information that is obtained.

5. Fifth, after the information has been collected and analyzed, it must be interpreted. While this step may seem straightforward at first, this is seldom the case. As you will see, one of the most important parts of research is to avoid kidding ourselves. The teacher may conclude that her students are inattentive because they dislike lectures, but she may be misinterpreting the information. The scientist may conclude that human sacrifice is or was a means of trying to control nature, but this also may be incorrect.

In many studies, there are several possible explanations for a problem or phenomenon. These are called hypotheses and may occur at any stage of an investigation. Some researchers state a hypothesis (e.g., “Students are less attentive during lectures than during discussions”) right at the beginning of a study. In other cases, hypotheses emerge as a study progresses, sometimes even when the information that has been collected is being analyzed and interpreted. The scientist might find that instances of sacrifice seemed to be more common after such societies made contact with other cultures, suggesting a hypothesis such as: “Sacrifice is more likely when traditional practices are threatened.”

We want to stress two crucial features of scientific research: freedom of thought and public procedures. At every step, it is crucial that the researcher be as open as humanly possible to alternative ways of focusing and clarifying the problem, collecting and analyzing information, and interpreting results. Further, the process must be as public as possible. It is not a private game to be played by a group of insiders. The value of scientific research is that it can be replicated (i.e., repeated) by anyone interested in doing so.*

The general order of the scientific method, then, is as follows:

Identifying a problem or question
Clarifying the problem
Determining the information needed and how to obtain it
Organizing the information
Interpreting the results

In short, the essence of all research originates in curiosity—a desire to find out how and why things

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*This is not to imply that replicating a study is a simple matter. It may require resources and training—and it may be impossible to repeat any study in exactly the same way it was done originally. The important principle, however, is that public evidence (as opposed to private experience) is the criterion for belief.
happen, including why people do the things they do, as well as whether or not certain ways of doing things work better than others.

A common misperception of science fosters the idea that there are fixed, once-and-for-all answers to particular questions. This contributes to a common, but unfortunate, tendency to accept, and rigidly adhere to, oversimplified solutions to very complex problems. While certainty is appealing, it is contradictory to a fundamental premise of science: All conclusions are to be viewed as tentative and subject to change, should new ideas and new evidence warrant revision. It is particularly important for educational researchers to keep this in mind, since the demand for final answers from parents, administrators, teachers, and politicians can often be intense. An example of how science changes is shown in the More About Research box on page 8.

For many years, there has been a strong tendency in Western culture to value scientific information over all other kinds. In recent years, the limitations of this view have become increasingly recognized and discussed. In education, we would argue that other ways of knowing, in addition to the scientific, should at least be considered.

As we have seen, there are many ways to collect information about the world around us. Figure 1.1 on page 10 illustrates some of these ways of knowing.

Types of Research

All of us engage in actions that have some of the characteristics of formal research, although perhaps we do not realize this at the time. We try out new methods of teaching, new materials, new textbooks. We compare what we did this year with what we did last year. Teachers frequently ask students and colleagues their opinions about school and classroom activities. Counselors interview students, faculty, and parents about school activities. Administrators hold regular meetings to gauge how faculty members feel about various issues. School boards query administrators, administrators query teachers, teachers query students and each other.

We observe, we analyze, we question, we hypothesize, we evaluate. But rarely do we do these things systematically. Rarely do we observe under controlled conditions. Rarely are our instruments as accurate and reliable as they might be. Rarely do we use the variety of research techniques and methodologies at our disposal.

The term research can mean any sort of “careful, systematic, patient study and investigation in some field of knowledge.” Basic research is concerned with clarifying underlying processes, with the hypothesis usually expressed as a theory. Researchers engaged in basic research studies are not particularly interested in examining the effectiveness of specific educational practices. An example of basic research might be an attempt to refine one or more stages of Erickson’s psychological theory of development. Applied research, on the other hand, is interested in examining the effectiveness of particular educational practices. Researchers engaged in applied research studies may or may not want to investigate the degree to which certain theories are useful in practical settings. An example might be an attempt by a researcher to find out whether a particular theory of how children learn to read can be applied to first graders who are non-readers. Many studies combine the two types of research. An example would be a study that examines the effects of particular teacher behaviors on students while also testing a theory of personality.

Many methodologies fit within the framework of research. If we learn how to use more of these methodologies where they are appropriate and if we can become more knowledgeable in our research efforts, we can obtain more reliable information upon which to base our educational decisions. Let us look, therefore, at some of the research methodologies we might use. We shall return to each of them in greater detail in Parts 4 and 5.

Quantitative and Qualitative Research

Another distinction involves the difference between quantitative and qualitative research. Although we shall discuss the basic differences between these two types of research more fully in Chapter 18, we will provide a brief overview here. In the simplest sense, quantitative data deal primarily with numbers, whereas qualitative data primarily involve words. But this is too simple and too brief. Quantitative and qualitative methods differ in their assumptions about the purpose of research itself, methods utilized by researchers, kinds of studies undertaken, the role of the researcher, and the degree to which generalization is possible.

Quantitative researchers usually base their work on the belief that facts and feelings can be separated, that the world is a single reality made up of facts that can be discovered.
Chaos Theory

The origins of what is now known as chaos theory are usually traced to the 1970s. Since then, it has come to occupy a prominent place in mathematics and the natural sciences and, to a lesser extent, in the social sciences.

Although the physical sciences have primarily been known for their basic laws, or “first principles,” it has long been known by scientists that most of these laws hold precisely only under ideal conditions that are not found in the “real” world. Many phenomena, such as cloud formations, waterfall patterns, and even the weather, elude precise prediction. Chaos theorists argue that the natural laws that are so useful in science may, in themselves, be the exception rather than the rule.

Although precise prediction of such phenomena as the swing of a pendulum or what the weather will be at a particular time is in most cases impossible, repeated patterns, according to a major principle of chaos theory, can be discovered and used, even when the content of the phenomena is chaotic. Developments in computer technology, for example, have made it possible to translate an extremely long sequence of “data points,” such as the test scores of a large group of individuals, into colored visual pictures of fascinating complexity and beauty. Surprisingly, these pictures show distinct patterns that are often quite similar across different content areas, such as physics, biology, economics, astronomy, and geography. Even more surprising is the finding that certain patterns recur as these pictures are enlarged. The most famous example is the “Mandlebrot Bug,” shown in Photographs 1.1 and 1.2. Note that Photograph 1.2 is simply a magnification of a portion of Photograph 1.1. The tiny box in the lower left corner of Photograph 1.1 is magnified to produce the box in the upper left-hand corner of Photograph 1.2. The tiny box within this box is then, in turn, magnified to produce the larger portion of Photograph 1.2, including the reappearance of the “bug” in the lower right corner. The conclusion is that even with highly complex data (think of trying to predict the changes that might occur in a cloud formation), predictability exists if patterns can be found across time or when the scale of a phenomenon is increased.

IMPLICATIONS FOR EDUCATIONAL RESEARCH

We hope that this brief introduction has not only stimulated your interest in what has been called, by some, the third revolution in science during the twentieth century (the theory of relativity and the discovery of quantum mechanics being the first two), but that it helps to make sense out of what we view as some implications for educational research. What are these implications?*

If chaos theory is correct, the difficulty in discovering widely generalizable rules or laws in education, let alone the social sciences in general, may not be due to inadequate concepts and theories or to insufficiently precise measurement and methodology, but may simply be an unavoidable fact about the world. Another implication is that whatever “laws” we do discover may be seriously limited in their applicability—across geography, across individual and/or group differences, and across time. If this is so, chaos theory provides support for researchers to concentrate on studying topics at the local level—classroom, school, agency—and for repeated studies over time to see if such laws hold up.

Another implication is that educators should pay more attention to the intensive study of the exceptional or the unusual, rather than treating such instances as trivial, incidental, or “errors.” Yet another implication is that researchers should focus on predictability on a larger scale—that is, looking for patterns in individuals or groups over larger units of time. This would suggest a greater emphasis on long-term studies rather than the easier-to-conduct (and cheaper) short-time investigations that are currently the norm.

Not surprisingly, chaos theory has its critics. In education, the criticism is not of the theory itself, but more with misinterpretations and/or misapplications of it.† Chaos theorists do not say that all is chaos; quite the contrary, they say that we must pay more attention to chaotic phenomena and revise our conceptions of predictability. At the same time, the laws of gravity still hold, as, with less certainty, do many generalizations in education.


Photographs 1.1 and 1.2  The Mandlebrot Bug

Qualitative researchers, on the other hand, assume that the world is made up of \textit{multiple realities}, socially constructed by different individual views of the same situation.

When it comes to the purpose of research, quantitative researchers seek to establish relationships between variables and look for and sometimes explain the \textit{causes} of such relationships. Qualitative researchers, on the other hand, are more concerned with understanding situations and events from the viewpoint of the participants. Accordingly, the participants often tend to be directly involved in the research process itself.

Quantitative research has established widely agreed-on general formulations of steps that guide researchers in their work. Quantitative research designs tend to be \textit{preestablished}. Qualitative researchers have a much greater flexibility in both the strategies and techniques they use and the overall research process itself. Their designs tend to \textit{emerge} during the course of the research.
The ideal researcher role in quantitative research is that of a detached observer, whereas qualitative researchers tend to become immersed in the situations in which they do their research. The prototypical study in the quantitative tradition is the experiment; for qualitative researchers, it is an ethnography.

Lastly, most quantitative researchers want to establish generalizations that transcend the immediate situation or particular setting. Qualitative researchers, on the other hand, often do not even try to generalize beyond the particular situation, but may leave it to the reader to assess applicability. When they do generalize, their generalizations are usually very limited in scope.

Many of the distinctions just described, of course, are not absolute. Sometimes researchers will use both qualitative and quantitative approaches in the same study. This kind of research is referred to as mixed-methods research. Its advantage is that by using multiple methods, researchers are better able to gather and analyze considerably more and different kinds of data than they would be able to using just one approach. Mixed-methods studies can emphasize one approach over the other or give each approach roughly equal weight.

Consider an example. It is often common in surveys to use closed-ended questions that lend themselves to quantitative analysis (such as through the calculation of percentages of different types of responses), but also open-ended questions that permit qualitative analysis (such as following up a response that interviewees give to a particular question with further questions by the researcher in order to encourage them to elaborate and explain their thinking).

Studies in which researchers use both quantitative and qualitative methods are becoming more common, as we will see in Chapter 23.

**EXPERIMENTAL RESEARCH**

Experimental research is the most conclusive of scientific methods. Because the researcher actually establishes different treatments and then studies their effects, results from this type of research are likely to lead to the most clear-cut interpretations.

Suppose a history teacher is interested in the following question: How can I most effectively teach important concepts (such as democracy or colonialism) to my students? The teacher might compare the effectiveness of two or more methods of instruction (usually called the independent variable) in promoting the learning of historical concepts. After systematically assigning students to contrasting forms of history instruction (such as inquiry versus programmed units), the teacher could compare the effects of these contrasting methods by testing students’ conceptual knowledge. Student learning in each group could be assessed by an objective test or some other measuring device. If the average scores on the test (usually called the dependent variable) differed, they would give some idea of the effectiveness of the various methods. A simple graph could be plotted to show the results, as illustrated in Figure 1.2.

In the simplest sort of experiment, two contrasting methods are compared and an attempt is made to control for all other (extraneous) variables—such as student ability level, age, grade level, time, materials, and teacher characteristics—that might affect the outcome under investigation. Methods of such control could include holding the classes during the same or closely related periods of time, using the same materials in both groups, comparing students of the same age and grade level, and so on.

Of course, we want to have as much control as possible over the assignment of individuals to the various treatment groups, to ensure that the groups are similar. But in most schools, systematic assignment of students to treatment groups is difficult, if not impossible, to achieve. Nevertheless, useful comparisons are still possible. You might wish to compare the effect of different teaching methods (lectures versus discussion, for example) on student achievement or attitudes in two or more intact history classes in the same school. If a
difference exists between the classes in terms of what is being measured, this result can suggest how the two methods compare, even though the exact causes of the difference would be somewhat in doubt. We discuss this type of experimental research in Chapter 13.

Another form of experimental research, single-subject research, involves the intensive study of a single individual (or sometimes a single group) over time. These designs are particularly appropriate when studying individuals with special characteristics by means of direct observation. We discuss this type of research in Chapter 14.

CORRELATIONAL RESEARCH

Another type of research is done to determine relationships among two or more variables and to explore their implications for cause and effect; this is called correlational research. This type of research can help us make more intelligent predictions.

For instance, could a math teacher predict which sorts of individuals are likely to have trouble learning the subject matter of algebra? If we could make fairly accurate predictions in this regard, then perhaps we could suggest some corrective measures for teachers to use to help such individuals so that large numbers of “algebra-haters” are not produced.

How do we do this? First, we need to collect various kinds of information on students that we think are related to their achievement in algebra. Such information might include their performance on a number of tasks logically related to the learning of algebra (such as computational skills, ability to solve word problems, and understanding of math concepts), their verbal abilities, their study habits, aspects of their backgrounds, their early experiences with math courses and math teachers, the number and kinds of math courses they’ve taken, and anything else that might conceivably point to how those students who do well in math differ from those who do poorly.

We then examine the data to see if any relationships exist between some or all of these characteristics and subsequent success in algebra. Perhaps those who perform better in algebra have better computational skills or higher self-esteem or receive more attention from the teacher. Such information can help us predict more accurately the likelihood of learning difficulties for certain types of students in algebra courses. It may even suggest some specific ways to help students learn better.

In short, correlational research seeks to investigate the extent to which one or more relationships of some type exist. The approach requires no manipulation or intervention on the part of the researcher other than administering the instrument(s) necessary to collect the data desired. In general, one would undertake this type of research to look for and describe relationships that may exist among naturally occurring phenomena, without trying in any way to alter these phenomena. We talk more about correlational research in Chapter 15.

CAUSAL-COMPARATIVE RESEARCH

Another type of research is intended to determine the cause for or the consequences of differences between groups of people; this is called causal-comparative research. Suppose a teacher wants to determine whether students from single-parent families do more poorly in her course than students from two-parent families. To investigate this question experimentally, the teacher would systematically select two groups of students and then assign each to a single- or two-parent family—which is clearly impossible (not to mention unethical!).

To test this question using a causal-comparative design, the teacher might compare two groups of students who already belong to one or the other type of family to see if they differ in their achievement. Suppose the groups do differ. Can the teacher definitely conclude that the difference in family situation produced the difference in achievement? Alas, no. The teacher can conclude that a difference does exist but cannot say for sure what caused the difference.

Interpretations of causal-comparative research are limited, therefore, because the researcher cannot say conclusively whether a particular factor is a cause or a result of the behavior(s) observed. In the example presented here, the teacher cannot be certain whether (1) any perceived difference in achievement between the two groups is due to the difference in home situation, (2) the parent status is due to the difference in achievement between the two groups (although this seems unlikely), or (3) some unidentified factor is at work. Nevertheless, despite problems of interpretation, causal-comparative studies are of value in identifying possible causes of observed variations in the behavior patterns of students. In this respect, they are very similar to correlational studies. We discuss causal-comparative research in Chapter 16.

SURVEY RESEARCH

Another type of research obtains data to determine specific characteristics of a group. This is called
survey research. Take the case of a high school principal who wants to find out how his faculty feels about his administrative policies. What do they like about his policies? What do they dislike? Why? Which policies do they like the best or least?

These sorts of questions can best be answered through a variety of survey techniques that measure faculty attitudes toward the policies of the administration. A descriptive survey involves asking the same set of questions (often prepared in the form of a written questionnaire or ability test) of a large number of individuals either by mail, by telephone, or in person. When answers to a set of questions are solicited in person, the research is called an interview. Responses are then tabulated and reported, usually in the form of frequencies or percentages of those who answer in a particular way to each of the questions.

The difficulties involved in survey research are mainly threefold: (1) ensuring that the questions are clear and not misleading, (2) getting respondents to answer questions thoughtfully and honestly, and (3) getting a sufficient number of the questionnaires completed and returned to enable making meaningful analyses. The big advantage of survey research is that it has the potential to provide us with a lot of information obtained from quite a large sample of individuals.

If more details about particular survey questions are desired, the principal (or someone else) can conduct personal interviews with faculty. The advantages of an interview (over a questionnaire) are that open-ended questions (those requiring a response of some length) can be used with greater confidence, particular questions of special interest or value can be pursued in depth, follow-up questions can be asked, and items that are unclear can be explained. We discuss survey research in Chapter 17.

ETHNOGRAPHIC RESEARCH

In all the examples presented so far, the questions being asked involve how well, how much, or how efficiently knowledge, attitudes, or opinions and the like exist or are being developed. Sometimes, however, researchers may wish to obtain a more complete picture of the educational process than answers to the above questions provide. When they do, some form of qualitative research is called for. Qualitative research differs from the previous (quantitative) methodologies in both its methods and its underlying philosophy. In Chapter 18, we discuss these differences, along with recent efforts to reconcile the two approaches.

Consider the subject of physical education. Just how do physical education teachers teach their subject? What kinds of things do they do as they go about their daily routine? What sorts of things do students do? In what kinds of activities do they engage? What explicit and implicit rules of games in PE classes seem to help or hinder the process of learning?

To gain some insight into such concerns, an ethnographic study can be conducted. The emphasis in this type of research is on documenting or portraying the everyday experiences of individuals by observing and interviewing them and relevant others. An elementary classroom, for example, might be observed on as regular a basis as possible, and the students and teacher involved might be interviewed in an attempt to describe, as fully and as richly as possible, what goes on in that classroom. Descriptions (a better word might be portrayals) might depict the social atmosphere of the classroom; the intellectual and emotional experiences of students; the manner in which the teacher acts toward and reacts to students of different ethnicities, sexes, or abilities; the “rules” of the class are learned, modified, and enforced; the kinds of questions asked by the teacher and students; and so forth. The data could include detailed prose descriptions by students of classroom activities, audiotapes of teacher-student conferences, videotapes of classroom discussions, examples of teacher lesson plans and student work, sociograms depicting “power” relationships in the classroom, and flowcharts illustrating the direction and frequency of certain types of comments (for example, the kinds of questions asked by teacher and students of one another and the responses that different kinds produce).

In addition to ethnographic research, qualitative research includes historical research (see Chapter 22) and several other, less commonly used approaches. Casey, for example, has identified 18 types of “narrative” methods. In Chapter 18, we discuss four of the most distinctive of these. These include biography, where the researcher focuses on important experiences in the life of an individual and interacts with the person to clarify meanings and interpretations (e.g., a study of the career of a high school principal). In phenomenology, the researcher focuses on a particular phenomenon (such as school board conflict), collects data through in-depth interviews with participants, and then identifies what is common to their perceptions. A third approach is the case study, in which a single individual, group, or important example is studied extensively and
varied data are collected and used to formulate interpretations applicable to the specific case (e.g., a particular school board) or to provide useful generalizations. Lastly, *grounded theory* emphasizes continual interplay between raw data and the researcher’s interpretations that emerge from the data. Its central purpose is to inductively develop a theory from data (e.g., a study of teacher morale in a particular school beginning with interviews and other types of data).

**HISTORICAL RESEARCH**

You are probably already familiar with **historical research**. In this type of research, some aspect of the past is studied, either by perusing documents of the period or by interviewing individuals who lived during the time. The researcher then attempts to reconstruct as accurately as possible what happened during that time and to explain why it did.

For example, a curriculum coordinator in a large urban school district might want to know what sorts of arguments have been made in the past as to what should be included in the social studies curriculum for grades K–12. She could read what various social studies and other curriculum theorists have written on the topic and then compare their positions. The major problems in historical research are making sure that the documents or individuals really did come from (or live during) the period under study and, once this is established, ascertaining that what the documents or individuals say is true. We discuss historical research in more detail in Chapter 22.

**ACTION RESEARCH**

**Action research** differs from all the preceding methodologies in two fundamental ways. The first is that generalization to other persons, settings, or situations is of minimal importance. Instead of searching for powerful generalizations, action researchers (often teachers or other education professionals, rather than professional researchers) focus on getting information that will enable them to change conditions in a particular situation in which they are personally involved. Examples would include improving the reading capabilities of students in a specific classroom, reducing tensions between ethnic groups in the lunchroom at a particular middle school, or identifying better ways to serve special education students in a specified school district. Accordingly, any of the methodologies discussed earlier may be appropriate.

The second difference involves the attention paid to the active involvement of the subjects in a study (i.e., those on whom data is collected), as well as those likely to be affected by the study’s outcomes. Commonly used terms in action research, therefore, are *participants* or *stakeholders*, reflecting the intent to involve them directly in the research process as part of “the research team.” The extent of participation varies from just helping to select instruments and/or collect data to helping to formulate the research purpose and question to actually participating in all aspects of the research investigation from start to finish. We discuss action research in some detail in Chapter 24.

**EVALUATION RESEARCH**

There are many different kinds of evaluations depending on the object being evaluated and the purpose of the evaluation. Evaluation research is usually described as either *formative* or *summative*. *Formative evaluations* are intended to improve the object being evaluated; they help to form or strengthen it by examining the delivery of the program or technology and the quality of its implementation. In contrast, *summative evaluations* seek to examine the effects or outcomes of an object by describing what happens after the delivery of the program or technology in order to assess whether the object caused the outcome.

An example of a formative evaluation product is a needs assessment report. A needs assessment determines the appropriate audience for the program, as well as the extent of the need and what might work to meet the need. Summative evaluations can be thought of as either (a) outcome evaluations, which investigate whether the program or technology appeared to have caused demonstrable effects on specifically defined target outcomes, or (b) impact evaluations, which are broader and attempt to assess the overall effects (intended or unintended) of the program or technology as a whole.

Evaluators ask many different kinds of questions and often use a variety of methods to address them. For example, in summative evaluations, evaluators often use quasi-experimental research designs to assess the hypothesized causal effects of a program. Formative evaluations that examine program implementation may also include analysis of existing data sources, surveys, interviews, observational data, and focus groups. *

Should Some Research Methods Be Preferred over Others?

Recently, several researchers* have expressed their concern that the U.S. Department of Education is showing favoritism toward the narrow view that experimental research is, if not the only, at least the most respectable form of research and the only one worthy of being called scientific. Such a preference has implications for both the funding of school programs and educational research. As one writer commented, “How scared should we be when the federal government endorses a particular view of science and rejects others?”†


ALL HAVE VALUE

It must be stressed that each of the research methodologies described so briefly above has value for us in education. Each constitutes a different way of inquiring into the realities that exist within our classrooms and schools and into the minds and emotions of teachers, counselors, administrators, parents, and students. Each represents a different tool for trying to understand what goes on, and what works, in schools. It is inappropriate to consider any one or two of these approaches as superior to any of the others. The effectiveness of a particular methodology depends in large part on the nature of the research question one wants to ask and the specific context within which the particular investigation is to take place. We need to gain insights into what goes on in education from as many perspectives as possible, and hence we need to construe research in broad rather than narrow terms.

As far as we are concerned, research in education should ask a variety of questions, move in a variety of directions, encompass a variety of methodologies, and use a variety of tools. Different research orientations, perspectives, and goals should be not only allowed but encouraged. The intent of this book is to help you learn how and when to use several of these methodologies.

General Research Types

It is useful to consider the various research methodologies we have described as falling within one or more general research categories: descriptive, associational, or intervention-type studies.

DESRIPTIVE STUDIES

Descriptive studies describe a given state of affairs as fully and carefully as possible. One of the best examples of descriptive research is found in botany and zoology, where each variety of plant and animal species is meticulously described and information is organized into useful taxonomic categories.

In educational research, the most common descriptive methodology is the survey, as when researchers summarize the characteristics (abilities, preferences, behaviors, and so on) of individuals or groups or (sometimes) physical environments (such as schools). Qualitative approaches, such as ethnographic and historical methodologies are also primarily descriptive in nature. Examples of descriptive studies in education include identifying the achievements of various groups of students; describing the behaviors of teachers, administrators, or counselors; describing the attitudes of parents; and describing the physical capabilities of schools. The description of phenomena is the starting point for all research endeavors.

Descriptive research in and of itself, however, is not very satisfying, since most researchers want to have a more complete understanding of people and things. This requires a more detailed analysis of the various aspects of phenomena and their interrelationships. Advances in biology, for example, have come about, in large part, as a result of the categorization of descriptions and the subsequent determination of relationships among these categories.

ASSOCIATIONAL RESEARCH

Educational researchers also want to do more than simply describe situations or events. They want to know
how (or if), for example, differences in achievement are related to such things as teacher behavior, student diet, student interests, or parental attitudes. By investigating such possible relationships, researchers are able to understand phenomena more completely. Furthermore, the identification of relationships enables one to make predictions. If researchers know that student interest is related to achievement, for example, they can predict that students who are more interested in a subject will demonstrate higher achievement in that subject than students who are less interested. Research that investigates relationships is often referred to as **associational research**. Correlational and causal-comparative methodologies are the principal examples of associational research. Other examples include studying relationships (1) between achievement and attitude, between childhood experiences and adult characteristics, or between teacher characteristics and student achievement—all of which are correlational studies—and (2) between methods of instruction and achievement (comparing students who have been taught by each method) or between gender and attitude (comparing attitudes of males and females)—both of which are causal-comparative studies.

As useful as associational studies are, they too are ultimately unsatisfying because they do not permit researchers to “do something” to influence or change outcomes. Simply determining that student interest is predictive of achievement does not tell us how to change or improve either interest or achievement, although it does suggest that increasing interest would increase achievement. To find out whether one thing will have an effect on something else, researchers need to conduct some form of intervention study.

**INTERVENTION STUDIES**

In **intervention studies**, a particular method or treatment is expected to influence one or more outcomes. Such studies enable researchers to assess, for example, the effectiveness of various teaching methods, curriculum models, classroom arrangements, and other efforts to influence the characteristics of individuals or groups. Intervention studies can also contribute to general knowledge by confirming (or failing to confirm) theoretical predictions (for instance, that abstract concepts can be taught to young children). The primary methodology used in intervention research is the experiment.

Some types of educational research may combine these three general approaches. Although historical, ethnographic, and other qualitative research methodologies are primarily descriptive in nature, at times they may be associational if the investigator examines relationships. A descriptive historical study of college entrance requirements over time that examines the relationship between those requirements and achievement in mathematics is also associational. An ethnographic study that describes in detail the daily activities of an inner-city high school and also finds a relationship between media attention and teacher morale in the school is both descriptive and associational. An investigation of the effects of different teaching methods on concept learning that also reports the relationship between concept learning and gender is an example of a study that is both an intervention and an associational-type study.

**META-ANALYSIS**

Meta-analysis is an attempt to reduce the limitations of individual studies by trying to locate all of the studies on a particular topic and then using statistical means to synthesize the results of these studies. In Chapter 3, we discuss meta-analysis in more detail. In subsequent chapters, we examine in detail the limitations that are likely to be found in various types of research. Some apply to all types, while others are more likely to apply to particular types.

**Critical Analysis of Research**

There are some who feel that researchers who engage in the kinds of research we have just described take a bit too much for granted—indeed, that they make a number of unwarranted (and usually unstated) assumptions about the nature of the world in which we live. These critics (usually referred to as **critical researchers**) raise a number of philosophical, linguistic, ethical, and political questions not only about educational research as it is usually conducted but also about all fields of inquiry, ranging from the physical sciences to literature.

In an introductory text, we cannot hope to do justice to the many arguments and concerns these critics have raised over the years. What we can do is provide an introduction to some of the major questions they have repeatedly asked.
The first issue is the question of reality: As any beginning student of philosophy is well aware, there is no way to demonstrate whether anything “really exists.” There is, for example, no way to prove conclusively to others that I am looking at what I call a pencil (e.g., others may not be able to see it; they may not be able to tell where I am looking; I may be dreaming). Further, it is easily demonstrated that different individuals may describe the same individual, action, or event quite differently—leading some critics to the conclusion that there is no such thing as reality, only individual (and different) perceptions of it. One implication of this view is that any search for knowledge about the “real” world is doomed to failure.

We would acknowledge that what the critics say is correct: We cannot, once and for all, “prove” anything, and there is no denying that perceptions differ. We would argue, however, that our commonsense notion of reality (that what most knowledgeable persons agree exists is what is real) has enabled humankind to solve many problems—even the question of how to put a man on the moon.

The second issue is the question of communication. Let us assume that we can agree that some things are “real.” Even so, the critics argue that it is virtually impossible to show that we use the same terms to identify these things. For example, it is well known that the Inuit have many different words (and meanings) for the English word snow. To put it differently, no matter how carefully we define even a simple term such as shoe, the possibility always remains that one person’s shoe is not another’s. (Is a slipper a shoe? Is a shower clog a shoe?) If so much of language is imprecise, how then can relationships or laws—which try to indicate how various terms, things, or ideas are connected—be precise?

Again, we would agree. People often do not agree on the meaning of a word or phrase. We would argue, however (as we think would most researchers), that we can define terms clearly enough to enable different people to agree sufficiently about what words mean that they can communicate and thus get on with the acquisition of useful knowledge.

The third issue is the question of values. Historically, scientists have often claimed to be value free, that is, “objective,” in their conduct of research. Critics have argued, however, that what is studied in the social sciences, including the topics and questions with which educational researchers are concerned, is never objective but rather socially constructed.

Such things as teacher-student interaction in classrooms, the performance of students on examinations, the questions teachers ask, and a host of other issues and topics of concern to educators do not exist in a vacuum. They are influenced by the society and times in which people live. As a result, such topics and concerns, as well as how they are defined, inevitably reflect the values of that society. Further, even in the physical sciences, the choice of problems to study and the means of doing so reflect the values of the researchers involved.

Here, too, we would agree. We think that most researchers in education would acknowledge the validity of the critics’ position. Many critical researchers charge, however, that such agreement is not sufficiently reflected in research reports. They say that many researchers fail to admit or identify “where they are coming from,” especially in their discussions of the findings of their research.

The fourth issue is the question of unstated assumptions. An assumption is anything that is taken for granted rather than tested or checked. Although this issue is similar to the previous issue, it is not limited to values but applies to both general and specific assumptions that researchers make with regard to a particular study. Some assumptions are so generally accepted that they are taken for granted by practically all social researchers (e.g., the sun will come out; the earth will continue to rotate). Other assumptions are more questionable. An example given by Krathwohl clarifies this. He points out that if researchers change the assumptions under which they operate, this may lead to different consequences. If we assume, for example, that mentally limited students learn in the same way as other students but more slowly, then it follows that given sufficient time and motivation, they can achieve as well as other students. The consequences of this view are to give these individuals more time, to place them in classes where the competition is less intense, and to motivate them to achieve. If, on the other hand, we assume that they use different conceptual structures into which they fit what they learn, this assumption leads to a search for simplified conceptual structures they can learn that will result in learning that approximates that of other students. Frequently authors do not make such assumptions clear.

In many studies, researchers implicitly assume that the terms they use are clear, that their samples are appropriate, and that their measurements are accurate. Designing a good study can be seen as trying
to reduce these kinds of assumptions to a minimum. Readers should always be given enough information so that they do not have to make such assumptions. Figure 1.3 illustrates how an assumption can often be incorrect.

The fifth issue is the question of societal consequences. Critical theorists argue that traditional research efforts (including those in education) predominantly serve political interests that are, at best, conservative or, at worst, oppressive. They point out that such research is almost always focused on improving existing practices rather than raising questions about the practices themselves. They argue that, intentional or not, the efforts of most educational researchers have served essentially to reinforce the status quo. A more extreme position alleges that educational institutions (including research), rather than enlightening the citizenry, have served instead to prepare them to be uncritical functionaries in an industrialized society.

We would agree with this general criticism but note that there have been a number of investigations of the status quo itself, followed by suggestions for improvement, that have been conducted and offered by researchers of a variety of political persuasions.

Let us examine each of these issues in relation to a hypothetical example. Suppose a researcher decides to study the effectiveness of a course in formal logic in improving the ability of high school students to analyze arguments and arrive at defensible conclusions from data. The researcher accordingly designs a study that is sound enough in terms of design to provide at least a partial answer as to the effectiveness of the course. Let us address the five issues presented above in relation to this study.

1. The question of reality: The abilities in question (analyzing arguments and reaching accurate conclusions) clearly are abstractions. They have no physical reality per se. But does this mean that such abilities do not “exist” in any way whatsoever? Are they nothing more than artificial by-products of our conceptual language system? Clearly, this is not the case. Such abilities do indeed exist in a somewhat limited sense, as when we talk about the “ability” of a person to do well on tests. But is test performance indicative of how well a student can perform in real life? If it is not, is the performance of students on such tests important? A critic might allege that the ability to analyze, for example, is situation specific: Some people are good analyzers on tests; others, in public forums; others, of written materials; and so forth. If this is so, then the concept of a general ability to “analyze arguments” would be an illusion. We think a good argument can be made that this is not the case—based on commonsense experience and on some research findings. We must admit, however, that the critic has a point (we don’t know for sure how general this ability is), and one that should not be overlooked.

2. The question of communication: Assuming that these abilities do exist, can we define them well enough so
that meaningful communication can result? We think so, but it is true that even the clearest of definitions does not always guarantee meaningful communication. This is often revealed when we discover that the way we use a term differs from how someone else uses the same term, despite previous agreement on a definition. We may agree, for example, that a “defensible conclusion” is one that does not contradict the data and that follows logically from the data, yet still find ourselves disagreeing as to whether or not a particular conclusion is a defensible one. Debates among scientists often boil down to differences as to what constitutes a defensible conclusion from data.

3. The question of values: Researchers who decide to investigate outcomes such as the ones in this study make the assumption that the outcomes are either desirable (and thus to be enhanced) or undesirable (and thus to be diminished), and they usually point out why this is so. Seldom, however, are the values (of the researchers) that led to the study of a particular outcome discussed. Are these outcomes studied because they are considered of highest priority? because they are traditional? socially acceptable? easier to study? financially rewarding?

   The researcher’s decision to study whether a course in logic will affect the ability of students to analyze arguments reflects his or her values. Both the outcomes and the method studied reflect Eurocentric ideas of value; the Aristotelian notion of the “rational man” (or woman) is not dominant in all cultures. Might some not claim, in fact, that we need people in our society who will question basic assumptions more than we need people who can argue well from these assumptions? While researchers probably cannot be expected to discuss such complex issues in every study, these critics render a service by urging all of us interested in research to think about how our values may affect our research endeavors.

4. The question of unstated assumptions: In carrying out such a study, the researcher is assuming not only that the outcome is desirable but that the findings of the study will have some influence on educational practice. Otherwise, the study is nothing more than an academic exercise. Educational methods research has been often criticized for leading to suggested practices that, for various reasons, are unlikely to be implemented. While we believe that such studies should still be done, researchers have an obligation to make such assumptions clear and to discuss their reasonableness.

5. The question of societal consequences: Finally, let us consider the societal implications of a study such as this. Critics might allege that this study, while perhaps defensible as a scientific endeavor, will have a negative overall impact. How so? First by fostering the idea that the outcome being studied (the ability to analyze arguments) is more important than other outcomes (e.g., the ability to see novel or unusual relationships). This allegation has, in fact, been made for many years in education—that researchers have overemphasized the study of some outcomes at the expense of others.

   A second allegation might be that such research serves to perpetuate discrimination against the less privileged segments of society. If it is true, as some contend, that some cultures are more “linear” and others more “global,” then a course in formal logic (being primarily linear) may increase the advantage already held by students from the dominant linear culture. It can be argued that a fairer approach would teach a variety of argumentative methods, thereby capitalizing on the strengths of all cultural groups.

To summarize, we have attempted to present the major issues raised by an increasingly vocal part of the research community. These issues involve the nature of reality, the difficulty of communication, the recognition that values always affect research, unstated assumptions, and the consequences of research for society as a whole. While we do not agree with some of the specific criticisms raised by these writers, we believe the research enterprise is the better for their efforts.

### A Brief Overview of the Research Process

Regardless of methodology, all researchers engage in a number of similar activities. Almost all research plans include, for example, a problem statement, a hypothesis, definitions, a literature review, a sample of subjects, tests or other measuring instruments, a description of procedures to be followed, including a time schedule, and a description of intended data analyses. We deal with each of these components in some detail throughout this book, but we want to give you a brief overview of them before we proceed.
Figure 1.4 presents a schematic of the research components. The solid-line arrows indicate the sequence in which the components are usually presented and described in research proposals and reports. They also indicate a useful sequence for planning a study (that is, thinking about the research problem, followed by the hypothesis, followed by the definitions, and so forth). The broken-line arrows indicate the most likely departures from this sequence (for example, consideration of instrumentation sometimes results in changes in the sample; clarifying the question may suggest which type of design is most appropriate). The nonlinear pattern is intended to point out that, in practice, the process does not necessarily follow a precise sequence. In fact, experienced researchers often consider many of these components simultaneously as they develop their research plan.

**Statement of the research problem:** The problem of a study sets the stage for everything else. The **problem statement** should be accompanied by a description of the background of the problem (what factors caused it to be a problem in the first place) and a rationale or justification for studying it. Any legal or ethical ramifications related to the problem should be discussed and resolved.

**Formulation of an exploratory question or a hypothesis:** Research problems are usually stated as questions, and often as hypotheses. A **hypothesis** is a prediction, a statement of what specific results or outcomes are expected to occur. The hypotheses of a study should clearly indicate any relationships expected between the **variables** (the factors, characteristics, or conditions) being investigated and be so stated that they can be tested within a reasonable period of time. Not all studies are hypothesis-testing studies, but many are.

**Definitions:** All key terms in the problem statement and hypothesis should be defined as clearly as possible.

**Review of the related literature:** Other studies related to the research problem should be located and their results briefly summarized. The **literature review** (of appropriate journals, reports, monographs, etc.) should shed light on what is already known about the problem and should indicate logically why the proposed study would result in an extension of this prior knowledge.

**Sample:** The **subjects** (the sample) of the study and the larger group, or **population** (to whom results are to be generalized), should be clearly identified. The sampling plan (the procedures by which the subjects will be selected) should be described.

**Instrumentation:** Each of the measuring **instruments** that will be used to collect data from the subjects should be described in detail, and a rationale should be given for its use.

**Procedures:** The actual **procedures** of the study—what the researcher will do (what, when, where, how, and with whom) from beginning to end, in the order in which they will occur—should be spelled out in detail (although this is not written in stone). This, of course, is much less feasible and appropriate in a qualitative study. A realistic time schedule outlining when various tasks are to

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*The term *subjects* is offensive to some because it can imply that those being studied are deprived of dignity. We use it because we know of no other term of comparable clarity in this context.*
be started, along with expected completion dates, should also be provided. All materials (e.g., textbooks) and/or equipment (e.g., computers) that will be used in the study should also be described. The general design or methodology (e.g., an experiment or a survey) to be used should be stated. In addition, possible sources of bias should be identified, and how they will be controlled should be explained.

**Data analysis:** Any statistical techniques, both descriptive and inferential, to be used in the data analysis should be described. The comparisons to be made to answer the research question should be made clear.

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**WHY RESEARCH IS OF VALUE**

- The scientific method provides an important way to obtain accurate and reliable information.

**WAYS OF KNOWING**

- There are many ways to obtain information, including sensory experience, agreement with others, expert opinion, logic, and the scientific method.
- The scientific method is considered by researchers the most likely way to produce reliable and accurate knowledge.
- The scientific method involves answering questions through systematic and public data collection and analysis.

**TYPES OF RESEARCH**

- Some of the most commonly used research methodologies in education are experimental research, correlational research, causal-comparative research, survey research, ethnographic research, historical research, and action research.
- Experimental research involves manipulating conditions and studying effects.
- Correlational research involves studying relationships among variables within a single group and frequently suggests the possibility of cause and effect.
- Causal-comparative research involves comparing known groups who have had different experiences to determine possible causes or consequences of group membership.
- Survey research involves describing the characteristics of a group by means of such instruments as interview questions, questionnaires, and tests.
- Ethnographic research concentrates on documenting or portraying the everyday experiences of people, using observation and interviews.
- Ethnographic research is one form of qualitative research. Other common forms of qualitative research include the case study, biography, phenomenology, and grounded theory.
- A case study is a detailed analysis of one or a few individuals.
- Historical research involves studying some aspect of the past.
• Action research is a type of research by practitioners designed to help improve their practice.
• Evaluation research aims to improve the object or program being evaluated, usually by strengthening its delivery, implementation, and outcomes.
• Each of the research methodologies described constitutes a different way of inquiring into reality and is thus a different tool for understanding what goes on in education.

GENERAL RESEARCH TYPES
• Individual research methodologies can be classified into general research types. Descriptive studies describe a given state of affairs. Associational studies investigate relationships. Intervention studies assess the effects of a treatment or method on outcomes.
• Quantitative and qualitative research methodologies are based on different assumptions; they also differ on the purpose of research, the methods used by researchers, the kinds of studies undertaken, the researcher’s role, and the degree to which generalization is possible.
• Mixed-method research incorporates both quantitative and qualitative approaches.
• Meta-analysis attempts to synthesize the results of all the individual studies on a given topic by statistical means.

CRITICAL ANALYSIS OF RESEARCH
• Critical analysis of research raises basic questions about the assumptions and implications of educational research.

THE RESEARCH PROCESS
• Almost all research plans include a problem statement, an exploratory question or hypothesis, definitions, a literature review, a sample of subjects, instrumentation, a description of procedures to be followed, a time schedule, and a description of intended data analyses.

Key Terms

- action research 14
- applied research 7
- associational research 16
- assumption 17
- basic research 7
- causal-comparative research 12
- chaos theory 8
- correlational research 12
- critical researcher 16
- data analysis 21
- descriptive studies 15
- ethnographic study 13
- evaluation research 14
- experimental research 11
- formative evaluation 14
- historical research 14
- hypothesis 20
- instruments 20
- intervention studies 16
- literature review 20
- meta-analysis 16
- mixed-methods research 11
- population 20
- problem statement 20
- procedure 20
- qualitative research 7
- quantitative research 7
- research 7
- sample 20
- scientific method 5
- single-subject research 12
- subject 20
- summative evaluation 14
- survey research 13
- variables 20
1. “Speculation, procedures, and conclusions are not scientific unless they are made public.” Is this true? Discuss.
2. Most quantitative researchers believe that the world is a single reality, whereas most qualitative researchers believe that the world is made up of multiple realities. Which position would you support? Why?
3. Can you think of some other ways of knowing besides those mentioned in this chapter? What are they? What, if any, are the limitations of these methods?
4. “While certainty is appealing, it is contradictory to a fundamental premise of science.” What does this mean? Discuss.
5. Is there such a thing as private knowledge? If so, can you give an example?
6. Many people seem to be uneasy about the idea of research, particularly research in schools. How would you explain this?

Research Exercise 1: What Kind of Research?

Think of a research idea or problem you would like to investigate. Using Problem Sheet 1, briefly describe the problem in a sentence or two. Then indicate the type of research methodology you would use to investigate this problem. Finally, explain briefly your reasons for choosing this approach.

**Problem Sheet 1**

**Research Method**

1. A possible topic or problem I am thinking of researching is: __________________________________________
   __________________________________________

2. The specific method(s) that seem(s) most appropriate for me to use at this time is/are (circle all you think are appropriate):
   a. an experiment
   b. a survey
   c. an ethnography
   d. a correlational study
   e. a causal-comparative study
   f. a case study
   g. a content analysis
   h. a historical study
   i. an action research or teacher research study
   j. a program evaluation

3. The overall research approach I am planning to use is (circle one):
   a. Qualitative       b. Quantitative       c. Mixed Method

4. My reason(s) for using this approach is/are as follows:
   __________________________________________
   __________________________________________
   __________________________________________
   __________________________________________
   __________________________________________
   __________________________________________
In Part 2, we introduce or expand on many of the basic ideas involved in educational research. These include concepts such as hypotheses, variables, sampling, measurement, validity, reliability, and many others. We also begin to supply you with certain skills that will enhance your ability to understand and master the research process. These include such things as how to select a research problem, formulate a hypothesis, conduct a literature search, choose a sample, define words and phrases clearly, develop a valid instrument, plus many others. Regardless of the methodology a researcher uses, all of these skills are important to master. We also discuss the ethical implications involved in the conduct of research itself.
OBJECTIVES    Studying this chapter should enable you to:

- Give some examples of potential research problems in education.
- Formulate a research question.
- Distinguish between researchable and nonresearchable questions.
- Name five characteristics that good research questions possess.
- Describe three ways to clarify unclear research questions.
- Give an example of an operational definition and explain how such definitions differ from other kinds of definitions.
- Explain what is meant, in research, by the term "relationship" and give an example of a research question that involves a relationship.
Robert Adams, a high school teacher in Omaha, Nebraska, wants to investigate whether the inquiry method will increase the interest of his eleventh-grade students in history. Phyllis Gomez, a physical education teacher in an elementary school in Phoenix, Arizona, wants to find out how her sixth-grade students feel about the new exercise program recently mandated by the school district. Tami Mendoza, a counselor in a large inner-city high school in San Francisco, wonders whether a client-centered approach might help ease the hostility that many of her students display during counseling sessions. Each of these examples presents a problem that could serve as a basis for research. Research problems—the focus of a research investigation—are what this chapter is about.

What Is a Research Problem?

A research problem is exactly that—a problem that someone would like to research. A problem can be anything that a person finds unsatisfactory or unsettling, a difficulty of some sort, a state of affairs that needs to be changed, anything that is not working as well as it might. Problems involve areas of concern to researchers, conditions they want to improve, difficulties they want to eliminate, questions for which they seek answers.

For researchers and students alike, research problems are usually identified from several sources including (a) the research literature—see detailed discussion in Chapter 3 on the role of the literature review in formulating research questions; (b) problems in practice or work-related contexts; and (c) personal biography or history (such as current or past personal experiences or identities, race, ethnicity, gender, class background, family customs, religion, and so forth).

Research Questions

Usually a research problem is initially posed as a question, which serves as the focus of the researcher’s investigation. In our view, the research question should dictate the research type and paradigm (qualitative, quantitative, or mixed method) used to conduct the study rather than the other way around, i.e., the methodology determining the question. The following examples of initial research questions in education are not sufficiently developed for actual use in a research project but would be suitable during the early stage of formulating a research question. An appropriate methodology and research paradigm (in parentheses) are provided for each question. Although there are other possible methodologies that might be used, we consider those given here as particularly suitable.

- Does client-centered therapy produce more satisfaction in clients than traditional therapy? (experimental research; quantitative)
- What goes on in after-school programs during an average week? (ethnographic research; qualitative)
- Does behavior modification reduce aggression in autistic children? (single-subject experimental research; quantitative)
- Do teachers behave differently toward students of different genders? (causal-comparative research; quantitative or mixed method)
- How can we predict which students might have trouble learning certain kinds of subject matter? (correlational research; quantitative)
- How do parents feel about the school counseling program? (survey research; quantitative)
• Why do first-generation college students have a lower graduation rate at San Simeon University? (case study; mixed method)
• How can principals improve faculty morale at low-performing middle schools? (interview research; qualitative)

What all these questions have in common is that we can collect data of some sort to answer them (at least in part). That’s what makes them researchable. For example, a researcher can measure the satisfaction levels of clients who receive different methods of therapy. Or researchers can observe and interview in order to describe the functioning of an elementary school classroom. To repeat, then, what makes these questions researchable is that some sort of information can be collected to answer them.

There are other kinds of questions, however, that cannot be answered by collecting and analyzing data. Here are two examples:
• Should philosophy be included in the high school curriculum?
• What is the meaning of life?

Why can’t these questions be researched? What about them prevents us from collecting information to answer them? The reason is both simple and straightforward: There is no way to collect information to answer either question. Both questions are, in the final analysis, not researchable.

The first question is a question of value—it implies notions of right and wrong, proper and improper—and therefore does not have any empirical (or observable) referents. There is no way to deal, empirically, with the verb should. How can we empirically determine whether or not something “should” be done? What data could we collect? There is no way for us to proceed. However, if the question is changed to “Do people think philosophy should be included in the high school curriculum?” it becomes researchable. Why? Because now we can collect data to help us answer the question.

The second question is metaphysical in nature—that is, transcendental, beyond the physical. Answers to this sort of question lie beyond the accumulation of information.

Here are more ideas for research questions. Which ones (if any) do you think are researchable?
1. Is God good?
2. Are children more engaged when taught by a teacher of the same gender?
3. Does high school achievement influence the academic achievement of university students?
4. What is the best way to teach grammar?
5. What would schools be like today if World War II had not occurred?

We hope you identified questions 2 and 3 as the two that are researchable. Questions 1, 4, and 5, as stated, cannot be researched. Question 1 is another metaphysical question and, as such, does not lend itself to empirical research (we could ask people if they believe God is good, but that would be another question). Question 4 asks for the “best” way to do something. Think about this one for a moment. Is there any way we can determine the best way to do anything? To be able to determine this, we must examine every possible alternative, and a moment’s reflection brings us to the realization that this can never be accomplished. How would we ever be sure that all possible alternatives have been examined? Question 5 requires the creation of impossible conditions. We can, of course, investigate what people think schools would be like. Figure 2.1 illustrates the difference between researchable and nonresearchable questions.

Characteristics of Good Research Questions

Once a research question has been formulated, researchers want to turn it into as good a question as possible. Good research questions possess four essential characteristics.

1. The question is feasible (i.e., it can be investigated without expending an undue amount of time, energy, or money).
2. The question is clear (i.e., most people would agree as to what the key words in the question mean).
3. The question is significant (i.e., it is worth investigating because it will contribute important knowledge about the human condition).
4. The question is ethical (i.e., it will not involve physical or psychological harm or damage to human beings or to the natural or social environment of which they are a part). We will discuss the subject of ethics in detail in Chapter 4.

Let us discuss some of these characteristics in more detail.
CHAPTER 2   The Research Problem

RESEARCH QUESTIONS SHOULD BE FEASIBLE

Feasibility is an important issue in designing research studies. A feasible question is one that can be investigated with available resources. Some questions (such as those involving space exploration, for example, or the study of the long-term effects of special programs, such as Head Start) require a great deal of time and money; others require much less. Unfortunately, the field of education, unlike medicine, business, law, agriculture, pharmacology, or the military, has never established an ongoing research effort tied closely to practice. Most of the research that is done in schools or other educational institutions is likely to be done by “outsiders”—often university professors and their students—and usually is funded by temporary grants. Thus, lack of feasibility often seriously limits research efforts. Following are two examples of research questions, one feasible and one not so feasible.

Feasible: How do the students at Oceana High School feel about the new guidance program recently instituted in the district?

Not so feasible: How would achievement be affected by giving each student his or her own laptop computer to use for a semester?

RESEARCH QUESTIONS SHOULD BE CLEAR

Because the research question is the focus of a research investigation, it is particularly important that the question be clear. What exactly is being investigated? Let us consider two examples of research questions that are not clear enough.

Example 1. “Is a humanistically oriented classroom effective?” Although the phrase humanistically oriented classroom may seem quite clear, many people may not be sure exactly what it means. If we ask, What is a humanistically oriented classroom? we begin to discover that it is not as easy as we might have thought to describe its essential characteristics. What happens in such classrooms that is different from what happens in other classrooms? Do teachers use certain kinds of strategies? Do they lecture? In what sorts of activities do students participate? What do such classrooms look like—how is the seating arranged, for example? What kinds of materials are used? Is there much variation to be found from classroom to classroom in the strategies employed by the teacher or in the sorts of activities in which students engage? Do the kinds of materials available and/or used vary?

Another term in this question is also ambiguous. What does the term effective mean? Does it mean “results in increased academic proficiency,” “results in happier children,” “makes life easier for teachers,” or “costs less money”? Maybe it means all these things and more.

Figure 2.1 Researchable Versus Nonresearchable Questions

<table>
<thead>
<tr>
<th>No</th>
<th>Researchable</th>
</tr>
</thead>
<tbody>
<tr>
<td>Should I put my youngster in preschool?</td>
<td>Do children enrolled in preschool develop better social skills than children not enrolled?</td>
</tr>
<tr>
<td>What is the best way to learn to read?</td>
<td>At which age is it more helpful to introduce phonics to children—age 5, age 6, or age 7?</td>
</tr>
<tr>
<td>Are some people born bad?</td>
<td>Who commits more crimes—poor people or rich people?</td>
</tr>
</tbody>
</table>
Example 2. “How do teachers feel about special classes for the educationally handicapped?” The first term that needs clarification is teachers. What age group does this involve? What level of experience (i.e., are probationary teachers, for example, included)? Are teachers in both public and private schools included? Are teachers throughout the nation included, or only those in a specific locality? Does the term refer to teachers who do not teach special classes as well as those who do?

The phrase feel about is also ambiguous. Does it mean opinions? emotional reactions? Does it suggest actions? or what? The terms special classes and educationally handicapped also need to be clarified. An example of a legal definition of an educationally handicapped student is:

A minor who, by reason of marked learning or behavioral disorders, is unable to adapt to a normal classroom situation. The disorder must be associated with a neurological handicap or an emotional disturbance and must not be due to mental retardation, cultural deprivation, or foreign language problems.

Note that this definition itself contains some ambiguous words, such as marked learning disorders, which lend themselves to a wide variety of interpretations. This is equally true of the term cultural deprivation, which is not only ambiguous but also often offensive to members of ethnic groups to whom it is frequently applied.

As we begin to think about these (or other) questions, it appears that terms which seemed at first glance to be words or phrases that everyone would easily understand are really quite complex and far more difficult to define than we might originally have thought.

This is true of many current educational concepts and methodologies. Consider such terms as core curriculum, client-centered counseling, active learning, and quality management. What do such terms mean? If you were to ask a sample of five or six teachers, counselors, or administrators, you probably would get several different definitions. Although such ambiguity is valuable in some circumstances and for certain purposes, it represents a problem to investigators of a research question. Researchers have no choice but to be specific about the terms used in a research question, to define precisely what is to be studied. In making this effort, researchers gain a clearer picture of how to proceed with an investigation and, in fact, sometimes decide to change the very nature of the research. How, then, might the clarity of a research question be improved?

Defining Terms. There are essentially three ways to clarify important terms in a research question. The first is to use a constitutive definition—that is, to use what is often referred to as the dictionary approach. Researchers simply use other words to say more clearly what is meant. Thus, the term humanistic classroom might be defined as

A classroom in which: (1) the needs and interests of students have the highest priority; (2) students work on their own for a considerable amount of time in each class period; and (3) the teacher acts as a guide and a resource person rather than an informant.

Notice, however, that this definition is still somewhat unclear, since the words being used to explain the term humanistic are themselves ambiguous. What does it mean to say that the “needs and interests of students have the highest priority” or that “students work on their own”? What is a “considerable amount” of each class period? What does a teacher do when acting as a “guide” or a “resource person”? Further clarification is needed.

Students of communication have demonstrated just how difficult it is to be sure that the message sent is the message received. It is probably true that no one ever completely understands the meaning of terms that are used to communicate. That is, we can never be certain that the message we receive is the one the sender intended. Some years ago, one of the leaders in our field was said to have become so depressed by this idea that he quit talking to his colleagues for several weeks. A more constructive approach is simply to do the best we can. We must try to explain our terms to others. While most researchers try to be clear, there is no question that some do a much better job than others.
Another important point to remember is that often it is a compound term or phrase that needs to be defined rather than only a single word. For example, the term *nondirective therapy* will surely not be clarified by precise definitions of *nondirective* and *therapy*, since it has a more specific meaning than the two words defined separately would convey. Similarly, such terms as *learning disability*, *bilingual education*, *interactive video*, and *home-centered health care* need to be defined as linguistic wholes.

Here are three definitions of the term *motivated to learn*. Which do you think is the clearest?

1. Works hard
2. Is eager and enthusiastic
3. Sustains attention to a task*

As you have seen, the dictionary approach to clarifying terms has its limitations. A second possibility is clarification by example. Researchers might think of a few humanistic classrooms with which they are familiar and then try to describe as fully as possible what happens in these classrooms. Usually we suggest that people observe such classrooms to see for themselves how they differ from other classrooms. This approach also has its problems, however, since our descriptions may still not be as clear to others as they would like.

Thus, a third method of clarification is to define important terms operationally. **Operational definitions** require that researchers specify the actions or operations necessary to measure or identify the term. For example, here are two possible operational definitions of the term *humanistic classroom*.

1. Any classroom *identified* by specified experts as constituting an example of a humanistic classroom

2. Any classroom *judged* (by an observer spending at least one day per week for four to five weeks) to possess all the following characteristics:
   a. No more than three children working with the same materials at the same time
   b. The teacher never spending more than 20 minutes per day addressing the class as a group
   c. At least half of every class period open for students to work on projects of their own choosing at their own pace
   d. Several (more than three) sets of different kinds of educational materials available for every student in the class to use
   e. Nontraditional seating—students sit in circles, small groupings of seats, or even on the floor to work on their projects
   f. Frequent (at least two per week) discussions in which students are encouraged to give their opinions and ideas on topics being read about in their textbooks

The above listing of characteristics and behaviors may be a quite unsatisfactory definition of a humanistic classroom to many people (and perhaps to you). But it is considerably more specific (and thus clearer) than the definition with which we began.† Armed with this definition (and the necessary facilities), researchers could decide quickly whether or not a particular classroom qualified as an example of a humanistic classroom.

Defining terms operationally is a helpful way to clarify their meaning. Operational definitions are useful tools and should be mastered by all students of research.

†This is not to say that this list would not be improved by making the guidelines even more specific. These characteristics, however, do meet the criterion for an operational definition—they specify the actions researchers need to take to measure or identify the variable being defined.

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**Key Terms to Define in a Research Study**

- Terms necessary to ensure that the research question is sharply focused
- Terms that individuals outside the field of study may not understand
- Terms that have multiple meanings
- Terms that are essential to understanding what the study is about
- Terms to provide precision in specifications for instruments to be developed or located

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*We judge 3 to be the clearest, followed by 1 and then 2.*
Remember that the operations or activities necessary to measure or identify the term must be specified. Which of the following possible definitions of the term motivated to learn mathematics do you think are operational?

1. As shown by enthusiasm in class
2. As judged by the student’s math teacher using a rating scale she developed
3. As measured by the “Math Interest” questionnaire
4. As shown by attention to math tasks in class
5. As reflected by achievement in mathematics
6. As indicated by records showing enrollment in mathematics electives
7. As shown by effort expended in class
8. As demonstrated by number of optional assignments completed
9. As demonstrated by reading math books outside class
10. As observed by teacher aides using the “Mathematics Interest” observation record*

In addition to their value in helping readers understand how researchers actually obtain the information they need, operational definitions are often helpful in clarifying terms. Thinking about how to measure job satisfaction, for example, is likely to force a researcher to clarify, in his or her own mind, what he or she means by the term. (For everyday examples of times when operational definitions are needed, see Figure 2.2.)

Despite their virtues, however, operational definitions in and of themselves are often not illuminating. Reading that “language proficiency is (operationally) defined as

*The operational definitions are 2, 3, 6, 8, and 10. The nonoperational definitions are 1, 4, 5, 7, and 9, because the activities or operations necessary for identifying the behavior have not been specified.
Research in education, as in all of social science, has sometimes been criticized as trivial. Some years ago, Senator William Proxmire gained considerable publicity for his “golden fleece” awards, which he bestowed on government-funded studies that he considered particularly worthless or trivial. Some recipients complained of “cheap shots,” arguing that their research had not received a complete or fair hearing. While it is doubtless true that research is often specialized in nature and not easily communicated to persons outside the field, we believe more attention should be paid to:

- Avoiding esoteric terminology
- Defining key terms clearly and, when feasible, both constitutively and operationally
- Making a clear and persuasive case for the importance of a study

RESEARCH QUESTIONS SHOULD BE SIGNIFICANT

Research questions also should be worth investigating. In essence, we need to consider whether getting the answer to a question is worth the time and energy (and often money). What, we might ask, is the value of investigating a particular question? In what ways will it contribute to our knowledge about education? to our knowledge of human beings? Is such knowledge important in some way? If so, how? These questions ask researchers to think about why a research question is worthwhile—that is, important or significant.

It probably goes without saying that a research question is of interest to the person who asks it. But is interest alone sufficient justification for an investigation? For some people, the answer is a clear yes. They say that any question that someone sincerely wants an answer to is worth investigating. Others, however, say that personal interest, in and of itself, is an insufficient reason. Too often, they point out, personal interest can result in the pursuit of trivial or insignificant questions. Because most research efforts require some (and often a considerable) expenditure of time, energy, materials, money, and/or other resources, it is easy to appreciate the point of view that some useful outcome or payoff should result from the research. The investment of oneself and others in a research enterprise should contribute some knowledge of value to the field of education.

Generally speaking, most researchers do not believe that research efforts based primarily on personal interest alone warrant investigation. Furthermore, there is some reason to question a “purely curious” motive on psychological grounds. Most questions probably have some degree of hidden motivation behind them, and for the sake of credibility, these reasons should be made explicit.

One of the most important tasks for any researcher, therefore, is to think through the value of the intended research before too much preliminary work is done. Three important questions should be asked:

1. How might answers to this research question advance knowledge in my field?
2. How might answers to this research question improve educational practice?
3. How might answers to this research question improve the human condition?

As you think about possible research questions, ask yourself: Why would it be important to answer this question? Does the question have implications for the improvement of practice? for administrative decision making? for program planning? Is there an important issue that can be illuminated to some degree by a study of this question? Is it related to a current theory that I have doubts about or would like to substantiate? Thinking through possible answers to these questions can help you judge the significance of a potential research question.

In our experience, student justifications for a proposed study are likely to have two weaknesses. First, they assume too much—for example, that everyone...
would agree with them (i.e., it is self-evident) that it is important to study something like self-esteem or ability to read. In point of fact, not everyone does agree that these are important topics to study; nonetheless, it is still the researcher’s job to make the case that they are important rather than merely assuming that they are.

Second, students often overstate the implications of a study. Evidence of the effectiveness of a particular teaching method does not, for example, imply that the method will be generally adopted or that improvement in student achievement will automatically result. It would imply, for example, that more attention should be given to the method in teacher-training programs.

**RESEARCH QUESTIONS OFTEN INVESTIGATE RELATIONSHIPS**

There is an additional characteristic that good research questions often possess. They frequently (but not always) suggest a relationship of some sort to be investigated. (We discuss the reasons for this in Chapter 5.) A suggested relationship means that two qualities or characteristics are tied together or connected in some way. Are motivation and learning related? If so, how? What about age and attractiveness? speed and weight? height and strength? a principal’s administrative policies and faculty morale?

It is important to understand how the term *relationship* is used in research, since the term has other meanings in everyday life. When researchers use the term *relationship*, they are not referring to the nature or quality of an association between people, for example. What we and other researchers mean is perhaps best clarified visually. Look, for example, at the data for groups A and B in Figure 2.3. What do you notice?

The hypothetical data for group A show that out of a total of 32 individuals, 16 are Republicans and 16 are Democrats. It also shows that half are male and half are female. Group B shows the same breakdown by party affiliation and gender. What is different between the two groups is that there is no association or relationship between gender and political party in group A, whereas there is a very strong relationship between these two factors in group B. We can express the relationship in group B by saying that males tend to be Republicans while females tend to be Democrats. We can also express this relationship in terms of a prediction. Should another female join group B, we would predict she would be a Democrat since 14 of the previous 16 females are Democrats.

![Figure 2.3 Illustration of Relationship Between Voter Gender and Party Affiliation](image)

Go back to the INTERACTIVE AND APPLIED LEARNING feature at the beginning of the chapter for a listing of interactive and applied activities. Go to the Online Learning Center at [www.mhhe.com/fraenkel8e](http://www.mhhe.com/fraenkel8e) to take quizzes, practice with key terms, and review chapter content.
RESEARCH PROBLEM

A research problem is the focus of a research investigation.

RESEARCH QUESTIONS

Many research problems are stated as questions.

The essential characteristic of a researchable question is that there be some sort of information that can be collected in an attempt to answer the question.

CHARACTERISTICS OF GOOD RESEARCH QUESTIONS

Research questions should be feasible—that is, capable of being investigated with available resources.

Research questions should be clear—that is, unambiguous.

Research questions should be significant—that is, worthy of investigation.

Research questions should be ethical—that is, their investigation should not involve physical or psychological harm or damage to human beings or to the natural or social environment of which they are a part.

Research questions often (although not always) suggest a relationship to be investigated. The term relationship, as used in research, refers to a connection or association between two or more characteristics or qualities.

DEFINING TERMS IN RESEARCH

Three common ways to clarify ambiguous or unclear terms in a research question involve the use of constitutive (dictionary-type) definitions, definition by example, and operational definitions.

A constitutive definition uses additional terms to clarify meaning.

An operational definition describes how examples of a term are to be measured or identified.

clarification by example 31  constitutive definition 30  operational definition 31 emp}
Research Exercise 2: The Research Question

Using Problem Sheet 2, restate the research problem you listed in Research Exercise 1 in a sentence or two, and then formulate a research question related to this problem. Now list all the key terms in the question that you think are not clear and need to be defined. Define each of these terms both constitutively and operationally, and then state why you think your question is an important one to study.

Problem Sheet 2

The Research Question

1. My (restated) research problem is: ______________________________________
   __________________________________________________________________________

2. My research question(s) is/are: ___________________________________________
   __________________________________________________________________________

3. The following are key terms in the problem or question that are not clear and thus need to be defined:
   a. ____________________________ d. ____________________________
   b. ____________________________ e. ____________________________
   c. ____________________________ f. ____________________________

4. Here are my constitutive definitions for these terms: _______________________
   __________________________________________________________________________
   __________________________________________________________________________
   __________________________________________________________________________

5. Here are my operational definitions for these terms: _______________________
   __________________________________________________________________________
   __________________________________________________________________________
   __________________________________________________________________________

6. My rationale for investigating this question/problem (why I would argue that it is an important question to investigate) is as follows: _______________________
   __________________________________________________________________________
   __________________________________________________________________________
OBJECTIVES  Studying this chapter should enable you to:

- Describe briefly why a literature review is of value.
- Name the steps a researcher goes through in conducting a review of the literature.
- Describe briefly the kinds of information contained in a general reference and give an example of such a source.
- Explain the difference between a primary and a secondary source and give an example of each type.
- Explain what is meant by the phrase "search term" and how it differs from the term "descriptor," and how both terms are used in literature searches.
- Conduct both a manual and electronic search of the literature on a topic of interest to you after a small amount of "hands-on" computer time and a little help from a librarian.
- Write a summary of your literature review.
- Explain what a meta-analysis is.
INTERACTIVE AND APPLIED LEARNING

Go to the Online Learning Center at www.mhhe.com/fraenkel8e to:

• Read the Guide to Electronic Research

Go to your online Student Mastery Activities book to do the following activities:

• Activity 3.1: Library Worksheet
• Activity 3.2: Where Would You Look?
• Activity 3.3: Do a Computer Search of the Literature

A after a career in the military, Phil Gomez is in his first year as a teacher at an adult school in Logan, Utah. He teaches United States history to students who did not graduate from high school but who now are trying to obtain a diploma. He has learned the hard way, through trial and error, that there are a number of techniques that simply put students to sleep. He sincerely wants to be a good teacher, but he is having trouble getting his students interested in the subject. As he is the only history teacher in the school, the other teachers are not of much help.

He wants to get some ideas, therefore, about other approaches, strategies, and techniques that he might use. He decides to do an Internet search to see what he can find out about effective strategies for teaching high school history. His first search yields 12,847 hits! Phil is overwhelmed and at a loss for which sources to view. Should he look at books? Journal articles? Web sites? Government documents? Unpublished reports? Where should he look for the most valid resources? And how could his searching be done more systematically?

In this chapter, you will learn some answers to these (and related) questions. When you have finished reading, you should have a number of ideas about how to conduct a systematic or “planned” search of the educational literature.

The Definition and Value of a Literature Review

A literature review is an assessment of a body (or bodies) of literature that pertains to a specific question. A literature review is helpful in several ways. It not only helps researchers glean the ideas of others interested in a particular research question (through important research findings and theories), but it also lets them read about the results of similar or related studies. Literature reviews also give researchers ideas about areas where more research needs to be done. They refer to these as “gaps” in the literature. In fact, a detailed literature review is usually required of master’s and doctoral students when they design a thesis. In some graduate programs, students must propose theses or dissertations that address gaps in the existing literature. Thus researchers often weigh information from a literature review in light of their own interests and situation. There are two important points here: Researchers need to be able not only to locate other work dealing with their intended area of study but also to be able to evaluate this work in terms of its relevance to the research question of interest.

Types of Sources

A researcher needs to be familiar with three basic types of sources as he or she begins to search for information related to the research question. These terms apply both to computerized searching (online or electronic) as well as manual searching (using print/paper tools to locate print/paper sources). Regardless of the tools involved, the search process is similar.

1. General reference tools are the sources researchers often refer to first. In effect, they tell where to look to locate other sources—such as articles, books, reports, and other documents—that deal directly with the research question. General reference tools are usually either indexes, which list the author, title, and place of publication of articles and other materials, or abstracts, which give a brief summary or
Researchers who seek information systematically on a given topic would refer first to one or more general reference tools to locate primary and secondary sources of value. For a quick overview of the problem at hand, secondary sources are probably the best bet. For detailed information about the research that others have done, primary sources should be consulted.

Today, most researchers search the literature electronically by means of a personal computer. In the past, before the rise of the Internet and the World Wide Web, most searches were done manually. Manual searching (using print/paper tools to locate print/paper sources) is now used primarily by library users interested in locating rare or historical sources. However, some professors also require students to conduct manual searches because not all sources are available electronically. Although the interface may be different, both processes are the same in terms of the steps involved.

**Steps Involved in a Literature Search**

The following steps are involved in a literature search:

1. **Define the research problem as precisely as possible.**
2. **Look at relevant secondary sources (these can include research reviews).**
3. **Select and peruse one or two appropriate general reference works.**
4. **Formulate search terms (key words or phrases) pertinent to the problem or question of interest.**
5. **Search for relevant primary sources using appropriate general reference tools.**
6. **Obtain and read relevant primary sources, and note and summarize key points in the sources.**

Let us consider each of these steps in some detail.

**DEFINE THE PROBLEM AS PRECISELY AS POSSIBLE**

The first thing a researcher needs to do is to state the research question as specifically as possible. General questions such as “What sorts of teaching methods work well in urban classrooms?” or “How can a principal be a more effective leader?” are too fuzzy to be of much help when looking through a general reference. The question of interest should be narrowed down to a specific area of
concern. More specific questions, therefore, might be, “Is discussion more effective than showing a video clip in motivating students to learn social studies concepts?” or “What sorts of strategies do principals at high-performing elementary schools use to improve faculty and staff morale?” A serious effort should be made to state the question so that it focuses on the specific issue for investigation.

**LOOK THROUGH ONE OR TWO SECONDARY SOURCES**

Once the research question has been stated in specific terms, it is a good idea to look through one or two secondary sources to get an overview of previous work that has been done on the problem. This needn’t be a monumental chore nor take an overly long time to complete. The main intent is to get some idea of what is already known about the problem and of some of the other questions that are being asked. Researchers may also get an idea or two about how to revise or improve the research question. Here are some of the most commonly used secondary sources in educational research:


- **Handbook of Research on Teaching** (latest edition published in 2001): Contains longer articles on various aspects of teaching. Most are written by educational researchers who specialize in the topic on which they are writing.

- **National Society for the Study of Education (NSSE) Yearbooks**: Published every year, these yearbooks deal with recent research on various topics. Each book usually contains from 10 to 12 chapters dealing with various aspects of the topic. The society, which was founded in 1901 and dissolved in 2008, has continued to publish its yearbooks without interruption as part of the *Teachers College Record* at Columbia University.

- **Review of Educational Research**: Published four times a year by the American Educational Research Association (AERA), this journal contains reviews of research and extensive bibliographies on various topics in education, and is available online through ERIC.

**Review of Research in Education**: Published yearly, each volume contains surveys and syntheses of research on important topics written by leading educational researchers. RRE is currently available online in ERIC.

**Subject Guide to Books in Print** (current edition): Each of the above sources contains reviews of research on various topics of importance in education. There are many topics, however, that have not been treated in a recent review. If a research question deals with such a topic, the best chance for locating information discussing research on the topic lies in recent books on the subject. The best source for identifying books that might discuss research on a topic is the current edition of *Books in Print*, available in both print and electronic formats.

In addition, many professional associations and organizations have published handbooks of research in their fields. These include:

- *Handbook of Reading Research*
- *Handbook of Research on Curriculum*
- *Handbook of Research on Educational Administration*
- *Handbook of Research on Mathematics Teaching and Learning*
- *Handbook of Research on School Supervision*
- *Handbook of Research on Multicultural Education*
- *Handbook of Research on Music Teaching and Learning*
- *Handbook of Research on Social Studies Teaching and Learning*
- *Handbook of Research on Teacher Education*
- *Handbook of Research on the Teaching of English*
- *Handbook of Research on the Education of Young Children*

Each of these handbooks includes a current summary of research dealing with important topics related to its particular field of study. To locate a handbook in paper format, use your library catalog; to locate a handbook in electronic format, use your library catalog, database list, and/or electronic journal list. Other places to look for books on a topic of interest are the library catalog and the curriculum department (for textbooks) in the library. *Education Index* and *PsycINFO* also list newly published professional books in their fields.
CHAPTER 3 Locating and Reviewing the Literature

SELECT THE APPROPRIATE GENERAL REFERENCE TOOLS

After reviewing a secondary source to get a more-informed overview of the problem, researchers should have a clearer idea of exactly what to investigate. At this point, it is a good idea to look again at the research question to see if it needs to be rewritten in any way to make it more focused. Once satisfied, researchers can select one or two general references to help identify particular journals or other primary sources related to the question. Of the many general reference tools a researcher can consult, here is a list of the ones most commonly used:

Education Index: Since 2004, this online-only publication indexes articles from more than 300 educational publications. This electronic index includes three separate databases: (a) Education Index Retrospective, which covers the period 1929–1982; (b) Education Index, which contains sources from 1983 to the present; and, (c) Education Full Text, which has abstracts and full-text articles dating back to 1983.

ERIC is an online database of education research and information sponsored by the U.S. Department of Education and the Institute of Education Sciences. It includes indexes and abstracts, journal articles, reports, and other documents in education, counseling, and related social science disciplines. In 2002, after the major education indexes formerly known as the Current Index to Journals in Education (CIJE) and Resources in Education (RIE) merged and ceased print publication, ERIC began to offer access to their content electronically. Today, ERIC provides citations and direct access to more than 1.3 million bibliographic sources, including citations to articles from more than 750 journals, as well as unpublished documents including curriculum guides, conference papers, and research reports. Although full-text access to all current education-related sources is not yet possible, ERIC provides users with abstracts and exact citation information about the source. Publication information usually includes the following: article title, author, journal name, page, and volume and issue numbers, as well as an ERIC identifying number. For ERIC journal articles (EJs), the number is EJ + a six-digit number (see Figure 3.1); for nonjournal article documents in ERIC, the number is ED + a six-digit number (see Figure 3.2). ERIC documents (EDs) are documents produced by state departments of education, final reports of federally funded research projects, reports from school districts, commissioned papers written for government agencies, and other published and unpublished documents. Abstracts and bibliographic information are usually provided on all documents. Many reports that would otherwise never be published are reported in ERIC, which makes this an especially valuable resource to use.

PsycINFO: PsycINFO, the electronic version of the now-ceased Psychological Abstracts, is a database containing summaries and citations of literature in the field of psychology dating back to the 1800s (and even some records from the 1700s and 1600s). Produced by the American Psychological Association (APA), the largest and most distinguished professional association of psychologists and scientists in the world, PsycINFO contains abstracts and bibliographic data of journal articles, book chapters, books, technical reports, and dissertations in the social and behavioral sciences, and is available on the association’s APA PsycNET.

Two additional general reference tools that sometimes provide information about educational research are the following:

Exceptional Child Education Resources (ECER) online database: ECER is a bibliographic database produced by the Council for Exceptional Children (its print publication ceased in 2004). ECER provides information about exceptional children from more than 200 journals. Using a format similar to ERIC, it provides author, subject, and title indexes. It is worth consulting if a research topic deals with exceptional children, since it covers several journals not searched for in ERIC.

Social Science Citation Index (SSCI): Another type of citation and indexing service, SSCI offers the forward search, a unique feature that can be helpful to researchers. When a researcher has found an article that contains information of interest, he or she can locate the author’s name in the SSCI to find out the names of other authors who have cited this same article and the journals in which their articles appeared. These additional
articles may also be of interest to the researcher, particularly in compiling a references list for an annotated bibliography (a list of sources on a topic with brief summaries) or a literature review. He or she can determine what additional books and articles were cited by these other authors and thus conceivably obtain information that otherwise might be missed. Most libraries offer SSCI online searching since it is available as part of the Web of Science database (currently published by Thomson Scientific). Most doctoral dissertations and many masters’ theses in education report on

original research and hence are valuable sources for literature reviews.

ProQuest Dissertations and Theses: Proquest maintains a digital library that has more than 1.4 million titles, including abstracts and full text files of doctoral dissertations and masters’ theses submitted by more than 1,000 graduate schools and universities in North America, Europe, and Asia. Coverage includes the complete text of most dissertations and theses completed from 1988 to the present, in addition to abstracts of theses and dissertations dating back to 1861 (see Figure 3.3).
and the like. The researcher would then select the appropriate general reference tool.

Indexes and abstracts, whether in electronic or print/paper format, are designed to present uniform access to citation information. Each citation—whether in a database, index, or abstract—contains information unique to the citation (i.e., author, title, publication date, etc.). In addition, each citation is assigned vocabulary words that help categorize related articles. In most databases the assigned vocabulary words are referred to as subject terms or subject headings, and in ERIC these terms are referred to specifically as descriptors. Learning which subject terms, subject headings, or descriptors are used in a specific system can help researchers more easily identify all related articles on a particular subject or topic.

If using an online database to search the literature, to retrieve results the researcher would enter search terms in the search boxes provided. (see Figure 3.4). Using a
libraries and most public libraries. Many state departments of education also provide access to online education databases, as do some county offices of education and some large school systems. The database most commonly used by educational researchers is ERIC, which can be searched electronically back to 1966. Other databases include PsycINFO, Exceptional Child Education Resources, and ProQuest Dissertations & Theses. More than 200 other specialized databases in other subject areas exist; to find out more about them, contact a nearby college or university library and ask for assistance from a reference librarian.

**SEARCH USING GENERAL REFERENCE TOOLS**

Although there is no magic formula to follow, many researchers in education turn to library resources and other information resources available online. An online search of the literature can be performed in databases available through the Web sites of almost all university libraries and most public libraries. Many state departments of education also provide access to online education databases, as do some county offices of education and some large school systems. The database most commonly used by educational researchers is ERIC, which can be searched electronically back to 1966. Other databases include PsycINFO, Exceptional Child Education Resources, and ProQuest Dissertations & Theses. More than 200 other specialized databases in other subject areas exist; to find out more about them, contact a nearby college or university library and ask for assistance from a reference librarian.
CHAPTER 3  Locating and Reviewing the Literature

Locating and Reviewing the Literature

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research question: “What sorts of questioning techniques help students understand historical concepts most effectively?”

Doing a Computer Search

To illustrate the steps involved in online searching, we will next describe an actual search conducted using the ERIC database.

Define the Problem as Precisely as Possible.
The research problem should be stated as specifically as possible so that relevant descriptors can be identified. A broad statement of a problem such as, “How effective are questioning techniques?” is much too general. It is liable to produce an extremely large number of references, many of which probably will be irrelevant to the researcher’s question of interest. For the purposes of our search, therefore, we posed the following research question: “What sorts of questioning techniques help students understand historical concepts most effectively?”

Decide on the Extent of the Search. The researcher must now decide how many references to obtain. For a review for a journal article, a researcher might decide to review only 20 to 25 fairly recent references. For a more detailed review, such as a master’s thesis, perhaps 30 or 40 might be reviewed. For a very exhaustive review, as for a doctoral dissertation, as many as 100 or more references might be searched.

Decide on the Database. As we mentioned earlier, many databases are available, but the one most commonly used is ERIC. Subject terms or headings may
not be applicable to different databases, although many do overlap. In ERIC, as noted earlier, subject terms are referred to as “descriptors.” We used the ERIC database in this example, as it is still the best for searches involving educational topics.

Select Search Words and Discover Descriptors. Researchers often begin a search in ERIC using keywords they use to describe their topic. The researcher types these keywords in ERIC to tell the computer what to search for. The selection of keywords is somewhat of an art form. If the keyword is too general, too many references may be located, many of which are likely to be irrelevant. If the keyword is too narrow, too few references will be located, and many of those applicable to the research question may be missed. Furthermore, if the keyword used is not the same or similar to the descriptors used by the system to describe the topic, then few or no search results will be found. For ERIC users, the ERIC thesaurus provides a list of descriptors commonly used in their databases. Search results in ERIC also list descriptors and subject terms associated with individual citations.

Keywords and descriptors can be used singly or in various combinations to locate references. Certain keywords, called **Boolean operators**, enable the retrieval of terms in various combinations. The most commonly used Boolean operators are **and** and **or**. For example, by asking a computer to search for a single keyword or descriptor such as **inquiry**, all references containing this term would be selected. By connecting two keywords or descriptors with the word **and**, however, researchers can narrow the search to locate only the references that contain both of the descriptors. Asking the computer to search for **questioning techniques and history instruction** would narrow the search because only references containing both keywords or descriptors would be located. On the other hand, by using the word **or**, a search can be broadened, since any references with **either** one of the keywords or descriptors would be located. Thus, asking the computer to search for **questioning techniques or history instruction** would broaden the search because references containing either one of these terms would be located. Figure 3.5 illustrates the results of using these Boolean operators.

All sorts of combinations are possible. For example, a researcher might ask the computer to search for **questioning techniques or inquiry and history instruction or civics instruction**. For a reference to be selected, it would have to contain either the descriptor term **questioning techniques** or the descriptor term **inquiry**, as well as either the descriptor term **history instruction** or the descriptor term **civics instruction**.

For our search, we chose the following descriptors: **questioning techniques, concept teaching, and history instruction**. We also considered using a number of related terms. These included **inquiry, teaching methods, and learning processes under questioning techniques, and concept formation and cognitive development under concept teaching**. Upon reflection, however, we decided not to include **teaching methods or learning processes**, as we felt these terms were too broad to apply specifically to our research question. We also decided not to include **cognitive development** for the same reason.

Conduct the Search. After determining which descriptors to use, the next step is to enter them into the database and let it do its work. Figure 3.6 presents a summary of the search results. As you can see, we asked the database first to search for **questioning techniques** (search no. 1), followed by **history instruction** (search no. 2), followed by a combination (search no. 3) of these two descriptors (note the use of the Boolean operator **and**). This resulted in a total of 5,044 references for **questioning techniques**, 18,447 references for **history instruction**, and 107 for a combination of these two descriptors. We then asked the database to search just for the descriptors **concept and teaching** (search no. 4). This produced a total of 34,349 references. Because we were particularly interested in concept teaching as applied to questioning techniques and history instruction, however, we asked the database to search for a combination (search no. 5) of these three descriptors (again note the use of the operator **and**). This produced 12 references. At this point, the 12 references can be printed, saved to a hard drive or portable device, or e-mailed.

If the initial effort of a search produces too few references, the search can be broadened by using more general descriptors. Thus, we might have used the term **social studies instruction** rather than **history instruction** had we not obtained enough references in our search. Similarly, a search can be narrowed by using more specific descriptors. For example, we might have used the specific descriptor **North American history** rather than the inclusive term **history**.

Documenting Citation Information. Once a researcher has located references, he or she needs to document the information found and prepare it for later use. If any articles are found that deal with some
The important thing is to take care to record the bibliographic information completely and accurately. Nothing is more annoying than trying to find an incorrect reference listed in a bibliography.

Researchers today find it easier and quicker to search reference tools (as well as most other references) online. In addition to compiling abstracts and citations, many articles are now instantly available for downloading as Portable Document Format (PDF) files. Another important feature of ERIC is that more than one descriptor can be searched at the same time.

Suppose a researcher were interested in finding information on the use of questioning in teaching science. A search of the ERIC database using the descriptors questioning techniques or history instruction (Combine 1 or 2) increases output.

Researchers should choose the option that contains the most information, as it might prove useful later. Standard information would include citation information, the abstract, and, in some cases, the complete full text of the document.

Many databases, including some versions of ERIC provide options to save, e-mail, or print citations in specific formats, including APA, MLA (Modern Language Association), University of Chicago, and other academic citation styles used to cite references in the literature. Researchers must develop their own process for saving and documenting information found while completing their research. Whether using classic tools (like index cards) or newer tools (like EndNote, RefWorks, and Zotero) to take notes and record and organize your citations, the important thing is to take care to record the bibliographic information completely and accurately. Nothing is more annoying than trying to find an incorrect reference listed in a bibliography.

**Figure 3.5** *Venn Diagrams Showing the Boolean Operators AND and OR*
2. From 1966 to 1968: search ERIC and Education Index.
3. From 1969 to the present: Search ERIC, Education Index, and other education databases.

**Questioning techniques** and science would reveal the abstracts and citations of several articles. Notice that the word source indicates where to find the articles if the researcher wants to read all or part of them—one is in the journal *Research in Science and Technological Education* and the other in *International Journal of Science Education*.

**Searching PsycINFO.** Searching through PsycINFO is similar to searching through ERIC. As in ERIC, key words or subject terms and descriptors can be used singularly or in various combinations to locate references. All articles of interest can then be located in the identified journals. The best strategy for a thorough search is probably as follows.

**OBTAIN PRIMARY SOURCES**

After searching the general references, researchers will have a list of bibliographic citations. The next step is to locate each of the sources listed, then read and take notes on those relevant to the research problem. There are two major types of primary sources to be familiar with in this regard—journals and reports.
Professional Journals. Many journals in education publish reports of research. Some publish articles on a wide range of educational topics, while others limit what they print to a particular specialization, such as social studies education. Most researchers become familiar with the journals in their field of interest and look them over from time to time. Examples of such journals include the American Educational Research Journal, Child Development, Educational Administration Quarterly, Journal of Educational Research, Journal of Research in Science Teaching, Reading Research Quarterly, and Theory and Research in Social Education.

Reports. Many important research findings are first published as reports. Almost all funded research projects produce a final report of their activities and findings when research is completed. In addition, each year many reports on research activities are published by the United States government, by state departments of education, by private organizations and agencies, by local school districts, and by professional associations. Furthermore, many individual researchers report on their recent work at professional meetings and conferences.

Most reports are abstracted in ERIC and are available as PDF files. Many papers, such as the reports of presidential task forces, national conferences, or specially called professional meetings, are published only as reports. They are usually far more detailed than journal articles and much more up to date. Also, they are not copyrighted. Reports are a very valuable source of up-to-date information that could not be obtained anywhere else.

Locating Primary Sources. Most primary source material is located in academic journals, since that is where most of the research findings in education are published. Although more and more journals are available online through library Web sites, to conduct a thorough search of relevant primary sources, it may be necessary to search manually for sources only available in print/paper format. Depending on the layout of the library, users can often go right to the stacks where print/paper journals are shelved alphabetically. In some libraries, however, only the librarian can retrieve the journals.

A problem that every researcher faces at one time or another is that a needed book or journal is not available in the library. When this is the case, it can usually be obtained directly from the author. Addresses of authors (e-mail and conventional) are often listed in education databases. An author’s address can sometimes be found in the directory of a professional association, such as the American Educational Research Association Biographical Membership Directory or Who’s Who in American Education. If a reprint or book cannot be obtained directly from the author, it may be possible to obtain it from another library in the area through interlibrary loan, a service that nearly all libraries provide. By entering information into a database, a library user can find out within seconds which libraries within a designated area have a particular book or journal.

Using Secondary Sources to Locate Primary Sources. Although the principal goal of a literature review is to assess original reports of empirical research that have been published mainly in academic journals, secondary sources can be useful. Locating published review articles—either literature reviews or meta-analyses, which we describe in the next section—can give students a sense of the depth and breadth of the literature related to a topic. They only need to add the keyword “review” to the list of search terms or descriptors used in their initial search of the literature to produce extensive reference lists (or bibliographies) contained in research reviews—a technique called “branching.” In addition, landmark studies are considered highly significant by experts for understanding a topic. While reading a review, a student may come across the name of a researcher repeatedly and/or an explicit statement by the author that a study is especially important. In this case, the student should add the landmark source(s) to his or her reading list for inclusion in the literature review.

Researchers often discuss the findings of their empirical studies in terms of the theoretical literature. Understanding the major theories and theorists—particularly landmark theorists—that have contributed to the literature on a topic is paramount for preparing a comprehensive review. This can be done by adding the term “theory” as a keyword or descriptor in an electronic database search. In general, major theorists conduct research studies themselves, some of which are considered landmark studies. Including a discussion of the major theories and theorists in a literature review provides important contextual information for the review reader to better understand the empirical research findings to be evaluated.

Meta-Analysis. In academic journals, the literature reviews accompanying research reports are usually
Evaluating Primary Sources. When all the desired journal articles and documents are gathered together, the review can begin. It is a good idea to begin with the most recent articles and work backward. The reason for this is that most of the more recent articles will cite the earlier articles and thus provide a quick overview of previous work. How should an article be read? While there is no one perfect way to do this, here are some helpful suggestions:

1. Read the abstract or the summary first. This will tell whether the article is worth reading in its entirety.
2. Record the bibliographic data and take notes on the article using your preferred note-keeping tool (electronic, manual, or a hybrid). Almost all research articles follow approximately the same format. They usually include an abstract; an introductory section that presents the research problem or question and reviews other related studies; the objectives of the study or the hypotheses to be tested; a description of the research procedures, including the subjects studied, the research design, and the data collection instruments and tools used; the results or findings of the study; a summary (if there is no abstract); and the researcher’s conclusions. Also, make sure to use the branching technique discussed earlier by perusing the references (or bibliography) listed at the end of the article to help you locate other relevant sources.

As you might expect, this methodology has had widespread appeal in many disciplines—to date, hundreds of meta-analyses have been done. Critics raise a number of objections, some of which have been at least partly remedied by statistical adjustments. We think the most serious criticisms are that a poorly designed study counts as much as one that has been carefully designed and executed and that the evaluation of the meaning of the final index remains a judgment call, although an informed one. The former objection can be remedied by deleting “poor” studies, but this brings back the subjectivity meta-analysis was designed to mitigate. It is clear that meta-analysis is here to stay; we agree with those who argue that it cannot replace an informed, careful review of individual studies, however. In any event, the literature review should include a search for relevant meta-analysis reports, as well as individual studies.

**What a Good Summary of a Journal Article Should Contain**

- The problem being addressed
- The purpose of the study
- The hypotheses of the study (if there are any)
- The methodology the researcher used
- A description of the subjects involved
- The results
- The conclusions
- The particular strengths, weaknesses, and limitations of the study
CHAPTER 3 Locating and Reviewing the Literature

kind of instrument (questionnaire, tally sheet, and so on) used. Make note of any unusual techniques employed.

4. **Findings:** List the major findings. Indicate whether the objectives of the study were attained and whether the hypotheses were supported. Often the findings are summarized in a table.

5. **Conclusions:** Record or summarize the author’s conclusions. Note your disagreements with the author and the reasons for such disagreement. Note strengths or weaknesses of the study that make the results particularly applicable or limited with regard to your research question. See Figure 3.7 for an example of a completed note card.

**Writing the Literature Review Report**

Once you have located and evaluated the sources relevant to your topic, you are ready for the final steps in preparing your review of the literature. In addition to locating and evaluating your sources, the next steps involve organizing, integrating, and synthesizing these sources. This process is inductive and often leads students to believe they are regressing, rather than progressing. As researchers and professors who have written and supervised many student literature reviews, our advice to you is to be patient and flexible! The process may appear as if you are going backward (not forward), but this is part of the larger process of discovery involved in doing research. *Part of this process involves reformulating the main question that guides your literature review oftentimes in the process of reviewing the research.*

For example, let’s say you begin your literature search interested in the topic of mixed-ability grouping in elementary school classrooms. Your initial query is “What do we know about heterogeneous grouping in elementary schools?” After reviewing the research and familiarizing yourself with the vocabulary and background related to the topic, your revised question becomes “What are the effects of inclusion practices on elementary school student achievement?” This restated question is much improved because it (a) includes key terms or vocabulary currently used by researchers in the field; (b) helps to clarify the purpose and scope of the literature

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**Figure 3.7 Sample Note Card**

| **Problem:** Is there a relationship between principled political thinking and tendency to be political? |
| **Hypotheses:** Principled thinkers more likely to: (1) apply principles of democracy to specific cases than non-principled thinkers; (2) accept political conflict as desirable and legitimate; (3) endorse an active citizenship role; (4) show more political involvement than citizens who reason predom. at conventional level. |
| **Procedures:** Sample = 135 college fr. & soph. median age 18/19. 2/3 fem. Sampled by classes in required gen’l curric. of small priv. tchr’s. college. Questionnaire study. Rest’s Defining Issues Test (DIT) used to identify principled and non-principled thinkers. Of the 135, 15 questionnaires discarded due to incomplete. 25 Ss indentif. as P thinkers; 34 as low in such thinking. Sex ratio each group was same. Subjects asked respond various items on Q. |
| **Findings:** All hypotheses except #4 supported. |
| **Conclusions:** Civic tolerance & cognitive moral development are associated. This intellectual growth is crucial for development of citizen competence & must be fostered in schools. Tchrs should focus & promote discussion of kinds of conflict which generate controversy in the community. Ss also should be involved in polit. participation experiences in school involving decisions they make, and also in their community outside of school. |
review; and (c) examines the topic more deeply by exploring a possible relationship between inclusion practices (the presumed cause) and student achievement (the presumed outcome).

The process of evaluating, integrating, and synthesizing relevant sources in a literature review involves analyzing and categorizing the literature into major topics and subtopics. There are many strategies for organizing the structure of a review. A common one is to include summary tables to provide readers with an overview of the research related to, for example: (a) definitions of key constructs and measures; (b) differing research methods used in studies examining the same research question or phenomenon; and (c) key study characteristics and findings. Literature reviews may differ in format, but they typically consist of the following five parts.

1. The introduction briefly describes the nature of the research problem and states the research question. The researcher also explains in this section what led him or her to investigate the question and why it is an important question to investigate.

2. The body of the review briefly reports what others have found or thought about the research problem. Related studies are usually discussed together, grouped under subheadings (to make the review easier to read). Major studies are described in more detail, while less important work can be referred to in just a line or two. Often this is done by referring to several studies that reported similar results in a single sentence, somewhat like this: “Several other small-scale studies reported similar results (Avila, 2009; Brown, 2006; Cartwright, 2009; Davis & Lim, 2008; Martinez, 2007).”

3. The summary of the review ties together the main threads revealed in the literature reviewed and presents a composite picture of what is—and is not—known or thought to date. Findings may be tabulated to give readers some idea of how many other researchers have reported identical or similar findings or have similar recommendations.

4. Any conclusions the researcher feels are justified based on the state of knowledge revealed in the literature should be included. What does the literature suggest are appropriate courses of action to take to try to solve the problem? And what are other important research questions that should be examined?

5. A reference list (or bibliography) with full bibliographic data for all sources mentioned in the review is essential. There are many ways to format reference lists, but the one outlined in the Publication Manual of the American Psychological Association (2009) is particularly easy to use.

### RESEARCHING THE WORLD WIDE WEB

The World Wide Web (WWW) is part of the Internet, a vast reservoir of information on all sorts of topics in a wide variety of areas. Prior to 1993, the Internet was barely mentioned in the research literature. Today, it cannot be ignored. Despite the fact that ERIC and (on occasion) PsycINFO remain the databases of choice when it comes to research involving most educational topics, researching the Web should also be considered. Space prevents us from describing the Internet in detail, but we do wish to point out some of its important features.

Using a Web browser (the computer program that lets you gain access to the WWW), a researcher can find information on almost any topic with just a few clicks of the mouse button. Some of the information on the Web has been classified into indexes, which can be easily searched by going from one category to another. In addition, several search engines are available that are similar in many respects to those we used in our search of the ERIC database. Let us consider both indexes and search engines in a bit more detail.

**Indexes.** Indexes group Web sites together under similar categories, such as Australian universities, London art galleries, and science laboratories. This is similar to what libraries do when they group similar kinds of information resources together. The results of an index search will be a list of Web sites related to the topic being searched. Figure 3.8 shows the Yahoo! Web page, a particularly good example of an index. If a researcher is interested in finding the site for a particular university in Australia, for example, he or she should try using an index.

Indexes often provide an excellent starting point for a review of the literature. This is especially true when a researcher does not have a clear idea for a research question or topic to investigate. Browsing through an index can be a profitable source of ideas. Felden offers an illustration:

> For a real-world comparison, suppose I need some household hardware of some sort to perform a repair; I may not always know exactly what is necessary to do the job.
The search results obtained are usually ranked in order of relevancy (i.e., the number of times the researcher’s search terms appear in a document or how closely the document appears to match one of the key words submitted as query terms by the researcher). A search engine like Google will search for and find the individual pages of a Web site that match a researcher’s search, even if the site itself has nothing to do with what the researcher is looking for. As a result, one usually has to wade through an awful lot of irrelevant information. Felden gives us an example:

I may have a broken part, which I can diligently carry to a hardware store to try to match. Luckily, most hardware stores are fairly well organized and have an assortment of aisles, some with plumbing supplies, others with nails and other fasteners, and others with rope, twine, and other materials for tying things together. Proceeding by general category (i.e., electrical, plumbing, woodworking, etc.), I can go to approximately the right place and browse the shelves for items that may fit my repair need. I can examine the materials, think over their potential utility, and make my choice.³

**Search Engines.** If one wants more specific information, such as biographical information about George Orwell, however, one should use a search engine, because it will search all of the contents of a Web site. Search engines such as Google or the Librarians’ Index to the Internet use software programs (sometimes called spiders or Web crawlers) that search the entire Internet, looking at millions of Web pages and then indexing all of the words on them. Returning to the hardware store analogy, if I went to the store in search of some screws for my household project and employed an automatic robot instead of using my native cunning to browse the (well-arranged) aisles, the robot could conceivably return (after perusing the entire store) with everything that had a screw in it somewhere. The set of things would be a wildly disparate collection. It would include all sorts of boxes of screws, some of them maybe even the kind I was looking for, but also a wide array of

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³Source: Reproduced with permission of YAHOO! Inc. © 2007 by Yahoo! Inc. YAHOO! and the YAHOO! logo are trademarks of Yahoo! Inc.
other material, much of it of no use for my project. There might be birdhouses of wood held together with screws, tools assembled with screws, a rake with a screw fastening its handle to its prongs. The robot would have done its job properly. It had been given something to match, in this case a screw, and it went out and did its work efficiently and thoroughly, although without much intelligence.₄

To be satisfied with the results of a search, therefore, one needs to know what to ask for and how to phrase the request to increase the chances of getting what is desired. If a researcher wants to find out information about universities, but not English universities, for example, he or she should ask specifically in that way.

Thus, although it would be a mistake to search only the Web when doing a literature search (thereby ignoring a plethora of other material that often is so much better organized), it has some definite advantages for some kinds of research. Unfortunately, it also has some disadvantages. Here are some of each:

**Advantages of Searching the World Wide Web**

- **Currency:** Many resources on the Internet are updated very rapidly; often they represent the very latest information about a given topic.
- **Access to a wide variety of materials:** Many resources, including works of art, manuscripts, even entire library collections, can be reviewed at leisure using a personal computer.
- **Varied formats:** Material can be sent over the Internet in different formats, including text, video, sound, and animation.
- **Immediacy:** The Internet is “open” 24 hours a day. Information can be viewed on one’s own computer and can be examined as desired or saved to a hard drive or disk for later examination and study.

**Disadvantages of Searching the World Wide Web**

- **Disorganization:** Unfortunately, much of the information on the Web is not well organized. It employs few of the well-developed classification systems used by libraries and archives. This disorganization makes it an absolute necessity for researchers to have good online searching skills.
- **Time commitment:** There is always a need to search continually for new and more complete information. Doing a search on the WWW often (if not usually) can be quite time-consuming and (regrettfully) sometimes less productive than doing a search using more traditional sources.
- **Lack (sometimes) of credibility:** Anyone can publish something on the Internet. As a result, much of the material one finds there may have little, if any, credibility.
- **Uncertain reliability:** It is so easy to publish information on the Internet that it often is difficult to judge its worth. One of the most valuable aspects of a library collection is that most of its material has been collected carefully. Librarians make it a point to identify and select important works that will stand the test of time. Much of the information one finds on the WWW is ill-conceived or trivial.
- **Ethical violations:** Because material on the Internet is so easy to obtain, there is a greater temptation for researchers to use the material without citation or permission. Copyright violation is much more likely than with traditional material.
- **Undue reliance:** The amount of information available on the Internet has grown so rapidly in the last few years that some researchers may be misled to think they can find everything they need on the Internet, thereby causing them to ignore other, more traditional sources of information.

In searching the WWW, then, here are a few tips to get the best search results: ₅ Many of these would apply to searching ERIC or PsycINFO as well.

- **Use the most specific key word you can think of:** Take some time to list several of the words that are likely to appear on the kind of Web page you have in mind. Then pick the most unusual word from your list. For example, if you’re looking for information about efforts to save tiger populations in Asia, don’t use tigers as your search term. You’ll be swamped with Web pages about the Detroit Tigers, the Princeton Tigers, and every other sports team that uses the word tigers in its name. Instead, try searching for a particular tiger species that you know to be on the endangered list—Bengal tiger or Sumatran tiger or Siberian tiger.₆
- **Make it a multistep process:** Don’t assume that you will find what you want on the first try. Review the first couple of pages of your results. Look particularly at the sites that contain the kind of information you want. What unique words appear on those pages? Now do another search using just those words.
- **Narrow the field by using just your previous results:** If the keywords you choose return too much information, try a second search of just the results you obtained in your first search. This is sometimes referred
to as set searching. Here’s a tip we think you’ll find extremely helpful: Simply add another keyword to your search request and submit it again.

- **Look for your keyword in the Web page title.** Frequently, the best strategy is to look for your unique keyword in the title of Web pages. If you are looking for information about inquiry teaching in secondary school history classes, for example, begin with a search of Web pages that have *inquiry teaching* in the title. Then do a second search of just those results, looking for *secondary school history classes*.

- **Find out if case counts.** Check to find out if the search engine you are using pays any attention to upper- and lowercase letters in your keywords. “Will a search for java, a microsystems program, for example, also find sites that refer to the program as JAVA?”

- **Check your spelling.** If you have used the best keywords that you can think of and the search engine reports “No results found” (or something similar), check your spelling before you do anything else. Usually, the fact that a search engine does not come up with any results is due to a spelling or typing error.

- **Assess the credibility and reliability of Internet sources.** One quick way to evaluate the accuracy and objectivity of information published on the Internet is to check the URL or domain address extension. Web addresses ending in .gov, .edu, and .org are sponsored, respectively, by the federal government, higher education institutions, and nonprofit organizations. Although these resources are not necessarily free of error and bias, compare them to URL extensions ending in .com, which represent commercial vendors that often use Web site advertising to generate revenue for profit. In addition, scan the Web site for the organization’s purpose statement as well as the author’s credentials (and contact information), then judge for yourself.

Public Internet web sites that provide educational resources and information include:

**The National Center for Education Statistics** ([http://nces.ed.gov](http://nces.ed.gov)): NCES is located in the U.S. Department of Education and the Institute of Education Sciences and serves as the primary federal entity for collecting and analyzing data related to education.

**California Department of Education** ([http://www.cde.ca.gov](http://www.cde.ca.gov)): Includes information collected by California schools on testing and accountability, curriculum and instruction, finance and grants, and data and statistics that assess needs and measure performance. (*Note:* Also, check the departments of education Web sites of other states.)

**RAND Education** ([www.rand.org/education](http://www.rand.org/education)): RAND Education is an education “think tank,” a nonprofit organization that conducts policy-based research and analysis to address major problems in the educational system. The Web site provides free access to recent reports and literature reviews, as well as links to other RAND publications and books.

**The Urban Institute** ([www.urban.org](http://www.urban.org)): Is a nonpartisan think tank that conducts economic and social policy research affecting urban areas, including an Education Policy Center with a strong emphasis on immigrant children, poverty, and health care. Publishes books, as well as studies and reports that are often available on their Web site.

**Google Scholar** ([http://scholar.google.com](http://scholar.google.com)): Provides a simple way to do a broad search for scholarly literature, including peer-reviewed papers, theses, books, abstracts and articles. Google Scholar should be used as a supplement to, not as a substitute for, searching through academic databases.

Other education databases, available through most libraries, include:

- **ProQuest Education Journals**: Offers access to more than 745 top educational publications, including nearly 600 titles in full text.

- **Education Research Complete**: Topics covered include all levels of education from early childhood to higher education, and all educational specialties, such as multilingual education, health education, and testing.

- **Education Full Text**: Is a bibliographic database produced by The H. W. Wilson Company that lists indexes, abstracts, and full-text articles from more than 350 journals dating back to 1996.

- **ERIC (EBSCO)**: References articles in more than 750 professional journals, thousands of unpublished research reports, conference papers, and curriculum guides in all areas of education.

- **Academic Search Premier**: Provides full-text access to nearly 1,560 academic journals in education, humanities, and the social and physical sciences.
JSTOR: Contains the full text of more than 169 national and international journals available from JSTOR, an organization founded in 1995 to promote global scholarship using its digital archives.

ProQuest Dissertations and Theses: With more than 2 million entries, PQD&T is the single, central, authoritative resource for information about doctoral dissertations and master’s theses.

Web of Science: The ISI Web of Science is the Web interface for institutional access to the ISI Citation Databases, which cover over 10,000 leading journals and over 100,000 book-based and journal conference proceedings.

**THE VALUE OF A LITERATURE REVIEW**

- A literature review helps researchers learn what others have written about a topic. It also lets researchers see the results of other, related studies.
- A detailed literature review is often required of master’s and doctoral students when they design a thesis.

**TYPES OF SOURCES FOR A LITERATURE REVIEW**

- Researchers need to be familiar with three basic types of sources (general references, primary sources, and secondary sources) in doing a literature review.
- General reference tools are sources a researcher consults to locate other sources.
- Primary sources are publications in which researchers report the results of their investigations. Most primary source material is located in journal articles.
- Secondary sources refer to publications in which authors describe the work of others.
- The most common secondary sources in education are textbooks.
- Search terms are keywords or phrases researchers use to help locate relevant primary sources.

**STEPS INVOLVED IN A LITERATURE SEARCH**

- The essential steps involved in a review of the literature include: (1) defining the research problem as precisely as possible; (2) deciding on the extent of the search; (3) deciding on the data base(s) to be searched; (4) formulating search terms; (5) searching general reference tools for relevant primary sources; (6) obtaining and reading the primary sources, and noting and summarizing key points in the sources.

**WAYS TO DO A LITERATURE SEARCH**

- Today, there are two ways to do a literature search—manually, using print/paper tools to locate print/paper sources; and electronically, by means of a computer. The most common and frequently used method, however, is to search online, via computer. Regardless of the tools involved, the search process is similar.
- There are five essential points (problem, hypotheses, procedures, findings, and conclusions) that researchers should record when taking notes on a study.
DOING A COMPUTER SEARCH

• Computer searches of the literature have a number of advantages—they are fast, are fairly inexpensive, provide printouts, and enable researchers to search using more than one descriptor at a time.
• The steps in a traditional manual search are similar to those in a computer search, though computer searches are usually the norm.
• Researching the World Wide Web (WWW) should be considered, in addition to ERIC and PsycINFO, in doing a literature search.
• Some of the information on the Web is classified into indexes, which group Web sites together under similar categories. Yahoo! is an example of a directory.
• To obtain more specific information, search engines should be used, because they search all of the contents of a Web site.

THE LITERATURE REVIEW REPORT

• The literature review report consists of an introduction, the body of the review, a summary, the researcher’s conclusions, and a bibliography.
• A literature review should include a search for relevant meta-analysis reports, as well as individual studies.
• When a researcher does a meta-analysis, he or she averages the results of a group of selected studies to get an overall index of outcome or relationship.

Key Terms

abstract 38  
literature review 38  
secondary source 39

Boolean operators 46  
meta-analysis 50  
subject heading 43

descriptors 43  
primary source 39  
subject terms 43

general reference tools 41  
search engine 52  
Web browser 52

index 52  
search terms 43  
World Wide Web 52

For Discussion

1. Why might it be unwise for a researcher not to do a review of the literature before planning a study?
2. Many published research articles include only a few references to related studies. How would you explain this? Is this justified?
3. Which do you think are more important to emphasize in a literature review—the opinions of experts in the field or related studies? Why?
4. One rarely finds books referred to in literature reviews. Why do you suppose this is so? Is it a good idea to refer to books?
5. Can you think of any type of information that should not be included in a literature review? If so, give an example.
6. Professor Jones states that he does not have his students do a literature review before planning their master’s theses because they “take too much time,” and he wants them to get started collecting their data as quickly as possible. In light of the information we have provided in this chapter, what would you say to him? Why?
7. Can you think of any sorts of studies that would not benefit from having the researcher conduct a literature review? If so, what might they be?
Notes

2. Ibid.
4. Ibid., p. 127.
6. Ibid., p. 12.
7. Ibid.
Research Exercise 3: Review of the Literature

Using Problem Sheet 3, list the specific problem(s) and/or question(s) you will address in a brief review of the literature related to your study. Indicate what types of sources you did and did not include and why. Then summarize the conclusions you arrived at based on what you found in your review.

Problem Sheet 3

Review of the Literature

1. What are the specific problem(s) or question(s) to be addressed in your literature review?
   ____________________________________________________________
   ____________________________________________________________
   ____________________________________________________________

2. What general reference tools did you use to conduct your search? (List specific electronic databases consulted.)
   ____________________________________________________________
   ____________________________________________________________
   ____________________________________________________________

3. What search terms did you use?
   a. __________________________
   b. __________________________
   c. __________________________
   d. __________________________
   e. __________________________
   f. __________________________

4. Specify the scope of the review and explain your inclusion/exclusion criteria (i.e., what was and was not included and why?).
   ____________________________________________________________
   ____________________________________________________________

5. What topics and subtopics emerged about your problem and question as you conducted your search?
   ____________________________________________________________
   ____________________________________________________________
   ____________________________________________________________

6. What are your conclusions based on the findings of your review?
   ____________________________________________________________
   ____________________________________________________________
   ____________________________________________________________

An electronic version of this Problem Sheet that you can fill in and print, save, or e-mail is available on the Online Learning Center at www.mhhe.com/fraenkel8e.
OBJECTIVES

Studying this chapter should enable you to:

• Describe briefly what is meant by “ethical” research.
• Describe briefly three important ethical principles recommended for researchers to follow.
• State the basic question with regard to ethics that researchers need to ask before beginning a study.
• State the three questions researchers need to address in order to protect research participants from harm.
• Describe the procedures researchers must follow in order to ensure confidentiality of data collected in a research investigation.
• Describe when it might be appropriate to deceive participants in a research investigation and the researcher’s responsibilities in such a case.
• Describe the special considerations involved when doing research with children.
Mary Abrams and Lamar Harris, both juniors at a large midwestern university, meet weekly for lunch. “I can’t believe it,” Mary says.

“What’s the matter?” replies Lamar.

“Professor Thomas says that we have to participate in one of his research projects if we want to pass his course. He says it is a course requirement. I don’t think that’s right, and I’m pretty upset about it. Can you believe it?”

“Wow. Can he do that? I mean, is that ethical?”

No, it’s not! Mary has a legitimate (and ethical) complaint here. This issue—whether professors can require students to participate in research projects in order to pass a course—is one example of an unethical practice that sometimes occurs.

The whole question of what is—and what isn’t—ethical is the focus of this chapter.

Some Examples of Unethical Practice

The term *ethics* refers to questions of right and wrong. When researchers think about ethics, they must ask themselves if it is “right” to conduct a particular study or carry out certain procedures—that is, whether they are doing *ethical research*. Are there some kinds of studies that should *not* be conducted? You bet! Here are some examples of unethical practice:

A researcher

- requires a group of high school sophomores to sign a form in which they agree to participate in a research study.
- asks first-graders sensitive questions without obtaining the consent of their parents to question them.
- deletes data he collects that do not support his hypothesis.
- requires university students to fill out a questionnaire about their sexual practices.
- involves a group of eighth-graders in a research study that may harm them psychologically without informing them or their parents of this fact.

Each of the above examples involves one or more violations of ethical practice. When researchers think about ethics, the basic question to ask in this regard is, Will any physical or psychological harm come to anyone as a result of my research? Naturally, no researcher wants this to happen to any of the subjects in a research study. Because this is such an important (and often overlooked) issue, we need to discuss it in some detail.

In a somewhat larger sense, ethics also refers to questions of right and wrong. By behaving ethically, a person is doing what is right. But what does it mean to be “right” as far as research is concerned?

A Statement of Ethical Principles

*Webster’s New World Dictionary* defines *ethical* (behavior) as “conforming to the standards of conduct of a given profession or group.” What researchers consider to be ethical, therefore, is largely a matter of agreement among them. Some years ago, the Committee on Scientific and Professional Ethics of the American Psychological Association published a list...
of ethical principles for the conduct of research with human subjects. We have adapted many of these principles so they apply to educational research. Please read the following statement and think carefully about what it means.

The decision to undertake research rests upon a considered judgment by the individual educator about how best to contribute to science and human welfare. Once one decides to conduct research, the educator considers various ways by which he might invest his talents and resources. Keeping this in mind, the educator carries out the research with respect and concern for the dignity and welfare of the people who participate and with consciousness of federal and state regulations and professional standards governing the conduct of research with human participants.

a. In planning a study, researchers have the responsibility to evaluate carefully any ethical concerns. Should any of the ethical principles listed below be compromised, the educator has a corresponding serious obligation to observe stringent safeguards to protect the rights of human participants.

b. Considering whether a participant in a planned study will be a “subject at risk” or a “subject at minimal risk,” according to recognized standards, is of primary ethical concern to the researcher.

c. The researcher always retains the responsibility for ensuring that a study is conducted ethically. The researcher is also responsible for the ethical treatment of research participants by collaborators, assistants, students, and employees, all of whom, however, incur similar obligations.

d. Except in minimal-risk research, the researcher establishes a clear and fair agreement with research participants, before they participate, that clarifies the obligations and responsibilities of each. The researcher has the obligation to honor all promises and commitments included in that agreement. The researcher informs the participants of all aspects of the research that might reasonably be expected to influence their willingness to participate in the study and answers honestly any questions they may have about the research. Failure by the researcher to make full disclosure prior to obtaining informed consent requires additional safeguards to protect the welfare and dignity of the research participants. Furthermore, research with children or with participants who have impairments that would limit understanding and/or communication requires special safeguarding procedures.

e. Sometimes the design of a study makes necessary the use of concealment or deception. When this is the case, the researcher has a special responsibility to:

(i) determine whether the use of such techniques is justified by the study’s prospective scientific or educational value;

(ii) determine whether alternative procedures are available that do not use concealment or deception; and

(iii) ensure that the participants are provided with sufficient explanation as soon as possible.

f. The researcher respects the right of any individual to refuse to participate in the study or to withdraw from participating at any time. The researcher’s obligation in this regard is especially important when he or she is in a position of authority or influence over the participants in a study. Such positions of authority include, but are not limited to, situations in which research participation is required as part of employment or in which the participant is a student, client, or employee of the investigator.

g. The researcher protects all participants from physical and mental discomfort, harm, and danger that may arise from participating in a study. If risks of such consequences exist, the investigator informs the participant of that fact. Research procedures likely to cause serious or lasting harm to a participant are not used unless the failure to use these procedures might expose the participant to risk of greater harm, or unless the research has great potential benefit and fully informed and voluntary consent is obtained from each participant. All participants must be informed as to how they can contact the researcher within a reasonable time period following their participation should stress or potential harm arise.

h. After the data are collected, the researcher provides all participants with information about the nature of the study and does his or her best to clear up any misconceptions that may have developed. Where scientific or humane values justify delaying or withholding this information, the researcher has a special responsibility to carefully supervise the research and to ensure that there are no damaging consequences for the participant.

i. Where the procedures of a study result in undesirable consequences for any participant, the researcher has the responsibility to detect and remove or correct these consequences, including long-term effects.

j. Information obtained about a research participant during the course of an investigation is confidential unless otherwise agreed upon in advance. When the possibility exists that others may obtain access to such information, this possibility, together with the plans
Clinical Trials—Desirable or Not?

Clinical trials are the final test of a new drug. They offer an opportunity for drug companies to prove that new and previously unused medicines are safe and effective to use by giving such medicines to volunteers. Recently, however, there has been an increase in the number of complaints against such trials. The most flagrant example was recently cited in the San Francisco Chronicle.* A scientist gave a volunteer participant in one such trial what turned out to be a lethal dose of an experimental drug.

There has been an increase in the number of clinical trials, as well as a corresponding increase in the number of volunteers involved in such trials. In 1995 about 500,000 volunteers participated; by 1999 the number had jumped to 700,000.† Another concern is that some of the physicians who conduct such trials may have a financial stake in the outcome. No uniform policy currently exists on the disclosure of investigators’ financial interests to patients who participate in such trials.

Proponents of clinical trials argue that, when properly conducted, clinical trials have paved the way for new medicines and procedures that have saved many lives. Volunteers can gain access to promising drugs long before they are available to the general public. And patients usually get excellent care from physicians and nurses while they are undergoing such trials. Last, but not least, such care often is free.

What do you think? Are clinical trials justified?

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Protecting Participants from Harm

It is a fundamental responsibility of every researcher to do all in his or her power to ensure that participants in a research study are protected from physical or psychological harm, discomfort, or danger that may arise due to research procedures. This is perhaps the most important ethical decision of all. Any sort of study that is likely to cause lasting, or even serious, harm or discomfort to any participant should not be conducted, unless the research has the potential to provide information of extreme benefit to human beings. Even when this may be the case, participants should be fully informed of the dangers involved and in no way required to participate.

A further responsibility in protecting individuals from harm is obtaining their informed consent if they may be exposed to any risk. (Figure 4.1 shows an example of a consent form.) Fortunately, almost all educational research involves activities that are within the customary, usual procedures of schools or other agencies and as such involve little or no risk. Legislation recognizes this by specifically exempting most categories of educational research from formal review processes. Nevertheless, researchers should carefully consider whether there is any likelihood of risk involved and, if there is, provide full information followed by formal consent by participants (or their guardians). Three important ethical questions to ask about harm in any study are:

1. Could people be harmed (physically or psychologically) during the study?
2. If so, could the study be conducted in another way to find out what the researcher wants to know?
3. Is the information that may be obtained from this study so important that it warrants possible harm to the participants?

These are difficult questions, and they deserve discussion and consideration by all researchers.
Ensuring Confidentiality of Research Data

Once the data in a study have been collected, researchers should make sure that no one else (other than perhaps a few key research assistants) has access to the data. Whenever possible, the names of the subjects should be removed from all data collection forms. This can be done by assigning a number or letter to each form, or subjects can be asked to furnish information anonymously. When this is done, not even the researcher can link the data to a particular subject. Sometimes, however, it is important in a study to identify individual subjects. When this is the case, the linkage system should be carefully guarded.

All subjects should be assured that any data collected from or about them will be held in confidence. The names of individual subjects should never be used in any publications that describe the research. And all participants in a study should always have the right to withdraw from the study or to request that data collected about them not be used.

When (If Ever) Is Deception of Subjects Justified?

The issue of deception is particularly troublesome. Many studies cannot be carried out unless some deception of subjects takes place. It is often difficult to find naturalistic situations in which certain behaviors occur frequently. For example, a researcher may have to wait a long time for a teacher to reinforce students in a certain way. It may be much easier for the researcher to observe the effects of such reinforcement by employing the teacher as a confederate.

Sometimes it is better to deceive subjects than to cause them pain or trauma, as investigating a particular research question might require. The famous Milgram study of obedience is a good example. In this study, subjects were ordered to give increasingly severe electric shocks to another subject whom they could not see sitting behind a screen. What they did not know was that the individual to whom they thought they were administering the shocks was a confederate of the experimenter, and no shocks were actually being administered. The
dependent variable was the level of shock subjects administered before they refused to administer any more. Out of a total of 40 subjects who participated in the study, 26 followed the “orders” of the experimenter and (so they thought) administered the maximum shock possible of 450 volts! Even though no shocks were actually administered, publication of the study results produced widespread controversy. Many people felt the study was unethical. Others argued that the importance of the study and its results justified the deception. Notice that the study raises questions about not only deception but also harm, since some participants could have suffered emotionally from later consideration of their actions.

Current professional guidelines are as follows:

• Whenever possible, a researcher should conduct the study using methods that do not require deception.
• If alternative methods cannot be devised, the researcher should determine whether the use of deception is justified by the prospective study’s scientific, educational, or applied value.
• If the participants are deceived, the researcher must ensure that they are provided with sufficient explanation as soon as possible.

Perhaps the most serious problem involving deception is what it has done to the reputation of the scientific community. In general when people begin to think of scientists and researchers as liars, or as individuals who misrepresent what they are about, the overall image of science suffers. Fewer and fewer people are willing to participate in research investigations today because of this perception. As a result, the search for reliable knowledge about our world may be impeded.

### Three Examples Involving Ethical Concerns

Here are brief descriptions of three research studies. Let us consider each in terms of (1) presenting possible harm to the participants, (2) ensuring the confidentiality of the research data, and (3) knowingly practicing deception. (Figure 4.2 illustrates some examples of unethical research practices.)

**Study 1.** The researcher plans to observe (unobtrusively) students in each of 40 classrooms—eight visits...
each of 40 minutes’ duration. The purpose of these observations is to look for relationships between the behavior of students and certain teacher behavior patterns.

Possibility of Harm to the Participants. This study would fall within the exempt category regarding the possibility of harm to the participants. Neither teachers nor students are placed under any risk, and observation is an accepted part of school practice.

Confidentiality of the Research Data. The only issue that is likely to arise in this regard is the possible but unlikely observation of a teacher behaving in an illegal or unethical way (e.g., physically or verbally abusing a student). In the former case, the researcher is legally required to report the incident. In the latter case, the researcher must weigh the ethical dilemma involved in not reporting the incident against that of violating assurances of confidentiality.

Deception. Although no outright deception is involved, the researcher is going to have to give the teachers a rationale for observing them. If the specific teacher characteristic being observed (e.g., need to control) is given, the behavior in question is likely to be affected. To avoid this, the researcher might explain that the purpose of the study is to investigate different teaching styles—without divulging the specifics. To us, this does not seem to be unethical. An alternative is to tell the teachers that specific details cannot be divulged until after data have been collected for fear of changing their behavior. If this alternative is pursued, some teachers might refuse to participate.

Study 2. The researcher wishes to study the value of a workshop on suicide prevention for high school students. The workshop is to consist of three 2-hour meetings in which danger signals, causes of suicide, and community resources that provide counseling will be discussed. Students will volunteer, and half will be assigned to a comparison group that will not participate in the workshop. Outcomes will be assessed by comparing the information learned and attitudes of those attending the meetings with those who do not attend.

Possibility of Harm to the Participants. Whether this study fits the exempt category with regard to any possibility of risk for the participants depends on the extent to which it is atypical for the school in question. We think that in most schools, this study would probably be considered atypical. In addition, it is conceivable that the material presented could place a student at risk by stirring up emotional reactions. In any case, the researcher should inform parents as to the nature of the study and the possible risks involved and obtain their consent for their children to participate.

Confidentiality of the Research Data. No problems are foreseen in this regard, although confidentiality as to what will occur during the workshop cannot, of course, be guaranteed.

Deception. No problems are foreseen.

Study 3. The researcher wishes to study the effects of “failure” versus “success” by teaching junior high
students a motor skill during a series of six 10-minute instructional periods. After each training period, the students will be given feedback on their performance as compared with that of other students. In order to control extraneous variables (such as coordination), the researcher plans to randomly divide the students into two groups—half will be told that their performance was “relatively poor” and the other half will be told that they are “doing well.” Their actual performance will be ignored.

Possibility of Harm to the Participants. This study presents several problems. Some students in the “failure” group may well suffer emotional distress. Although students are normally given similar feedback on their performance in most schools, feedback in this study (being arbitrary) may conflict dramatically with their prior experience. The researcher cannot properly inform students, or their parents, about the deceptive nature of the study, since to do so would in effect destroy the study.

Confidentiality of the Research Data. Confidentiality does not appear to be an issue in this study.

Deception. The deception of participants is clearly an issue. One alternative is to base feedback on actual performance. The difficulty here is that each student’s extensive prior history will affect both individual performance and interpretation of feedback, thus confounding the results. Some, but not all, of these extraneous variables can be controlled (perhaps by examining school records for data on past history or by pretesting students). Another alternative is to weaken the experimental treatment by trying to lessen the possibility of emotional treatment by trying to lessen the possibility of emotional distress (e.g., by saying to participants in the failure group, “You did not do quite as well as most”) and confining the training to one time period. Both of these alternatives, however, would lessen the chances of any relationship emerging.

An Example of Unethical Research

A series of studies reported in the 1950s and 1960s received widespread attention in psychology and education and earned their author much fame, including a knighthood. They addressed the question of how much of one’s performance on IQ tests was likely to be hereditary and how much was due to environmental factors.

Several groups of children were studied over time, including identical twins raised together and apart, fraternal twins raised together and apart, and same-family siblings. The results were widely cited to support the conclusion that IQ is about 80 percent hereditary and 20 percent environmental.

Some initial questions were raised when another researcher found a considerably lower hereditary percentage. Subsequent detailed investigation of the initial studies revealed highly suspicious statistical treatment of data, inadequate specification of procedures, and questionable adjustment of scores, all suggesting unethical massaging of data. Such instances, which are reported occasionally, underscore the importance of repeating studies, as well as the essential requirement that all procedures and data be available for public scrutiny.

Research with Children

Studies using children as participants present some special issues for researchers. The young are more vulnerable in some respects, have fewer legal rights, and may not understand the language of informed consent. Therefore, the following specific guidelines need to be considered.

- Informed consent of parents or of those legally designated as caretakers is required for participants defined as minors. Signers must be provided all necessary information in appropriate language and must have the opportunity to refuse. (Figure 4.3 shows an example of a consent form for a minor.)
- Researchers do not present themselves as diagnosticians or counselors in reporting results to parents, nor do they report information given by a child in confidence.
- Children may never be coerced into participation in a study.
- Any form of remuneration for the child’s services does not affect the application of these (and other) ethical principles.

Figure 4.3  Example of a Consent Form for a Minor to Participate in a Research Study
Regulation of Research

The regulation most directly affecting researchers is the National Research Act of 1974. It requires that all research institutions receiving federal funds establish what are known as institutional review boards (IRBs) to review and approve research projects. Such a review must take place whether the research is to be done by a single researcher or a group of researchers. In the case of federally funded investigations, failure to comply can mean that the entire institution (e.g., a university) will lose all of its federal support (e.g., veterans' benefits, scholarship money). Needless to say, this is a severe penalty. The federal agency that has the major responsibility for establishing the guidelines for research involving human subjects is the Department of Health and Human Services (HHS).

At institutions receiving federal funding, any affiliated researchers (including co-researchers, research technicians, and student assistants) planning to use human subjects are currently required to pass an online research training course administered by the National Institutes of Health (NIH) or the Collaborative Institutional Training Initiative (CITI). Once the course is completed successfully, a course completion report is issued that is valid for three years. (The NIH course can be found at http://phrp.nihtraining.com/users/login.php and the CITI course at www.citiprogram.org/.) Both courses take approximately two to three hours to complete and can be bookmarked so that the course does not have to be taken during one sitting. The CITI course takes a little longer to complete but is recommended for social, behavioral, and educational researchers because of the elective modules that can be tailored to a particular field of study. Researchers and students should check with their own institutions about specific policies and procedures regarding the research training course. Usually, the report of completion must be submitted along with any research protocol materials to the IRB for approval.

An IRB must have at least five members, consist of both men and women, and include at least one nonscientist. It must include one person not affiliated with the institution. Individuals competent in a particularly relevant area may be invited to assist in a review but may not vote. Furthermore, individuals with a conflict of interest must be excluded, although they may provide information.

If the IRB regularly reviews research involving a vulnerable category of subjects (e.g., such as studies involving the developmentally disabled), the board must include one or more individuals who are primarily concerned with the welfare of these subjects.

The IRB examines all proposed research with respect to certain basic criteria. Sometimes the criteria used by an IRB to determine whether a study is “exempt,” for example, may differ from those specified by the HHS (see the More About Research box on HHS revised regulations). Oftentimes, the criteria set forth by an institutional IRB are more conservative than those stipulated by the federal government because of risk management related to litigation liability and funding withdrawal. Researchers and students are advised to consult with their own institution’s IRB policies and procedures. The IRB board can request that a study be modified to meet their criteria before it will be approved. If a proposed study fails to satisfy any one of these criteria, the study will not be approved (see Table 4.1).

<table>
<thead>
<tr>
<th>Criteria for IRB Approval</th>
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<tbody>
<tr>
<td>• Minimization of risk to participants (e.g., by using procedures that do not unnecesarily expose subjects to risk).</td>
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<tr>
<td>• Risks that may occur are reasonable in relation to benefits that are anticipated.</td>
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<tr>
<td>• Equitable selection—i.e., the proposed research does not discriminate among individuals in the population.</td>
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<tr>
<td>• Protection of vulnerable individuals (e.g., children, pregnant women, prisoners, mentally disabled or economically disadvantaged persons, etc.).</td>
</tr>
<tr>
<td>• Informed consent—researchers must provide complete information about all aspects of the proposed study that might be of interest or concern to a potential participant, and this must be presented in a form that participants can easily understand.</td>
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<tr>
<td>• Participants have the right to withdraw from the study at any time without penalty.</td>
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<tr>
<td>• Informed consent will be appropriately documented.</td>
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<tr>
<td>• Monitoring of the data being collected to ensure the safety of the participants.</td>
</tr>
<tr>
<td>• Privacy and confidentiality—ensuring that any and all information obtained during a study is not released to outside individuals where it might have embarrassing or damaging consequences.</td>
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</table>
IRB Boards classify research proposals in three categories:

**Category I (Exempt Review)**—the proposed study presents no possible risk to adult participants (e.g., an anonymous mailed survey on innocuous topics or an anonymous observation of public behavior). This type of study is exempt from the requirement of informed consent.

**Category II (Expedited Review)**—the proposed study presents no more than minimal risk to participants. A typical example would be a study of individual or group behavior of adults where there is no psychological intervention or deception involved. This category of research does not require written documentation of informed consent, although oral consent is required. Most classroom research projects fall in this category.

**Category III (Full Review)**—the proposed study includes questionable elements, such as research involving special populations, vulnerable individuals, unusual equipment or procedures, deception, intervention, or some form of invasive measurement. A meeting of all IRB members is required, and the researcher must appear in person to discuss and answer questions about the research.

The question of risk for participants is of particular interest to the IRB. The board may terminate a study if it appears that serious harm to subjects is likely to occur. Any and all potential risk(s) to subjects must be minimized. What this means is that any risk should not be any greater than those ordinarily encountered in daily life or during the performance of routine physical or psychological examinations or tests.

Some researchers were unhappy with the regulations that were issued in 1974 by HHS because they felt that the rules interfered unnecessarily with risk-free projects. Their opposition resulted in a 1981 set of revised guidelines, as shown in the More About Research box on page 71. These guidelines apply to all research funded by HHS. As mentioned above, Institutional Review Boards determine which studies qualify to be exempt from the guidelines.

Another law affecting research is the Family Privacy Act of 1974, also known as the Buckley Amendment. It is intended to protect the privacy of students’ educational records. One of its provisions is that data that identify students may not, with some exceptions, be made available without permission from the student or, if under legal age, parents or legal guardians. Consent forms must specify what data will be disclosed, for what purposes, and to whom.

The relationship between the current guidelines and qualitative research is not as clear as it is for quantitative research. In recent years, therefore, there have been a number of suggestions for a specific code of ethics for qualitative research. In quantitative studies, subjects can be told the content and the possible dangers involved in a study. In qualitative studies, however, the relationship between research and participant evolves over time. As Bogdan and Biklen suggest, doing qualitative research with informants can be “more like having a friendship than a contract. The people who are studied have a say..."
in regulating the relationship and they continuously make decisions about their participation." As a result, Bogdan and Biklen offer the following suggestions for qualitative researchers that might be considered when the criteria used by an IRB may not apply:

1. Avoid research sites where informants may feel coerced to participate in the research.
2. Honor the privacy of informants—find a way to recruit informants so that they may choose to participate in the study.
3. Tell participants who are being interviewed how long the interview will take.
4. Unless otherwise agreed to, the identities of informants should be protected so that the information collected does not embarrass or otherwise harm them. Anonymity should extend not only to written reports but also to the verbal reporting of information.
5. Treat informants with respect and seek their cooperation in the research. Informants should be told of the researcher’s interest and they should give their permission for the researcher to proceed. Written consent should always be obtained.
6. Make it clear to all participants in a study the terms of any agreement negotiated with them.
7. Tell the truth when findings are written up and reported. Mail in a separate card indicating that they completed the questionnaire.

One further legal matter should be mentioned. Attorneys, physicians, and members of the clergy are protected by laws concerning privileged communications (i.e., they are protected by law from having to reveal information given to them in confidence). Researchers do not have this protection. It is possible, therefore, that any subjects who admit, on a questionnaire, to having committed a crime could be arrested and prosecuted. As you can see, it would be a risk therefore for the participants in a research study to admit to a researcher that they had participated in a crime. If such information is required to attain the goals of a study, a researcher can avoid the problem by omitting all forms of identification from the questionnaire. When mailed questionnaires are used, the researcher can keep track of nonrespondents by having each participant mail in a separate card indicating that they completed the questionnaire.

Academic Cheating and Plagiarism

A chapter on ethics and research would not be complete without some mention of academic dishonesty. Many educators believe the Internet has facilitated student cheating and plagiarism through easy access to electronic papers and resources. Prior to the Internet, plagiarism—the act of misrepresenting someone else’s work as one’s
own—was more difficult to commit and get away with. Most colleges and universities today have academic dishonesty policies in place and severe consequences for students who get caught, i.e., a failing course grade or even academic dismissal. In our experience of teaching undergraduate and graduate students, we believe a good number of students engage in plagiarism unintentionally. We think many students are unaware of attribution rules related to the proper use and citation of published and unpublished sources. The first place to get clarification on using sources correctly is a style guide such as those published by the American Psychological Association, Modern Languages Association, or the University of Chicago. In addition, some simple guidelines for avoiding plagiarism include the following: (1) Do not use someone’s words without referencing the source or citing the information as a direct quotation; and (2) Do not use someone’s ideas without citing the source. Finally, in our opinion, it is better to over-cite rather than under-cite words and ideas that are not your own.

Go back to the INTERACTIVE AND APPLIED LEARNING feature at the beginning of the chapter for a listing of interactive and applied activities. Go to the Online Learning Center at www.mhhe.com/fraenkel8e to take quizzes, practice with key terms, and review chapter content.

Main Points

BASIC ETHICAL PRINCIPLES

- Ethics refers to questions of right and wrong.
- There are a number of ethical principles that all researchers should be aware of and apply to their investigations.
- The basic ethical question for all researchers to consider is whether any physical or psychological harm could come to anyone as a result of the research.
- All subjects in a research study should be assured that any data collected from or about them will be held in confidence.
- The term deception, as used in research, refers to intentionally misinforming the subjects of a study as to some or all aspects of the research topic.
- Plagiarism is the act of misrepresenting someone else’s work as one’s own.
- Unintentional plagiarism can be avoided through the proper use and citation of published and unlisted sources.

RESEARCH WITH CHILDREN

- Children as research subjects present problems for researchers that are different from those of adult subjects. Children are more vulnerable, have fewer legal rights, and often do not understand the meaning of informed consent.

REGULATION OF RESEARCH

- Before any research involving human beings can be conducted at an institution that receives federal funds, it must be reviewed by an institutional review board (IRB) at the institution.
- The federal agency that has the major responsibility for establishing the guidelines for research studies that involve human subjects is the Department of Health and Human Services.
1. Here are three descriptions of ideas for research. Which (if any) might have some ethical problems? Why?

   a. A researcher is interested in investigating the effects of diet on physical development. He designs a study in which two groups are to be compared. Both groups are composed of 11-year-olds. One group is to be given an enriched diet, high in vitamins, that has been shown to have a strengthening effect on laboratory animals. A second group is not to be given this diet. The groups are to be selected from all the 11-year-olds in an elementary school near the university where the researcher teaches.

   b. A researcher is interested in the effects of music on attention span. She designs an experimental study in which two similar high school government classes are to be compared. For a five-week period, one class has classical music played softly in the background as the teacher lectures and holds class discussions on the current unit of study. The other class studies the same material and participates in the same activities as the first class but does not have any music played during the five weeks.

   c. A researcher is interested in the effects of drugs on human beings. He asks the warden of the local penitentiary for subjects to participate in an experiment. The warden assigns several prisoners to participate in the experiment but does not tell them what it is about. The prisoners are injected with a number of drugs whose effects are unknown. Their reactions to the drugs are then described in detail by the researcher.

2. Which, if any, of the above studies would be exempt under the revised guidelines shown in the More About Research box on p. 71?

3. Can you suggest a research study that would present ethical problems if done with children but not if done with adults?

4. Are there any research questions that should not be investigated in schools? If so, why not?

5. “Sometimes the design of a study makes necessary the use of concealment or deception.” Discuss. Can you describe a study in which deception might be justified?

6. “Any sort of study that is likely to cause lasting, or even serious, harm or discomfort to any participant should not be conducted, unless the research has the potential to provide information of extreme benefit to human beings.” Would you agree? If so, why? What might be an example of such information?


Research Exercise 4: Ethics and Research

Using Problem Sheet 4, restate the research question you developed in Problem Sheet 3. Identify any possible ethical problems in carrying out such a study. How might such problems be remedied?

Problem Sheet 4

Ethics and Research

1. My research question is: ____________________________________________________

2. The possibilities of harm to participants (if any) are as follows: __________________________

I would handle these problems as follows: ____________________________________________

3. The possibilities of problems of confidentiality (if any) are as follows: ________________

I would handle these problems as follows: ____________________________________________

4. The possibilities of problems of deception (if any) are as follows: ________________

I would handle these problems as follows: ____________________________________________

5. In which IRB category (I, II, or III) do you think your proposed study should be considered? State why. ________________________________________________

_____________________________________________________________________________
**OBJECTIVES**  Studying this chapter should enable you to:

- Explain what is meant by the term "variable" and name five variables that might be investigated by educational researchers.
- Explain how a variable differs from a constant.
- Distinguish between a quantitative and a categorical variable.
- Explain how independent and dependent variables are related.
- Give an example of a moderator variable.
- Explain what a hypothesis is and formulate two hypotheses that might be investigated in education.
- Name two advantages and two disadvantages of stating research questions as hypotheses.
- Distinguish between directional and nondirectional hypotheses and give an example of each.

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The Importance of Studying Relationships

**Variables**

What Is a Variable?
Quantitative Versus Categorical Variables
Independent Versus Dependent Variables
Moderator Variables
Mediator Variables
Extraneous Variables

**Hypotheses**

What Is a Hypothesis?
Advantages of Stating Hypotheses in Addition to Research Questions
Disadvantages of Stating Hypotheses
Important Hypotheses
Directional Versus Nondirectional Hypotheses
Hypotheses and Qualitative Research

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How many variables can you identify?
The Importance of Studying Relationships

After, or while, reading this chapter:

- Learn More About Hypotheses: To State or Not to State
- Activity 5.1: Directional vs. Nondirectional Hypotheses
- Activity 5.2: Testing Hypotheses
- Activity 5.3: Categorical vs. Quantitative Variables
- Activity 5.4: Independent and Dependent Variables
- Activity 5.5: Formulating a Hypothesis
- Activity 5.6: Moderator Variables

Margie Jenkins and Jenna Rodriguez are having coffee following a meeting of their graduate seminar in educational research. Both are puzzled by some of the ideas that came up in today’s meeting of the class.

“I’m not sure I agree with Ms. Naser” (their instructor), says Jenna. “She said that there are a lot of advantages to predicting how you think a study will come out.”

“Yeah, I know,” replies Margie. “But formulating a hypothesis seems like a good idea to me.”

“Well, perhaps, but there are some disadvantages, too.”

“Really? I can’t think of any.”

“Well, what about . . . ?”

Actually, both Jenna and Margie are correct. There are both advantages and disadvantages to stating a hypothesis in addition to one’s research question. We’ll discuss examples of both in this chapter.

The Importance of Studying Relationships

We mentioned in Chapter 2 that an important characteristic of many research questions is that they suggest a relationship of some sort to be investigated. Not all research questions, however, suggest relationships. Sometimes researchers are interested only in obtaining descriptive information to find out how people think or feel or to describe how they behave in a particular situation. Other times the intent is to describe a particular program or activity. Such questions also are worthy of investigation. As a result, researchers may ask questions like the following:

- How do the parents of the sophomore class feel about the counseling program?
- What changes would the staff like to see instituted in the curriculum?
- Has the number of students enrolling in college preparatory as compared to noncollege preparatory courses changed over the last four years?
- How does the new reading program differ from the one used in this district in the past?
- What does an inquiry-oriented social studies teacher do?

Notice that no relationship is suggested in these questions. The researcher simply wants to identify characteristics, behaviors, feelings, or thoughts. It is often necessary to obtain such information as a first step in designing other research or making educational decisions of some sort.

The problem with purely descriptive research questions is that answers to them do not help us understand why people feel or think or behave a certain way, why programs possess certain characteristics, why a particular strategy is to be used at a certain time, and so forth. We may learn what happened, or where or when (and even how) something happened, but not why it happened. As a result, our understanding of a situation, group, or phenomenon is limited. For this reason, scientists highly value research questions that suggest relationships to be investigated, because the answers to them help explain the nature of the world in which we live. We learn to understand the world by learning to
explain how parts of it are related. We begin to detect patterns or connections between the parts.

We believe that understanding is generally enhanced by the demonstration of relationships or connections. It is for this reason that we favor the formation of a hypothesis that predicts the existence of a relationship. There may be times, however, when a researcher wants to hypothesize that a relationship does not exist. Why so? The only persuasive argument we know of is that of contradicting an existing widespread (but perhaps erroneous) belief. For example, if it can be shown that a great many people believe, in the absence of adequate evidence, that young boys are less sympathetic than young girls, a study in which a researcher finds no difference between boys and girls (i.e., no relationship between gender and sympathy) might be of value (such a study may have been done, although we are not aware of one). Unfortunately, most (but by no means all) of the methodological mistakes made in research (such as using inadequate instruments or too small a sample of participants) increase the chance of finding no relationship between variables. (We shall discuss several such mistakes in later chapters.)

**Variables**

**WHAT IS A VARIABLE?**

At this point, it is important to introduce the idea of variables, since a relationship is a statement about variables. What is a variable? A variable is a concept—a noun that stands for variation within a class of objects, such as chair, gender, eye color, achievement, motivation, or running speed. Even spunk, style, and lust for life are variables. Notice that the individual members in the class of objects, however, must differ—or vary—to qualify the class as a variable. If all members of a class are identical, we do not have a variable. Such characteristics are called constants, since the individual members of the class are not allowed to vary, but rather are held constant. In any study, some characteristics will be variables, while others will be constants.

An example may make this distinction clearer. Suppose a researcher is interested in studying the effects of reinforcement on student achievement. The researcher systematically divides a large group of students, all of whom are ninth-graders, into three smaller subgroups. She then trains the teachers of these subgroups to reinforce their students in different ways (one gives verbal praise, the second gives monetary rewards, the third gives extra points) for various tasks the students perform. In this study, reinforcement would be a variable (it contains three variations), while the grade level of the students would be a constant.

Notice that it is easier to see what some of these concepts stand for than others. The concept of chair, for example, stands for the many different objects that we sit on that possess legs, a seat, and a back. Furthermore, different observers would probably agree as to how particular chairs differ. It is not so easy, however, to see what a concept like motivation stands for, or to agree on what it means. The researchers must be specific here—they must define motivation as clearly as possible. They must do this so that it can be measured or manipulated. We cannot meaningfully measure or manipulate a variable if we cannot define it. As we mentioned above, much educational research involves looking for a relationship among variables. But what variables?

There are many variables “out there” in the world that can be investigated. Obviously, we can’t investigate them all, so we must choose. Researchers choose certain variables to investigate because they suspect that these variables are somehow related and believe that discovering the nature of this relationship, if possible, can help us make more sense out of the world in which we live.

**QUANTITATIVE VERSUS CATEGORICAL VARIABLES**

Variables can be classified in several ways. One way is to distinguish between quantitative and categorical variables. Quantitative variables exist in some degree (rather than all or none) along a continuum from less to more, and we can assign numbers to different individuals or objects to indicate how much of the variable they possess. Two obvious examples are height (John is 6 feet tall and Sally is 5 feet 4 inches) and weight (Mr. Adams weighs only 150 pounds and his wife 140 pounds, but their son tips the scales at an even 200 pounds). We can also assign numbers to various individuals to indicate how much “interest” they have in a subject, with a 5 indicating very much interest, a 4 much interest, a 3 some interest, a 2 little interest, a 1 very little interest, down to a 0 indicating no interest. If we can assign numbers in this way, we have the variable interest.
Quantitative variables can often (but not always) be subdivided into smaller and smaller units. Length, for example, can be measured in miles, yards, feet, inches, or in whatever subdivision of an inch is needed. By way of contrast, categorical variables do not vary in degree, amount, or quantity but are qualitatively different. Examples include eye color, gender, religious preference, occupation, position on a baseball team, and most kinds of research “treatments” or “methods.” For example, suppose a researcher wishes to compare certain attitudes in two different groups of voters, one in which each individual is registered as a member of one political party and the other in which individuals are members of another party. The variable involved would be political party. This is a categorical variable—a person is either in one or the other category, not somewhere in between being a registered member of one party and being a registered member of another party. All members within each category of this variable are considered the same as far as party membership is concerned (see Figure 5.1).

Can teaching method be considered a variable? Yes, it can. Suppose a researcher is interested in studying teachers who use different methods in teaching. The researcher locates one teacher who lectures exclusively, another who buttresses her lectures with slides, films, and computer images, and a third who uses the case-study method and lectures not at all. Does the teaching method “vary”? It does. You may need to practice thinking of differences in methods or in groups of people (teachers compared to administrators, for example) as variables, but mastering this idea is extremely useful in learning about research.
Now, here are several variables. Which ones are quantitative variables and which ones are categorical variables?

1. Make of automobile
2. Learning ability
3. Ethnicity
4. Cohesiveness
5. Heartbeat rate
6. Gender *

Researchers in education often study the relationship between (or among) either (1) two (or more) quantitative variables; (2) one categorical and one quantitative variable; or (3) two or more categorical variables. Here are some examples of each:

1. **Two quantitative variables**
   - Age and amount of interest in school
   - Reading achievement and mathematics achievement
   - Classroom humanism and student motivation
   - Amount of time watching television and aggressiveness of behavior

2. **One categorical and one quantitative variable**
   - Method used to teach reading and reading achievement
   - Counseling approach and level of anxiety
   - Nationality and liking for school
   - Student gender and amount of praise given by teachers

3. **Two categorical variables**
   - Ethnicity and father’s occupation
   - Gender of teacher and subject taught
   - Administrative style and college major
   - Religious affiliation and political party membership

Sometimes researchers have a choice of whether to treat a variable as quantitative or categorical. It is not uncommon, for example, to find studies in which a variable such as anxiety is studied by comparing a group of “high-anxiety” students to a group of “low-anxiety” students. This treats anxiety as though it were a categorical variable. While there is nothing really wrong with doing this, there are three reasons why it is preferable in such situations to treat the variable as quantitative.

1. Conceptually, we consider variables such as anxiety in people to be a matter of degree, not a matter of either-or.
2. Collapsing the variable into two (or even several) categories eliminates the possibility of using more detailed information about the variable, since differences among individuals within a category are ignored.

3. The dividing line between groups (for example, between individuals of high, middle, and low anxiety) is almost always arbitrary (that is, lacking in any defensible rationale).

INDEPENDENT VERSUS DEPENDENT VARIABLES

A common and useful way to think about variables is to classify them as independent or dependent. Independent variables are those that the researcher chooses to study in order to assess their possible effect(s) on one or more other variables. An independent variable is presumed to affect (at least partly cause) or somehow influence at least one other variable. The variable that the independent variable is presumed to affect is called a dependent variable. In commonsense terms, the dependent variable “depends on” what the independent variable does to it, how it affects it. For example, a researcher studying the relationship between childhood success in mathematics and adult career choice is likely to refer to the former as the independent variable and subsequent career choice as the dependent variable.

It is possible to investigate more than one independent (and also more than one dependent) variable in a study. For simplicity’s sake, however, we present examples in which only one independent and one dependent variable are involved.

The relationship between independent and dependent variables can be portrayed graphically as follows:

At this point, let’s check your understanding. Suppose a researcher plans to investigate the following question: “Will students who are taught by a team of three teachers learn more science than students taught by one individual teacher?” What are the independent and dependent variables in this question? *

Notice that there are two conditions (sometimes called levels) in the independent variable—“three teachers” and “one teacher.” Also notice that the dependent variable is not “science learning” but “amount of science learning.” Can you see why?

At this point, things begin to get a bit complicated. Independent variables may be either manipulated or selected. A manipulated variable is one that the researcher creates. Such variables are typically found in experimental studies (see Chapter 13). Suppose, for example, that a researcher decides to investigate the effect of different amounts of reinforcement on reading achievement and systematically assigns students to three different groups. One group is praised continuously every day during their reading session; the second group is told simply to “keep up the good work”; the third group is told nothing at all. The researcher, in effect, manipulates the conditions in this experiment, thereby creating the variable amount of reinforcement. Whenever a researcher sets up experimental conditions, one or more variables are created. Such variables are called manipulated variables, experimental variables, or treatment variables.

Sometimes researchers select an independent variable that already exists. In this case, the researcher must locate and select examples of it, rather than creating it. In our earlier example of reading methods, the researcher would have to locate and select existing examples of each reading method, rather than arranging for them to happen. Selected independent variables are not limited to studies that compare different treatments; they are found in both causal-comparative and correlational studies (see Chapters 15 and 16). They can be either categorical or quantitative. The key idea here, however, is that the independent variable (either created or selected) is thought to affect the dependent variable. Here are a few examples of some possible relationships between a selected independent variable and a dependent variable:

<table>
<thead>
<tr>
<th>Independent Variable</th>
<th>Dependent Variable</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gender (categorical)</td>
<td>Musical aptitude (quantitative)</td>
</tr>
<tr>
<td>Mathematical ability (quantitative)</td>
<td>Career choice (categorical)</td>
</tr>
<tr>
<td>Gang membership (categorical)</td>
<td>Subsequent marital status (categorical)</td>
</tr>
<tr>
<td>Test anxiety (quantitative)</td>
<td>Test performance (quantitative)</td>
</tr>
</tbody>
</table>

Notice that none of the independent variables in the above pairs could be directly manipulated by the researcher. Notice also that, in some instances, the
independent/dependent relationship might be reversed, depending on which one the researcher thought might be the cause of the other. For example, he or she might think that test performance causes anxiety, not the reverse.

Generally speaking, most studies in education that have one quantitative and one categorical variable are studies comparing different methods or treatments. As we indicated above, the independent variable in such studies (the different methods or treatments) represents a categorical variable. Often the other (dependent) variable is quantitative and is referred to as an outcome variable.¹ The reason is rather clear-cut. The investigator, after all, is interested in the effect(s) of the differences in method on one or more outcomes (student achievement, their motivation, interest, and so on).

Again, let’s check your understanding. Suppose a researcher plans to investigate the following question: “Will students like history more if taught by the inquiry method than if taught by the case-study method?” What is the outcome variable in this question? †

**MODERATOR VARIABLES**

A moderator variable is a special type of independent variable. It is a secondary independent variable that has been selected for study in order to determine if it affects or modifies the basic relationship between the primary independent variable and the dependent variable. Thus, if an experimenter thinks that the relationship between variables X and Y might be altered in some way by a third variable Z, then Z could be included in the study as a moderator variable.

Consider an example. Suppose a researcher is interested in comparing the effectiveness of a discussion-oriented approach to a more visually oriented approach for teaching a unit in a U.S. History class. Suppose further that the researcher suspects that the discussion approach may be superior for the girls in the class (who appear to be more verbal and to learn better through conversing with others) and that the visual approach may be more effective for boys (who seem to perk up every time a video is shown). When the students are tested together at the end of the unit, the overall results of the two approaches may show no difference, but when the results of the girls are separated from those of the boys, the two approaches may reveal different results for each subgroup. If so, then the gender variable moderates the relationship between the instructional approach (the independent variable) and effectiveness (the dependent variable). The influence of this moderator variable can be seen in Figure 5.2.

Here are two examples of research questions that contain moderator variables.

**Research Question 1:** “Does anxiety affect test performance and, if so, does it depend on test-taking experience?”

- Independent variable: anxiety level
- Moderator variable: test-taking experience
- Dependent variable: test performance

**Research Question 2:** “Do high school students taught primarily by the inquiry method perform better on tests of critical thinking than high school students taught primarily by the demonstration method and, if so, does it vary with grade level?”

- Independent variable: instructional method
- Moderator variable: grade level
- Dependent variable: performance on critical thinking tests

As you can see, the inclusion of a moderator variable (or even two or three) in a study can provide considerably more information than just studying a single independent variable alone. We recommend their inclusion whenever appropriate.

**MEDIATOR VARIABLES**

While a moderator variable can modify or influence the strength of a relationship between two other variables, a mediator variable is one that attempts to explain the relationship between the two other variables. Let us reexamine the relationship in Hypothesis 1 above between anxiety level (AL) and test performance (TP) on a

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¹It is also possible for an outcome variable to be categorical. For example, the variable college completion could be divided into the categories of dropouts and college graduates.

†Liking for history is the outcome variable.
high-stakes test like the SAT exam. The moderator variable in this case is test-taking experience (TTE) because the relationship between AL and TP is stronger for students with prior experience taking the SAT. A possible mediator variable in this case could be socioeconomic status (SES) because it could explain why there is a relationship between AL and TP.

EXTRANEOUS VARIABLES

A basic problem in research is that there are many possible independent variables that could have an effect on the dependent variables. Once researchers have decided which variables to study, they must be concerned about the influence or effect of other variables that exist. Such variables are usually called extraneous variables. The task is to control these extraneous variables somehow to eliminate or minimize their effect.

Extraneous variables are independent variables that have not been controlled. Look again at the research question about team teaching on page 80. What are some other variables that could have an effect on the learning of students in a classroom situation?

There are many possible extraneous variables. The personality of the teachers involved, the experience level of the students, the time of day the classes are taught, the nature of the subject taught, the textbooks used, the type of learning activities the teachers employ, and the teaching methods—all are possible extraneous variables that could affect learning in this study. Figure 5.3 illustrates the importance of identifying extraneous variables.
One way to control extraneous variables is to hold them constant. For example, if a researcher includes only boys as the subjects of a study, she is controlling the variable of gender. We would say that the gender of the subjects does not vary; it is a constant in this study.

Researchers must continually think about how they might control the possible effect(s) of extraneous variables. We will discuss how to do this in some detail in Chapter 9, but for now you need to make sure you understand the difference between independent and dependent variables and to be aware of extraneous variables. Try your hand at the following question: “Will female students who are taught history by a teacher of the same gender like the subject more than female students taught by a teacher of a different gender?” What are the variables?

**Hypotheses**

**WHAT IS A HYPOTHESIS?**

A **hypothesis** is, simply put, a prediction of the possible outcomes of a study. For example, here is a research question followed by its restatement in the form of a possible hypothesis:

**Question:** Will students who are taught history by a teacher of the same gender like the subject more than students taught by a teacher of a different gender?

**Hypothesis:** Students taught history by a teacher of the same gender will like the subject more than students taught history by a teacher of a different gender.

Here are two more examples of research questions followed by the restatement of each as a possible hypothesis:

**Question:** Is rapport with clients of counselors using client-centered therapy different from that of counselors using behavior-modification therapy?

**Hypothesis:** Counselors who use a client-centered therapy approach will have a greater rapport with their clients than counselors who use a behavior-modification approach.

**Question:** How do teachers feel about special classes for the educationally handicapped?

**Hypothesis:** Teachers in XYZ School District believe that students attending special classes for the educationally handicapped will be stigmatized. or Teachers in XYZ School District believe that special classes for the educationally handicapped will help such students improve their academic skills.

Many different hypotheses can come from a single research problem, as illustrated in Figure 5.4.

**ADVANTAGES OF STATING HYPOTHESES IN ADDITION TO RESEARCH QUESTIONS**

Stating hypotheses has both advantages and disadvantages. What are some of the advantages? First, a hypothesis forces us to think more deeply and specifically about the possible outcomes of a study. Elaborating on a question by formulating a hypothesis can lead to a more sophisticated understanding of what the question implies and exactly what variables are involved. Often, as in the case of the third example above, when more than one hypothesis seems to suggest itself, we are forced to think more carefully about what we really want to investigate.

A second advantage of restating questions as hypotheses involves a philosophy of science. The rationale underlying this philosophy is as follows: If one is attempting to build a body of knowledge in addition to answering a specific question, then stating hypotheses is a good strategy because it enables one to make specific predictions based on prior evidence or theoretical argument. If these predictions are borne out by subsequent research, the entire procedure gains both in persuasiveness and efficiency. A classic example is Albert Einstein’s theory of relativity. Many hypotheses were formulated as a result of Einstein’s theory, which were later verified through research. As more and more of these predictions were shown to be fact, not only did they become useful in their own right, they also provided increasing support for the original ideas in Einstein’s theory, which generated the hypotheses in the first place.

Lastly, stating a hypothesis helps us see if we are, or are not, investigating a relationship. If not, we may be prompted to formulate one.

*The dependent variable is liking for history, the independent variable is the gender of the teacher. Possible extraneous variables include the personality and ability of the teacher(s) involved; the personality and ability level of the students; the materials used, such as textbooks; the style of teaching; ethnicity and/or age of the teacher and students; and others. The researcher would want to control as many of these variables as possible.*
DISADVANTAGES OF STATING HYPOTHESES

Essentially, the disadvantages of stating hypotheses are threefold. First, stating a hypothesis may lead to a bias, either conscious or unconscious, on the part of the researcher. Once investigators state a hypothesis, they may be tempted to arrange the procedures or manipulate the data in such a way as to bring about a desired outcome.

This is probably more the exception than the rule. Researchers are assumed to be intellectually honest—although there are some famous exceptions. All studies should be subject to peer review; in the past, a review of suspect research has, on occasion, revealed such inadequacies of method that the reported results were cast into doubt. Furthermore, any particular study can be replicated to verify the findings of the study. Unfortunately, few educational research studies are repeated, so this “protection” is somewhat of an illusion. A dishonest investigator stands a fair chance of getting away with falsifying results. Why would a person deliberately distort his or her findings? Probably because professional recognition and financial reward accrue to those who publish important results.

Even for the great majority of researchers who are honest, however, commitment to a hypothesis may lead to distortions that are unintentional and unconscious. But it is probably unlikely that any researcher in the field of education is ever totally disinterested in the outcomes of a study; therefore, his or her attitudes and/or knowledge may favor a particular result. For this reason, we think it is desirable for researchers to make known their predilections regarding a hypothesis so that they are clear to others interested in their research. This also allows investigators to take steps to guard (as much as possible) against their personal biases.

The second disadvantage of stating hypotheses at the outset is that it may sometimes be unnecessary, or even inappropriate, in research projects of certain types, such as descriptive surveys and ethnographic studies. In many such studies, it would be unduly presumptuous, as well as futile, to predict what the findings of the inquiry will be.
The third disadvantage of stating hypotheses is that focusing attention on a hypothesis may prevent researchers from noticing other phenomena that might be important to study. For example, deciding to study the effect of a “humanistic” classroom on student motivation might lead a researcher to overlook its effect on such characteristics as sex-typing or decision making, which would be quite noticeable to another researcher who was not focusing solely on motivation. This seems to be a good argument against all research being directed toward hypothesis testing.

Consider the example of a research question presented earlier in this chapter: “How do teachers feel about special classes for the educationally handicapped?” We offered two (of many possible) hypotheses that might arise out of this question: (1) “Teachers believe that students attending special classes for the educationally handicapped will be stigmatized” and (2) “Teachers believe that special classes for the educationally handicapped will help such students improve their academic skills.” Both of these hypotheses implicitly suggest a comparison between special classes for the educationally handicapped and some other kind of arrangement. Thus, the relationship to be investigated is between teacher beliefs and type of class. Notice that it is important to compare what teachers think about special classes with their beliefs about other kinds of arrangements. If researchers looked only at teacher opinions about special classes without also identifying their views about other kinds of arrangements, they would not know if their beliefs about special classes were in any way unique or different.

### IMPORTANT HYPOTHESES

As we think about possible hypotheses suggested by a research question, we begin to see that some of them are more important than others. What do we mean by important? Simply that some may lead to more useful knowledge. Compare, for example, the following pairs of hypotheses. Which hypothesis in each pair would you say is more important?

**Pair 1**

a. Second-graders like school less than they like watching television.

b. Second-graders like school less than first-graders but more than third-graders.

**Pair 2**

a. Most students with academic disabilities prefer being in regular classes rather than in special classes.

b. Students with academic disabilities will have more negative attitudes about themselves if they are placed in special classes than if they are placed in regular classes.

**Pair 3**

a. Counselors who use client-centered therapy procedures get different reactions from censees than do counselors who use traditional therapy procedures.

b. Censees who receive client-centered therapy express more satisfaction with the counseling process than do censees who receive traditional therapy.

In each of the three pairs, we think that the second hypothesis is more important than the first, since in each case (in our judgment) not only is the relationship to be investigated cleaner and more specific but also investigation of the hypothesis seems more likely to lead to a greater amount of knowledge. It also seems to us that the information to be obtained will be of more use to people interested in the research question.

### DIRECTIONAL VERSUS NONDIRECTIONAL HYPOTHESES

Let us make a distinction between directional and nondirectional hypotheses. A *directional hypothesis* indicates the specific direction (such as higher, lower, more, or less) that a researcher expects to emerge in a relationship. The particular direction expected is based on what the researcher has found in the literature, in theory, or from personal experience. The second hypothesis in each of the three pairs above is a directional hypothesis.

Sometimes it is difficult to make specific predictions. If a researcher suspects that a relationship exists but has no basis for predicting the direction of the relationship, she cannot make a directional hypothesis. A *nondirectional hypothesis* does not make a specific prediction about what direction the outcome of a study will take. In nondirectional form, the second hypotheses of the three pairs above would be stated as follows:

1. First-, second-, and third-graders will feel differently toward school.
2. There will be a difference between the scores on an attitude measure of students with academic disabilities placed in special classes and such students placed in regular classes.
3. There will be a difference in expression of satisfaction with the counseling process between counselees who receive client-centered therapy and counselees who receive traditional therapy.

Figure 5.5 illustrates the difference between a directional and a nondirectional hypothesis. If the person pictured is approaching a street corner, three possibilities exist when he reaches the corner:

- He will continue to look straight ahead.
- He will look to his right.
- He will look to his left.

A nondirectional hypothesis would predict that he will look one way or the other. A directional hypothesis would predict that he will look in a particular direction (for example, to his right). Since a directional hypothesis is riskier (because it is less likely to occur), it is more convincing when confirmed.*

Both directional and nondirectional hypotheses appear in the literature of research, and you should learn to recognize each.

*If he looks straight ahead, neither a directional nor a nondirectional hypothesis is confirmed.

HYPOTHESES AND QUALITATIVE RESEARCH

What is notable about the formation of hypotheses in qualitative research is that they are typically not stated at the beginning of a study, but rather they emerge as a study progresses. Rather than testing hypotheses as in quantitative studies, qualitative researchers are more likely to generate new hypotheses as a result of what they find as they go about their work—as they observe patterns and relationships in the natural setting rather than hypothesizing what such patterns and relationships might be beforehand. Many qualitative researchers do state some of their ideas before they begin a study, but these are usually called propositions rather than hypotheses. Propositions differ from hypotheses in that they are not intended to be tested against the data (as in quantitative research) but rather are viewed as flexible tools intended to help guide researchers in their collection and analysis of qualitative data. The reluctance of qualitative researchers to formulate hypotheses at the beginning of a study is based on their conviction that participants and situations often differ widely and must first be understood before any hypotheses can be suggested.
CHAPTER 5 Variables and Hypotheses

THE IMPORTANCE OF STUDYING RELATIONSHIPS

• Identifying relationships among variables enhances understanding.
• Understanding relationships helps us to explain the nature of our world.

VARIABLES

• A variable is any characteristic or quality that varies among the members of a particular group.
• A constant is any characteristic or quality that is the same for all members of a particular group.
• A quantitative variable varies in amount or degree, but not in kind.
• A categorical variable varies only in kind, not in degree or amount.
• Several kinds of variables are studied in educational research, the most common being independent and dependent variables.
• An independent variable is presumed to affect or influence other variables.
• Independent variables are sometimes called experimental variables or manipulated variables.
• A dependent (or outcome) variable is presumed to be affected by one or more independent variables.
• Independent variables may be either manipulated or selected. A manipulated variable is created by the researcher. A selected variable is one that already exists that the researcher locates and then chooses to study.
• A moderator variable is a secondary independent variable that the researcher selects to study because he or she thinks it may affect the basic relationship between the primary independent variable and the dependent variable.
• An extraneous variable is an independent variable that may have unintended effects on a dependent variable in a particular study.
• A proposition is a tentative, flexible statement used sometimes by qualitative researchers to help guide their data collection and analysis.

HYPOTHESES

• The term hypothesis, as used in research, refers to a prediction of results usually made before a study commences.
• Stating a research question as a hypothesis has both advantages and disadvantages.
• An important hypothesis is one that is likely to lead, if it is supported, to a greater amount of important knowledge than a nonimportant hypothesis.
• A directional hypothesis is a prediction about the specific nature of a relationship—for example, method A is more effective than method B.
• A nondirectional hypothesis is a prediction that a relationship exists without specifying its exact nature—for example, there will be a difference between method A and method B (without saying which will be more effective).
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- constant 77
- dependent variable 80
- directional hypothesis 85
- experimental variable 80
- extraneous variable 82
- hypothesis 83
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**For Discussion**
1. Here are several research questions. Which ones suggest relationships?
   a. How many students are enrolled in the sophomore class this year?
   b. As the reading level of a text passage increases, does the number of errors students make in pronouncing words in the passage increase?
   c. Do individuals who see themselves as socially “attractive” expect their romantic partners also to be (as judged by others) socially attractive?
   d. What does the faculty dislike about the new English curriculum?
   e. Who is the brightest student in the senior class?
   f. Will students who score above the 90th percentile on a standardized reading test also score above the 90th percentile on a standardized writing test?
   g. Which political party contains the most Protestants—Democratic or Republican?
2. How would you rank the questions in item 1 in terms of significance? Why?
3. What might cause a researcher to state a directional hypothesis rather than a non-directional hypothesis? What about the reverse?
4. Are there any variables that researchers should not study? Explain.
5. It is often argued that we cannot meaningfully measure a variable if we cannot define it. Is this true? always? Discuss.
6. “Commitment to a hypothesis may lead to distortions that are unintentional and unconscious.” Would you agree? If so, can you give an example of such a hypothesis?
7. Can you think of a possible study for which it would be presumptuous to predict the outcome?

**Note**
Research Exercise 5: Variables, Hypotheses, and Propositions

If you are planning a quantitative study, try to formulate a testable hypothesis that is related to the research question you developed in Research Exercise 2. Using Problem Sheet 5, state the hypothesis in a sentence or two and check to see if it suggests a relationship between at least two variables. If it does not, revise it so that it does. Now indicate which is the independent and which is the dependent variable. Next, list as many extraneous variables as you can think of that might affect the results of your study. On the other hand, if you are planning a qualitative or mixed-methods study, state your proposition(s).

Problem Sheet 5

Variables, Hypotheses, and Propositions

My research question is: ____________________________

1. For a quantitative study, my hypothesis is:
   ______________________________________________________
   ______________________________________________________
   ______________________________________________________

2. This hypothesis suggests a relationship between at least two variables:
   a. ______________________________________________________
   b. ______________________________________________________
   c. ______________________________________________________

3. More specifically, the variables in my study are:
   a. Dependent ____________________ (Is it categorical or quantitative?—circle one.)
   b. Independent ____________________ (Is it categorical or quantitative?—circle one.)

4. Possible extraneous variables that might affect my results include:
   a. ______________________________________________________
   b. ______________________________________________________
   c. ______________________________________________________

5. I am planning a qualitative or mixed-methods study. The proposition(s) is/are:
   ______________________________________________________
   ______________________________________________________
   ______________________________________________________
OBJECTIVES

Studying this chapter should enable you to:

- Distinguish between a sample and a population.
- Explain what is meant by the term "representative sample."
- Explain how a target population differs from an accessible population.
- Explain what is meant by "random sampling," and describe briefly three ways of obtaining a random sample.
- Use a table of random numbers to select a random sample from a population.
- Explain how stratified random sampling differs from cluster random sampling.
- Explain what is meant by "systematic sampling," "convenience sampling," and "purposive sampling."
- Explain how the size of a sample can make a difference in terms of representativeness of the sample.
- Explain what is meant by the term "external validity."
- Distinguish between population generalizability and ecological generalizability and discuss when it is (and when it is not) appropriate to generalize the results of a study.

What Is a Sample?
Samples and Populations
Defining the Population
Target Versus Accessible Populations
Random Versus Nonrandom Sampling

Random Sampling Methods
Simple Random Sampling
Stratified Random Sampling
Cluster Random Sampling
Two-Stage Random Sampling

Nonrandom Sampling Methods
Systematic Sampling
Convenience Sampling
Purposive Sampling

A Review of Sampling Methods

Sample Size

External Validity: Generalizing from a Sample

Population Generalizability
When Random Sampling Is Not Feasible
Ecological Generalizability

MULTISTAGE SAMPLING

Cities of 100,000 people are identified by researchers.

Stage 1: Random sample of cities

Stage 2: Random sample of wards

Stage 3: Random sample of precincts

Stage 4: Random sample of blocks

Stage 5: Random sample of households

Every fourth household has been selected, starting with no. 4, which was selected at random.

1. 201 Brown Avenue
2. 217 Brown Avenue
3. 219 Brown Avenue
4. 221 Brown Avenue
5. 225 Brown Avenue
6. 231 Green Avenue
7. 239 Green Avenue
8. 245 Green Avenue

9. 1008 4th Street
10. 1014 4th Street
11. 1022 4th Street
12. 1030 4th Street
13. 1034 5th Street
14. 1042 5th Street
15. 1050 5th Street
16. 1056 5th Street
Samples and Populations

A sample in a research study is the group on which information is obtained. The larger group to which one hopes to apply the results is called the population.* All 700 (or whatever total number of) students at State University who are majoring in mathematics, for example, constitute a population; 50 of those students constitute a sample. Students who own automobiles make up another population, as do students who live in the campus dormitories. Notice that a group may be both a sample in one context and a population in another context. All State University students who own automobiles constitute the population of automobile owners at State, yet they also constitute a sample of all automobile owners at state universities across the United States.

When it is possible, researchers would prefer to study the entire population of interest. Usually, however, this is difficult to do. Most populations of interest are large, diverse, and scattered over a large geographic area. Finding, let alone contacting, all the members can be time-consuming and expensive. For that reason, of necessity,

What Is a Sample?

Most people, we think, base their conclusions about a group of people (students, Republicans, football players, actors, and so on) on the experiences they have with a fairly small number, or sample, of individual members. Sometimes such conclusions are an accurate representation of how the larger group of people acts or what they believe, but often they are not. It all depends on how representative (i.e., how similar) the sample is of the larger group.

One of the most important steps in the research process is the selection of the sample of individuals who will participate (be observed or questioned). Sampling refers to the process of selecting these individuals.

*Rosa Pak, a research professor at a large eastern university, wishes to study the effect of a new mathematics program on the mathematics achievement of students who are performing poorly in math in elementary schools throughout the United States. Because of a number of factors, of which time and money are only two, it is impossible for Rosa and her colleagues to try out the new program with the entire population of such students. They must select a sample. What is a sample anyway? Are there different kinds of samples? Are some kinds better than others to study? And just how does one go about obtaining a sample in the first place? Answers to questions like these are some of the things you will learn about in this chapter.

When we want to know something about a certain group of people, we usually find a few members of the group whom we know—or don’t know—and study them. After we have finished “studying” these individuals, we usually come to some conclusions about the larger group of which they are a part. Many “commonsense” observations, in fact, are based on observations of relatively few people. It is not uncommon, for example, to hear statements such as: “Most female students don’t like math”; “You won’t find very many teachers voting Republican”; and “Most school superintendents are men.”

*In some instances the sample and population may be identical.
researchers often select a sample to study. Some examples of samples selected from populations follow:

- A researcher is interested in studying the effects of diet on the attention span of third-grade students in a large city. There are 1,500 third-graders attending the elementary schools in the city. The researcher selects 150 of these third-graders, 30 each in five different schools, as a sample for study.
- An administrator in a large urban high school is interested in student opinions on a new counseling program in the district. There are six high schools and some 14,000 students in the district. From a master list of all students enrolled in the district schools, the administrator selects a sample of 1,400 students (350 from each of the four grades, 9–12) to whom he plans to mail a questionnaire asking their opinion of the program.
- The principal of an elementary school wants to investigate the effectiveness of a new U.S. history textbook used by some of the teachers in the district. Out of a total of 22 teachers who are using the text, she selects a sample of 6. She plans to compare the achievement of the students in these teachers’ classes with those of another 6 teachers who are not using the text.

**DEFINING THE POPULATION**

The first task in selecting a sample is to define the population of interest. In what group, exactly, is the researcher interested? To whom does he or she want the results of the study to apply? The population, in other words, is the group of interest to the researcher, the group to whom the researcher would like to generalize the results of the study. Here are some examples of populations:

- All high school principals in the United States
- All elementary school counselors in the state of California
- All students attending Central High School in Omaha, Nebraska, during the academic year 2005–2006
- All students in Ms. Brown’s third-grade class at Wharton Elementary School

The above examples reveal that a population can be any size and that it will have at least one (and sometimes several) characteristic(s) that sets it off from any other population. Notice that a population is always all of the individuals who possess a certain characteristic (or set of characteristics).

In educational research, the population of interest is usually a group of persons (students, teachers, or other individuals) who possess certain characteristics. In some cases, however, the population may be defined as a group of classrooms, schools, or even facilities. For example,

- All fifth-grade classrooms in Delaware (the hypothesis might be that classrooms in which teachers display a greater number and variety of student products have higher achievement)
- All high school gymnasiums in Nevada (the hypothesis might be that schools with “better” physical facilities produce more winning teams)

**TARGET VERSUS ACCESSIBLE POPULATIONS**

Unfortunately, the actual population (called the target population) to which a researcher would really like to generalize is rarely available. The population to which a researcher is able to generalize, therefore, is the accessible population. The former is the researcher’s ideal choice; the latter, his or her realistic choice. Consider these examples:

- **Research problem to be investigated:** The effects of computer-assisted instruction on the reading achievement of first- and second-graders in California.
  - **Target population:** All first- and second-grade children in California.
  - **Accessible population:** All first- and second-grade children in the Laguna Salada elementary school district of Pacifica, California.
  - **Sample:** Ten percent of the first- and second-grade children in the Laguna Salada district in Pacifica, California.

- **Research problem to be investigated:** The attitudes of fifth-year teachers-in-training toward their student-teaching experience.
  - **Target population:** All fifth-year students enrolled in teacher-training programs in the United States.
  - **Accessible population:** All fifth-year students enrolled in teacher-training programs in the State University of New York.
  - **Sample:** Two hundred fifth-year students selected from those enrolled in the teacher-training programs in the State University of New York.

The more narrowly researchers define the population, the more they save on time, effort, and (probably) money, but the more they limit generalizability. It is essential that researchers describe the population and the sample in sufficient detail so that interested individuals
A population of 40 men and women
20 men
20 women

A nonrepresentative sample (n=12)
(2 women and 10 men)

A representative sample (n=12)
(6 women and 6 men)

Figure 6.1
Representative Versus Nonrepresentative Samples

can determine the applicability of the findings to their own situations. Failure to define in detail the population of interest, and the sample studied, is one of the most common weaknesses of published research reports. It is important to note that the actual sample may be different from the sample originally selected because some subjects may refuse to participate, some subjects may drop out, data may be lost, and the like. We repeat, therefore, that it is very important to describe the characteristics of the actual sample studied in some detail.

RANDOM VERSUS NONRANDOM SAMPLING

Following is an example of each of the two main types of sampling.

Random sampling: The dean of a school of education in a large midwestern university wishes to find out how her faculty feel about the current sabbatical leave requirements at the university. She places all 150 names of the faculty in a hat, mixes them thoroughly, and then draws out the names of 25 individuals to interview.*

* A better way to do this will be discussed shortly, but this gives you the idea.

Nonrandom sampling: The president of the same university wants to know how his junior faculty feel about a promotion policy that he has recently introduced (with the advice of a faculty committee). He selects a sample of 30 from the total faculty of 1,000 to talk with. Five faculty members from each of the six schools that make up the university are chosen on the basis of the following criteria: They have taught at the university for less than five years, they are nontenured, they belong to one of the faculty associations on campus, and they have not been a member of the committee that helped the president draft the new policy.

In the first example, 25 names were selected from a hat after all the names had been mixed thoroughly. This is called random sampling because every member of the population (the 150 faculty members in the school) presumably had an equal chance of being selected. There are more sophisticated ways of drawing a random sample, but they all have the same intent—to select a representative sample from the population (Figure 6.1). The basic idea is that the group of individuals selected is very much like the entire population.
One can never be sure of this, of course, but if the sample is selected randomly and is sufficiently large, a researcher should get an accurate view of the larger group. The best way to ensure this is to see that no bias enters the selection process—that the researcher (or other factors) cannot consciously or unconsciously influence who gets chosen to be in the sample. We explain more about how to minimize bias later in this chapter.

In the second example, the president wants representativeness, but not as much as he wants to make sure there are certain kinds of faculty in his sample. Thus, he has stipulated that each of the individuals selected must possess all the criteria mentioned. Each member of the population (the entire faculty of the university) does not have an equal chance of being selected; some, in fact, have no chance. Hence, this is an example of nonrandom sampling, sometimes called purposive sampling (see p. 100). Here is another example of a random sample contrasted with a nonrandom sample.

**Random:** A researcher wishes to conduct a survey of all social studies teachers in a midwestern state to determine their attitudes toward the new state guidelines for teaching history in the secondary schools. There are a total of 725 social studies teachers in the state. The names of these teachers are obtained and listed alphabetically. The researcher then numbers the names on the list from 001 to 725. Using a table of random numbers, which he finds in a statistics textbook, he selects 100 teachers for the sample.

**Nonrandom:** The manager of the campus bookstore at a local university wants to find out how students feel about the services the bookstore provides. Every day for two weeks during her lunch hour, she asks every person who enters the bookstore to fill out a short questionnaire she has prepared and drop it in a box near the entrance before leaving. At the end of the two-week period, she has a total of 235 completed questionnaires.

In the second example, notice that all bookstore users did not have an equal chance of being included in the sample, which included only those who visited during the lunch hour. That is why the sample is not random. Notice also that some may not have completed the questionnaire.

**Random Sampling Methods**

After making a decision to sample, researchers try hard, in most instances, to obtain a sample that is representative of the population of interest—that means they prefer random sampling. The three most common ways of obtaining this type of sample are simple random sampling, stratified random sampling, and cluster sampling. A less common method is two-stage random sampling.

**SIMPLE RANDOM SAMPLING**

A simple random sample is one in which each and every member of the population has an equal and independent chance of being selected. If the sample is large, this method is the best way yet devised to obtain a sample representative of the population of interest. Let’s take an example: Define a population as all eighth-grade students in school district Y. Imagine there are 500 students. If you were one of these students, your chance of being selected would be 1 in 500, if the sampling procedure were indeed random. Everyone would have the same chance of being selected.

The larger a random sample is in size, the more likely it is to represent the population. Although there is no guarantee of representativeness, of course, the likelihood of it is greater with large random samples than with any other method. Any differences between the sample and the population should be small and systematic. Any differences that do occur are the result of chance, rather than bias on the part of the researcher.

The key to obtaining a random sample is to ensure that each and every member of the population has an equal and independent chance of being selected. This can be done by using what is known as a table of random numbers—an extremely large list of numbers that has no order or pattern. Such lists can be found in the back of most statistics books. Table 6.1 illustrates part of a typical table of random numbers.

For example, to obtain a sample of 200 from a population of 2,000 individuals, using such a table, select a column of numbers, start anywhere in the column, and begin reading four-digit numbers. (Why four digits? Because the final number, 2,000, consists of four digits, and we must always use the same number of digits for each person. Person 1 would be identified as 0001; person 2, as 0002; person 635, as 0635; and so forth.) Then proceed to write down the first 200 numbers in the column that have a value of 2,000 or less.
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Let us take the first column of four numbers in Table 6.1 as an example. Reading only the first four digits, look at the first number in the column: It is 0117, so number 117 in the list of individuals in the population would be selected for the sample. Look at the second number: It is 9123. There is no 9123 in the population (because there are only 2,000 individuals in the entire population). So go on to the third number: It is 0864, hence number 864 in the list of individuals in the population would be chosen. The fourth number is 0593, so number 593 gets selected. The fifth number is 6662. There is no 6662 in the population, so go on to the next number, and so on, until reaching a total of 200 numbers, each representing an individual in the population who will be selected for the sample. Most researchers use computer-generated lists to obtain their samples randomly. This can be done quite easily using EXCEL software (see the box entitled “Using EXCEL to Draw a Random Sample” in Chapter 11 on p. 235).

The advantage of random sampling is that, if large enough, it is very likely to produce a representative sample. Its biggest disadvantage is that it is not easy to do. Each and every member of the population must be identified. In most cases, we must be able to contact the individuals selected. In all cases, we must know who 117 (for example) is.

Furthermore, simple random sampling is not used if researchers wish to ensure that certain subgroups are present in the sample in the same proportion as they are in the population. To do this, researchers must engage in what is known as stratified sampling.

### STRATIFIED RANDOM SAMPLING

Stratified random sampling is a process in which certain subgroups, or strata, are selected for the sample in the same proportion as they exist in the population. Suppose the director of research for a large school district wants to find out student response to a new twelfth-grade American government textbook the district is considering adopting. She intends to compare the achievement of students using the new book with that of students using the more traditional text the district has purchased in the past. Since she has reason to believe that gender is an important variable that may affect the outcomes of her study, she decides to ensure that the proportion of males and females in the study is the same as in the population. The steps in the sampling process would be as follows:

1. She identifies the target (and accessible) population: all 365 twelfth-grade students enrolled in American government courses in the district.
2. She finds that there are 219 females (60 percent) and 146 males (40 percent) in the population. She decides to have a sample made up of 30 percent of the target population.
3. Using a table of random numbers, she then randomly selects 30 percent from each stratum of the population, which results in 66 female (30 percent of 219) and 44 male (30 percent of 146) students being selected from these subgroups. The proportion of males and females is the same in both the population and sample—40 and 60 percent (Figure 6.2).

The advantage of stratified random sampling is that it increases the likelihood of representativeness, especially if one’s sample is not very large. It virtually ensures that key characteristics of individuals in the population are included in the same proportions in the sample. The disadvantage is that it requires more effort on the part of the researcher.

### CLUSTER RANDOM SAMPLING

In both random and stratified random sampling, researchers want to make sure that certain kinds of individuals are included in the sample. But there are times when it is not possible to select a sample of individuals from a population. Sometimes, for example, a list of all members of the population of interest is not available. Obviously, then, simple random or stratified random sampling cannot be used. Frequently, researchers cannot select a sample of individuals due to administrative or other restrictions.
This is especially true in schools. For example, if a target population were all eleventh-grade students within a district enrolled in U.S. history courses, it would be unlikely that the researcher could pull out randomly selected students to participate in an experimental curriculum. Even if it could be done, the time and effort required would make such selection difficult. About the best the researcher could hope for would be to study a number of intact classes—that is, classes already in existence. The selection of groups, or clusters, of subjects rather than individuals is known as cluster random sampling. Just as simple random sampling is more effective with larger numbers of individuals, cluster random sampling is more effective with larger numbers of clusters.

Let us consider another example of cluster random sampling. The superintendent of a large unified school district in a city on the East Coast wants to obtain some idea of how teachers in the district feel about merit pay. There are 10,000 teachers in all the elementary and secondary schools of the district, and there are 50 schools distributed over a large area. The superintendent does not have the funds to survey all teachers in the district, and he needs the information about merit pay quickly. Instead of randomly selecting a sample of teachers from every school, therefore, he decides to interview all the teachers in selected schools. The teachers in each school, then, constitute a cluster. The superintendent assigns a number to each school and then uses a table of random numbers to select 10 schools (20 percent of the population). All the teachers in the selected schools then constitute the sample. The interviewer questions all the teachers at each of these 10 schools, rather than having to travel to all the schools in the district. If these teachers do represent the remaining teachers in the district, then the superintendent is justified in drawing conclusions about the feelings of the entire population of teachers in his district about merit pay. It is possible that this sample is not representative, of course. Because the teachers to be interviewed all come from a small number of schools in the district, it might be the case that these schools differ in some ways from the other schools in the district, thereby influencing the views of the teachers in those schools with regard to merit pay. The more schools selected, the more likely the findings will be applicable to the population of teachers (Figure 6.3).

Cluster random sampling is similar to simple random sampling except that groups rather than individuals are randomly selected (that is, the sampling unit is a group rather than an individual). The advantages of cluster random sampling are that it can be used when it is difficult or impossible to select a random sample of individuals, it is often far easier to implement in schools, and it is frequently less time-consuming. Its disadvantage is that there is a far greater chance of selecting a sample that is not representative of the population.
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Many beginning researchers make a common error with regard to cluster random sampling: randomly selecting only one cluster as a sample and then observing or interviewing all individuals within that cluster. Even if there is a large number of individuals within the cluster, it is the cluster that has been randomly selected, rather than individuals; hence the researcher is not entitled to draw conclusions about a target population of such individuals. Yet some researchers do draw such conclusions. We repeat, they should not.

TWO-STAGE RANDOM SAMPLING

It is often useful to combine cluster random sampling with individual random sampling. This is accomplished by two-stage random sampling. Rather than randomly selecting 100 students from a population of 3,000 ninth-graders located in 100 classes, the researcher might decide to select 25 classes randomly from the population of 100 classes and then randomly select 4 students from each class. This is much less time-consuming than visiting most of the 100 classes. Why would this be better than using all the students in four randomly selected classes? Because four classes would be too few to ensure representativeness, even though they were selected randomly.

Figure 6.4 illustrates the different random sampling methods we have discussed.

Nonrandom Sampling Methods

SYSTEMATIC SAMPLING

In systematic sampling, every \( n \)th individual in the population list is selected for inclusion in the sample. For example, in a population list of 5,000 names, to select a sample of 500, a researcher would select every tenth name on the list until reaching a total of 500 names. Here is an example of this type of sampling: The principal of a large middle school (grades 6–8) with 1,000 students wants to know how students feel about the new menu in the school cafeteria. She obtains an alphabetical list of all students in the school and selects every tenth student on the list to be in the sample.
To guard against bias, she puts the numbers 1 to 10 into a hat and draws one out. It is a 3. So she selects the students numbered 3, 13, 23, 33, 43, and so on until she has a sample of 100 students to be interviewed.

The above method is technically known as systematic sampling with a random start. In addition, there are two terms that are frequently used when referring to systematic sampling. The sampling interval is the distance in the list between each of the individuals selected for the sample. In the example given above, it was 10. A simple formula to determine it is:

\[
\text{Population size} \div \text{Desired sample size}
\]

The sampling ratio is the proportion of individuals in the population that is selected for the sample. In the example above, it was .10, or 10 percent. A simple way to determine the sampling ratio is:

\[
\text{Sample size} \div \text{Population size}
\]

There is a danger in systematic sampling that is sometimes overlooked. If the population has been ordered systematically—that is, if the arrangement of individuals on the list is in some sort of pattern that accidentally coincides with the sampling interval—a markedly biased sample can result. This is sometimes called periodicity. Suppose that the middle school students in the preceding example had not been listed alphabetically but rather by homeroom and that the homeroom teachers had previously listed the students in their rooms by grade point average, high to low. That would mean that the better students would be at the top of each homeroom list. Suppose also that each homeroom had 30 students. If the principal began her selection of every tenth student with the first or second or third student on the list, her sample would consist of the better students in the school rather than a representation of the entire student body. (Do you see why? Because in each homeroom, the poorest students would be those who were numbered between 24 and 30, and they would never get chosen.)
When planning to select a sample from a list of some sort, therefore, researchers should carefully examine the list to make sure there is no cyclical pattern present. If the list has been arranged in a particular order, researchers should make sure the arrangement will not bias the sample in some way that could distort the results. If such seems to be the case, steps should be taken to ensure representativeness—for example, by randomly selecting individuals from each of the cyclical portions. In fact, if a population list is randomly ordered, a systematic sample drawn from the list is a random sample.

**CONVENIENCE SAMPLING**

Many times it is extremely difficult (sometimes even impossible) to select either a random or a systematic nonrandom sample. At such times, a researcher may use convenience sampling. A convenience sample is a group of individuals who (conveniently) are available for study (Figure 6.5). Thus, a researcher might decide to study two third-grade classes at a nearby elementary school because the principal asks for help in evaluating the effectiveness of a new spelling textbook. Here are some examples of convenience samples:

- To find out how students feel about food service in the student union at an East Coast university, the manager stands outside the main door of the cafeteria one Monday morning and interviews the first 50 students who walk out of the cafeteria.
- A high school counselor interviews all the students who come to him for counseling about their career plans.
- A news reporter for a local television station asks passersby on a downtown street corner their opinions about plans to build a new baseball stadium in a nearby suburb.
- A university professor compares student reactions to two different textbooks in her statistics classes.

In each of the above examples, a certain group of people was chosen for study because they were available. The obvious advantage of this type of sampling is

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**Figure 6.5 Convenience Sampling**

A class of 40 math students. The professor selects a convenience sample of 10 students who are (conveniently) in the front two rows to ask how they like the textbook.
convenience. But just as obviously, it has a major disadvantage in that the sample will quite likely be biased. Take the case of the TV reporter who is interviewing passersby on a downtown street corner. Many possible sources of bias exist. First of all, of course, anyone who is not downtown that day has no chance to be interviewed. Second, those individuals who are unwilling to give their views will not be interviewed. Third, those who agree to be interviewed will probably be individuals who hold strong opinions one way or the other about the stadium. Fourth, depending on the time of day, those who are interviewed quite possibly will be unemployed or have jobs that do not require them to be indoors. And so forth.

In general, convenience samples cannot be considered representative of any population and should be avoided if at all possible. Unfortunately, sometimes they are the only option a researcher has. When such is the case, the researcher should be especially careful to include information on demographic and other characteristics of the sample studied. The study should also be replicated, that is, repeated, with a number of similar samples to decrease the likelihood that the results obtained were simply a one-time occurrence. We will discuss replication in more depth later in the chapter.

**PURPOSIVE SAMPLING**

On occasion, based on previous knowledge of a population and the specific purpose of the research, investigators use personal judgment to select a sample. Researchers assume they can use their knowledge of the population to judge whether or not a particular sample will be representative. Here are some examples:

- An eighth-grade social studies teacher chooses the 2 students with the highest grade point averages in her class, the 2 whose grade point averages fall in the middle of the class, and the 2 with the lowest grade point averages to find out how her class feels about including a discussion of current events as a regular part of classroom activity. Similar samples in the past have represented the viewpoints of the total class quite accurately.

- A graduate student wants to know how retired people age 65 and over feel about their “golden years.” He has been told by one of his professors, an expert on aging and the aged population, that the local Association of Retired Workers is a representative cross section of retired people age 65 and over. He decides to interview a sample of 50 people who are members of the association to get their views.

In both of these examples, previous information led the researcher to believe that the sample selected would be representative of the population. There is a second form of purposive sampling in which it is not expected that the persons chosen are themselves representative of the population, but rather that they possess the necessary information about the population. For example:

- A researcher is asked to identify the unofficial power hierarchy in a particular high school. She decides to interview the principal, the union representative, the principal’s secretary, and the school custodian because she has prior information that leads her to believe they are the people who possess the information she needs.

- For the past five years, the leaders of the teachers’ association in a midwestern school district have represented the views of three-fourths of the teachers in the district on most major issues. This year, therefore, the district administration decides to interview just the leaders of the association rather than select a sample from all the district’s teachers.

**Purposive sampling** is different from convenience sampling in that researchers do not simply study whoever is available but rather use their judgment to select a sample that they believe, based on prior information, will provide the data they need. The major disadvantage of purposive sampling is that the researcher’s judgment may be in error—he or she may not be correct in estimating the representativeness of a sample or their expertise regarding the information needed. In the second example above, this year’s leaders of the teachers’ association may hold views markedly different from those of their members. Figure 6.6 illustrates the methods of convenience, purposive, and systematic sampling.

**A Review of Sampling Methods**

Let us illustrate each of the previous sampling methods using the same hypothesis: “Students with low self-esteem demonstrate lower achievement in school subjects.”

- **Target population:** All eighth-graders in California.
- **Accessible population:** All eighth-graders in the San Francisco Bay Area (seven counties).
- **Feasible sample size:** \( n = 200 - 250 \).
Simple random sampling: Identify all eighth-graders in all public and private schools in the seven counties (estimated number of eighth-grade students = 9,000). Assign each student a number, and then use a table of random numbers to select a sample of 200. The difficulty here is that it is time-consuming to identify every eighth-grader in the Bay Area and to contact (probably) about 200 different schools in order to administer instruments to one or two students in those schools.

Cluster random sampling: Identify all public and private schools having an eighth grade in the seven counties. Assign each of the schools a number, and then randomly select four schools and include all eighth-grade classes in each school. (We would estimate 2 classes per school x 30 students per class x 4 schools = a total of 240 students.) Cluster random sampling is much more feasible than simple random sampling to implement, but it is limited because of the use of only four schools, even though they are to be selected randomly. For example, the selection of only four schools may exclude the selection of private-school students.

Stratified random sampling: Obtain data on the number of eighth-grade students in public versus private schools and determine the proportion of each type (e.g., 80 percent public, 20 percent private). Determine the number from each type to be sampled: public = 80 percent of 200 = 160; private = 20 percent of 200 = 40. Randomly select samples of 160 and 40 students from respective subpopulations of public and private students. Stratification may be used to ensure that the sample is representative on other variables as well. The difficulty with this method is that stratification requires that the researcher know the proportions in each stratum of the population, and it also becomes increasingly difficult as more variables are added. Imagine trying to stratify not only on the public-private variable but also (for example) on student ethnicity, gender, and socioeconomic status, and on teacher gender and experience.

Two-stage random sampling: Randomly select 25 schools from the accessible population of schools, and then randomly select 8 eighth-grade students from each school ($n = 8 \times 25 = 200$). This
method is much more feasible than simple random sampling and more representative than cluster sampling. It may well be the best choice in this example, but it still requires permission from 25 schools and the resources to collect data from each.

Convenience sampling: Select all eighth-graders in four schools to which the researcher has access (again, we estimate two classes of 30 students per school, so \( n = 30 \times 4 \times 2 = 240 \)). This method precludes generalizing beyond these four schools, unless a strong argument with supporting data can be made for their similarity to the entire group of accessible schools.

Purposive sampling: Select 8 classes from throughout the seven counties on the basis of demographic data showing that they are representative of all eighth-graders. Particular attention must be paid to self-esteem and achievement scores. The problem is that such data are unlikely to be available and, in any case, cannot eliminate possible differences between the sample and the population on other variables—such as teacher attitude and available resources.

Systematic sampling: Select every 45th student from an alphabetical list for each school.

\[
\frac{200 \text{ students in sample}}{9,000 \text{ students in population}} = \frac{1}{45}
\]

This method is almost as inconvenient as simple random sampling and is likely to result in a biased sample, since the 45th name in each school is apt to be in the last third of the alphabet (remember there are an estimated 60 eighth-graders in each school), introducing probable ethnic or cultural bias.

Sample Size

Drawing conclusions about a population after studying a sample is never totally satisfactory, since researchers can never be sure that their sample is perfectly representative of the population. Some differences between the sample and the population are bound to exist, but if the sample is randomly selected and of sufficient size, these differences are likely to be relatively insignificant and incidental. The question remains, therefore, as to what constitutes an adequate, or sufficient, size for a sample.

Unfortunately, there is no clear-cut answer to this question. Suppose a target population consists of 1,000 eighth-graders in a given school district. Some sample sizes, of course, are obviously too small. Samples with 1 or 2 or 3 individuals, for example, are so small that they cannot possibly be representative. Probably any sample that has less than 20 to 30 individuals is too small, since that would only be 2 or 3 percent of the population. On the other hand, a sample can be too large, given the amount of time and effort the researcher must put into obtaining it. In this example, a sample of 250 or more individuals would probably be needlessly large, as that would constitute a quarter of the population. But what about samples of 50 or 100? Would these be sufficiently large? Would a sample of 200 be too large? At what point, exactly, does a sample stop being too small and become sufficiently large? The best answer is that a sample should be as large as the researcher can obtain with a reasonable expenditure of time and energy. This, of course, is not as much help as one would like, but it suggests that researchers should try to obtain as large a sample as they reasonably can.

Sample or Census?

Samples look at only part of the population. A census tries to look at the entire population. The U.S. Census Bureau, charged with conducting the United States Census every 10 years, estimated that the 2000 census missed 1–2 percent of the population—3.4 million people, including 1.2 percent of the African Americans who lived largely in the inner city. The procedure for taking a census consists of sending out mailings and following up with door-to-door canvassing of non-respondents.

Some statisticians have proposed augmenting the head-count by surveying a separate representative sample and using these data to estimate the size and demographics of non-respondents. Supporters of the idea argue that this would provide a better picture of the population; opponents say that the assumptions involved, along with processing errors, would produce more error.

It can be argued that a sizable random sample of the entire population accompanied by more extensive follow-up would provide more accurate data than the current procedure at no greater expense, but this is precluded by the Constitution. (For more on this topic, search the Internet for national census sampling.)
There are a few guidelines that we would suggest with regard to the minimum number of subjects needed. For descriptive studies, we think a sample with a minimum number of 100 is essential. For correlational studies, a sample of at least 50 is deemed necessary to establish the existence of a relationship. For experimental and causal-comparative studies, we recommend a minimum of 30 individuals per group, although sometimes experimental studies with only 15 individuals in each group can be defended if they are very tightly controlled; studies using only 15 subjects per group should probably be replicated, however, before too much is made of any findings. In qualitative studies, the number of participants in a sample is usually somewhere between 1 and 20.

**External Validity: Generalizing from a Sample**

As indicated earlier in this chapter, researchers generalize when they apply the findings of a particular study to people or settings that go beyond the particular people or settings used in the study. The whole notion of science is built on the idea of generalizing. Every science seeks to find basic principles or laws that can be applied to a great variety of situations and, in the case of the social sciences, to a great many people. Most researchers wish to generalize their findings to appropriate populations. But when is generalizing warranted? When can researchers say with confidence that what they have learned about a sample is also true of the population?

There are two main factors to consider: the nature of the sample and the environmental conditions—the setting—within which a study takes place. The extent to which the results of a study can be generalized determines the external validity of the study. In the next two chapters, we also discuss how the concept of validity is applied to instruments (instrument validity) and to the internal design of a study.

**POPULATION GENERALIZABILITY**

Population generalizability refers to the degree to which a sample represents the population of interest. If the results of a study only apply to the group being studied and if that group is fairly small or is narrowly defined, the usefulness of any findings is seriously limited. This is why trying to obtain a representative sample is so important. Because conducting a study takes a considerable amount of time, energy, and (frequently) money, researchers usually want the results of an investigation to be as widely applicable as possible.
When we speak of **representativeness**, however, we are referring only to the essential, or relevant, characteristics of a population. What do we mean by **relevant**? Only that the characteristics referred to might possibly be a contributing factor to any results that are obtained. For example, if a researcher wished to select a sample of first- and second-graders to study the effect of reading method on pupil achievement, such characteristics as height, eye color, or jumping ability would be judged to be irrelevant—that is, we would not expect any variation in them to have an effect on how easily a child learns to read, and hence we would not be overly concerned if those characteristics were not adequately represented in the sample. Other characteristics, such as age, gender, or visual acuity, on the other hand, might (logically) have an effect and hence should be appropriately represented in the sample.

Whenever purposive or convenience samples are used, generalization is made more plausible if data are presented to show that the sample is representative of the intended population on at least some relevant variables. This procedure, however, can never guarantee representativeness on all relevant variables.

One aspect of generalizability that is often overlooked in “methods” or “treatment” studies pertains to the teachers, counselors, administrators, or others who administer the various treatments. We must remember that such studies involve not only a sample of students, clients, or other recipients of the treatments but also a sample of those who implement the various treatments. Thus, a study that randomly selects students but not teachers is only entitled to generalize the outcomes to the population of students—if they are taught by the same teachers. To generalize the results to other teachers, the sample of teachers must also be selected randomly and must be sufficiently large.

Finally, we must remember that the sample in any study is the group about whom data are actually obtained. The best sampling plan is of no value if information is missing on a sizable portion of the initial sample. Once the sample has been selected, every effort must be made to ensure that the necessary data are obtained on each person in the sample. This is often difficult to do, particularly with questionnaire-type survey studies, but the results are well worth the time and energy expended. Unfortunately, there are no clear guidelines as to how many subjects can be lost before representativeness is seriously impaired. Any researchers who lose over 10 percent of the originally selected sample would be well advised to acknowledge this limitation and qualify their conclusions accordingly.

Do researchers always want to generalize? The only time researchers are not interested in generalizing beyond the confines of a particular study is when the results of an investigation are of interest only as applied to a particular group of people at a particular time, and where all of the members of the group are included in the study. An example might be the opinions of an elementary school faculty on a specific issue such as whether to implement a new math program. This might be of value to that faculty for decision making or program planning, but not to anyone else.

**WHEN RANDOM SAMPLING IS NOT FEASIBLE**

As we have shown, sometimes it is not feasible or even possible to obtain a random sample. When this is the case, researchers should describe the sample as thoroughly as possible (detailing, for example, age, gender, ethnicity, and socioeconomic status) so that interested others can judge for themselves the degree to which any findings apply, and to whom and where. This is clearly an inferior procedure compared to random sampling, but sometimes it is the only alternative one has.

There is another possibility when a random sample is impossible to obtain: It is called **replication**. The researcher (or other researchers) repeats the study using different groups of subjects in different situations. If a study is repeated several times, using different groups of subjects and under different conditions of geography, socioeconomic level, ability, and so on, and if the results obtained are essentially the same in each case, a researcher may have additional confidence about generalizing the findings.

In the vast majority of studies that have been done in education, random samples have not been used. There seem to be two reasons for this. First, educational researchers may be unaware of the hazards involved in generalizing when one does not have a random sample. Second, in many studies it is simply not feasible for a researcher to invest the time, money, or other resources necessary to obtain a random sample. For the results of a particular study to be applicable to a larger group, then, the researcher must argue convincingly that the sample employed, even though not chosen randomly, is in fact representative of the target population. This is difficult, however, and always subject to contrary arguments.
ECOLOGICAL GENERALIZABILITY

Ecological generalizability refers to the degree to which the results of a study can be extended to other settings or conditions. Researchers must make clear the nature of the environmental conditions—the setting—under which a study takes place. These conditions must be the same in all important respects in any new situation in which researchers wish to assert that their findings apply. For example, it is not justifiable to generalize from studies on the effects of a new reading program on third-graders in a large urban school system to teaching mathematics, even to those students in that system. Research results from urban school environments may not apply to suburban or rural school environments; results obtained with transparencies may not apply to those with textbooks. What holds true for one subject, or with certain materials, or under certain conditions, or at certain times may not generalize to other subjects, materials, conditions, or times.

An example of inappropriate ecological generalizing occurred in a study that found that a particular method of instruction applied to map reading resulted in greater transfer to general map interpretation on the part of fifth-graders in several schools. The researcher accordingly recommended that the method of instruction be used in other content areas, such as mathematics and science, overlooking differences in content, materials, and skills involved, in addition to probable differences in resources, teacher experience, and the like. Improper ecological generalizing such as this remains the bane of much educational research.

Unfortunately, application of the powerful technique of random sampling is virtually never possible with respect to ecological generalizing. While it is conceivable that a researcher could identify “populations” of organization patterns, materials, classroom conditions, and so on, and then randomly select a sizable number of combinations from all possible combinations, the logistics of doing so boggle the mind. Therefore, researchers must be cautious about generalizing the results from any one study. Only when outcomes have been shown to be similar through replication across specific environmental conditions can we generalize across those conditions. Figure 6.7 illustrates the difference between population and ecological generalizing.

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**Figure 6.7** Population as Opposed to Ecological Generalizing
SAMPLES AND SAMPLING

- The term *sampling*, as used in research, refers to the process of selecting the individuals who will participate (e.g., be observed or questioned) in a research study.
- A sample is any part of a population of individuals on whom information is obtained. It may, for a variety of reasons, be different from the sample originally selected.

SAMPLES AND POPULATIONS

- The term *population*, as used in research, refers to all the members of a particular group. It is the group of interest to the researcher, the group to whom the researcher would like to generalize the results of a study.
- A target population is the actual population to whom the researcher would like to generalize; the accessible population is the population to whom the researcher is entitled to generalize.
- A representative sample is a sample that is similar to the population on all characteristics.

RANDOM VERSUS NONRANDOM SAMPLING

- Sampling may be either random or nonrandom. Random sampling methods include simple random sampling, stratified random sampling, cluster random sampling, and two-stage random sampling. Nonrandom sampling methods include systematic sampling, convenience sampling, and purposive sampling.

RANDOM SAMPLING METHODS

- A simple random sample is a sample selected from a population in such a manner that all members of the population have an equal chance of being selected.
- A stratified random sample is a sample selected so that certain characteristics are represented in the sample in the same proportion as they occur in the population.
- A cluster random sample is one obtained by using groups as the sampling unit rather than individuals.
- A two-stage random sample selects groups randomly and then chooses individuals randomly from these groups.
- A table of random numbers lists and arranges numbers in no particular order and can be used to select a random sample.
NONRANDOM SAMPLING METHODS

• A systematic sample is obtained by selecting every \( n \)th name in a population.
• A convenience sample is any group of individuals that is conveniently available to be studied.
• A purposive sample consists of individuals who have special qualifications of some sort or are deemed representative on the basis of prior evidence.

SAMPLE SIZE

• Samples should be as large as a researcher can obtain with a reasonable expenditure of time and energy. A recommended minimum number of subjects is 100 for a descriptive study, 50 for a correlational study, and 30 in each group for experimental and causal-comparative studies.

EXTERNAL VALIDITY (GENERALIZABILITY)

• The term \textit{external validity}, as used in research, refers to the extent that the results of a study can be generalized from a sample to a population.
• The term \textit{population generalizability} refers to the extent to which the results of a study can be generalized to the intended population.
• The term \textit{ecological generalizability} refers to the extent to which the results of a study can be generalized to conditions or settings other than those that prevailed in a particular study.

REPLICATION

• When a study is replicated, it is repeated with a new sample and sometimes under new conditions.

1. A team of researchers wants to determine student attitudes about the recreational services available in the student union on campus. The team stops the first 100 students it meets on a street in the middle of the campus and asks each of them questions about the union. What are some possible ways that this sample might be biased?
2. Suppose a researcher is interested in studying the effects of music on learning. He obtains permission from a nearby elementary school principal to use the two third-grade classes in the school. The ability level of the two classes, as shown by standardized tests, grade point averages, and faculty opinion, is quite similar. In one class, the researcher plays classical music softly every day for a semester. In the other class, no music is played. At the end of the semester, he finds that the class in which the music was played has a markedly higher average in arithmetic than the other class, although they do not differ in any other respect. To what population (if any) might the results of this study be generalized? What, exactly, could the researcher say about the effects of music on learning?

3. When, if ever, might a researcher not be interested in generalizing the results of a study? Explain.

4. “The larger a sample, the more justified a researcher is in generalizing from it to a population.” Is this statement true? Why or why not?

5. Some people have argued that no population can ever be studied in its entirety. Would you agree? Why or why not?

6. “The more narrowly researchers define the population, the more they limit generalizability.” Is this always true? Discuss.

7. “The best sampling plan is of no value if information is missing on a sizable proportion of the initial sample.” Why is this so? Discuss.

8. “The use of random sampling is almost never possible with respect to ecological generalizing.” Why is this so? Can you think of a possible study for which ecological generalizing would be possible? If so, give an example.
Research Exercise 6: Sampling Plan

Use Problem Sheet 6 to describe, as fully as you can, your sample—that is, the subjects you will include in your study. Describe the type of sample you plan to use and how you will obtain the sample. Indicate whether you expect your study to have population generalizability. If so, to what population? If not, why not? Then indicate whether the study would have ecological generalizability. If so, to what settings? If not, why would it not?

Problem Sheet 6

Sampling Plan

1. My intended sample (participants in your study) consists of (state who and how many):

2. Key demographics (characteristics of the sample) are as follows (e.g., age range, sex distribution, ethnic breakdown, socioeconomic status, location [where are these subjects located?], etc.):

3. State what type of sample you plan to use (i.e., convenience, purposive, simple random, stratified random, cluster, systematic).

4. I will gain access to and/or get contact information for my sample through the following steps:

5. What, if any, are the inclusion/exclusion criteria for participation in your study?

6. External validity:
   a. To whom do you think you can generalize the results of your study? Explain.
   b. If applicable, to what settings/conditions could you generalize the results of your study (ecological validity)?
   c. If results are not generalizable, why not?
OBJECTIVES Studying this chapter should enable you to:

- Explain what is meant by the term “data.”
- Explain what is meant by the term “instrumentation.”
- Name three ways in which data can be collected by researchers.
- Explain what is meant by the term “data-collection instrument.”
- Describe five types of researcher-completed instruments used in educational research.
- Name four types of measurement scales and give an example of each.
- Name three different types of scores used in educational research and give an example of each.
- Describe briefly how to score, tabulate, and code data for analysis.
INTERACTIVE AND APPLIED LEARNING

After, or while, reading this chapter:

Go to the Online Learning Center at www.mhhe.com/fraenkel8e to:

- Learn More About Developing Instruments

Go to your online Student Mastery Activities book to do the following activities:

- Activity 7.1: Major Categories of Instruments and Their Uses
- Activity 7.2: Which Type of Instrument Is Most Appropriate?
- Activity 7.3: Types of Scales
- Activity 7.4: Norm-Referenced vs. Criterion-Referenced Instruments
- Activity 7.5: Developing a Rating Scale
- Activity 7.6: Design an Instrument

Monica Stuart and Ben Colen are discussing last night’s lecture in their educational research class.

“I must admit that I was pretty impressed,” says Monica.

“How come?”

“That list of measuring instruments Professor Fraenkel described last night. Questionnaires, rating scales, true-false tests, sociograms, logs, anecdotal records, tally sheets, . . . It just went on and on. I never knew there were so many ways to measure something—so many measuring devices. And what he said about measurement—that really impressed me! Remember? He said that if something exists, you can measure it!”

“Yeah, it was quite a feat. I have to admit that. I don’t know about the idea that everything can be measured, though. What about something that is very abstract?”

“Like what?”

“Well, how about, say, alienation? or motivation? How would you measure them? I’m not sure they even can be measured!”

“Well, here’s what I’d do,” says Monica. “I would . . .”

How would you measure motivation? Do instruments exist that could measure something this abstract? To get some ideas, read this chapter.

What Are Data?

The term data refers to the kinds of information researchers obtain on the subjects of their research. Demographic information, such as age, gender, ethnicity, religion, and so on, is one kind of data; scores from a commercially available or researcher-prepared test are another. Responses to the researcher’s questions in an oral interview or written replies to a survey questionnaire are other kinds. Essays written by students, grade point averages obtained from school records, performance logs kept by coaches, anecdotal records maintained by teachers or counselors—all constitute various kinds of data that researchers might want to collect as part of a research investigation. An important decision for every researcher to make during the planning phase of an investigation, therefore, is what kind(s) of data he or she intends to collect. The device (such as a pencil-and-paper test, a questionnaire, or a rating scale) the researcher uses to collect data is called an instrument.*

KEY QUESTIONS

Generally, the whole process of preparing to collect data is called instrumentation. It involves not only

*Most, but not all, research requires the use of an instrument. In studies where data are obtained exclusively from existing records (grades, attendance, etc.), no instrument is needed.
the selection or design of the instruments but also the procedures and the conditions under which the instruments will be administered. Several questions arise:

1. Where will the data be collected? This question refers to the location of the data collection. Where will it be? In a classroom? A schoolyard? A private home? on the street?
2. When will the data be collected? This question refers to the time of collection. When is it to take place? In the morning? Afternoon? Evening? over a weekend?
3. How often are the data to be collected? This question refers to the frequency of collection. How many times are the data to be collected? Only once? Twice? More than twice?
4. Who is to collect the data? This question refers to the administration of the instruments. Who is to do this? The researcher? Someone selected and trained by the researcher?

These questions are important because how researchers answer them may affect the data obtained. It is a mistake to think that researchers need only locate or develop a “good” instrument. The data provided by any instrument may be affected by any or all of the preceding considerations. The most highly regarded of instruments will provide useless data, for instance, if administered incorrectly; by someone disliked by respondents; under noisy, inhospitable conditions; or when subjects are exhausted.

All the above questions are important for researchers to answer, therefore, before they begin to collect the data they need. A researcher’s decisions about location, time, frequency, and administration are always affected by the kind(s) of instrument to be used. And for it to be of any value, every instrument, no matter what kind, must allow researchers to draw accurate conclusions about the capabilities or other characteristics of the people being studied.

VALIDITY, RELIABILITY, AND OBJECTIVITY

A frequently used (but somewhat old-fashioned) definition of a valid instrument is that it measures what it is supposed to measure. A more accurate definition of validity revolves around the defensibility of the inferences researchers make from the data collected through the use of an instrument. An instrument, after all, is a device used to gather data. Researchers then use these data to make inferences about the characteristics of certain individuals.* But to be of any use, these inferences must be correct. All researchers, therefore, want instruments that permit them to draw warranted, or valid, conclusions about the characteristics (ability, achievement, attitudes, and so on) of the individuals they study.

To measure math achievement, for example, a researcher needs to have some assurance that the instrument she intends to use actually does measure such achievement. Another researcher who wants to know what people think or how they feel about a particular topic needs assurance that the instrument used will allow him to make accurate inferences. There are various ways to obtain such assurance, and we discuss them in Chapter 8.

A second consideration is reliability. A reliable instrument is one that gives consistent results. If a researcher tested the math achievement of a group of individuals at two or more different times, for example, he or she should expect to obtain close to the same results each time. This consistency would give the researcher confidence that the results actually represented the achievement of the individuals involved. As with validity, a number of procedures can be used to determine the reliability of an instrument. We discuss several of them in Chapter 8.

A final consideration is objectivity. Objectivity refers to the absence of subjective judgments. Whenever possible, researchers should try to eliminate subjectivity from the judgments they make about the achievement, performance, or characteristics of subjects. Unfortunately, complete objectivity is probably never attained. Acknowledging this, qualitative researchers openly seek ways to address subjectivity in their research studies in order to minimize bias and maximize validity.

We discuss each of these concepts in much more detail in Chapter 8. In this chapter, we look at some of the various kinds of instruments that can be (and often are) used in research and discuss how to find and select them.

USABILITY

A number of practical considerations face every researcher. One of these is how easy it will be to use any instrument he or she designs or selects. How long will it take to administer? Are the directions clear? Is it appropriate for the ethnic or other groups to whom

*Sometimes instruments are used to collect data on something other than individuals (such as groups, programs, and environments), but since most of the time we are concerned with individuals in educational research, we use this terminology throughout our discussion.
it will be administered? How easy is it to score? How easy is it to interpret? How much does it cost? Do equivalent forms exist? Have any problems been reported by others who used it? Does evidence of its reliability and validity exist? Getting satisfactory answers to such questions can save a researcher a lot of time and energy and can prevent a lot of headaches.

Means of Classifying Data-Collection Instruments

Instruments can be classified in a number of ways. Here are some of the most useful.

WHO PROVIDES THE INFORMATION?

In educational research, three general methods are available for obtaining information. Researchers can get the information (1) themselves, with little or no involvement of other people; (2) directly from the subjects of the study; or (3) from others, frequently referred to as informants, who are knowledgeable about the subjects. Let us follow a specific example. A researcher wishes to test the hypothesis that inquiry teaching in history classes results in higher-level thinking than does the lecture method. The researcher may elect option 1, in which case she may observe students in the classroom, noting the frequency of oral statements indicative of higher-level thinking. Or, she may examine existing student records that may include test results and/or anecdotal material she considers indicative of higher-level thinking. If she elects option 2, the researcher is likely to administer tests or request student products (essays, problem sheets) for evidence. She may also decide to interview students using questions designed to reveal their thinking about history (or other topics). Finally, if the researcher chooses option 3, she is likely to interview persons (teachers, other students) or ask them to fill out rating scales in which the interviewees assess each student’s thinking skills based on their prior experience with the student. Examples of each type of method are given below.

1. Researcher instruments
   • A researcher interested in learning and memory development counts the number of times it takes different nursery school children to learn to navigate their way correctly through a maze located in their school playground. He records his findings on a tally sheet.

   • A researcher interested in the concept of mutual attraction describes in ongoing field notes how the behaviors of people who work together in various settings have been observed to differ on this variable.

2. Subject instruments
   • A researcher in an elementary school administers a weekly spelling test that requires students to spell correctly the new words learned in class during the week.
   • At a researcher’s request, an administrator passes out a questionnaire during a faculty meeting that asks the faculty’s opinions about the new mathematics curriculum recently instituted in the district.
   • A researcher asks high school English teachers to have their students keep a daily log in which they record their reactions to the plays they read each week.

3. Informant instruments
   • A researcher asks teachers to use a rating scale to rate each of their students on their phonic reading skills.
   • A researcher asks parents to keep anecdotal records describing the TV characters their preschoolers spontaneously role-play.
   • A researcher interviews the president of the student council about student views on the school’s disciplinary code. Her responses are recorded on an interview schedule.

WHERE DID THE INSTRUMENT COME FROM?

There are essentially two basic ways for a researcher to acquire an instrument: (1) find and administer a previously existing instrument of some sort or (2) administer an instrument the researcher personally developed or had developed by someone else.

Developing an instrument has its problems. Primarily, it is not easy to do. Developing a “good” instrument usually takes a fair amount of time and effort, not to mention a considerable amount of skill.

Selecting an already developed instrument when appropriate, therefore, is preferred. Such instruments are usually developed by experts who possess the necessary skills. Choosing an instrument that has already been developed takes far less time than developing a new instrument to measure the same thing.

Designing one’s own instrument is time-consuming, and we do not recommend it for those without a considerable amount of time, energy, and money to invest in
Some Tips About Developing Your Own Instrument

1. Be sure you are clear about what variables are to be assessed. Much time and effort can be wasted by definitions that are too ambiguous. If more than one variable is involved, be sure that both the meaning and the items for each variable are kept distinct. In general, a particular item or question should be used for only one variable.

2. Review existing instruments that measure similar variables in order to decide upon a format and to obtain ideas on specific items.

3. Decide on a format for each variable. Although it is sometimes appropriate to mix multiple-choice, true-false, matching, rating, and open-ended items, doing so complicates scoring and is usually undesirable. Remember: Different variables often require different formats.

4. Begin compiling and/or writing items. Be sure that, in your judgment, each is logically valid—that is, that the item is consistent with the definition of the variable. Try to ensure that the vocabulary is appropriate for the intended respondents.

5. Have colleagues review the items for logical validity. Supply colleagues with a copy of your definitions and a description of the intended respondents. Be sure to have them evaluate format as well as content.

6. Revise items based on colleague feedback. At this point, try to have about twice as many items as you intend to use in the final form (generally at least 20). Remember that more items generally provide higher reliability.

7. Locate a group of people with experience appropriate to your study. Have them review your items for logical validity. Make any revisions needed, and complete your items. You should have half again as many items as intended in the final form.

8. Try out your instrument with a group of respondents who are as similar as possible to your study respondents. Have them complete the instrument, and then discuss it with them, to the extent that this is feasible, given their age, sophistication, and so forth.

9. If feasible, conduct a statistical item analysis with your tryout data (at least 20 respondents are necessary). Such analyses are not difficult to carry out, especially if you have a computer. The information provided on each item indicates how effective it is and sometimes even suggests how to improve it. See, for example, K. R. Murphy and C. O. Davidshofer (1991). *Psychological testing: Principles and applications.* Englewood Cliffs, NJ: Prentice Hall.

10. Select and revise items as necessary until you have the number you want.
Here are some useful Internet resources that include test locator services, advice on how to select and evaluate a test, published instrument reviews, information on fair testing practices, and connections to several searchable databases that may be useful to researchers looking for specific test information.

The ERIC Clearinghouse on Assessment and Evaluation (http://ericae.net): ERIC/AE is an Internet test locator service provided collaboratively by ERIC, the Educational Testing Service (ETS), the Buros Institute, and Pro-Ed Publishing.

ERIC/ETS Test Collection Test File (http://www.ets.org/testcoll): The ERIC/ETS Test Collection Test File, a joint project of ERIC and the ETS, contains records on over 9,500 tests and research instruments.

*So named for Oscar Buros, who started the yearbooks back in 1938.
The Buros Test Review Locator (http://buros.unl.edu/buros/jsp/search.jsp): Provides evaluations of tests and over 4,000 commercially available instruments.

**WRITTEN RESPONSE VERSUS PERFORMANCE**

Another way to classify instruments is in terms of whether they require a written or marked response from subjects or a more general evaluation of subjects’ performance. **Written-response instruments** include objective (e.g., multiple-choice, true-false, matching, or short-answer) tests, short-essay examinations, questionnaires, interview schedules, rating scales, and checklists. **Performance instruments** include any device designed to measure either a procedure or a product. **Procedures** are ways of doing things, such as mixing a chemical solution, diagnosing a problem in an automobile, writing a letter, solving a puzzle, or setting the margins on a typewriter. **Products** are the end results of procedures, such as the correct chemical solution, the correct diagnosis of auto malfunction, or a properly typed letter. Performance instruments are designed to see whether and how well procedures can be followed and to assess the quality of products.

Written-response instruments are generally preferred over performance instruments, since the use of the latter is frequently quite time-consuming and often requires equipment or other resources that are not readily available. A large amount of time would be required to have even a fairly small sample of students (imagine 35!) complete the steps involved in a high school science experiment.

**Examples of Data-Collection Instruments**

When it comes to administering the instruments to be used in a study, either the researchers (or their assistants or other informants) must do it themselves, or they must...
ask the subjects of the study to provide the information desired. Therefore, we group the instruments in the following discussion according to whether they are completed by researchers or by subjects. Examples of these instruments include the following:

**Researcher completes:**
- Rating scales
- Interview schedules
- Observation forms
- Tally sheets
- Flowcharts
- Performance checklists
- Anecdotal records
- Time-and-motion logs

**Subject completes:**
- Questionnaires
- Self-checklists
- Attitude scales
- Personality (or character) inventories
- Achievement/aptitude tests
- Performance tests
- Projective devices
- Sociometric devices

This distinction, of course, is by no means absolute. Many of the instruments we list might, on a given occasion, be completed by either the researcher(s) or subjects in a particular study.

**RESEARCHER-COMPLETED INSTRUMENTS**

**Rating Scales.** A rating is a measured judgment of some sort. When we rate people, we make a judgment about their behavior or something they have produced. Thus, both behaviors (such as how well a person gives an oral report) and products (such as a written copy of a report) of individuals can be rated.

Notice that the terms *observations* and *ratings* are not synonymous. A rating is intended to convey the rater’s judgment about an individual’s behavior or product. An observation is intended merely to indicate whether...
a particular behavior is present or absent (see the time-and-motion log in Figure 7.13 on page 125). Sometimes, of course, researchers may do both. The activities of a small group engaging in a discussion, for example, can be both observed and rated.

**Behavior Rating Scales.** Behavior rating scales appear in several forms, but those most commonly used ask the observer to circle or mark a point on a continuum to indicate the rating. The simplest of these to construct is a *numerical rating scale*, which provides a series of numbers, each representing a particular rating.

Figure 7.4 shows such a scale designed to rate teachers. The problem with this rating scale is that different observers are quite likely to have different ideas about the meaning of the terms that the numbers represent (*excellent*, *average*, etc.). In other words, the different rating points on the scale are not described fully enough. The same individual, therefore, might be rated quite differently by two different observers. One way to address this problem is to give additional meaning to each number by describing it more fully. For example, in Figure 7.4, the rating 5 could be defined as “among the top 5 percent of all teachers you have had.” In the absence of such definitions, the researcher must either rely on the training of the respondents or treat the ratings as subjective opinions.

The *graphic rating scale* is an attempt to improve on the vagueness of numerical rating scales. It describes each of the characteristics to be rated and places them on a horizontal line on which the observer is to place a check mark. Figure 7.5 presents an example of a graphic rating scale. Here again, this scale would be improved by adding definitions, such as defining *always* as “95 to 100 percent of the time,” and *frequently* as “70 to 94 percent of the time.”

**Product Rating Scales.** As we mentioned earlier, researchers may wish to rate products. Examples of products that are frequently rated in education are book reports, maps and charts, diagrams, drawings, notebooks, essays, and creative endeavors of all sorts. Whereas behavior ratings must be done at a particular time (when the researcher can observe the behavior), a big advantage of product ratings is that they can be

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**Figure 7.4 Excerpt from a Behavior Rating Scale for Teachers**

Instructions: For each of the behaviors listed below, circle the appropriate number, using the following key: 5 = Excellent, 4 = Above Average, 3 = Average, 2 = Below Average, 1 = Poor.

A. Explains course material clearly
   - 5

B. Establishes rapport with students
   - 5

C. Asks high-level questions
   - 5

D. Varies class activities
   - 5

---

**Figure 7.5 Excerpt from a Graphic Rating Scale**

Instructions: Indicate the quality of the student’s participation in the following class activities by placing an X anywhere along each line.

1. Listens to teacher’s instructions
   - Always Frequently Occasionally Seldom Never

2. Listens to the opinions of other students
   - Always Frequently Occasionally Seldom Never

3. Offers own opinions in class discussions
   - Always Frequently Occasionally Seldom Never
done at any time.* Figure 7.6 presents an example of a scale rating the product “handwriting.” To use this scale, an actual sample of the student’s handwriting is obtained. It is then moved along the scale until the quality of the handwriting in the sample is most similar to the example shown on the scale. Although more than 50 years old, it remains a classic example of this type of instrument.

*Some behavior rating scales are designed to assess behavior over a period of time—for example, how frequently a teacher asks high-level thought questions.

**Figure 7.6 Example of a Product Rating Scale**

of the study. There are some important differences in how interviews and questionnaires are administered, however. Interviews are conducted orally, either in person or over the phone, and the answers to the questions are recorded by the researcher (or someone he or she has trained). The advantages of this instrument are that the interviewer can clarify any questions that are obscure and also can ask the respondent to expand on answers that are particularly important or revealing. A big disadvantage, however, is that it takes much longer than the questionnaire to complete. Furthermore, the presence of the researcher may inhibit respondents from saying what they really think. Establishing a comfortable rapport with participants is an important first step in the interview process.

Figure 7.7 illustrates a structured interview schedule. Notice that this interview schedule requires the interviewers to do considerable writing, unless the interview is taped. Some interview schedules phrase questions so that the responses are likely to fall in certain categories. This is sometimes called precoding. Precoding enables the interviewer to check appropriate items rather than transcribe responses, thus preventing the respondent from having to wait while the interviewer records a response.

Figure 7.8 shows an example of a semi-structured, qualitative interview protocol used in a dissertation study of African-American community college students who transferred successfully to a four-year institution. Notice how the interviewer uses “probes” throughout

1. Would you rate pupil academic learning as excellent, good, fair, or poor?
   a. If you were here last year, how would you compare pupil academic learning to previous years?
   b. Please give specific examples.

2. Would you rate pupil attitude toward school generally as excellent, good, fair, or poor?
   a. If you were here last year, how would you compare pupil attitude toward school generally to previous years?
   b. Please give specific examples.

3. Would you rate pupil attitude toward learning as excellent, good, fair, or poor?
   a. If you were here last year, how would you compare pupil attitude toward learning to previous years?
   b. Please give specific examples.

4. Would you rate pupil attitude toward self as excellent, good, fair, or poor?
   a. If you were here last year, how would you compare pupil attitude toward self to previous years?
   b. Please give specific examples.

5. Would you rate pupil attitude toward other students as excellent, good, fair, or poor?
   a. If you were here last year, how would you compare pupil attitude toward other students to previous years?
   b. Please give specific examples.

6. Would you rate pupil attitude toward you as excellent, good, fair, or poor?
   a. If you were here last year, how would you compare pupil attitude toward you to previous years?
   b. Please give specific examples.

7. Would you rate pupil creativity–self-expression as excellent, good, fair, or poor?
   a. If you were here last year, how would you compare pupil creativity–self-expression to previous years?
   b. Please give specific examples.
the interview protocol to draw out the participant. Probes are improvised questions that depend on the answer given by the interviewee.

**Observation Forms.** Paper-and-pencil observation forms (sometimes called observation schedules) are fairly easy to construct. A sample of such a form is shown in Figure 7.9. As you can see, the form requires the observer not only to record certain behaviors but also to evaluate some as they occur.

Initially, observation forms should always be used on a trial basis in situations similar to those to be observed in order to work out any bugs or ambiguities. A frequent weakness in many observation forms is that they ask the observer to record more behaviors than can be done accurately (or to watch too many individuals at the same time). As is frequently the case, the simpler the instrument, the better.

**Tally Sheets.** A tally sheet is a device often used by researchers to record the frequency of student behaviors, activities, or remarks. How many high school students follow instructions during fire drills, for example? How many instances of aggression or helpfulness do elementary students exhibit on the playground? How often do students in Mr. Jordan’s fifth-period U.S. history class

---

**Directions:**

1. Place a check mark each time the teacher:
   a. asks individual students a question
   b. asks questions to the class as a whole
   c. disciplines students
   d. asks for quiet
   e. asks students if they have any questions
   f. sends students to the chalkboard

   **Frequency**
   - asks individual students a question: 6
   - asks questions to the class as a whole: 2
   - disciplines students: 1
   - asks for quiet: 3
   - asks students if they have any questions: 1
   - sends students to the chalkboard: 2

2. Place a check mark each time the teacher asks a question that requires:
   a. memory or recall of information
   b. comparison
   c. an inference
   d. a generalization
   e. specific application

   **Frequency**
   - memory or recall of information: 5
   - comparison: 2
   - an inference: 3
   - a generalization: 0
   - specific application: 1
ask questions? How often do they ask inferential questions? Tally sheets can help researchers record answers to these kinds of questions efficiently.

A tally sheet is simply a listing of various categories of activities or behaviors on a piece of paper. Every time a subject is observed engaging in one of these activities or behaviors, the researcher places a tally in the appropriate category. The kinds of statements that students make in class, for example, often indicate the degree to which they understand various concepts and ideas. The possible category systems that might be devised are probably endless, but Figure 7.10 presents one example.

**Flowcharts.** A particular type of tally sheet is the participation flowchart. Flowcharts are particularly helpful in analyzing class discussions. Both the number and direction of student remarks can be charted to gain some idea of the quantity and focus of students’ verbal participation in class.

One of the easiest ways to do this is to prepare a seating chart on which a box is drawn for each student in the class being observed. A tally is then placed in the box of a particular student each time he or she makes a verbal comment. To indicate the direction of individual student comments, arrows can be drawn from the box of a student making a comment to the box of the student to whom the comment is directed. Figure 7.11 illustrates what such a flowchart might look like. This chart suggests that Robert, Felix, and Mercedes dominated the discussion, with contributions from Al, Gail, Jack, and Sam. Joe and Nancy said nothing. Note that a subsequent discussion, or a different topic, however, might reveal a quite different pattern.

**Performance Checklists.** One of the most frequently used of all measuring instruments is the checklist. A performance checklist consists of a list of behaviors that make up a certain type of performance (using a microscope, typing a letter, solving a mathematics problem, and so on). It is used to determine whether an individual behaves in a certain (usually desired) way when asked to complete a particular task.

<table>
<thead>
<tr>
<th>Type of Remark</th>
<th>Related to lesson</th>
<th>Not related to lesson</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Asks question calling for factual information</td>
<td>Related to lesson</td>
<td>Not related to lesson</td>
</tr>
<tr>
<td>2. Asks question calling for clarification</td>
<td>Related to lesson</td>
<td>Not related to lesson</td>
</tr>
<tr>
<td>3. Asks question calling for explanation</td>
<td>Related to lesson</td>
<td>Not related to lesson</td>
</tr>
<tr>
<td>4. Asks question calling for speculation</td>
<td>Related to lesson</td>
<td>Not related to lesson</td>
</tr>
<tr>
<td>5. Asks question of another student</td>
<td>Related to lesson</td>
<td>Not related to lesson</td>
</tr>
<tr>
<td>6. Gives own opinion on issue</td>
<td>Related to lesson</td>
<td>Not related to lesson</td>
</tr>
<tr>
<td>7. Responds to another student</td>
<td>Related to lesson</td>
<td>Not related to lesson</td>
</tr>
<tr>
<td>8. Summarizes remarks of another student</td>
<td>Related to lesson</td>
<td>Not related to lesson</td>
</tr>
<tr>
<td>9. Does not respond when addressed by teacher</td>
<td>Related to lesson</td>
<td>Not related to lesson</td>
</tr>
<tr>
<td>10. Does not respond when addressed by another student</td>
<td>Related to lesson</td>
<td>Not related to lesson</td>
</tr>
</tbody>
</table>

*Figure 7.10 Discussion-Analysis Tally Sheet*
If a particular behavior is present when an individual is observed, the researcher places a check mark opposite it on the list.

Figure 7.12 presents part of a performance checklist developed more than 70 years ago to assess a student’s skill in using a microscope. Note that the items on this checklist (as any well-constructed checklist should) ask the observer to indicate only if the desired behaviors take place. No subjective judgments are called for on the part of the observer as to how well the individual performs. Items that call for such judgments are best left to rating scales.

**Anecdotal Records.** Another way of recording the behavior of individuals is the anecdotal record. It is just what its name implies—a record of observed behaviors written down in the form of anecdotes. There is no set format; rather, observers are free to record any behavior they think is important and need not focus on the same behavior for all subjects. To produce the most useful records, however, observers should try to be as specific and as factual as possible and to avoid evaluative, interpretive, or overly generalized remarks. The American Council on Education describes four types of anecdotes, stating that the first three are to be avoided. Only the fourth type is desired.

1. Anecdotes that evaluate or judge the behavior of the child as good or bad, desirable or undesirable, acceptable or unacceptable...evaluative statements (to be avoided).
2. Anecdotes that account for or explain the child’s behavior, usually on the basis of a single fact or thesis...interpretive statements (to be avoided).
3. Anecdotes that describe certain behavior in general terms, as happening frequently, or as characterizing the child...generalized statements (to be avoided).
4. Anecdotes that tell exactly what the child did or said, that describe concretely the situation in which the action or comment occurred, and that tell clearly what other persons also did or said...specific or concrete descriptive statements (the type desired).1

Here are examples of each of the four types.

**Evaluative:** Julius talked loud and much during poetry; wanted to do and say just what he wanted and didn’t consider the right working out of things. Had to ask him to sit by me. Showed a bad attitude about it.
Sammy is awfully restless these days.

For the last week Sammy has been a

Interpretive: Educational Research Bulletin (1922–61) by R. W. Tyler. Copyright 1930 by Ohio State University, College of Education. Reproduced with permission of Ohio State University, College of Education in the format Textbook via Copyright Clearance Center.

Generalized: Sammy is awfully restless these days. He is growing so fast he cannot be settled. . . . Of course the inward change that is taking place causes the restlessness.

Specific (the type desired): The weather was so bitterly cold that we did not go on the playground today. The children played games in the room during the regular recess period. Andrew and Larry chose sides for a game which is known as stealing the bacon. I was talking to a group of children in the front of the room while the choosing was in process and in a moment I heard a loud altercation. Larry said that all the children wanted to be on Andrew’s side rather than on his. Andrew remarked, “I can’t help it if they all want to be on my side.”

Time-and-Motion Logs. There are occasions when researchers want to make a very detailed observation of an individual or a group. This is often the case, for example, when trying to identify the reasons underlying a particular problem or difficulty that an individual
or class is having (working very slowly, failing to complete assigned tasks, inattentiveness, and so on).

A time-and-motion study is the observation and detailed recording over a given period of time of the activities of one or more individuals (for example, during a 15-minute laboratory demonstration). Observers try to record everything an individual does as objectively as possible and at brief, regular intervals (such as every 3 minutes, with a 1-minute break interspersed between intervals).

The late Hilda Taba, a pioneer in educational evaluation, once cited an example of a fourth-grade teacher who believed that her class’s considerable slowness was due to the fact that they were extremely meticulous in their work. To check this out, she decided to conduct a detailed time-and-motion study of one typical student.

The results of her study indicated that this student, rather than being overly meticulous, was actually unable to focus his attention on a particular task for any concerted period of time. Figure 7.13 illustrates what she observed.

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
</table>
| 11:32 | Stacked paper  
Picked up pencil  
Wrote name  
Moved paper closer  
Continued with reading  
Rubbed nose  
Looked at Art’s paper  
Started to work . . . |
| 11:45 | Worked and watched  
Made funny faces  
Giggled. Looked at Lorrie and smiled  
Borrowed Art’s paper  
Erased  
Stacked paper  
Read  
Slid paper around  
Worked briefly  
Picked up paper and read  
Thumb in mouth, watched Miss D |
| 11:47 | Worked and watched  
Made funny face  
Giggled. Looked and smiled at Lorrie  
Paper up—read  
Picked eye  
Studied bulletin board  
Paper down—read again  
Fidgeted with paper  
Played with pencil and fingers  
Watched me |
| 11:50 | Watched L.  
Laughed at her  
Erased  
Hand up  
Laughed. Watched D.  
Got help |
| 11:55 | Wrote |

Figure 7.13 Time-and-Motion Log

SUBJECT-COMPLETED INSTRUMENTS

Questionnaires. The interview schedule shown in Figure 7.7 on page 120 could be used as a questionnaire. In a questionnaire, the subjects respond to the questions by writing or, more commonly, by marking an answer sheet. Advantages of questionnaires are that they can be mailed or given to large numbers of people at the same time. The disadvantages are that unclear or seemingly ambiguous questions cannot be clarified, and the
respondent has no chance to expand on or react verbally to a question of particular interest or importance.

Selection items on questionnaires include multiple-choice, true-false, matching, or interpretive-exercise questions. Supply items include short-answer or essay questions. We’ll give some examples of each of these types of items when we discuss achievement tests later in the chapter.

**Self-Checklists.** A self-checklist is a list of several characteristics or activities presented to the subjects of a study. The individuals are asked to study the list and then to place a mark opposite the characteristics they possess or the activities in which they have engaged for a particular length of time. Self-checklists are often used when researchers want students to diagnose or to appraise their own performance. One example of a self-checklist for use with elementary school students is shown in Figure 7.14.

**Attitude Scales.** The basic assumption that underlies all attitude scales is that it is possible to discover attitudes by asking individuals to respond to a series of statements of preference. Thus, if individuals agree with the statement, “A course in philosophy should be required of all candidates for a teaching credential,” researchers infer that these students have a positive attitude toward such a course (assuming students understand the meaning of the statement and are sincere in their responses). An attitude scale, therefore, consists of a set of statements to which an individual responds. The pattern of responses is then viewed as evidence of one or more underlying attitudes.

Attitude scales are often similar to rating scales in form, with words and numbers placed on a continuum. Subjects circle the word or number that best represents how they feel about the topics included in the questions or statements in the scale. A commonly used attitude scale in educational research is the **Likert scale**, named
after the man who designed it. Figure 7.15 presents a few examples from a Likert scale. On some items, a 5 (strongly agree) will indicate a positive attitude and be scored 5. On other items, a 1 (strongly disagree) will indicate a positive attitude and be scored 5 (thus, the ends of the scale are reversed when scoring), as shown in item 2 in Figure 7.15.

A unique sort of attitude scale that is especially useful for classroom research is the semantic differential. It allows a researcher to measure a subject’s attitude toward a particular concept. Subjects are presented with a continuum of several pairs of adjectives (good-bad, cold-hot, priceless-worthless, and so on) and asked to place a check mark between each pair to indicate their attitudes. Figure 7.16 presents an example.

A scale that has particular value for determining the attitudes of young children uses simply drawn faces. When the subjects of an attitude study are primary school children or younger, they can be asked to place an X under a face, such as the ones shown in Figure 7.17, to indicate how they feel about a topic.

The subject of attitude scales is discussed rather extensively in the literature on evaluation and test development, and students interested in a more extended treatment should consult a standard textbook on these subjects.

**Personality (or Character) Inventories.** Personality inventories are designed to measure certain traits of individuals or to assess their feelings about themselves. Examples of such inventories include the Minnesota Multiphasic Personality Inventory, the IPAT Anxiety Scale, the Piers-Harris Children’s Self-Concept Scale (How I Feel About Myself), and the Kuder Preference Record. Figure 7.18 lists some typical items from this type of test. The specific items, of course, reflect the variable(s) the inventory addresses.

**Achievement Tests.** Achievement, or ability, tests measure an individual’s knowledge or skill in a given area or subject. They are mostly used in schools to measure learning or the effectiveness of instruction. The California Achievement Test, for example, measures achievement in reading, language, and arithmetic. The Stanford Achievement Test measures a variety of areas, such as language usage, word meaning, spelling, arithmetic computation, social studies, and science. Other commonly used achievement tests include the Comprehensive Tests of Basic Skills, the Iowa Tests of Basic Skills, the Metropolitan Achievement Test, and the Sequential Tests of Educational Progress (STEP). In research that involves comparing instructional methods, achievement is frequently the dependent variable.

Achievement tests can be classified in several ways. General achievement tests are usually batteries of tests (such as the STEP tests) that measure such things as vocabulary, reading ability, language usage, math, and social studies. One of the most common general achievement tests is the Graduate Record Examination, which

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**Figure 7.15 Examples of Items from a Likert Scale Measuring Attitude Toward Teacher Empowerment**

**Instructions:** Circle the choice after each statement that indicates your opinion.

1. All professors of education should be required to spend at least six months teaching at the elementary or secondary level every five years.

<table>
<thead>
<tr>
<th>Strongly agree</th>
<th>Agree</th>
<th>Undecided</th>
<th>Disagree</th>
<th>Strongly disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>(5)</td>
<td>(4)</td>
<td>(3)</td>
<td>(2)</td>
<td>(1)</td>
</tr>
</tbody>
</table>

2. Teachers’ unions should be abolished.

<table>
<thead>
<tr>
<th>Strongly agree</th>
<th>Agree</th>
<th>Undecided</th>
<th>Disagree</th>
<th>Strongly disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>(1)</td>
<td>(2)</td>
<td>(3)</td>
<td>(4)</td>
<td>(5)</td>
</tr>
</tbody>
</table>

3. All school administrators should be required by law to teach at least one class in a public school classroom every year.

<table>
<thead>
<tr>
<th>Strongly agree</th>
<th>Agree</th>
<th>Undecided</th>
<th>Disagree</th>
<th>Strongly disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>(5)</td>
<td>(4)</td>
<td>(3)</td>
<td>(2)</td>
<td>(1)</td>
</tr>
</tbody>
</table>
students must pass before they can be admitted to most graduate programs. Specific achievement tests, on the other hand, are tests that measure an individual’s ability in a specific subject, such as English, world history, or biology. Figure 7.19 illustrates the kinds of items found on an achievement test.

**Aptitude Tests.** Another well-known type of ability test is the so-called general aptitude, or intelligence, test, which assesses intellectual abilities that are not, in most cases, specifically taught in school. Some measure of general ability is frequently used as either an independent or a dependent variable in research. In attempting to assess the effects of different instructional programs, for example, it is often necessary (and very important) to control this variable so that groups exposed to the different programs are not markedly different in general ability.

Aptitude tests are intended to measure an individual’s potential to achieve; in actuality, they measure present skills or abilities. They differ from achievement tests in their purpose and often in content, usually including a wider variety of skills or knowledge. The same test may be either an aptitude or an achievement
test, depending on the purpose for which it is used. A mathematics achievement test, for example, may also measure aptitude for additional mathematics. Although such tests are used primarily by counselors to help individuals identify areas in which they may have potential, they also can be used in research. In this regard, they are particularly useful for purposes of control. For example, to measure the effectiveness of an instructional program designed to increase problem-solving ability in mathematics, a researcher might decide to use an aptitude test to adjust for initial differences in ability. Figure 7.20 presents an example of one kind of item found on an aptitude test.

Aptitude tests may be administered to individuals or groups. Each method has both advantages and disadvantages. The big advantage of group tests is that they are more convenient to administer and hence save considerable time. One disadvantage is that they require a
great deal of reading, and students who are low in reading ability are thus at a disadvantage. Furthermore, it is difficult for those taking the test to have test instructions clarified or to have any interaction with the examiner (which sometimes can raise scores). Lastly, the range of possible tasks on which the student can be examined is much less with a group-administered test than with an individually administered test.

The California Test of Mental Maturity (CTMM) and the Otis-Lennon are examples of group tests. The best-known of the individual aptitude tests is the Stanford-Binet Intelligence Scale, although the Wechsler scales are used more widely. Whereas the Stanford-Binet gives only one IQ score, the Wechsler scales also yield a number of subscores. The two Wechsler scales are the Wechsler Intelligence Scale for Children (WISC-III) for ages 5 to 15 and the Wechsler Adult Intelligence Scale (WAIS-III) for older adolescents and adults.

Many intelligence tests provide reliable and valid evidence when used with certain kinds of individuals and for certain purposes (for example, predicting the college grades of middle-class Caucasians). On the other hand, they have increasingly come under attack when used with other persons or for other purposes (such as identifying members of certain minority groups to be placed in special classes). Furthermore, there is increasing recognition that most intelligence tests fail to measure many important abilities, including the ability to identify or conceptualize unusual sorts of relationships. As a result, the researcher must be especially careful in evaluating any such test before using it and must determine whether it is appropriate for the purpose of the study. (We discuss some ways to do this when we consider validity in Chapter 8.) Figure 7.21 presents examples of the kinds of items on an intelligence test.

**Performance Tests.** As we have mentioned, a performance test measures an individual’s performance on a particular task. An example would be a typing test, in which individual scores are determined by how accurately and how rapidly people type.

As Sawin has suggested, it is not always easy to determine whether a particular instrument should be called a performance test, a performance checklist, or a performance rating scale.6 A performance test is the most objective of the three. When a considerable amount of judgment is required to determine if the various aspects of a performance were done correctly, the device is likely to be classified as either a checklist or rating scale. Figure 7.22 illustrates a performance test developed more than 60 years ago to measure sewing ability. In this test, the individual is requested to sew on the line in part A of the test, and between the lines on part B of the test.7

**Projective Devices.** A projective device is any sort of instrument with a vague stimulus that allows individuals to project their interests, preferences, anxieties, prejudices, needs, and so, on through their responses.

1. How are frog and toy alike and how are they different?
2. Here is a sequence of pictures.

   ![Sequence of pictures](image)

   Which of the following would come next in the sequence?

   ![Next sequence](image)
to it. This kind of device has no “right” answers (or any clear-cut answers of any sort), and its format allows an individual to express something of his or her own personality. There is room for a wide variety of responses.

Perhaps the best-known example of a projective device is the Rorschach Ink Blot Test, in which individuals are presented with a series of ambiguously shaped ink blots and asked to describe what the blots look like. Another well-known projective test is the Thematic Apperception Test (TAT), in which pictures of events are presented and individuals are asked to make up a story about each picture. One application of the projective approach to a classroom setting is the Picture Situation Inventory, one of the few examples especially adapted to classroom situations. This instrument consists of a series of cartoonlike drawings, each portraying a classroom situation in which a child is saying something. Students taking the test are to enter the response of the teacher, thereby presumably indicating something of their own tendencies in the situation. Two of the pictures in this test are reproduced in Figure 7.23.

**Sociometric Devices.** Sociometric devices ask individuals to rate their peers in some way. Two examples include the sociogram and the “group play.” A sociogram is a visual representation, usually by means of arrows, of the choices people make about other individuals with whom they interact. It is frequently used to assess the climate and structure of interpersonal relationships within a classroom, but it is by no means limited to such an environment. Each student is usually represented by a circle (if female) or a triangle (if male), and arrows are then drawn to indicate different student choices with regard to a particular question. Students may be asked, for example, to list three students whom they consider leaders of the class; admire the most; find especially helpful; would like to have for a friend; would like to have as a partner in a research project; and so forth. The responses students give are then used to construct the sociogram. Figure 7.24 illustrates a sociogram.

Another version of a sociometric device is the group play. Students are asked to cast different members of their group in various roles in a play to illustrate their interpersonal relationships. The roles are listed on a piece of paper, and then the members of the group are asked to write in the name of the student they think each role best describes. Almost any type of role can be suggested. The casting choices that individuals make often shed considerable light on how some individuals are viewed by others. Figure 7.25 presents an example of this device.

**Item Formats.** Although the types of items or questions used in different instruments can take many forms, each item can be classified as either a selection item or a supply item. A selection item presents a set of possible responses from which respondents are to select the most appropriate answer. A supply item, on the other hand, asks respondents to formulate and then supply their own answers. Here are some examples of each type.
Selection Items. True-false items: True-false items present either a true or a false statement, and the respondent has to mark either true (T) or false (F). Frequently used variations of the words true and false are yes-no or right-wrong, which often are more useful when attempting to question or interview young children. Here is an example of a true-false item:

T F I get very nervous whenever I have to speak in public.

Multiple-choice items: Multiple-choice items consist of two parts: the stem, which contains the question, and several (usually four) possible choices. Here is an example:

Which of the following expresses your opinion on abortion?

- a. It is immoral and should be prohibited.
- b. It should be discouraged but permitted under unusual circumstances.
- c. It should be available under a wide range of conditions.
- d. It is entirely a matter of individual choice.

Matching items: Matching items are variations of the multiple-choice format. They consist of two groups listed in columns—the left-hand column containing the questions or items to be thought about and the right-hand column containing the possible responses to the questions. The respondent pairs the choice from the right-hand column with the corresponding question or item in the left-hand column. Here is an example:

Instructions: For each item in the left-hand column, select the item in the right-hand column that represents your first reaction. Place the appropriate letter in the blank. Each lettered item may be used more than once or not at all.

Column A
Special classes for the:

___ 1. severely retarded
___ 2. mildly retarded
___ 3. hard of hearing
___ 4. visually impaired
___ 5. learning disabled
___ 6. emotionally disturbed

Column B
a. should be increased
b. should be maintained
c. should be decreased
d. should be eliminated

Interpretive exercises: One difficulty with using true-false, multiple-choice, and matching items to measure achievement is that these items often do not measure complex learning outcomes. One way to get at more
complex learning outcomes is to use what is called an interpretive exercise. An interpretive exercise consists of a selection of introductory material (this may be a paragraph, map, diagram, picture, chart) followed by one or more selection items that ask a respondent to interpret this material. Two examples of interpretive exercises follow.

Example 1.

Directions: Read the following comments a teacher made about testing. Then answer the question that follows the comments by circling the letter of the best answer.

"Students go to school to learn, not to take tests. In addition, tests cannot be used to indicate a student's absolute
level of learning. All tests can do is rank students in order of achievement, and this relative ranking is influenced by guessing, bluffing, and the subjective opinions of the teacher doing the scoring. The teaching-learning process would benefit if we did away with tests and depended on student self-evaluation."  

1. Which one of the following unstated assumptions is this teacher making?  
   a. Students go to school to learn.  
   b. Teachers use essay tests primarily.  
   c. Tests make no contribution to learning.  
   d. Tests do not indicate a student’s absolute level of learning.

Example 2.

Directions: Paragraph A contains a description of the testing practices of Mr. Smith, a high school teacher. Read the description and each of the statements that follow it. Mark each statement to indicate the type of inference that can be drawn about it from the material in the paragraph. Place the appropriate letter in front of each statement using the following key:  
   T—if the statement may be inferred as true.  
   F—if the statement may be inferred as untrue.  
   N—if no inference may be drawn about it from the paragraph.

Paragraph A

Approximately one week before a test is to be given, Mr. Smith carefully goes through the textbook and constructs multiple-choice items based on the material in the book. He always uses the exact wording of the textbook for the correct answer so that there will be no question concerning its correctness. He is careful to include some test items from each chapter. After the test is given, he lists the scores from high to low on the blackboard and tells each student his or her score. He does not return the test papers to the students, but he offers to answer any questions they might have about the test. He puts the items from each test into a test file, which he is building for future use.

1. Mr. Smith’s tests measure a limited range of learning outcomes.  
2. Some of Mr. Smith’s test items measure at the understanding level.  
3. Mr. Smith’s tests measure a balanced sample of subject matter.  
4. Mr. Smith uses the type of test item that is best for his purpose.  
5. Students can determine where they rank in the distribution of scores on Mr. Smith’s tests.  
6. Mr. Smith’s testing practices are likely to motivate students to overcome their weaknesses.
observed, or interviewed—often will, to some degree, affect the nature of the information researchers obtain. To eliminate this reactive effect, researchers at times attempt to use what are called unobtrusive measures, which are data-collection procedures that involve no intrusion into the naturally occurring course of events. In most instances, no instrument is required, only some form of record keeping. Here are some examples of such procedures:

• The degree of fear induced by a ghost-story-telling session can be measured by noting the shrinking diameter of a circle of seated children.

• Library withdrawals could be used to demonstrate the effect of the introduction of a new unit on Chinese history in a social studies curriculum.

• The interest of children in Christmas or other holidays might be demonstrated by the amount of distortion in the size of their drawings of Santa Claus or other holiday figures.

• Racial attitudes in two elementary schools might be compared by noting the degree of clustering of members of different ethnic groups in the lunchroom and on the playground.

• The values held by people of different countries might be compared through analyzing different types of published materials, such as textbooks, plays, handbooks for youth organizations, magazine advertisements, and newspaper headlines.

• Some idea of the attention paid to patients in a hospital might be determined by observing the frequency of notes, both informal and required, made by attending nurses to patients’ bedside records.

• The degree of stress felt by college students might be assessed by noting the nature and frequency of sick-call visits to the college health center.

• Student attitudes toward, and interest in, various topics can be noted by observing the amount of graffiti about those topics written on school walls.

Many variables of interest can be assessed, at least to some degree, through the use of unobtrusive measures. The reliability and validity of inferences based on such measures will vary depending on the procedure used. Nevertheless, unobtrusive measures add an important and useful dimension to the array of possible data sources available to researchers. They are particularly valuable as supplements to interviews and questionnaires, often providing a useful way to corroborate (or contradict) what these more traditional data sources reveal.
Norm-Referenced Versus Criterion-Referenced Instruments

NORM-REFERENCED INSTRUMENTS

All individual scores derive meaning by comparing them to the scores of a particular group. This means that the nature of the group is extremely important. Whenever this is done, researchers must be sure that the reference group makes sense. Comparing a boy’s score on a grammar test to a group of girls’ scores on that test, for example, may be quite misleading since girls usually score higher in grammar. The group to which the comparison is made is called the norm group, and instruments that provide such information are referred to as norm-referenced instruments.

CRITERION-REFERENCED INSTRUMENTS

An alternative to the use of customary achievement or performance instruments, most of which are norm-referenced, is to use a criterion-referenced instrument—usually a test.

The intent of such tests is somewhat different from that of norm-referenced tests; criterion-referenced tests focus more directly on instruction. Rather than evaluating learner progress through gain in scores (for example, from 40 to 70 on an achievement test), a criterion-referenced test is based on a specific goal, or target (called a criterion), for each learner to achieve. This criterion for mastery, or “pass,” is usually stated as a fairly high percentage of correctly answered questions (such as 80 or 90 percent). Examples of criterion-referenced and norm-referenced evaluation statements are as follows:

Criterion-referenced: A student . . .
• spelled every word in the weekly spelling list correctly.
• solved at least 75 percent of the assigned problems.
• achieved a score of at least 80 out of 100 on the final exam.
• did at least 25 push-ups within a five-minute period.
• read a minimum of one nonfiction book a week.

Norm-referenced: A student . . .
• scored at the 50th percentile in his group.
• scored above 90 percent of all the students in the class.
• received a higher grade point average in English literature than any other student in the school.
• ran faster than all but one other student on the team.
• and one other in the class were the only ones to receive As on the midterm.

The advantage of a criterion-referenced instrument is that it gives both teacher and students a clear-cut goal to work toward. As a result, it has considerable appeal as a means of improving instruction. In practice, however, several problems arise. First, teachers seldom set or reach the ideal of individualized student goals. Rather, class goals are more the rule, the idea being that all students will reach the criterion—though, of course, some may not and many will exceed it. The second problem is that it is difficult to establish even class criteria that are meaningful. What, precisely, should a class of fifth-graders be able to do in mathematics? Solve story problems, many would say. We would agree, but of what complexity? and requiring which mathematics sub-skills? In the absence of independent criteria, we have little choice but to fall back on existing expectations, and this is typically (though not necessarily) done by examining existing texts and tests. As a result, the specific items in a criterion-referenced test often turn out to be indistinguishable from those in the usual norm-referenced test, with one important difference: A criterion-referenced test at any grade level will almost certainly be easier than a norm-referenced test. It must be easier if most students are to get 80 or 90 percent of the items correct. In preparing such tests, researchers must try to write items that will be answered correctly by 80 percent of the students—after all, they don’t want 50 percent of their students to fail. The desired difficulty level for norm-referenced items, however, is at or about 50 percent, in order to provide the maximum opportunity for the scores to distinguish the ability of one student from another.

While a criterion-referenced test may be more useful at times and in certain circumstances than the more customary norm-referenced test (this issue is still being debated), it is often inferior for research purposes. Why? Because, in general, a criterion-referenced test will provide much less variability of scores, because it is easier. Whereas the usual norm-referenced test will provide a range of scores somewhat less than the possible range (that is, from zero to the total number of items in the test), a criterion-referenced test, if it is true to its rationale, will have most of the students (surely at least half) getting a high score. Because,
in research, we usually want maximum variability in order to have any hope of finding relationships with other variables, the use of criterion-referenced tests is often self-defeating.*

**Measurement Scales**

You will recall from Chapter 3 that there are two basic types of variables—quantitative and categorical. Each uses a different type of analysis and measurement, requiring the use of different measurement scales. There are four types of measurement scales: nominal, ordinal, interval, and ratio (Figure 7.26).

**Nominal Scales**

A *nominal scale* is the simplest form of measurement researchers can use. When using a nominal scale, researchers simply assign numbers to different categories in order to show differences (Figure 7.27). For example, a researcher concerned with the variable of gender might group data into two categories, male and female, and assign the number 1 to females and the number 2 to males. Another researcher, interested in studying methods of teaching reading, might assign the number 1 to the whole-word method, the number 2 to the phonics method, and the number 3 to the “mixed” method. In most cases, the advantage to assigning numbers to the categories is to facilitate computer analysis. There is no

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*An exception is in program evaluation, where some researchers advocate the use of criterion-referenced tests because they want to determine how many students reach a predetermined standard (criterion).*
implication that the phonics method (assigned number 2) is “more” of anything than the whole-word method (assigned number 1).

**ORDINAL SCALES**

An ordinal scale is one in which data may be ordered in some way—high to low or least to most. For example, a researcher might rank-order student scores on a biology test from high to low. Notice, however, that the difference in scores or in actual ability between the first- and second-ranked students and between the fifth- and sixth-ranked students would not necessarily be the same. Ordinal scales indicate relative standing among individuals, as Figure 7.28 demonstrates.

**INTERVAL SCALES**

An interval scale possesses all the characteristics of an ordinal scale with one additional feature: The distances between the points on the scale are equal. For example, the distances between scores on most commercially available mathematics achievement tests are usually considered equal. Thus, the distance between scores of 70 and 80 is considered to be the same as the distance between scores of 80 and 90. Notice, however, that the zero point on an interval scale does not indicate a total absence of what is being measured. Thus, 0°F (zero degrees) on the Fahrenheit scale, which measures temperature, does not indicate no temperature.

To illustrate further, consider the commonly used IQ score. Is the difference between an IQ of 90 and one of 100 (10 points) the same as the difference between an IQ of 40 and one of 50 (also 10 points)? or between an IQ of 120 and one of 130? If we believe that the scores constitute an interval scale, we must assume that 10 points has the same meaning at different points on the scale. Do we know whether this is true? No, we do not, as we shall now explain.

With respect to some measurements, we can demonstrate equal intervals. We do so by having an agreed-on standard unit. This is one reason why we have a Bureau of Standards, located in Washington, DC. You could, if you wished to do so, go to the bureau and actually “see” a standard inch, foot, ounce, and so on, that defines these units. While it might not be easy, you could conceivably check your carpenter’s rule using the “standard inch” to see if an inch is an inch all along your rule. You literally could place the “standard inch” at various points along your rule.

There is no such standard unit for IQ or for virtually any variable commonly used in educational research. Over the years, sophisticated and clever techniques have been developed to create interval scales for use by researchers. The details are beyond the scope of this text, but you should know that they all are based on highly questionable assumptions.

In actual practice, most researchers prefer to “act as if” they have an interval scale, because it permits the use of more sensitive data analysis procedures and because, over the years, the results of doing so make sense. Nevertheless, acting as if we have interval scales requires an assumption that (at least to date) cannot be proved.

**RATIO SCALES**

An interval scale that does possess an actual, or true, zero point is called a ratio scale. For example, a scale
Characteristics of the Four Types of Measurement Scales

<table>
<thead>
<tr>
<th>Measurement Scale</th>
<th>Characteristics</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nominal</td>
<td>Groups and labels data only; reports frequencies or percentages.</td>
</tr>
<tr>
<td>Ordinal</td>
<td>Ranks data; uses numbers only to indicate ranking.</td>
</tr>
<tr>
<td>Interval</td>
<td>Assumes that equal differences between scores really mean equal differences in the variable measured.</td>
</tr>
<tr>
<td>Ratio</td>
<td>All of the above, plus a true zero point.</td>
</tr>
</tbody>
</table>

Which Statistical Index Is Valid?

Measurements, of course, are not limited to test scores and the like. For example, a widely used measurement is the “index of unemployment” provided by the Bureau of Labor Statistics. One of its many uses is to study the relationship between unemployment and crime. Its validity for this purpose has been questioned by the author of a recent study who found that while this index showed no relationship to property crimes, two different indexes that reflected long-term (rather than temporary) unemployment did show substantial relationships. The author concluded, “Clearly, we need to become as interested in the selection of appropriate indicators as we are with the specification of appropriate models and the selection of statistical techniques.”

What do you think? Why did the different indexes give different results?


Measurement Scales Reconsidered

At this point, you may be saying, Well, okay, but so what? Why are these distinctions important? There are two reasons why you should have at least a rudimentary understanding of the differences between these four types of scales. First, they convey different amounts of information. Ratio scales provide more information than do interval scales; interval, more than ordinal; and ordinal, more than nominal. Hence, if possible, researchers should use the type of measurement that will provide them with the maximum amount of information needed to answer their research question. Second, some types of statistical procedures are inappropriate for the different scales. The way in which the data in a research study are organized dictates the use of certain types of statistical analyses, but not others (we shall discuss this point in more detail in Chapter 11). Table 7.1 presents a summary of the four types of measurement scales.

Often researchers have a choice to make. They must decide whether to consider data as ordinal or interval. For example, suppose a researcher uses a self-report questionnaire to measure self-esteem. The questionnaire is scored for the number of items answered (yes or no) in the direction indicating high self-esteem. For a given sample of 60, the researcher finds that the scores range from 30 to 75.

The researcher may now decide to treat scores as interval data, in which case she assumes that equal distances (e.g., 30–34, 35–39, 40–44) in score represent equal differences in self-esteem.* If the researcher is uncomfortable with this assumption, she could use the scores to rank the individuals in her sample from highest (rank 1) to lowest (rank 60). If she were then to use only these rankings designed to measure height would be a ratio scale, because the zero point on the scale represents the absence of height (that is, no height). Similarly, the zero on a bathroom weight scale represents zero, or no, weight. Ratio scales are almost never encountered in educational research, since rarely do researchers engage in measurement involving a true zero point (even on those rare occasions when a student receives a zero on a test of some sort, this does not mean that whatever is being measured is totally absent in the student). Some other variables that do have ratio scales are income, time on task, and age.
in subsequent analysis, she would now be assuming that her instrument provides only ordinal data.

Fortunately, researchers can avoid this choice. They have another option—to treat the data separately according to both assumptions (that is, to treat the scores as ordinal data, and then again as interval data). The important thing to realize is that a researcher must be prepared to defend the assumptions underlying her choice of a measurement scale used in the collection and organization of data.

Preparing Data for Analysis

Once the instruments being used in a study have been administered, the researcher must score the data that have been collected and then organize it to facilitate analysis.

SCORING THE DATA

Collected data must be scored accurately and consistently. If they are not, any conclusions a researcher draws from the data may be erroneous or misleading. Each individual’s test (questionnaire, essay, etc.) should be scored using exactly the same procedures and criteria. When a commercially purchased instrument is used, the scoring procedures are made much easier. Usually the instrument developer will provide a scoring manual that lists the steps to follow in scoring the instrument, along with a scoring key. It is a good idea to double-check one’s scoring to ensure that no mistakes have been made.

The scoring of a self-developed test can produce difficulties, and hence researchers have to take special care to ensure that scoring is accurate and consistent. Essay examinations, in particular, are often very difficult to score in a consistent manner. For this reason, it is usually advisable to have a second person also score the results. Researchers should carefully prepare their scoring plans, in writing, ahead of time and then try out their instrument by administering and scoring it with a group of individuals similar to the population they intend to sample in their study. Problems with administration and scoring can thus be identified early and corrected before it is too late.

TABULATING AND CODING THE DATA

When the data have been scored, the researcher must tally or tabulate them in some way. Usually this is done by transferring the data to some sort of summary data sheet or card. The important thing is to record one’s data accurately and systematically. If categorical data are being recorded, the number of individuals scoring in each category are tallied. If quantitative data are being recorded, the data are usually listed in one or more columns, depending on the number of groups involved in the study. For example, if the data analysis is to consist simply of a comparison of the scores of two groups on a posttest, the data would most likely be placed in two columns, one for each group, in descending order. Table 7.2, for example, presents some hypothetical results of a study involving a comparison of two counseling methods with an instrument measuring rapport. If pre- and post-test scores are to be compared, additional columns could be added. Subgroup scores could also be indicated.

When different kinds of data are collected (i.e., scores on several different instruments) in addition to biographical information (gender, age, ethnicity, etc.), they are usually recorded in a computer or on data cards, one card for each individual from whom data were collected. This facilitates easy comparison and grouping (and regrouping) of data for purposes of analysis. In addition, the data are coded. In other words, some type of code is used to protect the privacy of the
individuals in the study. Thus, the names of males and females might be coded as 1 and 2. Coding of data is especially important when data are analyzed by computer, since any data not in numerical form must be coded in some systematic way before they can be entered into the computer. Thus, categorical data, to be analyzed on a computer, are often coded numerically (e.g., pretest scores 1, and posttest scores 2).

The first step in coding data is often to assign an ID number to every individual from whom data has been collected. If there were 100 individuals in a study, for example, the researcher would number them from 001 to 100. If the highest value for any variable being analyzed involves three digits (e.g., 100), then every individual code number must have three digits (e.g., the first individual to be numbered must be 001, not 1).

The next step would be to decide how any categorical data being analyzed are to be coded. Suppose a researcher wished to analyze certain demographic information obtained from 100 subjects who answered a questionnaire. If his study included juniors and seniors in a high school, he might code the juniors as 11 and the seniors as 12. Or, if respondents were asked to indicate which of four choices they preferred (as in certain multiple-choice questions), the researcher might code each of the choices [e.g., (a), (b), (c), (d) as 1, 2, 3, or 4, respectively]. The important thing to remember is that the coding must be consistent—that is, once a decision is made about how to code someone, all others must be coded the same way, and this (and any other) coding rule must be communicated to everyone involved in coding the data.

Go back to the INTERACTIVE AND APPLIED LEARNING feature at the beginning of the chapter for a listing of interactive and applied activities. Go to the Online Learning Center at www.mhhe.com/fraenkel8e to take quizzes, practice with key terms, and review chapter content.

WHAT ARE DATA?

• The term data refers to the kinds of information researchers obtain on the subjects of their research.

INSTRUMENTATION

• The term instrumentation refers to the entire process of collecting data in a research investigation.

VALIDITY AND RELIABILITY

• An important consideration in the choice of a research instrument is validity: the extent to which results from it permit researchers to draw warranted conclusions about the characteristics of the individuals studied.
• A reliable instrument is one that gives consistent results.

OBJECTIVITY AND USABILITY

• Whenever possible, researchers try to eliminate subjectivity from the judgments they make about the achievement, performance, or characteristics of subjects.
• An important consideration for any researcher in choosing or designing an instrument is its ease of use.
WAYS TO CLASSIFY INSTRUMENTS

- Research instruments can be classified in many ways. Some of the more common are in terms of who provides the data, the method of data collection, who collects the data, and what kind of response they require from the subjects.
- Research data are obtained by directly or indirectly assessing the subjects of a study.
- Self-report data are provided by the subjects of a study themselves.
- Informant data are provided by other people about the subjects of a study.

TYPES OF INSTRUMENTS

- There are many types of researcher-completed instruments. Some of the more commonly used are rating scales, interview schedules, observation forms, tally sheets, flowcharts, performance checklists, anecdotal records, and time-and-motion logs.
- Many types of instruments are completed by the subjects of a study rather than the researcher. Some of the more commonly used of this type are questionnaires; self-checklists; attitude scales; personality inventories; achievement, aptitude, and performance tests; and projective and sociometric devices.
- The types of items or questions used in subject-completed instruments can take many forms, but they all can be classified as either selection or supply items. Examples of selection items include true-false items, multiple-choice items, matching items, and interpretive exercises. Examples of supply items include short-answer items and essay questions.
- An excellent source for locating already available tests is the ERIC database.
- Unobtrusive measures require no intrusion into the normal course of affairs.

NORM-REFERENCED VERSUS CRITERION-REFERENCED INSTRUMENTS

- Instruments that provide scores that compare individual scores to the scores of an appropriate reference group are called norm-referenced instruments.
- Instruments that are based on a specific target for each learner to achieve are called criterion-referenced instruments.

MEASUREMENT SCALES

- Four types of measurement scales—nominal, ordinal, interval, and ratio—are used in educational research.
- A nominal scale uses numbers to indicate membership in one or more categories.
- An ordinal scale uses numbers to rank or order scores from high to low.
- An interval scale uses numbers to represent equal intervals in different segments on a continuum.
- A ratio scale uses numbers to represent equal distances from a known zero point.

PREPARING DATA FOR ANALYSIS

- Collected data must be scored accurately and consistently.
- Once scored, data must be tabulated and coded.
I. What type of instrument do you think would be best suited to obtain data about each of the following?
   a. The free-throw shooting ability of a tenth-grade basketball team
   b. How nurses feel about a new management policy recently instituted in their hospital
   c. Parental reactions to a proposed campaign to raise money for an addition to the school library
   d. The “best-liked” boy and girl in the senior class
   e. The “best” administrator in a particular school district
   f. How well students in a food management class can prepare a balanced meal
   g. Characteristics of all students who are biology majors at a midwestern university
   h. How students at one school compare to students at another school in mathematics ability
   i. The potential of various high school seniors for college work
   j. What the members of a kindergarten class like and dislike about school

2. Which do you think would be the easiest to measure—the attention level of a class, student interest in a poem, or participation in a class discussion? Why? Which would be the hardest to measure?

3. Is it possible to measure a person’s self-concept? If so, how? What about his or her body image?

4. Are there any things (ideas, objects, etc.) that cannot be measured? If so, give an example.

5. Of all the instruments presented in this chapter, which one(s) do you think would be the hardest to use? the easiest? Why? Which one(s) do you think would provide the most dependable information? Why?

6. It sometimes would not be fair to compare an individual’s score on a test to the scores of other individuals taking the same test. Why?

Notes

2. Ibid., p. 33.


11. The use of unobtrusive measures is an art in itself. We can only scratch the surface of the topic here. For a more extended discussion, along with many interesting examples, the reader is referred to the book by Webb et al., in note 10.
Research Exercise 7: Instrumentation

Name all of the instrument(s) you intend to use in your study, and whether they are preexisting or if you will need to develop them yourself. Describe how you will use the instrument(s) (i.e., where, when and how you will collect the data you will need) and how many items each instrument will contain. Then explain how the instrument is to be scored or how it can be interpreted.

Problem Sheet 7

Instrumentation

1. Describe the type(s) of instrument(s) you plan to use for your study (e.g., interview protocol, attitudinal survey, achievement test, observation scale, questionnaire, focus group protocol, etc.).

____________________________________________________________________
____________________________________________________________________

2. Is it a preexisting instrument or one you plan to develop?

____________________________________________________________________
____________________________________________________________________

3. If preexisting, state the name of the instrument. Also, why did you decide to use this particular instrument?

____________________________________________________________________
____________________________________________________________________

4. What is the instrument supposed to measure or assess?

____________________________________________________________________
____________________________________________________________________

5. How many items will the instrument contain?

____________________________________________________________________
____________________________________________________________________

6. How will the instrument be scored or interpreted?

____________________________________________________________________
____________________________________________________________________
OBJECTIVES

Studying this chapter should enable you to:

- Explain what is meant by the term "validity" as it applies to the use of instruments in educational research.
- Name three types of evidence of validity that can be obtained, and give an example of each type.
- Explain what is meant by the term "correlation coefficient" and describe briefly the difference between positive and negative correlation coefficients.
- Explain what is meant by the terms "validity coefficient" and "reliability coefficient."
- Explain what is meant by the term "reliability" as it applies to the use of instruments in educational research.
- Explain what is meant by the term "errors of measurement."
- Explain briefly the meaning and use of the term "standard error of measurement."
- Describe briefly three ways to estimate the reliability of the scores obtained using a particular instrument.
- Describe how to obtain and evaluate scoring agreement.
It isn’t fair, Tony!”
“What isn’t, Lily?”
“Those tests that Mrs. Leonard gives. Grrr!”
“What about them?”
“Well, take this last test we had on the Civil War. All during her lectures and the class discussions over the last few weeks, we’ve been talking about the causes and effects of the War.”
“So?”
“Well, then on this test, she asked a lot about battles and generals and other stuff that we didn’t study.”
“Did you ask her how come?”
“Yes, I did. She said she wanted to test our thinking ability. But she was asking us to think about material she hadn’t even gone over or discussed in class. That’s why I think she isn’t fair.”

Lily is correct. Her teacher, in this instance, isn’t being fair. Although she isn’t using the term, what Lily is talking about is a matter of validity. It appears Mrs. Leonard is giving an invalid test. What this means, and why it isn’t a good thing for a teacher (or any researcher) to do, is largely what this chapter is about.

The Importance of Valid Instrumentation

The quality of the instruments used in research is very important, for the conclusions researchers draw are based on the information they obtain using these instruments. Accordingly, researchers use a number of procedures to ensure that the inferences they draw, based on the data they collect, are valid and reliable.

Validity refers to the appropriateness, meaningfulness, correctness, and usefulness of the inferences a researcher makes. Reliability refers to the consistency of scores or answers from one administration of an instrument to another, and from one set of items to another. Both concepts are important to consider when it comes to the selection or design of the instruments a researcher intends to use. In this chapter, therefore, we shall discuss both validity and reliability in some detail.

Validity

Validity is the most important idea to consider when preparing or selecting an instrument for use. More than anything else, researchers want the information they obtain through the use of an instrument to serve their purposes. For example, to find out what teachers in a particular school district think about a recent policy passed by the school board, researchers need both an instrument to record the data and some sort of assurance that the information obtained will enable them to
draw correct conclusions about teacher opinions. The drawing of correct conclusions based on the data obtained from an assessment is what validity is all about. Though not essential, some kind of score that summarizes the information for each person greatly simplifies the comprehension and use of data, and because most instruments provide such scores, we present the following discussion in this context.

In recent years, validity has been defined as referring to the appropriateness, correctness, meaningfulness, and usefulness of the specific inferences researchers make based on the data they collect. Validation is the process of collecting and analyzing evidence to support such inferences. There are many ways to collect evidence, and we will discuss some of them shortly. The important point here is to realize that validity refers to the degree to which evidence supports any inferences a researcher makes based on the data he or she collects using a particular instrument. It is the inferences about the specific uses of an instrument that are validated, not the instrument itself.* These inferences should be appropriate, meaningful, correct, and useful.

One interpretation of this conceptualization of validity has been that test publishers no longer have a responsibility to provide evidence of validity. We do not agree; publishers have an obligation to state what an instrument is intended to measure and to provide evidence that it does. Nonetheless, researchers must still give attention to the way in which they intend to interpret the information.

An appropriate inference would be one that is relevant—that is, related—to the purposes of the study. If the purpose of a study were to determine what students know about African culture, for example, it would make no sense to make inferences about this from their scores on a test about the physical geography of Africa.

A meaningful inference is one that says something about the meaning of the information (such as test scores) obtained through the use of an instrument. What exactly does a high score on a particular test mean? What does such a score allow us to say about the individual who received it? In what way is an individual who receives a low score? And so forth. It is one thing to collect information from people. We do this all the time—names, addresses, birth dates, shoe sizes, car license numbers, and so on. But unless we can make inferences that mean something from the information we obtain, it is of little use. The purpose of research is not merely to collect data but to use such data to draw warranted conclusions about the people (and others like them) on whom the data were collected.

A useful inference is one that helps researchers make a decision related to what they were trying to find out. Researchers interested in the effects of inquiry-related teaching materials on student achievement, for example, need information that will enable them to infer whether achievement is affected by such materials and, if so, how.

Validity, therefore, depends on the amount and type of evidence there is to support the interpretations researchers wish to make concerning data they have collected. The crucial question is: Do the results of the assessment provide useful information about the topic or variable being measured?

What kinds of evidence might a researcher collect? Essentially, there are three main types.

Content-related evidence of validity refers to the content and format of the instrument. How appropriate is the content? How comprehensive? Does it logically get at the intended variable? How adequately does the sample of items or questions represent the content to be assessed? Is the format appropriate? The content and format must be consistent with the definition of the variable and the sample of subjects to be measured.

Criterion-related evidence of validity refers to the relationship between scores obtained using the instrument and scores obtained using one or more other instruments or measures (often called a criterion). How strong is this relationship? How well do such scores estimate, present, or predict future performance of a certain type?

Construct-related evidence of validity refers to the nature of the psychological construct or characteristic being measured by the instrument. How well does a measure of the construct explain differences in the behavior of individuals or their performance on certain tasks? We provide further explanation of this rather complex concept later in the chapter.

Figure 8.1 illustrates these three types of evidence.

---

Suppose a researcher is interested in the effects of a new math program on the mathematics ability of fifth-graders. The researcher expects that students who complete the program will be able to solve a number of different types of word problems correctly. To assess their mathematics ability, the researcher plans to give them a math test containing about 15 such problems.

The performance of the students on this test is important only to the degree that it provides evidence of their ability to solve these kinds of problems. Hence, performance on the instrument in this case (the math test) will provide valid evidence of the mathematics ability of these students if the instrument provides an adequate sample of the types of word problems covered in the program. If only easy problems are included on the test,
High-Stakes Testing

High-stakes testing refers to the use of tests (often only a single achievement test) as the primary, or only basis for decisions having major consequences. For students, such consequences include retention in grade and/or the denial of diplomas and awards. For schools, they include public praise or condemnation, sanctions, and financial rewards or punishments. “In state after state, legislatures, governors, and state boards, supported by business leaders, have imposed tougher requirements in mathematics, English, science, and other fields, together with new tests by which the performance of both students and schools is to be judged.”∗

For years, tests had been used as one indicator of performance; what was new was exclusive reliance on them. “The backlash, touching virtually every state that has instituted high-stakes testing, arises from a spectrum of complaints. A major complaint is that the focus on testing and obsessive test preparation, sometimes beginning in kindergarten, is killing innovative teaching and curricula and driving out good teachers. Other complaints are that (conversely) the standards on which the tests are based are too vague and that students have not been taught the material on which the tests are based; or that the tests are unfair to poor and minority students or to those who lack test-taking skills; or that the tests put too much stress on young children. And some argue that they are too long (in Massachusetts they can take up to 13 hours!) or too tough or simply not good enough.”†

In response, the American Educational Research Association developed a position statement of “conditions essential to sound implementation of high-stakes educational testing programs.”‡ It contained 14 specific points, 4 of the most important being that (1) such decisions about students should not be based on test scores alone; (2) tests should be made fairer to all students; (3) tests should match the curriculum; and (4) the reliability and validity of tests should continually be evaluated.

Two examples of responses to the guidelines were the following:

- “In the face of too much testing with far too severe consequences, the AERA positions, if implemented, would be a step forward relative to current practice.”§
- “The statement reflects what is desired for all state tests and assessments. But, just as all students have not yet met the standards, not all state tests and assessments will immediately meet the goals contained in this statement.”||

What do you think? Are the complaints about high-stakes tests warranted?


†Ibid.


||W. Martin (2000). Quoted in Ibid., p. 27.
The usual procedure is somewhat as follows. The researcher writes out the definition of what he or she wants to measure and then gives this definition, along with the instrument and a description of the intended sample, to one or more judges. The judges look at the definition, read over the items or questions in the instrument, and place a check mark in front of each question or item that they feel does not measure one or more aspects of the definition (objectives, for example) or other criteria. They also place a check mark in front of each aspect not assessed by any of the items. In addition, the judges evaluate the appropriateness of the instrument format. The researcher then rewrites any item or question so checked and resubmits it to the judges, and/or writes new items for criteria not adequately covered. This continues until the judges approve all the items or questions in the instrument and also indicate that they feel the total number of items is an adequate representation of the total domain of content covered by the variable being measured.

To illustrate how a researcher might go about trying to establish content-related validity, let us consider two examples.

**Example 1.** Suppose a researcher desires to measure students’ ability to use information that they have previously acquired. When asked what she means by this phrase, she offers the following definition.

As evidence that students can use previously acquired information, they should be able to:

1. Draw a correct conclusion (verbally or in writing) that is based on information they are given.
2. Identify one or more logical implications that follow from a given point of view.
3. State (orally or in writing) whether two ideas are identical, similar, unrelated, or contradictory.

How might the researcher obtain such evidence? She decides to prepare a written test that will contain various questions. Students’ answers will constitute the evidence she seeks. Here are three examples of the kinds of questions she has in mind, designed to produce each of the three types of evidence listed above.

1. If \( A > B \) and \( B > C \), then:
   a. \( A > C \).
   b. \( C < A \).
   c. \( B > A \).
   d. All of the above are true.

2. Those who believe that increasing consumer expenditures would be the best way to stimulate the economy would advocate
   a. an increase in interest rates.
   b. an increase in depletion allowances.
   c. tax reductions in the lower income brackets.
   d. a reduction in government expenditures.

3. Compare the dollar amounts spent by the U.S. government during the past 10 years for (a) debt payments, (b) defense, and (c) social services.

Now, look at each of the questions and the corresponding objective they are supposed to measure. Do you think each question measures the objective it was designed for? If not, why not?*

**Example 2.** Here is what another researcher designed as an attempt to measure (at least in part) the ability of students to explain why events occur.

**Directions:** Here are some facts.

*Fact W:* A camper started a fire to cook food on a windy day in a forest.

*Fact X:* A fire started in some dry grass near a campfire in a forest.

Here is another fact that happened later the same day in the same forest.

*Fact Y:* A house in the forest burned down.

You are to explain what might have caused the house to burn down (Fact Y). Would Fact W and X be useful as parts of your explanation?

a. Yes, both W and X and the possible cause-and-effect relationship between them would be useful.

b. Yes, both W and X would be useful, even though neither was likely a cause of the other.

c. No, because only one of Facts W and X was likely a cause of Y.

d. No, because neither W or X was likely a cause of Y. 1

*We would rate correct answers to questions 1 (choice d) and 2 (choice c) as valid evidence, although 1 could be considered questionable, since students might view it as somewhat tricky. We would not rate the answers to 3 as valid, since students are not asked to contrast ideas, only facts.*
Once again, look at the question and the objective it was designed to measure. Does it measure this objective? If not, why not?*

Attempts like these to obtain evidence of some sort (in the above instances, the support of independent judges that the items measure what they are supposed to measure) typify the process of obtaining content-related evidence of validity. As we mentioned previously, however, the qualifications of the judges are always an important consideration, and the judges must keep in mind the characteristics of the intended sample.

**CRITERION-RELATED EVIDENCE**

To obtain criterion-related evidence of validity, researchers usually compare performance on one instrument (the one being validated) with performance on some other, independent criterion. A criterion is a second test or other assessment procedure presumed to measure the same variable. For example, if an instrument has been designed to measure academic ability, student scores on the instrument might be compared with their grade-point averages (the external criterion). If the instrument does indeed measure academic ability, then students who score high on the test would also be expected to have high grade-point averages. Can you see why?

There are two forms of criterion-related validity—predictive and concurrent. To obtain evidence of predictive validity, researchers allow a time interval to elapse between administration of the instrument and obtaining the criterion scores. For example, a researcher might administer a science aptitude test to a group of high school students and later compare their scores on the test with their end-of-semester averages in science courses.

On the other hand, when instrument data and criterion data are gathered at nearly the same time, and the results are compared, this is an attempt by researchers to obtain evidence of concurrent validity. An example is when a researcher administers a self-esteem inventory to a group of eighth-graders and compares their scores on it with their teachers’ ratings of student self-esteem obtained at about the same time.

A key index in both forms of criterion-related validity is the correlation coefficient.† A correlation coefficient, symbolized by the letter $r$, indicates the degree of relationship that exists between the scores individuals obtain on two instruments. A positive relationship is indicated when a high score on one of the instruments is accompanied by a high score on the other or when a low score on one is accompanied by a low score on the other. A negative relationship is indicated when a high score on one instrument is accompanied by a low score on the other, and vice versa. All correlation coefficients fall somewhere between $+1.00$ and $-1.00$. An $r$ of $.00$ indicates that no relationship exists.

When a correlation coefficient is used to describe the relationship between a set of scores obtained by the same group of individuals on a particular instrument and their scores on some criterion measure, it is called a validity coefficient. For example, a validity coefficient of $+1.00$ obtained by correlating a set of scores on a mathematics aptitude test (the predictor) and another set of scores, this time on a mathematics achievement test (the criterion), for the same individuals would indicate that each individual in the group had exactly the same relative standing on both measures. Such a correlation, if obtained, would allow the researcher to predict perfectly math achievement based on aptitude test scores. Although this correlation coefficient would be very unlikely, it illustrates what such coefficients mean. The higher the validity coefficient obtained, the more accurate a researcher’s predictions are likely to be.

*We would rate a correct answer to this question as valid evidence of student ability to explain why events occur.

†The correlation coefficient, explained in detail in Chapter 10, is an extremely useful statistic. This is one of its many applications or uses.
Gronlund suggests the use of an expectancy table as another way to depict criterion-related evidence. An **expectancy table** is nothing more than a two-way chart, with the predictor categories listed down the left-hand side of the chart and the criterion categories listed horizontally along the top of the chart. For each category of scores on the predictor, the researcher then indicates the percentage of individuals who fall within each of the categories on the criterion.

Table 8.1 presents an example. As you can see from the table, 51 percent of the students who were classified outstanding by these judges received a grade of A in orchestra, 35 percent received a B, and 14 percent received a C. Although this table refers only to this particular group, it could be used to predict the scores of other aspiring music students who were evaluated by these same judges. If a student obtained an evaluation of “outstanding,” we might predict (approximately) that he or she would have a 51 percent chance of receiving an A, a 35 percent chance of receiving a B, and a 14 percent chance of receiving a C.

Expectancy tables are particularly useful devices for researchers to use with data collected in schools. They are simple to construct, easily understood, and clearly show the relationship between two measures.

It is important to realize that the nature of the criterion is the most important factor in gathering criterion-related evidence. High positive correlations do not mean much if the criterion measure does not make logical sense. For example, a high correlation between scores on an instrument designed to measure aptitude for science and scores on a physical fitness test would not be relevant criterion-related evidence for either instrument. Think back to the example we presented earlier of the questions designed to measure student ability to explain why events occur. What sort of criteria could be used to establish criterion-referenced validity for those items?

### Table 8.1 Example of an Expectancy Table

<table>
<thead>
<tr>
<th>Judges' Classification of Music Aptitude</th>
<th>Course Grades in Orchestra (Percentage Receiving Each Grade)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Outstanding</td>
<td>A</td>
</tr>
<tr>
<td>Above average</td>
<td>51</td>
</tr>
<tr>
<td>Average</td>
<td>20</td>
</tr>
<tr>
<td>Below average</td>
<td>0</td>
</tr>
</tbody>
</table>

**CONSTRUCT-RELATED EVIDENCE**

Construct-related evidence of validity is the broadest of the three categories of evidence for validity that we are considering. There is no single piece of evidence that satisfies construct-related validity. Rather, researchers attempt to collect a variety of **different** types of evidence (the more and the more varied the better) that will allow them to make warranted inferences—to assert, for example, that the scores obtained from administering a self-esteem inventory permit accurate inferences about the degree of self-esteem that people who receive those scores possess.

Usually, there are three steps involved in obtaining construct-related evidence of validity: (1) the variable being measured is clearly defined; (2) hypotheses, based on a theory underlying the variable, are formed about how people who possess a lot versus a little of the variable will behave in a particular situation; and (3) the hypotheses are tested both logically and empirically.

To make the process clearer, let us consider an example. Suppose a researcher interested in developing a pencil-and-paper test to measure honesty wants to use a construct-validity approach. First, he defines **honesty**. Next he formulates a theory about how “honest” people behave as compared to “dishonest” people. For example, he might theorize that honest individuals, if they find an object that does not belong to them, will make a reasonable effort to locate the individual to whom the object belongs. Based on this theory, the researcher might hypothesize that individuals who score high on his honesty test will be more likely to attempt to locate the owner of an object they find than individuals who score low on the test. The researcher then administers the honesty test, separates the names of those who score high and those who score low, and gives all of them an opportunity to be honest. He might, for example, leave a wallet with $5 in it lying just outside the test-taking room so that the individuals taking the test can easily see it and pick it up. The wallet displays the name and phone number of the owner in plain view. If the researcher’s hypothesis is substantiated, more of the high scorers than the low scorers on the honesty test will attempt to call the owner of the wallet. (This could be checked by having the number answered by a recording machine asking the caller to leave his or her name and number.) This is one piece of evidence that could be used to support inferences about the honesty of individuals, based on the scores they receive on this test.

We must stress, however, that a researcher must carry out a series of studies to obtain a **variety** of evidence
suggesting that the scores from a particular instrument can be used to draw correct inferences about the variable that the instrument purports to measure. It is a broad array of evidence, rather than any one particular type of evidence, that is desired.

Consider a second example. Some evidence that might be considered to support a claim for construct validity in connection with a test designed to measure mathematical reasoning ability might be as follows:

- Independent judges all indicate that all items on the test require mathematical reasoning.
- Independent judges all indicate that the features of the test itself (such as test format, directions, scoring, and reading level) would not in any way prevent students from engaging in mathematical reasoning.
- Independent judges all indicate that the sample of tasks included in the test is relevant and representative of mathematical reasoning tasks.
- A high correlation exists between scores on the test and grades in mathematics.
- High scores have been made on the test by students who have had specific training in mathematical reasoning.
- Students actually engage in mathematical reasoning when they are asked to “think aloud” as they go about trying to solve the problems on the test.
- A high correlation exists between scores on the test and teacher ratings of competence in mathematical reasoning.
- Higher scores are obtained on the test by mathematics majors than by general science majors.

Other types of evidence might be listed for the above task (perhaps you can think of some), but we hope this is enough to make clear that it is not just one type, but many types, of evidence that a researcher seeks to obtain. Determining whether the scores obtained through the use of a particular instrument measure a particular variable involves a study of how the test was developed, the theory underlying the test, how the test functions with a variety of people and in a variety of situations, and how scores on the test relate to scores on other appropriate instruments. Construct validation involves, then, a wide variety of procedures and many different types of evidence, including both content-related and criterion-related evidence. The more evidence researchers have from many different sources, the more confident they become about interpreting the scores obtained from a particular instrument.

### Reliability

**Reliability** refers to the consistency of the scores obtained—how consistent they are for each individual from one administration of an instrument to another and from one set of items to another. Consider, for example, a test designed to measure typing ability. If the test is reliable, we would expect a student who receives a high score the first time he takes the test to receive a high score the next time he takes the test. The scores would probably not be identical, but they should be close.

The scores obtained from an instrument can be quite reliable but not valid. Suppose a researcher gave a group of eighth-graders two forms of a test designed to measure their knowledge of the Constitution of the United States and found their scores to be consistent: those who scored high on form A also scored high on form B; those who scored low on A scored low on B; and so on. We would say that the scores were reliable. But if the researcher then used these same test scores to predict the success of these students in their physical education classes, she would probably be looked at in amazement. Any inferences about success in physical education based on scores on a Constitution test would have no validity. Now, what about the reverse? Can an instrument that yields unreliable scores permit valid inferences? No! If scores are completely inconsistent for a person, they provide no useful information. We have no way of knowing which score to use to infer an individual’s ability, attitude, or other characteristic.

The distinction between reliability and validity is shown in Figure 8.2. Reliability and validity always depend on the context in which an instrument is used. Depending on the context, an instrument may or may not yield reliable (consistent) scores. If the data are unreliable, they cannot lead to valid (legitimate) inferences—as shown in target (a). As reliability improves, validity may improve, as shown in target (b), or it may not, as shown in target (c). An instrument may have good reliability but low validity, as shown in target (d). What is desired, of course, is both high reliability and high validity, as target (e) shows.

### Errors of Measurement

Whenever people take the same test twice, they will seldom perform exactly the same—that is, their scores or answers will not usually be identical. This may be due to a variety of factors (differences in motivation,
energy, anxiety, a different testing situation, and so on), and it is inevitable. Such factors result in errors of measurement (Figure 8.3).

Because errors of measurement are always present to some degree, researchers expect some variation in test scores (in answers or ratings, for example) when an instrument is administered to the same group more than once, when two different forms of an instrument are used, or even from one part of an instrument to another. Reliability estimates provide researchers with an idea of how much variation to expect. Such estimates are usually expressed as another application of the correlation coefficient known as a reliability coefficient.

As we mentioned earlier, a validity coefficient expresses the relationship between scores of the same individuals on two different instruments. A reliability coefficient also expresses a relationship, but this time it is between scores of the same individuals on the same instrument at two different times, or on two parts of the same instrument. The three best-known ways to obtain a reliability coefficient are the test-retest method, the equivalent-forms method; and the internal-consistency methods. Unlike other uses of the correlation coefficient, reliability coefficients must range from .00 to 1.00—that is, have no negative values.

**TEST-RETEST METHOD**

The test-retest method involves administering the same test twice to the same group after a certain time interval has elapsed. A reliability coefficient is then calculated to indicate the relationship between the two sets of scores obtained.

Reliability coefficients will be affected by the length of time that elapses between the two administrations of the test. The longer the time interval, the lower the reliability coefficient is likely to be, since there is a greater likelihood of changes in the individuals taking the test. In checking for evidence of test-retest reliability, an appropriate time interval should be selected. This interval should be that during which individuals would be assumed to retain their relative position in a meaningful group.

There is no point in studying, or even conceptualizing, a variable that fluctuates wildly in individuals for whom it is measured. When researchers assess someone as academically talented, for example, or skilled in typing or as having a poor self-concept, they assume that this characteristic will continue to differentiate individuals for some period of time. It is impossible to study a variable that has no stability in the individual.
Researchers do not expect all variables to be equally stable. Experience has shown that some abilities (such as writing) are more subject to change than others (such as abstract reasoning). Some personal characteristics (such as self-esteem) are considered to be more stable than others (such as teenage vocational interests). Mood is a variable that, by definition, is considered to be stable for short periods of time—a matter of minutes or hours. But even here, unless the instrumentation used is reliable, meaningful relationships with other (perhaps causal) variables will not be found. For most educational research, stability of scores over a two- to three-month period is usually viewed as sufficient evidence of test-retest reliability. In reporting test-retest reliability coefficients, therefore, the time interval between the two testings should always be reported.

**EQUIVALENT-FORMS METHOD**

When the **equivalent-forms method** is used, two different but equivalent (also called alternate or parallel) forms of an instrument are administered to the same group of individuals during the same time period. Although the questions are different, they should sample the same content and they should be constructed separately from each other. A reliability coefficient is then calculated between the two sets of scores obtained. A high coefficient would indicate strong evidence of reliability—that the two forms are measuring the same thing.

It is possible to combine the test-retest and equivalent-forms methods by giving two different forms of the same test with a time interval between the two administrations. A high reliability coefficient would indicate not only that the two forms are measuring the same sort of performance but also what we might expect with regard to consistency over time.

**INTERNAL-CONSISTENCY METHODS**

The methods mentioned so far all require two administration or testing sessions. There are several internal-consistency methods of estimating reliability, however, that require only a single administration of an instrument.

**Split-half Procedure.** The split-half procedure involves scoring two halves (usually odd items versus even items) of a test separately for each person and then calculating a correlation coefficient for the two sets of scores. The coefficient indicates the degree to which the two halves of the test provide the same results and hence describes the internal consistency of the test.

The reliability coefficient is calculated using what is known as the **Spearman-Brown prophecy formula.** A simplified version of this formula is as follows:

\[
\text{Reliability of scores on total test} = \frac{2 \times \text{reliability for } \frac{1}{2} \text{ test}}{1 + \text{reliability for } \frac{1}{2} \text{ test}}
\]

Thus, if we obtained a correlation coefficient of .56 by comparing one half of the test items to the other half, the reliability of scores for the total test would be:

\[
\text{Reliability of scores on total test} = \frac{2 \times .56}{1 + .56} = \frac{1.12}{1.56} = .72
\]

This illustrates an important characteristic of reliability. The reliability of a test (or any instrument) can generally be increased by the addition of more items, provided they are similar to the original ones.

**Kuder-Richardson Approaches.** Perhaps the most frequently employed method for determining internal consistency is the **Kuder-Richardson approach**, particularly formulas KR20 and KR21. The latter formula requires only three pieces of information—the number of items on the test, the mean, and the standard deviation. Note, however, that formula KR21 can be used only if it can be assumed that the items are of equal difficulty.* A frequently used version of the KR21 formula is the following:

\[
\text{KR21 reliability coefficient} = \frac{K}{K - 1} \left[ 1 - \frac{M(K - M)}{K(\text{SD}^2)} \right]
\]

where \(K\) = number of items on the test, \(M\) = mean of the set of test scores, and \(\text{SD}\) = standard deviation of the set of test scores.†

Although this formula may look somewhat intimidating, its use is actually quite simple. For example,
Checking Reliability and Validity—An Example

The projective device (Picture Situation Inventory) described on pages 130 and 132 consists of 20 pictures, each scored on the variables control need and communication according to a point system. For example, here are some illustrative responses to picture 1 of Figure 7.23. The control need variable, defined as "motivated to control moment-to-moment activities of their students," is scored as follows:

- "I thought you would enjoy something special." (1 point)
- "I'd like to see how well you can do it." (2 points)
- "You and Tom are two different children." (3 points)
- "Yes, I would appreciate it if you would finish it." (4 points)
- "Do it quickly please." (5 points)

In addition to the appeal to content validity, there is some evidence in support of these two measures (control and communication).

Rowan studied relationships between the two scores and several other measures with a group of elementary school teachers.*


In a study of ability to predict success in a program preparing teachers for inner-city classrooms, evidence was found that the Picture Situation Inventory control score had predictive value.†

Correlations existed between the control score obtained on entrance to the program and a variety of measures subsequently obtained through classroom observation in student teaching and subsequent first-year teaching assignments. The most clear-cut finding was that those scoring higher in control need had classrooms observed as less noisy. The finding adds somewhat to the validity of the measurement, since a teacher with higher control need would be expected to have a quieter room.

The reliability of both measures was found to be adequate (.74 and .81) when assessed by the split-half procedure. When assessed by follow-up over a period of eight years, the consistency over time was considerably lower (.61 and .53), as would be expected.

Reliability coefficient calculations:

If we have $K = 50$, $M = 40$, and $SD = 4$, the reliability coefficient would be calculated as shown below:

\[
\text{Reliability} = \frac{50}{49} \left[ 1 - \frac{40(50 - 40)}{50(4^2)} \right]
\]

\[
= 1.02 \left[ 1 - \frac{400}{50(16)} \right]
\]

\[
= 1.02 \left[ 1 - \frac{400}{800} \right]
\]

\[
= 1.02(1 - .50)
\]

\[
= (1.02)(.50)
\]

\[
= .51
\]

Thus, the reliability estimate for scores on this test is .51.

Is a reliability estimate of .51 good or bad? high or low? As is frequently the case, there are some benchmarks we can use to evaluate reliability coefficients. First, we can compare a given coefficient with the extremes that are possible. As you will recall, a coefficient of .00 indicates a complete absence of a relationship, hence no reliability at all, whereas 1.00 is the maximum possible coefficient that can be obtained. Second, we can compare a given reliability coefficient with the sorts of coefficients that are usually obtained for measures of the same type. The reported reliability coefficients for many commercially available achievement tests, for example, are typically .90 or higher when Kuder-Richardson formulas are used. Many classroom tests report reliability coefficients of .70 and higher. Compared to these figures, our obtained coefficient must be judged rather low. For research purposes, a useful rule of thumb is that reliability should be at least .70 and preferably higher.

Alpha Coefficient. Another check on the internal consistency of an instrument is to calculate an
More the longer the time between measurements. Thus, a person scoring 110 can expect to have a score between 100 and 120 one year later; five years later, the score can be expected to be between 94 and 126 (see Figure 8.4). Note that we doubled the standard errors of measurement in computing the ranges within which the second score is expected to fall. This was done so we could be 95 percent sure that our estimates were correct.

**Table 8.2** Methods of Checking Validity and Reliability

**Validity (“Truthfulness”)**

<table>
<thead>
<tr>
<th>Method</th>
<th>Procedure</th>
</tr>
</thead>
<tbody>
<tr>
<td>Content-related evidence</td>
<td>Obtain expert judgment</td>
</tr>
<tr>
<td>Criterion-related evidence</td>
<td>Relate to another measure of the same variable</td>
</tr>
<tr>
<td>Construct-related evidence</td>
<td>Assess evidence on predictions made from theory</td>
</tr>
</tbody>
</table>

**Reliability (“Consistency”)**

<table>
<thead>
<tr>
<th>Method</th>
<th>Content</th>
<th>Time Interval</th>
<th>Procedure</th>
</tr>
</thead>
<tbody>
<tr>
<td>Test-retest</td>
<td>Identical</td>
<td>Varies</td>
<td>Give identical instrument twice</td>
</tr>
<tr>
<td>Equivalent forms</td>
<td>Different</td>
<td>None</td>
<td>Give two forms of instrument</td>
</tr>
<tr>
<td>Equivalent forms/retest</td>
<td>Different</td>
<td>Varies</td>
<td>Give two forms of instrument, with time interval between</td>
</tr>
<tr>
<td>Internal consistency</td>
<td>Different</td>
<td>None</td>
<td>Divide instrument into halves and score each or use Kuder-Richardson approach</td>
</tr>
<tr>
<td>Scoring observer agreement</td>
<td>Identical</td>
<td>None</td>
<td>Compare scores obtained by two or more observers or scorers</td>
</tr>
</tbody>
</table>

alpha coefficient (frequently called Cronbach alpha after the man who developed it). This coefficient ($\alpha$) is a general form of the KR20 formula to be used in calculating the reliability of items that are not scored right versus wrong, as in some essay tests where more than one answer is possible.

Table 8.2 summarizes the methods used in checking the validity and reliability of an instrument.

**THE STANDARD ERROR OF MEASUREMENT (SEMeas)**

The standard error of measurement (SEMeas) is an index that shows the extent to which a measurement would vary under changed circumstances (i.e., the amount of measurement error). Because there are many ways in which circumstances can vary, there are many possible standard errors for a given score. For example, the standard error will be smaller if it includes only error due to different content (internal-consistency or equivalent-forms reliability) than if it also includes error due to the passage of time (test-retest reliability).

Under the assumption that errors of measurement are normally distributed (see p. 195 in Chapter 10), a range of scores can be determined that shows the amount of error to be expected. For many IQ tests, the standard error of measurement over a one-year period and with different specific content is about 5 points. Over a 10-year period, it is about 8 points. This means that a score fluctuates considerably more the longer the time between measurements. Thus, a person scoring 110 can expect to have a score between 100 and 120 one year later; five years later, the score can be expected to be between 94 and 126 (see Figure 8.4). Note that we doubled the standard errors of measurement in computing the ranges within which the second score is expected to fall. This was done so we could be 95 percent sure that our estimates were correct.

**Figure 8.4 Standard Error of Measurement**
The formula for the standard error of measurement is \( SD \sqrt{1 - r_{11}} \) where \( SD \) = the standard deviation of scores and \( r_{11} \) = the reliability coefficient appropriate to the conditions that vary. In the above example, the standard error (SEM)\( s \) of 5 in the first example was obtained as follows:

\[
SD = 16, r_{11} = .90
\]

\[
SEM = 16 \sqrt{1 - .90} = 16 \sqrt{.10} = 16(\sqrt{.10}) = 5.1
\]

**SCORING AGREEMENT**

Most tests and many other instruments are administered with specific directions and are scored objectively, that is, with a key that requires no judgment on the part of the scorer. Although differences in the resulting scores with different administrators or scorers are still possible, it is generally considered highly unlikely that they would occur. This is not the case with instruments that are susceptible to differences in administration, scoring, or both, such as essay evaluations. In particular, instruments that use direct observation are highly vulnerable to observer differences. Researchers who use such instruments are obliged to investigate and report the degree of scoring agreement. Such agreement is enhanced by training the observers and by increasing the number of observation periods.

Instruments differ in the amount of training required for their use. In general, observation techniques require considerable training for optimum use. Such training usually consists of explaining and discussing the procedures involved, followed by trainees using the instruments as they observe videotapes or live situations. All trainees observe the same behaviors and then discuss any differences in scoring. This process, or some variation thereon, is repeated until independent observers reach an acceptable level of agreement. What is desired is a correlation of at least .90 among scorers or agreement of at least 80 percent. Usually, even after such training, 8 to 12 observation periods are required to get evidence of adequate reliability over time.

To further illustrate the concept of reliability, let’s take an actual test and calculate the internal consistency of its items. Figure 8.5 presents an example of a test.

**Directions:** Read each of the following questions and write your answers on a separate sheet of paper. Suggested time to take the test is ten minutes.

1. There are two people in a room. The first is the son of the second person, but the second person is not the first person’s father. How are the two people related?
2. Who is buried in Grant’s tomb?
3. Some months have thirty days, some have thirty-one. How many have twenty-eight days?
4. If you had only one match and entered a dark room in which there was an oil lamp, an oil heater, and some firewood, which would you light first?
5. If a physician gave you three pills and told you to take one every half hour, how long would they last?
6. A person builds a house with four sides to it, a rectangular structure, with each side having a southern exposure. A big bear comes wandering by. What color is the bear?
7. A farmer has seventeen sheep. All but nine died. How many did he have left?
8. Divide 30 by \( \frac{1}{2} \). Add 10. What is the correct answer?
9. Take two apples from three apples. What do you have?
10. How many animals of each species did Moses take aboard the Ark?

---

Figure 8.5 The “Quick and Easy” Intelligence Test
Ask five other people to take the test. Record their scores on the odd and even sets of items, using the worksheet shown in Figure 8.6.

Take a look at the scores on each of the five-item sets for each of the five individuals, and compare them with your own. What would you conclude about the reliability of the scores? What would you say about any non-typical intelligence test that we have adapted. Follow the directions and take the test. Then we will calculate the split-half reliability.

NOW look at the answer key in the footnote at the bottom of page 161. Give yourself one point for each correct answer. Assume, for the moment, that a score on this test provides an indication of intelligence. If so, each item on the test should be a partial measure of intelligence. We could, therefore, divide the 10-item test into two 5-item tests. One of these 5-item tests can consist of all the odd-numbered items, and the other 5-item test can consist of all the even-numbered items. Now, record your score on the odd-numbered items and also on the even-numbered items.

We now want to see if the odd-numbered items provide a measure of intelligence similar to that provided by the even-numbered items. If they do, your scores on the odd-numbered items and the even-numbered items should be pretty close. If they are not, then the two 5-item tests do not give consistent results. If this is the case, then the total test (the 10 items) probably does not give consistent results either, in which case the score could not be considered a reliable measure.

Disagreement with Messick has been primarily with regard to applying his proposal. Using his experience as a developer of a widely used college admissions test battery (ACT) as an example, Reckase systematically analyzed the feasibility of using this concept. He concluded that, although difficult, the critical analysis of value implications is both feasible and useful.‡

However, he argued that assessing the cause-and-effect relationships implied in determining potential and actual social consequences of the use of a test is difficult or impossible, even with a clear intended use such as determining college admissions. Citing the concern of the National Commission on Testing and Public Policy that such tests often undermine vital social policies,§ he argues that obtaining the necessary data seems unlikely and that, by definition, appraising unintended consequences is not possible ahead of time, because one does not know what they are.

What do you think of Messick’s proposal?


### Figure 8.6 Reliability Worksheet

<table>
<thead>
<tr>
<th>Person</th>
<th>Score on five-item test 1 (#1, 3, 5, 7, 9)</th>
<th>Score on five-item test 2 (#2, 4, 6, 8, 10)</th>
</tr>
</thead>
<tbody>
<tr>
<td>You</td>
<td></td>
<td></td>
</tr>
<tr>
<td>#1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>#2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>#3</td>
<td></td>
<td></td>
</tr>
<tr>
<td>#4</td>
<td></td>
<td></td>
</tr>
<tr>
<td>#5</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Ask five other people to take the test. Record their scores on the odd and even sets of items, using the worksheet shown in Figure 8.6.

Take a look at the scores on each of the five-item sets for each of the five individuals, and compare them with your own. What would you conclude about the reliability of the scores? What would you say about any
inferences about intelligence a researcher might make based on scores on this test? Could they be valid?*

Note that we have examined only one aspect of reliability (internal consistency) for results of this test. We still do not know how much a person’s score might change if we gave the test at two different times (test-retest reliability). We could get a different indication of reliability if we gave one of the five-item tests at one time and the other 5-item test at another time to the same people (equivalent-forms/retest reliability). Try to do this with a few individuals, using a worksheet like the one shown in Figure 8.6.

Researchers typically use the procedures just described to establish reliability. Normally, however, they test many more people (at least 100). You should also realize that most tests would have many more than 10 items, since longer tests are usually more reliable than short ones, presumably because they provide a larger sampling of a person’s behavior.

In sum, we hope it is clear that a major aspect of research design is the obtaining of reliable and valid information. Because both reliability and validity depend on the way in which instruments are used and on the inferences researchers wish to make from them, researchers can never simply assume that their instrumentation will provide satisfactory information. They can have more confidence if they use instruments on which there is previous evidence of reliability and validity, provided they use the instruments in the same way—that is, under the same conditions as existed previously. Even then, researchers cannot be sure; even when all else remains the same, the mere passage of time may have impaired the instrument in some way.

What this means is that there is no substitute for checking reliability and validity as a part of the research procedure. There is seldom any excuse for failing to check internal consistency, since the necessary information is at hand and no additional data collection is required. Reliability over time does, in most cases, require an additional administration of an instrument, but this can often be done. In considering this option, it should be noted that not all members of the sample need be retested, though this is desirable. It is better to retest a randomly selected subsample, or even a convenience subsample, than to have no evidence of retest reliability at all. Another option is to test and retest a different, though very similar, sample.

Obtaining evidence on validity is more difficult but seldom prohibitive. Content-related evidence can usually be obtained, since it requires only a few knowledgeable and available judges. It is unreasonable to expect a great deal of construct-related evidence to be obtained, but, in many studies, criterion-related evidence can be obtained. At a minimum, a second instrument should be administered. Locating or developing an additional means of instrumentation is sometimes difficult and occasionally impossible (for example, there is probably no way to validate a self-report questionnaire on sexual behavior), but the results are well worth the time and energy involved. As with retest reliability, a subsample can be used, or both instruments can be given to a different, but similar, sample.

**VALIDITY AND RELIABILITY IN QUALITATIVE RESEARCH**

While many qualitative researchers use many of the procedures we have described, some take the position that validity and reliability, as we have discussed them, are either irrelevant or not suited to their research efforts because they are attempting to describe a specific situation or event as viewed by a particular individual. They emphasize instead the honesty, believability, expertise, and integrity of the researcher. We maintain that all researchers should ensure that any inferences they draw that are based on data obtained through the use of an instrument are appropriate, credible, and backed up by evidence of the sort we have described in this chapter.

Specific methods for enhancing the validity and reliability of qualitative studies are discussed in Chapters 18, 19, and 21. Moreover, in the next chapter, we discuss the concept of *internal validity* and how it applies both to quantitative and qualitative research.

---

*You might want to assess the content validity of this test. How would you define intelligence? As you define the term, how would you evaluate this test as a measure of intelligence?*

**Answer Key for Q-E Intelligence Test on page 159.**

1. Mother and son; 2. Ulysses S. Grant; 3. All of them; 4. The match; 5. One hour; 6. White; 7. Nine; 8. 70; 9. Two; 10. None. (It wasn’t Moses, but Noah who took the animals on the Ark.)
### VALIDITY

- It is important for researchers to use valid instruments, for the conclusions they draw are based on the information they obtain using these instruments.
- The term *validity*, as used in research, refers to the appropriateness, meaningfulness, correctness, and usefulness of any inferences a researcher draws based on data obtained through the use of an instrument.
- Content-related evidence of validity refers to judgments on the content and logical structure of an instrument as it is to be used in a particular study.
- Criterion-related evidence of validity refers to the degree to which information provided by an instrument agrees with information obtained on other, independent instruments.
- A criterion is a standard for judging; with reference to validity, it is a second instrument against which scores on an instrument can be checked.
- Construct-related evidence of validity refers to the degree to which the totality of evidence obtained is consistent with theoretical expectations.
- A validity coefficient is a numerical index representing the degree of correspondence between scores on an instrument and a criterion measure.
- An expectancy table is a two-way chart used to evaluate criterion-related evidence of validity.

### RELIABILITY

- The term *reliability*, as used in research, refers to the consistency of scores or answers provided by an instrument.
- Errors of measurement refer to variations in scores obtained by the same individuals on the same instrument.
- The test-retest method of estimating reliability involves administering the same instrument twice to the same group of individuals after a certain time interval has elapsed.
- The equivalent-forms method of estimating reliability involves administering two different, but equivalent, forms of an instrument to the same group of individuals at the same time.
- The internal-consistency method of estimating reliability involves comparing responses to different sets of items that are part of an instrument.
- Scoring agreement requires a demonstration that independent scorers can achieve satisfactory agreement in their scoring.
- The standard error of measurement is a numerical index of measurement error.

### Key Terms

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- concurrent validity 152
- construct-related evidence of validity 153
- content-related evidence of validity 150
- correlation coefficient 152
- criterion 152
- criterion-related evidence of validity 152
- Cronbach alpha 158
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- expectancy table 153
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1. We point out in the chapter that scores from an instrument may be reliable but not valid, yet not the reverse. Why would this be so?
2. What type of evidence—content-related, criterion-related, or construct-related—do you think is the easiest to obtain? the hardest? Why?
3. In what way(s) might the format of an instrument affect its validity?
4. “There is no single piece of evidence that satisfies construct-related validity.” Is this statement true? If so, explain why.
5. Which do you think is harder to obtain, validity or reliability? Why?
6. Might reliability ever be more important than validity? Explain.
7. How would you assess the Q-E Intelligence Test in Figure 8.4 with respect to validity? Explain.
8. The importance of using valid instruments in research cannot be overstated. Why?

Research Exercise 8: Validity and Reliability

Use Problem Sheet 8 to describe how you plan to check on the validity and reliability of scores obtained with your instruments. If you plan to use an existing instrument, summarize what you have been able to learn about the validity and reliability of results obtained with it. If you plan to develop an instrument, explain how you will attempt to ensure validity and reliability. In either case, explain how you will obtain evidence to check validity and reliability.

**Problem Sheet 8**

**Validity and Reliability**

1. If you plan to use an *existing* instrument, describe what you have learned about the validity and reliability of scores obtained with this instrument.

   ___________________________________________________________________

   ___________________________________________________________________

2. If you plan to *develop* an instrument, explain how you will try to ensure the validity and reliability of results obtained with this instrument by using one or more of the tips described on page 114 (*specify which*).

   ___________________________________________________________________

   ___________________________________________________________________

3. If you have not already indicated so above for each instrument that you plan to use, tell specifically how you will check for:

   a. internal consistency ___________________________________________________________________

   ___________________________________________________________________

   b. stability (reliability over time) ___________________________________________________________________

   ___________________________________________________________________

   c. validity ___________________________________________________________________

   ___________________________________________________________________

An electronic version of this Problem Sheet that you can fill in and print, save, or e-mail is available on the Online Learning Center at www.mhhe.com/fraenkel8e.
OBJECTIVES  Studying this chapter should enable you to:

- Explain what is meant by the term “internal validity.”
- Explain what is meant by each of the following threats to internal validity and give an example of each:
  - a “subject characteristics” threat
  - a “mortality” threat
  - a “location” threat
  - an “instrumentation” threat
  - a “testing” threat
  - a “history” threat
  - a “maturation” threat
  - a “subject attitude” threat
  - a “regression” threat
  - an “implementation” threat
- Identify various threats to internal validity in published research articles.
- Suggest possible remedies for specific examples of the various threats to internal validity.
Suppose the results of a study show that high school students taught by the inquiry method score higher on a test of critical thinking, on the average, than do students taught by the lecture method. Is this difference in scores due to the difference in methods—to the fact that the two groups have been taught differently? Surely, the researcher who is conducting the study would like to conclude this. Your first inclination may be to think the same. This may not be a legitimate interpretation, however.

What if the students who were taught using the inquiry method were better critical thinkers to begin with? What if some of the students in the inquiry group were also taking a related course during this time at a nearby university? What if the teachers of the inquiry group were simply better teachers? Any of these (or other) factors might explain why the inquiry group scored higher on the critical thinking test. Should this be the case, the researcher may be mistaken in concluding that there is a difference in effectiveness between the two methods, for the obtained difference in results may be due not to the difference in methods but to something else.

In any study that either describes or tests relationships, there is always the possibility that the relationship shown in the data is, in fact, due to or explained by something else. If so, the relationship observed is not at all what it seems and it may lose whatever meaning it appears to have. Many alternative hypotheses may exist, in other words, to explain the outcomes of a study. These alternative explanations are often referred to as threats to internal validity, and they are what this chapter is about.

What Is Internal Validity?

Perhaps unfortunately, the term validity is used in three different ways by researchers. In addition to internal validity, which we discuss in this chapter, you will see reference to instrument (or measurement) validity, as discussed in Chapter 8, and external (or generalization) validity, as discussed in Chapter 6.

When a study has internal validity, it means that any relationship observed between two or more variables should be unambiguous as to what it means rather than being due to “something else.” The “something else” may, as we suggested above, be any one (or more) of a number of factors, such as the age or ability of the subjects, the conditions under which the study is conducted, or the type of materials used. If these factors are not in some way or another controlled or accounted for, the researcher can never be sure that they are not the reason for any observed results. Stated differently, internal validity means that observed differences on the dependent variable are directly related to the independent variable, and not due to some other unintended variable.

In qualitative research, a study is said to have good internal validity if alternative explanations (the “something else”) have been systematically ruled out. Toward that goal, qualitative researchers should have a plan for how they treat discrepant or disconfirming data. Regardless of whether a study is qualitative or quantitative, if these “rival hypotheses” are not controlled or accounted for in some way, the researcher can never be sure that they are not the reason for any observed results.

Consider this example. Suppose a researcher finds a correlation of .80 between height and mathematics test scores for a group of elementary school students (grades 1–5)—that is, the taller students have higher math scores. Such a result is quite misleading. Why? Because it is clearly a by-product of age. Fifth-graders are taller and better in math than first-graders simply because they are older and more developed. To explore this relationship further is pointless; to let it affect school practice would be absurd.
Or consider a study in which the researcher hypothesizes that, in classes for learning-disabled students, teacher expectation of student failure is related to amount of disruptive behavior. Suppose the researcher finds a high correlation between these two variables. Should he or she conclude that this is a meaningful relationship? Perhaps. But the correlation might also be explained by another variable, such as the ability level of the class (classes low in ability might be expected to have more disruptive behavior and higher teacher expectation of failure).*

In our experience, a systematic consideration of possible threats to internal validity receives the least attention of all the aspects of planning a study. Often, the possibility of such threats is not discussed at all. Probably this is because their consideration is not seen as an essential step in carrying out a study. Researchers cannot avoid deciding on what variables to study, or how the sample will be obtained, or how the data will be collected and analyzed. They can, however, ignore or simply not think about possible alternative explanations for the outcomes of a study until after the study is completed—at which point it is almost always too late to do anything about them. Identifying possible threats during the planning stage of a study, on the other hand, can often lead researchers to design ways of eliminating or at least minimizing these threats.

In recent years, many useful categories of possible threats to internal validity have been identified. Although most of these categories were originally designed for application to experimental studies, some apply to other types of methodologies as well. We discuss the most important of these possible threats in this chapter.

Various ways of controlling for these threats have also been identified. We discuss some of these in the remainder of this chapter and others in subsequent chapters.

**Threats to Internal Validity**

**SUBJECT CHARACTERISTICS**

The selection of people for a study may result in the individuals (or groups) differing from one another in unintended ways that are related to the variables to be studied. This is sometimes referred to as selection bias, or a subject characteristics threat. In our example of teacher expectations and class disruptive behavior, the ability level of the class fits this category. In studies that compare groups, subjects in the groups may differ on such variables as age, gender, ability, socioeconomic background, and the like. If not controlled, these variables may explain away whatever differences between groups are found. The list of such subject characteristics is virtually unlimited, but some examples that might affect the results of a study include:

- Age
- Strength
- Maturity
- Gender
- Ethnicity
- Coordination
- Speed
- Intelligence
- Vocabulary
- Attitude
- Reading ability
- Fluency
- Manual dexterity
- Socioeconomic status
- Religious beliefs
- Political beliefs

In a particular study, the researcher must decide, based on previous research or experience, which variables are most likely to create problems, and do his or her best to prevent or minimize their effects. In studies comparing groups, there are several methods of equating groups, which we discuss in Chapters 13 and 16. In correlational studies, there are certain statistical techniques that can be used to control such variables, provided information on each variable is obtained. We discuss these techniques in Chapter 15.

**LOSS OF SUBJECTS (MORTALITY)**

No matter how carefully the subjects of a study are selected, it is common to “lose” some as the study progresses (Figure 9.1). This is known as a mortality threat. For one reason or another (for example, illness, family relocation, or the requirements of other activities), some individuals may drop out of the study. This is especially true in most intervention studies, since they take place over time.

Subjects may be absent during the collection of data or fail to complete tests, questionnaires, or other instruments. Failure to complete instruments is especially a problem in questionnaire studies. In such studies, it is not uncommon to find that 20 percent or more of the subjects involved do not return their forms. Remember, the actual sample in a study is not the total of those selected but only those from whom data are obtained.

Loss of subjects, of course, not only limits generalizability but also can introduce bias—if those subjects who are lost would have responded differently from those...
from whom data were obtained. Many times this is quite likely, since those who do not respond or who are absent probably act this way for a reason. In the example we presented earlier in which the researcher was studying the possible relationship between amount of disruptive behavior by students in class and teacher expectations of student failure, it is likely that those teachers who failed to describe their expectations to the researcher (and who would therefore be “lost” for the purposes of the study) would differ from those who did provide this information in ways affecting disruptive behavior.

In studies comparing groups, loss of subjects probably will not be a problem if the loss is about the same in all groups. But if there are sizable differences between groups in terms of the numbers who drop out, this is certainly a conceivable alternative explanation for whatever findings appear. In comparing students taught by different methods (lecture versus discussion, for example), one might expect the poorer students in each group to be more likely to drop out. If more of the poorer students drop out of either group, the other method may appear more effective than it actually is.

Of all the threats to internal validity, mortality is perhaps the most difficult to control. A common misconception is that the threat is eliminated simply by replacing the lost subjects. No matter how this is done—even if they are replaced by new subjects selected randomly—researchers can never be sure that the replacement subjects will respond as those who dropped out would have. It is more likely, in fact, that they will not. Can you see why?*

It is sometimes possible for a researcher to argue that the loss of subjects in a study is not a problem. This is done by exploring the reasons for such loss and then offering an argument as to why these reasons are not relevant to the particular study at hand. Absence from class on the day of testing, for example, probably would not in most cases favor a particular group, since it would be incidental rather than intentional—unless the day and time of the testing was announced beforehand.

Another attempt to eliminate the problem of mortality is to provide evidence that the subjects lost were similar to those remaining on pertinent characteristics such as age, gender, ethnicity, pretest scores, or other variables that presumably might be related to the study outcomes. While desirable, such evidence can never demonstrate conclusively that those subjects who were lost would not have responded differently from those who remained. When all is said and done, the best solution to the problem of mortality is to do one’s best to prevent or minimize the loss of subjects.

Some examples of a mortality threat include the following:

• A high school teacher decides to teach his two English classes differently. His one o’clock class spends a large amount of time writing analyses of plays, whereas his two o’clock class spends much time acting out and discussing portions of the same plays. Halfway through the semester, several students in the two o’clock class are excused to participate in the annual school play—thus they are “lost” from the study. If they, as a group, are better students than the rest of their class, their loss will lower the performance of the two o’clock class.

• A researcher wishes to study the effects of a new diet on building endurance in long-distance runners. She receives a grant to study, over a two-year period, a group of such runners who are on the track team at several nearby high schools in a large urban school district. The study is designed to compare runners who are given the new diet with similar runners in the district who are not given the diet. About 5 percent of the runners who receive the diet and about 20 percent of those who do not receive the diet, however, are

*Since those who drop out have done so for a reason, their replacements will be different at least in this respect; thus, they may see things differently or feel differently, and their responses may accordingly be different.
seniors, and they graduate at the end of the first year of the study. Because seniors are probably better runners, this loss will cause the remaining no-diet group to appear weaker than the diet group.

LOCATION

The particular locations in which data are collected, or in which an intervention is carried out, may create alternative explanations for results. This is called a location threat. For example, classrooms in which students are taught by, say, the inquiry method may have more resources (texts and other supplies, equipment, parent support, and so on) available to them than classrooms in which students are taught by the lecture method. The classrooms themselves may be larger, have better lighting, or contain better-equipped workstations. Such variables may account for higher performance by students. In our disruptive behavior versus teacher expectations example, the availability of support (resources, aides, and parent assistance) might explain the correlation between the major variables of interest. Classes with fewer resources might be expected to have more disruptive behavior and higher teacher expectations of failure.

The location in which tests, interviews, or other instruments are administered may affect responses (Figure 9.2). Parent assessments of their children at home may be different from assessments of their children at school. Student performance on tests may be lower if tests are given in noisy or poorly lighted rooms. Observations of student interaction may be affected by the physical arrangement of certain classrooms. Such differences might provide defensible alternative explanations for the results in a particular study.

The best method of control for a location threat is to hold location constant—that is, keep it the same for all participants. When this is not feasible, the researcher should try to ensure that different locations do not systematically favor or jeopardize the hypothesis. This may require the collection of additional descriptions of the various locations.

Here are some examples of a location threat:

- A researcher designs a study to compare the effects of team versus individual teaching of U.S. history on student attitudes toward history. The classrooms in which students are taught by a single teacher have fewer books and materials than the ones in which students are taught by a team of three teachers.
- A researcher decides to interview counseling and special education majors to compare their attitudes toward their respective master’s degree programs. Over a three-week period, he manages to interview all of the students enrolled in the two programs. Although he is able to interview most of the students in one of the university classrooms, scheduling conflicts prevent this classroom from being available for him to interview the remainder. As a result, he interviews 20 of the counseling students in the coffee shop of the student union.

INSTRUMENTATION

The way in which instruments are used may also constitute a threat to the internal validity of a study. As discussed in Chapter 8, scores from the instruments used in a study can lack evidence of validity. Lack of this
kind of validity does not necessarily present a threat to internal validity—but it may.*

Instrument Decay. Instrumentation can create problems if the nature of the instrument (including the scoring procedure) is changed in some way or another. This is usually referred to as instrument decay. This is often the case when the instrument permits different interpretations of results (as in essay tests) or is especially long or difficult to score, thereby resulting in fatigue of the scorer (Figure 9.3). Fatigue often happens when a researcher scores a number of tests one after the other; he or she becomes tired and scores the tests differently (for example, more rigorously at first, more generously later). The principal way to control instrument decay is to schedule data collection and/or scoring so as to minimize changes in any of the instruments or scoring procedures.

Here are some examples of instrument decay:

• A professor grades 100 essay-type final examinations over a five-hour period without taking a break. Each essay encompasses between 10 and 12 pages. He grades the papers of each class in turn and then compares the results.

• The administration of a large school district changes its method of reporting absences. Only students who are considered truant (absence is unexcused) are reported as absent; students who have a written excuse (from parents or school officials) are not reported.

Data Collector Characteristics. The characteristics of the data gatherers—an inevitable part of most instrumentation—can also affect results. Gender, age, ethnicity, language patterns, or other characteristics of the individuals who collect the data in a study may affect the nature of the data they obtain (Figure 9.4). If these characteristics are related to the variables being investigated, they may offer an alternative explanation for whatever findings appear. Suppose both male and female data gatherers were used in the prior example of a researcher wishing to study the relationship between disruptive behavior and teacher expectations. It might be that the female data collectors would elicit more confessions of an expectation of student failure on the part of teachers and generate more incidents of disruptive behavior on the part of students during classroom observations than would the males. If so, any correlation between teacher expectations of failure and the amount of disruptive behavior by students might be explained (at least partly) as an artifact of who collected the data.

The primary ways to control this threat include using the same data collector(s) throughout, analyzing data separately for each collector, and (in comparison-group studies) ensuring that each collector is used equally with all groups.

Data Collector Bias. There is also the possibility that the data collector(s) and/or scorer(s) may unconsciously distort the data in such a way as to make certain outcomes (such as support for the hypothesis)
more likely. Examples include some classes being allowed more time on tests than other classes; interviewers asking “leading” questions of some interviewees; observer knowledge of teacher expectations affecting quantity and type of observed behaviors of a class; and judges of student essays favoring (unconsciously) one instructional method over another.

The two principal techniques for handling data collector bias are to standardize all procedures, which usually requires some sort of training of the data collectors, and to ensure that the data collectors lack the information they would need to distort results—also known as planned ignorance. Data collectors should be either unaware of the hypothesis or unable to identify the particular characteristics of the individuals or groups from whom the data are being collected. Data collectors do not need to be told which method group they are observing or testing or how the individuals they are testing performed on other tests.

Some examples of data collector bias are as follows:

- All teachers in a large school district are interviewed regarding their future goals and their views on faculty organizations. The hypothesis is that those planning a career in administration will be more negative in their views on faculty organizations than those planning to continue teaching. Interviews are conducted by the vice principal in each school. Teachers are likely to be influenced by the fact that the person interviewing them is the vice principal, and this may account for the hypothesis being supported.

- An interviewer unconsciously smiles at certain answers to certain questions during an interview.

- An observer with a preference for inquiry methods observes more “attending behavior” in inquiry-identified than noninquiry-identified classes.

- A researcher is aware, when scoring the end-of-study examinations, which students were exposed to which treatment in an intervention study.

**TESTING**

In intervention studies, where data are collected over a period of time, it is common to test subjects at the beginning of the intervention(s). By testing, we mean the use of any form of instrumentation, not just “tests.” If substantial improvement is found in posttest (compared to pretest) scores, the researcher may conclude that this improvement is due to the intervention. An alternative explanation, however, may be that the improvement is due to the use of the pretest. Why is this? Let’s look at the reasons.

Suppose the intervention in a particular study involves the use of a new textbook. The researcher wants to see if students score higher on an achievement test if they are taught the subject using this new text than did students who have used the regular text in the past. The researcher pretests the students before the new textbook is introduced and then posttests them at the end of a six-week period. The students may be “alerted” to what is being studied by the questions in the pretest, however, and accordingly make a greater effort to learn the material. This increased effort on the part of the students (rather than the new textbook) could account for the improvement. It may also be that “practice” on the pretest by itself is responsible for the improvement. This is known as a testing threat (Figure 9.5).

Consider another example. Suppose a counselor in a large high school is interested in finding out whether student attitudes toward mental health are affected by a special unit on the subject. He decides to administer an attitude questionnaire to the students before the unit is introduced and then administer it again after the unit

"How'd you do on the final?"

"I killed it! I remembered the questions on the 'diagnostic' test we took at the beginning of the semester."
is completed. Any change in attitude scores may be due to the students thinking about and discussing their opinions as a result of the pretest rather than as a result of the intervention.

Notice that it is not always the administration of a pretest per se that creates a possible testing effect, but rather the “interaction” that occurs between taking the test and the intervention. A pretest sometimes can make students more alert to or aware of what may be about to take place, making them more sensitive to and responsive toward the treatment that subsequently occurs. In some studies, the possible effects of pretesting are considered so serious that such testing is eliminated.

A similar problem is created if the instrumentation process permits subjects to figure out the nature of the study. This is most likely to happen in single-group (correlational) studies of attitudes, opinions, or similar variables other than ability. Students might be asked their opinions, for example, about teachers and also about different subjects to test the hypothesis that student attitude toward teachers is related to student attitude toward the subjects taught. They may see a connection between the two sets of questions, especially if they are both included on the same form, and answer accordingly.

Some examples of testing threats are as follows:

- A researcher uses exactly the same set of problems to measure change over time in student ability to solve mathematics word problems. The first administration of the test is given at the beginning of a unit of instruction; the second administration is given at the end of the unit of instruction, three weeks later. If improvement in scores occurs, it may be due to sensitization to the problems produced by the first test and the practice effect rather than to any increase in problem-solving ability.
- A researcher incorporates items designed to measure self-esteem and achievement motivation in the same questionnaire. The respondents may figure out what the researcher is after and react accordingly.
- A researcher uses pre- and posttests of anxiety level to compare students given relaxation training with students in a control group. Lower scores for the relaxation group on the posttest may be due to the training, but they also may be due to sensitivity (created by the pretest) to the training.

**HISTORY**

On occasion, one or more unanticipated, and unplanned for, events may occur during the course of a study that can affect the responses of subjects (Figure 9.6). Such an event is referred to in educational research as a **history threat**. In the study we suggested of students being taught by the inquiry versus the lecture method, for example, a boring visitor who dropped in on and spoke to the lecture class just before an upcoming examination would be an example. If the visitor’s remarks in some way discouraged or turned off students in the lecture class, they might have done less well on the examination than if the visitor had not appeared. Another example involves a personal experience of one of the authors of...
this text. He remembers clearly the day that President John F. Kennedy died, since he had scheduled an examination for that very day. The author’s students at that time, stunned into shock by the announcement of the president’s death, were unable to take the examination. Any comparison of examination results taken on this day with the examination results of other classes taken on other days would have been meaningless.

Researchers can never be certain that one group has not had experiences that differ from those of other groups. As a result, they should continually be alert to any such influences that may occur (in schools, for example) during the course of a study. As you will see in Chapter 13, some research designs handle this threat better than do others.

Two examples of a history threat follow.

- A researcher designs a study to investigate the effects of simulation games on ethnocentrism. She plans to select two high schools to participate in an experiment. Students in both schools will be given a pretest designed to measure their attitudes toward minority groups. School A will then be given the simulation games during their social studies classes over a three-day period, and school B will watch travel films. Both schools will then be given the same test to see if their attitude toward minority groups has changed. The researcher conducts the study as planned, but a special documentary on racial prejudice is shown in school A between the pretest and the posttest.

- The achievement scores of five elementary schools whose teachers use a cooperative learning approach are compared with those of five schools whose teachers do not use this approach. During the course of the study, the faculty of one of the schools where cooperative learning is not used is engaged in a disruptive conflict with the school principal.

MATURATION

Often, change during an intervention may be due to factors associated with the passing of time rather than to the intervention itself (Figure 9.7). This is known as a maturation threat. Over the course of a semester, for example, very young students, in particular, will change in many ways simply because of aging and experience. Suppose, for example, that a researcher is interested in studying the effect of special grasping exercises on the ability of 2-year-olds to manipulate various objects. She finds that such exercises are associated with marked increases in the manipulative ability of the children over a six-month period. Two-year-olds mature very rapidly, however, and the improvement in their manipulative ability may be due simply to this fact rather than the grasping exercises. Maturation is a serious threat only in studies using pre-post data for the intervention group, or in studies that span a number of years. The best way to control for maturation is to include a well-selected comparison group in the study.
Examples of a maturation threat are as follows:

- A researcher reports that students in liberal arts colleges become less accepting of authority between their freshman and senior years and attributes this to the many “liberating” experiences they have undergone in college. This may be the reason, but it also may be because they simply have grown older.

- A researcher tests a group of students enrolled in a special class for “students with artistic potential” every year for six years, beginning when they are age 5. She finds that their drawing ability improves markedly over the years.

**ATTITUDE OF SUBJECTS**

How subjects view a study and participate in it can also threaten internal validity. One example is the well-known **Hawthorne effect**, first observed in the Hawthorne plant of the Western Electric Company some years ago. It was accidentally discovered that productivity increased not only when improvements were made in physical working conditions (such as an increase in the number of coffee breaks and better lighting) but also when such conditions were unintentionally made worse (for instance, the number of coffee breaks was reduced and the lighting was dimmed). The usual explanation for this is that the special attention and recognition received by the workers were responsible; they felt someone cared about them and was trying to help them. This positive effect, resulting from increased attention and recognition of subjects, has subsequently been referred to as the **Hawthorne effect**.

It has also been suggested that recipients of an experimental treatment may perform better because of the novelty of the treatment rather than the specific nature of the treatment. It might be expected, then, that subjects who know they are part of a study may show improvement as a result of a feeling that they are receiving some sort of special treatment—no matter what this treatment may be (Figure 9.8).

An opposite effect can occur whenever, in intervention studies, the members of the control group receive no treatment at all. As a result, they may become demoralized or resentful and hence perform more poorly than the treatment group. It may thus appear that the experimental group is performing better as a result of the treatment, when this is not the case.

One remedy for these **subject attitude threats** is to provide the control or comparison group(s) with a special or novel treatment comparable to that received by the experimental group. While simple in theory, this is not easy to do in most educational settings. Another possibility, in some cases, is to make it easy for students to believe that the treatment is just a regular part of their education.
of instruction—that is, not part of an experiment. For example, it is sometimes unnecessary to announce that an experiment is being conducted. Here are examples of a subject attitude threat:

- A researcher decides to investigate the possible reduction of test anxiety by playing classical music during examinations. She randomly selects 10 freshman algebra classes from the five high schools in a large urban school district. In five of these classes, she plays classical music softly in the background during examinations. In the other five (the control group), she plays no music. The students in the control group, however, learn that music is being played in the other classes and express some resentment when their teachers tell them that the music cannot be played in their class. This resentment may actually cause them to be more anxious during exams or intentionally to inflate their anxiety scores.

- A researcher hypothesizes that critical thinking skill is correlated with attention to detail. He administers a somewhat novel test that provides a separate score for each variable (critical thinking and attention to detail) to a sample of eighth-graders. The novelty of the test may confuse some students, while others may think it is silly. In either case, the scores of these students are likely to be lower on both variables because of the format of the test, not because of any lack of ability. It may appear, therefore, that the hypothesis is supported. Neither score is a valid indicator of ability for such students, so this particular attitudinal reaction creates a threat to internal validity.

**REGRESSION**

A **regression threat** may be present whenever change is studied in a group that is extremely low or high in its pre-intervention performance (Figure 9.9). Studies in special education are particularly vulnerable to this threat, since the students in such studies are frequently selected on the basis of previous low performance. The regression phenomenon can be explained statistically, but for our purposes it simply describes the fact that a group selected because of unusually low (or high) performance will, on the average, score closer to the mean on subsequent testing, regardless of what transpires in the meantime. Thus, a class of students of markedly low ability may be expected to score higher on posttests regardless of the effect of any intervention to which they are exposed. Like maturation, the use of an equivalent control or comparison group handles this threat—and this seems to be understood as reflected in published research.

Some examples of a possible regression threat are as follows:

- An Olympic track coach selects the members of her team from those who have the fastest times during the final trials for various events. She finds that their average time increases the next time they run, however, which she perhaps erroneously attributes to poorer track conditions.

- Those students who score in the lowest 20 percent on a math test are given special help. Six months later their average score on a test involving similar problems has improved, but not necessarily because of the special help.
IMPLEMENTATION

The treatment or method in any experimental study must be administered by someone—the researcher, the teachers involved in the study, a counselor, or some other person. This fact raises the possibility that the experimental group may be treated in ways that are unintended and not necessarily part of the method, yet which give them an advantage of one sort or another. This is known as an implementation threat. It can happen in either of two ways.

First, an implementation threat can occur when different individuals are assigned to implement different methods, and these individuals differ in ways related to the outcome. Consider our previous example in which two groups of students are taught by either an inquiry or a lecture method. The inquiry teachers may simply be better teachers than the lecture teachers.

There are a number of ways to control for this possibility. The researcher can attempt to evaluate the individuals who implement each method on pertinent characteristics (such as teaching ability) and then try to equate the treatment groups on these dimensions (for example, by assigning teachers of equivalent ability to each group). Clearly, this is a difficult and time-consuming task. Another control is to require that each method be taught by all teachers in the study. Where feasible, this is a preferable solution, though it also is vulnerable to the possibility that some teachers may have different abilities to implement the different methods. Still another control is to use several different individuals to implement each method, thereby reducing the chances of an advantage to either method.

Second, an implementation threat can occur when some individuals have a personal bias in favor of one method over the other. Their preference for the method, rather than the method itself, may account for the superior performance of students taught by that method. This is a good reason why a researcher should, if at all possible, not be one of the individuals who implements a method in an intervention study. It is sometimes possible to keep individuals who are implementers ignorant of the nature of a study, but it is generally very difficult—in part because teachers or others involved in a study will usually need to be given a rationale for their participation. One solution for this is to allow individuals to choose the method they wish to implement, but this creates the possibility of differences in characteristics discussed above. An alternative is to have all methods used by all implementers, but with their preferences known beforehand. Note that preference for a method as a result of using it does not constitute a threat—it is simply one of the by-products of the method itself.
As we have mentioned, meta-analysis is a way of quantifying replications of a study. It is important to note, however, that the term replication is used rather loosely in this context, since the studies that the researcher(s) has collected may have little in common except that they all have the same independent variable. Our concerns are twofold: Merely obtaining several studies, even if they all have the same independent variable, does not mean that they will necessarily balance out each other’s weaknesses—they might all have the same weakness. Secondly, in doing a meta-analysis, equal weight is given to both good and bad studies—that is, no distinction is made between studies that have been well designed and conducted and those that have not been so well designed and/or conducted. Results of a well-designed study in which the researchers used a large random sample, for example, would count the same as results from a poorly controlled study in which researchers used a convenience or purposive sample.

A partial solution to these problems that we support is to combine meta-analysis with judgmental review. This has been done by judging studies as good or bad and comparing the results; sometimes they agree. If, however, there is a sufficient number of good studies (we would argue for a minimum of seven), we see little to be gained by including poor ones. Meta-analyses are here to stay, and there is little question that they can provide the research community with valuable information. But we do not think excessive enthusiasm for the technique is warranted. Like many things, it is a tool, not a panacea.
FACTORS THAT REDUCE THE LIKELIHOOD OF FINDING A RELATIONSHIP

In many studies, the various factors we have discussed could also serve to reduce, or even prevent, the chances of a relationship being found. For example, if the methods (the treatment) in a study are not adequately implemented—that is, adequately tried—the effect of actual differences between them on outcomes may be obscured. Similarly, if the members of a control or comparison group become “aware” of the experimental
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...treatment, they may increase their efforts because they feel “left out,” thereby reducing real differences in achievement between treatment groups that otherwise would be seen. Sometimes, teachers of a control group may unwittingly give some sort of “compensation” to motivate the members of their group, thereby lessening the impact of the experimental treatment. Finally, the use of instruments that produce unreliable scores and/or the use of small samples may result in a reduced likelihood of a relationship or relationships being observed.

How Can a Researcher Minimize These Threats to Internal Validity?

Throughout this chapter, we have suggested a number of techniques or procedures that researchers can employ to control or minimize the possible effects of threats to internal validity. Essentially, they boil down to four alternatives. A researcher can try to do any or all of the following.

1. Standardize the conditions under which the study occurs—such as the way(s) in which the treatment is implemented (in intervention studies), the way(s) in which the data are collected, and so on. This helps control for location, instrumentation, subject attitude, and implementation threats.

2. Obtain more information on the subjects of the study—that is, on relevant characteristics of the subjects—and use that information in analyzing and interpreting results. This helps control for a subject characteristics threat and (possibly) a mortality threat, as well as maturation and regression threats.

3. Obtain more information on the details of the study—that is, where and when it takes place, extraneous events that occur, and so on. This helps control for location, instrumentation, history, subject attitude, and implementation threats.
4. Choose an appropriate design. The proper design can do much to control these threats to internal validity.

Because control by design applies primarily to experimental and causal-comparative studies, we shall discuss it in detail in Chapters 13 and 16. The four alternatives are summarized in Table 9.2.

**TWO POINTS TO EMPHASIZE**
We want to end this chapter by emphasizing two things. First, these various threats to internal validity can be greatly reduced by planning. Second, such planning often requires collecting additional information before a study begins (or while it is taking place). It is often too late to consider how to control these threats once the data have been collected.

<table>
<thead>
<tr>
<th>Threat</th>
<th>Standardize Conditions</th>
<th>Obtain More Information on Subjects</th>
<th>Obtain More Information on Details</th>
<th>Choose an Appropriate Design</th>
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<tbody>
<tr>
<td>Subject characteristics</td>
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<tr>
<td>Mortality</td>
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<td>History</td>
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<td>Maturation</td>
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<td>Subject attitude</td>
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<td>Regression</td>
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<td>Implementation</td>
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**THE MEANING OF INTERNAL VALIDITY**
- When a study lacks internal validity, one or more alternative hypotheses exist to explain the outcomes. These alternative hypotheses are referred to by researchers as threats to internal validity.
- When a study has internal validity, it means that any relationship observed between two or more variables is unambiguous, rather than being due to something else.

**THREATS TO INTERNAL VALIDITY**
- Some of the more common threats to internal validity are differences in subject characteristics, mortality, location, instrumentation, testing, history, maturation, attitude of subjects, regression, and implementation.
• The selection of people for a study may result in the individuals or groups differing (i.e., the characteristics of the subjects may differ) from one another in unintended ways that are related to the variables to be studied.
• No matter how carefully the subjects of a study (the sample) are selected, it is common to lose some of them as the study progresses. This is known as mortality. Such a loss of subjects may affect the outcomes of a study.
• The particular locations in which data are collected, or in which an intervention is carried out, may create alternative explanations for any results that are obtained.
• The way in which instruments are used may also constitute a threat to the internal validity of a study. Possible instrumentation threats include changes in the instrument, characteristics of the data collector(s), and/or bias on the part of the data collectors.
• The use of a pretest in intervention studies sometimes may create a “practice effect” that can affect the results of a study. A pretest can also sometimes affect the way subjects respond to an intervention.
• On occasion, one or more unanticipated and unplanned for events may occur during the course of a study that can affect the responses of subjects. This is known as a history threat.
• Sometimes change during an intervention study may be due more to factors associated with the passing of time than to the intervention itself. This is known as a maturation threat.
• The attitude of subjects toward a study (and their participation in it) can create a threat to internal validity. This is known as subject attitude threat.
• When subjects are given increased attention and recognition because they are participating in a study, their responses may be affected. This is known as the Hawthorne effect.
• Whenever a group is selected because of unusually high or low performance on a pretest, it will, on average, score closer to the mean on subsequent testing, regardless of what transpires in the meantime. This is called a regression threat.
• Whenever an experimental group is treated in ways that are unintended and not a necessary part of the method being studied, an implementation threat can occur.

CONTROLLING THREATS TO INTERNAL VALIDITY

• Researchers can use a number of techniques or procedures to control or minimize threats to internal validity. Essentially they boil down to four alternatives: (1) standardizing the conditions under which the study occurs, (2) obtaining and using more information on the subjects of the study, (3) obtaining and using more information on the details of the study, and (4) choosing an appropriate design.

Key Terms

data collector bias 171  
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For Discussion

1. Can a researcher prove conclusively that a study has internal validity? Explain.

2. In Chapter 6, we discussed the concept of external validity. In what ways, if any, are internal and external validity related? Can a study have internal validity but not external validity? If so, how? What about the reverse?

3. Students often confuse the concept of internal validity with the idea of instrument validity. How would you explain the difference between the two?

4. What threat (or threats) to internal validity might exist in each of the following?
   a. A researcher decides to try out a new mathematics curriculum in a nearby elementary school and to compare student achievement in math with that of students in another elementary school using the regular curriculum. The researcher is not aware, however, that the students in the new-curriculum school have computers to use in their classrooms.
   b. A researcher wishes to compare two different kinds of textbooks in two high school chemistry classes over a semester. She finds that 20 percent of one group and 10 percent of the other group are absent during the administration of unit tests.
   c. In a study investigating the possible relationship between marital status and perceived social changes during the last five years, men and women interviewers get different reactions from female respondents to the same questions.
   d. Teachers of an experimental English curriculum as well as teachers of the regular curriculum administer both pre- and posttests to their own students.
   e. Eighth-grade students who volunteer to tutor third-graders in reading show greater improvement in their own reading scores than a comparison group that does not participate in tutoring.
   f. A researcher compares the effects of weekly individual and group counseling on the improvement of study habits. Each week the students counseled as a group fill out questionnaires on their progress at the end of their meetings. The students counseled individually, however, fill out the questionnaires at home.
   g. Those students who score in the bottom 10 percent academically in a school in an economically depressed area are selected for a special program of enrichment. The program includes special games, extra and specially colored materials, special snacks, and new books. The students score substantially higher on achievement tests six months after the program is instituted.
   h. A group of elderly people are asked to fill out a questionnaire designed to investigate the possible relationship between activity level and sense of life satisfaction.

5. How could you determine whether the threats you identified in each of the situations in question 4 actually exist?

6. Which threats discussed in this chapter do you think are the most important for a researcher to consider? Why? Which do you think would be the most difficult to control? Explain.

Note

Research Exercise 9: Internal Validity

State the question or hypothesis of your study at the top of Problem Sheet 9. In the spaces indicated, place an X after each of the threats to internal validity that apply to your study, explain why they are threats, and describe how you intend to control for those most likely to occur (i.e., prevent them from affecting the outcome of your study). Finally, what can you say to convince others that the results of your study are credible and not due merely to coincidence or chance?

Problem Sheet 9
Internal Validity

1. Place an X after any of the threats listed below that you think might apply to your study:
   - Subject characteristics
   - Instrumentation
   - Maturation
   - Mortality
   - Testing
   - History
   - Subject attitude
   - Implementation
   - Location
   - Regression
   - Other

2. Please describe how you will attempt to control for those threats that you have marked above:
   - Threat #1: ___________________________________________________________
   - Threat #2: ___________________________________________________________
   - Threat #3: ___________________________________________________________
   - Threat #4: ___________________________________________________________

3. What assurances can you provide (through your design, sampling procedure, etc.) to support the claims that your study findings are valid? In other words, how will you convince the reader that the findings or relationships resulting from the study are not due to or explained by something other than what you claim?
   ___________________________________________________________
   ___________________________________________________________
   ___________________________________________________________
Part 3 introduces the subject of statistics—important tools that are frequently used by researchers in the analysis of their data. Chapter 10 presents a discussion of descriptive statistics and provides a number of techniques for summarizing both quantitative and categorical data. Chapter 11 deals with inferential statistics—how to determine whether an outcome can be generalized or not—and briefly discusses the most commonly used inferential statistics. Chapter 12 then places what we have presented in the previous two chapters in perspective. We provide some examples of comparing groups and of relating variables within a group. We conclude the chapter with a summary of recommendations for using both descriptive and inferential statistics.
OBJECTIVES  Reading this chapter should enable you to:

• Explain the difference between a statistic and a parameter.
• Differentiate between categorical and quantitative data and give an example of each.
• Name three different types of scores used in educational research and give an example of each.
• Construct a frequency polygon from data.
• Construct a histogram and a stem-leaf plot from data.
• Explain what is meant by the terms “normal distribution” and “normal curve.”
• Calculate the mean, median, and mode for a frequency distribution of data.
• Calculate the range and standard deviation for a frequency distribution of data.
• Explain what a five-number summary is.
• Explain what a boxplot displays.
• Explain how any particular score in a normal distribution can be interpreted in standard deviation units.
• Explain what a “z score” is and tell why it is advantageous to be able to express scores in z score terms.
• Explain how to interpret a normal distribution.
• Construct and interpret a scatterplot.
• Explain more fully what a correlation coefficient is.
• Calculate a Pearson correlation coefficient.
• Prepare and interpret a frequency table, a bar graph, and a pie chart.
• Prepare and interpret a crossbreak table.
Two Fundamental Types of Numerical Data

In Chapter 7, we presented a number of instruments used in educational research. The researcher’s intention in using these instruments is to collect information of some sort—measures of abilities, attitudes, beliefs, reactions, and so forth—that will enable him or her to draw some conclusions about the sample of individuals being studied.

As we have seen, such information can be collected in several ways, but it can be reported in only three ways: through words, through numbers, and sometimes through graphs or charts that show patterns or describe relationships. In certain types of research, such as interviews, ethnographic studies, or case studies, researchers often try to describe their findings through a narrative description of some sort. Their intent is not to reduce
• SAT scores (the variable is *scholastic aptitude*)
• The temperatures recorded each day during the months of September through December in Omaha, Nebraska, in a given year (the variable is *temperature*)
• The anxiety scores of all first-year students enrolled at San Francisco State University in 2002 (the variable is *anxiety*)

CATEGORICAL DATA

Categorical data simply indicate the total number of objects, individuals, or events a researcher finds in a particular category. Thus, a researcher who reports the number of people for or against a particular government policy, or the number of students completing a program in successive years, is reporting categorical data. Notice that what the researcher is looking for is the frequency of certain characteristics, objects, individuals, or events. Many times it is useful, however, to convert these frequencies into percentages. Some examples of categorical data follow.

• The representation of each ethnic group in a school (the variable is *ethnicity*); for example, Caucasian, 1,462 (41 percent); black, 853 (24 percent); Hispanic, 760 (21 percent); Asian, 530 (15 percent)
• The number of male and female students in a chemistry class (the variable is *gender*)
• The number of teachers in a large school district who use (1) the lecture and (2) the discussion method (the variable is *teaching method*)
• The number of each type of tool found in a workshop (the variable is *type of tool*)
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- The number of each kind of merchandise found in a large department store (the variable is type of merchandise)

You may find it helpful at this point to refer back to Figure 7.26 in Chapter 7. The ordinal, interval, and ratio scales all pertain to quantitative data; the nominal scale pertains to categorical data.

Types of Scores

Quantitative data are usually reported in the form of scores. Scores can be reported in many ways, but an important distinction to understand is the difference between raw scores and derived scores.

RAW SCORES

Almost all measurement begins with what is called a raw score, which is the initial score obtained. It may be the total number of items an individual gets correct or answers in a certain way on a test, the number of times a certain behavior is tallied, the rating given by a teacher, and so forth. Examples include the number of questions answered correctly on a science test, the number of questions answered "positively" on an attitude scale, the number of times "aggressive" behavior is observed, a teacher’s rating on a “self-esteem” measure, or the number of choices received on a sociogram.

Taken by itself, an individual raw score is difficult to interpret, since it has little meaning. What, for example, does it mean to say a student received a score of 62 on a test if that is all the information you have? Even if you know that there were 100 questions on the test, you don’t know whether 62 is an extremely high (or extremely low) score, since the test may have been easy or difficult.

We often want to know how one individual’s raw score compares to those of other individuals taking the same test, and (perhaps) how he or she has scored on similar tests taken at other times. This is true whenever we want to interpret an individual score. Because raw scores by themselves are difficult to interpret, they often are converted to what are called derived scores.

DERIVED SCORES

Derived scores are obtained by taking raw scores and converting them into more useful scores on some type of standardized basis. They indicate where a particular individual’s raw score falls in relation to all other raw scores in the same distribution. They enable a researcher to say how well the individual has performed compared to all others taking the same test. Examples of derived scores are age- and grade-level equivalents, percentile ranks, and standard scores.

Age and Grade-level Equivalents. Age-equivalent scores and grade-equivalent scores tell us of what age or grade an individual score is typical. Suppose, for example, that the average score on a beginning-of-the-year arithmetic test for all eighth-graders in a certain state is 62 out of a possible 100. Students who score 62 will have a grade equivalent of 8.0 on the test regardless of their actual grade placement—whether in sixth, seventh, eighth, ninth, or tenth grade, the student’s performance is typical of beginning eighth-graders. Similarly, a student who is 10 years and 6 months old may have an age-equivalent score of 12-2, meaning that his or her test performance is typical of students who are 12 years and 2 months old.

Percentile Ranks. A percentile rank refers to the percentage of individuals scoring at or below a given raw score. Percentile ranks are sometimes referred to as percentiles, although this term is not quite correct as a synonym.*

Percentile ranks are easy to calculate. A simple formula for converting raw scores to percentile ranks (PRs) is as follows:

\[
PR = \frac{\text{number of students below score} + \text{all students}}{\text{total number in group}} \times 100
\]

Suppose a total of 100 students took an examination, and 18 of them received a raw score above 85, while two students received a score of 85. Eighty students, then, scored somewhere below 85. What is the percentile rank of the two students who received the score of 85? Using the formula

\[
PR = \frac{80 + 2}{100} \times 100 = 82
\]

the percentile rank of these two students is 82.

*A percentile is the point below which a certain percentage of scores fall. The 70th percentile, for example, is the point below which 70 percent of the scores in a distribution fall. The 99th percentile is the point below which 99 percent of the scores fall, and so forth. Thus, if 20 percent of the students in a sample score below 40 on a test, then the 20th percentile is a score of 40. A person who obtains a score of 40 has a percentile rank of 20.
Often percentile ranks are calculated for each of the scores in a group. Table 10.1 presents a group of scores with the percentile rank of each score indicated.

**Standard Scores.** Standard scores provide another means of indicating how one individual compares to other individuals in a group. Standard scores indicate how far a given raw score is from a reference point. They are particularly helpful in comparing an individual’s relative achievement on different types of instruments (such as comparing a person’s performance on a chemistry achievement test with an instructor’s rating of his work in a laboratory). Many different systems of standard scores exist, but the two most commonly used and reported in educational research are \( z \) scores and \( T \) scores. We shall discuss both types later in the chapter.

**Which Scores to Use?**

Given these various types of scores, how do researchers decide which to use? Recall that the usefulness of derived scores is primarily in making individual raw scores meaningful to students, parents, teachers, and others. Despite their value in this respect, some derived scores should not be used in research. This is the case if the researcher is assuming an interval scale, as is often done. Percentile ranks, for example, should never be used because they, almost certainly, do not constitute an interval scale. Age- and grade-equivalent scores likewise have serious limitations because of the way they are obtained. Usually the best scores to use are standard scores, which are sometimes provided in instrument manuals and, if not, can easily be calculated. If standard scores are not used, it is far preferable to use raw scores—converting derived scores, for example, back to the original raw scores, if necessary—rather than use percentile ranks or age/grade equivalents.

### Techniques for Summarizing Quantitative Data

**Note:** None of the techniques in this section for summarizing quantitative data is appropriate for categorical data; they are for use only with quantitative data.

**FREQUENCY POLYGONS**

Listed below are the scores of a group of 50 students on a midsemester biology test.

64, 27, 61, 56, 52, 51, 3, 15, 6, 34, 6, 17, 27, 17, 24, 64, 31, 29, 31, 29, 29, 29, 31, 29, 61, 59, 56, 34, 59, 51, 38, 38, 38, 38, 34, 36, 34, 36, 36, 34, 34, 34, 34, 34, 34, 34, 34, 34, 21, 24, 25, 27, 27, 27, 63

How many students received a score of 34? Did most of the students receive a score above 50? How many received a score below 30? As you can see, when the data are simply listed in no apparent order, as they are here, it is difficult to tell.

To make any sense out of these data, we must put the information into some sort of order. One of the most common ways to do this is to prepare a frequency distribution. This is done by listing the scores in rank order from high to low, with tallies to indicate the number of subjects receiving each score (Table 10.2). Often, the scores in a distribution are grouped into intervals. This results in a grouped frequency distribution, as shown in Table 10.3.

Although frequency distributions like the ones in Tables 10.2 and 10.3 can be quite informative, often the information they contain is hard to visualize. To further the understanding and interpretation of quantitative data, it is helpful to present it in a graph. One such graphical display is known as a frequency polygon. Figure 10.2 presents a frequency polygon of the data in Table 10.3.

<table>
<thead>
<tr>
<th>Raw Score</th>
<th>Cumulative Frequency</th>
<th>Percentile Frequency</th>
<th>Rank</th>
</tr>
</thead>
<tbody>
<tr>
<td>95</td>
<td>1</td>
<td>25</td>
<td>100</td>
</tr>
<tr>
<td>93</td>
<td>1</td>
<td>24</td>
<td>96</td>
</tr>
<tr>
<td>88</td>
<td>2</td>
<td>23</td>
<td>92</td>
</tr>
<tr>
<td>85</td>
<td>3</td>
<td>21</td>
<td>84</td>
</tr>
<tr>
<td>79</td>
<td>1</td>
<td>18</td>
<td>72</td>
</tr>
<tr>
<td>75</td>
<td>4</td>
<td>17</td>
<td>68</td>
</tr>
<tr>
<td>70</td>
<td>6</td>
<td>13</td>
<td>52</td>
</tr>
<tr>
<td>65</td>
<td>2</td>
<td>7</td>
<td>28</td>
</tr>
<tr>
<td>62</td>
<td>1</td>
<td>5</td>
<td>20</td>
</tr>
<tr>
<td>58</td>
<td>1</td>
<td>4</td>
<td>16</td>
</tr>
<tr>
<td>54</td>
<td>2</td>
<td>3</td>
<td>12</td>
</tr>
<tr>
<td>50</td>
<td>1</td>
<td>1</td>
<td>4</td>
</tr>
</tbody>
</table>

\( N = 25 \)
### TABLE 10.2  Example of a Frequency Distribution\(^a\)

<table>
<thead>
<tr>
<th>Raw Score</th>
<th>Frequency</th>
</tr>
</thead>
<tbody>
<tr>
<td>64</td>
<td>2</td>
</tr>
<tr>
<td>63</td>
<td>1</td>
</tr>
<tr>
<td>61</td>
<td>2</td>
</tr>
<tr>
<td>59</td>
<td>2</td>
</tr>
<tr>
<td>56</td>
<td>2</td>
</tr>
<tr>
<td>52</td>
<td>1</td>
</tr>
<tr>
<td>51</td>
<td>2</td>
</tr>
<tr>
<td>38</td>
<td>4</td>
</tr>
<tr>
<td>36</td>
<td>3</td>
</tr>
<tr>
<td>34</td>
<td>5</td>
</tr>
<tr>
<td>31</td>
<td>5</td>
</tr>
<tr>
<td>29</td>
<td>5</td>
</tr>
<tr>
<td>27</td>
<td>5</td>
</tr>
<tr>
<td>25</td>
<td>1</td>
</tr>
<tr>
<td>24</td>
<td>2</td>
</tr>
<tr>
<td>21</td>
<td>2</td>
</tr>
<tr>
<td>17</td>
<td>2</td>
</tr>
<tr>
<td>15</td>
<td>1</td>
</tr>
<tr>
<td>6</td>
<td>2</td>
</tr>
<tr>
<td>3</td>
<td>1</td>
</tr>
</tbody>
</table>

\( n = 50 \)

\(^a\)Technically, the table should include all scores, including those for which there are zero frequencies. We have eliminated those to simplify the presentation.

### TABLE 10.3  Example of a Grouped Frequency Distribution

<table>
<thead>
<tr>
<th>Raw Scores (Intervals of Five)</th>
<th>Frequency</th>
</tr>
</thead>
<tbody>
<tr>
<td>60–64</td>
<td>5</td>
</tr>
<tr>
<td>55–59</td>
<td>4</td>
</tr>
<tr>
<td>50–54</td>
<td>3</td>
</tr>
<tr>
<td>45–49</td>
<td>0</td>
</tr>
<tr>
<td>40–44</td>
<td>0</td>
</tr>
<tr>
<td>35–39</td>
<td>7</td>
</tr>
<tr>
<td>30–34</td>
<td>10</td>
</tr>
<tr>
<td>25–29</td>
<td>11</td>
</tr>
<tr>
<td>20–24</td>
<td>4</td>
</tr>
<tr>
<td>15–19</td>
<td>3</td>
</tr>
<tr>
<td>10–14</td>
<td>0</td>
</tr>
<tr>
<td>5–9</td>
<td>2</td>
</tr>
<tr>
<td>0–4</td>
<td>1</td>
</tr>
</tbody>
</table>

\( n = 50 \)

The steps involved in constructing a frequency polygon are as follows:

1. List all scores in order of size, and tally how many students receive each score. Group scores, if necessary, into intervals.\(^*\)
2. Label the horizontal axis by placing all of the possible scores (or groupings) on that axis, at equal intervals, starting with the lowest score on the left.
3. Label the vertical axis by indicating frequencies, at equal intervals, starting with zero.
4. For each score (or grouping of scores), find the point where it intersects with its frequency of occurrence, and place a dot at that point. Remember that each score (or grouping of scores) with zero frequency must still be plotted.
5. Connect all the dots with a straight line.

As you can see by looking at Figure 10.1, the fact that a large number of the students scored in the middle of this distribution is illustrated quite nicely.\(^†\)

### SKewed Polygons

Data can be distributed in almost any shape. If a researcher obtains a set of data in which many individuals received low scores, for example, the shape of the distribution would look something like the frequency polygon shown in Figure 10.2. As you can see, in this particular distribution, only a few individuals received the higher scores. The frequency polygon in Figure 10.2 is said to be **positively skewed** because the tail of the distribution trails off to the right, in the direction of the higher (more positive) score values. Suppose the reverse were true. Imagine that a researcher obtained a set of data in which few individuals received relatively low scores. Then the shape of the distribution would look like the frequency polygon in Figure 10.3. This polygon is said to be **negatively skewed**, since the longer tail of the distribution goes off to the left.

\(^*\)Grouping scores into intervals such as five or more is often necessary when there are many scores in the distribution. Generally, 12 to 15 intervals on the \(x\)-axis is recommended.

\(^†\)A common mistake of students is to treat the vertical axis as if the numbers represented specific individuals. They do not. They represent frequencies. Each number on the vertical axis is used to plot the number of individuals at each score. In Figure 10.1, the dot above the interval 25–29 shows that 11 persons scored somewhere within the interval 25–29.
Frequency polygons are particularly useful in comparing two (or sometimes more) groups. In Chapter 7, Table 7.2, we presented some hypothetical results of a study involving a comparison of two counseling methods. Figure 10.4 on page 193 shows the polygons constructed using the data from Table 7.2.

This figure reveals several important findings. First, it is evident that method B resulted in higher scores, overall, than did method A. Second, it is clear that the scores for method B are more spread out. Third, it is clear that the reason for method B being higher overall is not that there are fewer scores at the low end of the scale (although this might have happened, it did not). In fact, the groups are almost identical in the number of scores below 61: A = 10, B = 12. The reason method B is higher overall is that there were fewer cases in the

---

**Using Excel to Construct Frequency Distributions and Histograms or Bar Graphs**

In Excel, you can use the Histogram Data Analysis tool to create a frequency distribution table and draw an accompanying histogram or bar graph. First, to construct a frequency distribution table using Excel, choose the Tools → Data Analysis command, select Histogram from the Analysis Tools list and click OK. In the Histogram dialog box that appears, use the input range box to identify the data you want to use to construct a frequency distribution and histogram. If your data ranges already include labels, check the Labels box. Next, use the Output Options button to tell Excel where to place you frequency distribution and histogram. If you want to put them in a new workbook, select the New Workbook button. To customize your histogram, make choices using Output Options. For example, checking the Cumulative Percentage creates a line showing cumulative percentages in your histogram. Finally, select the Chart Output check to tell Excel to include a histogram with the frequency distribution, and click OK. (Remember that the Analysis ToolPak must be installed first before any statistical operations can be performed. See Appendix D.)
**Figure 10.2** Example of a Positively Skewed Polygon

**Figure 10.3** Example of a Negatively Skewed Polygon

**Figure 10.4** Two Frequency Polygons Compared
middle range of the scores (between 60 and 75), and more cases above 75. If this is not clear to you, study the shaded areas in the figure. Many times we want to know not only which group is higher overall but also where the differences are. In this example we see that method B resulted in more variability and that it resulted in a substantial number of scores higher than those in method A.

**Figure 10.5 Histogram of Data in Table 10.2**

**HISTOGRAMS AND STEM-LEAF PLOTS**

A **histogram** is a bar graph used to display quantitative data at the interval or ratio level of measurement. The bars are arranged in order from left to right on the horizontal axis, and the widths of the bars indicate the range of values that fall within each bar. Frequencies are shown on the vertical axis, and the point of intersection of the two axes is always zero. Furthermore, the bars in a histogram (in contrast to those in a bar graph) touch, indicating that they illustrate quantitative rather than categorical data. Figure 10.5 is a histogram of the data presented in the grouped frequency distribution shown in Table 10.3.

A **stem-leaf plot** is a display that organizes a set of data to show both its shape and its distribution. Each data value is split into a “stem” and a “leaf.” The leaf is usually the last digit of the number, and the other digits to the left of the leaf form the stem. For example, the number 149 would be split

- **stem 14**
- **leaf 9**

Let us construct a stem-leaf plot for the following set of scores on a math quiz: 29, 37, 32, 46, 45, 45, 51, 55, 55, 55, 60. First, separate each number into a stem and a leaf. Since these are two-digit numbers, the tens digit is the stem and the units digit is the leaf. Next, group the numbers with the same stems as shown below, listing them in numerical order:
Math Quiz Scores

<table>
<thead>
<tr>
<th>Stem</th>
<th>Leaf</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>9</td>
</tr>
<tr>
<td>3</td>
<td>72</td>
</tr>
<tr>
<td>4</td>
<td>655</td>
</tr>
<tr>
<td>5</td>
<td>41555</td>
</tr>
<tr>
<td>6</td>
<td>0</td>
</tr>
</tbody>
</table>

Finally, reorder the leaf values in sequence:

<table>
<thead>
<tr>
<th>Math Quiz Scores</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stem</td>
</tr>
<tr>
<td>------</td>
</tr>
<tr>
<td>2</td>
</tr>
<tr>
<td>3</td>
</tr>
<tr>
<td>4</td>
</tr>
<tr>
<td>5</td>
</tr>
<tr>
<td>6</td>
</tr>
</tbody>
</table>

One advantage that a stem-leaf plot has over a histogram is that it shows not only the frequency of values within each interval but also reveals all of the individual values within each interval.

Stem-leaf plots are particularly helpful in comparing and contrasting two distributions. For example, following is a back-to-back stem-leaf plot comparing the home runs hit by Babe Ruth during his years with the New York Yankees with those hit by Mark McGuire during his years with the St. Louis Cardinals.

<table>
<thead>
<tr>
<th>Babe Ruth</th>
<th>Mark McGuire</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>9,9</td>
</tr>
<tr>
<td>1</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>2,3,9,9</td>
</tr>
<tr>
<td>3</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>2,9</td>
</tr>
<tr>
<td>5</td>
<td>5, 6, 6, 6, 1, 1</td>
</tr>
<tr>
<td>6</td>
<td>25, 19, 17, 16, 16, 14, 14, 11, 10, 9, 9</td>
</tr>
</tbody>
</table>

Who do you think was the better home run hitter? How would Barry Bonds of the San Francisco Giants, who hit 73 home runs in 2003, compare overall?

THE NORMAL CURVE

Often researchers draw a smooth curve instead of the series of straight lines in a frequency polygon. The smooth curve suggests that we are not just connecting a series of dots (that is, the actual frequencies of scores in a particular distribution), but rather showing a generalized distribution of scores that is not limited to one specific set of data. These smooth curves are known as distribution curves.

Many distributions of data tend to follow a certain specific shape of distribution curve called a normal distribution. When a distribution curve is normal, the large majority of the scores are concentrated in the middle of the distribution, and the scores decrease in frequency the farther away from the middle they are, as shown in Figure 10.6.

The normal curve is based on a precise mathematical equation. As you can see, it is symmetrical and bell shaped. The distribution of some human characteristics, such as height and weight, approximate such a curve, while many others, such as spatial ability, manual dexterity, and creativity, are often assumed to do so. The normal curve is very useful to researchers, and we shall discuss it in more detail later in the chapter.

AVERAGES

Averages, or measures of central tendency, enable a researcher to summarize the data in a frequency distribution with a single number. The three most commonly used averages are the mode, the median, and the mean. Each represents a type of average or typical score attained by a group of individuals on some measure.

The Mode. The mode is the most frequent score in a distribution—that is, the score attained by more students than any other score. In the following distribution, what is the mode?

| 25, 20, 19, 17, 16, 16, 14, 14, 11, 10, 9, 9 |
The mode is 16. What about this distribution?
25, 24, 24, 23, 22, 20, 19, 19, 18, 11, 10

This distribution (called a bimodal distribution) has two modes, 24 and 19. Because the mode really doesn’t tell us very much about a distribution, however, it is not used very often in educational research.

**The Median.** The median is the point below and above which 50 percent of the scores in a distribution fall—in short, the midpoint. In a distribution that contains an uneven number of scores, the median is the middlemost score (provided that the scores are listed in order). Thus, in the distribution 5, 4, 3, 2, 1, the median is 3. In a distribution that contains an even number of scores, the median is the point halfway between the two middlemost scores. Thus, in the distribution 70, 74, 82, 86, 88, 90, the median is 84. Hence, the median is not necessarily one of the actual scores in the distribution being summarized.

Note that two very different distributions might have the same median, as shown below:

- **Distribution A:** 98, 90, 84, 82, 76
- **Distribution B:** 90, 87, 84, 65, 41

In both distributions, the median is 84.

It may look like the median is fairly easy to determine. This is usually the case with ungrouped data. For grouped data, calculating the median requires somewhat more work. It can, however, be estimated by locating the score that has half of the area under the frequency polygon above it and half below it.

The median is the most appropriate average to calculate when the data result in skewed distributions.

**The Mean.** The mean is another average of all the scores in a distribution.* It is determined by adding up all of the scores and then dividing this sum by the total number of scores. The mean of a distribution containing scores of 52, 68, 74, 86, 95, and 105, therefore, is 80. How did we determine this? We simply added up all the scores, which came to 480, and then divided this sum by 6, the total number of scores. In symbolic form, the formula for computing the mean looks like this:

\[ \bar{X} = \frac{\sum X}{n} \]

*Actually, there are several kinds of means (geometric, harmonic, etc.), but their use is specialized and infrequent. We refer here to the arithmetic mean.

Where \( \Sigma \) represents “sum of,” \( X \) represents any raw score value, \( n \) represents the total number of scores, and \( \bar{X} \) represents the mean.

Table 10.4 presents a frequency distribution of scores on a test and each of the above measures of central tendency. As you can see, each of these indices tells us something a little different. The most frequent score was 62, but would we want to say that this was the most typical score? Probably not. The median of the scores was 64.5. The mean was 66.7. Perhaps the mean is the best description of the distribution of scores, but it, too, is not totally satisfactory because the distribution is skewed. Table 10.4 shows that these indices are only summaries of all the scores in a distribution and often do not have the same value. They are not intended to show variation or spread (Figure 10.7).

Which of the three averages (measures of central tendency), then, is best? It depends. The mean is the only one of the three that uses all the information in a distribution, since every score is used in calculating it, and it is generally preferred over the other two measures. However, it tends to be unduly influenced by extreme scores. (Can you see why?) On occasion, therefore, the median gives a more accurate indication of the typical
score in a distribution. Suppose, for example, that the yearly salaries earned by various workers in a small business were as shown in Table 10.5.

The mean of these salaries is $75,000. Would it be correct to say that this is the average yearly salary paid in this company? Obviously it would not. The extremely high salary paid to the owner of the company “inflates” the mean, so to speak. Using it as a summary figure to indicate the average yearly salary would give an erroneous impression. In this instance, the median would be the more appropriate average to calculate, since it would not be as affected by the owner’s salary. The median is $27,000, a far more accurate indication of the typical salary for the year.

**SPREADS**

While measures of central tendency are useful statistics for summarizing the scores in a distribution, they are not sufficient. Two distributions may have identical means and medians, for example, yet be quite different in other ways. For example, consider these two distributions:

- **Distribution A:** 19, 20, 25, 32, 39
- **Distribution B:** 2, 3, 25, 30, 75

The mean in both of these distributions is 27, and the median in both is 25. Yet you can see that the distributions differ considerably. In distribution A, the scores are closer together and tend to cluster around the mean. In distribution B, they are much more spread out. Hence the two distributions differ in what statisticians call variability. Figure 10.8 illustrates further examples.

Thus, measures of central tendency, when presented without any accompanying information of how spread out or dispersed the data are, can be misleading. To say that the average annual income of all the players in the National Basketball Association in 1998 was $275,000.00 hides the fact that some players earned far less, whereas someone like Michael Jordan earned more

<table>
<thead>
<tr>
<th>TABLE 10.5 Yearly Salaries of Workers in a Small Business</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mr. Davis</td>
</tr>
<tr>
<td>Mr. Thompson</td>
</tr>
<tr>
<td>Ms. Angelo</td>
</tr>
<tr>
<td>Mr. Schmidt</td>
</tr>
<tr>
<td>Ms. Wills</td>
</tr>
<tr>
<td>Ms. Brown</td>
</tr>
<tr>
<td>Mr. Greene</td>
</tr>
<tr>
<td>Mr. Adams</td>
</tr>
<tr>
<td>Ms. Franklin</td>
</tr>
<tr>
<td>Mr. Payson (owner)</td>
</tr>
</tbody>
</table>
than 5 million. The distribution of players’ salaries was skewed to the right and very spread out. Knowing only the mean gives us an inadequate description of the distribution of salaries for players in the NBA.

There is a need, therefore, for measures researchers can use to describe the spread, or variability, that exists within a distribution. Let us consider three—the interquartile range, the overall range, and the standard deviation.

Quartiles and the Five-Number Summary. When a distribution is skewed, both the variability and the general shape of the distribution can be described by reporting several percentiles. A percentile in a set of numbers is a value below which a certain percentage of the numbers fall and above which the rest of the numbers fall.

You may have encountered percentiles if you have ever taken a standardized test such as the SAT and received a report saying “Raw score 630, percentile 84.” You received a score of 630, but perhaps more useful is the fact that 84 percent of those who took the examination scored lower than you did.

The median is the 50th percentile. Other percentiles that are important are the 25th percentile, also known as the first quartile (Q₁), and the 75th percentile, the third quartile (Q₃). A useful way to describe a skewed distribution, therefore, is to give what is known as a five-number summary, consisting of the lowest score, Q₁, the median, Q₃, and the highest score. The interquartile range (IQR) is the difference between the third and first quartiles (Q₃ − Q₁ = IQR).

Boxplots. The five-number summary of a distribution can be graphically portrayed by means of a boxplot. Boxplots are especially useful in comparing two or more distributions. Figure 10.9 gives boxplots for the distributions of the midterm scores of two classes taking the same biology exam. Each central box has its ends at the quartiles, and the median is marked by the line within the box. The “whiskers” at either end extend to the lowest and highest scores.*

Figure 10.9 permits an immediate comparison between the two classes. Overall, class B did better, but the upper whiskers illustrate that class A had the student with the highest score. Figure 10.9 is but another example of how effectively graphs can convey information.

Though the five-number summary is an extremely useful numerical description of a distribution, it is not the most common. That accolade belongs to a combination of the mean (a measure of center) and the standard deviation (a measure of spread). The standard deviation and its brother, the variance, measure the spread of scores from the mean. They should only be used in conjunction with the mean.

The Range. The overall range represents the distance between the highest and lowest scores in a distribution. Thus, if the highest score in a distribution is 89 and the lowest is 11, the range would be 89−11, or 78. Because it involves only the two most extreme scores in a distribution, the range is but a crude indication of variability. Its main advantage is that it gives a quick (although rough) estimate of variability.

The Standard Deviation. The standard deviation (SD) is the most useful index of variability. It is a single number that represents the spread of a

*Boxplots are sometimes called box-and-whiskers diagrams.
distribution. As with the mean, every score in the distribution is used to calculate it. The steps involved in calculating the standard deviation are straightforward.

1. Calculate the mean of the distribution.

\[ \bar{X} = \frac{\sum X}{n} \]

2. Subtract the mean from each score. Each result is symbolized \( X - \bar{X} \).

3. Square each of these scores \( (X - \bar{X})^2 \).

4. Add up all the squares of these scores:

\[ \Sigma (X - \bar{X})^2 \]

5. Divide the total by the number of scores. The result is called the variance.

6. Take the square root of the variance. This is the standard deviation.

The above steps can be summarized as follows:

\[ SD = \sqrt{\frac{\Sigma (X - \bar{X})^2}{n}} \]

where SD is the symbol for standard deviation, \( \Sigma \) is the symbol for “sum of,” \( X \) is the symbol for a raw score, \( \bar{X} \) is the symbol for the mean, and \( n \) represents the number of scores in the distribution.

This procedure sounds more complicated than it is. It really is not difficult to calculate. Table 10.6 illustrates the calculation of the standard deviation of a distribution of 10 scores.

You will notice that the more spread out scores are, the greater the deviation scores will be and hence the larger the standard deviation. The closer the scores are to the mean, the less spread out they are and hence the smaller the standard deviation. Thus, if we were describing two sets of scores on the same test and we stated that the standard deviation of the scores in set 1 was 2.7 and the standard deviation in set 2 was 8.3, we would know that there was much less variability in set 1—that is, the scores were closer together.

An important point involving the standard deviation is that if a distribution is normal, then the mean plus or minus three standard deviations will encompass about 99 percent of all the scores in the distribution. For example, if the mean of a distribution is 72 and the standard deviation is 3, then just about 99 percent of the scores in the distribution are somewhere between scores of 63 and 81. Figure 10.10 provides an illustration of standard deviation.

---

**TABLE 10.6 Calculation of the Standard Deviation of a Distribution**

<table>
<thead>
<tr>
<th>Raw Score</th>
<th>Mean</th>
<th>X - ( \bar{X} )</th>
<th>((X - \bar{X})^2)</th>
<th>( \Sigma (X - \bar{X})^2) )</th>
</tr>
</thead>
<tbody>
<tr>
<td>85</td>
<td>54</td>
<td>31</td>
<td>961</td>
<td>3640</td>
</tr>
<tr>
<td>80</td>
<td>54</td>
<td>26</td>
<td>676</td>
<td></td>
</tr>
<tr>
<td>70</td>
<td>54</td>
<td>16</td>
<td>256</td>
<td></td>
</tr>
<tr>
<td>60</td>
<td>54</td>
<td>6</td>
<td>36</td>
<td></td>
</tr>
<tr>
<td>55</td>
<td>54</td>
<td>1</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>50</td>
<td>54</td>
<td>-4</td>
<td>16</td>
<td></td>
</tr>
<tr>
<td>45</td>
<td>54</td>
<td>-9</td>
<td>81</td>
<td></td>
</tr>
<tr>
<td>40</td>
<td>54</td>
<td>-14</td>
<td>196</td>
<td></td>
</tr>
<tr>
<td>30</td>
<td>54</td>
<td>-24</td>
<td>576</td>
<td></td>
</tr>
<tr>
<td>25</td>
<td>54</td>
<td>-29</td>
<td>841</td>
<td></td>
</tr>
</tbody>
</table>

\[ \Sigma = 3640 \]

Variance \((SD^2) = \frac{\Sigma (X - \bar{X})^2}{n} \)

\[ = \frac{3640}{10} = 364 \]

Standard deviation \((SD) = \sqrt{\frac{\Sigma (X - \bar{X})^2}{n}} \)

\[ = \sqrt{364} = 19.08 \]

*The symbol for the variance of a sample sometimes is shown as \( s^2 \); the symbol for the variance of a population is \( \sigma^2 \).*

*The symbol for the standard deviation of a sample sometimes is shown as \( s \); the symbol for the standard deviation of a population is \( \sigma \).*

---

“I don’t think I can make it to class today, Dr. Roberts. I’m feeling a couple of standard deviations below the mean.”

---

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22/12/10   9:46 PM
The Standard Deviation of a Normal Distribution. The total area under the normal curve represents all of the scores in a normal distribution. In such a curve, the mean, median, and mode are identical, so the mean falls at the exact center of the curve. It thus is also the most frequent score in the distribution. Because the curve is symmetrical, 50 percent of the scores must fall on each side of the mean.

Here are some important facts about the normal distribution:

• Fifty percent of all the observations (e.g., scores) fall on each side of the mean (Figure 10.11).
• In any normal distribution, 68 percent of the scores fall within one standard deviation of the mean. Half of these (34 percent) fall within one standard deviation above the mean and the other half within one standard deviation below the mean.
• Another 27 percent of the observations fall between one and two standard deviations away from the mean. Hence 95 percent (68 percent plus 27 percent) fall within two standard deviations of the mean.
• In all, 99.7 percent of the observations fall within three standard deviations of the mean. Figure 10.12 illustrates all three of these facts, often referred to as the 68-95-99.7 rule.
Hence we see that almost all of the scores in a normal distribution lie between the mean and plus or minus three standard deviations. Only .13 percent of all the scores fall above 3 SD, and .13 percent fall below −3 SD.

If a set of scores is normally distributed, we can interpret any particular score if we know how far, in standard deviation units, it is from the mean. Suppose, for example, the mean of a normal distribution is 100 and the standard deviation is 15. A score that lies one standard deviation above the mean, therefore, would equal 115. A score that lies one standard deviation below the mean would equal 85. What would a score that lies 1.5 standard deviations above the mean equal?*

We also can determine how a particular individual’s score compares with all the other scores in a normal distribution. For example, if a person’s score lies exactly one standard deviation above the mean, then we know that slightly more than 84 percent of all the other scores in the distribution lie below his or her score.† If a distribution is normal and we know the mean and the standard deviation of the distribution, we can determine the percentage of scores that lie above and below any given score (see Figure 10.12). This is one of the most useful characteristics of the normal distribution.

**STANDARD SCORES AND THE NORMAL CURVE**

Researchers often are interested in seeing how one person’s score compares with another’s. To determine this, researchers often convert raw scores to derived scores. Earlier we described two types of derived scores—age/grade equivalents and percentile ranks—but mentioned another type—standard scores—only briefly. We discuss them now in somewhat more detail, since they are very useful.

Standard scores use a common scale to indicate how an individual compares to other individuals in a group. These scores are particularly helpful in comparing an individual’s relative position on different instruments. The two standard scores that are most frequently used in educational research are z scores and T scores.

*122.5
†Fifty percent of the scores in the distribution must lie below the mean; 34 percent must lie between the mean and +1 SD. Therefore 84 percent (50 percent + 34 percent) of the scores in the distribution must be below +1 SD.

**z Scores.** The simplest form of standard score is the z score. It expresses how far a raw score is from the mean in standard deviation units. A raw score that is exactly on the mean corresponds to a z score of zero; a raw score that is exactly one standard deviation above the mean equals a z score of +1, while a raw score that is exactly one standard deviation below the mean equals a z score of −1. Similarly, a raw score that is exactly two standard deviations above the mean equals a z score of +2, and so forth. One z, therefore, equals one standard deviation (1 z = 1 SD), 2 z = 2 SD, −0.5 z = −0.5 SD, and so on (Figure 10.13). Thus, if the mean of a distribution was 50 and the standard deviation was 2, a raw score of 52 would equal a z score of +1, a raw score of 46 would equal a z score of −2, and so forth.

A big advantage of z scores is that they allow raw scores on different tests to be compared. For example, suppose a student received raw scores of 60 on a biology test and 80 on a chemistry test. A naive observer might be inclined to infer, at first glance, that the student was doing better in chemistry than in biology. But this might be unwise, for how “well” the student is doing comparatively cannot be determined until we know the mean and standard deviation for each distribution of scores. Let us further suppose that the mean on the biology test was 50, but on the chemistry test it was 90. Also assume that the standard deviation on the biology test was 5, but on the chemistry test it was 10. What does this tell us? The student’s raw score in biology (60) is actually two standard deviations above the mean (a z score of +2), whereas his raw score in chemistry (80) is one standard deviation below the mean (a z score of −1). Rather than doing better in chemistry, as the raw scores by themselves suggest, the student is actually doing better in biology. Table 10.7 compares both the raw scores, the z scores, and the percentile rank of the student on both tests.
Excel can be used to calculate many descriptive statistics. Simply click on an empty cell, and then click on Function under the Insert menu. This will open a dialogue box. You can search for a function, such as Average, Median, or Standard Deviation. Enter the function you wish to search for in the Search for a function box, and click Go. Excel will present you with a number of possible matches from which to choose. You may have to access the help files to distinguish between similar functions (e.g., STDEV is the sample standard deviation, while STDEVP is the population standard deviation). Click on the function you wish to use, and then click OK. This will bring up the Function Arguments dialog box. In this box you can enter the individual cell numbers you wish to include in the calculation, or you can highlight a group of adjoining cells on the spreadsheet by clicking on the first cell and dragging to the last cell. Finally, click OK on the Function Argument dialogue box. Excel will calculate the result and enter it into the (formerly) empty cell on the spreadsheet that you began with.

As you learn the names of functions you commonly use, you can enter them directly, without resorting to the Insert and Function procedure described above. We did this in the example to the left. First we opened an Excel spreadsheet and then listed the data in cells A1 through A15. We then clicked on the cells where we wanted the statistics to appear and typed in the following commands:

- To obtain the mean: =AVERAGE(A1:A15)*
- To obtain the median: =MEDIAN(A1:A15)
- To obtain the standard deviation: =STDEV(A1:A15)

We typed in these commands in cells A16, A17, and A18, and hit “Return” each time. The corresponding values† then appeared in those cells: 71.53 (the mean), 77 (the median), and 17.7 (the standard deviation).

Table 10.7 Comparisons of Raw Scores and z Scores on Two Tests

<table>
<thead>
<tr>
<th>Test</th>
<th>Raw Score</th>
<th>Mean</th>
<th>SD</th>
<th>z Score</th>
<th>Percentile Rank</th>
</tr>
</thead>
<tbody>
<tr>
<td>Biology</td>
<td>60</td>
<td>50</td>
<td>5</td>
<td>+2</td>
<td>98</td>
</tr>
<tr>
<td>Chemistry</td>
<td>80</td>
<td>90</td>
<td>10</td>
<td>-1</td>
<td>16</td>
</tr>
</tbody>
</table>

Thus, for a raw score of 80, a mean of 65, and a standard deviation of 12, the z score will be:

\[ z = \frac{(80 - 65)}{12} = 1.25 \]

**Probability and z Scores.** Another important characteristic of the normal distribution is that the percentages associated with areas under the curve can be thought of as probabilities. A probability is a percent stated in decimal form and refers to the likelihood of an event occurring. For example, if there is a probability that an event will occur 25 percent of the time, this event can be said to have a probability of .25. Similarly, an event that will probably occur 90 percent of the time is...
said to have a probability of .90. All of the percentages associated with areas under a normal curve, therefore, can be expressed in decimal form and viewed as probability statements. Some of these probabilities are shown in Figure 10.14.

Considering the area under the normal curve in terms of probabilities is very helpful to a researcher. Let us consider an example. We have previously shown that approximately 34 percent of the scores in a normal distribution lie between the mean and 1 SD. Because 50 percent of the scores fall above the mean, roughly 16 percent of the scores must therefore lie above 1 SD (50 – 34 = 16). Now, if we express 16 percent in decimal form and interpret it as a probability, we can say that the probability of randomly selecting an individual from the population who has a score of 1 SD or more above the mean is .16. Usually this is written as \( p = 0.16 \), with the \( p \) meaning probability. Similarly, we can determine the probability of randomly selecting an individual who has a score lying at or below −2 SD or lower, or between +1 SD and −1 SD, and so on. Figure 10.14 shows that the probability of selecting an individual who has a score lower than −2 SD is \( p = 0.0228 \), or roughly 2 in 100. The probability of randomly selecting an individual who has a score between −1 SD and +1 SD is \( p = 0.3413 \), and so forth.

Statistical tables exist (see part of one in Appendix B) that give the proportion of scores associated with any particular \( z \) score in the normal distribution (e.g., for \( z = 1.10 \), the proportion [i.e., the probability] for the area between the mean of \( z = 0 \) and \( z = 1.10 \) is .3643, and for the area beyond \( z \), it is .1357). Hence, a researcher can be very precise in describing the position of any particular score relative to other scores in a normal distribution. Figure 10.15 shows a portion of such a table (see Appendix B).

**T-Scores.** Raw scores that are below the mean of a distribution convert to negative \( z \) scores. This is somewhat awkward. One way to eliminate negative \( z \) scores is to convert them into \( T \) scores. \( T \) scores are simply \( z \) scores expressed in a different form. To change a \( z \) score to a \( T \) score, we simply multiply the \( z \) score by 10 and add 50. Thus, a \( z \) score of +1 equals a \( T \) score of 60 (1 \( \times 10 = 10 \); 10 + 50 = 60). A \( z \) score of −2 equals a \( T \) score of 30 (−2 \( \times 10 = −20 \); −20 + 50 = 30). A \( z \) score of zero (which is the equivalent of the mean of the raw scores)
equals a $T$ score of 50. You should see that a distribution of $T$ scores has a mean of 50 and a standard deviation of 10. If you think about it, you should also see that a $T$ score of 50 equals the 50th percentile.

When a researcher knows, or can assume, that a distribution of scores is normal, both $T$ and $z$ scores can be interpreted in terms of percentile ranks because there is then a direct relationship between the two. Figure 10.16 illustrates this relationship. There are other systems similar to $T$ scores, which differ only in the choice of values for the mean and standard deviation. Two of the most common, those used with the Graduate Record Examination ($\mu = 500, SD = 100$) and the Wechsler Intelligence Scales ($\mu = 100, SD = 15$), are also illustrated in Figure 10.16.

The Importance of the Normal Curve and $z$ Scores. You may have noticed that the preceding discussion of the use of $z$ scores, percentages, and probabilities in relation to the normal curve was always qualified by the words “if or when the distribution of scores is normal.” You should recall that $z$ scores can be calculated regardless of the shape of the distribution of original scores. But it is only when the distribution is normal that the conversion to percentages or probabilities as described above is legitimate. Fortunately, many distributions do approximate the normal curve. This is most likely when a sample is chosen randomly from a broadly defined population. (It would be very unlikely, for example, with achievement scores in a sample that consisted only of gifted students.)

When actual data do not approximate the normal curve, they can be changed to do so. In other words, any distribution of scores can be “normalized.” The procedure for doing so is not complicated, but it makes the assumption that the characteristic is “really” normally distributed. Most published tests that permit use of standard scores have normalized the score distributions in order to permit the translation of $z$ scores to percentages. This relationship—between $z$ scores and percentages of area under the normal curve—is also basic to many inferential statistics.

**CORRELATION**

In many places throughout this text we have stated that the most meaningful research is that which seeks to
find, or verify, relationships among variables. Comparing the performance of different groups is, as you have seen, one way to study relationships. In such studies one variable is categorical—the variable that defines the groups (for example, method A versus method B). The other variable is most often quantitative, and groups are typically compared using frequency polygons, averages, and spreads.

In correlational research, researchers seek to determine whether a relationship exists between two (or more) quantitative variables, such as age and weight or reading and writing ability. Sometimes, such relationships are useful in prediction, but most often the eventual goal is to say something about causation. Although causal relationships cannot be proved through correlational studies, researchers hope eventually to make causal statements as an outgrowth of their work. The totality of studies showing a relationship between incidence of lung cancer and cigarette use is a current example. We will discuss correlational research in further detail in Chapter 15.

**Scatterplots.** What is needed is a means to determine whether relationships exist in data. A useful technique for representing relationships with quantitative data is the scatterplot. A scatterplot is a pictorial representation of the relationship between two quantitative variables.

Scatterplots are easy to construct, provided some common pitfalls are avoided. First, in order to be plotted, there must be a score on each variable for each individual; second, the grouping intervals (if any) within each variable (axis) must be of equal size; third, each individual must be represented by one, and only one, point of intersection. We used the data in Table 10.8 to construct the scatterplot in Figure 10.17. The steps involved are the following:

1. Decide which variable will be represented on each axis. It makes no difference which variable is placed on which axis. We have used the horizontal (x) axis for variable 1 and the vertical (y) axis for variable 2.
2. Divide each axis into about 12 to 15 sections. Each point on the axis will represent a particular score or group of scores. Be sure all scores can be included.
3. Group scores if desirable. It was not necessary for us to group scores for variable 1, since all of the scores fall within a 15-point range. For variable 2, however, representing each score on the axis would result in a great many points on the vertical axis. Therefore, we grouped them within equal sized intervals of five points each.
4. Plot, for each person, the point where the vertical and horizontal lines for his or her scores on the two variables intersect. For example, Pedro had a score of 12 on variable 1, so we locate 12 on the horizontal axis. He had a score of 41 on variable 2, so we locate that score (in the 40–44 grouping) on the vertical axis. We then draw imaginary lines from each of these points until they intersect, and mark an X or a dot at that point.

**Using Excel to Compute Correlations**

To conduct correlational analysis using Excel, first enter your data into two columns in a worksheet with the X values in one column and the Y values in another column. Next, select **Tools→Data Analysis**. In the Data Analysis dialog box choose **Correlation** tool from the Analysis Tools list and click OK. Identify the range of X and Y values you want to analyze by entering the worksheet range. If the input range includes labels, select the Labels in the First Row box. Confirm that the **Grouped By** button—either Columns or Rows—reflects how your data are organized. Next, use the **Output Options** button to tell Excel where to place your correlation results. For example, to place the results into a range in your existing worksheet, select the Output Range button and then indicate the range address in the Output Range text box. If you want to put them in a new workbook, select the New Workbook button. Then click **OK**. Excel calculates the correlation coefficient and significance results for the data you identified and puts it in the location you specified. (For an example, see Appendix D.)
### Data Used to Construct Scatterplot in Figure 10.17

<table>
<thead>
<tr>
<th>Individual</th>
<th>Scores Variable 1</th>
<th>Scores Variable 2</th>
<th>Grouped Scores Variable 2</th>
<th>Frequency of Grouped Scores Variable 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pedro</td>
<td>12</td>
<td>41</td>
<td>75–79</td>
<td>1</td>
</tr>
<tr>
<td>John</td>
<td>21</td>
<td>76</td>
<td>70–74</td>
<td>0</td>
</tr>
<tr>
<td>Alicia</td>
<td>9</td>
<td>29</td>
<td>65–69</td>
<td>0</td>
</tr>
<tr>
<td>Charles</td>
<td>7</td>
<td>21</td>
<td>60–64</td>
<td>1</td>
</tr>
<tr>
<td>Bonnie</td>
<td>13</td>
<td>43</td>
<td>55–59</td>
<td>0</td>
</tr>
<tr>
<td>Phil</td>
<td>11</td>
<td>37</td>
<td>50–54</td>
<td>1</td>
</tr>
<tr>
<td>Sue</td>
<td>7</td>
<td>14</td>
<td>45–49</td>
<td>0</td>
</tr>
<tr>
<td>Oscar</td>
<td>18</td>
<td>63</td>
<td>40–44</td>
<td>2</td>
</tr>
<tr>
<td>Jean</td>
<td>15</td>
<td>54</td>
<td>35–39</td>
<td>2</td>
</tr>
<tr>
<td>Dave</td>
<td>14</td>
<td>39</td>
<td>30–34</td>
<td>0</td>
</tr>
</tbody>
</table>

**Figure 10.17 Scatterplot of Data from Table 10.8**
5. In the same way, plot the scores of all 10 students on both variables. The completed result is a scatterplot.

**Interpreting a Scatterplot.** How do researchers interpret scatterplots? What are they intended to reveal? Researchers want to know not only if a relationship exists between variables, but also to what degree. The degree of relationship, if one exists, is what a scatterplot illustrates.

Consider Figure 10.17. What does it tell us about the relationship between variable 1 and variable 2? This question can be answered in several ways.

1. We might say that high scores on variable 1 go with high scores on variable 2 (as in John’s case) and that low scores also tend to go together (as in Sue’s case).
2. We might say that by knowing a student’s score on one variable, we can estimate his or her score on the other variable fairly closely. Suppose, for example, a new student attains a score of 16 on variable 1. What would you predict his or her score would be on variable 2? You probably would not predict a score of 75 or one of 25 (we would predict a score somewhere from 45 to 59).

3. The customary interpretation of a scatterplot that looks like this would be that there is a strong or high degree of relationship between the two variables.

**Outliers.** Outliers are scores or measurements that differ by such large amounts from those of other individuals in a group that they must be given careful consideration as special cases. They indicate an unusual exception to a general pattern. They occur in scatterplots, as well as frequency distribution tables, histograms, and frequency polygons. Figure 10.18 shows the relationship between family cohesiveness and school achievement. Notice the lonely individual near the lower right corner with a high score in family cohesiveness but a low score in achievement. Why? The answer should be of interest to the student’s teacher.

**Correlation Coefficients and Scatterplots.** Figure 10.19 presents several other examples of scatterplots. Studying them will help you understand the notion of a relationship and also further your understanding of the correlation coefficient. As we mentioned in Chapter 8, a correlation coefficient, designated...
by the symbol \( r \), expresses the degree of relationship between two sets of scores. A positive relationship is indicated when high scores on one variable are accompanied by high scores on the other, when low scores on one are accompanied by low scores on the other, and so forth. A negative relationship is indicated when high scores on one variable are accompanied by low scores on the other, and vice versa (Figure 10.20).

You should recall that correlation coefficients are never more than +1.00, indicating a perfect positive relationship, or −1.00, indicating a perfect negative relationship. Perfect positive or negative correlations, however, are rarely, if ever, achieved (Figure 10.21). If the two variables are highly related, a coefficient somewhat close to +1.00 or −1.00 will be obtained (such as .85 or −.93). The closer the coefficient is to either of these extremes, the greater the degree of the relationship. If there is no or hardly any relationship, a coefficient of .00 or close to it will be obtained. The coefficient is calculated directly from the same scores used to construct the scatterplot.

The scatterplots in Figure 10.19 illustrate different degrees of correlation. Both positive and negative correlations are shown. Scatterplots (a), (b), and (c) illustrate different degrees of positive correlation, while scatterplots (e), (f), (g), and (h) illustrate different degrees of negative correlation. Scatterplot (d) indicates no relationship between the two variables involved.

*In this context, the correlation coefficient indicates the degree of relationship between two variables. You will recall from Chapter 8 that it is also used to assess the reliability and validity of measurements.

In order to better understand the meaning of different values of the correlation coefficient, we suggest that you try the following two exercises with Figure 10.19.

1. Lay a pencil flat on the paper on scatterplot (a) so that the entire length of the pencil is touching the paper. Place it in such a way that it touches or covers as many dots as possible. Take note that there is clearly one “best” placement. You would not, for example, maximize the points covered if you placed the pencil horizontally on the scatterplot. Repeat this procedure for each of the scatterplots, noting what occurs as you move from one scatterplot to another.

2. Draw a horizontal line on scatterplot (a) so that about half of the dots are above the line and half are below it. Next, draw a vertical line so that about half of the dots are to the left of the line and half are to the right. Repeat the procedure for each scatterplot and note what you observe as you move from one scatterplot to another.

The Pearson Product-Moment Coefficient. There are many different correlation coefficients, each applying to a particular circumstance and each calculated by means of a different computational formula. The one we have been illustrating is the one most frequently used: the Pearson product-moment coefficient of correlation (also known as the Pearson \( r \)). It is symbolized by the lowercase letter \( r \). When the data for both variables are expressed in terms of quantitative scores, the Pearson \( r \) is the appropriate correlation coefficient to use. It assumes that the relationship is best described by a straight line. (It is not difficult to calculate, and we’ll show you how in Chapter 12.) It is designed for use with interval or ratio data.

Eta. Another index of correlation that you should become familiar with is called eta (symbolized as \( \eta \)). We shall not illustrate how to calculate eta (since it requires computational methods beyond the scope of this text), but you should know that it is used when a scatterplot shows that a straight line is not the best fit for the plotted points. In the examples shown in Figure 10.22, for example, you can see that a curved line provides a much better fit to the data than would a straight line.

Eta is interpreted in much the same way as the Pearson \( r \), except that it ranges from .00 to 1.00, rather than from −1.00 to +1.00. Higher values, as with the other correlation coefficients, indicate higher degrees of relationship.
Techniques for Summarizing Categorical Data

THE FREQUENCY TABLE

Suppose a researcher, using a questionnaire, has been collecting data from a random sample of 50 teachers in a large urban school district. The questionnaire covers many variables related to their activities and interests. One of the variables is learning activity I use most frequently in my classroom. The researcher arranges her data on this variable (and others) in the form of a frequency table, which shows the frequency with which each type, or category, of learning activity is mentioned. The researcher simply places a tally mark for each individual in the sample alongside the activity mentioned. When she has tallied all
“Can I stay overnight at Susie’s house?”
“Can I have some more ice cream?”
“Do I have to clean my room?”
“The more you like something the less you get to do it!”

Figure 10.20  A Perfect Negative Correlation!

Figure 10.21  Positive and Negative Correlations

Figure 10.22  Examples of Nonlinear (Curvilinear) Relationships
50 individuals, her results look like the following frequency listing:

<table>
<thead>
<tr>
<th>Response</th>
<th>Tally</th>
<th>Frequency</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lectures</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Class discussions</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Oral reports</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Library research</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Seatwork</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Demonstrations</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Audiovisual presentations</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

\[ n = 50 \]

The tally marks have been added up at the end of each row to show the total number of individuals who listed that activity. Often with categorical data, researchers are interested in proportions, because they wish to make an estimate (if their sample is random) about the proportions in the total population from which the sample was selected. Thus, the total numbers in each category are often changed to percentages. This has been done in Table 10.9, with the categories arranged in descending order of frequency.

### BAR GRAPHS AND PIE CHARTS

There are two other ways to illustrate a difference in proportions. One is a bar graph portrayal, as shown in Figure 10.23; another is a pie chart, as shown in Figure 10.24.

### THE CROSSBREAK TABLE

When a relationship between two categorical variables is of interest, it is usually reported in the form of a crossbreak table (sometimes called a contingency table). The simplest crossbreak is a 2 by 2 table, as shown in Table 10.10. Each individual is tallied in one, and only one, cell that corresponds to the combination of gender and grade level. You will notice that the numbers in each of the cells in Table 10.10 represent totals—the total number of individuals who fit the characteristics of the cell (for example, junior high male teachers). Although percentages and proportions are sometimes calculated for cells, we do not recommend it, as this is often misleading.
It probably seems obvious that Table 10.10 reveals a relationship between teacher gender and grade level. A junior high school teacher is more likely to be female; a high school teacher is more likely to be male. Often, however, it is useful to calculate “expected” frequencies in order to see results more clearly. What do we mean by “expected”? If there is no relationship between variables, we would “expect” the proportion of cases within each cell of the table corresponding to a category of a variable to be identical to the proportion within that category in the entire group. Look, for example, at Table 10.11. Exactly one-half (50 percent) of the total group of teachers in this table are female. If gender is unrelated to grade level, we would “expect” that the same proportion (exactly one-half) of the junior high school teachers would be female. Similarly, we would “expect” that one-half of the high school teachers would be female. The “expected” frequencies, in other words, would be 50 female junior high school teachers and 50 female high school teachers, rather than the 60 female junior high school and 40 female high school teachers that were actually obtained. These expected and actual, or “observed,” frequencies are shown in each box (or “cell”) in Table 10.11. The expected frequencies are shown in parentheses.

Comparing expected and actual frequencies makes the degree and direction of the relationship clearer. This is particularly helpful with more complex tables. Look, for example, at Table 10.12. This table contains not two, but three, variables.

The researcher who collected and summarized these data hypothesized that appointment to administrative (or other nonteaching) positions rather than teaching positions is related to (1) gender and (2) ethnicity. While it is possible to examine Table 10.12 in its entirety to evaluate these hypotheses, it is much easier to see the relationships by extracting components of the table. Let us look at the relationship of each variable in the table to the other two variables. By taking two variables

*Expected frequencies can also be provided ahead of time, based on theory or prior experience. In this example, the researcher might have wanted to know whether the characteristics of junior high school teachers in a particular school fit the national pattern. National percentages would then be used to determine expected frequencies.
**Correlation in Everyday Life**

Many commonplace relationships (true or not) can be expressed as correlations. For example, Boyle’s law states that the volume and pressure of a gas vary inversely if kept at a constant temperature. Another way to express this is that the correlation between volume and pressure is −1.00. This relationship, however, is only theoretically true—that is, it exists only for a perfect gas in a perfect vacuum. In real life, the correlation is lower.

Consider the following sayings:

1. “Spare the rod and spoil the child” implies a negative correlation between punishment and spoiled behavior.
2. “Idle hands are the devil’s workplace” implies a positive correlation between idleness and mischief.
3. “There’s no fool like an old fool” suggests a positive correlation between foolishness and age.
4. “A stitch in time saves nine” suggests a positive correlation between how long one waits to begin a corrective action and the amount of time (and effort) required to fix the problem.
5. “The early bird catches the worm” suggests a positive correlation between early rising and success.
6. “You can’t teach an old dog new tricks” implies a negative correlation between age of adults and ability to learn.
7. “An apple a day keeps the doctor away” suggests a negative correlation between the consumption of apples and illness.
8. “A faint heart never won fair maiden” suggests a negative correlation between timidity and female receptivity.

### Table 10.13

<table>
<thead>
<tr>
<th>Administrators</th>
<th>Teachers</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>White</td>
<td>70 (62)</td>
<td>300 (308)</td>
</tr>
<tr>
<td>Nonwhite</td>
<td>30 (38)</td>
<td>200 (192)</td>
</tr>
<tr>
<td>Total</td>
<td>100</td>
<td>500</td>
</tr>
</tbody>
</table>

### Table 10.14

<table>
<thead>
<tr>
<th>Administrators</th>
<th>Teachers</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male</td>
<td>70 (50)</td>
<td>230 (250)</td>
</tr>
<tr>
<td>Female</td>
<td>30 (50)</td>
<td>270 (250)</td>
</tr>
<tr>
<td>Total</td>
<td>100</td>
<td>500</td>
</tr>
</tbody>
</table>

At a time, we can compare (1) position and ethnicity; (2) position and gender; and (3) gender and ethnicity. Table 10.13 presents the data for position and ethnicity, Table 10.14 presents the data for position and gender, and Table 10.15 presents the data for gender and ethnicity.

Let us review the calculation of expected frequencies by referring to Table 10.13. This table shows the relationship between ethnicity and position. Since one-sixth of the total group (100/600) are administrators, we would expect 62 whites to be administrators (1/6 of 370). Likewise, we would expect 38 of the nonwhites to be administrators (1/6 of 230). Since five-sixths of the total group are teachers, we would expect 308 of the whites (5/6 of 370) and 192 of the nonwhites (5/6 of 230) to be teachers. As you can see, however, the actual frequencies for administrators were 70 (rather than 62) whites, and 30 (rather than 38) nonwhites, and the actual frequencies for teachers were 300 (rather than 308) whites, and 200 (rather than 192) nonwhites. This tells us that there is a discrepancy between what we would expect (if there is no relationship) and what we actually obtained. Discrepancies between the frequencies expected and those actually obtained can also be seen in Tables 10.14 and 10.15.

An index of the strength of the relationships can be obtained by summing the discrepancies in each table. In Table 10.13, the sum equals 32, in Table 10.14, it equals 80, and in Table 10.15 it equals 60. The calculation of these sums is shown in Table 10.16. The discrepancy between expected and observed frequencies is greatest.
TABLE 10.16  Total of Discrepancies Between Expected and Observed Frequencies in Tables 10.13 Through 10.15

<table>
<thead>
<tr>
<th>Table 10.13</th>
<th>Table 10.14</th>
<th>Table 10.15</th>
</tr>
</thead>
<tbody>
<tr>
<td>(70 vs. 62) = 8</td>
<td>(70 vs. 50) = 20</td>
<td>(200 vs. 185) = 15</td>
</tr>
<tr>
<td>(30 vs. 38) = 8</td>
<td>(30 vs. 50) = 20</td>
<td>(170 vs. 185) = 15</td>
</tr>
<tr>
<td>(300 vs. 308) = 8</td>
<td>(230 vs. 250) = 20</td>
<td>(100 vs. 115) = 15</td>
</tr>
<tr>
<td>(200 vs. 192) = 8</td>
<td>(270 vs. 250) = 20</td>
<td>(130 vs. 115) = 15</td>
</tr>
<tr>
<td><strong>Total</strong> 32</td>
<td><strong>80</strong></td>
<td><strong>60</strong></td>
</tr>
</tbody>
</table>

In Table 10.14, position and gender; less in Table 10.15, gender and ethnicity; and least in Table 10.13, position and ethnicity. A numerical index showing degree of relationship—the contingency coefficient—will be discussed in Chapter 11.

Thus, the data in the crossbreak tables reveal that there is a slight tendency for there to be more white administrators and more nonwhite teachers than would be expected (Table 10.13). There is a stronger tendency toward more white males and nonwhite females than would be expected (Table 10.15). The strongest relationship indicates more male administrators and more female teachers than would be expected (Table 10.14). In sum, the chances of having an administrative position appear to be considerably greater if one is male, and slightly enhanced if one is white.

In contrast to the preceding example, where each variable (ethnicity, gender, role) is clearly categorical, a researcher sometimes has a choice whether to treat data as quantitative or as categorical. Take the case of a researcher who measures self-esteem by a self-report questionnaire scored for number of items answered (yes or no) in the direction indicating high self-esteem. The researcher might decide to use these scores to divide the sample \( n = 60 \) into high, middle, and low thirds. He or she might use only this information for each individual and subsequently treat the data as categorical, as is shown, for example, in Table 10.17. Most researchers would advise against treating the data this way, however, since it “wastes” so much information—for example, differences in scores within each category are ignored. A quantitative analysis, by way of contrast, would compare the mean self-esteem scores of males and females.

In such situations (i.e., when one variable is quantitative and the other is treated as categorical), correlation is another option. When data on a variable assumed to be quantitative have been divided into two categories, a biserial correlation coefficient can be calculated and interpreted the same as a Pearson \( r \) coefficient.* If the categories are assumed to reflect a true division, calculation of a point biserial coefficient is an option, but must be interpreted with caution.

TABLE 10.17  Crossbreak Table Showing Relationship Between Self-Esteem and Gender (Hypothetical Data)

<table>
<thead>
<tr>
<th>Gender</th>
<th>Low</th>
<th>Middle</th>
<th>High</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male</td>
<td>10</td>
<td>15</td>
<td>5</td>
</tr>
<tr>
<td>Female</td>
<td>5</td>
<td>10</td>
<td>15</td>
</tr>
</tbody>
</table>

* A detailed explanation of these statistics is beyond the scope of this text. For further details, consult any statistics text.
STATISTICS VERSUS PARAMETERS

• A parameter is a characteristic of a population. It is a numerical or graphic way to summarize data obtained from the population.
• A statistic, on the other hand, is a characteristic of a sample. It is a numerical or graphic way to summarize data obtained from a sample.

TYPES OF NUMERICAL DATA

• There are two fundamental types of numerical data a researcher can collect. Quantitative data are obtained by determining placement on a scale that indicates amount or degree. Categorical data are obtained by determining the frequency of occurrences in each of several categories.

TYPES OF SCORES

• A raw score is the initial score obtained when using an instrument; a derived score is a raw score that has been translated into a more useful score on some type of standardized basis to aid in interpretation.
• Age/grade equivalents are derived scores that indicate the typical age or grade associated with an individual raw score.
• A percentile rank is the percentage of a specific group scoring at or below a given raw score.
• A standard score is a mathematically derived score having comparable meaning on different instruments.

TECHNIQUES FOR SUMMARIZING QUANTITATIVE DATA

• A frequency distribution is a two-column listing, from high to low, of all the scores along with their frequencies. In a grouped frequency distribution, the scores have been grouped into equal intervals.
• A frequency polygon is a graphic display of a frequency distribution. It is a graphic way to summarize quantitative data for one variable.
• A graphic distribution of scores in which only a few individuals receive high scores is called a positively skewed polygon; one in which only a few individuals receive low scores is called a negatively skewed polygon.
• A histogram is a bar graph used to display quantitative data at the interval or ratio level of measurement.
• A stem-leaf plot is similar to a histogram, except it lists specific values instead of bars.
• The normal distribution is a theoretical distribution that is symmetrical and in which a large proportion of the scores are concentrated in the middle.
• A distribution curve is a smoothed-out frequency polygon.
• The distribution curve of a normal distribution is called a normal curve. It is bell shaped, and its mean, median, and mode are identical.
• There are several measures of central tendency (averages) that are used to summarize quantitative data. The two most common are the mean and the median.
• The mean of a distribution is determined by adding up all of the scores and dividing this sum by the total number of scores.
• The median of a distribution marks the point above and below which half of the scores in the distribution lie.
• The mode is the most frequent score in a distribution.
• The term variability, as used in research, refers to the extent to which the scores on a quantitative variable in a distribution are spread out.
• The most common measure of variability used in educational research is the standard deviation.
• The range, another measure of variability, represents the difference between the highest and lowest scores in a distribution.
• A five-number summary of a distribution reports the lowest score, the first quartile, the median, the third quartile, and the highest score.
• Five-number summaries of distributions are often portrayed graphically by the use of boxplots.

STANDARD SCORES AND THE NORMAL CURVE

• Standard scores use a common scale to indicate how an individual compares to other individuals in a group. The simplest form of standard score is a $z$ score. A $z$ score expresses how far a raw score is from the mean in standard deviation units.
• The major advantage of standard scores is that they provide a better basis for comparing performance on different measures than do raw scores.
• The term probability, as used in research, refers to a prediction of how often a particular event will occur. Probabilities are usually expressed in decimal form.

CORRELATION

• A correlation coefficient is a numerical index expressing the degree of relationship between two quantitative variables. The one most commonly used in educational research is the Pearson $r$.
• A scatterplot is a graphic way to describe a relationship between two quantitative variables.

TECHNIQUES FOR SUMMARIZING CATEGORICAL DATA

• Researchers use various graphic techniques to summarize categorical data, including frequency tables, bar graphs, and pie charts.
• A crossbreak table is a graphic way to report a relationship between two or more categorical variables.

Key Terms

- 68-95-99.7 rule 200
- age-equivalent scores 189
- averages 195
- bar graph 211
- boxplot 198
- correlation coefficient 207
- crossbreak table/contingency table 211
- descriptive statistics 187
- derived score 189
- distribution curves 195
- eta 208
- five-number summary 198
- frequency distribution 190
- frequency polygon 190
- grade-equivalent score 189
- grouped frequency distribution 190
- histogram 194
- mean 196
1. Would you expect the following correlations to be positive or negative? Why?
   a. Bowling scores and golf scores
   b. Reading scores and arithmetic scores for sixth-graders
   c. Age and weight for a group of 5-year-olds; for a group of people over 70
   d. Life expectancy at age 40 and frequency of smoking
   e. Size and strength for junior high students
2. Why do you think so many people mistrust statistics? How might such mistrust be alleviated?
3. Would it be possible for two different distributions to have the same standard deviation but different means? What about the reverse? Explain.
4. “The larger the standard deviation of a distribution, the more heterogeneous the scores in that distribution.” Is this statement true? Explain.
5. “The most complete information about a distribution of scores is provided by a frequency polygon.” Is this statement true? Explain.
6. Grouping scores in a frequency distribution has its advantages but also its disadvantages. What might be some examples of each?
8. The relationship between age and strength is said to be curvilinear. What does this mean? Might there be exceptions to this relationship? What might cause such an exception?
Research Exercise 10: Descriptive Statistics

If you are planning a quantitative study, indicate the descriptive statistics you would use to summarize the data you intend to collect. Even if you are planning a qualitative or mixed-methods study, in some cases including descriptive statistics and data analysis strategies may be appropriate and useful. Finally, discuss your procedures for dealing with discrepant cases or outliers.

Problem Sheet 10

Descriptive Statistics

1. If you are designing a quantitative study, place an X after each of the descriptive statistics listed below that you will use to summarize your data.

   Frequency polygon _____  Five-number summary _____  Box plot _____
   Percentages _____
   Mean _____  Median _____  Standard deviation _____  Frequency table _____
   Bar graph _____
   Pie chart _____  Correlation coefficient _____  Scatterplot _____

2. Place an X after the technique(s) you would use to describe any relationships found in your study.
   a. Comparison of frequency polygons ______
   b. Comparison of averages ______
   c. Crossbreak table(s) ______
   d. Correlation coefficient ______
   e. Scatterplot ______
   f. Reporting of percentages ______

3. How will you deal with discrepant cases or outliers in your data analysis?
Inferential Statistics

Great! Can we be sure then that 60 percent of the voters will go for it?”

“No, not exactly. But it is very likely that between 55 percent and 65 percent will!”

Survey results show that 60 percent of those we interviewed support our bond issue.

OBJECTIVES Studying this chapter should enable you to:

- Explain what is meant by the term “inferential statistics.”
- Explain the concept of sampling error.
- Describe briefly how to calculate a confidence interval.
- State the difference between a research hypothesis and a null hypothesis.
- Describe briefly the logic underlying hypothesis testing.
- State what is meant by the terms “significance level” and “statistically significant.”
- Explain the difference between a one- and a two-tailed test of significance.
- Explain the difference between parametric and nonparametric tests of significance.
- Name three examples of parametric tests used by educational researchers.
- Name three examples of nonparametric tests used by educational researchers.
- Describe what is meant by the term “power” with regard to statistical tests.
- Explain the importance of random sampling with regard to the use of inferential statistics.
What Are Inferential Statistics?

Descriptive statistics are but one type of statistic that researchers use to analyze their data. Many times they wish to make inferences about a population based on data they have obtained from a sample. To do this, they use inferential statistics. Let us consider how.

Suppose a researcher administers a commercially available IQ test to a sample of 65 students selected from a particular elementary school district and finds their average score is 85. What does this tell her about the IQ scores of the entire population of students in the district? Does the average IQ score of students in the district also equal 85? Or is this sample of students different, on the average, from other students in the district? If these students are different, how are they different? Are their IQ scores higher—or lower?

What the researcher needs is some way to estimate how closely statistics, such as the mean of the IQ scores, obtained on a sample agree with the corresponding parameters of the population without actually obtaining data on the entire population. Inferential statistics provide such a way.

**Inferential statistics** are certain types of procedures that allow researchers to make inferences about a population based on findings from a sample. In Chapter 6, we discussed the concept of a random sample and pointed out that obtaining a random sample is desirable because it helps ensure that one’s sample is representative of a larger population. When a sample is representative, all the characteristics of the population are assumed to be
present in the sample in the same degree. No sampling procedure, not even random sampling, guarantees a totally representative sample, but the chance of obtaining one is greater with random sampling than with any other method. And the more a sample represents a population, the more researchers are entitled to assume that what they find out about the sample will also be true of that population. Making inferences about populations on the basis of random samples is what inferential statistics is all about.

As with descriptive statistics, the techniques of inferential statistics differ depending on which type of data—categorical or quantitative—a researcher wishes to analyze. This chapter begins with techniques applicable to quantitative data, because they provide the best introduction to the logic behind inference techniques and because most educational research involves such data. Some techniques for the analysis of categorical data are presented at the end of the chapter.

**The Logic of Inferential Statistics**

Suppose a researcher is interested in the difference between males and females with respect to interest in history. He hypothesizes that female students find history more interesting than do male students. To test the hypothesis, he decides to perform the following study. He obtains one random sample of 30 male history students from the population of 500 male tenth-grade students taking history in a nearby school district and another random sample of 30 female history students from the female population of 550 female tenth-grade history students in the district. All students are given an attitude scale to complete. The researcher now has two sets of data: the attitude scores for the male group and the attitude scores for the female group. The design of the study is shown in Figure 11.1. The researcher wants to know whether the male population is different from the female population—that is, will the mean score of the male group on the attitude test differ from the mean score of the female group? But the researcher does not know the means of the two populations. All he has are the means of the two samples. He has to rely on the two samples to provide information about the populations.

Is it reasonable to assume that each sample will give a fairly accurate picture of its population? It certainly is possible, since each sample was randomly selected from its population. On the other hand, the students in each sample are only a small portion of their population, and only rarely is a sample absolutely identical to its parent population on a given characteristic. The data the researcher obtains from the two samples will depend on the individual students selected to be in each sample. If another two samples were randomly selected, their makeup would differ from the original two, their means on the attitude scale would be different, and the researcher would end up with a different set of data. How can the researcher be sure that any particular sample he has selected is, indeed, a representative one? He cannot. Maybe another sample would be better.

**SAMPLING ERROR**

This is the basic difficulty that confronts us when we work with samples: Samples are not likely to be identical to their parent populations. This difference between a sample and its population is referred to as sampling error (Figure 11.2). Furthermore, no two samples will be the same in all their characteristics. Two different samples from the same population will not be identical: They will be composed of different individuals, they will have different scores on a test (or other measure), and they will probably have different sample means.

Consider the population of high school students in the United States. It would be possible to select literally thousands of different samples from this population. Suppose we took two samples of 25 students each from this population and measured their heights. What would you estimate our chances would be of finding exactly the same mean height in both samples? Very, very unlikely. In fact, we could probably take sample after sample and very seldom obtain two sets of people having exactly the same mean height.
DISTRIBUTION OF SAMPLE MEANS

All of this might suggest that it is impossible to formulate any rules that researchers can use to determine similarities between samples and populations. Not so. Fortunately, large collections of random samples do pattern themselves in such a way that it is possible for researchers to predict accurately some characteristics of the population from which the sample was selected.

Were we able to select an infinite number of random samples (all of the same size) from a population, calculate the mean of each, and then arrange these means into a frequency polygon, we would find that they shaped themselves into a familiar pattern. The means of a large number of random samples tend to be normally distributed, unless the size of each of the samples is small (less than 30) and the scores in the population are not normally distributed. Once sample size reaches 30, however, the distribution of sample means is very nearly normal, even if the population is not normally distributed. (We realize that this is not immediately obvious; should you wish more explanation of why this is true, consult any introductory statistics text.)

Like all normal distributions, a distribution of sample means (called a sampling distribution) has its own mean and standard deviation. The mean of a sampling distribution (the “mean of the means”) is equal to the mean of the population. In an infinite number of samples, some will have means larger than the population mean and some will have means smaller than the population mean (Figure 11.3). These data tend to neutralize each other, resulting in an overall average that is equal to the mean of the population. Consider an example. Suppose you have a population of only three scores—1, 2, 3. The mean
of this population is 2. Now, take all of the possible types of samples of size two. How many would there be? Nine—(1, 1); (1, 2); (1, 3); (2, 1); (2, 2); (2, 3); (3, 1); (3, 2); (3, 3). The means of these samples are 1, 1.5, 2, 1.5, 2, 2.5, 2, 2.5, and 3, respectively. Add up all these means and divide by nine (that is, 18 ÷ 9), and you see that the mean of these means equals 2, the same as the population mean.

**STANDARD ERROR OF THE MEAN**

The standard deviation of a sampling distribution of means is called the **standard error of the mean (SEM)**. As in all normal distributions, therefore, the 68-95-99.7 rule holds: approximately 68 percent of the sample means fall between ±1 SEM; approximately 95 percent fall between ±2 SEM; and 99.7 percent fall between ±3 SEM (Figure 11.4).

Thus, if we know or can accurately estimate the mean and the standard deviation of the sampling distribution, we can determine whether it is likely or unlikely that a particular sample mean could be obtained from that population. Suppose the mean of a population is 100, for example, and the standard error of the mean is 10. A sample mean of 110 would fall at +1 SEM, a sample mean of 120 would fall at +2 SEM, a sample mean of 130 would fall at +3 SEM; and so forth.

It would be very unlikely to draw a sample from the population whose mean fell above +3 SEM. Why? Because, as in all normal distributions (and remember, the sampling distribution is a normal distribution—of means), only 0.0013 of all values (in this case, sample
Fortunately it can be estimated† using the standard deviation of the sample. To calculate the SEM, then, simply divide the standard deviation of the sample by the square root of the sample size minus one:

\[
SEM = \frac{SD}{\sqrt{n-1}}
\]

Let’s review the basic ideas we have presented so far.

1. The sampling distribution of the mean (or any descriptive statistic) is the distribution of the means (or other statistic) obtained (theoretically) from an infinitely large number of samples of the same size.
2. The shape of the sampling distribution in many (but not all) cases is the shape of the normal distribution.
3. The SEM (standard error of the mean)—that is, the standard deviation of a sampling distribution of means—can be estimated by dividing the standard deviation of the sample by the square root of the sample size minus one.
4. The frequency with which a particular sample mean will occur can be estimated by using \( z \) scores based on sample data to indicate its position in the sampling distribution.

**CONFIDENCE INTERVALS**

We now can use the SEM to indicate boundaries, or limits, within which the population mean lies. Such boundaries are called **confidence intervals**. How are they determined?

Let us return to the example of the researcher who administered an IQ test to a sample of 65 elementary...
school students. You will recall that she obtained a sample mean of 85 and wanted to know how much the population mean might differ from this value. We are now in a position to give her some help in this regard.

Let us assume that we have calculated the estimated standard error of the mean for her sample and found it to equal 2.0. Applying this to a sampling distribution of means, we can say that 95 percent of the time the population mean will be between $85 \pm 1.96 \times 2 = 85 \pm 3.92 = 81.08$ to 88.92. Why $\pm 1.96$? Because the area between $\pm 1.96 \, z$ equals 95 percent (.95) of the total area under the normal curve.* This is shown in Figure 11.5.†

Suppose this researcher then wished to establish an interval that would give her more confidence than $p = .95$ in making a statement about the population mean. This can be done by calculating the 99 percent confidence interval. The 99 percent confidence interval is determined in a manner similar to that for determining the 95 percent confidence interval. Given the characteristics of a normal distribution, we know that 0.5 percent of the sample means will lie below $-2.58 \, \text{SEM}$ and another 0.5 percent will lie above $+2.58 \, \text{SEM}$ (see Figure 10.12 in Chapter 10). Using the previous example, in which the mean of the sample was 85 and the SEM was 2, we calculate the interval as follows: $85 \pm 2.58 \times 2 = 85 \pm 5.16 = 79.84$ to 90.16. Thus the 99 confidence interval lies between 79.84 and 90.16, as shown in Figure 11.6.

Our researcher can now answer her question about approximately how much the population mean differs from the sample mean. While she cannot know exactly what the population mean is, she can indicate the “boundaries” or limits within which it is likely to fall (Figure 11.7). To repeat, these limits are called confidence intervals. The 95 percent confidence interval spans a segment on the horizontal axis that we are 95 percent certain contains the population mean. The 99 percent confidence interval spans a segment on the horizontal axis within which we are even more certain (99 percent certain) that the population mean.

---

*By looking at the normal curve table in Appendix B, we see that the area between the mean and 1.96 $z$ = .4750. Multiplied by 2, this equals .95, or 95 percent, of the total area under the curve.

†Strictly speaking, it is not proper to consider a distribution of population means around the sample mean. In practice, we interpret confidence intervals in this way. The legitimacy of doing so requires a demonstration beyond the level of an introductory text.

‡Notice that it is not correct to say that the population mean falls within the 95 percent confidence interval 95 times out of 100. The population mean is a fixed value, and it either does or does not fall within this interval. The correct way to think of a confidence interval is to view it in terms of replicating the study. Suppose we replicated the study with another sample and calculated the 95 percent confidence interval for that sample. Suppose we then replicated the study once again with a third sample and calculated the 95 percent confidence interval for this third sample. We would continue until we had drawn 100 samples and calculated the 95 percent confidence interval for each of these 100 samples. We would find that the population mean lay within 95 percent of these intervals.

§The likelihood of the population mean being outside the 95 percent confidence interval is only 5 percent, and that of being outside the 99 percent confidence interval only 1 percent. Analogous reasoning and procedures can be used with sample sizes less than 30.
difference in attitude between fourth-grade boys and girls in mathematics; whether there is a difference in achievement between students taught by the discussion method as compared to the lecture method; and so forth. Our previous logic also applies to a difference between means. For example, if a difference between means is found between the test scores of two samples in a study, a researcher wants to know if a difference exists in the populations from which the two samples were selected (Figure 11.8). In essence, we ask the same question: Does the three-point difference between the means of sample A and sample B reflect a difference between the means of population A and population B?* A probability of 10 in 100.
question we asked about one mean, only this time we ask it about a difference between means. Hence we ask, “Is the difference we have found a likely or an unlikely occurrence?” It is possible that the difference can be attributed simply to sampling error—to the fact that certain samples, rather than others, were selected (the “luck of the draw,” so to speak). Once again, inferential statistics help us out.

**THE STANDARD ERROR OF THE DIFFERENCE BETWEEN SAMPLE MEANS**

Fortunately, differences between sample means are also likely to be normally distributed. The distribution of differences between sample means also has its own mean and standard deviation. The mean of the sampling distribution of differences between sample means is equal to the difference between the means of the two populations. The standard deviation of this distribution is called the standard error of the difference (SED). The formula for computing the SED is:

\[
\text{SED} = \sqrt{(\text{SEM}_1)^2 + (\text{SEM}_2)^2}
\]

where \(1\) and \(2\) refer to the respective samples.

Because the distribution is normal, slightly more than 68 percent of the differences between sample means will fall between \(\pm 1\) SED (again, remember that the standard error of the difference is a standard deviation); about 95 percent of the differences between sample means will fall between \(\pm 2\) SED, and 99+ percent of these differences will fall between \(\pm 3\) SED (Figure 11.9).

Now we can proceed similarly to the way we did with individual sample means. A researcher estimates the standard error of the difference between means and then uses it, along with the difference between the two sample means and the normal curve, to estimate probable limits (confidence intervals) within which the difference between the means of the two populations is likely to fall.

Let us consider an example. Imagine that the difference between two sample means is 14 raw score points and the calculated SED is 3. Just as we did with one sample population mean, we can now indicate limits within which the difference between the means of the two populations is likely to fall. If we say that the difference between the means of the two populations is between 11 and 17 (\(\pm 1\) SED), we have slightly more than a 68 percent chance of being right. We have somewhat more than a 95 percent chance of being right if we say the difference between the means of the two populations is between 8 and 20 (\(\pm 2\) SED), and better than a 99 percent chance of being right if we say the difference between the means of the two populations is between 5 and 23 (\(\pm 3\) SED). Figure 11.10 illustrates these confidence intervals.

Suppose the difference between two other sample means is 12. If we calculated the SED to be 2, would it be likely or unlikely for the difference between population means to fall between 10 and 14?*

*Likely, since 68 percent of the differences between population means fall between these values.
Hypothesis Testing

How does all this apply to research questions and research hypotheses? You will recall that many hypotheses predict a relationship. In Chapter 10, we presented techniques for examining data for the existence of relationships. We pointed out in previous chapters that virtually all relationships in data can be examined through one (or more) of three procedures: a comparison of means, a correlation, or a crossbreak table. In each instance, some degree of relationship may be found. If a relationship is found in the data, is there likely to be a similar relationship in the population, or is it simply due to sampling error—to the fact that a particular sample, rather than another, was selected for study? Once again, inferential statistics can help.

The logic discussed earlier applies to any particular form of a hypothesis and to many procedures used to examine data. Thus, correlation coefficients and differences between them can be evaluated in essentially the same way as means and differences between means; we just need to obtain the standard error of the correlation coefficient(s). The procedure used with crossbreak tables differs in technique, but the logic is the same. We will discuss it later in the chapter.

When testing hypotheses, it is customary to proceed in a slightly different way. Instead of determining the boundaries within which the population mean (or other parameter) can be said to fall, a researcher determines the likelihood of obtaining a sample value (for example, a difference between two sample means) if there is no relationship (that is, no difference between the means of the two populations) in the populations from which the samples were drawn. The researcher formulates both a research hypothesis and a null hypothesis. To test the research hypothesis, the researcher must formulate a null hypothesis.

THE NULL HYPOTHESIS

As you will recall, the research hypothesis specifies the predicted outcome of a study. Many research hypotheses predict the nature of the relationship the researcher thinks exists in the population; for example: “The population mean of students using method A is greater than the population mean of students using method B.”

The null hypothesis most commonly used specifies there is no relationship in the population; for example: “There is no difference between the population mean of students using method A and the population mean of students using method B.” (This is the same thing as saying the difference between the means of the two populations is zero.) Figure 11.11 offers a comparison of research and null hypotheses.

The researcher then proceeds to test the null hypothesis. The same information is needed as before: the knowledge that the sampling distribution is normal, and the calculated standard error of the difference (SED). What is different in a hypothesis test is that instead of using the obtained sample value (e.g., the obtained difference between sample means) as the mean of the sampling distribution (as we did with confidence intervals), we use zero.*

We then can determine the probability of obtaining a particular sample value (such as an obtained difference between sample means) by seeing where such a value falls on the sampling distribution. If the probability is small, the null hypothesis is rejected, thereby providing support for the research hypothesis. The results are said to be statistically significant.

What counts as “small”? In other words, what constitutes an unlikely outcome? Probably you have guessed. It is customary in educational research to view as unlikely any outcome that has a probability of .05 ($p = .05$) or less. This is referred to as the .05 level of significance. When we reject a null hypothesis at the .05 level, we are saying that the probability of obtaining such an outcome is only 5 times (or less) in 100. Some researchers prefer to be even more stringent and choose a .01 level of significance. When a null hypothesis is rejected at the .01 level, it means that the likelihood of obtaining the outcome is only 1 time (or less) in 100.

HYPOTHESIS TESTING: A REVIEW

Let us review what we have said. The logical sequence for a researcher who wishes to engage in hypothesis testing is as follows:

1. State the research hypothesis (e.g., “There is a difference between the population mean of students using method A and the population mean of students using method B”).
2. State the null hypothesis (e.g., “There is no difference between the population mean of students using

*Actually, any value could be used, but zero is used in virtually all educational research.
method A and the population mean of students using method B,” or “The difference between the two population means is zero”.

3. Determine the sample statistics pertinent to the hypothesis (e.g., the mean of sample A and the mean of sample B).

4. Determine the probability of obtaining the sample results (i.e., the difference between the mean of sample A and the mean of sample B) if the null hypothesis is true.

5. If the probability is small, reject the null hypothesis, thus affirming the research hypothesis.

6. If the probability is large, do not reject the null hypothesis, which means you cannot affirm the research hypothesis.

Let us use our previous example in which the difference between sample means was 14 points and the SED was 3 (see Figure 11.10). In Figure 11.12 we see that the sample difference of 14 falls far beyond +3 SED; in fact, it exceeds 4 SED. Thus, the probability of obtaining such a sample result is considerably less than .01, and as a result, the null hypothesis is rejected. If the difference in sample means had been 4 instead of 14, would the null hypothesis be rejected?*

*No. The probability of a difference of 4 is too high—much larger than .05.
Practical Versus Statistical Significance

The fact that a result is statistically significant (not due to chance) does not mean that it has any practical or educational value in the real world in which we all work and live. Statistical significance only means that one’s results are likely to occur by chance less than a certain percentage of the time, say 5 percent. So what? Remember that this only means the observed relationship most likely would not be zero in the population. But it does not mean necessarily that it is important! Whenever we have a large enough random sample, almost any result will turn out to be statistically significant. Thus, a very small correlation coefficient, for example, may turn out to be statistically significant but have little (if any) practical significance. In a similar sense, a very small difference in means may yield a statistically significant result but have little educational import.

Consider a few examples. Suppose a random sample of 1,000 high school baseball pitchers on the East Coast reveals an average fastball speed of 75 mph, while a second random sample of 1,000 high school pitchers in the Midwest shows an average fastball speed of 71 mph. Now this difference of 4 mph might be statistically significant (due to the large sample size), but we doubt that baseball fans would say that it is of any practical importance (see Figure 11.13). Or suppose that a researcher tries out a new method of teaching mathematics to high school juniors. She finds that those students exposed to method A (the new method) score, on the average, two points higher on the final examination than the students exposed to method B (the older, more traditional method), and that this difference is statistically significant. We doubt that the mathematics department would immediately encourage all of its members to adopt method A on the basis of this two-point difference. Would you?

Ironically, the fact that most educational studies involve smaller samples may actually be an advantage when it comes to practical significance. Because smaller sample size makes it harder to detect a difference even when there is one in the population, a larger difference in means is therefore required to reject the null hypothesis. This is so because a smaller sample results in a larger standard error of the difference in means (SED). Therefore, a larger difference in means is required to reach the significance level (see Figure 11.10). It is also possible that relationships of potential practical significance may be overlooked or dismissed because they are not statistically significant (more on this in the next chapter).

One should always take care in interpreting results—just because one brand of radios is significantly more powerful than another brand statistically does not mean that those looking for a radio should rush to buy the first brand.

ONE- AND TWO-TAILED TESTS

In Chapter 5, we made a distinction between directional and nondirectional hypotheses. There is sometimes an advantage to stating hypotheses in directional form that is related to significance testing. We refer again to a hypothetical example of a sampling distribution of
differences between means in which the calculated SED equals 3. Previously, we interpreted the statistical significance of an obtained difference between sample means of 14 points. The statistical significance of this difference was quite clear-cut, since it was so large. Suppose, however, that the obtained difference was not 14, but 5.5 points. To determine the probability associated with this outcome, we must know whether the researcher’s hypothesis was a directional or a nondirectional one. If the hypothesis was directional, the researcher specified ahead of time (before collecting any data) which group would have the higher mean (for example, “The mean score of students using method A will be higher than the mean score of students using method B.”).

If this had been the case, the researcher’s hypothesis would be supported only if the mean of sample A were higher than the mean of sample B. The researcher must decide beforehand that he or she will subtract the mean of sample B from the mean of sample A. A large difference between sample means in the opposite direction would not support the research hypothesis. A difference between sample means of +2 is in the hypothesized direction, therefore, but a difference of −2 (should the mean of sample B be higher than the mean of sample A) is not. Because the researchers’ hypothesis can be supported only if he or she obtains a positive difference between the sample means, the researcher is justified in using only the positive tail of the sampling distribution to locate the obtained difference. This is referred to as a one-tailed test of statistical significance (Figure 11.14).

At the 5 percent level of significance ($p = .05$), the null hypothesis may be rejected only if the obtained difference between sample means reaches or exceeds...
There appears to be much misunderstanding regarding the use of the null hypothesis. First, it often is stated in place of a research hypothesis. While it is easy to replace a research hypothesis (which predicts a relationship) with a null hypothesis (which predicts no relationship), there is no good reason for doing so. As we have seen, the null hypothesis is merely a useful methodological device.

Second, there is nothing sacred about the customary .05 and .01 significance levels—they are merely conventions. It is a little ridiculous, for example, to fail to reject the null hypothesis with a sample value that has a probability of .06. To do so might very well result in what is known as a Type II error—this error results when a researcher fails to reject a null hypothesis that is false. A Type I error, on the other hand, results when a researcher rejects a null hypothesis that is true. In our example in which there was a 14-point difference between sample means, for example, we rejected the null hypothesis at the .05 level. In doing so, we realized that a 5 percent chance remained of being wrong—that is, a 5 percent

1.65 SED* in the one tail. As shown in Figure 11.15, this requires a difference between sample means of 5 points or more.† Our previously obtained difference of 5.5 would be significant at this level, therefore, since it not only reaches, but exceeds, 1.65 SED.

What if the hypothesis were nondirectional? If this were the case, the researcher would not have specified beforehand which group would have the higher mean. The hypothesis would then be supported by a suitable difference in either tail. This is called a two-tailed test of statistical significance. If a researcher uses the .05 level of significance, this requires that the 5 percent of the total area must include both tails—that is, there is 2.5 percent in each tail. As a result, a difference in sample means of almost 6 points (either +5.88 or –5.88) is required to reject the null hypothesis (Figure 11.16), since 1.96(3) = 5.88.

USE OF THE NULL HYPOTHESIS: AN EVALUATION

*By looking in the normal curve table in Appendix B, we see that the area beyond 1.65 z equals .05, or 5 percent of the area under the curve.

†Since an area of .05 in one tail equals a z of 1.65, and the SED is 3, we multiply 1.65(3) to find the score value at this point: 1.65(3) = 4.95, or 5 points.
kinds of assumptions about the nature of the population from which the sample(s) involved in the research study are drawn. Nonparametric techniques, on the other hand, make few (if any) assumptions about the nature of the population from which the samples are taken. An advantage of parametric techniques is that they are generally more powerful than nonparametric techniques and hence much more likely to reveal a true difference or relationship if one really exists. Their disadvantage is that often a researcher cannot satisfy the assumptions they require (for example, that the population is normally distributed on the characteristic of interest). The advantage of nonparametric techniques is that they are safer to use when a researcher cannot satisfy the assumptions underlying the use of parametric techniques.

PARAMETRIC TECHNIQUES FOR ANALYZING QUANTITATIVE DATA†

The t-Test for Means. The t-test is a parametric statistical test used to see whether a difference between the means of two samples is significant. The test

*We discuss the power of a statistical test later in this chapter.
†Many texts distinguish between techniques appropriate for nominal, ordinal, and interval scales of measurement (see Chapter 7). It turns out that in most cases parametric techniques are most appropriate for interval data, while nonparametric techniques are more appropriate for ordinal and nominal data. Researchers rarely know for certain whether their data justify the assumption that interval scales have actually been used.
She finds that the mean score on the achievement test of the students who were taught by method A equals 85 and that the mean score of the students taught by method B equals 80. Obviously, these two sample means are different. However, this difference could be due to chance (i.e., sampling error). The key question is whether these means are different enough that our researcher can conclude that the difference is most likely not due to chance but actually to the difference between the two teaching methods.

To evaluate her research hypothesis, our researcher conducts a one-tailed \( t \)-test for independent samples and finds that the \( t \)-value (the test statistic) is 2.18. To be statistically significant at the .05 level of confidence, with 60 degrees of freedom (df), a \( t \)-value of at least 1.67 is required, since the test is a one-tailed test. Because the obtained \( t \)-value of 2.18 is beyond 1.67, it is an unlikely value, and hence the null hypothesis is rejected. Our researcher concludes that the difference between the two means is statistically significant—that is, it was not merely a chance occurrence but indeed represents a real difference between the achievement scores of the two groups.

Let us say a word about the concept degrees of freedom (df), which we referred to in the example above.

### Sample Size

Students frequently ask for more specific rules on sample size. Unfortunately, there are no simple answers. However, under certain conditions, some guidelines are available. The most important condition is random sampling, but there are other specific requirements that are discussed in statistics texts. Assuming these assumptions are met, the following apply:

<table>
<thead>
<tr>
<th>Value of sample ( r )</th>
<th>.05</th>
<th>.10</th>
<th>.15</th>
<th>.20</th>
<th>.25</th>
<th>.30</th>
<th>.40</th>
<th>.50</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sample size required</td>
<td>1,539</td>
<td>400</td>
<td>177</td>
<td>100</td>
<td>64</td>
<td>49</td>
<td>25</td>
<td>16</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Difference between the sample means</th>
<th>2 points</th>
<th>5 points</th>
<th>10 points</th>
<th>15 points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Required size of each sample</td>
<td>434</td>
<td>71</td>
<td>18</td>
<td>8</td>
</tr>
</tbody>
</table>
Thus, should $a = 3$ and $b = 5$, $c$ must equal 2. Hence, we say that there are two degrees of freedom in this distribution; any two of the values are “free to vary,” so to speak, but once they are set, the third is also fixed. Degrees of freedom are calculated in an independent samples $t$-test by subtracting 2 from the total number of values in both groups.* In this example, there are two

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*In a study with only one group, you would subtract 1 from the total value of the group.
groups, with 31 students in each group; hence there are 30 values in each group that are free to vary, resulting in a total of 60 degrees of freedom.

The *t* test for correlated means is used to compare the mean scores of the same group before and after a treatment of some sort is given, to see if any observed gain is significant, or when the research design involves two matched groups. It is also used when the same subjects receive two different treatments in a study.

Consider an example. Suppose a sports psychologist believes that anxiety often makes basketball players perform poorly when shooting free throws in close games. She decides to investigate the effectiveness of relaxation training for reducing the level of anxiety such athletes experience and thus improving their performance at the free throw line. She formulates these hypotheses:

**Null hypothesis:** There will be no change in performance at the free throw line.

**Research hypothesis:** Performance at the free throw line will improve.

She randomly selects a sample of 15 athletes to undergo the training. During the week before the training sessions (the treatment), she measures the athletes’ level of anxiety. She then exposes the athletes to the treatment. For a week afterward, she again measures the athletes’ level of anxiety.

She finds that the mean number of free throws completed equals five per game before the training and seven after the training has been completed. She conducts a *t*-test for repeated measures and obtains a *t*-statistic of 2.43. Statistical significance at the .05 level, for a one-tailed test, with 14 degrees of freedom, requires a *t*-statistic of at least 1.76. Since the obtained *t*-value is more than that, the researcher concludes that such a result is unusual (i.e., unlikely to be a chance result); therefore, she rejects the null hypothesis. She concludes that relaxation therapy can reduce the anxiety level of these athletes.

**Analysis of Variance.** When researchers desire to find out whether there are significant differences between the means of more than two groups, they commonly use a technique called analysis of variance (ANOVA), which is actually a more general form of the *t*-test that is appropriate to use with three or more groups. (It can also be used with two groups.) In brief, variation both within and between each of the groups is analyzed statistically, yielding what is known as an *F* value. As in a *t*-test, this *F* value is then checked in a statistical table to see if it is statistically significant. It is interpreted quite similarly to the *t*-value, in that the larger the obtained value of *F*, the greater the likelihood that statistical significance exists.

For example, imagine that a researcher wishes to investigate the effectiveness of three drugs used to relieve headaches. She randomly selects three groups of individuals who routinely suffer from headaches (with 20 in each group) and formulates the following hypotheses:

**Null hypothesis:** There is no difference between groups.

**Research hypothesis:** There is a difference between groups.

The researcher obtains an *F* value of 3.95. The critical region for the corresponding degrees of freedom at the .05 level, for a two-tailed test, is 3.17. Therefore, she would reject the null hypothesis and conclude that the effectiveness of the three drugs is not the same.

When only two groups are being compared, the *F* test is sufficient to tell the researcher whether significance has been achieved. When more than two groups are being compared, the *F* test will not, by itself, tell us which of the means are different. A further (but quite simple) procedure, called a post hoc analysis, is required to find this out. ANOVA is also used when more than one independent variable is investigated, as in factorial designs, which we discuss in Chapter 13.

**Analysis of Covariance.** Analysis of covariance (ANCOVA) is a variation of ANOVA used when, for example, groups are given a pretest related in some way to the dependent variable and their mean scores on this pretest are found to differ. ANCOVA enables the researcher to adjust the posttest mean scores on the dependent variable for each group to compensate for the initial differences between the groups on the pretest. The pretest is called the *covariate*. How much the posttest mean scores must be adjusted depends on how large the difference between the pretest means is and the degree of relationship between the covariate and the dependent variable. Several covariates can be used in an ANCOVA test, so in addition to (or instead of) adjusting for a pretest, the researcher can adjust for the effect of other variables. (We discuss this further in Chapter 13). Like ANOVA, ANCOVA produces an *F* value, which is then looked up in a statistical table to determine whether it is statistically significant.
**Multivariate Analysis of Variance.** Multivariate analysis of variance (MANOVA) differs from ANOVA in only one respect: It incorporates two or more dependent variables in the same analysis, thus permitting a more powerful test of differences among means. It is justified only when the researcher has reason to believe correlations exist among the dependent variables. Similarly, multivariate analysis of covariance (MANCOVA) extends ANCOVA to include two or more dependent variables in the same analysis. The specific value that is calculated is Wilk's lambda, a number analogous to $F$ in analysis of variance.

**The $t$-Test for $r$.** The $t$-test for $r$ is used to see whether a correlation coefficient calculated on sample data is significant—that is, whether it represents a non-zero correlation in the population from which the sample was drawn. It is similar to the $t$-test for means, except that here the statistic being dealt with is a correlation coefficient ($r$) rather than a difference between means. The test produces a value for $t$ (again called an obtained $t$), which the researcher checks in a statistical probability table to see whether it is statistically significant. As with the other parametric tests, the larger the obtained value for $t$, the greater the likelihood that significance has been achieved.

For example, a researcher is using a regular two-tailed test, with alpha = .05, to determine if a nonzero correlation exists in a particular population. He randomly selects a sample of 30 individuals. Checking the appropriate statistical table (critical values for the Pearson correlation), he finds that with $\alpha = .05$ and $n = 30$ ($28 \, df$), the table lists a critical value of 0.361. The sample correlation, therefore (independent of sign) must have a value equal to or greater than 0.361 for the researcher to reject the null hypothesis and conclude that there is a significant correlation in the population. Any sample correlation between 0.361 and −0.361 would be considered likely (that is, due to sampling error) and hence *not* statistically significant.

**NONPARAMETRIC TECHNIQUES FOR ANALYZING QUANTITATIVE DATA**

**The Mann-Whitney U Test.** The Mann-Whitney $U$ test is a nonparametric alternative to the $t$-test used when a researcher wishes to analyze ranked data. The researcher intermingles the scores of the two groups and then ranks them as if they were all from just one group. The test produces a value ($U$), whose probability of occurrence is then checked by the researcher in the appropriate statistical table. The logic of the test is as follows: If the parent populations are identical, then the sum of the pooled rankings for each group should be about the same. If the summed ranks are markedly different, on the other hand, then this difference is likely to be statistically significant.

**The Kruskal-Wallis One-Way Analysis of Variance.** The Kruskal-Wallis one-way analysis of variance is used when researchers have more than two independent groups to compare. The procedure is quite similar to the Mann-Whitney $U$ test. The scores of the individuals in the several groups are pooled and then ranked as though they all came from one group. The sums of the ranks added together for each of the separate groups are then compared. This analysis produces a value ($H$), whose probability of occurrence is checked by the researcher in the appropriate statistical table.

**The Sign Test.** The sign test is used when a researcher wants to analyze two related (as opposed to independent) samples. Related samples are connected in some way. For example, often a researcher will try to equalize groups on IQ, gender, age, or some other variable. The groups are *matched*, so to speak, on these variables. Another example of a related sample is when the same group is both pre- and posttested (that is, tested twice). Each individual, in other words, is tested on two different occasions (as with the $t$-test for correlated means).

This test is very easy to use. The researcher simply lines up the pairs of related subjects and then determines how many times the paired subjects in one group scored higher than those in the other group. If the groups do not differ significantly, the totals for the two groups should be about equal. If there is a marked difference in scoring (such as many more in one group scoring higher), the difference may be statistically significant. Again, the probability of this occurrence can be determined by consulting the appropriate statistical table.

**The Friedman Two-Way Analysis of Variance.** If more than two related groups are involved, then the Friedman two-way analysis of variance test can be used. For example, if a researcher employs four matched groups, this test would be appropriate.

**PARAMETRIC TECHNIQUES FOR ANALYZING CATEGORICAL DATA**

**$t$-Test for Proportions.** The most commonly used parametric tests for analyzing categorical data are the $t$-tests for a difference in proportions—that is, whether
Thus, in this example, there are two degrees of freedom.

**Contingency Coefficient.** The final step in the chi-square test process is to calculate the contingency coefficient, symbolized by the letter \( C \), to which we referred in Chapter 10. It is a measure of the degree of association in a contingency table. We show how to calculate both the chi-square test and the contingency coefficient in Chapter 12.

The contingency coefficient cannot be interpreted in exactly the same way as the correlation coefficient. It must be interpreted by using Table 11.1. This table gives the upper limit for \( C \), depending on the number of cells in the crossbreak table.

Thus, in this example, there are two degrees of freedom.

**SUMMARY OF TECHNIQUES**

The names of the most commonly used inferential procedures and the data type appropriate to their use are summarized in Table 11.2.

This summary should be useful to you whenever you encounter these terms in your reading. While the details of both mathematical rationale and calculation differ greatly among these techniques, the most important things to remember are as follows:

1. The end product of all inference procedures is the same: a statement of probability relating the sample data to hypothesized population characteristics.
2. All inference techniques assume random sampling. Without random sampling, the resulting probabilities are in error—to an unknown degree.
3. Inference techniques are intended to answer only one question: Given the sample data, what are probable population characteristics? These techniques do
not help decide whether the data show results that are meaningful or useful—they indicate only the extent to which they may be generalizable.

### POWER OF A STATISTICAL TEST

The power of a statistical test is similar to the power of a telescope. Astronomers looking at Mars or Venus with a low-power telescope probably can see that these planets look like spheres, but it is unlikely that they can see much by way of differences. With high-power telescopes, however, they can see such differences as moons and mountains. When the purpose of a statistical test is to assess differences, power is the probability that the test will correctly lead to the conclusion that there is a difference when, in fact, a difference exists.

Suppose a football coach wants to study a new technique for kicking field goals. He asks a (random) sample of 30 high school players to each kick 30 goals. They take the same “test” after being coached in the new technique. The mean number of goals is 11.2 before coaching and 18.8 after coaching—a difference of 7.6. The null hypothesis is that any positive difference (i.e., the number of goals after coaching minus the number of goals before coaching) is a chance difference from the true population difference of zero. A one-tailed t-test is the technique used to test for statistical significance.

In this example, the critical value for rejecting the null hypothesis at the .05 level is calculated. Assume the critical value turns out to be 5.8. Any difference in means that is larger than +5.8 would result in rejection of the null hypothesis. Since our difference is 7.6, we therefore reject the null hypothesis. Figure 11.18 illustrates this condition.

Now assume that we somehow know that the real difference in the population is actually 8.0. This is shown in Figure 11.19. The dark-shaded part shows the probability that the null hypothesis (which we now “know”

### TABLE 11.2 Commonly Used Inferential Techniques

<table>
<thead>
<tr>
<th>Parametric</th>
<th>Nonparametric</th>
</tr>
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<tbody>
<tr>
<td>Quantitative</td>
<td></td>
</tr>
<tr>
<td>t-test for independent means</td>
<td>Mann-Whitney U test</td>
</tr>
<tr>
<td>t-test for correlated means</td>
<td>Kruskal-Wallis one-way analysis of variance</td>
</tr>
<tr>
<td>Analysis of variance (ANOVA)</td>
<td>Sign test</td>
</tr>
<tr>
<td>Analysis of covariance (ANCOVA)</td>
<td>Friedman two-way analysis of variance</td>
</tr>
<tr>
<td>Multivariate analysis of variance (MANOVA)</td>
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</tr>
<tr>
<td>t-test for r</td>
<td>Chi square</td>
</tr>
<tr>
<td>Categorical</td>
<td></td>
</tr>
<tr>
<td>t-test for difference in proportions</td>
<td></td>
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</tbody>
</table>
Can Statistical Power Analysis Be Misleading?

Can statistical power analysis mislead researchers? An example is provided by a study which found that in the year following the 1994 federal ban on assault weapons, gun homicides declined 6.7 percent more than would have been expected, based on preexisting trends. This difference was not statistically significant. The authors carried out a statistical power analysis and concluded that a larger sample and longer time period were needed to have a sufficiently powerful statistical test that could detect an effect if any truly existed.

Kleck argued that even with a much longer time frame and larger sample (and therefore greater statistical power), the possible impact of the ban was so slight (because assault weapons comprised only two percent of the guns used in crime) that “we could not reliably detect so minuscule an impact.” He agreed with the study’s authors that the observed decline may well have been due to other factors, such as reduced crack use in high-crime neighborhoods (uncontrolled variables). He asked, in light of such known limitations, whether such studies are worth doing. Koper and Roth argued that they are because of the importance of decisions regarding such social policy issues.

What do you think? Are such studies worth doing?


There are at least four ways to increase power in addition to the use of parametric tests when appropriate:

1. Decrease sampling error by:
   a. Increasing sample size. An estimate of the necessary sample size can be obtained by doing a statistical power analysis. This requires an estimation to be wrong) will not be rejected by using the critical value of 5.8—that is, it shows how often one would get a value of 5.8 or less, which is not sufficient to cause the null hypothesis to be rejected. This area is beta, and is determined from a t-table. The power under this particular “known” value of the population difference is the lightly shaded area 1 – β. You can see, then, that in this instance, if the real value is 8, a t-test using \( p = .05 \) will very often fail to detect it.

   The power \( (1 – \beta) \) for a series of assumed “true” values can be obtained in the same way. When power is plotted against assumed “real” values, the result is called a power curve and looks something like Figure 11.20. Comparing such power curves for different techniques (e.g., a t-test versus the Mann-Whitney \( U \) test) indicates their relative efficiency for use in a particular circumstance. Parametric tests (e.g., ANOVA, t-tests) are generally, but not always, more powerful than nonparametric tests (e.g., chi square, Mann-Whitney \( U \) test).

   Clearly, researchers want to use a powerful statistical test—one that can detect a relationship if one exists in the population—if they possibly can. If at all possible, therefore, power should be increased. How might this be done?
of all of the values (except \( n = \) sample size) used in calculating the statistic you plan to use and solving for \( n \) (see, for example, Table 12.2 on page 252 for the formulas used to calculate the \( t \)-test).*

b. Using reliable measures to decrease measurement error.

2. Controlling for extraneous variables, as these may obscure the relationship being studied.

3. Increasing the strength of the treatment (if there is one), perhaps by using a larger time period.

4. Using a one-tailed test, when such is justifiable.


Go back to the INTERACTIVE AND APPLIED LEARNING feature at the beginning of the chapter for a listing of interactive and applied activities. Go to the Online Learning Center at www.mhhe.com/fraenkel8e to take quizzes, practice with key terms, and review chapter content.

WHAT ARE INFERENTIAL STATISTICS?

• Inferential statistics refer to certain procedures that allow researchers to make inferences about a population based on data obtained from a sample.

• The term probability, as used in research, refers to the predicted relative frequency with which a given event will occur.

SAMPLING ERROR

• The term sampling error refers to the variations in sample statistics that occur as a result of repeated sampling from the same population.

THE DISTRIBUTION OF SAMPLE MEANS

• A sampling distribution of means is a frequency distribution resulting from plotting the means of a very large number of samples from the same population.

• The standard error of the mean is the standard deviation of a sampling distribution of means. The standard error of the difference between means is the standard deviation of a sampling distribution of differences between sample means.

CONFIDENCE INTERVALS

• A confidence interval is a region extending both above and below a sample statistic (such as a sample mean) within which a population parameter (such as the population mean) may be said to fall with a specified probability of being wrong.
HYPOTHESIS TESTING

- Statistical hypothesis testing is a way of determining the probability that an obtained sample statistic will occur, given a hypothetical population parameter.
- A research hypothesis specifies the nature of the relationship the researcher thinks exists in the population.
- The null hypothesis typically specifies that there is no relationship in the population.

SIGNIFICANCE LEVELS

- The term *significance level* (or *level of significance*), as used in research, refers to the probability of a sample statistic occurring as a result of sampling error.
- The significance levels most commonly used in educational research are the .05 and .01 levels.
- Statistical significance and practical significance are not necessarily the same. Even if a result is statistically significant, it may not be practically (i.e., educationally) significant.

TESTS OF STATISTICAL SIGNIFICANCE

- A one-tailed test of significance involves the use of probabilities based on one-half of a sampling distribution because the research hypothesis is a directional hypothesis.
- A two-tailed test, on the other hand, involves the use of probabilities based on both sides of a sampling distribution because the research hypothesis is a nondirectional hypothesis.

PARAMETRIC TESTS FOR QUANTITATIVE DATA

- A parametric statistical test requires various kinds of assumptions about the nature of the population from which the samples involved in the research study were taken.
- Some of the commonly used parametric techniques for analyzing quantitative data include the *t*-test for means, ANOVA, ANCOVA, MANOVA, MANCOVA, and the *t*-test for *r*.

PARAMETRIC TESTS FOR CATEGORICAL DATA

- The most common parametric technique for analyzing categorical data is the *t*-test for differences in proportions.

NONPARAMETRIC TESTS FOR QUANTITATIVE DATA

- A nonparametric statistical technique makes few, if any, assumptions about the nature of the population from which the samples in the study were taken.
- Some of the commonly used nonparametric techniques for analyzing quantitative data are the Mann-Whitney *U* test, the Kruskal-Wallis one-way analysis of variance, the sign test, and the Friedman two-way analysis of variance.

NONPARAMETRIC TESTS FOR CATEGORICAL DATA

- The chi-square test is the nonparametric technique most commonly used to analyze categorical data.
- The contingency coefficient is a descriptive statistic indicating the degree of relationship between two categorical variables.
POWERS OF A STATISTICAL TEST

- The power of a statistical test for a particular set of data is the likelihood of identifying a difference, when in fact it exists, between population parameters.
- Parametric tests are generally, but not always, more powerful than nonparametric tests.

**Key Terms**

- analysis of covariance (ANCOVA) 236
- analysis of variance (ANOVA) 236
- chi-square test 238
- confidence interval 224
- contingency coefficient 238
- degrees of freedom (df) 234
- Friedman two-way analysis of variance 237
- inferential statistics 220
- Kruskal-Wallis one-way analysis of variance 237
- level of significance 228
- Mann-Whitney U test 237
- multivariate analysis of covariance (MANCOVA) 237
- multivariate analysis of variance (MANOVA) 237
- nonparametric technique 233
- null hypothesis 228
- one-tailed test 231
- parametric technique 233
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- research hypothesis 228
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- sampling error 221
- sign test 237
- standard error of the difference (SED) 227
- standard error of the mean (SEM) 223
- statistical significance 230
- t-test for a difference in proportions 237
- t-test for correlated means 236
- t-test for correlated proportions 237
- t-test for independent means 234
- t-test for independent proportions 238
- t-test for r 237
- two-tailed test 232
- Type I error 232
- Type II error 232
- Wilk’s lambda 237

**For Discussion**

1. “Hypotheses can never be proven, only supported.” Is this statement true or not? Explain.
2. No two samples will be the same in all of their characteristics. Why won’t they?
3. When might a researcher not need to use inferential statistics to analyze his or her data?
4. “No sampling procedure, not even random sampling, guarantees a totally representative sample.” Is this true? Discuss.
5. Could a relationship that is practically significant be ignored because it is not statistically significant? What about the reverse? Can you suggest an example of each?
Research Exercise 11: Inferential Statistics

Using Problem Sheet 11, indicate which inference technique(s), if any, are appropriate for your study. Indicate whether you would or would not do a significance test and/or calculate a confidence interval, and if not, explain why. If you do not intend to use any inference techniques in your study, explain why.

Problem Sheet 11

Inferential Statistics

1. An appropriate inferential technique for my study would be:
   
   ________________________________________________________________
   
   ________________________________________________________________

2. Indicate whether you would use a parametric or nonparametric technique and why.
   
   ________________________________________________________________
   
   ________________________________________________________________

3. Indicate whether you would or would not do a significance test and why.
   
   ________________________________________________________________
   
   ________________________________________________________________

4. Indicate whether you would or would not calculate a confidence interval because:
   
   ________________________________________________________________
   
   ________________________________________________________________

5. I would not use any inferential techniques in my study because:
   
   ________________________________________________________________
   
   ________________________________________________________________

6. The type of sample used in my sample is:
   
   ________________________________________________________________
   
   ________________________________________________________________

7. The use of this type of sample in my study places the following limitation(s) on my use of inferential statistics:
   
   ________________________________________________________________
   
   ________________________________________________________________
OBJECTIVES  Studying this chapter should enable you to:

- Apply several recommendations when comparing data obtained from two or more groups.
- Apply several recommendations when relating variables within a single group.
- Explain what is meant by the term “effect size.”
- Describe briefly how to use frequency polygons, scatterplots, and crossbreak tables to interpret data.
- Differentiate between statistically significant and practically significant research results.
Well, the results are in,” said Tamara Phillips. “I got the consultant’s report about that study we did last semester.”

“What study was that?” asked Felicia Lee, as the two carpooled to Eisenhower Middle School, where they both taught eighth-grade social studies.

“Don’t you remember? That guy from the university came down and asked some of us who taught social studies to try an inquiry approach?”

“Oh, yeah, I remember. I was in the experimental group—we used a series of inquiry-oriented lessons that they designed. They compared the results of our students with those of students who were similar in ability whose teachers did not use those lessons. What did they find out?”

“Well, the report states that those students whose teachers used the inquiry lessons had significantly higher test scores. But I’m not quite sure what that suggests.”

“It means that the inquiry method is superior to whatever method the teachers of the other group used, doesn’t it?”

“I’m not sure. It depends on whether the significance they’re talking about refers to practical or only statistical significance.”

“What’s the difference?”

This difference—between statistical and practical significance—is an important one when it comes to talking about the results of a study. It is one of the things you will learn about in this chapter.

Now that you are somewhat familiar with both descriptive and inferential statistics, we want to relate them more specifically to practice. What are appropriate uses of these statistics? What are appropriate interpretations of them? What are the common errors or mistakes you should watch out for as either a participant in or consumer of research?

There are appropriate uses for both descriptive and inferential statistics. Sometimes, however, either or both types can be used inappropriately. In this chapter, therefore, we want to discuss the appropriate use of the descriptive and inferential statistics described in the previous two chapters. We will present a number of recommendations that we believe all researchers should consider when they use either type of statistics.∗

∗We acknowledge that not all researchers would agree with these recommendations.

Approaches to Research

Much research in education is done in one of two ways: either two or more groups are compared or variables within one group are related. Furthermore, as you have seen, the data in a study may be either quantitative or categorical. Thus, four different combinations of research are possible, as shown in Figure 12.1.

Remember that all groups are made up of individual units. In most cases, the unit is one person and the group is a group of people. Sometimes, however, the unit is itself a group (for example, a class of students). In such cases, the “group” would be a collection of classes. This is illustrated by the following hypothesis: “Teacher friendliness is related to student learning.” This hypothesis could be studied with a group of classes and a measure of both teacher “friendliness” and average student learning for each class.
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Recommendation 2: Use these polygons to decide which measure of central tendency is appropriate to calculate. If any polygon shows extreme scores at one end, use medians for all groups rather than, or in addition to, means.

INTERPRETATION

Once the descriptive statistics have been calculated, they must be interpreted. At this point, the task is to describe, in words, what the polygons and averages tell researchers about the question or hypothesis being investigated. A key question arises: How large does a difference in means between two groups have to be in order to be important? When will this difference make a difference? How does one decide? You will recall that this is the issue of practical versus statistical significance that we discussed in Chapter 11.

Use Information About Known Groups.

Unfortunately, in most educational research, this information is very difficult to obtain. Sometimes, prior experience can be helpful. One of the advantages of IQ scores is that, over the years, many educators have had enough experience with them to make differences between them meaningful. Most experienced counselors, administrators, and teachers realize, for example, that a difference in means of less than 5 points between two groups has little useful meaning, no matter how statistically significant the difference may be. They also know that a difference between means of 10 points is enough to have important implications. At other times, a researcher may have available a frame of reference, or standard, to use in interpreting the magnitude of a difference between means. One such standard consists of the mean scores of known groups. In a study of critical thinking in which one of the present authors participated, for example, the end-of-year mean score for
When pre-to-post gains in the mean scores of two groups are compared, the formula is modified as follows:

\[
\Delta = \frac{\text{mean experimental gain}}{\text{standard deviation of gain of comparison group}} - \frac{\text{mean comparison gain}}{\text{standard deviation of comparison group}}
\]

The standard deviation of gain score is obtained by first getting the gain (post-to-pre) score for each individual and then calculating the standard deviation as usual.†

While effect size is a useful tool for assessing the magnitude of a difference between the means of two groups, it does not, in and of itself, answer the question of how large it must be for researchers to consider an obtained difference important. As is the case with significance levels, this is essentially an arbitrary decision. Most researchers consider that any effect size of .50 (that is, half a standard deviation of the comparison group’s scores) or larger is an important finding. If the scores fit the normal distribution, such a value indicates that the difference in means between the two groups is about one-twelfth the distance between the highest and lowest scores of the comparison group. When assessing the magnitude of a difference between the means of two groups, therefore, we recommend the following:

**Recommendation 3:** Compare obtained results with data on the means of known groups, if possible.

**Recommendation 4:** Calculate an effect size. Interpret an ES of .50 or larger as important. (Smaller values of ES may have theoretical, as opposed to practical, importance.)

**Use Inferential Statistics.** A third method for judging the importance of a difference between the means of two groups is by the use of inferential statistics. It is common to find, even before examining polygons or differences in means, that a researcher has applied an inference technique (a t-test, an analysis of variance, and so on) and then used the results as the only criterion for evaluating the importance of the results. This practice has come under increasing attack for the following reasons:

1. Unless the groups compared are random samples from specified populations (which is unusual), the results (probabilities, significance levels, and confidence intervals) are to an unknown degree in error and hence misleading.

†There are more effective ways to obtain gain scores, but we will delay a discussion until subsequent chapters.
2. The outcome is greatly affected by sample size. With 100 cases in each of two groups, a mean difference in IQ score of 4.2 points is statistically significant at the .05 level (assuming the standard deviation is 15, as is typical with most IQ tests). Although statistically significant, this difference is so small as to be meaningless in any practical sense. The actual magnitude of difference is minimized or sometimes overlooked.

3. The purpose of inferential statistics is to provide information pertinent to generalizing sample results to populations, not to evaluate sample results. With regard to the use of inferential statistics, therefore, we recommend the following:

**Recommendation 5**: Consider using inferential statistics only if you can make a convincing argument that a difference between means of the magnitude obtained is important (Figure 12.2).

**Recommendation 6**: Do not use tests of statistical significance to evaluate the magnitude of a difference between sample means. Use them only as they were intended: to judge the generalizability of results.

**Recommendation 7**: Unless random samples were used, interpret probabilities and/or significance levels as crude indices, not as precise values.

**Recommendation 8**: Report the results of inference techniques as confidence intervals rather than (or in addition to) significance levels.

**Example.** Let us give an example to illustrate this type of analysis. We shall present the appropriate calculations in detail and then interpret the results. Imagine that we have two groups of eighth-grade students, 60 in each group, who receive different methods of social studies instruction for one semester. The teacher of one group uses an inquiry method of instruction, while the teacher of the other group uses the lecture method. The researcher’s hypothesis is that the inquiry method will result in greater improvement than the lecture method in explaining skills as measured by the “test of ability to explain” (see page 151) in Chapter 8. Each student is tested at the beginning and at
the end of the semester. The test consists of 40 items; the range of scores on the pretest is from 3 to 32, or 29 points. A gain score (posttest-pretest) is obtained. These gain scores are shown in the frequency distributions in Table 12.1 and the frequency polygons in Figure 12.3.

These polygons indicate that a comparison of means is appropriate. Why?* The mean of the inquiry group is 5.6 compared to the mean of 4.4 for the lecture group. The difference between means is 1.2. In this instance, a comparison with the means of known groups is not possible, since such data are not available. A calculation of effect size results in an ES of .44, somewhat below the .50 that most researchers recommend for significance. Inspection of Figure 12.3, however, suggests that the difference between the means of the two groups should not be discounted. Figure 12.4 and Table 12.2 show that the number of students gaining 7 or more points is 25 in the inquiry group and 13 (about half as many) in the lecture group. A gain of 7 points on a 40-item test can be considered substantial, even more so when it is recalled that the range was 29 points (3–32) on the pretest. If a gain of 8 points is used, the numbers become 16 and 9. We would argue that these discrepancies are large enough, in context, to recommend the inquiry method over the lecture method.

The use of an inference technique (a *t*-test for independent means) indicates that *p* < .05 in one tail.

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*The polygons are nearly symmetrical without extreme scores at either end.

---

**Table 12.1** Gain Scores on Test of Ability to Explain: Inquiry and Lecture Groups

<table>
<thead>
<tr>
<th>Gain Scores</th>
<th>Inquiry Frequency</th>
<th>Inquiry Cumulative Frequency</th>
<th>Lecture Frequency</th>
<th>Lecture Cumulative Frequency</th>
</tr>
</thead>
<tbody>
<tr>
<td>11</td>
<td>1</td>
<td>60</td>
<td>0</td>
<td>60</td>
</tr>
<tr>
<td>10</td>
<td>3</td>
<td>59</td>
<td>2</td>
<td>60</td>
</tr>
<tr>
<td>9</td>
<td>5</td>
<td>56</td>
<td>3</td>
<td>58</td>
</tr>
<tr>
<td>8</td>
<td>7</td>
<td>51</td>
<td>4</td>
<td>55</td>
</tr>
<tr>
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<td>9</td>
<td>44</td>
<td>4</td>
<td>51</td>
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<td>23</td>
</tr>
<tr>
<td>2</td>
<td>4</td>
<td>9</td>
<td>6</td>
<td>16</td>
</tr>
<tr>
<td>1</td>
<td>2</td>
<td>5</td>
<td>4</td>
<td>10</td>
</tr>
<tr>
<td>0</td>
<td>3</td>
<td>3</td>
<td>5</td>
<td>6</td>
</tr>
<tr>
<td>−1</td>
<td>0</td>
<td>0</td>
<td>1</td>
<td>1</td>
</tr>
</tbody>
</table>

A negative score indicates the pretest was higher than the posttest.
This leads the researcher to conclude that the observed difference between means of 1.2 points probably is not due to the particular samples used. Whether this probability can be taken as exact depends primarily on whether the samples were randomly selected. The 90 percent confidence interval is shown in Figure 12.4.† Notice that a difference of zero between the population means is not within the confidence interval.

Whenever a relationship between quantitative variables within a single group is examined, the appropriate techniques are the scatterplot and the correlation coefficient. The scatterplot illustrates all the data visually, while the correlation coefficient provides a numerical summary of the data. When analyzing data obtained from a single group, therefore, researchers should begin by constructing a scatterplot. Not only will it provide all the information available, but it will help them judge which correlation coefficient to calculate (the choice usually will be between the Pearson $r$, which assumes a linear, or straight-line, relationship, and eta, which describes a curvilinear, or curved, relationship).‡

Consider Figure 12.5. All of the five scatterplots shown represent a Pearson correlation of about .50. Only in (a), however, does this coefficient (.50) completely convey the nature of the relationship. In (b) the relationship is understated, since it is a curvilinear one, and eta would give a higher coefficient. In (c) the coefficient does not reflect the fan-shaped nature of the relationship. In (d) the coefficient does not reveal that there are two distinct subgroups. In (e) the coefficient is greatly inflated by a few unusual cases. While these illustrations are a bit exaggerated, similar results are often found in real data.

When examining relationships within a single group, therefore, we recommend the following:

**Recommendation 9:** Begin by constructing a scatterplot.

**Recommendation 10:** Use the scatterplot to determine which correlation coefficient is appropriate to calculate.

**Recommendation 11:** Use both the scatterplot and the correlation coefficient to interpret results.

**INTERPRETATION**

Interpreting scatterplots and correlations presents problems similar to those we discussed in relation to

---

*(Table 12.2).* This leads the researcher to conclude that the observed difference between means of 1.2 points probably is not due to the particular samples used. Whether this probability can be taken as exact depends primarily on whether the samples were randomly selected. The 90 percent confidence interval is shown in Figure 12.4.† Notice that a difference of zero between the population means is not within the confidence interval.

*Because both of these correlations describe the magnitude of relationship, they are also examples of effect size (see footnote, page 248).*
differences in means. How large must a correlation coefficient be to suggest an important relationship? What does an important relationship look like on a scatterplot?

As you can see, doing or evaluating research is not cut and dried; it is not a matter of following a set of rules, but rather requires informed judgment. In judging correlation coefficients, one must first assess their appropriateness, as was done with those in Figure 12.5. If the Pearson correlation coefficient is an adequate summary (and we have shown in Figure 12.5 that this is not always the case), most researchers would agree to the interpretations shown in Table 12.3 when testing a research hypothesis.

As with a comparison of means, the use of inferential statistics to judge the importance of the magnitude of a relationship is both common and often misleading. With a sample of 100, a correlation of only .20 is statistically
significant at the .05 level with a two-tailed test. Accordingly, we recommend the following when interpreting scatterplots and correlation coefficients:

**Recommendation 12:** Draw a line that best fits all points in a scatterplot, and note the extent of deviations from it. The smaller the deviations all along the line, the more useful the relationship.*

**Recommendation 13:** Consider using inferential statistics only if you can give a convincing argument for the importance of the size of the relationship found in the sample.

**Recommendation 14:** Do not use tests of statistical significance to evaluate the magnitude of a relationship. Use them, as they were intended, to judge generalizability.

**Recommendation 15:** Unless a random sample was used, interpret probabilities and/or significance levels as crude indices, not as precise values.

**Recommendation 16:** Report the results of inference techniques as confidence intervals rather than as significance levels.

*Try this with Figure 12.5.

### TABLE 12.3 Interpretation of Correlation Coefficients when Testing Research Hypotheses

<table>
<thead>
<tr>
<th>Magnitude of $r$</th>
<th>Interpretation</th>
</tr>
</thead>
<tbody>
<tr>
<td>.00 to .40</td>
<td>Of little practical importance except in unusual circumstances; perhaps of theoretical value.*</td>
</tr>
<tr>
<td>.41 to .60</td>
<td>Large enough to be of practical as well as theoretical use.</td>
</tr>
<tr>
<td>.61 to .80</td>
<td>Very important, but rarely obtained in educational research.</td>
</tr>
<tr>
<td>.81 or above</td>
<td>Possibly an error in calculation; if not, a very sizable relationship.</td>
</tr>
</tbody>
</table>

*When selecting a very few people from a large group, even correlations this small may have predictive value.

**Example.** Let us now consider an example to illustrate the analysis of a suspected relationship between variables. Suppose a researcher wishes to test the hypothesis that, among counseling clients, improvement in marital satisfaction after six months of counseling is related to self-esteem at the beginning of counseling. In other words, people with higher self-esteem would be expected to show more improvement in marital satisfaction after undergoing therapy for a period of six months than people with lower self-esteem. The researcher obtains a group of 30 clients, each of whom takes a self-esteem inventory and a marital satisfaction inventory prior to counseling. The marital satisfaction inventory is taken again at the end of six months of counseling. The data are shown in Table 12.4.

The calculations shown in Table 12.4 are not as hard as they look. Here are the steps that we followed to obtain $r = .42$.

1. Multiply $n$ by $\Sigma XY$: $30(7,023) = 210,690$
2. Multiply $\Sigma X$ by $\Sigma Y$: $(1,007)(192) = 193,344$
3. Subtract step 2 from step 1: $210,690 - 193,344 = 17,346$
4. Multiply $n$ by $\Sigma X^2$: $30(35,507) = 1,065,210$
5. Square $\Sigma X$: $(1,007)^2 = 1,014,049$
6. Subtract step 5 from step 4: $1,065,210 - 1,014,049 = 51,161$
7. Multiply $n$ by $\Sigma Y^2$: $30(2,354) = 70,620$
8. Square $\Sigma Y$: $(192)^2 = 36,864$
9. Subtract step 8 from step 7: $70,620 - 36,864 = 33,756$
10. Multiply step 6 by step 9: $(51,161)(33,756) = 1,726,990,716$
11. Take the square root of step 10: $\sqrt{1,726,990,716} = 41,557$
12. Divide step 3 by step 11: $17,346/41,557 = .42$

Using the data presented in Table 12.4, the researcher plots a scatterplot and finds that it reveals two things. First, there is a tendency for individuals with higher initial self-esteem scores to show greater improvement...
in marital satisfaction than those with lower initial self-esteem scores. Second, it also shows that the relationship is more correctly described as curvilinear—that is, clients with low or high self-esteem show less improvement than those with a moderate level of self-esteem (remember, these data are fictional). Pearson $r$ equals .42. The value of eta obtained for these same data is .82, indicating a substantial degree of relationship.

### TABLE 12.4  Self-Esteem Scores and Gains in Marital Satisfaction

<table>
<thead>
<tr>
<th>Client</th>
<th>Self-Esteem Score before Counseling ($X$)</th>
<th>$X^2$</th>
<th>Gain in Marital Satisfaction after Counseling ($Y$)</th>
<th>$Y^2$</th>
<th>$XY$</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
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<tr>
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<td>841</td>
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<td>4</td>
<td>58</td>
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<td>784</td>
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<td>25</td>
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<tr>
<td>11</td>
<td>30</td>
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</tr>
<tr>
<td>13</td>
<td>32</td>
<td>1024</td>
<td>7</td>
<td>49</td>
<td>219</td>
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<tr>
<td>14</td>
<td>33</td>
<td>1089</td>
<td>15</td>
<td>225</td>
<td>495</td>
</tr>
<tr>
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<td>35</td>
<td>1225</td>
<td>6</td>
<td>36</td>
<td>210</td>
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<td>16</td>
<td>35</td>
<td>1225</td>
<td>16</td>
<td>256</td>
<td>560</td>
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<td>17</td>
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<td>1269</td>
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<td>121</td>
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<td>518</td>
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<td>1296</td>
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<td>648</td>
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<td>9</td>
<td>81</td>
<td>342</td>
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<td>546</td>
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<td>22</td>
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<td>15</td>
<td>225</td>
<td>585</td>
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<td>1600</td>
<td>4</td>
<td>16</td>
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<td>1681</td>
<td>8</td>
<td>64</td>
<td>328</td>
</tr>
<tr>
<td>25</td>
<td>42</td>
<td>1764</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>26</td>
<td>43</td>
<td>1849</td>
<td>3</td>
<td>9</td>
<td>129</td>
</tr>
<tr>
<td>27</td>
<td>43</td>
<td>1849</td>
<td>5</td>
<td>25</td>
<td>215</td>
</tr>
<tr>
<td>28</td>
<td>43</td>
<td>1849</td>
<td>8</td>
<td>64</td>
<td>344</td>
</tr>
<tr>
<td>29</td>
<td>44</td>
<td>1936</td>
<td>4</td>
<td>16</td>
<td>176</td>
</tr>
<tr>
<td>30</td>
<td>45</td>
<td>2025</td>
<td>5</td>
<td>25</td>
<td>225</td>
</tr>
<tr>
<td>Total</td>
<td></td>
<td></td>
<td>$\Sigma = 1,007$</td>
<td>$\Sigma = 35,507$</td>
<td>$\Sigma = 192$</td>
</tr>
</tbody>
</table>

$$r = \frac{n\Sigma XY - \Sigma X \Sigma Y}{\sqrt{(n\Sigma X^2 - (\Sigma X)^2)(n\Sigma Y^2 - (\Sigma Y)^2)}} = \frac{30(7023) - (1007)(192)}{\sqrt{[30(35507) - (1007)^2][30(2354) - (192)^2]}}$$

$$= \frac{210690 - 193344}{\sqrt{1065210 - 1014049)(70620 - 36864)}} = \frac{17346}{\sqrt{51161)(33756)}} = \frac{17346}{41557} = .42$$
between the two variables. We have not shown the calculations for eta since they are somewhat more complicated than those for \( r \). The relationship is illustrated by the smoothed curve shown in Figure 12.6.

The researcher calculates the appropriate inference statistic (a \( t \)-test for \( r \)), as shown, to determine whether \( r = .42 \) is significant.

Standard error of \( r = SE_r = \frac{1}{\sqrt{n-1}} \)

\[ = \frac{1}{\sqrt{29}} = .185 \]

\[ t_r = \frac{r - \mu_0}{SE_r} = \frac{.42 - .00}{.185} = 2.3; p < .01 \]

As you can see, it results in an obtained value of 2.3 and a probability of \( p < .01 \), using a one-tailed test. A one-tailed test is appropriate for \( r \) if the direction of the relationship was predicted before examining the data. The probability associated with eta would (presumably) be obtained using a two-tailed test (unless the researcher predicted the shape of the curve from Figure 12.6 before examining the data). An eta of .82 is also statistically significant at \( p = .01 \), indicating that the relationship is unlikely to be due to the particular sample studied. Whether or not these probabilities are correct depends on whether or not the sample was randomly selected. The 95 percent confidence interval around the obtained value for \( r \) is shown in Figure 12.7.

**Comparing Groups: Categorical Data**

**TECHNIQUES**

When the data involved are categorical data, groups may be compared by reporting either percentages (or proportions) or frequencies in crossbreak tables. Table 12.5 gives a fictitious example.
Once again, we must look at summary statistics—even percentages—carefully. Percentages can be misleading unless the number of cases is also given. At first glance, Table 12.5 may look impressive—until one discovers that the data in it represent 60 females and only 10 males. In crossbreak form, Table 12.6 represents the actual numbers, as opposed to percentages, of individuals.

Table 12.7 illustrates a fictitious relationship between teacher gender and grade level taught. As you can see, the largest number of male teachers is to be found in grade 7, and the largest number of female teachers is to be found in grade 4. Here, too, however, we must ask: How much difference must there be between these frequencies for us to consider them important? One of the limitations of categorical data is that such evaluations are even harder than with quantitative data. One possible approach is to examine prior experience or knowledge. Table 12.7 does suggest a trend toward an increasingly larger proportion of male teachers in the higher grades—but, again, is the trend substantial enough to be considered important?

The data in Table 12.8 show the same trend, but the pattern is much less striking. Perhaps prior experience or research shows (somehow) that gender differences become important whenever the within-grade difference is more than 10 percent (or a frequency of 5 in these data). Such knowledge is seldom available, however, which leads us to consider the summary statistic (similar to the correlation coefficient) known as the contingency coefficient (see Chapter 11). In order to use it, however, remember that the data must be presented in crossbreak tables. Calculating the contingency coefficient is easily done by hand or by computer. You will recall that this statistic is not as straightforward in interpretation as the correlation coefficient, since its interpretation depends on the number of cells in the crossbreak table. Nevertheless, we recommend its use.

Perhaps because of the difficulties mentioned above, most research reports using percentages or crossbreaks rely on inference techniques to evaluate the magnitude of relationships. In the absence of random sampling, their use suffers from the same liabilities as with quantitative data. When analyzing categorical data, therefore, we recommend the following:

**Recommendation 17:** Whenever possible, place all data into crossbreak tables.

**Recommendation 18:** To clarify the importance of relationships, patterns, or trends, calculate a contingency coefficient.

**Recommendation 19:** Do not use tests of statistical significance to evaluate the magnitude of relationships. Use them, as intended, to judge generalizability.

**Recommendation 20:** Unless a random sample was used, interpret probabilities and/or significance levels as crude indices, not as precise values.

**Example.** Once again, let us consider an example to illustrate an analysis, this time involving categorical data when comparing groups. Let us return to Tables 12.7 and 12.8 to illustrate the major recommendations for analyzing categorical data. We shall consider Table 12.7 first. Because there are 50 teachers, or 25 percent, of the total of 200 teachers at each grade level (4–7), we would expect that there would be 25 percent of the

---

**TABLE 12.5**  
**Gender and Political Preference**  
(Percentages)

<table>
<thead>
<tr>
<th></th>
<th>Percentage of Males</th>
<th>Percentage of Females</th>
</tr>
</thead>
<tbody>
<tr>
<td>Democrat</td>
<td>20</td>
<td>50</td>
</tr>
<tr>
<td>Republican</td>
<td>70</td>
<td>45</td>
</tr>
<tr>
<td>Other</td>
<td>10</td>
<td>5</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>100</td>
<td>100</td>
</tr>
</tbody>
</table>

**TABLE 12.6**  
**Gender and Political Preference**  
(Numbers)

<table>
<thead>
<tr>
<th></th>
<th>Males</th>
<th>Females</th>
</tr>
</thead>
<tbody>
<tr>
<td>Democrat</td>
<td>2</td>
<td>30</td>
</tr>
<tr>
<td>Republican</td>
<td>7</td>
<td>27</td>
</tr>
<tr>
<td>Other</td>
<td>1</td>
<td>3</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>50</td>
<td>50</td>
</tr>
</tbody>
</table>

**TABLE 12.7**  
**Teacher Gender and Grade Level Taught: Case 1**

<table>
<thead>
<tr>
<th>Grade</th>
<th>Male</th>
<th>Female</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>4</td>
<td>10</td>
<td>40</td>
<td>50</td>
</tr>
<tr>
<td>5</td>
<td>20</td>
<td>30</td>
<td>50</td>
</tr>
<tr>
<td>6</td>
<td>20</td>
<td>30</td>
<td>50</td>
</tr>
<tr>
<td>7</td>
<td>30</td>
<td>20</td>
<td>50</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>100</td>
<td>120</td>
<td>200</td>
</tr>
</tbody>
</table>

**TABLE 12.8**  
**Teacher Gender and Grade Level Taught: Case 2**

<table>
<thead>
<tr>
<th>Grade</th>
<th>Male</th>
<th>Female</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>4</td>
<td>22</td>
<td>28</td>
<td>50</td>
</tr>
<tr>
<td>5</td>
<td>22</td>
<td>28</td>
<td>50</td>
</tr>
<tr>
<td>6</td>
<td>25</td>
<td>25</td>
<td>50</td>
</tr>
<tr>
<td>7</td>
<td>28</td>
<td>22</td>
<td>50</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>103</td>
<td>103</td>
<td>200</td>
</tr>
</tbody>
</table>
total number of male teachers and 25 percent of the total number of female teachers at each grade level as well. Out of the total of 200 teachers, 80 are male and 120 are female. Hence, the expected frequency for male teachers at each of the grade levels would be 20 (25 percent of 80), and for female teachers 30 (25 percent of 120). These expected frequencies are shown in parentheses in Table 12.9. We then calculate the contingency coefficient, which equals .28.

By referring to Table 11.1 in Chapter 11, we estimate that the upper limit for a 2 by 4 table (which we have here) is approximately .80. Accordingly, a contingency coefficient of .28 indicates only a slight degree of relationship. As a result, we would not recommend testing for significance. Were we to do so, however, we would find by looking in a chi-square probability table that three degrees of freedom requires a chi-square value of 7.81 to be considered significant at the .05 level. Our obtained value for chi square was 16.66, indicating that the small relationship we have discovered probably does exist in the population from which the sample was drawn. * This is a good example of the difference between statistical and practical significance. Our obtained correlation of .28 is statistically significant but practically insignificant. A correlation of .28 would be considered by most researchers as having little practical importance.

If we carry out the same analysis for Table 12.8, the resulting contingency coefficient is .10. Such a correlation is, for all practical purposes, meaningless, but should we (for some reason) wish to see if it was statistically significant, we would find that it is not significant at the .05 level (the chi-square value = 1.98, far below the 7.82 needed for significance).

Again, the calculations from Table 12.9 are not difficult. Here are the steps we followed:

1. For the first cell above (Grade 4-male), subtract \( E \) from \( O \): \( O = 10 - 20 = -10 \)

2. Square the result: \( (O - E)^2 = (-10)^2 = 100 \)
3. Divide the result by \( E \):
   \[
   \sum \frac{(O - E)^2}{E} = \frac{100}{20} = 5.00
   \]
4. Repeat this process for each cell. (Be sure to include all cells.)
5. Add the results of all cells:
   \[
   5.00 + 3.33 + 3.33 + 5.00 = 16.66 = \chi^2
   \]
6. To calculate the contingency coefficient, we used the formula:
   \[
   C = \sqrt{\frac{\chi^2}{\chi^2 + n}} = \sqrt{\frac{16.66}{16.66 + 200}} = .28
   \]

**Relating Variables Within a Group: Categorical Data**

Although the preceding section involves comparing groups, the reasoning also applies to hypotheses that examine relationships among categorical variables within just one group. A moment’s thought shows why. The procedures available to us are the same—percentages or crossbreak tables. Suppose our hypothesis is that among college students, gender is related to political preference. To test this we must divide the data we obtain from this group by gender and political preference. This gives us the crossbreak in Table 12.6. Because all such hypotheses must be tested by dividing people into groups, the statistical analysis is the same whether seen as one group, subdivided, or as two or more different groups.

A summary of the most commonly used statistical techniques, both descriptive and inferential, as used with quantitative and categorical data, is shown in Table 12.10.

---

**Table 12.9**

<table>
<thead>
<tr>
<th>Grade 4</th>
<th>Grade 5</th>
<th>Grade 6</th>
<th>Grade 7</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male</td>
<td>10 (20)</td>
<td>20 (20)</td>
<td>20 (20)</td>
<td>30 (20)</td>
</tr>
<tr>
<td>Female</td>
<td>40 (30)</td>
<td>30 (30)</td>
<td>30 (30)</td>
<td>20 (30)</td>
</tr>
<tr>
<td>Total</td>
<td>50</td>
<td>50</td>
<td>50</td>
<td>50</td>
</tr>
</tbody>
</table>

*Assuming the sample is random.
Interpreting Statistics

• Suppose a researcher found a correlation of .08 between drinking grapefruit juice and subsequent incidence of arthritis to be statistically significant. Is that possible? (Yes, it is quite possible. If the sample had been randomly selected, and the sample size was around 500, a correlation of .08 would be statistically significant at the .05 level. But because of the small relationship—and many uncontrolled variables—we would not stop drinking grapefruit juice based on an \( r \) of only .08!)

• Suppose an early intervention program was found to increase IQ scores on average by 12 points, but that this was not statistically significant at the .05 level. How much attention would you give to this report? (We would pay considerable attention; 12 IQ points is a lot and could be very important if confirmed in replications. Evidently the sample size was rather small.)

• Suppose the difference in polling preference for a particular candidate was found to be 52 percent for the Democrat as opposed to 48 percent for the Republican, with a margin of error of 2 percent at the .05 level. Would you consider this difference important? (One way of reporting such results is that the probability of the difference being due to chance is less than .01.* In addition, a difference of only 4 points is of great practical importance since the winner in a two-person election needs only 51 percent of the vote to win. A very similar prediction proved wrong in the 1948 presidential election, when Truman defeated Dewey. The usual explanations are that the sample was not random and thus not representative, and/or that a lot of people changed their minds before they entered the voting booth.)

*The SE of each percentage must be 2.00 (the margin of error) divided by 1.96 (the number of standard deviations required at the 5 percent level), or approximately 1.00. The standard error of the difference (SED) equals the square root of \((1^2 + 1^2)\) or 1.4. The difference between 48 percent and 52 percent—4 percent—divided by 1.4 (the SED) equals 2.86, which yields a probability of less than .01.

---

**TABLE 12.10** Summary of Commonly Used Statistical Techniques

<table>
<thead>
<tr>
<th><strong>DATA</strong></th>
<th><strong>Quantitative</strong></th>
<th><strong>Categorical</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Two or more groups are compared:</td>
<td>* Frequency polygons</td>
<td>* Percentages</td>
</tr>
<tr>
<td>* Averages</td>
<td>* Bar graphs</td>
<td></td>
</tr>
<tr>
<td>* Spreads</td>
<td>* Pie charts</td>
<td></td>
</tr>
<tr>
<td>* Effect size</td>
<td>* Crossbreak (contingency) tables</td>
<td></td>
</tr>
<tr>
<td><strong>Descriptive Statistics</strong></td>
<td>* t-test for means</td>
<td>* chi square</td>
</tr>
<tr>
<td>* t-test for means</td>
<td>* ANOVA</td>
<td></td>
</tr>
<tr>
<td>* ANCOVA</td>
<td>* MANOVA</td>
<td></td>
</tr>
<tr>
<td>* MANCOVA</td>
<td>* Confidence intervals</td>
<td></td>
</tr>
<tr>
<td>* MANCOVA</td>
<td>* Mann-Whitney U test</td>
<td></td>
</tr>
<tr>
<td>Relationships among variables</td>
<td></td>
<td></td>
</tr>
<tr>
<td>are studied within one group:</td>
<td>* Correlation coefficient ((r))</td>
<td>* Crossbreak (contingency) tables</td>
</tr>
<tr>
<td><strong>Descriptive Statistics</strong></td>
<td>* eta</td>
<td></td>
</tr>
<tr>
<td></td>
<td>* t-test for ( r )</td>
<td>* Contingency coefficient</td>
</tr>
<tr>
<td><strong>Inferential Statistics</strong></td>
<td>* Confidence intervals</td>
<td>* chi square</td>
</tr>
<tr>
<td></td>
<td></td>
<td>* t-test for proportions</td>
</tr>
</tbody>
</table>
A Recap of Recommendations

You may have noticed that many of our recommendations are essentially the same, regardless of the method of statistical analysis involved. To stress their importance, we want to state them again here, all together, phrased more generally.

We recommend that researchers:

• Use graphic techniques before calculating numerical summary indices. Pay particular attention to outliers.
• Use both graphs and summary indices to interpret results of a study.
• Make use of external criteria (such as prior experience or scores of known groups) to assess the magnitude of a relationship whenever such criteria are available.
• Use professional consensus when evaluating the magnitude of an effect size (including correlation coefficients).
• Consider using inferential statistics only if you can make a convincing case for the importance of the size of the relationship found in the sample.

• Use tests of statistical significance only to evaluate generalizability, not to evaluate the magnitude of relationships.
• When random sampling has not occurred, treat probabilities as approximations or crude indices rather than as precise values.
• Report confidence intervals rather than, or in addition to, significance levels whenever possible.

We also want to make a final recommendation involving the distinction between parametric and nonparametric statistics. Since the calculation of statistics has now become rather easy and quick owing to the availability of many computer programs, we conclude with the following suggestion to researchers:

• Use both parametric and nonparametric techniques to analyze data. When the results are consistent, interpretation will thereby be strengthened. When the results are not consistent, discuss possible reasons.

APPRAISABLE TO RESEARCH

• A good deal of educational research is done in one of two ways: either two or more groups are compared, or variables within one group are related.
• The data in a study may be either quantitative or categorical.

COMPARING GROUPS USING QUANTITATIVE DATA

• When comparing two or more groups using quantitative data, researchers can compare them through frequency polygons, calculation of averages, and calculation of spreads.
• We recommend, therefore, constructing frequency polygons, using data on the means of known groups, calculating effect sizes, and reporting confidence intervals when comparing quantitative data from two or more groups.

RELATING VARIABLES WITHIN A GROUP USING QUANTITATIVE DATA

• When researchers examine a relationship between quantitative variables within a single group, the appropriate techniques are the scatterplot and the correlation coefficient.
• Because a scatterplot illustrates all the data visually, researchers should begin their analysis of data obtained from a single group by constructing a scatterplot.
• Therefore, we recommend constructing scatterplots and using both scatterplots and correlation coefficients when relating variables involving quantitative data within a single group.

COMPARING GROUPS USING CATEGORICAL DATA
• When the data are categorical, groups can be compared by reporting either percentages or frequencies in crossbreak tables.
• It is a good idea to report both the percentage and the number of cases in a crossbreak table, as percentages alone can be misleading.
• Therefore, we recommend constructing crossbreak tables and calculating contingency coefficients when comparing categorical data involving two or more groups.

RELATING VARIABLES WITHIN A GROUP USING CATEGORICAL DATA
• When you are examining relationships among categorical data within one group, we again recommend constructing crossbreak tables and calculating contingency coefficients.

TWO FINAL RECOMMENDATIONS
• When tests of statistical significance can be applied, it is recommended that they be used to evaluate generalizability only, not to evaluate the magnitude of relationships. Confidence intervals should be reported in addition to significance levels.
• Both parametric and nonparametric techniques should be used to analyze data rather than either one alone.

Key Terms

- correlation coefficient 251
- curvilinear relationship 251
- effect size (ES) 248
- inferential statistics 248
- linear relationship 251
- scatterplot 251
- straight-line relationship 251

For Discussion

1. Give some examples of how the results of a study might be significant statistically yet unimportant educationally. Could the reverse be true?
2. Are there times when a slight difference in means (e.g., an effect size of less than .50) might be important? Explain your answer.
3. When comparing groups, the use of frequency polygons helps us decide which measure of central tendency is the most appropriate to calculate. How so?
4. Why is it important to consider outliers in scatterplots?
5. “When analyzing data obtained from two groups, the first thing researchers should do is construct a frequency polygon of each group’s scores.” Why is this important—or is it?
6. Why is it important to use both graphs and summary indices (e.g., the means) to interpret the results of a study—or is it?
7. A picture, supposedly, is worth a thousand words. Would this statement also apply to analyzing the results of a study? Can numbers alone ever give a complete picture of a study’s results? Why or why not?
Research Exercise 12: Statistics in Perspective

Using Problem Sheet 12, describe any change you would make in techniques to be used from those you described in Problem Sheets 10 and 11. Then tell how you would evaluate the magnitude of any relationship you might find.

Problem Sheet 12

Statistics in Perspective

1. My research question is:
   ___________________________________________________________
   ___________________________________________________________
   ___________________________________________________________
   ___________________________________________________________

2. Are there changes in the statistics you indicated on Problem Sheets 10 or 11? If so, explain:
   ___________________________________________________________
   ___________________________________________________________
   ___________________________________________________________
   ___________________________________________________________
   ___________________________________________________________
   ___________________________________________________________

3. I would evaluate the magnitude of any relationship(s) I find by:
   ___________________________________________________________
   ___________________________________________________________
   ___________________________________________________________
   ___________________________________________________________
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In Part 4, we begin a more detailed discussion of some of the methodologies that educational researchers use. We concentrate here on quantitative research, with a separate chapter devoted to group-comparison experimental research, single-subject experimental research, correlational research, causal-comparative research, and survey research. In each chapter, we not only discuss the method in some detail, but we also provide examples of published studies in which the researchers used one of these methods. We conclude each chapter with an analysis of a particular study’s strengths and weaknesses.
OBJECTIVES  Studying this chapter should enable you to:

• Describe briefly the purpose of experimental research.
• Describe the basic steps involved in conducting an experiment.
• Describe two ways in which experimental research differs from other forms of educational research.
• Explain the difference between random assignment and random selection and the importance of each.
• Explain what is meant by the phrase “manipulation of variables” and describe three ways in which such manipulation can occur.
• Distinguish between examples of weak and strong experimental designs and draw diagrams of such designs.
• Identify various threats to internal validity associated with different experimental designs.
• Explain three ways in which various threats to internal validity in experimental research can be controlled.
• Explain how matching can be used to equate groups in experimental studies.
• Describe briefly the purpose of factorial and counterbalanced designs and draw diagrams of such designs.
• Describe briefly the purpose of a time-series design and draw a diagram of this design.
• Describe briefly how to assess probable threats to internal validity in an experimental study.
• Recognize an experimental study when you see one in the literature.
Do not hallucinate.
After the treatment has been administered for an appropriate length of time, researchers observe or measure the groups receiving different treatments (by means of a posttest of some sort) to see if they differ. Another way of saying this is that researchers want to see whether the treatment made a difference. If the average scores of the groups on the posttest do differ and researchers cannot find any sensible alternative explanations for this difference, they can conclude that the treatment did have an effect and is likely the cause of the difference.

Experimental research, therefore, enables researchers to go beyond description and prediction, beyond the identification of relationships, to at least a partial determination of what causes them. Correlational studies may demonstrate a strong relationship between socioeconomic level and academic achievement, for instance, but they cannot demonstrate that improving socioeconomic level will necessarily improve achievement. Only experimental research has this capability. Some actual examples of the kinds of experimental studies that have been conducted by educational researchers are as follows:

- The effect of small classes on instruction.¹
- The effect of early reading instruction on growth rates of at-risk kindergarteners.²
- The use of intensive mentoring to help beginning teachers develop balanced instruction.³
- The effect of lotteries on Web survey response rates.⁴
- Introduction of a course on bullying into preservice teacher-training curriculum.⁵
- Using social stories to enhance the interpersonal conflict resolution skills of children with learning disabilities.⁶
- Improving the self-concept of students through the use of hypnosis.⁷

**Essential Characteristics of Experimental Research**

The word experiment has a long and illustrious history in the annals of research. It has often been hailed as the most powerful method that exists for studying cause and effect. Its origins go back to the very beginnings of history when, for example, primeval humans first experimented with ways to produce fire. One can imagine countless trial-and-error attempts on their part before achieving success by sparking rocks or by spinning wooden spindles in dry leaves. Much of the success of modern science is due to carefully designed and meticulously implemented experiments.

The basic idea underlying all experimental research is really quite simple: Try something and systematically observe what happens. Formal experiments consist of two basic conditions. First, at least two (but often more) conditions or methods are compared to assess the effect(s) of particular conditions or “treatments” (the independent variable). Second, the independent variable is directly manipulated by the researcher. Change is planned for and deliberately manipulated in order to study its effect(s) on one or more outcomes (the dependent variable). Let us discuss some important characteristics of experimental research in a bit more detail.

**COMPARISON OF GROUPS**

An experiment usually involves two groups of subjects, an experimental group and a control or a comparison group, although it is possible to conduct an experiment with only one group (by providing all treatments to the same subjects) or with three or more groups. The experimental group receives a treatment of some sort (such as a new textbook or a different method of teaching), while the control group receives no treatment (or the comparison group receives a different treatment). The control or the comparison group is crucially important in all experimental research, for it enables the researcher to determine whether the treatment has had an effect or whether one treatment is more effective than another.

Historically, a pure control group is one that receives no treatment at all. While this is often the case in medical or psychological research, it is rarely true in educational research. The control group almost always receives a different treatment of some sort. Some educational researchers, therefore, refer to comparison groups rather than to control groups.

Consider an example. Suppose a researcher wished to study the effectiveness of a new method of teaching science. He or she would have the students in the experimental group taught by the new method, but the students in the comparison group would continue to be taught by their teacher’s usual method. The researcher would not administer the new method to the experimental group and have a control group do nothing. Any method of instruction would likely be more effective than no method at all!
MANIPULATION OF THE INDEPENDENT VARIABLE

The second essential characteristic of all experiments is that the researcher actively manipulates the independent variables. What does this mean? Simply put, it means that the researcher deliberately and directly determines what forms the independent variable will take and then which group will get which form. For example, if the independent variable in a study is the amount of enthusiasm an instructor displays, a researcher might train two teachers to display different amounts of enthusiasm as they teach their classes.

Although many independent variables in education can be manipulated, many others cannot. Examples of independent variables that can be manipulated include teaching method, type of counseling, learning activities, assignments given, and materials used; examples of independent variables that cannot be manipulated include gender, ethnicity, age, and religious preference. Researchers can manipulate the kinds of learning activities to which students are exposed in a classroom, but they cannot manipulate, say, religious preference—that is, students cannot be "made into" Protestants, Catholics, Jews, or Muslims, for example, to serve the purposes of a study. To manipulate a variable, researchers must decide who is to get something and when, where, and how they will get it.

The independent variable in an experimental study may be established in several ways—either (1) one form of the variable versus another; (2) presence versus absence of a particular form; or (3) varying degrees of the same form. An example of (1) would be a study comparing the inquiry method with the lecture method of instruction in teaching chemistry. An example of (2) would be a study comparing the use of PowerPoint slides versus no PowerPoint slides in teaching statistics. An example of (3) would be a study comparing the effects of different specified amounts of teacher enthusiasm on student attitudes toward mathematics. In both (1) and (2), the variable (method) is clearly categorical. In (3), a variable that in actuality is quantitative (degree of enthusiasm) is treated as categorical (the effects of only specified amounts of enthusiasm will be studied) in order for the researcher to manipulate (that is, to control for) the amount of enthusiasm.

RANDOMIZATION

An important aspect of many experiments is the random assignment of subjects to groups. Although there are certain kinds of experiments in which random assignment is not possible, researchers try to use randomization whenever feasible. It is a crucial ingredient in the best kinds of experiments. Random assignment is similar, but not identical, to the concept of random selection we discussed in Chapter 6. Random assignment means that every individual who is participating in an experiment has an equal chance of being assigned to any of the experimental or control conditions being compared. Random selection, on the other hand, means that every member of a population has an equal chance of being selected to be a member of the sample. Under random assignment, each member of the sample is given a number (arbitrarily), and a table of random numbers (see Chapter 6) is then used to select the members of the experimental and control groups.

Three things should be noted about the random assignment of subjects to groups. First, it takes place before the experiment begins. Second, it is a process of assigning or distributing individuals to groups, not a result of such distribution. This means that you cannot look at two groups that have already been formed and be able to tell, just by looking, whether or not they were formed randomly. Third, the use of random assignment allows the researcher to form groups that, right at the beginning of the study, are equivalent—that is, they differ only by chance in any variables of interest. In other words, random assignment is intended to eliminate the threat of extraneous, or additional, variables—not only those of which researchers are aware but also those of which they are not aware—that might affect the outcome of the study. This is the beauty and the power of random assignment. It is one of the reasons why experiments are, in general, more effective than other types of research for assessing cause-and-effect relationships.

This last statement is tempered, of course, by the realization that groups formed through random assignment may still differ somewhat. Random assignment ensures only that groups are equivalent (or at least as equivalent as human beings can make them) at the beginning of an experiment.

Furthermore, random assignment is no guarantee of equivalent groups unless both groups are sufficiently large. No one would expect random assignment to result in equivalence if only five subjects were assigned to each group, for example. There are no rules for determining how large groups must be, but most researchers are uncomfortable relying on random assignment with fewer than 40 subjects in each group.
Control of Extraneous Variables

Researchers in an experimental study have an opportunity to exercise far more control than in most other forms of research. They determine the treatment (or treatments), select the sample, assign individuals to groups, decide which group will get the treatment, try to control other factors besides the treatment that might influence the outcome of the study, and then (finally) observe or measure the effect of the treatment on the groups when the treatment is completed.

In Chapter 9, we introduced the idea of internal validity and discussed several kinds of threats to internal validity. It is very important for researchers conducting an experimental study to do their best to control for— that is, to eliminate or to minimize the possible effect of—these threats. If researchers are unsure whether another variable might be the cause of a result observed in a study, they cannot be sure what the cause really is. For example, if a researcher attempted to compare the effects of two different methods of instruction on student attitudes toward history but did not make sure that the groups involved were equivalent in ability, then ability might be a possible alternative explanation (rather than the difference in methods) for any differences in attitudes of the groups found on a posttest.

In particular, researchers who conduct experimental studies try their best to control any and all subject characteristics that might affect the outcome of the study. They do this by ensuring that the two groups are as equivalent as possible on all variables other than the one or ones being studied (that is, the independent variables).

How do researchers minimize or eliminate threats due to subject characteristics? Many ways exist. Here are some of the most common.

Randomization: As we mentioned before, if subjects can be randomly assigned to the various groups involved in an experimental study, researchers can assume that the groups are equivalent. This is the best way to ensure that the effects of one or more possible extraneous variables have been controlled.

Holding certain variables constant: The idea here is to eliminate the possible effects of a variable by removing it from the study. For example, if a researcher suspects that gender might influence the outcomes of a study, she could control for it by restricting the subjects of the study to females and by excluding all males. The variable of gender, in other words, is held constant. However, there is a cost involved (as there almost always is) for this control, as the generalizability of the results of the study are correspondingly reduced.

Building the variable into the design: This solution involves building the variable(s) into the study to assess their effects. It is the exact opposite of the previous idea. Using the preceding example, the researcher would include both females and males (as distinct groups) in the design of the study and then analyze the effects of both gender and method on outcomes.

Matching: Often pairs of subjects can be matched on certain variables of interest. If a researcher felt that age, for example, might affect the outcome of a study, he might endeavor to match students according to their ages and then assign one member of each pair (randomly if possible) to each of the comparison groups.

Using subjects as their own controls: When subjects are used as their own controls, their performance under both (or all) treatments is compared. Thus, the same students might be taught algebra units first by an inquiry method and later by a lecture method. Another example is the assessment of an individual’s behavior during a period of time before and after a treatment is implemented to see whether changes in behavior occur.

Using analysis of covariance: As mentioned in Chapter 11, analysis of covariance can be used to equate groups statistically on the basis of a pretest or other variables. The posttest scores of the subjects in each group are then adjusted accordingly.

We will shortly show you a number of research designs that illustrate how several of the above controls can be implemented in an experimental study.

Group Designs in Experimental Research

The design of an experiment can take a variety of forms. Some of the designs we present in this section are better than others, however. Why “better”? Because of the various threats to internal validity identified in Chapter 9: Good designs control many of these threats, while poor designs control only a few. The quality of an experiment depends on how well the various threats to internal validity are controlled.
CHAPTER 13 Experimental Research

POOR EXPERIMENTAL DESIGNS

Designs that are “weak” do not have built-in controls for threats to internal validity. In addition to the independent variable, there are a number of other plausible explanations for any outcomes that occur. As a result, any researcher who uses one of these designs has difficulty assessing the effectiveness of the independent variable.

The One-Shot Case Study. In the one-shot case study design, a single group is exposed to a treatment or event and a dependent variable is subsequently observed (measured) in order to assess the effect of the treatment. A diagram of this design is as follows:

The One-Shot Case Study Design

\[
\begin{array}{c|c}
X & O \\
\hline
\text{Treatment} & \text{Observation} \\
\hline
(\text{Dependent variable}) & (\text{Dependent variable}) \\
\end{array}
\]

The symbol \(X\) represents exposure of the group to the treatment of interest, while \(O\) refers to observation (measurement) of the dependent variable. The placement of the symbols from left to right indicates the order in time of \(X\) and \(O\). As you can see, the treatment, \(X\), comes before observation of the dependent variable, \(O\).

Consider an example of this design. A principal wants to assess the effects of weekly counseling sessions on the attitudes of certain “hard-to-reach” students in her school. She asks the counselors in the program to meet once a week with these students for a period of 10 weeks, during which sessions the students are encouraged to express their feelings and concerns. She uses a 20-item scale to measure student attitudes toward school both immediately before and after the 10-week period. Figure 13.2 presents a diagram of the design of the study.

This design is better than the one-shot case study (the researcher at least knows whether any change occurred), but it is still weak. Nine uncontrolled-for threats to

Thus, he does not know whether the treatment had any effect at all. It is quite possible that the students who use the new textbook will indicate very favorable attitudes toward history. But the question remains, were these attitudes produced by the new textbook? Unfortunately, the one-shot case study does not help us answer this question. To remedy this design, a comparison could be made with another group of students who had the same course content presented in the regular textbook. (We shall show you just such a design shortly.) Fortunately, the flaws in the one-shot design are so well known that it is seldom used in educational research.

The One-Group Pretest-Posttest Design.

In the one-group pretest-posttest design, a single group is measured or observed not only after being exposed to a treatment of some sort, but also before. A diagram of this design is as follows:

The One-Group Pretest-Posttest Design

\[
\begin{array}{c|c|c}
O & X & O \\
\hline
\text{Pretest} & \text{Treatment} & \text{Posttest} \\
\hline
\end{array}
\]

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internal validity exist that might also explain the results on the posttest. They are history, maturation, instrument decay, data collector characteristics, data collector bias, testing, statistical regression, attitude of subjects, and implementation. Any or all of these may influence the outcome of the study. The researcher would not know if any differences between the pretest and the posttest are due to the treatment or to one or more of these threats. To remedy this, a comparison group, which does not receive the treatment, could be added. Then if a change in attitude occurs between the pretest and the posttest, the researcher has reason to believe that it was caused by the treatment (symbolized by $X$).

**The Static-Group Comparison Design.** In the static-group comparison design, two already existing, or intact, groups are used. These are sometimes referred to as static groups, hence the name for the design. This design is sometimes called a nonequivalent control group design. A diagram of this design is as follows:

![Diagram of the Static-Group Comparison Design](image)

The dashed line indicates that the two groups being compared are already formed—that is, the subjects are not randomly assigned to the two groups. $X$ symbolizes the experimental treatment. The blank space in the design indicates that the “control” group does not receive the experimental treatment; it may receive a different treatment or no treatment at all. The two $O$s are placed exactly vertical to each other, indicating that the observation or measurement of the two groups occurs at the same time.

Consider again the example used to illustrate the one-shot case study design. We could apply the static-group comparison design to this example. The researcher would (1) find two intact groups (two classes), (2) assign the new textbook ($X$) to one of the classes but have the other class use the regular textbook, and then (3) measure the degree of interest of all students in both classes at the same time (for example, at the end of the semester). Figure 13.3 presents a diagram of this example.

Although this design provides better control over history, maturation, testing, and regression threats,* it is more vulnerable not only to mortality and location,† but also, more importantly, to the possibility of differential subject characteristics.

**The Static-Group Pretest-Posttest Design.** The static-group pretest-posttest design differs from the static-group comparison design only in that a pretest is given to both groups. A diagram for this design is as follows:

![Diagram of the Static-Group Pretest-Posttest Design](image)

In analyzing the data, each individual’s pretest score is subtracted from his or her posttest score, thus permitting analysis of “gain” or “change.” While this provides better control of the subject characteristics threat (since it is the change in each student that is analyzed), the amount of gain often depends on initial performance; that is, the group scoring higher on the pretest is likely to improve more (or in some cases less), and thus subject characteristics still remains somewhat of a threat. Further, administering a pretest raises the possibility of a testing threat. In the event that the pretest is used to match groups, this design becomes the matching-only pretest-posttest control group design (see page 275), a much more effective design.

**TRUE EXPERIMENTAL DESIGNS**

The essential ingredient of a true experimental design is that subjects are randomly assigned to treatment groups. As discussed earlier, random assignment is a powerful technique for controlling the subject characteristics threat to internal validity, a major consideration in educational research.

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*History and maturation remain possible threats because the researcher cannot be sure that the two groups have been exposed to the same extraneous events or have the same maturational processes.

†This is because the groups may differ in the number of subjects lost and/or in the kinds of resources provided.
The Randomized Posttest-Only Control Group Design. The randomized posttest-only control group design involves two groups, both of which are formed by random assignment. One group receives the experimental treatment while the other does not, and then both groups are posttested on the dependent variable. A diagram of this design is as follows:

The Randomized Posttest-Only Control Group Design

<table>
<thead>
<tr>
<th>Treatment group</th>
<th>R</th>
<th>X</th>
<th>O</th>
</tr>
</thead>
<tbody>
<tr>
<td>Control group</td>
<td>R</td>
<td>C</td>
<td>O</td>
</tr>
</tbody>
</table>

As before, the symbol X represents exposure to the treatment and O refers to the measurement of the dependent variable. R represents the random assignment of individuals to groups. C now represents the control group.

In this design, the control of certain threats is excellent. Through the use of random assignment, the threats of subject characteristics, maturation, and statistical regression are well controlled for. Because none of the subjects in the study are measured twice, testing is not a possible threat. This is perhaps the best of all designs to use in an experimental study, provided there are at least 40 subjects in each group.

There are, unfortunately, some threats to internal validity that are not controlled for by this design. The first is mortality. Because the two groups are similar, we might expect an equal dropout rate from each group. However, exposure to the treatment may cause more individuals in the experimental group to drop out (or stay in) than in the control group. This may result in the two groups becoming dissimilar in terms of their characteristics, which in turn may affect the results on the posttest. For this reason, researchers should always report how many subjects drop out of each group during an experiment. An attitudinal threat is possible. In addition, implementation, data collector bias, location, and history threats may exist. These threats can sometimes be controlled by appropriate modifications to this design.

As an example of this design, consider a hypothetical study in which a researcher investigates the effects of a series of sensitivity training workshops on faculty morale in a large high school district. The researcher randomly selects a sample of 100 teachers from all the teachers in the district. The researcher then (1) randomly assigns the teachers in the district to two groups; (2) exposes one group, but not the other, to the training; and then (3) measures the morale of each group using a questionnaire. Figure 13.4 presents a diagram of this hypothetical experiment.

Again we stress that it is important to keep clear the distinction between random selection and random assignment. Both involve the process of randomization, but for a different purpose. Random selection, you will recall, is intended to provide a representative sample. But it may or may not be accompanied by the random assignment of subjects to groups. Random assignment is intended to equate groups, and often is not accompanied by random selection.

The Randomized Pretest-Posttest Control Group Design. The randomized pretest-posttest control group design differs from the randomized posttest-only control group design solely in the use of a pretest. Two groups of subjects are used, with both groups being measured or observed twice. The first measurement serves as the pretest, the second as the posttest.
Random assignment is used to form the groups. The measurements or observations are collected at the same time for both groups. A diagram of this design follows.

The Randomized Pretest-Posttest Control Group Design

<table>
<thead>
<tr>
<th>Treatment group</th>
<th>R</th>
<th>O</th>
<th>X</th>
<th>O</th>
</tr>
</thead>
<tbody>
<tr>
<td>Control group</td>
<td>R</td>
<td>O</td>
<td>C</td>
<td>O</td>
</tr>
</tbody>
</table>

The use of the pretest raises the possibility of a pretest treatment interaction threat, since it may “alert” the members of the experimental group, thereby causing them to do better (or more poorly) on the posttest than the members of the control group. A trade-off is that it provides the researcher with a means of checking whether the two groups are really similar—that is, whether random assignment actually succeeded in making the groups equivalent. This is particularly desirable if the number in each group is small (less than 30). If the pretest shows that the groups are not equivalent, the researcher can seek to make them so by using one of the matching designs we will discuss shortly. A pretest is also necessary if the amount of change over time is to be assessed.

Let us illustrate this design by using our previous example involving the use of sensitivity workshops. Figure 13.5 presents a diagram of how this design would be used.

The Randomized Solomon Four-Group Design. The randomized Solomon four-group design is an attempt to eliminate the possible effect of a pretest. It involves random assignment of subjects to four groups, with two of the groups being pretested and two not. One of the pretested groups and one of the unpretested groups is exposed to the experimental treatment. All four groups are then posttested. A diagram of this design is as follows:

The Randomized Solomon Four-Group Design

<table>
<thead>
<tr>
<th>Treatment group</th>
<th>R</th>
<th>O</th>
<th>X</th>
<th>O</th>
</tr>
</thead>
<tbody>
<tr>
<td>Control group</td>
<td>R</td>
<td>O</td>
<td>C</td>
<td>O</td>
</tr>
<tr>
<td>Treatment group</td>
<td>R</td>
<td>X</td>
<td>O</td>
<td></td>
</tr>
<tr>
<td>Control group</td>
<td>R</td>
<td>C</td>
<td>O</td>
<td></td>
</tr>
</tbody>
</table>

The randomized Solomon four-group design combines the pretest-posttest control group and posttest-only control group designs. The first two groups represent the pretest-posttest control group design, while the last two groups represent the posttest-only control group design. Figure 13.6 presents an example of the randomized Solomon four-group design.

The randomized Solomon four-group design provides the best control of the threats to internal validity that we have discussed. A weakness, however, is that it requires a large sample because subjects must be assigned to four groups. Furthermore, conducting a study involving four groups at the same time requires a considerable amount of energy and effort on the part of the researcher.

Random Assignment with Matching. In an attempt to increase the likelihood that the groups of subjects in an experiment will be equivalent, pairs of individuals may be matched on certain variables.
The choice of variables on which to match is based on previous research, theory, and/or the experience of the researcher. The members of each matched pair are then assigned to the experimental and control groups at random. This adaptation can be made to both the posttest-only control group design and the pretest-posttest control group design, although the latter is more common. Diagrams of these designs are provided below.

### The Randomized Posttest-Only Control Group Design, Using Matched Subjects

<table>
<thead>
<tr>
<th>Treatment group</th>
<th>$M_r$</th>
<th>$X$</th>
<th>$O$</th>
</tr>
</thead>
<tbody>
<tr>
<td>Control group</td>
<td>$M_r$</td>
<td>$C$</td>
<td>$O$</td>
</tr>
</tbody>
</table>

The symbol $M_r$ refers to the fact that the members of each matched pair are randomly assigned to the experimental and control groups.

Although a pretest of the dependent variable is commonly used to provide scores on which to match, a measurement of any variable that shows a substantial relationship to the dependent variable is appropriate. Matching may be done in either or both of two ways: mechanically or statistically. Both require a score for each subject on each variable on which subjects are to be matched.
Mechanical matching is a process of pairing two persons whose scores on a particular variable are similar. Two girls, for example, whose mathematics aptitude scores and test anxiety scores are similar might be matched on those variables. After the matching is completed for the entire sample, a check should be made (through the use of frequency polygons) to ensure that the two groups are indeed equivalent on each matching variable. Unfortunately, two problems limit the usefulness of mechanical matching. First, it is very difficult to match on more than two or three variables—people just don’t pair up on more than a few characteristics, making it necessary to have a very large initial sample to draw from. Second, in order to match, it is almost inevitable that some subjects must be eliminated from the study because no “matches” for them can be found. Samples then are no longer random even though they may have been before matching occurred.

As an example of a mechanical matching design with random assignment, suppose a researcher is interested in the effects of academic coaching on the grade point averages (GPA) of low-achieving students in science classes. The researcher randomly selects a sample of 60 students from a population of 125 such students in a local elementary school and matches them by pairs on GPA, finding that she can match 40 of the 60. She then randomly assigns each subject in the resulting 20 pairs to either the experimental or the control group. Figure 13.7 presents a similar example.

**Statistical matching,** on the other hand, does not necessitate a loss of subjects, nor does it limit the number of matching variables. Each subject is given a “predicted” score on the dependent variable, based on the correlation between the dependent variable and the variable (or variables) on which the subjects are being matched. The difference between the predicted and actual scores for each individual is then used to compare experimental and control groups.

*Statistical equating* is a more common term than its synonym, statistical matching. We believe the meaning for the beginning student is better conveyed by the term matching.
When a pretest is used as the matching variable, the difference between the predicted and actual score is called a **regressed gain score**. This score is preferable to the more straightforward **gain scores** (posttest minus pretest score for each individual) primarily because it is more reliable. We discuss a similar procedure under partial correlation in Chapter 15.

If mechanical matching is used, one member of each matched pair is randomly assigned to the experimental group, the other to the control group. If statistical matching is used, the sample is divided randomly at the outset, and the statistical adjustments are made after all data have been collected. Although some researchers advocate the use of statistical over mechanical matching, statistical matching is not infallible. Its major weakness is that it assumes that the relationship between the dependent variable and each predictor variable can be properly described by a straight line rather than a curved line. Whichever procedure is used, the researcher must (in this design) rely on random assignment to equate groups on all other variables related to the dependent variable.

**QUASI-EXPERIMENTAL DESIGNS**

Quasi-experimental designs do not include the use of random assignment. Researchers who employ these designs rely instead on other techniques to control (or at least reduce) threats to internal validity. We shall describe some of these techniques as we discuss several quasi-experimental designs.

**The Matching-Only Design.** The matching-only design differs from random assignment with matching only in the fact that random assignment is not used. The researcher still matches the subjects in the experimental and control groups on certain variables, but he or she has no assurance that they are equivalent on others. Why? Because even though matched, subjects already are in intact groups. This is a serious limitation but often is unavoidable when random assignment is impossible—that is, when intact groups must be used. When several (say, 10 or more) groups are available for a method study and the groups can be randomly assigned to different treatments, this design offers an alternative to random assignment of subjects. After the groups have been randomly assigned to the different treatments, the individuals receiving one treatment are matched with individuals receiving the other treatments. The design shown in Figure 13.7 is still preferred, however.

It should be emphasized that matching (whether mechanical or statistical) is never a substitute for random assignment. Furthermore, the correlation between the matching variable(s) and the dependent variable should be fairly substantial. (We suggest at least .40.) Realize also that unless it is used in conjunction with random assignment, matching controls only for the variable(s) being matched. Diagrams of each of the matching-only control group designs follow.

**The Matching-Only Posttest-Only Control Group Design**

<table>
<thead>
<tr>
<th>Treatment group</th>
<th>M</th>
<th>X</th>
<th>O</th>
</tr>
</thead>
<tbody>
<tr>
<td>Control group</td>
<td>M</td>
<td>C</td>
<td>O</td>
</tr>
</tbody>
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**The Matching-Only Pretest-Posttest Control Group Design**

<table>
<thead>
<tr>
<th>Treatment group</th>
<th>M</th>
<th>O</th>
<th>X</th>
<th>O</th>
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</thead>
<tbody>
<tr>
<td>Control group</td>
<td>M</td>
<td>O</td>
<td>C</td>
<td>O</td>
</tr>
</tbody>
</table>

The M in this design means that the subjects in each group have been matched (on certain variables) but not randomly assigned to the groups.

**Counterbalanced Designs.** Counterbalanced designs represent another technique for equating experimental and comparison groups. In this design, each group is exposed to all treatments, however many there are, but in a different order. Any number of treatments may be involved. An example of a diagram for a counterbalanced design involving three treatments is as follows:

**A Three-Treatment Counterbalanced Design**

<table>
<thead>
<tr>
<th>Group I</th>
<th>X_1</th>
<th>O</th>
<th>X_2</th>
<th>O</th>
<th>X_3</th>
<th>O</th>
</tr>
</thead>
<tbody>
<tr>
<td>Group II</td>
<td>X_2</td>
<td>O</td>
<td>X_3</td>
<td>O</td>
<td>X_1</td>
<td>O</td>
</tr>
<tr>
<td>Group III</td>
<td>X_3</td>
<td>O</td>
<td>X_1</td>
<td>O</td>
<td>X_2</td>
<td>O</td>
</tr>
</tbody>
</table>

This arrangement involves three groups. Group I receives treatment 1 and is posttested, then receives treatment 2 and is posttested, and last receives treatment 3 and is posttested. Group II receives treatment 2 first, then treatment 3, and then treatment 1, being posttested after each treatment. Group III receives treatment 3 first, then treatment 1, followed by treatment 2, also being posttested after each treatment. The order in which the groups receive the treatments should be determined randomly.

How do researchers determine the effectiveness of the various treatments? Simply by comparing the average scores for all groups on the posttest for each
treatment. In other words, the averaged posttest score for all groups for treatment 1 can be compared with the averaged posttest score for all groups for treatment 2, and so on, for however many treatments there are.

This design controls well for the subject characteristics threat to internal validity but is particularly vulnerable to multiple-treatment interference—that is, performance during a particular treatment may be affected by one or more of the previous treatments. Consequently, the results of any study in which the researcher has used a counterbalanced design must be examined carefully. Consider the two sets of hypothetical data shown in Figure 13.8.

The interpretation in study 1 is clear: Method X is superior for both groups regardless of sequence and to the same degree. The interpretation in study 2, however, is much more complex. Overall, method X appears superior, and by the same amount as in study 1. In both studies, the overall mean for X is 12, while for Y it is 8. In study 2, however, it appears that the difference between X and Y depends on previous exposure to the other method. Group I performed much worse on method Y when it was exposed to it following X, and group II performed much better on X when it was exposed to it after method Y. When either X or Y was given first in the sequence, there was no difference in performance. It is not clear that method X is superior in all conditions in study 2, whereas this is quite clear in study 1.

**Time-Series Designs.** The typical pre- and posttest designs examined up to now involve observations or measurements taken immediately before and after treatment. A time-series design, however, involves repeated measurements or observations over a period of time both before and after treatment. It is really an elaboration of the one-group pretest-posttest design presented in Figure 13.2. An extensive amount of data is collected on a single group. If the group scores essentially the same on the pretests and then considerably improves on the posttests, the researcher has more confidence that the treatment is causing the improvement than if just one pretest and one posttest were given. An example might be a teacher who gives a weekly test to her class for several weeks before giving them a new textbook to use, and then monitors how they score on a number of weekly tests after they have used the text. A diagram of the basic time-series design is as follows:

**A Basic Time-Series Design**

\[ O_1, O_2, O_3, O_4, O_5, X, O_6, O_7, O_8, O_9, O_{10} \]

The threats to internal validity that endanger use of this design include history (something could happen between the last pretest and the first posttest), instrumentation (if, for some reason, the test being used is changed at any time during the study), and testing (due to a practice effect). The possibility of a pretest-treatment interaction is also increased with the use of several pretests.

The effectiveness of the treatment in a time-series design is basically determined by analyzing the pattern of test scores that results from the several tests. Figure 13.9 illustrates several possible outcome patterns that might result from the introduction of an experimental variable (X). The vertical line indicates the point at which the experimental treatment is introduced. In this figure, the change between time periods 5 and 6 gives the same kind of data that would be obtained using a one-group pretest-posttest design. The collection of additional data before and after the introduction of the treatment, however, shows how misleading a one-group pretest-posttest design can be. In (A), the improvement is shown to be no more than that which occurs from one data collection period to another—regardless of method. You will notice that performance does improve from time to time.
time, but no trend or overall increase is apparent. In (B), the gain from periods 5 to 6 appears to be part of a trend already apparent before the treatment was begun (quite possibly an example of maturation). In (D) the higher score in period 6 is only temporary, as performance soon approaches what it was before the treatment was introduced (suggesting an extraneous event of transient impact). Only in (C) do we have evidence of a consistent effect of the treatment.

The time-series design is a strong design, although it is vulnerable to history (an extraneous event could occur after period 5) and instrumentation (owing to the several test administrations at different points in time). The extensive amount of data collection required, in fact, is a likely reason why this design is infrequently used in educational research. In many studies, especially in schools, it simply is not feasible to give the same instrument eight to ten times. Even when it is possible, serious questions are raised concerning the validity of instrument interpretation with so many administrations. An exception is the use of unobtrusive devices that can be applied over many occasions, since interpretations based on them should remain valid.

**FACTORIAL DESIGNS**

Factorial designs extend the number of relationships that may be examined in an experimental study. They are essentially modifications of either the posttest-only control group or pretest-posttest control group designs (with or without random assignment), which permit the investigation of additional independent variables. Another value of a factorial design is that it allows a researcher to study the interaction of an independent variable with one or more other variables, sometimes called moderator variables. Moderator variables may be either treatment variables or subject characteristic variables. A diagram of a factorial design is as follows:

![Factorial Design](image)

This design is a modification of the pretest-posttest control group design. It involves one treatment and one control group, and a moderator variable having two levels (\(Y_1\) and \(Y_2\)). In this example, two groups would receive the treatment (\(X\)) and two would not (\(C\)). The groups receiving the treatment would differ on \(Y\), however, as would the two groups not receiving the treatment. Because each variable, or factor, has two levels, the above design is called a 2 by 2 factorial design. This design can also be illustrated as follows:

**Alternative Illustration of the Above Example**

\[ \begin{array}{ccc}
X & Y_1 & Y_2 \\
C & & \\
\end{array} \]

A variation of this design uses two or more different treatment groups and no control groups. Consider the example we have used before of a researcher comparing the effectiveness of inquiry and lecture methods of instruction on achievement in history. The independent variable in this case (method of instruction) has two levels—inquiry (\(X_1\)) and lecture (\(X_2\)). Now imagine the researcher wants to see whether achievement is also influenced by class size. In that case, \(Y_1\) might represent small classes and \(Y_2\) might represent large classes.

As we suggest above, it is possible using a factorial design to assess not only the separate effect of each independent variable but also their joint effect. In other words, the researcher is able to see how one of the variables might moderate the other (hence the reason for calling these variables moderator variables).
Let us continue with the example of the researcher who wished to investigate the effects of method of instruction and class size on achievement in history. Figure 13.10 illustrates how various combinations of these variables could be studied in a factorial design.

Factorial designs, therefore, are an efficient way to study several relationships with one set of data. Let us emphasize again, however, that their greatest virtue lies in the fact that they enable a researcher to study interactions between variables.

Figure 13.10 Using a Factorial Design to Study Effects of Method and Class Size on Achievement

<table>
<thead>
<tr>
<th>Method</th>
<th>Inquiry ($X_1$)</th>
<th>Lecture ($X_2$)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Class size</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Small ($Y_1$)</td>
<td>46</td>
<td>38</td>
</tr>
<tr>
<td>Large ($Y_2$)</td>
<td>40</td>
<td>32</td>
</tr>
<tr>
<td>Mean =</td>
<td>43</td>
<td>35</td>
</tr>
</tbody>
</table>

Figure 13.11, for example, illustrates two possible outcomes for the 2 by 2 factorial design shown in Figure 13.10. The scores for each group on the posttest (a 50-item quiz on American history) are shown in the boxes (usually called cells) corresponding to each combination of method and class size.

In study (a) in Figure 13.11, the inquiry method was shown to be superior in both small and large classes, and small classes were superior to large classes for both methods. Hence no interaction effect is present. In study (b), students did better in small than in large classes with both methods; however, students in small classes did better when they were taught by the inquiry method, but students in large classes did better when they were taught by the lecture method. Thus, even though students did better in small than in large classes in general, how well they did depended on the teaching method. As a result, the researcher cannot say that either method was always better; it depended on the size of the class in which students were taught. There was an interaction,

<table>
<thead>
<tr>
<th>Method</th>
<th>Inquiry ($X_1$)</th>
<th>Lecture ($X_2$)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Class size</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Small ($Y_1$)</td>
<td>48</td>
<td>42</td>
</tr>
<tr>
<td>Large ($Y_2$)</td>
<td>32</td>
<td>38</td>
</tr>
<tr>
<td>Mean =</td>
<td>40</td>
<td>40</td>
</tr>
</tbody>
</table>

Figure 13.11 Illustration of Interaction and No Interaction in a 2 by 2 Factorial Design
in other words, between class size and method, and this in turn affected achievement.

Suppose a factorial design was not used in study (b). If the researcher simply compared the effect of the two methods, without taking class size into account, he would have concluded that there was no difference in their effect on achievement (notice that the means of both groups = 40). The use of a factorial design enables us to see that the effectiveness of the method, in this case, depended on the size of the class in which it was used. It appears that an interaction existed between method and class size.

A factorial design involving four levels of the independent variable and using a modification of the posttest-only control group design was employed by Tuckman.8 In this study, the independent variable was type of instruction, and the moderator was amount of motivation. It is a 4 by 2 factorial design (Figure 13.12). Many additional variations are also possible, such as 3 by 3, 4 by 3, and 3 by 2 by 3 designs. Factorial designs can be used to investigate more than two variables, although rarely are more than three variables studied in one design.

Control of Threats to Internal Validity: A Summary

Table 13.1 presents our evaluation of the effectiveness of each of the preceding designs in controlling the threats to internal validity that we discussed in Chapter 9. You should remember that these assessments reflect our judgment; not all researchers would necessarily agree. We have assigned two pluses (+ +) to indicate a strong control (the threat is unlikely to occur); a minus (−) to indicate a weak control (the threat is likely to occur); and a question mark (?) to those threats whose likelihood, owing to the nature of the study, we cannot determine.

You will notice that these designs are most effective in controlling the threats of subject characteristics, mortality, history, maturation, and regression. Note that mortality is controlled in several designs because any subject lost is lost to both the experimental and control methods, thus introducing no advantage to either. A location threat is a minor problem in the time-series design because the location where the treatment is administered is usually constant throughout the study; the same is true for data collector characteristics, although such characteristics may be a problem in other designs if different collectors are used for different methods. This is usually easy to control, however. Unfortunately, time-series designs do suffer from a strong likelihood of instrument decay and data collector bias, since data (by means of observations) must be collected over many trials, and the data collector can hardly be kept in the dark as to the intent of the study.

Unconscious bias on the part of data collectors is not controlled by any of these designs, nor is an implementation effect. Either implementers or data collectors can, unintentionally, distort the results of a study. The data collector should be kept ignorant as to who received which treatment, if this is feasible. It should be verified that the treatment is administered and the data collected as the researcher intended.

As you can see in Table 13.1, a testing threat may be present in many of the designs, although its magnitude depends on the nature and frequency of the instrumentation involved. It can occur only when subjects respond to an instrument on more than one occasion.
The attitudinal (or demoralization) effect is best controlled by the counterbalanced design since each subject receives both (or all) special treatments. In the remaining designs, it can be controlled by providing another "special" experience during the alternative treatment. Special mention should be made of the double-blind type of experiment. Such studies are common in medicine but hard to arrange in education. The key element is that neither the subjects nor the researcher know the identity of those receiving each treatment. This is most easily accomplished in medical studies by means of a placebo (sometimes a sugar pill) that is indistinguishable from the actual medicine.

Regression is not likely to be a problem except in the one-group pretest-posttest design, since it should occur equally in experimental and control conditions if it

### TABLE 13.1 Effectiveness of Experimental Designs in Controlling Threats to Internal Validity

| Threat          | Subject Characteristics | Mortality | Location | Instrument Decay | Data Collector Characteristics | Data Collector Bias | Testing | History | Matura-| Attitude | Regression | Implementation |
|-----------------|-------------------------|-----------|----------|------------------|--------------------------------|--------------------|---------|---------| tion | of Subjects |            |               |
| One-shot case study | -          | -         | (NA)     | -                | -                              | (NA)               | -       | -       | -    | -         | -          | -             |
| One group pretest-posttest | -       | ?         | -        | -                | -                              | -                  | -       | -       | -    | -         | -          | -             |
| Static-group comparison | -       | -        | +        | -                | -                              | +                  | ?       | +       | -    | -         | -          | -             |
| Randomized posttest-only control group | ++     | +        | -        | +                | -                              | ++                 | +       | ++      | -    | +         | -          | -             |
| Randomized pretest-posttest control group | ++     | +        | -        | +                | -                              | +                  | ++      | -       | +    | -         | -          | -             |
| Randomized Solomon four-group | ++     | ++       | -        | +                | -                              | ++                 | ++      | -       | +    | -         | -          | -             |
| Randomized posttest-only control group with matched subjects | ++     | +        | -        | +                | -                              | ++                 | ++      | -       | +    | -         | -          | -             |
| Matching-only pretest-posttest control group | +       | +        | -        | +                | -                              | ++                 | +       | -       | +    | -         | -          | -             |
| Counterbalanced | ++     | ++       | -        | +                | -                              | +                  | ++      | ++      | ++   | +         | -          | -             |
| Time-series     | ++     | -        | +        | -                | +                              | -                  | -       | +       | ++   | -         | -          | -             |
| Factorial with randomization | ++     | ++       | -        | ++               | -                              | -                  | +       | ++      | -    | -         | -          | -             |
| Factorial without randomization | ?      | ?        | -        | ++               | -                              | +                  | +       | ++      | -    | ?         | -          | -             |

*Key:* (++) = strong control, threat unlikely to occur; (+) = some control, threat may possibly occur; (-) = weak control, threat likely to occur; (?) = can’t determine; (NA) = threat does not apply.
occurs at all. It could, however, possibly occur in a static-
group pretest-posttest control group design, if there are
large initial differences between the two groups.

Evaluating the Likelihood
of a Threat to Internal Validity
in Experimental Studies

An important consideration in planning an experimental
study or in evaluating the results of a reported study is
the likelihood of threats to internal validity. As we have
shown, a number of possible threats to internal validity
may exist. The question that a researcher must ask is:
How likely is it that any particular threat exists in this
study?

To aid in assessing this likelihood, we suggest the
following procedures.

Step 1: Ask: What specific factors either are known
to affect the dependent variable or may logically
be expected to affect this variable? (Note that re-
searchers need not be concerned with factors un-
related to what they are studying.)

Step 2: Ask: What is the likelihood of the compari-
son groups differing on each of these factors? (A
difference between groups cannot be explained
away by a factor that is the same for all groups.)

Step 3: Evaluate the threats on the basis of how likely
they are to have an effect, and plan to control
for them. If a given threat cannot be controlled,
acknowledge this.

Their report, published in the New England Journal of Medi-
cine in May 2001, showed that “placebos offer no significant
advantage over ‘no treatment’ for dozens of conditions rang-
ing from colds and seasickness to hypertension and Alzheim-
er’s disease. (The exception was pain relief, which sugar pills
seem to bring to about 15 percent of patients.)” The re-
searchers speculated that one explanation of the placebo effect may
simply have been an unconscious desire by patients to please
their doctors.

What do you think? Do some patients try (unconsciously)
to please their doctors?

ability, we identify only two here—(1) initial critical thinking ability and (2) gender.

1. **Critical thinking ability.** *Step 1:* Posttreatment critical thinking ability of students in the two groups is almost certainly related to initial critical thinking ability. *Step 2:* Groups may well differ unless randomly assigned or matched. *Step 3:* Likelihood of having an effect unless controlled: high.

2. **Gender.** *Step 1:* Posttreatment critical ability may be related to gender. *Step 2:* Groups may differ in proportions of each gender unless controlled by matching. *Step 3:* Likelihood of having an effect unless controlled: moderate.

**Mortality.** *Step 1:* Mortality is likely to affect posttreatment scores on any measure of critical thinking since those subjects who drop out or are otherwise lost would likely have lower scores. *Step 2:* Groups probably would not differ in numbers lost, but this should be verified. *Step 3:* Likelihood of having an effect unless controlled: moderate.

**Location.** *Step 1:* If location of implementation of treatment and/or of data collection differs for the two groups, this could affect posttreatment scores on the critical thinking test. Posttreatment scores would be expected to be affected by such resources as class size, availability of reading materials, films, and so forth. *Step 2:* This threat may differ for groups unless controlled for by standardizing locations for implementation and data collection. The classrooms using each method may differ systematically unless steps are taken to ensure that resources are comparable. *Step 3:* Likelihood of having an effect unless controlled: moderate to high.
Significant Findings in Experimental Research

In our opinion, some of the most important research in social psychology, with obvious implications for education, has been that on the effects of cooperative social interaction on negative attitudes, or the tendency of people to dislike others. A series of experimental studies begun in the 1940s led to the generalization that liking for group members, including those of different backgrounds and ethnicity, is increased by cooperative activities that lead to a successful outcome. A recent application of this finding is the “jigsaw technique,” which requires each member of a group to teach other members a section of material to be learned. Experimental studies generally support the effectiveness of this procedure.

Instrumentation.

1. **Instrument decay.** Step 1: Instrument decay may affect any outcome. Step 2: Instrument decay could differ for groups. This should not be a major problem, provided all instruments used are carefully examined and any alterations found are corrected. Step 3: Likelihood of having an effect unless controlled: low.

2. **Data collector characteristics.** Step 1: Data collector characteristics might affect scores on critical thinking test. Step 2: This threat might differ for groups unless controlled by using the same data collector(s) for all groups. Step 3: Likelihood of having an effect unless controlled: moderate.

3. **Data collector bias.** Step 1: Bias could certainly affect scores on critical thinking test. Step 2: This threat might differ for groups unless controlled by training implementers in administration of the instrument and/or keeping them ignorant as to which treatment group is being tested. Step 3: Likelihood of having an effect unless controlled: high.

Testing. Step 1: Pretesting, if used, might well affect posttest scores on critical thinking test. Step 2: Presumably the pretest would affect both groups equally, however, and would not be likely to interact with method, since instructors using each method are teaching critical thinking skills. Step 3: Likelihood of having an effect unless controlled: low.

History. Step 1: Extraneous events that might affect critical thinking skills are difficult to conjecture, but they might include such things as a special TV series on thinking, attendance at a district workshop on critical thinking by some students, or participation in certain extracurricular activities (e.g., debates) that occur during the course of the study. Step 2: In most cases, these events would likely affect both groups equally and hence are not likely to constitute a threat. Such events should be noted and their impact on each group assessed to the degree possible. Step 3: Likelihood of having an effect unless controlled: low.

Maturation. Step 1: Maturation could affect outcome scores since critical thinking is presumably related to individual growth. Step 2: Presuming that the instructors teach each method over the same time period, maturation should not be a threat. Step 3: Likelihood of having an effect unless controlled: low.

Attitude of Subjects. Step 1: Subjects’ attitudes could affect posttest scores. Step 2: If the members of either group perceive that they are receiving any sort of “special attention,” this could be a threat. The extent to which either treatment is “novel” should be evaluated. Step 3: Likelihood of having an effect unless controlled: low to moderate.

Regression. Step 1: Regression is unlikely to affect posttest scores unless subjects are selected on the basis of extreme scores. Step 2: This threat is unlikely to affect groups differently, although it could do so. Step 3: Likelihood of having an effect unless controlled: low.

Implementation. Step 1: Instructor characteristics are likely to affect posttreatment scores. Step 2:
Because different instructors teach the methods, they may well differ. This could be controlled by having several instructors for each method, by having each instructor teach both methods, or by monitoring instruction. Step 3: Likelihood of having an effect unless controlled: high.

The trick, then, to identifying threats to internal validity is, first, to think of different variables (conditions, subject characteristics, and so on) that might affect the outcome variable of the study and, second, to decide, based on evidence and/or experience, whether these things would affect the comparison groups differently. If so, the influence of these factors may provide an alternative explanation for the results. If this seems likely, a threat to internal validity of the study may indeed be present and needs to be minimized or eliminated. It should then be discussed in the final report on the research project.

Control of Experimental Treatments

The designs discussed in this chapter are all intended to improve the internal validity of an experimental study. As you have seen, each has its advantages and disadvantages, and each provides a way of handling some threats but not others.

Another issue, however, cuts across all designs. While it has been touched on in earlier sections, particularly in connection with location and implementation threats, it deserves more attention than it customarily receives. The issue is that of researcher control over the experimental treatment(s). Of course, an essential requirement of a well-conducted experiment is that researchers have control over the treatment—that is, they control the what, who, when, and how of it. A clear example of researcher control is the testing of a new drug; clearly, the drug is the treatment and the researcher can control who administers it, under what conditions, when it is given, to whom, and how much. Unfortunately, researchers seldom have this degree of control in educational research.

In the ideal situation, a researcher can specify precisely the ingredients of the treatment; in actual practice, many treatments or methods are too complex to describe precisely. Consider the example we have previously given of a study comparing the effectiveness of inquiry and lecture methods of instruction. What, exactly, is the individual who implements each method to do? Researchers may differ greatly in their answers to this question. Ambiguity in specifying exactly what the implementer of the treatment is to do leads to major problems in implementation. How are researchers to train teachers to implement the methods involved in a study if they can’t specify the essential characteristics of those methods? Even supposing that adequate specification can be achieved and training methods developed, how can researchers be sure the methods are implemented correctly? These problems must be faced by any researcher using any of the designs we have discussed.

A consideration of this issue frequently leads to consideration (and assessment) of possible trade-offs. The greatest control is likely to occur when the researcher is the one implementing the treatment; this, however, also provides the greatest opportunity for an implementation threat to occur. The more the researcher diffuses implementation by adding other implementers in the interest of reducing threats, however, the more he or she risks distortion or dilution of the treatment. The extreme case is the use of existing treatment groups—that is, groups located by the researcher that already are receiving certain treatments. Most authors refer to these as causal-comparative or ex post facto studies (see Chapter 16), and do not consider them to fall under the category of experimental research. In such studies, the researcher must locate groups receiving the specified treatment(s) and then use a matching-only design or, if sufficient lead time exists before implementation of the treatment, a time-series design. We are not persuaded that such studies, if treatments are carefully identified, are necessarily inferior with respect to cause-effect conclusions compared with studies in which treatments are assigned to teachers (or others) by the researcher. Both are equally open to most of the threats we have discussed. The existing groups are more susceptible to subject characteristics, location, and regression threats than true experiments, but not necessarily more so than quasi-experiments. One would expect fewer problems with an attitudinal effect, since existing practice is not altered. Greater history and maturation threats exist because the researcher would have less control. Implementation is difficult to assess. Teachers who are already implementing a new method may be enthusiastic if they initially chose the method, but they also may be better teachers. On the other hand, teachers assigned to a method that is new to them may be either enthusiastic...
or resentful. We conclude that both types of study are legitimate.

**An Example of Experimental Research**

In the remainder of this chapter, we present a published example of experimental research. Along with a reprint of the actual study itself, we critique the study, identify its strengths, and discuss areas we think could be improved. We also do this at the end of Chapters 14 to 17 and 19 to 24, in each case analyzing the type of study discussed in the chapter. In selecting the studies for review, we used the following criteria:

- The study had to exemplify typical, but not outstanding, methodology and permit constructive criticism.
- The study had to have enough interest value to hold the attention of students, even though specific professional interests may not be directly addressed.
- The study had to be concisely reported.

In total, these studies represent the diversity of special interests in the field of education.

In critiquing each of these studies, we used a series of categories and questions that should, by now, be familiar to you. They are:

**Purpose/justification:** Is it logical? Is it convincing? Is it sufficient? Do the authors show how the results of the study have important implications for theory, practice, or both? Are assumptions made explicit?

**Definitions:** Are major terms clearly defined? If not, are they clear in context?

**Prior research:** Has previous work on the topic been covered adequately? Is it clearly connected to the present study?

**Hypotheses:** Are they stated? Implied? Appropriate for the study?

**Sample:** What type of sample is used? Is it a random sample? If not, is it adequately described? Do the authors recommend or imply generalizing to a population? If so, is the target population clearly indicated? Are possible limits to generalizing discussed?

**Instrumentation:** Is it adequately described? Is evidence of adequate reliability presented? Is evidence of validity provided? How persuasive is the evidence or the argument for validity of inferences made from the instruments?

**Procedures/internal validity:** What threats are evident? Were they controlled? If not, were they discussed?

**Data analysis:** Are data summarized and reported appropriately? Are descriptive and inferential statistics (if any) used appropriately? Are the statistics interpreted correctly? Are limitations discussed?

**Results:** Are they clearly presented? Is the written summary consistent with the data reported?

**Discussion/interpretations:** Do the authors place the study in a broader context? Do they recognize limitations of the study, especially with regard to population and ecological generalizing of results?
Cognitive Effects of Chess Instruction on Students at Risk for Academic Failure

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and
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Cognitive effects of chess instruction on students at risk for academic failure were examined. Thirty-eight students, from three elementary schools, participated in this study. The experimental group received a ninety-minute chess lesson once per week over a three-month period, and the control group students regularly attended school activities after class. The experimental group performance on the test was not different from the control group performance. However, chess skill rating and TONI-3 posttest scores were significantly correlated when controlling for TONI-3 pretest score ($d = 0.29$). This suggests that chess skill rating is a key predictor for the improvement of student cognitive skills. Students at risk at beginning levels of competency in chess may be able to improve their cognitive skills and to improve their skill at chess.

Chess playing is a strategy game that requires higher order cognitive skills. The acquisition of higher order cognitive skills plays a major role in enabling students to better establish and attain goals, identify potential responses when making decisions, and achieve self-regulated learning (Wehmeyer, Palmer, Agran, Mithaug, & Martin, 2000). As a result, investigators have examined the usefulness of chess playing to develop higher order cognitive skills (Horgan, 1987; Horgan & Morgan, 1990). Higher order cognitive skills such as analysis, evaluation, and logical thinking are prevalent in the game of chess (Grossen, 1991).

Chess playing involves the comprehension of chess positions, the analysis of moves and their sequences, and the evaluation of positions resulting from certain moves (Bart, 2004; Cleveland, 1907; Gobet & Simon, 1996; Holding, 1985). Since these processes are considered to be transferable skills (Ericsson & Staszewski, 1989; Ericsson & Kintsch, 1995; Gobet & Simon, 1996), chess playing receives considerable attention as a learning tool and part of the curriculum.

Research on chess instruction has tended to provide empirical support for the beneficial effects of chess training on performance on cognitive tasks (Horgan, 1987; Smith & Cage, 2000; Christiaen & Verhofstadt 1978; Frank & D’Hondt, 1979). For example, in an experimental study, Frank & D’Hordt (1979) found that an experimental group of learners receiving chess instruction scored better on both numerical and verbal aptitude tests than did a control group of learners not receiving chess instruction. These findings lend credence to the application of chess instruction to students with cognitive challenges. Thus chess instruction may be a productive intervention for students at risk for academic failure.

Students at risk are defined as students who are one or more years behind their age or grade level in mathematics or reading skills (Sapp, 1993). Most of them require the same assistance as students with disabilities (Sapp & Farrell, 1994). Students at risk tend to rely on previously employed but unsuccessful responses, process information less effectively, and are often unable to solve problems in their lives (Agran & Wehmeyer, 1999; Swanson & Alexander, 1997; Wehmeyer & Kelchner, 1995). They have difficulties in utilizing higher order cognitive skills.
Feuerstein (1980) claimed that enriched environments could resolve these difficulties. Teaching and practicing these cognitive skills through chess playing to students at risk have produced better results in basic skills than over reliance on drilling, direct instruction, or other current school improvement methodologies (Pogrow, 1988). Pogrow even argued that the acquisition of higher order cognitive skills compensates students at risk who are deficient in basic skills, because higher order cognitive skills are considered as a knowledge base for all learning. In addition, Pogrow contended that students at risk have competencies to provide solutions on even difficult tasks requiring higher order thinking processes, when enough time and resources are given.

However, this hardly occurs in education for students at risk, because they are provided with less opportunity to improve higher order cognitive skills (Allington & McGill-Branzen, 1989). This lack of instructional opportunities resulted from the view that students at risk could not benefit from instruction in higher order cognitive skills (Leshowitz, Jenkens, Heaton, & Bough, 1993).

A common approach for students at risk is to remedy their deficiencies in the basics, like reading, writing, and math. This approach mostly relies on repetitive drill. Knapp and Shields (1990) criticized the repetitive drill approach that tends to: (a) underestimate student competencies; (b) prevent students from accessing more challenging and interesting work; and (c) deprive students of a meaningful context for learning. Such criticism sheds light on the development of higher order cognitive skill instruction (Means & Knapp, 1991). Pogrow’s model supports the view that teaching higher order cognitive skills provides students at risk with opportunities to use what they already know, in the form of encoding and retrieving processes. Consequently, these processes could lead students at risk to major gains in basic skills.

In conclusion, research on chess instruction for students at risk may likely provide both regular and special educators with practical suggestions on how to develop higher order cognitive skills and to improve scholastic achievement levels among learners. Furthermore, Storey (2000) suggested that chess instruction could also benefit children with disabilities, even though only anecdotal evidence is available for the effect of chess play on students with disabilities (Remsen, 1998; Wojcio, 1995). This study will examine this issue as it concerns students who are at risk for academic failure. The main purpose of this study is to examine cognitive effects of chess instruction on students at risk for academic failure.

METHOD

Participants

Thirty-eight students, ages 8 to 12, from three elementary schools participated in this study. The schools are located in Seoul, Korea. There were 20 students from one school, seven students from a second school, and eleven students from a third school.

The students were randomly placed into two groups: a control group and an experimental group. There were 15 males and 5 females in the control group with an average age of 9.74 years and 12 males and 6 females in the experimental group with an average age of 9.71 years. In the control group, there were 17 students at risk and 3 students with learning disabilities and, in the experimental group, there were 15 students at risk and 3 students with learning disabilities. As to the distribution of students by grade, the control group consisted of three students in third grade, nine students in fourth grade, seven students in fifth grade, and one student in sixth grade. The experimental group consisted of three students were in third grade, five students in fourth grade, six students in fifth grade, and four students in sixth grade.
Instruments

The Korean Basic Skills Test. The Korean Ministry of Education and Human Resource Development and the Korean Institute of Curriculum and Evaluation in 2002 collaboratively developed the Korean Basic Skills Test (KBST) in 2002. The KBST measures student basic abilities in mathematics, reading, and writing. For third grade students (Ministry of Education and Human Resource Development, 2003), the average KBST scores were 93.89 for reading, 94.88 for writing, and 92.28 for mathematics. The basic ability cutoff scores for students at risk were 75 for reading, 78 for writing, and 77 for math. The percentages of students below those cutoff scores were 3.45 percent for reading, 3.00 percent for writing, and 6.84 percent for mathematics. 1.34 percent of students were identified as student at risk in all reading, writing, and mathematics. Student at risk for academic failure lacked basic abilities in reading, mathematics, or writing.

One investigator identified students at risk by using the KBST. Approximately 3–5% of the students per school fell into this category. The students at risk showed significant deficits in more than one area among the domains of reading, writing, and mathematics.

The Raven’s Progressive Matrices Test. The Raven’s Progressive Matrices Test (RPM) is designed to measure nonverbal abilities such as student perception of relationships in geometric figures and reasoning by analogy independent of language and formal schooling (Raven, Raven, & Court, 2000). The RPM is also considered to be a fine measure of logical ability and spatial ability (Raven, Court, and Raven, 1985). The RPM comes in three types: the Colored Progressive Matrices (CPM), the Standard Progressive Matrices (SPM), and the Advanced Progressive Matrices (APM). This study made use of the SPM consisting of five sets with 12 problems in each set. The test-retest reliabilities range from .83 to .93. In this study, the correlation between the RPM pretest scores and the posttest scores was .78.

The SPM has fine concurrent validity. For example, correlations between the SPM and WISC-R ranged from .83 to .92 in a stratified sample of Canadian children ranging in age from seven to eleven years (Rogers & Holmes, 1987). Horgan and Morgan (1990) contended that the type of reasoning required to solve SPM items is similar to chess reasoning for a wide range of subjects, even though norms for children are limited.

The Test of Nonverbal Intelligence—Third Edition. The Test of Nonverbal Intelligence—Third Edition (TONI-3) is a norm-referenced test and a language-free measure of cognitive ability (Brown, Sherbenou, & Johnsoen, 1997). In particular, the TONI-3 was designed to measure problem solving, aptitude, and reasoning skills. Two equivalent forms are available. Each form of the TONI-3 has 50 items. Converted scores from obtained raw scores are provided with a mean 100 and a standard deviation of 15. It is particularly useful for individuals who are believed to have difficulties in taking tests, disabilities, or lack of exposure to the British and United States cultures. In this study, students received two forms (A and B).

The TONI-3 has fine psychometric properties. For example, alternate forms reliability has ranged from .79 to .92. A correlation between TONI and SPM was .92. In this study, the correlation between the two forms of the TONI-3 tests was .69.

Chess Quiz. Students in the experimental group received a Chess Quiz that was developed by the chess instructor. At the twentieth session of chess instruction, students in the experimental group completed the Chess Quiz with a score range of 0 to 40. For each item, each participant in the experimental group was asked to find all possible...
capture moves in a position. The Chess Quiz did not include any questions assessing the use of chess strategies. It simply measured student knowledge about chess pieces and their moves. The Pearson product-moment correlation between chess class attendance and the quiz was .80.

**Chess Skill Rating.** Chessmaster 9000 provided artificial opponents to participants in the experimental group. With each game of chess, a participant received a score of 1 for a win, a score of .5 for a draw or a stalemate, and a score of 0 for a loss. Each artificial player had an Elo rating that indicated the quality of its play. Elo ratings range from 0 for a beginner to approximately 2850 for a World Chess Champion. The Elo rating scale is the official scale of chess player skill for the United States Chess Federation.

On the basis of the Elo scale, players with ratings of 2500 and above are called grandmasters, and players with ratings of below 1200, Class E. Until the players complete 20 games, they are given a provisional rating. Each participant in the experimental group played against an initial artificial opponent provided by Chessmaster 9000 that had a chess rating of 300. The formula for chess skill rating presented by Fogel, Hays, Hahn, and Quon (2004) was used to determine the Elo rating of each participant.

**Procedure.** After each school identified the students at risk, the homeroom teacher sent consent forms to the students and their parents. The study began with administration of two pretests after the consent forms were returned. A researcher and a research assistant administered the TONI-3 and the RPM to the students in the first week of this study. The TONI-3 was administered individually and the RPM was administered in groups.

The participants were then randomly assigned to an experimental group or a control group. The experimental group received a 90-minute chess lesson once per week and the control group students attended regular school activities after class. At the end of the chess intervention, the participants received the TONI-3 and the RPM. Students in the experimental group completed the Chess Quiz.

Chess instruction consisted of 12 separate lessons over a 3-month period. Each lesson included three segments: reviewing, lecturing, and chess playing. The chess instructor developed and provided a set of quizzes. The quiz was used to identify student difficulty in understanding chess moves and rules. Each subsequent lesson started with reviewing a previous lesson and a quiz. The last six lessons were implemented in a computer lab with chess software and allowed students to practice higher order cognitive skills.

Overall, the chess instructor asked the students to follow four steps to develop their chess skills: (1) understand chess rules; (2) think ahead for a plan; (3) implement the plan; and (4) seek feedback and rehearsal. The researcher and the chess instructor developed twelve sessions derived from the Comprehensive Chess Course (Pelts & Alburt, 1992). The chess software was used as a tool to practice and generalize the contents of each lesson.

Chess playing was new to most of the students. Although three students stated that they sometimes played chess with their brothers, their knowledge of basic chess rules was shallow.

**RESULTS**

**Preliminary Analysis**

Although students were assigned randomly to each group, the pre-test intelligence test means for the control and experimental groups were compared using a one-way
analysis of variance (ANOVA). The groups appeared equivalent on gender, age, grade, school, and disabilities. The mean TONI-3 pretest scores of the control group ($M = 85.60; SD = 20.48$) and the experimental group ($M = 96.50; SD = 17.12$) were not significantly different, $F(1, 36) = 3.13, p > .05$. The mean Raven’s Progressive Matrices (RPM) pretest scores of the control group ($M = 26.20; SD = 10.96$) and the experimental group ($M = 29.39; SD = 8.56$) were also not significantly different, $F(1, 36) = .98, p > .05$.

In addition, comparable KBST pretest mean scores for the two groups were not significantly different. For the reading KBST pretest scores, the means of the control group ($M = 59.08; SD = 21.72, n = 12$) and the experimental group ($M = 66.71; SD = 15.68, n = 7$) were not significantly different with $F(1, 17) = .66, p > .05$. For the mathematics KBST pretest scores, the means of the control group ($M = 60.00; SD = 16.78, n = 11$) and the experimental group ($M = 64.29; SD = 9.27, n = 9$) were not significantly different with $F(1, 16) = .38, p > .05$. For the writing KBST pretest scores, the means of the control group ($M = 68.56; SD = 17.66, n = 9$) and the experimental group ($M = 62.20; SD = 21.95, n = 5$) were also not significantly different with $F(1, 12) = .35, p > .05$.

Some Descriptive and Inferential Statistical Analyses

Table 1 provides descriptive statistics for the intelligence test scores.

<table>
<thead>
<tr>
<th>Instrument</th>
<th>Group</th>
<th>Pre-Test</th>
<th>Post-Test</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>$M$</td>
<td>$SD$</td>
</tr>
<tr>
<td>TONI-3</td>
<td>Control</td>
<td>85.60</td>
<td>20.49</td>
</tr>
<tr>
<td></td>
<td>Experimental</td>
<td>96.50</td>
<td>17.12</td>
</tr>
<tr>
<td>RPM</td>
<td>Control</td>
<td>32.30</td>
<td>27.60</td>
</tr>
<tr>
<td></td>
<td>Experimental</td>
<td>37.33</td>
<td>26.03</td>
</tr>
</tbody>
</table>

A repeated measures ANOVA with a $2 \times 2$ factorial design was employed to determine whether chess instruction would influence the experimental group TONI-3 and RPM scores. The first factor related to treatment, i.e., the control and experimental groups. The second factor represented time, i.e., the pretest and the posttest. The repeated measures ANOVA examine the main effect and the interactive effect of treatment and time as independent variables on the TONI-3 and RPM scores as dependent variables.

Although the TONI-3 mean scores significantly increased from the pretest to the posttest, $F(1, 36) = 11.84, p < .001$, the main effect for chess instruction was not significant for the TONI-3 with $F(1, 36) = 2.40, p > .05$. The treatment X time interaction effect, reflecting differences among the groups in amount of change, was also not statistically significant for the TONI-3 with $F(1, 36) = 2.481, p > .05$. In other words, the changed scores of TONI-3 in the experimental chess group were similar to those in the control group. There was no significant difference between the two groups after the chess instruction. The effect size for the experimental group was $0.29$ and the effect size for the control group was $0.68$.

As to the results of the repeated measures ANOVA on the other intelligence test scores, the RPM mean scores significantly increased from the pretest to the posttest with $F(1, 36) = 4.20, p < .05$. But the results of repeated measures of ANOVA show that the main effect for treatment was not significant for the RPM with $F(1, 36) = .169, p > .05$. 

### Table 1

**Means and Standard Deviations of Intelligence Test Scores**

<table>
<thead>
<tr>
<th>Instrument</th>
<th>Group</th>
<th>Pre-Test</th>
<th>Post-Test</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>$M$</td>
<td>$SD$</td>
</tr>
<tr>
<td>TONI-3</td>
<td>Control</td>
<td>85.60</td>
<td>20.49</td>
</tr>
<tr>
<td></td>
<td>Experimental</td>
<td>96.50</td>
<td>17.12</td>
</tr>
<tr>
<td>RPM</td>
<td>Control</td>
<td>32.30</td>
<td>27.60</td>
</tr>
<tr>
<td></td>
<td>Experimental</td>
<td>37.33</td>
<td>26.03</td>
</tr>
</tbody>
</table>
and the treatment $\times$ time interaction effect, reflecting differences among the groups in amount of change, was also not significant for the RPM with $F(1, 33) = .756, p > .05$. In other words, the score changes for the RPM in the chess group were similar to those of the control group. There was no significant difference between the two groups after the chess instruction. The effect size for the experimental group was 0.15 and the effect size for the control group was 0.25.

Table 2 provides descriptive statistics for chess-related measures.

**Table 2** Means, Standard Deviations, Maxima, and Minima of Chess-Related Measures

<table>
<thead>
<tr>
<th>Measure</th>
<th>M</th>
<th>SD</th>
<th>Maximum</th>
<th>Minimum</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chess Skill Rating</td>
<td>131.39</td>
<td>84.94</td>
<td>441</td>
<td>101</td>
</tr>
<tr>
<td>Chess Quiz Score</td>
<td>22.83</td>
<td>11.29</td>
<td>39</td>
<td>4</td>
</tr>
<tr>
<td>Chess Practice in Minutes</td>
<td>620</td>
<td>194.97</td>
<td>900</td>
<td>270</td>
</tr>
</tbody>
</table>

*Note: Highest Possible Chess Quiz Score = 40. Highest Possible Chess Practice Score = 1080 minutes.*

Regarding the chess quiz with its score range of 0–40, some students scored very well on the chess quiz and other students scored rather poorly. The maximum chess quiz score that a student received was 39; whereas, the minimum was 4. The maximum minutes of chess practice was 900 minutes; whereas, the minimum was 270 minutes. Student practice length outside chess class was not counted in this study.

**Partial Correlation Analysis**

Partial correlation analysis was used to explore relationships among pre- and posttest scores, chess skill ratings, chess quiz scores, and chess practice for participants in the experimental group. Table 3 provides the partial correlations among those variables controlling for TONI-3 pretest scores.

**Table 3** Partial Correlations among Selected Variables Controlling for TONI-3 Pretest Scores

<table>
<thead>
<tr>
<th>Control Variable</th>
<th>Variable</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
</tr>
</thead>
<tbody>
<tr>
<td>TONI-3 Pretest</td>
<td>1. TONI-3 Posttest</td>
<td>1.00</td>
<td>.52*</td>
<td>.33</td>
<td>.23</td>
</tr>
<tr>
<td></td>
<td>2. Chess Skill Rating</td>
<td>1.00</td>
<td>.42</td>
<td>.28</td>
<td></td>
</tr>
<tr>
<td></td>
<td>3. Chess Quiz</td>
<td>1.00</td>
<td>.48</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>4. Chess Practice</td>
<td>1.00</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* $p < .05$

Among those partial correlations, only the partial correlation between the TONI-3 posttest score and chess skill rating controlling for TONI-3 pretest score was significant with $r = .52, p < .05$.

The median of TONI-3 pretest scores divided the TONI-3 pretest scores into a Low group and a High group. All students showing improvement in chess skill ratings were in the High group of TONI-3 pretest scores. Thus, student TONI-3 posttest scores in the High group are somewhat related to chess skill ratings. In the Low group of TONI-3 pretest, chess skill ratings remained the same.

A stepwise regression was conducted to evaluate whether variables, like TONI-3 pretest score, chess skill rating, chess quiz, and chess practice, were necessary to predict
TONI-3 posttest score. The stepwise regression analysis indicated a model that included two significant predictors, $F(2, 15) = 12.25, p < .001$. The two predictors, TONI-3 pretest score and chess skill rating, were positively associated with the TONI-3 posttest scores. The TONI-3 pretest score is a predictor for the TONI-3 posttest score ($R^2 = .480$). $R^2$ changes to .620 with the addition of the chess skill rating. They account for 62% of the variance among the TONI-3 posttest scores. Although the sample size is small, this result suggests that the chess skill rating was somewhat related to the increased posttest TONI-3 scores.

In contrast, the partial correlation of the RPM posttest score and the chess skill rating with the RPM pretest score being held constant was not significant, $r = .11$. Table 4 provides the partial correlations among selected variables controlling for RPM pretest scores.

### TABLE 4  Partial Correlations among Selected Variables Controlling for RPM Pretest Scores

<table>
<thead>
<tr>
<th>Control Variable</th>
<th>Variable</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
</tr>
</thead>
<tbody>
<tr>
<td>RPM Pretest</td>
<td>1. RPM Posttest</td>
<td>1.00</td>
<td>.11</td>
<td>.03</td>
<td>.17</td>
</tr>
<tr>
<td></td>
<td>2. Chess Skill Rating</td>
<td>1.00</td>
<td>.31</td>
<td>.33</td>
<td></td>
</tr>
<tr>
<td></td>
<td>3. Chess Quiz</td>
<td>1.00</td>
<td>.50*</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>4. Chess Practice</td>
<td>1.00</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* $p < .05$

### DISCUSSION

The results of this study indicate a lack of cognitive effects of chess instruction. In the analysis of two cognitive tests, changes in experimental group performances were not different from changes in the control group performances. The results tend not to support the view that chess instruction for the beginner at risk for academic failure has salutary cognitive effects on such students. This finding is not consistent with the results of previous studies (Christiaen & Verholfstadt, 1978; Frank & D’Hondt, 1979; Smith & Cage, 2000) that showed improved cognitive skills after providing chess instruction.

This inconsistent result could be explained by two interpretations: The first interpretation is that students at risk could require more time for chess instruction than a twelve-session chess instruction period for one semester. Pogrow (1988) held that time and resources are key factors in developing higher reasoning skills. Students at risk could require more sessions to develop their chess skill. Thus, the lack of cognitive effects of chess instruction might be explained by the limited number of chess instruction periods. Bart (2004) suggested at least one whole academic year and preferably two academic years as the duration for effective chess instruction. It is likely that more time on task learning chess and studying chess could facilitate the development of cognitive skills and capabilities among learners including students at risk.

The second interpretation is that novice chess players at risk for academic failure could hardly develop their cognitive skills until they reach a certain level of chess skill. This interpretation is consistent with the results of Horgan and Morgan’s (1990) study. To Horgan and Morgan, attaining certain levels of chess skill could be associated with improvement in higher order cognitive skills.

There was no correlation between chess skill rating and RPM score. That finding is not consistent with the findings of Horgan and Morgan (1990) and Frydman and Lynn (1992). This inconsistent result may be explained by different chess skill levels. In this
study, the mean chess skill rating was 131.39 with a standard deviation of 84.94. The Horgan and Morgan study and the Frydman and Lynn study were conducted with club chess players with chess ratings greater than 1000.

One intriguing result in this study is that chess skill rating and TONI-3 posttest score were significantly correlated when controlling for TONI-3 pretest score. This suggests that chess skill rating is a key predictor for the improvement of student cognitive skills. Students at risk who are at beginning levels of competency in chess may be able to improve their cognitive skills and their skill at chess.

One limitation of this study is that the chess instruction suggested by Pelts and Alburt (1992) was not specifically developed for students at risk or with disabilities whose needs are individually different. A preferred model of chess instruction may focus on more opportunities for the students to acquire knowledge of strategies and tactics in chess. It is likely that the deeper levels of chess competency involving knowledge of strategies and tactics need to be acquired in order for higher levels of nonverbal intelligence and other cognitive capabilities to be attained. It is obvious that chess instruction should take the characteristics of students at risk into consideration and be reorganized for further studies. In addition, instructor knowledge of pedagogy for students at risk may contribute to effective chess instruction.

In conclusion, we recommend that the cognitive effects of chess instruction on students at risk for academic failure continue to be studied. Chess instruction specially configured may prove to be very efficacious in producing salutary cognitive effects among students at risk for academic failure in the USA, and elsewhere in the world.

References

Cleveland, A. (1907). The psychology of chess and of learning to play it. American Journal of Psychology, 18, 269–308.
DEFINITIONS

“At risk students” is defined as those one or more years below their age or grade level in mathematics or reading. However, it is not clear whether the reference to writing in the last paragraph under “Instruments” applies to the current study—if so it implies a different definition including writing performance. It is implied that the KBST, an achievement test, was used to select students—an operational definition. “Chess instruction” is not specifically defined but is made acceptably clear by the description of intervention procedures, though it is not clear whether it included 12 or 20 class sessions.

HYPOTHESES

None is stated, but the clearly implied hypothesis is that chess instruction will improve the cognitive test performance of at-risk students as compared to “regular class instruction”.

Analysis of the Study

PURPOSE/JUSTIFICATION

The purpose is clearly stated: to examine the cognitive effects of chess instruction on students at risk for academic failure. There appear to be no ethical problems re confidentiality, risk or deception.

The justification consists of (a) the need for students, particularly those “at risk,” to acquire higher order cognitive skills and (b) the likely efficacy of chess playing for acquiring such skills.

PRIOR RESEARCH

Studies are cited in support of both (a) and (b) above. At present, only anecdotal evidence is said to be available regarding chess instruction with at-risk students.

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SAMPLE
The convenience sample consisted of 38 students aged 8 to 12 identified as “at risk” by three elementary schools in Seoul, Korea. Some demographic data are provided but not on variables such as socioeconomic status that would help assess generalizability. We think more description of the 6 students with learning disabilities should have been given.

INSTRUMENTATION
The Korean Basic Skills Test was apparently used to select students, no reliability or validity information is provided. All students were administered two tests before and after the 12- (?) lesson, 3-month intervention period. The Test of Nonverbal Intelligence (TONI-3) is a “language-free measure of cognitive ability.” Alternate forms reliability is cited and is acceptable. The Raven’s Progressive Matrices Test (RPM) is also nonverbal and intended to get at cognitive abilities though they are described somewhat differently. Retest reliabilities are given and are acceptable. Correlations with WISC-R are cited and are good. We think more discussion of the validity of these tests for this sample should have been provided. In addition, the experimental group was given a chess quiz and a chess skill rating derived from 20 games played on Chessmaster 9000.

PROCEDURES/INTERNAL VALIDITY
The study is a true experiment in that the sample was randomly divided into experimental and control groups—chess instruction versus regular class activities. It is not clear why the groups were 20 and 18 in number rather than 19 each. With respect to “subject characteristics” the groups appear similar in age, learning disabilities, and gender. There are indications, discussed below, that the experimental group had higher initial cognitive ability. The experimental group had more students in sixth grade and fewer in fourth grade, which may be related to the higher cognitive skills in this group. Given more sixth-graders, it is unclear why the experimental group was (slightly) younger. Given the limitations of random assignment with small groups, a matched pairs followed by random assignment design would have been preferable. Location and history threats are possible. There apparently was no loss of subjects. Instrumentation, data collector characteristics, testing, maturation, and regression should have been controlled by the design. Data collector bias is possible because collectors obviously knew which group they were testing. Implementation was evidently done by one teacher, so teacher characteristics are inseparable from the chess method and may account for the outcomes.

DATA ANALYSIS AND RESULTS
Although ANOVA is a proper analysis for this study design, its use is misleading without recognition of the lack of random sampling (see pages 248 and 249). Further, reliance on significance tests obscures the findings. The first instance of this is in the comparison of experimental and control groups on the pretests, presumably done in recognition that random assignment is no guarantee of equivalence with small groups (see text p. 267). On the TONI-3 we calculated an effect size (see page 248) of .53 in favor of the experimental group. The data on the RPM are inconsistent between Table 1 and the accompanying text but also show a somewhat higher mean for the experimental group. The data for the KBST are of little value due to the (unexplained) small size of the groups (n = 5 to n = 12). The interaction term in the 2 by 2 design provides the test of the hypothesis. With respect to both tests, the lack of “significance” obscures the important differences in gain. The effect sizes for comparing group gains are not provided, but differences on both tests favor the control group and for TONI-3 the difference in effect size of gains is substantial (Ex = .29, vs. Con = .68). The correlation of .52 between chess skill rating and gain on TONI-3 indicates that skill did predict gain.

DISCUSSION/INTERPRETATION
We agree that the study did not support the implied hypothesis that chess instruction would improve cognitive skills. We do not agree that it indicated “a lack of cognitive effects.” The experimental group showed less improvement on both tests, substantially so on TONI-3. This is particularly surprising because the experimental (chess) group scored higher on the pretests. We think possible explanations for this should have been explored. We think some discussion of results with the 6 students with learning disabilities should have been included.

The correlation between gain on TONI-3 and chess skill rating is of interest but not as a “key predictor for improvement of cognitive skills” because adding this variable to the multiple R only added 14% to the predictable variance and because of the limited, though important, cognitive abilities tested.

We agree that this topic deserves further study but wish the authors had offered suggestions reflecting the above concerns.
THE UNIQUENESS OF EXPERIMENTAL RESEARCH

• Experimental research is unique in that it is the only type of research that directly attempts to influence a particular variable, and it is the only type that, when used properly, can really test hypotheses about cause-and-effect relationships. Experimental designs are some of the strongest available for educational researchers to use in determining cause and effect.

ESSENTIAL CHARACTERISTICS OF EXPERIMENTAL RESEARCH

• Experiments differ from other types of research in two basic ways—comparison of treatments and the direct manipulation of one or more independent variables by the researcher.

RANDOMIZATION

• Random assignment is an important ingredient in the best kinds of experiments. It means that every individual who is participating in the experiment has an equal chance of being assigned to any of the experimental or control conditions that are being compared.

CONTROL OF EXTRANEOUS VARIABLES

• The researcher in an experimental study has an opportunity to exercise far more control than in most other forms of research.
• Some of the most common ways to control for the possibility of differential subject characteristics (in the various groups being compared) are randomization, holding certain variables constant, building the variable into the design, matching, using subjects as their own controls, and using analysis of the covariance.

POOR EXPERIMENTAL DESIGNS

• Three weak designs that are occasionally used in experimental research are the one-shot case study design, the one-group pretest-posttest design, and the static-group comparison design. They are considered weak because they do not have built-in controls for threats to internal validity.
• In a one-shot case study, a single group is exposed to a treatment or event, and its effects are assessed.
• In the one-group pretest-posttest design, a single group is measured or observed both before and after exposure to a treatment.
• In the static-group comparison design, two intact groups receive different treatments.
TRUE EXPERIMENTAL DESIGNS

• The essential ingredient of a true experiment is random assignment of subjects to treatment groups.
• The randomized posttest-only control group design involves two groups formed by random assignment.
• The randomized pretest-posttest control group design differs from the randomized posttest-only control group only in the use of a pretest.
• The randomized Solomon four-group design involves random assignment of subjects to four groups, with two being pretested and two not.

MATCHING

• To increase the likelihood that groups of subjects will be equivalent, pairs of subjects may be matched on certain variables. The members of the matched groups are then assigned to the experimental and control groups.
• Matching may be either mechanical or statistical.
• Mechanical matching is a process of pairing two persons whose scores on a particular variable are similar.
• Two difficulties with mechanical matching are that it is very difficult to match on more than two or three variables, and that in order to match, some subjects must be eliminated from the study when no matches can be found.
• Statistical matching does not necessitate a loss of subjects.

QUASI-EXPERIMENTAL DESIGNS

• The matching-only design differs from random assignment with matching only in that random assignment is not used.
• In a counterbalanced design, all groups are exposed to all treatments, but in a different order.
• A time-series design involves repeated measurements or observations over time, both before and after treatment.

FACTORIAL DESIGNS

• Factorial designs extend the number of relationships that may be examined in an experimental study.

Key Terms

comparison group 266
control 268
control group 266
counterbalanced design 275
criterion variable 265
dependent variable 265
design 268
experiment 266
experimental group 266
experimental research 265
experimental variable 265
extraneous variables 267
factorial design 277
gain score 275
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interaction 277
matching design 272
matching-only design 275
mechanical matching 274
moderator variables 277
nonequivalent control group design 270
one-group pretest-posttest design 269
1. An occasional criticism of experimental research is that it is very difficult to conduct in schools. Would you agree? Why or why not?

2. Are there any cause-and-effect statements you can make that you believe would be true in most schools? Would you say, for example, that a sympathetic teacher “causes” elementary school students to like school more?

3. Are there any advantages to having more than one independent variable in an experimental design? If so, what are they? What about more than one dependent variable?

4. What designs could be used in each of the following studies? (Note: More than one design is possible in each instance.)
   a. A comparison of two different ways of teaching spelling to first-graders.
   b. An assessment of the effectiveness of weekly tutoring sessions on the reading ability of third-graders.
   c. A comparison of a third-period high school English class taught by the discussion method with a third-period (same high school) English class taught by the lecture method.
   d. The effectiveness of reinforcement in decreasing stuttering in students with this speech defect.
   e. The effects of a year-long weight-training program on a group of high school athletes.
   f. The possible effects of age, gender, and method on student liking for history.

5. What flaw can you find in each of the following studies?
   a. A teacher tries out a new mathematics textbook with her class for a semester. At the end of the semester, she reports that the class’s interest in mathematics is markedly higher than she has ever seen it in the past with other classes using another text.
   b. A teacher divides his class into two subgroups, with each subgroup being taught spelling by a different method. Each group listens to the teacher instruct the other group while they wait their turn.
   c. A researcher calls for eighth-grade students to volunteer to tutor third-grade students who are having difficulty in reading. She compares their effectiveness as tutors with a control group of students who are assigned to be tutors (they do not volunteer). The students of the volunteers have a much greater level of improvement in reading than the students who were assigned to tutor.
   d. A teacher decides to try out a new textbook in one of her social studies classes. She uses it for four weeks and then compares this class’s scores on a unit test
with the scores of her previous classes. All classes are studying the same material. During the unit test, however, a fire drill occurs, and the class loses about 10 minutes of the time allotted for the test.

e. Two groups of third-graders are compared with regard to running ability, subsequent to different training schedules. One group is tested during physical education class in the school gymnasium, while the other is tested after school on the football field.

f. A researcher compares a third-period English class with a fifth-period chemistry class in terms of student interest in the subject taught. The English class is taught by the discussion method, while the chemistry class is taught by the lecture method.


Research Exercise 13: Research Methodology

Using Problem Sheet 13, describe in as much detail as you can the procedures of your study, including analysis of results—that is, what you intend to do, when, where, and how. Lastly, indicate any unresolved problems you see at this point in your planning.

Problem Sheet 13

Research Methodology

You should complete Problem Sheet 13 once you have decided which of the methodologies described in Chapters 13–17 and 19–24 you plan to use. You might wish to consider, however, whether your research question could be investigated by other methodologies.

1. The question or hypothesis of my study is: ______________________________
   ___________________________________________________________________
   ___________________________________________________________________
   ___________________________________________________________________

2. The methodology I intend to use is: _____________________________________
   ___________________________________________________________________
   ___________________________________________________________________

3. Describe how you will conduct the study, i.e., the data collection process. When, where, and how will you collect the data? Over what time span will the data be gathered, and in what types of situations? Can you foresee any limitations or problems?
   ___________________________________________________________________
   ___________________________________________________________________
   ___________________________________________________________________

4. If you are planning an intervention study (e.g., an experiment), please discuss in detail the intervention or treatment planned. ______________________________
   ___________________________________________________________________
   ___________________________________________________________________

5. The major problems I foresee at this point include the following: __________
   ___________________________________________________________________
   ___________________________________________________________________
   ___________________________________________________________________
OBJECTIVES  Studying this chapter should enable you to:

• Describe briefly the purpose of single-subject research.
• Describe the essential characteristics of such research.
• Describe two ways in which single-subject research differs from other forms of experimental research.
• Explain what a baseline is and why it is used.
• Explain what an A-B design is.
• Explain what a reversal (A-B-A) design is.
• Explain what an A-B-A-B design is.
• Explain what a B-A-B design is.
• Explain what an A-B-C-B design is.
• Explain what a multiple-baseline design is.
• Identify various threats to internal validity associated with single-subject studies.
• Explain three ways in which threats to internal validity in single-subject studies can be controlled.
• Discuss the external validity of single-subject research.
• Critique research articles that involve single-subject designs.
is inappropriate, single-subject designs have been used by researchers to demonstrate that children with Down syndrome, for example, are capable of far more complex learning than was previously believed. * Following are the titles of some published reports of single-subject studies that have been conducted by educational researchers:

- “Systematic Instruction for Social-Pragmatic Language Skills in Lunchroom Settings”.1
- “The Effect of a Self-Monitored Relaxation Breathing Exercise on Male Adolescent Aggressive Behavior”.2
- “The Effects of Improvisational Music Therapy on Joint Attention Behaviors in Autistic Children: A Randomized Controlled Study”.4
- “Decreasing Excessive Media Usage While Increasing Physical Activity”.5
- “Effects of Assisted-Repeated Reading on Students of Varying Reading Ability”.6
- “Enhancing Instructional Efficiency Through Generalization and Instructive Feedback”.7

*Increasingly, single-subject designs are being used in certain kinds of studies where the unit of observation is a single group rather than a single individual.

INTERACTIVE AND APPLIED LEARNING

Go to the Online Learning Center at www.mhhe.com/fraenkel8e to:

- Learn More About Essential Characteristics of Single-Subject Research

Go to your online Student Mastery Activities book to do the following activities:

- Activity 14.1: Single-Subject Research Questions
- Activity 14.2: Characteristics of Single-Subject Research
- Activity 14.3: Analyze Some Single-Subject Data

Jasmin Wong, a third-grade teacher in a small elementary school in San Diego, California, finds her teaching continually interrupted by Alex, a student who can’t seem to keep quiet. Distressed, she asks herself what she might do to control this student and wonders whether some kind of “time-out” activity might work. With this in mind, she asks some of the other teachers in the school whether brief periods of removing Alex from the class might decrease the frequency of his disruptive behavior.

This question is exactly the sort that can be answered best by means of a single-subject A-B-A-B design. In this chapter, you will learn what an A-B-A-B design involves and how it works, as well as some other ideas about single-subject research.

Essential Characteristics of Single-Subject Research

All of the designs described in the previous chapter on experimental research involve the study of groups. At times, however, group designs are not appropriate for a researcher to use, particularly when the usual instruments are not pertinent and observation must be the method of data collection. Sometimes there are just not enough subjects available to make the use of a group design practical. In other cases, intensive data collection on a very few individuals makes more sense. Researchers who wish to study children who suffer from multiple disabilities (who are both deaf and blind, for example) may have only a small number of children available to them, say six or less. It would make little sense to form two groups of three each in such an instance. Further, each child would probably need to be observed in great detail.

Single-subject designs are adaptations of the basic time-series design shown in Figure 13.9 in the previous chapter. The difference is that data are collected and analyzed for only one subject at a time. They are most commonly used to study the changes in behavior an individual exhibits after exposure to an intervention or treatment of some sort. Developed primarily in special education, where much of the usual instrumentation is inappropriate, single-subject designs have been used by researchers to demonstrate that children with Down syndrome, for example, are capable of far more complex learning than was previously believed.*

Following are the titles of some published reports of single-subject studies that have been conducted by educational researchers:

- “Systematic Instruction for Social-Pragmatic Language Skills in Lunchroom Settings”.1
- “The Effect of a Self-Monitored Relaxation Breathing Exercise on Male Adolescent Aggressive Behavior”.2
- “The Effects of Improvisational Music Therapy on Joint Attention Behaviors in Autistic Children: A Randomized Controlled Study”.4
- “Decreasing Excessive Media Usage While Increasing Physical Activity”.5
- “Effects of Assisted-Repeated Reading on Students of Varying Reading Ability”.6
- “Enhancing Instructional Efficiency Through Generalization and Instructive Feedback”.7

*Increasingly, single-subject designs are being used in certain kinds of studies where the unit of observation is a single group rather than a single individual.
Important Findings in Single-Subject Research

For a long time, it was thought that there were many things, including independent living skills, that severely intellectually limited or emotionally disturbed children and adults could not be expected to learn. A series of studies in the 1960s, however, proved that they could learn a great deal through procedures known originally as operant conditioning, and more recently as behavior management or applied behavioral analysis. Recent studies have refined these methods.


Single-Subject Designs

THE GRAPHING OF SINGLE-SUBJECT DESIGNS

Single-subject researchers primarily use line graphs to present their data and to illustrate the effects of a particular intervention or treatment. Figure 14.1 presents an illustration of such a graph. The dependent (outcome) variable is displayed on the vertical axis (the ordinate, or y-axis). For example, if we were teaching a self-help skill to a severely disabled child, the number of correct responses would be shown on the vertical axis.

The horizontal axis (the abscissa, or x-axis) is used to indicate a sequence of time, such as sessions, days, weeks, trials, or months. As a rough rule of thumb, the horizontal axis should be anywhere from one and one-half to two times as long as the vertical axis.

![Figure 14.1 Single-Subject Graph](image-url)
A description of the conditions involved in the study is listed just above the graph. The first condition is usually the baseline, followed by the intervention (the independent variable). Condition lines, indicating when the condition has changed, separate the conditions. The dots are data points. They represent the data collected at various times during the study. They are placed on the graph by finding the intersection of the time when the data point was collected (e.g., session 6) and the results at that time (six correct responses). These data points are then connected to illustrate trends in the data. Lastly, there is a figure caption near the bottom of the graph, which is a summary of the figure, usually listing both the independent and the dependent variables.

THE A-B DESIGN

The basic approach of researchers using an A-B design is to collect data on the same subject, operating as his or her own control, under two conditions or phases. The first condition is the pretreatment condition, typically called (as mentioned before) the baseline period, and identified as A. During the baseline period, the subject is assessed for several sessions until it appears that his or her typical behavior has been reliably determined. The baseline is extremely important in single-subject research since it is the best estimate of what would have occurred if the intervention were not applied. Enough data points must be obtained to determine a clear picture of the existing condition; certainly one should collect a minimum of three data points before implementing the intervention. The baseline, in effect, provides a comparison to the intervention condition.

Once the baseline condition has been established, a treatment or intervention condition, identified as B, is introduced and maintained for a period of time. Typically, though not necessarily, a highly specific behavior is taught during the intervention condition, with the instructor serving as the data collector—usually by recording the number of correct responses (e.g., answers to questions) or behaviors (e.g., looking at the teacher) given by the subject during a fixed number of trials.

As an example of an A-B design, consider a researcher interested in the effects of verbal praise on a particularly nonresponsive junior high school student during instruction in mathematics. The researcher could observe the student’s behavior for, say, five days while instruction in math is occurring, then praise him verbally for five sessions and observe his behavior immediately after the praise. Figure 14.2 illustrates this A-B design.

As you can see, five measures were taken before the intervention and five more during the intervention. Looking at the data in Figure 14.2, the intervention appears
to have been effective. The amount of responsiveness after the intervention (the praise) increased markedly. However, there is a major problem with the A-B design. Similar to the one-shot case study that it resembles, the researcher does not know whether any behavior change occurred because of the treatment. It is possible that some other variable (other than praise) actually caused the change, or even that the change would have occurred naturally, without any treatment at all. Thus the A-B design fails to control for various threats to internal validity; it does not determine the effect of the independent variable (praise) on the dependent variable (response-ness) while ruling out the possible effect(s) of extraneous variables. As a result, researchers usually try to improve on the A-B design by using an A-B-A design.*

**THE A-B-A DESIGN**

When using an A-B-A design (sometimes called *reversal designs*), researchers simply add another baseline period. This improves the design considerably. If the behavior during the treatment period differs from the behavior during either baseline period, we have stronger evidence for the effectiveness of the intervention. In our previous example, the researcher, after praising the student for say, five days, could eliminate the praise and observe the student’s behavior for another five days with no praise. This would reduce threats to internal validity, because it is unlikely that something would occur at the precise time the intervention is presented to cause an increase in the behavior and at the precise time the intervention is removed to cause a decrease in the behavior. Figure 14.3 illustrates the A-B-A design.

Although the decrease in threats to internal validity is a definite advantage of the A-B-A design, there is a significant ethical disadvantage to this design: It involves leaving the subjects in the A condition. Many researchers would feel uncomfortable about ending this type of study without some degree of final improvement being shown. As a result, an extension of this design—the A-B-A-B design, is frequently used.

---

*Another option is to replicate this design with additional individuals with treatment beginning at different times, thereby reducing the likelihood that the passage of time or other conditions are responsible for changes.

---

**Figure 14.3 A-B-A Design**

![Frequency of response across baseline and praise conditions](image-url)
treatment to be demonstrated twice. In fact, the second treatment can be extended indefinitely if a researcher so desires. If the behavior of the subject is essentially the same during both treatment phases and better (or worse) than both baseline periods, the likelihood of another variable being the cause of the change is decreased markedly. Another advantage here is evident—the ethical problem of leaving the subject(s) without an intervention is avoided.

To implement an A-B-A-B design in the previous example, the researcher would reinstate the experiment treatment, B (praise), for five days after the second baseline period and observe the subject’s behavior. As with the A-B-A design, the researcher hopes to demonstrate that the dependent variable (responsiveness) changes whenever the independent variable (praise) is applied. If the subject’s behavior changes from the first baseline to the first treatment period, from the first treatment to the second baseline, and so on, the researcher has evidence that praise is indeed the cause of the change. Figure 14.4 illustrates the results of a hypothetical study involving an A-B-A-B design.

Notice that a clear baseline is established, followed by an increase in response during treatment, followed by a decrease in response when treatment is stopped, followed by an increase in response once the treatment is instituted again. This pattern provides fairly strong evidence that it is the treatment, rather than history, maturation, or something else, that is responsible for the improvement.

Although evidence such as that shown in Figure 14.4 would be considered a strong argument for causation, you should be aware that the A-B-A and A-B-A-B designs suffer from limitations: The possibility of data-collector bias (the individual who is giving the treatment also usually collects the data) and an instrumentation effect (the need for an extensive number of data collection periods) can lead to changes in the conditions of data collection.

THE B-A-B DESIGN

Occasionally there are times when an individual’s behavior is so severe or disturbing (e.g., excessive fighting both in and outside of class) that a researcher cannot wait for a baseline to be established. In such cases, a B-A-B design may be used. This design involves a treatment followed by a baseline followed by a return to the treatment. This design is also appropriate when there is a lack of behavior—for example, if the subjects have never exhibited the desired (e.g., paying attention) behaviors in the past—or when an intervention is already ongoing (e.g., an after-school detention program) and a researcher wishes to establish its effect. Figure 14.5 illustrates the B-A-B design.
THE A-B-C-B DESIGN
The A-B-C-B design is a further modification of the A-B-A design. The C in this design refers to a variation of the intervention in the B condition. In the first two conditions, the baseline and intervention data are collected. During the C condition, the intervention is changed to control for any extra attention the subject may have received during the B phase. For example, in our earlier example, one might argue that it was not the praise that was responsible for any improved responsiveness (should that occur) on the part of the subject, but rather the extra attention that the subject received. The C condition, therefore, might be praise given no matter how the subject responds (i.e., whether he offers responses or not). Thus, as shown in Figure 14.6, a conclusion could be reached that contingent (or selective) praise is critical for improved responsiveness, as compared to the mere increase in overall praise.

MULTIPLE-BASELINE DESIGNS
An alternative to the A-B-A-B design is the multiple-baseline design. Multiple-baseline designs are typically used when it is not possible or ethical to withdraw a treatment and return to the baseline condition. When using a multiple-baseline design, researchers do more than collect data on one behavior for one subject in one setting; they collect on several behaviors for one subject, obtaining a baseline for each during the same period of time.

When using a multiple-baseline design across behaviors, the researcher systematically applies the treatment at different times for each behavior until all of them are undergoing the treatment. If behavior changes in each case only after the treatment has been applied, the treatment is judged to be the cause of the change. It is important that the behaviors being treated, however, remain independent of each other. If behavior 2, for example, is affected by the introduction of the treatment to behavior 1, then the effectiveness of the treatment cannot be determined. A diagram of a multiple-baseline design involving three behaviors is shown in Figure 14.7.

In this design, treatment is applied first to change behavior 1, then behavior 2, and then behavior 3 until all three behaviors are undergoing the treatment. For example, a researcher might investigate the effects of “time-out” (removing a student from class activities for a period of time) on decreasing various undesirable
behaviors of a particular student. Suppose the behaviors are (a) talking out of turn; (b) tearing up worksheets; and (c) making derogatory remarks toward another student. The researcher begins by applying the time-out treatment first to behavior 1, then to behavior 2, and then to behavior 3. At that point, the treatment will have been applied to all three behaviors. The more behaviors that are eliminated or reduced, the more effective the treatment can be judged to be. How many times the researcher must apply the treatment is a matter of judgment and depends on the subjects involved, the setting, and the behaviors the researcher wishes to decrease or eliminate (or encourage). Multiple-baseline designs also are sometimes used to collect data on several subjects with regard to a single behavior, or to measure a subject’s behavior in two or more different settings.

Figure 14.8 illustrates the effects of a treatment in a hypothetical study using a multiple-baseline design. Notice that each of the behaviors changed only when the treatment was introduced. Figure 14.9 illustrates the design applied to different settings.

In practice, the results of the studies described here rarely fit the ideal model in that the data points often show more fluctuation, making trends less clear-cut. This feature makes data collector bias even more of a problem, particularly when the behavior in question is more complex than just a simple response such as picking up an object. Data collector bias in multiple-baseline studies remains a serious concern.
Threats to Internal Validity in Single-Subject Research

As we mentioned earlier, there are unfortunately several threats to the internal validity of single-subject studies. Some of the most important involve the length of the baseline and intervention conditions, the number of variables changed when moving from one condition to another, the degree and speed of any change that occurs, a return—or not—of the behavior to baseline levels, the independence of behaviors, and the number of baselines. Let us discuss each of these in more detail.

**Condition Length.** Condition length refers to how long the baseline and intervention conditions are in effect. It is essentially the number of data points gathered during a condition. A researcher must have enough data points (a minimum of three) to establish a clear pattern or trend. Take a look at Figure 14.10(a) on page 311. The data shown in the baseline condition appear to be stable, and hence it would be appropriate for the researcher to introduce the intervention. In Figure 14.10(b), the data points appear to be moving in a direction opposite to that which is desired, and hence here too it would be appropriate for the researcher to introduce the intervention. In Figure 14.10(c), the data points vary greatly; no trend has been established, and hence the researcher...
should stay in the baseline condition for a longer period of time. Note that the data points in Figure 14.10(d) appear to be moving in the same direction as that which is desired. If the baseline condition were to be ended at this time and the intervention introduced, the effects of the intervention might be difficult to determine.

In the real world, of course, it is often difficult to obtain enough data points to see a clear trend. Often there are practical problems such as a need to begin the study due to a shortage of time or an ethical concern such as a subject displaying very dangerous behavior. Nevertheless, the stability of data points must always be taken...
One of the most important considerations in single-subject research is the number of variables introduced: Only one variable should be changed at a time when moving from one condition to another. For instance, consider our previous example in which a researcher is interested in determining the effects of time-out on decreasing certain undesirable behaviors of a student. The researcher should take care that the only treatment she introduces during the intervention condition is the time-out experience. This step changes only one variable. If the researcher were to introduce not only the time-out experience but also another experience (e.g., counseling the student during the time-out), she would be changing two variables. In effect, the treatment would be confounded. The intervention would now consist of two variables mixed together. Unfortunately, the only thing the researcher could now conclude would be whether the combined treatment was or was not effective. He or she would not know if it was the counseling or the time-out that was the cause. Thus, when analyzing a single-subject design, it is always important to determine whether only one variable at a time has been changed. If this is not the case, any conclusions that are drawn may be erroneous.

**Degree and Speed of Change.** Researchers must also take into account the magnitude with which the data change at the time the intervention condition is implemented (i.e., when the independent variable is introduced or removed). Look, for example, at Figure 14.11(a). The baseline condition reveals that the data have stability. When the intervention is introduced, however, the subject’s behavior does not change for a
must consider all such possibilities if there is a slow or delayed change once the intervention is introduced. Figure 14.11(b) indicates there was a fairly immediate change but that it was of small magnitude. Only in Figure 14.11(c) do we see a dramatic and rapid change once the intervention was introduced. A researcher would be more likely to conclude that the independent variable was effective in this case than he or she would in either of the other two.

**Return to Baseline Level.** Look at Figure 14.12(a). Notice that in returning to the baseline condition, there was not a rapid change in behavior. This suggests that something else may have occurred when the intervention condition was introduced. We would expect that the behavior of the subject would have returned to baseline levels fairly quickly if the intervention had been the causal factor in changing the subject’s behavior. The fact that the subject’s behavior did not return to the original baseline level suggests that one or more extraneous variables may have produced the effects observed during the intervention condition. On the other hand, look at Figure 14.12(b). Here we see that the change from intervention to baseline levels was abrupt and rapid. This suggests that the independent variable was likely the cause of the changes in the dependent variable. Note, however, that, because the treatment was intended to have a lasting impact, a slower return to baseline may have been desirable, though it would have complicated interpretation.

**Independence of Behaviors.** This concern is most applicable to multiple-baseline studies. Imagine for a moment that a researcher is investigating various methods of teaching history. The researcher defines two separate behaviors that she is going to measure. These include (1) ability to locate the central idea, and (2) ability to summarize the important points in various historical documents. The researcher obtains baseline data for each of these skills and then implements an intervention (providing worksheets that give clues about how to locate important ideas in historical documents). The subject’s ability to locate the central idea in a document improves quickly and considerably. However, the subject’s ability to summarize important points also improves. It is quite evident that these two skills are not independent. They appear to be related in some way, conceivably dependent on the same underlying cognitive ability, and hence they improve together.
Examples of Studies Conducted Using Single-Subject Designs

- Determining the collateral effects of peer tutor-training on a student with severe disabilities (an A-B design).*
- Effects of training in rapid decoding on the reading comprehension of adult learners (an A-B-A design).†
- Effects of self-recording on reducing off-task behavior of a high school student with an attention-deficit hyperactivity disorder (an A-B-A-B design).‡
- Assessing the acquisition of first-aid treatments by elementary-aged children (a multiple-baseline across subjects design).§
- Effects of a self-management procedure on the classroom and academic behavior of students with mild handicaps (a multiple-baseline across settings design).||


Figure 14.12 Differences in Return to Baseline Conditions

Number of Baselines. In order to have a multiple-baseline design, a researcher must have at least two baselines. Although the baselines begin at the same time, the interventions are introduced at different times. As we mentioned earlier, the chances that an extraneous variable caused the results when using a multiple-baseline design across two behaviors are lessened, since it is less likely that the same extraneous event caused the observed changes for both behaviors at different times. The probability that an extraneous event caused the changes in a multiple-baseline design across three behaviors, therefore, is even less.

Thus, the greater the number of baselines, the greater the probability that the intervention is the cause of any changes in behavior, since the likelihood that an extraneous variable caused the changes is correspondingly decreased the more behaviors we have.

There is a problem with a large number of baselines, however. The more baselines there are, the longer the later behaviors must remain in baseline—that is, are kept from receiving the intervention. For example, if we follow the recommendation mentioned earlier of establishing stable data points before we introduce the intervention condition, this would mean that the first behavior is in baseline for a minimum of three sessions, the second for six sessions, and the third for nine. Should we use four baselines, the fourth behavior would be in baseline condition for 12 sessions! This is a very long time for a behavior to be kept from receiving the intervention. As a general rule, however, it is important to remember that the fewer the number of baselines, the less likely we can conclude that it is the intervention rather than some other variable that causes any changes in behavior.
CONTROL OF THREATS TO INTERNAL VALIDITY IN SINGLE-SUBJECT RESEARCH

Single-subject designs are most effective in controlling for subject characteristics, mortality, testing, and history threats; they are less effective with location, data collector characteristics, maturation, and regression threats; and they are definitely weak when it comes to instrument decay, data collector bias, attitudinal, and implementation threats.

A location threat is most often only a minor threat in multiple-baseline studies, because the location where the treatment is administered is usually constant throughout the study. The same is true for data collector characteristics, although such characteristics can be a problem if the data collector is changed over the course of the study.

Single-subject designs unfortunately do suffer from a strong likelihood of instrument decay and data collector bias, since data must be collected (usually by means of observations) over many trials, and the data collector can hardly be kept in the dark as to the intent of the study.

Neither implementation nor attitudinal effect threats are well controlled for in single-subject research. Either implementers or data collectors can, unintentionally, distort the results of a study. Data collector bias is a particular problem when the same person is both implementer (e.g., acting as the teacher) and data collector. A second observer, recording independently, reduces this threat but increases the amount of staff needed to complete the study. A testing threat is usually not a threat, since presumably the subject cannot affect observational data.

EXTERNAL VALIDITY IN SINGLE-SUBJECT RESEARCH: THE IMPORTANCE OF REPLICATION

Single-subject studies are weak when it comes to external validity—i.e., generalizability. One would hardly advocate use of a treatment shown to be effective with only one subject! As a result, studies involving single-subject designs that show a particular treatment to be effective in changing behaviors must rely on replications—across individuals rather than groups—if such results are to be found worthy of generalization.

OTHER SINGLE-SUBJECT DESIGNS

There are a variety of other, less used designs that fall within the single-subject category. One is the multi-treatment design, which introduces a different treatment into an A-B-A-B design (i.e., A-B-A-C-A). The alternating-treatments design alternates two or more different treatments after an initial baseline period (e.g., A-B-C-B-C). A variation of this is illustrated in the study analysis in this chapter, which eliminates the baseline, becoming a B-C-B, B-C-B-C, or B-C-B-C-B design. The multiprobe design differs from a multiple-baseline design only in that fewer data points are used, in an attempt to reduce the data collection burden and avoid threats to internal validity. Finally, features of all these designs can be combined.*

An Example of Single-Subject Research

In the remainder of this chapter, we present a published example of single-subject research followed by a critique of its strengths and weaknesses. As we did in our critique of the group comparison experimental research study in Chapter 13, we use the concepts introduced in earlier parts of the book in our analysis.

Progressing from Programmatic to Discovery Research: A Case Example with the Overjustification Effect

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Scientific research progresses along planned (programmatic research) and unplanned (discovery research) paths. In the current investigation, we attempted to conduct a single-case evaluation of the overjustification effect (i.e., programmatic research). Results of the initial analysis were contrary to the overjustification hypothesis in that removal of the reward contingency produced an increase in responding. Based on this unexpected finding, we conducted subsequent analyses to further evaluate the mechanisms underlying these results (i.e., discovery research). Results of the additional analyses suggested that the reward contingency functioned as punishment (because the participant preferred the task to the rewards) and that withdrawal of the contingency produced punishment contrast.

DESCRIPTORS: autism, behavioral contrast, discovery research, overjustification, punishment

Progress in scientific research often advances on two different paths. Sometimes a researcher follows a planned line of research in which specific hypotheses are tested (referred to as programmatic research; Mace, 1994). At other times, unplanned events or serendipitous findings occur that are interesting or noteworthy and that lead the researcher in a previously unforeseen direction (referred to as discovery research; Skinner, 1956). The current investigation started as a planned within-subject analysis of the phenomenon referred to as the overjustification effect (programmatic research), but when the results were in direct opposition to the overjustification hypothesis, we undertook a different set of analyses in an attempt to understand this serendipitous finding (discovery research). In the remainder of the introduction, we review the relevant literature that led to our initial analysis of the overjustification effect and then review studies relevant to discovery research.

The overjustification hypothesis, which is an often-cited criticism of reward-based programs, states that the delivery of extrinsic rewards decreases an individual's intrinsic interest in the behavior that produced the rewards (Greene & Lepper, 1974). For example, an individual may play guitar simply because it is a preferred activity. If the individual is subsequently paid for playing the guitar, the overjustification hypothesis predicts that guitar playing will decrease when payment is no longer received. From a general cognitive perspective, the use of the external reward may devalue the intrinsic interest in the behavior in that the individual changes the concept of why he or she is engaging in the response and interprets the behavior as “work” rather than “pleasure” (see Deci, 1971, for a more detailed discussion of this interpretation).
It should be noted that the overjustification hypothesis does not predict what effect the use of rewards will have on the target response (i.e., whether those rewards will function as reinforcement and increase the future probability of the response). In addition, the nontechnical term reward is used to describe a preferred stimulus that is presented contingent on a response with the goal of increasing the future occurrence of that response. By contrast, the term positive reinforcement is reserved for conditions in which contingent presentation of a stimulus actually produces an increase in the future probability of the target response. Unfortunately, most studies on the overjustification effect have been conducted using between-groups designs and arbitrarily determined rewards (Reitman, 1998), which do not allow a proper evaluation of whether the stimuli functioned as positive reinforcers (rather than so-called rewards).

Several investigations have been conducted to evaluate the validity of the overjustification hypothesis and have produced mixed results. Deci (1971), for example, showed evidence of overjustification by comparing the puzzle completion of two groups of participants. Following baseline observation, one group received a $1 reward for puzzle completion and the other group did not. For the reward group, puzzle completion decreased below the initial baseline level following cessation of the reward contingency, whereas stable levels of completion were observed for the control group. Greene and Lepper (1974) compared levels of coloring across three groups of children and found that children who received a reward for coloring showed less interest in coloring once the reward contingency was removed relative to children who were never told that they would receive a reward.

By contrast, Vasta and Stirpe (1979) showed evidence that did not support the overjustification hypothesis. First, baseline data were collected on worksheet completion for two groups of children. Following baseline, token delivery was initiated with one group. This resulted in an increase in the target response, however, participants in the experimental group returned to their initial response levels during the reversal to baseline. That is, no evidence of the overjustification effect was obtained.

From a behavior-analytic perspective, the overjustification effect might be conceptualized as behavioral contrast (Balsam & Bondy, 1983). Behavioral contrast involves an interaction between two schedules in which manipulation of one schedule produces an inverse (or contrasting) change in the response associated with the unchanged schedule (e.g., introduction of extinction for Response A not only decreases Response A but also increases Response B). Behavioral contrast has been reported most frequently for schedule interactions that occur during multiple and concurrent schedules (Catania, 1992; Reynolds, 1961), but contrast effects can sometimes occur across successive phases with a single response (Azrin & Holz, 1966).

The overjustification effect, when it occurs, is an example of successive behavioral contrast in which a schedule change in one phase affects the level of a single response in a subsequent phase. That is, during the initial baseline, the target response is presumably maintained by automatic reinforcement (e.g., playing guitar 1 hr per day). Following introduction of the external reward (e.g., payment for playing guitar), any increase in responding (e.g., playing guitar 2 hr per day) would be attributable to the reinforcement effect of the reward. If withdrawal of the external reward decreases responding below the levels in the initial baseline (e.g., playing guitar 1 hr every 2 days), the difference in responding between the two baseline phases (i.e., the one preceding and the one following the reinforcement phase) would represent a contrast (or overjustification) effect. Negative behavioral contrast has been defined as response suppression for one reinforcer following prior exposure to a more favorable reinforcer (Mackintosh, 1974). In the above example, the decrease in responding during the second baseline phase would
be attributable to the prior increase in reinforcement (i.e., automatic reinforcement plus payment) and would represent negative behavioral contrast. Interpreting overjustification as negative behavioral contrast may be a more parsimonious interpretation of the effect, as opposed to cognitive perspectives, because of the observability of the response under question across successive phases. In addition, interpreting the overjustification effect as behavioral contrast may help to explain why prior research on this phenomenon has produced such mixed results, in that contrast effects tend to be transient and inconsistent phenomena (Balsam & Bondy, 1983; Eisenberger & Cameron, 1996).

Although programmatic lines of research often lead to scientific advances, in many cases serendipitous findings may also lead to new areas of research. Many of Skinner’s early discoveries were the result of unplanned findings in his laboratory. For example, the production of an extinction curve was due to equipment failure (i.e., a jam in the food magazine), intermittent reinforcement schedules were developed based on the need to conserve food pellets, and the development of the fixed-ratio schedule occurred within the context of controlling for deprivation under fixed-interval schedules (Skinner, 1956). In addition, many research programs have been developed based on unexpected or accidental findings in the laboratory (see Brady, 1958). Unplanned results are important to researchers because such findings often produce a line of “curiosity-testing” research in which novel scientific findings are obtained (Sidman, 1960).

In the current investigation, we describe a case example in which a planned line of programmatic research (i.e., a single-case evaluation of the overjustification hypothesis) produced unexpected results. Based on these results, additional analyses were conducted to evaluate the mechanisms underlying these findings.

**GENERAL METHOD**

**Participant and Setting**

Arnold, a 14-year-old boy who had been diagnosed with autism, cerebral palsy, moderate mental retardation, and visual impairments, had been admitted to an intensive day-treatment program for the assessment and treatment of self-injurious behavior (head banging). He had a vocabulary of approximately 1,000 words and was able to follow multiple-step instructions to complete complex tasks (e.g., folding laundry, operating a dishwasher) but required some assistance with self-help skills (e.g., dressing, ambulating long distances) due primarily to his visual impairment. Throughout this investigation, Arnold received constant dosages of fluvoxamine, divalproex, and olanzapine.

All sessions were conducted in a padded room (approximately 4 m by 3 m) that contained chairs, a table, and other stimuli (e.g., toys, work materials) needed for the condition in effect. A therapist was present in the room with Arnold across all conditions, and one or two observers were seated in unobtrusive locations in the room.

**Response Measurement and Reliability**

Observers collected data on sorting (in the reward and time-out analyses), in-seat behavior (in the reinforcer assessment and the reward analysis), and orienting behavior (in the time-out analysis). Sorting was defined as placing a piece of silverware in a plastic utensil tray that was divided into different spaces, each shaped like a particular type of silverware (i.e., knife, fork, or spoon). Sorting was scored only when Arnold placed a piece of silverware in the correct space in the tray. Sorting was identified as the target behavior based on reports from home and school that this was a task that Arnold completed independently. In-seat behavior was defined as contact of the buttocks to the seat of a chair. Orienting behavior consisted of responses that were necessary for an individual with...
visual impairments to locate the task materials and included touching areas of the table until the tray was located or touching the various utensil spaces on the tray. For the purpose of data analysis, sorting was recorded as a frequency measure and was converted to responses per minute. Durations of in-seat behavior and orienting behavior were converted to percentage of session time by dividing the duration of the behavior by the duration of the session (i.e., 600 s of work time) and multiplying by 100%.

A second observer independently collected data on 46.3% of all sessions. Exact agreement was calculated by comparing observer agreement on the exact number (or duration) of occurrences or nonoccurrences of a response during each 10-s interval. The agreement coefficient was computed by dividing the number of exact agreements on the occurrence or nonoccurrence of behavior by the number of agreements plus disagreements and multiplying by 100%. Agreement on sorting averaged 86.6% (range, 78.7% to 98.3%) in the reward analysis and 88.4% (range, 81.9% to 92.6%) in the time-out analysis. Agreement on in-seat behavior averaged 96.8% (range, 90.3% to 100%) in reward analysis and 98.9% (range, 96.8% to 100%) in the reinforcer assessment. Agreement on orienting behavior averaged 88.1% (range, 85.2% to 91.1%) in the time-out analysis.

EXPERIMENT 1: REWARD ANALYSIS

Method

Preference Assessment. A modified stimulus-choice preference assessment was conducted to identify a hierarchy of preferred stimuli (Fisher et al., 1992; Paclawskyj & Vollmer, 1995). Stimuli included in this assessment were based on informal observations of Arnold’s interactions with various stimuli and on caregiver report of preferred items (Fisher, Piazza, Bowman, & Amari, 1996). Eight stimuli were included in the preference assessment, and each stimulus was paired once with every other stimulus in a random order. At the beginning of each presentation, the therapist (a) held a pair of stimuli in front of Arnold, (b) vocally told Arnold which item was located to the left and which was to the right, (c) guided Arnold to touch and interact with each item for approximately 5 s, and (d) said, “Pick one.” Contingent on a selection, Arnold received access to the item for 20 s. After the 20-s interval elapsed, the stimulus was withdrawn, and two different stimuli were presented in the same manner. Simultaneous approaches toward both stimuli were blocked, and the items were briefly withdrawn and re-presented in the manner described above.

Reward Analysis. This analysis consisted of two conditions, baseline and contingent reward. During baseline, Arnold was seated at a table with a box of silverware located on the floor to the left of his chair. A plastic tray was located approximately 25 cm from the edge of the table (the location was marked by a piece of tape). Throughout the session, Arnold was prompted to engage in the target behavior (i.e., the therapist said “Arnold, sort the silverware”) on a fixed-time (FT) 60-s schedule. No differential consequences were arranged for the emission of the sorting response, and all other behavior was ignored. In the contingent reward condition, Arnold received 20-s access to the two preferred stimuli (toy telephone and radio) for sorting silverware on a fixed-ratio (FR) 1 schedule. When Arnold gained access to the preferred stimuli, the tray and the box of silverware were removed, and the preferred stimuli were placed on the table. After the 20-s interval elapsed, the preferred stimuli were removed, the tray and the box of silverware were returned to their initial positions, and Arnold could resume sorting. With the exception of the presentation of preferred stimuli, the contingent reward condition was identical to the baseline condition (i.e., silverware and tray were present, prompts were delivered on an FT 60-s schedule, and all other behavior was ignored).
The baseline and contingent reward conditions were alternated in a reversal (ABABA) design. All sessions consisted of 10 min of work time (i.e., the session clock stopped during each 20-s interval in which preferred stimuli were delivered).

Results and Discussion

Preference Assessment. Two stimuli were chosen on over 80% of presentations during the stimulus-choice preference assessment. A toy telephone was chosen on 100% of presentations and a radio was chosen on 86% of presentations.

Reward Analysis. This analysis was conducted to determine if contingent presentation of preferred toys would increase the target response while the contingency was in effect and then decrease this response below its initial baseline levels once the contingency was withdrawn (i.e., would produce negative behavioral contrast or an overjustification effect). Results of the reward analysis are shown in Figure 1. The initial baseline resulted in moderately high levels of sorting ($M = 4.6$ responses per minute). Contrary to expectations, contingent access to preferred toys actually decreased the rate of sorting ($M = 3.5$). A reversal to the baseline condition showed that sorting increased to levels that exceeded the initial baseline ($M = 6.1$). Subsequent introduction of the toys produced another decrease in sorting ($M = 3.6$) that was followed by a recovery of increased sorting rates in the second reversal to the baseline condition ($M = 5.9$). In summary, contingent presentation of the preferred toys decreased responding relative to its initial baseline levels, and removal of the contingency produced increased response rates that exceeded initial baseline levels.

Because the reward contingency decreased responding while it was in effect and increased responding above the initial baseline levels after it was withdrawn (in direct opposition to the prediction of the overjustification hypothesis), subsequent analyses were conducted to evaluate several potential explanations of the observed effects of the contingency. One potential explanation was that contingent access to the preferred stimuli functioned as punishment (time-out from the automatic reinforcement produced by sorting) because the delivery of the preferred toys interrupted an even more preferred activity (sorting the silverware). A second potential explanation of the effects of the contingency was that presentation of the preferred stimuli increased the complexity of the task because the participant was visually impaired and had to reorient to the sorting materials.

![Figure 1 Sorting Responses per Minute During the Reward Analysis](image)
after each delivery of the preferred stimuli. To evaluate these possibilities, we conducted an additional analysis. The second (time-out) analysis was a direct test of the effects of time-out from the sorting task, while the duration of orienting behaviors was measured (to determine whether the reductions in sorting were attributable to the increased complexity resulting from these prerequisite responses). If time-out produced reductions in silverware sorting similar to those produced during the contingent reward condition, it would strongly suggest that contingent access to toys functioned as punishment for silverware sorting and the subsequent increases resulted from behavioral contrast. Alternatively, high levels of orienting behavior in the time-out condition would suggest that the results obtained in the reward analysis were due to increased task complexity.

**EXPERIMENT 2: TIME-OUT ANALYSIS**

**Method**

The baseline condition was identical to the one conducted in the reward analysis (i.e., silverware located to the left of the chair, a tray present on the table, and prompts delivered every 60 s). The time-out condition was identical to baseline except that the tray and box of silverware were removed for 20 s contingent on the sorting response on an FR 1 schedule. Thus, this condition was similar to the contingent reward condition of the reward analysis except that the preferred stimuli were not delivered following each sorting response. At the end of the 20-s time-out, the therapist returned the tray and box of silverware and Arnold could resume sorting. All other responses were ignored. The baseline and time-out conditions were compared in a multielement design. All sessions consisted of 10 min of work time (i.e., the session clock stopped during each 20-s time-out interval).

**Results and Discussion**

Results of the time-out analysis are presented in Figure 2. Rates of sorting ($M = 6.4$ responses per minute) during baseline were similar to the rates observed during the last two baseline phases of the reward analysis. Lower rates of sorting were observed in the time-out condition ($M = 3.4$). This rate is similar to the rates observed in the contingent reward phases of the reward analysis.

Given Arnold’s visual impairments, it was possible that the lower rates observed during the time-out condition could be due to orienting responses that may have been...
needed to reinitiate the sorting response after each time-out interval (i.e., orienting the materials prior to working). Thus, during the time-out condition, observers collected data on the time Arnold allocated to such orienting responses. These data revealed that the differences between the amount of time Arnold allocated to orienting responses during baseline ($M = 0.6$ s per session) and the time-out conditions ($M = 2.4$ s per session) were negligible and could not account for the observed reductions in the sorting response.

Results of the time-out analysis suggested that interruption of the ongoing sorting response functioned as punishment and reduced the occurrence of sorting. Thus, it was likely that the results obtained in the reward analysis were attributable to the interruption of the sorting response via the contingent presentation of the preferred toys. Also, results of the reward and time-out analyses suggested that sorting was a highly preferred response, which was possibly more preferred than playing with the toy telephone and radio. To examine this possibility, a third analysis was conducted to evaluate the relative reinforcing efficacy of the preferred toys when no alternative stimulation was available and when Arnold had a choice between the preferred toys and sorting silverware.

EXPERIMENT 3: REINFORCER ASSESSMENTS

Method

A reinforcer assessment (based on Roane, Vollmer, Ringdahl, & Marcus, 1998) was conducted to evaluate the reinforcing effects of the preferred stimuli when no alternative stimulation was available (Phase 1) and when Arnold had a choice between the preferred stimuli and the sorting response (Phase 2). During each phase of the assessment, two chairs were concurrently available in the room. During Phase 1, sitting in one chair produced continuous access to the toy telephone and radio (the preferred stimuli identified during the preference assessment), whereas sitting in the other chair produced no consequence (control chair). During Phase 2, sitting in one chair produced continuous access to the toy telephone and radio, whereas sitting in the other chair produced continuous access to the sorting task. Prior to each session, Arnold was guided to sit in each chair, and he received the consequence associated with that chair. At the beginning of the session, Arnold was moved 1.5 m from the chairs, was told which chair was located to his left and right, and was prompted to select one of the chairs. After 5 min elapsed, the session clock was paused and Arnold was guided to stand up and walk to the starting area (i.e., 1.5 m from the chairs). At this point the chairs and their respective contingencies were reversed (e.g., the reinforcement chair became the control chair and vice versa). Arnold was again prompted to choose a chair, the session clock resumed, and the session continued as described above.

Results

Results of the reinforcer assessment are shown in Figure 3. In Phase 1, when sitting in one chair produced continuous access to the preferred toys and sitting in the other chair produced no consequence, Arnold allocated all of his responding toward the chair associated with the toys ($M = 94.1\%$ of the session time) to the exclusion of the control chair. By contrast, in Phase 2, when one chair produced continuous access to these same preferred toys but the other chair produced continuous access to the sorting task, Arnold allocated all of his responding to the chair associated with the sorting materials ($M = 92.3\%$ of the session time) to the exclusion of the chair associated with preferred stimuli. These results indicate that the preferred toys functioned as reinforcement for in-seat behavior when the alternative was no stimulation but not when the alternative was engagement in the sorting task. Arnold clearly preferred the sorting task to the toys.
In the current investigation, a young man sorted silverware in the absence of external reward delivery. This behavior met the definition of intrinsically motivated behavior described by Deci (1971). The overjustification hypothesis states that levels of an intrinsically motivated behavior will decrease to levels below the prereward baseline following cessation of the reward contingency. Not only was this effect not evident in the current investigation, but the results were directly opposite of the prediction of the overjustification hypothesis.

Results of the initial (reward) analysis revealed what might be termed an antioverjustification effect in that (a) contingent presentation of high-preference stimuli resulted in a decrease in responding relative to baseline and (b) responding increased when the behavior no longer produced the external reward. The unexpected results of the initial analysis led to the development of additional hypotheses that were evaluated through subsequent analyses. These additional analyses suggested that interruption of the sorting task (via the removal of sorting materials) functioned as punishment and that the sorting task was a more preferred response relative to toy play.

Two operant mechanisms appear to provide the most parsimonious accounts for the results observed in the current investigation. Results of the reward and time-out analyses suggest that decreased response levels were attributable to the removal of the sorting materials, which interrupted the ongoing sorting response. Contingent interruption of automatically reinforced behavior has been used to reduce the occurrence of such responses and has been reported as a punishment effect (e.g., Barmann, Croyle-Barmann, & McLain, 1980; Lerman & Iwata, 1996). Likewise, interruption of the sorting task appeared to function as punishment. The removal of the response manipulanda in the reward and time-out analyses is similar to the time-out procedures used in laboratory research. Ferster and Skinner (1957) defined time-out as “any period of time during which the organism is prevented from emitting the behavior under observation” (p. 34). Time-out periods frequently result in a decreased rate of responding (Ferster & Skinner). In the current investigation, Arnold could not emit the target response (sorting) during the reward interval of the reward analysis or during the time-out interval of the time-out analysis because access...
to the silverware and tray was restricted. Thus, it appears that the decrease in behavior during the contingent reward and time-out conditions was due to punishment in the form of time-out from the more preferred reinforcer (the sorting task).

The second general effect observed in the current investigation (i.e., increases in responding relative to the initial baseline) is indicative of behavioral contrast. Specifically, a contrast effect was noted in that responding increased following prior exposure to a less preferred consequence (i.e., interruption). Recall that the overjustification hypothesis may be interpreted as negative behavioral contrast (i.e., responding for one reinforcer decreases following exposure to a more preferred reinforcer). By contrast, in the current investigation the target behavior decreased initially and increased in the subsequent baseline phases.

Given that the behavior decreased during the contingent reward and time-out conditions, it is not appropriate to conceptualize the current results as reinforcement contrast. The current results appear to be more accurately characterized as an example of punishment contrast (i.e., increase in responding for a reinforcer following exposure to punishment). Ferster and Skinner (1957) found higher rates of responding following a time-out period relative to the levels of responding observed prior to the time-out. Similarly, Azrin (1960) showed that responding following the cessation of a punishment contingency increased to levels that exceeded prepunishment baseline levels.

Although the mechanism underlying punishment contrast remains uncertain, it seems that increases in responding following a punishment contingency may be related to decreased amounts of reinforcement during the punishment phase. In other words, punishment may create a deprivation state that results in an increase in responding in a subsequent (nonpunishment) phase (Azrin & Holz, 1966), an interpretation that is also consistent with the response-deprivation hypothesis (Timberlake & Allison, 1974; for more in-depth reviews of this and other potential explanations of punishment contrast, see Azrin & Holz or Crosbie, Williams, Lattal, Anderson, & Brown, 1997).

An alternative to the punishment contrast explanation is that the decrease in the target response observed during the contingent reward and time-out conditions may have been due to disrupted response momentum (Nevin, 1996). Specifically, presentation of the toys and removal of the sorting materials may have functioned to disrupt the ongoing high-probability sorting response, such that response levels dropped relative to the nondisrupted baseline. However, if the decrease in the target response observed during the contingent reward phase were due to disrupted response momentum, one would not expect responding to increase in the second baseline to levels above those observed during the initial baseline. To the contrary, if the response’s momentum were disrupted, one would expect lower levels of responding during the second baseline relative to the first.

One potentially important aspect of the current results is that they illustrate the relative nature of reinforcement, and of punishment for that matter (Herrnstein & Loveland, 1975; Premack, 1971; Timberlake & Allison, 1974). Typically, stimuli identified as highly preferred in stimulus preference assessments function as effective positive reinforcers (e.g., Fisher et al., 1992; Roane et al., 1998). In the current investigation, contingent access to the toy telephone and radio (the items identified as highly preferred during the preference assessment) did not function as reinforcement for the sorting response during the reward analysis. Results of the reinforcer assessment helped to explain this finding by showing that these stimuli (the toys) functioned as reinforcement (for in-seat behavior) when the alternative was sitting in a chair associated with no alternative reinforcement but not when the choice was between the toys and the sorting task.
In light of the results of the reinforcer assessment, it is not surprising that a reinforcement effect was not obtained in the reward analysis. In fact, if the reinforcer assessment had been conducted first, the results of the reward analysis could have been predicted using either the probability-differential hypothesis (i.e., the Premack principle; Premack, 1959) or the response-deprivation hypothesis (Timberlake & Allison, 1974). The probability-differential hypothesis states that a higher probability response will increase the occurrence of a lower probability response, if the contingency is arranged such that the high-probability response is contingent on the low-probability response. In the current investigation, the probability-differential hypothesis would predict that contingent access to the toys would function as punishment for the sorting response because a lower probability response was presented contingent on a higher probability response (Premack, 1971). The response-deprivation hypothesis states that restricting a response below its free-operant baseline probability will establish its effectiveness as reinforcement for another response. Response deprivation would predict the absence of a reinforcement effect (but not necessarily a punishment effect), because playing with the toys did not occur when this response and the sorting response were concurrently available. Under this condition, it was not possible to produce response deprivation for toy play (which would be necessary to establish its effectiveness as reinforcement according to response-deprivation theory) because the initial probability of toy play was zero (see Konarski, Johnson, Crowell, & Whitman, 1980, for a more complete discussion of the convergent and divergent predictions of the Premack principle and the response-deprivation hypothesis).

Future research should consider the relativity of reinforcement when designing behavioral interventions. Specifically, researchers should consider conducting concurrent arrangements of potential instrumental (e.g., tasks) and contingent (e.g., preferred stimuli) responses in conjunction with either the Premack principle or the response-deprivation hypothesis to help to ensure that a reinforcement contingency will be arranged appropriately.

Additional research should also be directed at extending initial unexpected or negative findings by examining the factors that contribute to such results (e.g., Piazza, Fisher, Hanley, Hilker, & Derby, 1996; Ringdahl, Vollmer, Marcus, & Roane, 1997). In the current investigation, the reward analysis failed to yield the anticipated results. That is, the original purpose of our analysis was to conduct a single-case evaluation of the overjustification effect using empirically derived preferred stimuli. From this perspective, the initial results could be interpreted as a failure. However, the negative results of the reward analysis led to further experimentation designed to address additional hypotheses. These additional analyses allowed us to pursue other research questions (i.e., through discovery research; Skinner, 1956).

Future research should also continue to evaluate the overjustification hypothesis using single-case designs and methods appropriate to the evaluation of contrast effects (Crosbie et al., 1997). In addition, investigators should examine the effects of various types of contrast effects on behavioral interventions. As with other operant principles, contrast mechanisms may vary in terms of their effect on subsequent behavior (i.e., increase or decrease) and the conditions under which they occur (i.e., simultaneous or successive schedules; Mackintosh, 1974). In addition, contrast effects are generally considered to be transient phenomena in that response rates generally return to baseline levels over time (Azrin & Holz, 1966). Finally, future research could help to determine whether the overjustification effect represents an example of a transient negative contrast, which may add perspective regarding the importance of the phenomenon.
References


Analysis of the Study

PURPOSE/JUSTIFICATION
The purpose is not clearly stated as such but is nevertheless made clear: “to conduct a single-case evaluation of the overjustification effect.” A secondary purpose (emerging later) appears to be to illustrate how “programmatic research” can lead to productive “discovery research.” The latter was one reason we selected this study for review.

Justification of the study is theoretical in nature. Although the focus is on the overjustification effect, other theoretical concepts are discussed at length in relation to it. The importance of this effect appears to be taken for granted; we think supporting reasons should have been presented. A practical justification might have been given in terms of implications for Arnold and others like him.

There appear to be no problems of risk, confidentiality, or deception.

DEFINITIONS
The essential terms are overjustification effect, positive reinforcement, contingency reward, and reinforcer. These are either explicitly defined or, we think, adequately explained in context. The dependent variables (sorting response and response preference) and independent variables (reward, time-out, and choice) are operationally defined. Terms that are not initially crucial to the study but which provide important theoretical context include behavioral contrast, complexity of task, punishment, contingent interruption, disrupted response momentum, probability-differential hypothesis, and response-deprivation hypothesis. We think these terms are made as clear as is feasible in a brief treatment given their complexity.

PRIOR RESEARCH
The authors provide good brief summaries of three of the most pertinent prior studies and state that the conclusions of such studies are mixed or contradictory. Research on related theoretical issues is summarized, sometimes in the “General Discussion” section, which is appropriate because of the nature of the study.

HYPOTHESES
No hypotheses are directly stated at the outset, but it is clear that the primary one was the overjustification hypothesis itself in the context of this study—i.e., delivery of an extrinsic reward (access to preferred toys) will decrease the frequency of the behavior (sorting) below its initial level when the reward is terminated. This hypothesis is directional, though the authors do not state whether they predicted support for it.

The second and third experiments tested hypotheses on the effect of time-out as an interruption and of reinforcer preference, although hypotheses were not stated as such.

SAMPLE
The sample consisted of one 14-year-old boy with multiple special needs. He is adequately described, in our opinion. As always in single-subject research, generalization to any population, in the absence of replication, is not defensible.

INSTRUMENTATION
Instrumentation consists entirely of the observational system for collecting data. The observers were presumably provided the necessary definitions of behaviors to be tallied. Sorting and in-seat behavior seem straightforward; orienting behavior, less so. Observer agreement ranged from 78.7 percent to 100 percent; the former is marginal, and the others are acceptable to good with averages from 86.6 percent to 98.6 percent. The total number of observation periods was two in experiment 1 and eight in experiments 2 and 3.

Reliability, other than observer agreement, is not discussed. Inconsistency across time is to be expected; the question is whether there is sufficient consistency within treatments to allow between-treatment differences to emerge. This is clearly the case in all three experiments.

As is typical in single-subject studies, the absence of discussion of validity reflects the reliance on content (logical) validity. The description of behaviors and good observer agreement are often considered sufficient to ensure that the variable being tallied is indeed the intended (conceptualized) variable. This argument is much more persuasive in studies of this kind than in those studying more ambiguous variables such as reading ability or assertiveness; nevertheless, one can question whether orienting behavior in experiment 2 is unambiguous. Surprisingly, observer agreement was higher for this than for sorting.

PROCEDURES/INTERNAL VALIDITY
Procedures are clearly described. Experiment 1 used an A-B-A-B reversal design (actually, A-B-A-B-A), and
experiment 2 used a B-A-B-A-type design but modified (with no explanation) to a B-A-A-B-A-B-A design. Both designs provide good control of several threats to internal validity—i.e., subject characteristics, mortality, history, maturation, location, instrumentation (observer fatigue) and data collector characteristics. An implementation threat is possible if the therapist behaved differently during different treatments, but this seems unlikely. Data collector bias is a threat because observers obviously knew which treatment was being observed; good observer agreement is a partial control. Subject attitude is an unlikely threat because liking for a particular treatment is part of the rationale for its effects. Testing and regression threats don’t apply.

Experiment 3 consisted of two phases, in each of which Arnold was allowed to choose where he sat, an indication of which conditions he preferred. The position of each choice was alternated to prevent responding by “habit.”

Experiments 2 and 3 were conducted not to explain away the findings of experiment 1, but rather to further explain those results. Experiment 2 attempted to clarify the possibility of interruption of task as punishment by using time-out as the interruption. The possibility that reorientation was operating was checked by observing this variable. Experiment 3 evaluated the possibility that Arnold preferred the task itself to the reward.

**DATA ANALYSIS/RESULTS**

Data are presented with the customary charts. Results are clearly and correctly discussed. All three experiments show unusually strong treatment effects for contingent reward (though opposite to the overjustification hypothesis), time-out, and reinforcer preference.

**DISCUSSION/INTERPRETATION**

The findings are reviewed succinctly and accurately, followed by a lengthy discussion of possible explanations with references to research not previously mentioned. This is largely the result of the exploratory nature of experiments 2 and 3. This discussion, though appropriate and, we think, accurate, could have been written more clearly despite the admittedly complex theoretical issues it addresses. Implications for future research are presented at length and serve to further illustrate the complexity of the matter studied.

The serious limitations on both population and ecological generalizing should have been mentioned, although they are arguably less crucial in a study intended to test theory than one intended for application. The implications for addressing Arnold’s head banging might, with proper cautions, have been a useful addition. They are (1) that rewards may function as punishment and (2) that punishment for head banging might be predicted to increase its frequency following cessation of the contingent punishment.

**ESSENTIAL CHARACTERISTICS OF SINGLE-SUBJECT RESEARCH**

- Single-subject research involves the extensive collection of data on one subject at a time.
- An advantage of single-subject designs is that they can be applied in settings where group designs are difficult to put into play.

**SINGLE-SUBJECT DESIGNS**

- Single-subject designs are most commonly used to study the changes in behavior an individual exhibits after exposure to a treatment or intervention of some sort.
- Single-subject researchers primarily use line graphs to present their data and to illustrate the effects of a particular intervention or treatment.
• The basic approach of researchers using an A-B design is to expose the same subject, operating as his or her own control, to two conditions or phases.
• When using an A-B-A design (sometimes called a reversal design), researchers simply add another baseline period to the A-B design.
• In the A-B-A-B design, two baseline periods are combined with two treatment periods.
• The B-A-B design is used when an individual’s behavior is so severe or disturbing that a researcher cannot wait for a baseline to be established.
• In the A-B-C-B design, the C condition refers to a variation of the intervention in the B condition. The intervention is changed during the C phase typically to control for any extra attention the subject may have received during the B phase.

MULTIPLE-BASELINE DESIGNS
• Multiple-baseline designs are used when it is not possible or ethical to withdraw a treatment and return to baseline.
• When a multiple-baseline design is used, researchers do more than collect data on one behavior for one subject in one setting; they collect on several behaviors for one subject, obtaining a baseline for each during the same period of time.
• Multiple-baseline designs also are sometimes used to collect data on several subjects with regard to a single behavior, or to measure a subject’s behavior in two or more different settings.

THREATS TO INTERNAL VALIDITY IN SINGLE-SUBJECT RESEARCH
• Several threats to internal validity exist with regard to single-subject designs. These include the length of the baseline and intervention conditions, the number of variables changed when moving from one condition to another, the degree and speed of any change that occurs, a return—or not—of the behavior to baseline levels, the independence of behaviors, and the number of baselines.

CONTROLLING THREATS IN SINGLE-SUBJECT STUDIES
• Single-subject designs are most effective in controlling for subject characteristics, mortality, testing, and history threats.
• They are less effective with location, data collector characteristics, maturation, and regression threats.
• They are especially weak when it comes to instrument decay, data collector bias, attitude, and implementation threats.

EXTERNAL VALIDITY AND SINGLE-SUBJECT RESEARCH
• Single-subject studies are weak when it comes to generalizability.
• It is particularly important to replicate single-subject studies to determine whether they are worthy of generalization.

OTHER SINGLE-SUBJECT DESIGNS
• Variations on the basic designs discussed in this chapter include the A-B-A-C-A design; the A-B-C-B-C design; and the multiprobe design.
A-B design 304
A-B-A design 305
A-B-A-B design 305
A-B-C-B design 307
B-A-B design 306
baseline 304
multiple- baseline design 307
external validity 314
single-subject design 302

For Discussion

1. Could single-subject designs be implemented in secondary schools? If so, what difficulties do you think one might encounter?
2. Professor Jones has a very difficult student in his introductory statistics class who keeps interrupting the other students when they attempt to answer the professor’s questions. How might the professor use one of the designs described in this chapter to reduce the student’s interruptions?
3. Can you suggest any instances where a B-A-B design might be required in a typical elementary school? What might they be?
4. Would random sampling be possible in single-subject research? Why or why not?
5. Which do you think is easier to conduct: single-subject or group comparison research? Why?
6. What sorts of questions lend themselves better to single-subject than to other kinds of research?
7. What sorts of behaviors might require only a few data points to establish a baseline? Give some examples.
8. When might it be unethical to stop the intervention to return to baseline in an A-B-A design? Give an example.
9. In terms of difficulty, how would you rate single-subject research on a scale of 1 to 10? What do you think is the most difficult aspect of this kind of research? Why?

Notes

OBJECTIVES  Studying this chapter should enable you to:

- Describe briefly what is meant by associational research.
- State the two major purposes of correlational studies.
- Distinguish between predictor and criterion variables.
- Explain the role of correlational studies in exploring causation.
- Explain how a scatterplot can be used to predict an outcome.
- Describe what is meant by a prediction equation.
- Explain briefly the main ideas underlying multiple correlation, factor analysis, and path analysis.
- Identify and describe briefly the steps involved in conducting a correlational study.
- Interpret correlation coefficients of different magnitude.
- Explain the rationale underlying partial correlation.
- Describe some of the threats to internal validity that exist in correlation studies and explain how to identify them.
- Discuss how to control for these threats.
- Recognize a correlation study when you come across one in the educational research literature.
Justine Gibbs, a high school biology teacher, was bothered last year by the fact that many of her tenth-grade students had considerable difficulty learning many of the concepts in biology while some learned them rather easily. Before the semester begins this year, therefore, she would like to be able to predict which sorts of individuals are likely to have trouble learning these concepts. If she could make some fairly accurate predictions, she might be able to suggest some corrective measures (e.g., special tutorial sessions) so that fewer students would have difficulty in her biology classes.

The appropriate methodology called for here is correlational research. What Gibbs might do is to collect different kinds of data on her students that might be related to the difficulties they do—or do not—have with biology. Any variables that might be related to success—or failure—in biology (e.g., their anxiety toward the subject, their previous knowledge, how well they understand abstractions, their performance in other science courses, etc.) would be useful. This might give her some ideas about how those students who learn biological concepts easily differ from those who find them difficult. This, in turn, might help her predict who might have trouble learning biology next semester. This chapter, therefore, describes for Ms. Gibbs (and you) what correlational research is all about.

The Nature of Correlational Research

Correlational research, like causal-comparative research (which we discuss in Chapter 16), is an example of what is sometimes called associational research. In associational research, the relationships among two or more variables are studied without any attempt to influence them. In their simplest form, correlational studies investigate the possibility of relationships between only two variables, although investigations of more than two variables are common. In contrast to experimental research, however, there is no manipulation of variables in correlational research.

Correlational research is also sometimes referred to as a form of descriptive research because it describes an existing relationship between variables. The way it describes this relationship, however, is quite different from the descriptions found in other types of studies. A correlational study describes the degree to which two or more quantitative variables are related, and it does so by using a correlation coefficient.*

When a correlation is found to exist between two variables, it means that scores within a certain range on one variable are associated with scores within a certain range on the other variable. You will recall that a positive correlation means high scores on one variable tend to be associated with high scores on the other variable, while low scores on one are associated with low scores on

*Although associations among two or more categorical variables can also be studied, such studies are not usually referred to as correlational. They are similar with respect to overall design and threats to internal validity, however, and we discuss them further in Chapter 16.
studies of animals, rests heavily on correlational evidence of the relationship between frequency of smoking and incidence of lung cancer. Researchers who conduct explanatory studies often investigate a number of variables they believe are related to a more complex variable, such as motivation or learning. Variables found not to be related or only slightly related (i.e., when correlations below .20 are obtained) are then dropped from further consideration, while those found to be more highly related (i.e., when correlations beyond 1.40 or 2.40 are obtained) often serve as the focus of additional research, using an experimental design, to see whether the relationships are indeed causal.

Let us say a bit more here about causation. Although the discovery of a correlational relationship does not establish a causal connection, most researchers who engage in correlational research are probably trying to gain some idea about cause and effect. A researcher who carried out the fictitious study whose results are illustrated in Figure 15.2, for example, would probably be inclined to conclude that a teacher’s expectation of failure is a partial (or at least a contributing) cause of the amount of disruptive behavior his or her students display in class. It must be stressed, however, that correlational studies do not, in and of themselves, establish cause and effect. In the previous example, one could just as well argue that the amount of disruptive behavior in a class causes a teacher’s expectation of failure, or that both teacher expectation and disruptive behavior are caused by some third factor—such as the ability level of the class.

A negative correlation, on the other hand, means high scores on one variable are associated with low scores on the other variable, and low scores on one are associated with high scores on the other [Table 15.1(B)]. As we also have indicated before, relationships like those shown in Table 15.1 can be illustrated graphically through the use of scatterplots. Figure 15.1, for example, illustrates the relationship shown in Table 15.1(A).

### Purposes of Correlational Research

Correlational research is carried out for one of two basic purposes—either to help explain important human behaviors or to predict likely outcomes.

### EXPLANATORY STUDIES

A major purpose of correlational research is to clarify our understanding of important phenomena by identifying relationships among variables. Particularly in developmental psychology, where experimental studies are especially difficult to design, much has been learned by analyzing relationships among several variables. For example, correlations found between variables such as complexity of parent speech and rate of language acquisition have taught researchers much about how language is acquired. Similarly, the discovery that—among variables related to reading skill—auditory memory shows a substantial correlation with reading ability has expanded our understanding of the complex phenomenon of reading. The current belief that smoking causes lung cancer, although based in part on experimental studies of animals, rests heavily on correlational evidence of the relationship between frequency of smoking and incidence of lung cancer.

Researchers who conduct explanatory studies often investigate a number of variables they believe are related to a more complex variable, such as motivation or learning. Variables found not to be related or only slightly related (i.e., when correlations below .20 are obtained) are then dropped from further consideration, while those found to be more highly related (i.e., when correlations beyond +.40 or −.40 are obtained) often serve as the focus of additional research, using an experimental design, to see whether the relationships are indeed causal.

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### Table 15.1 Three Sets of Data Showing Different Directions and Degrees of Correlation

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<td><strong>r</strong></td>
<td>+1.00</td>
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</table>

*Figure 15.1 Scatterplot Illustrating a Correlation of +1.00*
The possibility of causation is strengthened, however, if a time lapse occurs between measurement of the variables being studied. If the teacher’s expectations of failure were measured before assigning students to classes, for example, it would seem unreasonable to assume that class behavior (or, likewise, the ability level of the class) would cause the teacher’s failure expectations. The reverse, in fact, would make more sense. Certain other causal explanations, however, remain persuasive, such as the socioeconomic level of the students involved. Teachers might have higher expectations of failure for economically poor students. Such students also might exhibit a greater amount of disruptive behavior in class regardless of their teacher’s expectations. The search for cause and effect in correlational studies, therefore, is fraught with difficulty. Nonetheless, it can be a fruitful step in the search for causes. We return to this matter later in the discussion of threats to internal validity in correlational research.
any straight line that could be drawn. A researcher can then use the line as a basis for prediction. Thus, as you can see, a teacher with a score of 10 on expectation of failure would be predicted to have a class with a score of 9 on amount of disruptive behavior, and a teacher with an expectation score of 6 would be predicted to have a disruptive behavior score of 6. Similarly, a second regression line can be drawn to predict a score on teacher expectation of failure if we know his or her class’s score on amount of disruptive behavior.

Being able to predict a score for an individual (or group) on one variable based on the individual’s (or group’s) score on another variable is extremely useful. A school administrator, for example, could use Figure 15.2 (if it were based on real data) to (1) identify and select teachers who are likely to have less disruptive classes; (2) provide training to those teachers who are predicted to have a large amount of disruptive behavior in their classes; or (3) plan for additional assistance for such teachers. Both the teachers and students involved would benefit accordingly.

**A Simple Prediction Equation.** Although scatterplots are fairly easy devices to use in making predictions, they are inefficient when pairs of scores from a large number of individuals have been collected. Fortunately, the regression line we just described can be expressed in the form of a prediction equation, which has the following form:

\[ Y_i' = a + bX_i \]

where \( Y_i' \) = the predicted score on \( Y \) (the criterion variable) for individual \( i \), \( X_i \) = individual \( i \)'s score on \( X \) (the predictor variable), and \( a \) and \( b \) are values calculated mathematically from the original scores. For any given set of data, \( a \) and \( b \) are constants.

We mentioned earlier that high school GPA has been found to be highly related to college GPA. In this example, therefore, the symbol \( Y' \) stands for the predicted first-semester college GPA (the criterion variable), and \( X \) stands for the individual’s high school GPA (the predictor variable). Let us assume that \( a = .18 \) and \( b = .73 \). By substituting in the equation, we can predict a student’s first-semester college GPA. Thus, if an individual’s high school GPA is 3.5, we would predict that his or her first-semester college GPA would be 2.735 (that is, \(.18 + .73 \times 3.5 = 2.735\)). We later can compare the student’s actual first-semester college GPA to the predicted GPA. If there is a close similarity between the two, we gain confidence in using the prediction equation to make future predictions.

This predicted score will not be exact, however, and hence researchers also calculate an index of prediction error, known as the **standard error of estimate**. This index gives an estimate of the degree to which the predicted score is likely to be incorrect. The smaller the standard error of estimate, the more accurate the prediction. This index of error, as you would expect, is much larger for small values of \( r \) than for large \( r \)'s.*

Furthermore, if we have more information on the individuals about whom we wish to predict, we should be able to decrease our errors of prediction. This is what a technique known as multiple regression (or multiple correlation) is designed to do.

**MORE COMPLEX CORRELATIONAL TECHNIQUES**

**Multiple Regression.** Multiple regression is a technique that enables researchers to determine a correlation between a criterion variable and the best combination of two or more predictor variables. Let us return to our previous example involving the high positive correlation between high school GPA and first-semester GPA.
college GPA. Suppose it is also found that a high positive correlation \( r = .68 \) exists between first-semester college GPA and the verbal scores on the SAT college entrance examination, and a moderately high positive correlation \( r = .51 \) exists between the mathematics scores on the SAT and first-semester college GPA. It is possible, using a multiple regression prediction formula, to use all three of these variables to predict what a student’s GPA will be during his or her first semester in college. The formula is similar to the simple prediction equation, except that it now includes more than one predictor variable and more than two constants. It takes the following form:

\[
Y' = a + b_1X_1 + b_2X_2 + b_3X_3
\]

where \( Y' \) once again stands for the predicted first-semester college GPA; \( a, b_1, b_2, \) and \( b_3 \) are constants; \( X_1 \) = the high school GPA; \( X_2 \) = the verbal SAT score; and \( X_3 \) = the mathematics SAT score. Let us imagine that \( a = .18, b_1 = .73, b_2 = .0005, \) and \( b_3 = .0002. \) We know that the student’s high school GPA is 3.5. Suppose his or her SAT verbal and mathematics scores are 580 and 600, respectively. Substituting in the formula, we would predict that the student’s first-semester GPA would be 3.15.

\[
Y' = .18 + .73(3.5) + .0005(580)
+ .0002(600)
= .18 + 2.56 + .29 + .12
= 3.15
\]

Again, we could later compare the actual first-semester college GPA obtained by this student with the predicted score to determine how accurate our prediction was.

**The Coefficient of Multiple Correlation.** The coefficient of multiple correlation, symbolized by \( R \), indicates the strength of the correlation between the combination of the predictor variables and the criterion variable. It can be thought of as a simple Pearson correlation between the actual scores on the criterion variable and the predicted scores on that variable. In the previous example, we used a combination of high school GPA, SAT verbal score, and SAT mathematics score to predict that a particular student’s first-semester college GPA would be 3.15. We then could obtain that same student’s actual first-semester college GPA (it might be 2.95, for example). If we did this for 100 students, we could then calculate the correlation \( R \) between predicted and actual GPA. If \( R \) turned out to be +1.00, for example, it would mean that the predicted scores correlated perfectly with the actual scores on the criterion variable. An \( R \) of +1.00, of course, would be most unusual to obtain. In actual practice, \( Rs \) of .70 or .80 are considered quite high. The higher \( R \) is, of course, the more reliable a prediction will be. Figure 15.3 illustrates the relationships among a criterion and two predictors. The amount of college GPA accounted for by high school GPA is 36 percent (about 36 percent) is increased by about 13 percent by adding test score as a second predictor.

**The Coefficient of Determination.** The square of the correlation between a predictor and a criterion variable is known as the coefficient of determination, symbolized by \( r^2 \). If the correlation between high school GPA and college GPA, for example, equals .60, then the coefficient of determination would equal .36. What does this mean? In short, the coefficient of determination indicates the percentage of the variability among the criterion scores that can be attributed to differences in the scores on the predictor variable. Thus, if the correlation between high school GPA and college GPA for a group of students is .60, 36 percent \((.60)^2\) of the differences in the college GPAs of those students can be attributed to differences in their high school GPAs.

The interpretation of \( R^2 \) (for multiple regression) is similar to that of \( r^2 \) (for simple regression). Suppose in our example that used three predictor variables, the
The multiple correlation coefficient is equal to .70. The coefficient of determination, then, is equal to \((.70)^2\), or .49. Thus, it would be appropriate to say that 49 percent of the variability in the criterion variable is predictable on the basis of the three predictor variables. Another way of saying this is that high school GPA, verbal SAT scores, and mathematics SAT scores (the three predictor variables), taken together, account for about 49 percent of the variability in college GPA (the criterion variable).

The value of a prediction equation depends on whether it can be used with a new group of individuals. Researchers can never be sure the prediction equation they develop will work successfully when it is used to predict criterion scores for a new group of persons. In fact, it is quite likely that it will be less accurate when so used, since the new group will not be identical to the one used to develop the prediction equation. The success of a particular prediction equation with a new group, therefore, usually depends on the group’s similarity to the group used to develop the prediction equation originally.

**Discriminant Function Analysis.** In most prediction studies, the criterion variable is quantitative—that is, it involves scores that can fall anywhere along a continuum from low to high. Our previous example of college GPA is a quantitative variable, for scores on the variable can fall anywhere at or between 0.00 and 4.00. Sometimes, however, the criterion variable may be a categorical variable—that is, it involves membership in a group (or category) rather than scores along a continuum. For example, a researcher might be interested in predicting whether an individual is more like engineering majors or business majors. In this instance, the criterion variable is dichotomous—an individual is either in one group or the other. Of course, a categorical variable can have more than just two categories (for example, engineering majors, business majors, education majors, science majors, and so on). The technique of multiple regression cannot be used when the criterion variable is categorical; instead, a technique known as **discriminant function analysis** is used. The purpose of the analysis and the form of the prediction equation, however, are similar to those for multiple regression. Figure 15.4 illustrates the logic; note that the scores of the individual represented by the six faces remain the same for both categories! The person’s score is compared first to the scores of research chemists, and then to the scores of chemistry teachers.
**Factor Analysis.** When a number of variables are investigated in a single study, analysis and interpretation of data can become rather cumbersome. It is often desirable, therefore, to reduce the number of variables by grouping those that are moderately or highly correlated with one another into factors.

Factor analysis is a technique that allows a researcher to determine if many variables can be described by a few factors. The mathematical calculations involved are beyond the scope of this book, but the technique essentially involves a search for “clusters” of variables, all of which are correlated with each other. Each cluster represents a factor. Studies of group IQ tests, for example, have suggested that the many specific scores used could be explained as a result of a relatively small number of factors. While controversial, these results did provide one means of comprehending the mental abilities required to perform well on such tests. They also led to new tests designed to test these identified abilities more effectively.

**Path Analysis.** Path analysis is used to test the likelihood of a causal connection among three or more variables. Some of the other techniques we have described can be used to explore theories about causality, but path analysis is far more powerful than the rest. Although a detailed explanation of this technique is too technical for inclusion here, the essential idea behind path analysis is to formulate a theory about the possible causes of a particular phenomenon (such as student alienation)—that is, to identify causal variables that could explain why the phenomenon occurs—and then to determine whether correlations among all the variables are consistent with the theory.

Suppose a researcher theorizes as follows: (1) Certain students are more alienated in school than others because they do not find school enjoyable and because they have few friends; (2) they do not find school enjoyable partly because they have few friends and partly because they do not perceive their courses as being in any way related to their needs; and (3) perceived relevance of courses is related slightly to number of friends. The researcher would then measure each of these variables (degree of alienation, personal relevance of courses, enjoyment in school, and number of friends) for a number of students. Correlations between pairs of each of the variables would then be calculated. Let us imagine that the researcher obtains the correlations shown in the correlation matrix in Table 15.3.

What does this table reveal about possible causes of student alienation? Two of the variables (relevance of courses at \(-.48\) and school enjoyment at \(-.53\)) shown in the table are sizable predictors of such alienation. Nevertheless, to remind you again, just because these variables predict student alienation, you should not assume that they cause it. Furthermore, something of a problem exists in the fact that the two predictor variables correlate with each other. As you can see, school enjoyment and perceived relevance of courses not only predict student alienation, but they also correlate highly with each other \((r = .65)\). Now, does perceived relevance of courses affect student alienation independently of school enjoyment? Does school enjoyment affect student alienation independently of perception of course relevance? Path analysis can help the researcher determine the answers to these questions.

Path analysis, then, involves four basic steps. First, a theory that links several variables is formulated to explain a particular phenomenon of interest. In our example, the researcher theorized the following causal connections: (1) When students perceive their courses as being unrelated to their needs, they will not enjoy school; (2) if they have few friends in school, this will contribute to their lack of enjoyment, and (3) the more a student dislikes school and the fewer friends he or she has, the more alienated he or she will be. Second, the variables specified by the theory are then measured in some way.* Third, correlation coefficients are computed to indicate the strength of the relationship between each of the pairs of variables postulated in the theory. And, fourth, relationships among the correlation coefficients are analyzed in relation to the theory.

Path analysis variables are typically shown in the type of diagram illustrated in Figure 15.5.† Each variable in the theory is shown in the figure. Each arrow indicates

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*Note that this step is very important. The measures must be valid representations of the variables. The results of the path analysis will be invalid if this is not the case.

† The process of path analysis and the diagrams drawn are, in practice, often more complex than the one shown here.
a hypothesized causal relationship in the direction of the arrow. Thus, liking for school is hypothesized to influence alienation; number of friends influences school enjoyment, and so on. Notice that in this example all of the arrows point in one direction only. This means that the first variable is hypothesized to influence the second variable, but not vice versa. Numbers similar (but not identical) to correlation coefficients are calculated for each pair of variables. If the results were as shown in Figure 15.5, the causal theory of the researcher would be supported. Do you see why?*

*Because alienation is "caused" primarily by lack of enjoyment (-.55) and number of friends (-.60). The perceived lack of relevance of courses does contribute to degree of alienation, but primarily because relevance "causes" enjoyment. Enjoyment is partly caused by number of friends. Perceived relevance of courses is only slightly caused by number of friends.

**Structural Modeling.** Structural modeling is a sophisticated method for exploring and possibly confirming causation among several variables. Its complexity is beyond the scope of this text. Suffice it to say that it combines multiple regression, path analysis, and factor analysis. The computations are greatly simplified by use of computer programs; the computer program most widely used is probably LISREL.1

**Basic Steps in Correlational Research**

**PROBLEM SELECTION**

The variables to be included in a correlational study should be based on a sound rationale growing out of experience or theory. The researcher should have some reason for thinking certain variables may be related. As always, clarity in defining variables will avoid many problems later on. In general, three major types of problems are the focus of correlational studies:

1. Is variable \(X\) related to variable \(Y\)?
2. How well does variable \(P\) predict variable \(C\)?
3. What are the relationships among a large number of variables, and what predictions can be made that are based on them?

Almost all correlational studies will revolve around one of these types of questions. Some examples of published correlational studies are as follows:

- “What Makes Professional Development Effective?”2
- “Verbal Ability and Teacher Effectiveness.”3
- “Bullying and Stress in Early Adolescence.”4
- “An Investigation of the Relationship Between Health Literacy and Social Communication Skills in Older Adults.”5
- “A Correlational Study of Art-Based Measures of Cognitive Development: Clinical and Research Implications for Art Therapists Working with Children.”6
- “A Correlational Study of the Relationships Among Student Performance, Student Feelings, and Teacher Perceptions.”7
- “Perfectionism and Peer Relations Among Children with Obsessive-Compulsive Disorder.”8

**SAMPLE**

The sample for a correlational study, as in any type of study, should be selected carefully and, if possible, randomly. The first step in selecting a sample, of course, is to identify an appropriate population, one that is meaningful and from which data on each of the variables of interest can be collected. The minimum acceptable sample size for a correlational study is considered by most researchers to be no less than 30. Data obtained from a sample smaller than 30 may give an inaccurate estimate of the degree of relationship. Samples larger than 30 are much more likely to provide meaningful results.
INSTRUMENTS

The instruments used to measure the two (or more) variables involved in a correlational study may take any one of a number of forms (see Chapter 7), but they must yield quantitative data. Although data sometimes can be collected from records of one sort or another (grade transcripts, for example), most correlational studies involve the administration of some type of instrument (tests, questionnaires, and so on) and sometimes observation. As with any study, whatever instruments are used must yield reliable scores. In an explanatory study, the instruments must also show evidence of validity. If they do not truly measure the intended variables, then any correlation that is obtained will not be an indication of the intended relationship. In a prediction study, it is not essential that we know what variable is actually being measured—if it works as a predictor, it is useful. However, prediction studies are most likely to be successful, and certainly more satisfying, when we know what we are measuring!

DESIGN AND PROCEDURES

The basic design used in a correlational study is quite straightforward. Using the symbols introduced in our discussion of experimental designs in Chapter 13, this design can be diagrammed as shown below:

Design for a Correlational Study

<table>
<thead>
<tr>
<th>Subjects</th>
<th>(O_1)</th>
<th>(O_2)</th>
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<tbody>
<tr>
<td>A</td>
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<td>B</td>
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<tr>
<td>etc.</td>
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</table>

As you can see, two (or more) scores are obtained from each individual in the sample, one score for each variable of interest. The pairs of scores are then correlated, and the resulting correlation coefficient indicates the degree of relationship between the variables.

Notice, again, that we cannot say that the variable being measured by the first instrument \(O_1\) is the cause of any differences in scores we may find in the variable being measured by the second instrument \(O_2\). As we have mentioned before, three possibilities exist:

1. The variable being measured by \(O_1\) may cause the variable being measured by \(O_2\).
2. The variable being measured by \(O_2\) may cause the variable being measured by \(O_1\).
3. Some third, perhaps unidentified and unmeasured, variable may cause both of the other variables.

Different numbers of variables can be investigated in correlational studies, and sometimes quite complex statistical procedures are used. The basic research design for all correlational studies, however, is similar to the one just shown. An example of data obtained with a correlational design is shown in Table 15.4.

DATA COLLECTION

In an explanatory study, all the data on both variables will usually be collected within a fairly short time. Often, the instruments used are administered in a single session, or in two sessions one immediately after the other. Thus, if a researcher were interested in measuring the relationship between verbal aptitude and memory, a test of verbal aptitude and another of memory would be administered closely together to the same group of subjects. In a prediction study, the measurement of the criterion variables often takes place sometime after the measurement of the predictor variables. If a researcher were interested in studying the predictive value of a mathematics aptitude test, the aptitude test might be administered just prior to the beginning of a course in
mathematics. Success in the course (the criterion variable, as indicated by course grades) would then be measured at the end of the course.

**DATA ANALYSIS AND INTERPRETATION**

As we have mentioned previously, when variables are correlated, a correlation coefficient is produced. This coefficient will be a decimal, somewhere between 0.00 and +1.00 or −1.00. The closer the coefficient is to +1.00 or −1.00, the stronger the relationship. If the sign is positive, the relationship is positive, indicating that high scores on one variable tend to go with high scores on the other variable. If the sign is negative, the relationship is negative, indicating that high scores on one variable tend to go with low scores on the other variable. Coefficients that are at or near .00 indicate that no relationship exists between the variables involved.

**What Do Correlation Coefficients Tell Us?**

It is important to be able to interpret correlation coefficients sensibly since they appear so frequently in articles about education and educational research. Unfortunately, they are seldom accompanied by scatterplots, which usually help interpretation and understanding. The meaning of a given correlation coefficient depends on how it is applied. Correlation coefficients below .35 show only a slight relationship between variables. Such relationships have almost no value in any predictive sense. (It may, of course, be important to know that certain variables are not related. Thus we would expect to find a very low correlation, for instance, between years of teaching experience and number of students enrolled.) Correlations between .40 and .60 are often found in educational research and may have theoretical or practical value, depending on the context. A correlation of at least .50 must be obtained before any crude predictions can be made about individuals. Even then, such predictions will be subject to sizable errors. Only a correlation of .65 or higher will allow individual predictions that are reasonably accurate for most purposes. Correlations over .85 indicate a close relationship between the variables correlated and are useful in predicting individual performance, but correlations this high are rarely obtained in educational research, except when checking on reliability.

As we illustrated in Chapter 8, correlation coefficients are also used to check the reliability and validity of scores obtained from tests and other instruments used in research; when so used, they are called reliability and validity coefficients. When used to check reliability of scores, the coefficient should be at least .70, preferably higher; many tests achieve reliability coefficients of .90. The correlation between two different scorers, working independently, should be at least .90. When used to check validity of scores, the coefficient should be at least .50, and preferably higher.

**Threats to Internal Validity in Correlational Research**

Recall from Chapter 9 that a major concern to researchers is that extraneous variables may explain away any results that are obtained.* A similar concern applies to correlational studies. A researcher who conducts a correlational study should always be alert to alternative explanations for relationships found in the data. What might account for any correlations that are reported as existing between two or more variables?

Consider again the hypothesis that teacher expectation of failure is positively correlated with student disruptive behavior. A researcher conducting this study would almost certainly have a cause-and-effect sequence in mind, most likely that teacher expectation is a partial cause of disruptive behavior. Why? Because disruptive behavior is undesirable (because it clearly interferes with both academic learning and a desirable classroom climate). Thus, it would be helpful to know what might be done to reduce it. While teacher expectation of failure might be considered the dependent variable, it seems less likely since such expectations would be of little interest if they have no effect on students.

If, indeed, the researcher’s intentions are as we have described, he might have carried out an experiment. However, it is difficult to see how teacher expectation could be experimentally manipulated. It might, however, be possible to study whether attempts to change teacher expectations result in subsequent changes in amount of disruptive behavior, but such a study requires

*It can be argued that such threats are irrelevant to the predictive use of correlational research. The argument is that one can predict even if the relationship is an artifact of other variables. Thus, predictions of college achievement can be made from high school grades even if both are highly related to socioeconomic status. While we agree with the practical utility of such predictions, we believe that research should seek to illuminate relationships that have at least the potential for explanation.
developing and implementing training methods. Before embarking on such development and implementation, therefore, one might well ask whether there is any relationship between the primary variables. This is why a correlational study is an appropriate first step.

A positive correlation resulting from such a study would most likely be viewed as at least some evidence to suggest that modifying teacher expectations would result in less disruptive behavior, thereby justifying further experimental efforts. (It may also be that some principals or teacher-trainers would wish to institute mechanisms for changing teacher expectations before waiting for experimental confirmation, just as the medical profession began warning about the effects of smoking in the absence of conclusive experimental evidence.) Before investing time and resources in developing training methods and carrying out an experiment, the researcher needs to be as confident as possible that he is not misinterpreting his correlation. If the relationship he has found really reflects the opposite cause-and-effect sequence (student behavior causing teacher expectations), or if both are a result of other causes, such as student ability or socioeconomic status, changes in teacher expectation are not likely to be accompanied by a reduction in disruptive behavior. The former problem (direction of cause and effect) can be largely eliminated by assessing teacher expectations prior to direct involvement with the student group. The latter problem—of other causes—is the one we turn to now.

Some of the threats we discussed in Chapter 9 do not apply to correlational studies. Implementation, history, maturation, attitude of subjects, and regression threats are not applicable since no intervention occurs. There are some threats, however, that do apply.

**SUBJECT CHARACTERISTICS**

Whenever two or more characteristics of individuals (or groups) are correlated, there exists the possibility that yet other characteristics can explain any relationships that are found. In such cases, the other characteristics can be controlled through a statistical technique known as partial correlation. Let us illustrate the logic involved by using the example of the relationship between teachers’ expectations of failure and the amount of disruptive behavior by students in their classes. This relationship is shown in Figure 15.6(a).

The researcher desires to control, or “get rid of,” the variable of “ability level” for the classes involved, since it is logical to assume that it might be a cause of variation in the other two variables. In order to control for this variable, the researcher needs to measure the ability level of each class. She can then construct scatterplots as shown in Figure 15.6(b) and (c). Scatterplot (b) shows the correlation between amount of disruptive behavior and class ability level; scatterplot (c) shows the correlation between teacher expectation of failure and class ability level.

The researcher can now use scatterplot (b) to predict the disruptive behavior score for class 1, based on the ability score for class 1. In doing so, the researcher would be assuming that the regression line shown in scatterplot (b) correctly represents the relationship between these variables (class ability level and amount of disruptive behavior) in the data. Next, the researcher subtracts the predicted disruptive behavior score from the actual disruptive behavior score. The result is called the adjusted disruptive behavior score—that is, the score has been “adjusted” by taking out the influence of ability level. For class 1, the predicted disruptive behavior score is 7 (based on a class ability score of 5). In actuality this class scored 11 (higher than expected), so the adjusted score for amount of disruptive behavior is (11 – 7), or 4.

The same procedure is then followed to adjust teacher expectation scores for class ability level, as shown in scatterplot (c) (10 – 7 = 3). After repeating this process for the entire sample of classes, the researcher is now in a position to determine the correlation between the adjusted disruptive behavior scores and the adjusted teacher expectation scores. The result is the correlation between the two major variables with the effect of class ability having been eliminated, and thus controlled. Methods of calculation, involving the use of relatively simple formulas are available to greatly simplify this procedure. Figure 15.7 shows another way to think about partial correlation. The top circles illustrate (by amount of overlap) the correlation between A and B. The bottom circles show the same overlap but reduced by “taking out” the overlap of C with A and B. What remains (the diagonally lined section) illustrates the partial correlation of A and B with the effects of C removed.

**LOCATION**

A location threat is possible whenever all instruments are administered to each subject at a specified location, but the location is different for different subjects. It is not uncommon for researchers to encounter differences in testing conditions, particularly when individual
Figure 15.6
Scatterplots for Combinations of Variables

(a) Amount of disruptive behavior in class as related to teacher expectation of failure

(b) Amount of disruptive behavior as related to ability level of class

(c) Teacher expectation of failure as related to ability level of class
tests are required. In one school, a comfortable, well-lit, and ventilated room may be available. In another, a custodian’s closet may have to do. Such conditions can increase (or decrease) subject scores. If both measures are not administered to all subjects under the same conditions, the conditions rather than the variables being studied may account for the relationship. If only part of a group, for example, responds to instruments in an uncomfortable, poorly lit room, they might score lower on an achievement test and respond more negatively to a rating scale measuring student liking for school, thus producing a misleading correlation coefficient.

Similarly, conditions in different schools may account for observed relationships. A high negative correlation between amount of disruptive behavior in class and achievement may be simply a reflection of differing resources. Students in schools with few science materials can be expected to do poorly in science and also to be disruptive because of boredom or hostility. The only solutions to location problems such as these are either to measure the extraneous variables (such as resource level) and use partial correlation or to determine correlations separately for each location, provided the number of students at each location is sufficiently large (a minimum \( n \) of 30).

**INSTRUMENTATION**

**Instrument Decay.** In any study using a particular instrument many times, thought must be given to the possibility of instrument decay. This is most likely in observational studies since most other correlational studies do not use instruments many times (with the same subjects at least). When both variables are measured by an observational device at the same time, care must be taken to ensure that observers don’t become tired, bored, or inattentive (this may require using additional observers). In a study in which observers are asked to record (during the same time period) both the number of “thought questions” asked by the teacher and the attentiveness of students, for example, a tired (or bored) observer might miss instances of each, resulting in low scores for the class on both variables, and thus distortion in the correlation.

**Data Collector Characteristics.** Characteristics of data collectors can create a threat if different persons administer both instruments. Gender, age, or ethnicity, for example, may affect specific responses, particularly with opinion or attitudinal instruments, as well as the seriousness with which respondents answer certain questions. One might expect an Air Force colonel in uniform, for example, to engender different scores on instruments measuring attitudes toward the military and (separately) toward the aerospace industry than a civilian data collector. If each data collector gives both instruments to several groups, the correlation between these scores will be higher as a result of the impact of the data collector. Fortunately, this threat is easily avoided by having each instrument administered by a different individual.

**Data Collector Bias.** Another instrumentation threat can result from unconscious bias on the part of the data gatherers whenever both instruments are given or scored by the same person. It is not uncommon, particularly with individually administered performance tests, for the same person to administer both tests to the same student, and even during the same time period. It is likely that the observed or scored performance on the
first test will affect the way in which the second test is administered and/or scored. It is almost impossible to avoid expectations based on the first test, and these may well affect the examiner’s behavior on the second testing. A high score on the first test, for example, may lead to examiner expectation of a high score on the second, resulting in students being given additional time or encouragement on the second test. While precise instructions for administering instruments are helpful, a better solution is to have different administrators for each test.

**TESTING**  
The experience of responding to the first instrument that is administered in a correlational study may influence subject responses to the second instrument. Students asked to respond first to a “liking for teacher” scale, and then shortly thereafter to a “liking for social studies” scale are likely to see a connection. You can imagine them saying, perhaps, something like, “Oh, I see, if I don’t like the teacher, I’m not supposed to like the subject.” To the extent that this happens, the results obtained can be misleading. The solution is to administer instruments, if possible, at different times and in different contexts.

**MORTALITY**  
Mortality, strictly speaking, is not a problem of internal validity in correlational studies since anyone “lost” must be excluded from the study—correlations cannot be obtained unless a researcher has a score for each person on both of the variables being measured. There are times, however, when loss of subjects may make a relationship more (or less) likely in the remaining data, thus creating a threat to external validity. Why external validity? Because the sample actually studied is often not the sample initially selected, because of mortality. Let us refer again to the study hypothesizing that teacher expectation of failure would be positively correlated with amount of disruptive student behavior. It might be that those teachers who refused to participate in the study were those who had a very low expectation of failure—who, in fact, expected their students to achieve at unrealistically high levels. It also seems likely that the classes of those same teachers would exhibit a lot of disruptive behavior as a result of such unrealistic pressure from these teachers. Their loss would serve to increase the correlation obtained. Because there is no way to know whether this possibility is correct, the only thing the researcher can do is to try to avoid losing subjects.

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**Evaluating Threats to Internal Validity in Correlational Studies**

The evaluation of specific threats to internal validity in correlational studies follows a procedure similar to that for experimental studies.

**Step 1:** Ask: What are the specific factors that are known to affect or could logically affect one of the variables being correlated? It does not matter which variable is selected.

**Step 2:** Ask: What is the likelihood of each of these factors also affecting the other variable being correlated with the first? We need not be concerned with any factor unrelated to either variable. A factor must be related to both variables in order to be a threat.*

**Step 3:** Evaluate the various threats in terms of their likelihood, and plan to control them. If a given threat cannot be controlled, this should be acknowledged and discussed.

As we did in Chapter 13, let us consider an example to show how these steps might be applied. Suppose a researcher wishes to study the relationship between social skills (as observed) and job success (as rated by supervisors) of a group of severely disabled young adults in a career education program. Listed below again are several threats to internal validity discussed in Chapter 9 and our evaluation of each.

**Subject Characteristics.** We consider here only four of many possible characteristics.

1. **Severity of disability. Step 1:** Rated job success can be expected to be related to severity of disability.
   **Step 2:** Severity of disability can also be expected to be related to social skills. Therefore, severity should be assessed and controlled (using partial correlation). **Step 3:** Likelihood of having an effect unless controlled: high.

2. **Socioeconomic level of parents.** **Step 1:** Parents’ socioeconomic level is likely to be related to social skills. **Step 2:** Parental socioeconomic status is not likely to be related to job success for this group. While it is desirable to obtain socioeconomic data on all parents, this is not feasible for the current study.

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*This rule must be modified with respect to data collector and testing threats, where knowledge about the first instrument (or scores on it) may influence performance or assessment on the second instrument.
(to find out more about the sample), it is not of high priority. Step 3: Likelihood of having an effect unless controlled: low.

3. **Physical strength and coordination.** Step 1: These characteristics may be related to job success. Step 2: Strength and coordination are not likely to be related to social skills. While it is desirable to obtain such information, it is not of high priority. Step 3: Likelihood of having an effect unless controlled: low.

4. **Physical appearance.** Step 1: Physical appearance is likely to be related to social skills. Step 2: It is also likely to be related to rated job success. Therefore, this variable should be assessed and controlled (again by using partial correlation). Step 3: Likelihood of having an effect unless controlled: high.

**Mortality.** Step 1: Subjects “lost” are likely to have poorer job performance. Step 2: Lost subjects are also more likely to have poorer social skills. Thus, loss of subjects can be expected to reduce magnitude of correlation. Step 3: Likelihood of having an effect unless controlled: moderate to high.

**Location.** Step 1: Because the subjects of the study would (inevitably) be working at different job sites and under different conditions, location may well be related to rated job success. Step 2: If social skill is observed on-site, it may be related to the specific site conditions. While it is possible that this threat could be controlled by independently assessing the job-site environments, a better solution would be to assess social skills at a common site such as that used for group training. Step 3: Likelihood of having an effect unless controlled: high.

**Instrumentation**

1. **Instrument decay.** Step 1: Instrument decay, if it has occurred, is likely to be related to how accurately social skills are measured. Observations should be scheduled, therefore, to preclude this possibility. Step 2: Instrument decay would be unlikely to affect job ratings. Therefore, its occurrence would not be expected to account for any relationship found between the major variables. Step 3: Likelihood of having an effect unless controlled: low.

2. **Data collector characteristics.** Step 1: Data collector characteristics might well be related to job ratings since interaction of data collectors and supervisors is a necessary part of this study. Step 2: Characteristics of data collectors presumably would not be related to their observation of social skills; nevertheless, to be on the safe side, this possibility should be controlled by having the same data collectors observe all subjects. Step 3: Likelihood of having an effect unless controlled: moderate.

3. **Data collector bias.** Step 1: Ratings of job success should not be subject to data collector bias, since different supervisors will rate each subject. Step 2: Observations of social skills may be related to preconceptions of observers about the subjects, especially if they have prior knowledge of job success ratings. Therefore, observers should have no knowledge of job ratings. Step 3: Likelihood of having an effect unless controlled: high.

**Testing.** Step 1: In this example, performance on the first instrument administered cannot, of course, be affected by performance on the second. Step 2: In this study, scores on the second instrument cannot be affected by performance on the first, since the subjects are unaware of their performance on the first instrument. Step 3: Likelihood of having an effect unless controlled: zero.

**Rationale for the Process of Evaluating Threats in Correlational Studies.** We will try to demonstrate the logic behind the principle that a factor must be related to both correlated variables in order to explain a correlation between them. Consider the three scatterplots shown in Figure 15.8, which represent the scores of a group of individuals on three variables: A, B, and C. Scatterplot 1 shows a substantial correlation between A and B; scatterplot 2 shows a substantial correlation between A and C; scatterplot 3 shows a zero correlation between B and C.

Suppose the researcher is interested in determining whether the correlation between variables A and B can be “explained” by variable C. A and B, in other words, represent the variables being studied, while C represents a third variable being evaluated as a potential threat to internal validity. If the researcher tries to explain the correlation between A and B as due to C, he or she cannot. Here’s why.

Suppose we say that person 1, shown in scatterplot 1, is high on A and B because he or she is high on C. Sure enough, being high on C would predict being high on A. You can see this in scatterplot 2. However, being high on C does not predict being high on B, because although some individuals who scored high on C did score high on B, others who scored high on C scored in the middle or low on B. You can see this in scatterplot 3.
Another way of portraying this logic is with circle diagrams, as shown in Figure 15.9.

Diagram 1 in Figure 15.9 illustrates a correlation between $A$ and $B$. This is shown by the overlap in circles; the greater the overlap, the greater the correlation. Diagram 2 shows a third circle, $C$, which represents the additional variable that is being considered as a possible threat to internal validity. Because it is correlated with both $A$ and $B$, it may be considered a possible explanation for at least part of the correlation between them. This is shown by the fact that circle $C$ overlaps both $A$ and $B$. By way of contrast, diagram 3 shows that whereas $C$ is correlated with $A$, it is not correlated with $B$ (there is no overlap). Because $C$ overlaps only with $A$ (i.e., it does not overlap with both variables), it cannot be considered a possible alternative explanation for the correlation between $A$ and $B$. Diagram 3, in other words, shows what the three scatterplots in Figure 15.8 do, namely, that $A$ is correlated with $B$, and that $A$ is correlated with $C$, but that $B$ is not correlated with $C$.

**An Example of Correlational Research**

In the remainder of this chapter, we present a published example of correlational research, followed by a critique of its strengths and weaknesses. As we did in our critique of the experimental and single-subject studies analyzed in Chapters 13 and 14, we use several of the concepts introduced in earlier parts of the book in our analysis.
When Teachers’ and Parents’ Values Differ: Teachers’ Ratings of Academic Competence in Children from Low-Income Families

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The authors examined predictors of teachers’ ratings of academic competence of 105 kindergarten children from low-income families. Teachers rated target children’s expected competence in literacy and math and completed questions about their perceptions of congruence–dissonance between themselves and the child’s parents regarding education-related values. Independent examiners assessed children’s literacy and math skills. Teachers’ instructional styles were observed and rated along dimensions of curriculum-centered and student-centered practices. Controlling for children’s skills and socioeconomic status, teachers rated children as less competent when they perceived value differences with parents. These patterns were stronger for teachers who exhibited curriculum-centered, rather than student-centered, practices. The findings suggest a mechanism by which some children from low-income families enter a path of diminished expectations.

Children from low-income families typically begin their school experience with fewer academic skills than their middle-income peers (Lee & Burkam, 2002), and they remain on a path of relatively low performance (Alexander, Entwisle, & Horsey, 1997; Denton & West, 2002; Duncan & Brooks-Gunn, 1997). A range of explanations are offered for the performance discrepancies associated with family socioeconomic status (SES). Family and community influences are implicated in some research; other studies suggest that systematic differences in school resources, including the quality of teachers, further disadvantage low-income children (Augenblick, Myers, & Anderson, 1997; Betts, Rueben, & Danenberg, 2000; Parrish & Fowler, 1995; Unnever, Kerckhoff, & Robinson, 2000).

Many researchers and policymakers contend also that teachers expect less of children from low-income and other stigmatized groups and therefore provide less rigorous academic instruction and lower standards for achievement. Consistent with this view, relatively low expectations exist in many schools serving low-income students (Hallinger, Bickman, & Davis, 1996; Hallinger & Murphy, 1986; Kennedy, 1995; Leithwood, Begley, & Cousins, 1990; McLoyd, 1998). Kennedy (1995), for example, analyzed data on the academic climate of 250 third-grade classrooms in a stratified sample of 76 schools in Louisiana. The proportion of low-income students was strongly negatively correlated with teachers’ perceptions of students’ ability. Although the SES of the student body was also a strong predictor of academic norms (i.e., peer support for academic performance), the peer norm differences disappeared when teacher expectations entered into the regression analysis. In addition to lower expectations for academic performance, teachers perceive children from low-SES families as being less mature and having poorer self-regulatory skills than their peers.
In a study of first graders from low-SES families, for example, Alexander, Entwisle, and Thompson (1987) found that teachers from higher status backgrounds gave more adverse evaluations of the maturity of minority and low-SES-status children as well as held lower expectations for their academic performance.

Although the methods typically used to study teacher-expectation effects have been criticized (e.g., Babad, 1993; Brophy, 1983), teacher expectations for student performance do influence teachers’ behavior toward students and students’ learning (Jussim & Eccles, 1992; Jussim, Eccles, & Madon, 1996; Rosenthal & Jacobson, 1968; see Stipek, 2002; Wigfield & Harold, 1992, for reviews). Children who typically receive relatively low expectations may be the most affected by teacher expectations. Jussim et al. (1996) provided evidence that teacher-expectancy effects are stronger among stigmatized groups, such as African Americans, children from families with low SES, and to a lesser extent, girls. In a study of low-income African American students, Gill and Reynolds (2000) found that teacher expectations had a powerful direct influence on academic achievement. Thus, children in stigmatized groups are both prone to more adverse expectations by teachers and also are more likely to have such expectations lead to self-fulfilling prophecies of poor academic performance. Low expectations in particular are likely to have sustaining effects on children’s performance.

Teacher expectations appear to be particularly important in the early elementary grades. In their classic study, Rosenthal and Jacobson (1968) found that the first and second graders, but not the older children in the study, evidenced teachers’ self-fulfilling prophecies. Kuklinski and Weinstein (2001), likewise, reported that teacher expectancies accentuated achievement differences to a greater extent in the early elementary grades than in the later elementary grades. And in a meta-analytic review, Raudenbush (1984) found teacher expectancies to produce their greatest effects on children in the early grades, but also noted an effect in seventh grade. Jussim et al. (1996) suggested that children may be most vulnerable to teacher-expectation effects at key transition points, such as school entry or change of school (as often occurs in seventh grade), rather than at a particular developmental age per se.

Given the effects of teacher expectations on student learning, it is important to understand what factors influence teacher judgments about students’ academic competence. One robust finding is that teacher expectations are strongly associated with children’s actual skills (Brophy, 1983; Jussim & Eccles, 1992; Jussim et al., 1996; Wigfield, Galper, Denton, & Seefeldt, 1999). Jussim et al. (1996) maintained that children’s skill levels influence teachers’ expectations, which in turn affect children’s future performance. Thus, children’s school performance becomes part of a cycle of increasing or decreasing expectations, which, in turn, leads to future performance. Consistent with this view, when children’s skills are considered, the statistical effects of teacher expectations on student learning are diminished. Teacher expectations, nevertheless, predict student achievement, even with students’ previous achievement held constant (Jussim et al., 1996; Kuklinski & Weinstein, 2001), suggesting that other factors enter into teacher judgments and that teacher judgments affect students’ learning regardless of whether they are based on students’ academic skills.

In brief, young, low-income children and young children of color may be particularly vulnerable to negative effects of teacher expectations. These effects may be especially powerful as children make the transition into school. Accordingly, this study focused on kindergarten children from various ethnic groups, living in low-income families.

Not all young children from low-income families perform poorly, however, and not all teachers expect poor performance from such children. Less is known about the sources of bias in teachers’ judgments. For example, researchers have not tried to explain why teachers perceive children from low-income families to be less academically...
competent and what factors contribute to variation in teachers’ perceptions of children from low-income families. The purpose of this investigation was to assess possible predictors of teacher expectations of students from low-income families. Specifically, we assessed the extent to which family SES and teachers’ perceptions of value differences between themselves and students’ parents explain variation in teacher perceptions and expectations of students’ academic competence. Further, we investigated whether such variation exists in classrooms with distinctly different styles of instructional practice.

**TEACHER–PARENT VALUE DIFFERENCES**

Most teachers in low-income communities differ from the families in those communities in terms of educational background and ethnicity (Alexander et al., 1987). Much has been written about the potential negative consequences for children of a mismatch between the culture of the school and the culture of their families (e.g., Delpit, 1995; Ogbu, 1993). But this literature focuses on children’s experience of cultural differences. In contrast, teachers’ perceptions of the values inherent in cultural and socioeconomic differences and the effects of these perceptions on their judgments of children have not been studied. We focus here on values that are directly related to education—effective teaching practices, classroom discipline, and parent involvement in children’s learning (Okagaki & French, 1998; Okagaki & Sternberg, 1993).

Parents hold particular ethnotheories about raising their children (Super & Harkness, 1997), and their perspectives may differ substantially from those of teachers. For example, beliefs about appropriate parenting practices and ways to interact with schools vary according to ethnic identity (Ogbu, 1993) and social class (Lareau, 1987). According to Weisner, Gallimore, and Jordan (1988), the scripts used by participants in teaching and learning contexts reflect belief systems, which differ by ethnocultural group. Because teachers often have children from diverse cultural groups within one classroom, they need to become familiar with a range of cultural scripts and underlying belief systems. This may pose a difficult challenge for some teachers. For example, Lasky (2000) found that teachers were more comfortable with parents who shared a similar value system to their own and often became demoralized, angry, and discouraged with parents who did not share the same values.

Children are presumably disadvantaged when their parents and teachers hold different values with respect to desired classroom practices and behavior. One negative consequence of such a mismatch may be lowered teacher expectations. Teachers may reason, for example, that parents who do not share the teachers’ views of appropriate child rearing and teaching will fail to provide the support that children need to learn effectively. As a result, teachers may (even unknowingly) lower their expectations of the school achievement of such children. Therefore, in this study, we assessed associations between teachers’ perceptions of education-related value differences between themselves and parents and their perception of the children’s current and future academic competencies. Values related to teaching academic subjects (math, reading, and writing) and discipline were selected because teachers’ attention is largely focused on these domains, and they are frequently discussed in parent–teacher conferences. The issue of parents’ role in assisting their child in schoolwork was also included because it is a common source of conflict or confusion (Baker, 1997; Linek, Rasinski, & Harkins, 1997).

Even within a sample of low-income families, there may be considerable variation in the degree to which parents’ values differ from teachers. We suspected, however, that perceptions of value differences might be confounded with parents’ SES. Perceived value differences are not the only reason why teachers may have relatively low expectations...
for the academic success of children from low-SES families. For example, they may assume that the lower the children's SES is, the more stress there is on the family, or the less stable and more crowded home conditions are. To be able to examine the independent predictive value of perceived value differences, we also included a measure of SES.

CLASSROOM PRACTICES

Teachers may vary in the degree to which their expectations for students are affected by their perception of discrepant values. Teachers who are sensitive to individual differences and adjust instruction and discipline to individual children's skills, learning styles, and interests may not view differences between themselves and parents as an impediment to children's learning. They may assume that they can adjust and effectively teach children regardless of whether their values differ from the children's parents. Teachers who have a rigid whole-class curriculum and do not adjust instruction and discipline to individual children may, in contrast, assume that children who do not experience similar discipline approaches and teaching at home will have difficulty adjusting to their curriculum and management strategies and thus perform less well. To test this hypothesis, we observed each participating child's classroom and rated teachers on the degree to which they had a flexible teaching style that adjusted to individual children's needs (referred to as a student-centered approach) versus a uniform approach dictated by a curriculum (referred to as curriculum centered). We predicted that curriculum-centered teachers' perceptions of value differences with parents would be more strongly linked to their perceptions of students' academic skills than would be true for student-centered teachers.

The notions of student-centered and curriculum-centered instruction are rooted in a debate about effective educational practices. The National Association for the Education of Young Children and many subject-matter experts embrace an educational approach that individualizes instruction to address differences in children's skill levels and understanding, in which children work individually and collaboratively to construct their own understanding (Bredekamp & Copple, 1997). Student-centered lessons involve conversations with students as well as some direct teaching (Berk & Winsler, 1995; Committee on the Prevention of Reading Difficulties in Young Children, 1998; National Academy of Education, Commission on Reading, 1985; National Council of Teachers of Mathematics, 1991; National Research Council, Committee on the Prevention of Reading Difficulties in Young Children, 1998). In contrast, there are also proponents of highly teacher-directed instruction (e.g., Becker & Gersten, 1982; Carnine, Carnine, Karp, & Weisberg, 1988; Meyer, Gersten, & Gutkin, 1983). Some researchers claim that exploratory learning emphasizing autonomy and creativity is a luxury that poor children cannot afford and is incongruous with the teaching styles and goals of low-income families (Delpit, 1995). These more directive methods, which we refer to as curriculum centered, typically involve structured lessons—sometimes even scripted lessons—which are fully teacher led. Student work is usually in the form of workbooks that all students are asked to complete.

In summary, we investigated the extent to which a demographic marker (i.e., SES) and a measure of value discrepancies (i.e., teachers' perceived differences with parents regarding education-related values) related to teachers' ratings of children's academic competence. Further, we considered the potential moderating effects of the classroom teaching style on these relations. We have purposefully selected to study students from low-income families, who are already at a disadvantage when they begin school, at a vulnerable transition point in terms of their school experience, the kindergarten year.
METHOD

Participants

Participants included 105 kindergarten students (53% girls) who were originally enrolled as infants in a longitudinal study of very low-income families. Data for the present investigation were collected in the spring of children's kindergarten year, when most children were 5 or 6 years old. All participating children were from low-income families in three different localities, an urban area in the northeast, a rural area in the northeast, and an urban area on the west coast. The average reported annual family income was between $9,000 and $12,000; 57.2% of mothers reported receiving food stamps. About half of the mothers were employed, 27.9% full time and 23.1% part time. Mothers varied in education level: 31.4% had less than a high school degree, 27.3% completed high school or its equivalent, and 41.3% had some training beyond high school (e.g., community college courses or specialized vocational courses). About one third of children (36.2%) lived with married parents, and most had at least one sibling (86.4%). Children were from a range of ethnic groups: African American (30%), Euro-American (33%), Latino (27%), and multiracial (10%).

The 105 children were distributed among 56 classrooms. All teachers were female, and most had a master’s degree or some graduate school training (78%). They ranged in teaching experience from 1 to 38 years (M = 22.8 years). Teachers also varied in their ethnicity, although most were Euro-American (76% Euro-American, 9% African American, 7% Latino, and 8% Asian American). Most children were enrolled in schools that serve primarily a low-income population, as 80% of schools had more than half of enrolled students eligible for free or reduced lunch. Schools ranged in size from a low of 73 students to a high of 1,077 students, and most schools (66%) served grades kindergarten through sixth grade.

Procedure and Measures

Four sources of data were used for this investigation, all collected during a 3-month period in the spring of children’s kindergarten year: (a) questionnaires were completed by teachers, (b) children’s academic skills were assessed by an independent examiner, (c) demographic data were gathered from parents during interviews, and (d) observations were made of the kindergarten classrooms by trained field staff.

Teacher Questionnaires. Teachers were either given or mailed questionnaires on participating children and asked to return them by mail. Most teachers (89%) had only 1 or 2 participating children in their classrooms. In addition to providing demographic information about themselves, teachers were asked to rate children’s academic competencies in math and reading separately (“Please rate the child’s reading–math-related skills”). They were asked to indicate their expectations of the child’s future performance one year from that time (“How well do you expect the child to do next year in reading–math?”). A 5-point response scale was used for both questions (1 = well below children this age, 2 = below children this age, 3 = about average, 4 = above children this age, 5 = well above children this age). Teachers were also asked to predict children’s performance in reading and math (separately) by the end of third grade (“Do you expect the child to be on grade level or above in reading–math by the end of third grade?”). A 4-point response scale was used (1 = definitely no, 2 = probably no, 3 = probably yes, 4 = definitely yes). Teachers’ ratings of children’s current competence and their expectations for children’s first- and third-grade performance were so highly
correlated ($r = .75$ and $r = .88$ for reading and $r = .78$ and $r = .93$ for math) that it did not seem reasonable to treat judgments of current competencies and expectations for future performance as separate constructs. Thus, all three items were combined to create two composite measures of teacher perceptions of children’s competency, one for literacy ($\alpha = .93$) and one for math ($\alpha = .94$).

On the basis of a review of the literature on teaching practices, teachers were also given a list of goals identified as potentially important for young children to develop in school. They were asked to rate the importance of each goal relative to the other goals on a 5-point scale, ranging from 1 (not at all important) to 5 (very important). A factor analysis revealed three scales reflecting: (a) traditional basic skills goals (e.g., work habits, factual knowledge, basic math and literacy skills; $M = 3.73$, $SD = 0.66$, $\alpha = .59$), (b) higher order thinking goals (e.g., critical thinking, independence and initiative, creativity; $M = 3.97$, $SD = 0.53$, $\alpha = .63$), and (c) social development goals (e.g., social skills, cooperation; $M = 4.31$, $SD = 0.63$, $\alpha = .51$).

In a separate section of the questionnaire, teachers were asked whether they considered their education-related values to be similar or different from those of the participating child’s parent(s). A set of five questions asked teachers to rate congruence with a child’s parent(s) with regard to discipline, parents’ role in a child’s education, and the teaching of math, literacy, and writing (“Are there differences between the parents’ values or preferences and your values with respect to the educational program in the following areas: discipline, reading, writing, math, parents’ role in assisting their child?”). A response scale of 3 points was used (1 = no difference, 2 = some difference, 3 = great difference). The Cronbach’s alpha for this sample on this set of items was .92.

Assessment of Children’s Skills. Children’s skills were assessed independently by trained examiners. The examiners presented the material in English or Spanish, depending on the child’s language preference. The math assessment measured children’s counting abilities and familiarity with numbers (items from the Peabody Individual Achievement Test—Revised; Dunn & Dunn, 1981), their strategies for solving word problems (Carpenter, Ansell, Franke, & Fennema, 1993; Carpenter, Fennema, & Franke, 1996), and their skills in calculating (using a calculation subscale of the Woodcock–Johnson Psycho-Educational Battery—Revised [WJ-R]; Woodcock & Johnson, 1990). Four composite variables were created from the items in the math assessment: counting—early number tasks; problem-solving, pencil–paper calculations; and geometric items. The composite variables were standardized and averaged to create a total math skills score.

The literacy assessment measured children’s abilities in reading (and prereading), writing, comprehension, and verbal fluency (Saunders, 1999; letter-word identification and passage comprehension subscales of the WJ–R; Woodcock & Johnson, 1990). Six composite variables were created: letter–sound identification, word reading, overall reading, writing, oral comprehension, and verbal fluency. The composite variables were standardized and averaged to create a single total literacy skill score.

Classroom Observation Measure. Trained observers used the Early Childhood Classroom Observation Measure (ECCOM) developed by Stipek and colleagues (Byler & Stipek, 2003; Stipek et al., 1998). Observations were conducted during the spring of the participating child’s kindergarten year to document the teaching approach used in the classroom. Observers began their observations at the beginning of the school day and remained in the classroom for at least 3 hr, returning the following day if they had not observed a math and a literacy activity.
Two sets of 17 items in the ECCOM were used for this investigation to determine the classroom instructional environment. Observers gave a score of 1 (low) to 5 (high) indicating the extent to which the classroom looked like each descriptor and then wrote a justification for each score. One set of observation items was used to assess the degree to which teachers were student centered, and another set of items was used to assess how curriculum centered the teacher was. Teachers provided self-reports of their instructional goals regarding teaching of basic skills and higher order thinking processes.

The set of student-centered descriptors is aligned with the developmentally appropriate practice guidelines issued by the National Association for the Education of Young Children (Bredekamp & Copple, 1997). Teachers receiving a high score on these items were respectful and responsive to children, encouraged children to communicate and elaborate on their thoughts, and celebrated each other’s achievements, at whatever level they occurred. They applied rules consistently but not rigidly, and children had responsibility and opportunities for leadership roles and to solve problems on their own. The teacher individually monitored, assisted, and challenged children. They also solicited children’s questions, ideas, solutions, or interpretations. Mathematics and literacy instruction balanced an emphasis on understanding and opportunities to practice, and children’s learning was assessed regularly. Interrater reliability for the summary score on these items based on the 17 ratings, with two raters rating 18 classrooms, was .79.

The parallel set of 17 curriculum-centered items rated classrooms on how directive and rigid teachers were. The items described practices in which teachers enforced strict rules and gave children few opportunities to take responsibility or to choose activities; children were held accountable to rigid standards that were not adjusted to children’s individual skill levels. Tasks were fully defined by the teacher or a published curriculum, and the teacher dominated and controlled discussion and conversation. Math and literacy instruction focused on discrete skills and heavy reliance on workbooks, with correctness emphasized. Additionally, there was relatively little attention given to developing social and communication skills, children did not have much time to work collaboratively, and activities were not adjusted to children’s individual skills and interests. Interrater reliability on the summary score of a subset of 25 classrooms for this set of descriptors was .95.

Teachers who were high on one set of descriptors tended to be low on the other ($r = - .90, p < .001$). Therefore, we created a composite measure of classroom practices by standardizing and reverse scoring the items high on the curriculum-centered scale and adding them to those on the student-centered scale (standardized). The final scale had a potential range of −5.0 (indicating highly curriculum-centered practices) to 5.0 (indicating highly student-centered practices; the actual scores ranged from −2.78 to 3.21). Cronbach’s alpha for the composite score was .94.

**RESULTS**

Teacher competency ratings in math and reading did not differ by children’s gender, race–ethnicity, or geographical location. Further, teachers’ perceptions of value differences with parents did not differ by teachers’ race–ethnicity, school geographic location, or children’s race–ethnicity, although there was a trend toward greater value discrepancy between teachers and African American parents than between teachers and Latino or Euro-American parents, $F(2, 84) = 2.95, p < .06$. There were too few teachers of color to assess whether sharing or not sharing ethnicity with parents predicted teachers’ value discrepancy judgments. Euro-American parents were more likely to have the same ethnicity as their child’s teacher than were African American and Latino parents (because most of the teachers were Euro-American), but the proportion of African American
parents whose ethnicity differed from their child’s teacher’s ethnicity (86%) was not
greater than that of Latino parents (85%). Although ethnicity differences may have con-
tributed to teachers’ greater value discrepancy ratings for African American parents, if it
were simply a matter of having different ethnic backgrounds, discrepancy scores should
have been higher for Latino parents (who also often spoke a different language from
teachers) than Euro-American parents.

Teachers rated 48% of children to be currently at grade level, 18% above grade level,
and 34% below grade level in reading; for math they rated 51% of their students at grade
level, 21% above grade level, and 28% below grade level. They expected 74% of children to
be at grade level or above grade level by third grade in reading and 78% of children to be
at or above grade level by third grade in math skills. The higher proportion of children being
rated below grade level than above grade level would be expected in a sample of very low-
income children who entered school with below-average cognitive skills (Peabody Picture
Vocabulary Test [Dunn & Dunn, 1981] score average of 88.63, SD = 16.30, at 60 months).

As a check on the validity of the observation measure, we computed correlations
between observers’ ratings of teachers’ practices and teachers’ self-reported instruc-
tional goals. Teachers with observed student-centered practices reported placing rela-
tively more emphasis on the development of children’s higher order thinking strategies
\( (r = .30, p < .001) \) and less emphasis on developing basic skills \( (r = -.22, p < .01) \). In com-
parison, teachers observed to use curriculum-centered practices reported less emphasis
on higher order thinking strategies \( (r = -.35, p < .001) \) and more emphasis on teaching
basic skills \( (r = .38, p < .001) \). Therefore, teachers’ reported goals were consistent with
their observed practices.

To test the main questions posed here, we used hierarchical regression analyses. Given
the scatter of students across classrooms, we could not apply methods such as hierarchical
linear modeling that take advantage of students nested in classrooms. On the basis of prior
research, we expected children’s actual skills to be related to teacher ratings of their com-
petencies. Accordingly, the variable representing children’s performance on the academic
skills assessment was entered first. Our questions of interest related to the variables added
after the academic skills’ variable. We constructed a composite measure of maternal educa-
tion and income (based on maternal report) as a proxy variable for SES. SES was entered
next to determine whether teachers rated children’s competencies differently on the basis
of SES, controlling for children’s actual level of skills. Third, the value-difference variable
was entered to determine whether teachers’ ratings varied by their perception of value dif-
ferences with parents, after children’s academic skills and SES were accounted for. Finally,
we tested whether the type of classroom instruction practices predicted teachers’ ratings of
children’s academic competence and whether such practices moderated associations found
between perceived value differences and child competency ratings. Consistent with Baron
and Kenny (1986), an interaction term was created as the product of the continuous vari-
ables, and a hierarchical, incremental \( F \) test was used to determine whether the interaction
added significantly over and above the account predicted by the additive model, which
included the other predictors. Bivariate correlations among study variables can be found in
Table 1, and results of regression analyses are shown in Tables 2 and 3.

For teacher ratings of reading competence (presented in Table 2), children’s in-
dependent literacy skill assessment added 13% of the variance and was significant. The
second variable, SES, did not add significant variance. The value difference (VD) variable,
added in Step 3, contributed a significant additional 17% of the variance. The negative
direction on the coefficient (\( -.57 \)) indicates that greater discrepancy in value differences
predicted lower teacher ratings of children’s academic competency. In Step 4, the class-
room instructional practices (CP) variable was entered and did not add significantly to
the equation. When in the final step, the interaction term (VD × CP) was entered, the 
\[ \Delta R^2 \] was 4% and significant. That is, perceived value differences had distinct effects in different instructional settings.

Using the regression analysis findings reported in Table 2, we calculated the predicted values of teacher expectancy ratings for different classroom practices and found that perceived value differences had greater effects on teacher ratings of children's competencies in literacy in more curriculum-centered classrooms. Teachers with curriculum-oriented practices rated children of parents whom they perceived to have discrepant values to be more than one standard deviation (1.09 standard deviation) lower on literacy skills than children whose parents were perceived to have educational values congruent with the teacher’s. Teachers with student-centered practices also rated children of parents with discrepant values to be less competent than other children in literacy skills but to a lesser extent, about two fifths of a standard deviation (0.39 standard deviation). A similar pattern of results occurred in analyses of teacher ratings of children’s math competencies (Table 3). Children’s independently assessed math skills explained a significant 34% of the variance in teachers’ ratings of children’s math competencies. SES did not add significant variance. Perceived value differences added a unique 7% and were negatively related to teacher ratings of children’s math competencies. The style of classroom instructional practices did not contribute additional variance. An interaction between value differences and classroom practices, however, added 6% and was significant, indicating that value differences were a better predictor of teacher ratings

<table>
<thead>
<tr>
<th><strong>TABLE 1</strong></th>
<th>Bivariate Correlations among Study Variables</th>
</tr>
</thead>
<tbody>
<tr>
<td>Variable</td>
<td>1</td>
</tr>
<tr>
<td>1. SES</td>
<td>—</td>
</tr>
<tr>
<td>2. Value differences</td>
<td>-.13</td>
</tr>
<tr>
<td>3. Classroom practices</td>
<td>-.03</td>
</tr>
<tr>
<td>4. Literacy skills</td>
<td>.22*</td>
</tr>
<tr>
<td>5. Math skills</td>
<td>.21*</td>
</tr>
<tr>
<td>6. Teacher ratings (literacy)</td>
<td>.17</td>
</tr>
<tr>
<td>7. Teacher ratings (math)</td>
<td>.16</td>
</tr>
</tbody>
</table>

Note: \( N = 105 \). SES = socioeconomic status.

\* \( p < .05 \). \** \( p < .01 \). \*** \( p < .001 \).

<table>
<thead>
<tr>
<th><strong>TABLE 2</strong></th>
<th>Hierarchical Regression Analysis of Teacher Ratings of Children’s Competence in Literacy Skills</th>
</tr>
</thead>
<tbody>
<tr>
<td>Step–predictor</td>
<td>(β at final step)</td>
</tr>
<tr>
<td>1. Child skills</td>
<td>.21**</td>
</tr>
<tr>
<td>2. SES</td>
<td>.04</td>
</tr>
<tr>
<td>3. Value differences (VD)</td>
<td>-.57***</td>
</tr>
<tr>
<td>4. Classroom practices (CP)</td>
<td>-.22*</td>
</tr>
<tr>
<td>5. VD × CP</td>
<td>.14*</td>
</tr>
</tbody>
</table>

Note: SES = socioeconomic status.

\* Unstandardized regression coefficients are reported because standardized coefficients are inappropriate with interaction terms (see Aiken & West, 1991, pp. 40–47).

\* \( p < .05 \). \** \( p < .01 \). \*** \( p < .001 \).

The circled values are of primary importance.

\[ R = \sqrt{.34} = .58 \]

See our comment under “Analysis of the Study.”
in one type of classroom. When the interaction effects were calculated, they indicated that perceived teacher–parent value differences had greater effects on teacher ratings in more curriculum-centered classrooms. When value differences were high, teachers with curriculum-centered practices rated children as one standard deviation lower (0.97 standard deviation) in math skills than children whose parents held values similar to the teachers. Teachers with student-centered practices, however, rated both groups of children to be almost identical (0.04 standard deviation difference).

**DISCUSSION**

This study produced several important findings. First, as predicted, teachers’ ratings of children’s academic competence and their expectations for children’s future performance related highly to children’s actual skills, assessed independently for this study. The relatively low level of children’s actual skills found in the study is similar to that reported in other studies, which document that on average low-income children’s academic skills lag behind their middle-class peers (Lee & Burkam, 2002). Even during the spring of the kindergarten year, only about one third of children (36.0%) knew the names of all letters in the alphabet and about one quarter (25.8%) did not know sound–symbol associations. In terms of math, only one half (50.0%) could count 30 objects correctly; one quarter of the sample (24.6%) could not count 20 objects correctly. Despite the relatively modest level of children’s skills, teachers held generally positive beliefs about their academic competence; this positive evaluation by teachers has been noted in other studies of children living in low-income families (Wigfield et al., 1999).

Teachers varied in their judgments of children’s competence, however. Although children’s academic skills on our independent assessment predicted teachers’ perceptions of children’s academic competence, other factors also explained variance in teachers’ judgments. When teachers believed the education-related values of parents differed from their own, they rated children as less competent academically and had lower expectations for their future academic success. The diminished ratings were evident even when children’s actual academic skills and SES were controlled. Thus, value differences appeared to be a central feature in teacher judgments of these children’s competencies. Alexander et al. (1987) suggested that social status differences between students and teachers produce teachers’ negative perceptions of students. In fact, in this study, where students came from low-income families, perceptions of value differences with parents seemed to be even more important indexes of social distance between students and teachers than demographic markers, such as SES.
Although teachers’ perceptions of value differences predicted their perceptions of children’s academic competence in both math and literacy, the prediction was stronger for literacy. In the United States, teachers and parents place more emphasis on early reading skills than on math skills (Stevenson et al., 1990). We speculate that teachers view early literacy as an area of academic performance that is affected by the home environment (e.g., whether parents read to children), whereas they may know less about the relation between the home environment and children’s emerging math skills. Therefore, literacy is an academic domain where teachers’ perspectives of factors other than children’s actual skills have greater influence on their ratings of children’s competence.

The relation between perceived value differences and teacher judgments of children’s reading and math competencies was greater in classrooms with certain styles of instruction. Teachers in classrooms that were teacher dominated and driven by curriculum were more likely to expect less of students from families with discrepant values than were teachers in classrooms in which the teacher was more responsive to individual differences in students. The children in student-centered classrooms were less likely to be disadvantaged by low expectations based on teachers’ perceptions of parents’ value differences—perceptions that may not be valid and may not be relevant to children’s ability to succeed in school. We demonstrated the importance of investigating both teachers’ beliefs and values and the educational contexts in which they are enacted.

Delpit (1995) has argued for the benefits of value matches between teachers and parents, especially for children of color. Given the increasing diversity of the U.S. population and the demographics of the population of teachers, value matches are increasingly less likely to occur, however. Many classrooms include children from a range of diverse cultural backgrounds, making it difficult for teachers to “match” their approach to the cultural backgrounds of all students. Children of color and students for whom English is not their first language comprise the majority in many schools, especially in urban communities. Thirty-eight percent of public school students were considered to be members of minority groups in 1999 (U.S. Department of Education, National Center for Education Statistics, 2001). In contrast, 90% of teachers who work with these children are Euro-American (National Education Association, 1997). These statistics underscore the need for teachers to adapt their teaching to meet diverse children’s needs rather than lower their expectations for students whose parents have different values or practices from their own. To this end, teacher preparation and professional development programs can play an essential role in helping teachers learn to bridge cultural differences between themselves and their students’ families.

This study has several limitations. We did not assess parents’ views of their value differences with teachers, and parents may have distinct views on value differences. Also, the findings are, by design, limited to children in low-income families, and given the truncated range of SES in this study, the lack of differences by SES should be considered with caution. Further, we do not know the extent to which teacher–parent value differences exist and are important in a wider range of families.

Despite these limitations, this investigation adds an important dimension to the literature on teachers’ judgments of the competence and future academic success of low-income children during the kindergarten year. In previous studies of teacher expectations, researchers focused on the effect of student characteristics and behavior. The findings of this study are particularly remarkable in that they demonstrate that factors that are not directly observed in children themselves may affect teachers’ judgments and potentially their behavior and in turn children’s learning. These findings thus add a new dimension to the literature on teacher expectancy and suggest one mechanism by which some children from low-income families enter a path of diminished expectations.
References


Analysis of the Study

PURPOSE/JUSTIFICATION

The purpose was “to assess possible predictors of teacher expectations of students from low-income families.” More specifically, the purpose was to study the influence of “socioeconomic status and teacher perceptions of value differences between themselves and students’ parents.”

The primary justification is based on (1) evidence of poorer academic performance on the part of low-income students, (2) evidence and opinion as to the importance of teacher expectations, and (3) evidence that teachers have lower expectations for low-income students. Further justification is based on evidence that teacher expectations are more important in the early grades and that expectations are based on more than observed skill levels. Finally, the emphasis on value differences between teachers and parents is justified by research showing that such differences exist and by a rationale supporting their probable impact on teacher expectations.

There appear to be no problems of risk, confidentiality, or deception.

DEFINITIONS

Definitions are not provided and would be helpful. The primary terms are teacher expectations and perceived value differences. The former is operationally defined by questions asking teachers to rate, on a five-point scale, future performance (in first and third grades) in reading and math. Perceived value differences is also operationally defined as teacher ratings on a three-point scale in response to the question, “Are there differences between the parents’ values or preferences and your values with respect to the educational program in the following areas: discipline, reading, writing, math, parents’ role in assisting their child.”

As is common with operational definitions, the nature of these perceived differences is not clear. For example, do these perceived differences regarding discipline pertain to the nature or extent of discipline? If the latter, are parents perceived as wanting more or less discipline? It can be argued that the nature of these differences is not crucial to the study, but clarification would help in interpreting results.

Other terms including reading and math skills, teacher perception of reading and math skills, student centered, curriculum centered, and the list of student centered descriptors are all operationally defined and, we think, clear enough in context for the purposes of this study.

PRIOR RESEARCH

Extensive documentation and good summaries of both research and opinion are provided for most of the background argument. The exception is material specifically on the effects of “value discrepancies,” which the authors attribute to the lack of prior studies.

HYPOTHESES

The primary hypothesis, though not explicitly stated, is clearly implied. It is that the larger the teacher-perceived value differences between themselves and a student’s parents, the lower their expectations for the student. A secondary hypothesis is stated; it is that the primary hypothesis would be more clearly supported among “curriculum-centered” teachers as compared to “student-centered” teachers. Both are directional hypotheses (see page 85). As noted under “Results,” the authors actually modified these hypotheses for purposes of data analysis.

SAMPLE

The sample consisted of 105 kindergarten children previously enrolled as infants in a study of low-income families. They were located in three different areas of the United States, which differed in urbanization as well as geography. The teacher sample was 56. It is not clear how the original sample of infants was selected, nor how those in the kindergarten sample were obtained. They clearly do not constitute a random sample of low-income kindergartners nationwide, and it seems unlikely that the groups from the three locations were randomly selected. Students, their families, and the teachers are all very well described, which makes some generalization potentially feasible. The use of different geographic regions made replication (analysis of data separately by region), feasible but this was apparently not done.

INSTRUMENTATION

All instruments are well described or identified. The rating scales used a well-known format; the tests and observation system are known in the field.
The reliability of the principal measures (predictions of skill and perception of value differences) was not discussed. The correlations between the three similar, but not identical, skill perception scales suggest moderate to high internal consistency (.75 to .93). The reliability of the combined scale is very good, but we do not agree that the correlations between “current competence” and future “expectations” are high enough to justify the combined score. For reading, they were .75 and .88, which indicate at most 61 percent common variance. Combining scores increased reliability but may have sacrificed validity. The internal consistency of the “value differences” scale is excellent at .92.

The validity of these measures is not discussed, and it should be. It may appear self-evident that the rating scales must reflect teacher perceptions/expectations, and we agree that the appeal to content validity is much more satisfying than with measures of more ambiguous variables. But such assumptions are always dangerous. Such scales are easy to deliberately distort and subject to unintended bias, that is, they do not necessarily indicate the teachers’ true perceptions. This is especially a problem because both scales were apparently expected to be filled out with a short intervening time, raising the possibility of one affecting the other. It is, we admit, difficult to think of alternative measures that could be used to check validity.

Of the remaining measures, the reliability of the tests should have been discussed, but it is probably adequate. The check on observer agreement showed it to be fair for the “student-centered” score at .79 and very good for the “curriculum-centered” score at .95. In this case, we think combining scores is justified because the two scales form a logical continuum also found in other studies—as opposed to the “current” and “expected” skill scales discussed earlier.

The use of teacher’s self-reported goals as a check on the validity of the observation measures is surely commendable; unfortunately, the results (correlations of −.22 to .38) do not provide strong evidence of validity. We are unclear as to why the goal questions were not more directly focused on the observation variables; this may account for the low correlations. The SES measure, not described until the “Results” section, appears reasonable but is of unknown reliability and validity.

**PROCEDURES/INTERNAL VALIDITY**

The procedures, which consist of administration of the various instruments, are well described. Although not discussed as such, many of the measures can be seen as controlling threats to internal validity. The authors frequently describe their study as one of prediction, in which case internal validity is, strictly speaking, irrelevant. However it is clear that the authors’ intention is really to explore the causes of teacher expectations, in particular, perceived value differences with parents.

In the event that the hypotheses were supported, other variables that might explain the correlations are student ability and family socioeconomic status, because each is known to be correlated with both primary variables. Subsequent data analysis allows these possibilities to be assessed. The observation measures allowed the effect of instructional style to be assessed. We discussed a possible instrumentation threat above under “Instrumentation.”

**DATA ANALYSIS/RESULTS**

As discussed previously, we do not agree with the combining of “perceived present skills” and “predicted future performance” scales. A teacher might well predict substantial future improvement or decline over a three-year period for many reasons, and the correlations, especially for reading, are, in our opinion, too low to justify combination.

The overall data analysis is appropriate, though perhaps confusing. It addresses a somewhat different hypothesis in order to answer the same study question. The revised hypothesis is: Teacher perception of differences with parent values will importantly affect teacher expectations after present skill level and SES are accounted for. The results show, as the authors state, that the “perceived value difference” variable did add to the predictability of teacher expectations beyond the influence of child skills, whereas SES and classroom practices did not. The secondary hypothesis of difference between curriculum-oriented and student-oriented teachers was appropriately tested and supported.

The use of statistical significance is not justified as other than a rough guide due to the lack of random sampling. It is the magnitude of the correlations that is meaningful, particularly in light of a fairly large sample size of 105. The difference between African American and Latino or Euro-American parents should not have been dismissed on the basis of a technically inappropriate p value of .06. Descriptive statistics such as the calculation of effect size (see page 248) should have been provided. (Note: Do not be confused by the β column in
Table 2. These numbers are part of the regression analysis but can be ignored for our purposes.)

We think the study would have been markedly improved by analyzing data separately for each of the three geographic subgroups. If such replication showed consistent results, generalization would be greatly enhanced. It appears that approximately 22 teachers and 36 students would have been included in each group.

**DISCUSSION/INTERPRETATION**

We agree that the support for both hypotheses has important implications and that the authors’ suggestions are consistent with the results. We think, however, that clearer details of the perceived teacher–parent differences would have helped with implications. If such differences are undesirable, as this study indicates, what might be done to reduce them? For example, could they be due to failure to communicate educational practices adequately to parents, or are they due to more basic cultural differences that are harder to resolve? The results of the secondary hypotheses imply that student-centered teaching is more likely to reduce these perceived differences and should, therefore, be encouraged.

We think the finding that teacher prediction of future literacy was related much more highly to current math skill (.63) than to current literacy skill (.36) deserved discussion. Perhaps kindergarten teachers are better able to assess math skills and this, in turn, colors their prediction of future literacy. This could be checked by correlating teacher ratings of current skill with tested skill in both reading and math.

For the general reader, the authors should have pointed out that the results of a multiple regression analysis depend on the variables selected as predictors and on the sequence in which they are entered. Changing the variables, or the sequence, would change the amount of additional variance contributed by each, though, in this case, we think this would not change the conclusions regarding the hypotheses.

The authors recognize that they studied teacher perceptions of value differences, not necessarily a valid index of actual differences. They also acknowledge that the study is limited to low-income families, but this was intended. They fail to acknowledge the serious limitation on generalizing because of the lack of a random sample, as well as the accompanying fallacy of using inferential statistics as more than a rough guide.

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**THE NATURE OF CORRELATIONAL RESEARCH**

- The major characteristic of correlational research is seeking out associations among variables.

**PURPOSES OF CORRELATIONAL RESEARCH**

- Correlational studies are carried out either to help explain important human behaviors or to predict likely outcomes.
- If a relationship of sufficient magnitude exists between two variables, it becomes possible to predict a score on one variable if a score on the other variable is known.
• The variable that is used to make the prediction is called the predictor variable.
• The variable about which the prediction is made is called the criterion variable.
• Both scatterplots and regression lines are used in correlational studies to predict a score on a criterion variable.
• A predicted score is never exact. As a result, researchers calculate an index of prediction error, which is known as the standard error of estimate.

**COMPLEX CORRELATIONAL TECHNIQUES**
• Multiple regression is a technique that enables a researcher to determine a correlation between a criterion variable and the best combination of two or more predictor variables.
• The coefficient of multiple correlation (R) indicates the strength of the correlation between the combination of the predictor variables and the criterion variable.
• The value of a prediction equation depends on whether it predicts successfully with a new group of individuals.
• When the criterion variable is categorical rather than quantitative, discriminant function analysis (rather than multiple regression) must be used.
• Factor analysis is a technique that allows a researcher to determine whether many variables can be described by a few factors.
• Path analysis is a technique used to test the likelihood of causal connections among three or more variables.

**BASIC STEPS IN CORRELATIONAL RESEARCH**
• These include, as in most research, selecting a problem, choosing a sample, selecting or developing instruments, determining procedures, collecting and analyzing data, and interpreting results.

**CORRELATION COEFFICIENTS AND THEIR MEANING**
• The meaning of a given correlation coefficient depends on how it is applied.
• Correlation coefficients below .35 show only a slight relationship between variables.
• Correlations between .40 and .60 may have theoretical and/or practical value depending on the context.
• Only when a correlation of .65 or higher is obtained can reasonably accurate predictions be made.
• Correlations over .85 indicate a very strong relationship between the variables correlated.

**EVALUATING THREATS TO INTERNAL VALIDITY IN CORRELATIONAL RESEARCH**
• Threats to the internal validity of correlational studies include subject characteristics, location, instrument decay, data collection, testing, and mortality.
• Results of correlational studies must always be interpreted with caution, because they may suggest, but they cannot establish, causation.
**Key Terms**

- coefficient of determination 335
- coefficient of multiple correlation 335
- correlation coefficient 340
- criterion variable 333
- discriminant function analysis 336
- factor analysis 337
- multiple regression 334
- partial correlation 341
- path analysis 337
- prediction 333
- prediction equation 334
- prediction studies 333
- predictor variable 333
- regression line 333
- standard error of estimate 334

**For Discussion**

1. Which type of relationship would a researcher be more pleased to have the results of a study reveal—positive or negative—or would it matter? Explain.
2. What is the difference between an effect and a relationship? Which is more important, or can this be determined?
3. Are there any types of instruments that could not be used in a correlational study? If so, why?
4. Would it be possible for a correlation to be statistically significant yet educationally insignificant? If so, give an example.
5. Why do you suppose people often interpret correlational results as proving causation?
6. What is the difference, if any, between the sign of a correlation and the strength of a correlation?
7. “Correlational studies, in and of themselves, do not establish cause and effect.” Is this true? Why or why not?
8. “The possibility of causation (in a correlational study) is strengthened if a time lapse occurs between measurement of the variables being studied.” Why?
9. To interpret correlation coefficients sensibly, it is a good idea to show the scatterplots on which they are based. Why is this true? Explain.

**Notes**

OBJECTIVES  Studying this chapter should enable you to:

- Explain what is meant by the term “causal-comparative research.”
- Describe briefly how causal-comparative research is both similar to and different from both correlational and experimental research.
- Identify and describe briefly the steps involved in conducting a causal-comparative study.
- Draw a diagram of a design for a causal-comparative study.
- Describe how data are collected in causal-comparative research.
- Describe some of the threats to internal validity that exist in causal-comparative studies and discuss how to control for these threats.
- Recognize a causal-comparative study when you come across one in the educational research literature.

Is there a difference between natural grass and Astro-turf?
Joseph Perea has just completed his first year of teaching chemistry in a small high school in rural Idaho. His method of teaching involved primarily lecturing to his students. At the end-of-the-year faculty party, he is discussing the year with Mary Roberts, one of the other teachers in the school.

"Ah, Mary, I’m a bit discouraged. Things did not turn out the way I had hoped."

"How come?"

"A lot of my students didn’t seem to like my teaching very much. And they didn’t do well on the final exam that I gave."

"You know, Joe, Bruce (Bruce Washington, who taught chemistry last year) used some inquiry science materials. I remember him saying that his students really liked them. Maybe you should try them next term."

"I wonder whether his approach would work for me?"

An appropriate method for this kind of question is a causal-comparative study. What that involves is the focus of this chapter.

What Is Causal-Comparative Research?

In causal-comparative research, investigators attempt to determine the cause or consequences of differences that already exist between or among groups of individuals. As a result, it is sometimes viewed, along with correlational research, as a form of associational research, since both describe conditions that already exist. A researcher might observe, for example, that two groups of individuals differ on some variable (such as teaching style) and then attempt to determine the reason for, or the results of, this difference. The difference between the groups, however, has already occurred. Because both the effect(s) and the alleged cause(s) have already occurred, and hence are studied in retrospect, causal-comparative research is also referred to sometimes as ex post facto (from the Latin for “after the fact”) research. This is in contrast to an experimental study, in which a researcher creates a difference between or among groups and then compares their performance (on one or more dependent variables) to determine the effects of the created difference.

The group difference variable in a causal-comparative study is either a variable that cannot be manipulated (such as ethnicity) or one that might have been manipulated but for one reason or another has not been (such as teaching style). Sometimes ethical constraints prevent a variable from being manipulated, thus preventing the effects of variations in the variable from being examined by means of an experimental study. A researcher might be interested, for example, in the effects of a new diet on very young children. Ethical considerations, however, might prevent the researcher from deliberately varying the diet to which the children are exposed. Causal-comparative research, however, would allow the researcher to study the effects of the diet if he or she could find a group of children who have already been exposed to the diet. The researcher could then compare them with a similar group of children who had not been exposed to the diet. Much of the research in medicine and sociology is causal-comparative in nature.

Another example is the comparison of scientists and engineers in terms of their originality. As in correlational research, explanations or predictions can be made from either variable to the other: Originality could be
predicted from group membership, or group membership could be predicted from originality. However, most such studies attempt to explore causation rather than to foster prediction. Are “original” individuals more likely to become scientists? Do scientists become more original as they become immersed in their work? And so forth. Notice that if it were possible, a correlational study might be preferable, but that it is not appropriate when one of the variables (in this case, the nature of the groups) is a categorical variable.

Following are some examples of different types of causal-comparative research.

**Type 1:** Exploration of *effects* (dependent variable) caused by membership in a given group

**Question:** What differences in abilities are caused by gender?

**Research hypothesis:** Females have a greater amount of linguistic ability than males.

**Type 2:** Exploration of *causes* (independent variable) of group membership

**Question:** What causes individuals to join a gang?

**Research hypothesis:** Individuals who are members of gangs have more aggressive personalities than individuals who are not members of gangs.

**Type 3:** Exploration of the *consequences* (dependent variable) of an intervention

**Question:** How do students taught by the inquiry method react to propaganda?

**Research hypothesis:** Students who were taught by the inquiry method are more critical of propaganda than are those who were taught by the lecture method.

Causal-comparative studies have been used frequently to study the differences between males and females. They have demonstrated the superiority of girls in language and of boys in math at certain age levels. The attributing of these differences to gender—as cause—must be tentative. One could hardly view gender as being caused by ability, but there are many other probable links in the causal chain, including societal expectations of males and females.

The basic causal-comparative approach, therefore, is to begin with a noted difference between two groups and to look for possible causes for, or consequences of, this difference. A researcher might be interested, for example, in the reason(s) why some individuals become addicted to alcohol while others develop a dependence on pills. How can this be explained? Descriptions of the two groups (alcoholics and pill poppers) might be compared to see if their characteristics differ in ways that might account for the difference in choice of drug.

Sometimes causal-comparative studies are conducted solely as an alternative to experiments. Suppose, for example, that the curriculum director in a large, urban high school district is considering implementing a new English curriculum. The director might try out the curriculum experimentally, selecting a few classes at random throughout the district, and compare student performance in these classes with comparison groups who continue to experience the regular curriculum. This might take a considerable amount of time, however, and be quite costly in terms of materials, teacher preparation workshops, and so on. As an alternative, the director might consider a causal-comparative study and compare the achievement of students in school districts that are currently using this curriculum with the achievement of students in similar districts that do not use the new curriculum. If the results show that students in districts (similar to his) with the new curriculum are achieving higher scores in English, the director would have a basis for going ahead and implementing the new curriculum in his district. Like correlational studies, causal-comparative investigations often identify relationships that later are studied experimentally.

Despite their advantages, however, causal-comparative studies do have serious limitations. The most serious lie in the lack of control over threats to internal validity. Because the manipulation of the independent variable has already occurred, many of the controls we discussed in Chapter 13 cannot be applied. Thus, considerable caution must be expressed in interpreting the outcomes of a causal-comparative study. As with correlational studies, relationships can be identified, but causation cannot be fully established. As we have pointed out before, the alleged cause may really be an effect, the effect may be a cause, or there may be a third variable that produced both the alleged cause and effect.

**SIMILARITIES AND DIFFERENCES BETWEEN CAUSAL-COMPARATIVE AND CORRELATIONAL RESEARCH**

Causal-comparative research is sometimes confused with correlational research. Although similarities do exist, there are notable differences.
CONTROVERSIES IN RESEARCH

How Should Research Methodologies Be Classified?

Opinions differ as to how the different types of research methodology should be classified. No single system for classifying research methods has been widely accepted. To be sure, clear distinctions have been drawn between experimental and nonexperimental methods and between group-comparison and single-subject forms of experimental research. However, different authors use different categories to describe nonexperimental research, with the most common being the ones we use in this text (correlational, causal-comparative, and survey). These categories, however, are mostly a matter of convenience and custom rather than reflecting essential differences. Correlational and causal-comparative methods differ largely in the nature of the variables investigated (quantitative versus categorical) and the methods of data analysis. Survey research differs from the other two primarily in its purpose. We must admit that such a system is not very satisfying.

Recently, Johnson has proposed a new means of classification.* He suggests using a combination of purpose (descriptive, predictive, or explanatory) and time frame (retrospective, cross-sectional or longitudinal) to identify different methods. Such combinations produce a total of nine different types. While we would agree that his typology is logically more consistent, we do not find it useful nor appropriate for an introductory text. Why? Because the steps involved in correlational, causal-comparative, and survey research are quite different, and we believe strongly that students need to learn these steps. We see no reason to increase the complexity involved in doing so. We also note that a fairly recent survey of teachers of educational research showed that 80 percent favored retaining the correlational versus causal-comparative distinction, apparently finding it useful despite its deficiencies.†


**SIMILARITIES AND DIFFERENCES BETWEEN CAUSAL-COMPARATIVE AND EXPERIMENTAL RESEARCH**

**Similarities.** Both causal-comparative and experimental studies typically require at least one categorical variable (group membership). Both compare group performances (average scores) to determine relationships. Both typically compare separate groups of subjects.*

**Differences.** In experimental research, the independent variable is manipulated; in causal-comparative research, no manipulation takes place. Causal-comparative studies are likely to provide much weaker evidence for causation than do experimental studies. In experimental research, the researcher can sometimes assign subjects to treatment groups; in causal-comparative research, the groups are already formed—the researcher must locate them. In experimental studies, the researcher has much greater flexibility in formulating the structure of the design.

*Except in counterbalanced, time-series, or single-subject experimental designs (see Chapters 13 and 14).
Steps Involved in Causal-Comparative Research

PROBLEM FORMULATION

The first step in formulating a problem in causal-comparative research is usually to identify and define the particular phenomena of interest and then to consider possible causes for, or consequences of, these phenomena. Suppose, for example, that a researcher is interested in student creativity. What causes creativity? Why are a few students highly creative while most are not? Why do some students who initially appear to be creative seem to lose this characteristic? Why do others who at one time are not creative later become so? And so forth.

The researcher speculates, for example, that high-level creativity might be caused by a combination of social failure, on the one hand, and personal recognition for artistic or scientific achievement, on the other. The researcher also identifies a number of alternative hypotheses that might account for a difference between highly creative and noncreative students. Both the quality and quantity of a student’s interests, for example, might account for differences in creativity. Highly creative students might tend to have many diverse interests. Parental encouragement to explore ideas might also account partly for creativity, as might some types of intellectual skills.

Once possible causes of the phenomena have been identified, they are (usually) incorporated into a more precise statement of the research problem the researcher wishes to investigate. In this instance, the researcher might state that the objective of his research is “to examine possible differences between students of high and low creativity.” Note that differences in a number of variables can be investigated in a causal-comparative study in order to determine which variable (or combination of variables) seems most likely to cause the phenomenon (creativity, in this case) being studied. This testing of several alternative hypotheses is a basic characteristic of good causal-comparative research and, whenever possible, should be the basis for identifying the variables on which the comparison groups are to be contrasted. This provides a rational basis for selection of the variables to be investigated, rather than relying on what is often called the shotgun approach, in which a large number of measures are administered simply because they seem interesting or are available. They also serve to remind the researcher that the findings of a causal-comparative study are open to a variety of causal explanations.

SAMPLE

Once the researcher has formulated the problem statement (and hypotheses, if any) the next step is to select the sample of individuals to be studied. The most important task here is to define carefully the characteristic to be studied and then to select groups that differ in this characteristic. In the above example, this means defining as clearly as possible the term creativity. If possible, operational definitions should be employed. A highly creative student might be defined, for example, as one who “has developed an award-winning scientific or artistic product.”

The researcher also needs to think about whether the group obtained using the operational definition is likely to be reasonably homogeneous in terms of factors causing creativity. For example, are students who are creative in science similar to students who are creative in art with respect to causation? This is a very important question to ask. If creativity has different “causes” in different fields, the search for causation is only confused by combining students from such fields. Do ethnic, age, or gender differences produce differences in creativity? The success of a causal-comparative study depends in large degree on how carefully the comparison groups are defined.

It is very important to select groups that are homogeneous with regard to at least some important variables. For example, if the researcher assumes that the same causes are operating for all creative students, regardless of gender, ethnicity, or age, he or she may find no differences between comparison groups simply because too many other variables are involved. If all creative students are treated as a homogeneous group, no differences may be found between highly creative and noncreative students, whereas if only creative and noncreative female art students are compared, differences may be found.

Once the defined groups have been selected, they can be matched on one or more variables. This process of matching controls certain variables, thereby eliminating any group differences on these variables. This is desirable in type 1 and type 3 studies (see page 367), since the researcher wants the groups as similar as possible in order to explain differences on the dependent variable(s) as being due to group membership. Matching is not as
appropriate in type 2 studies, because the researcher presumably knows little about the extraneous variables that might be related to group differences and as a result cannot match on them.

**INSTRUMENTATION**

There are no limits on the types of instruments that may be used in causal-comparative studies. Achievement tests, questionnaires, interview schedules, attitudinal measures, observational devices—any of the devices discussed in Chapter 7 can be used.

**DESIGN**

The basic causal-comparative design involves selecting two or more groups that differ on a particular variable of interest and comparing them on another variable or variables. No manipulation is involved. The groups differ in one of two ways: One group either possesses a characteristic (often called a criterion) that the other does not, or the groups differ on known characteristics. These two variations of the same basic design (sometimes called a criterion-group design) are as follows:

<table>
<thead>
<tr>
<th>Group</th>
<th>Independent variable</th>
<th>Dependent variable</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) I</td>
<td>C</td>
<td>O</td>
</tr>
<tr>
<td></td>
<td>(Group possesses</td>
<td>(Measurement)</td>
</tr>
<tr>
<td></td>
<td>characteristic)</td>
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<td>II</td>
<td>–C</td>
<td>O</td>
</tr>
<tr>
<td></td>
<td>(Group does not</td>
<td>(Measurement)</td>
</tr>
<tr>
<td></td>
<td>possess characteristic)</td>
<td></td>
</tr>
</tbody>
</table>

(b) Group | Independent variable | Dependent variable |
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
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<tbody>
<tr>
<td>I</td>
<td>C₁</td>
<td>O</td>
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<tr>
<td></td>
<td>(Group possesses</td>
<td>(Measurement)</td>
</tr>
<tr>
<td></td>
<td>characteristic 1)</td>
<td></td>
</tr>
<tr>
<td>II</td>
<td>C₂</td>
<td>O</td>
</tr>
<tr>
<td></td>
<td>(Group possesses</td>
<td>(Measurement)</td>
</tr>
<tr>
<td></td>
<td>characteristic 2)</td>
<td></td>
</tr>
</tbody>
</table>

The letter C is used in this design to represent the presence of the characteristic. The dashed line is used to show that intact groups are being compared. Examples of these causal-comparative designs are presented in Figure 16.1.

**Threats to Internal Validity in Causal-Comparative Research**

Two weaknesses in causal-comparative research are lack of randomization and inability to manipulate an independent variable. As we have mentioned, random assignment of subjects to groups is not possible in causal-comparative research since the groups are already formed. Manipulation of the independent variable is not possible because the groups have already been exposed to the independent variable.

**SUBJECT CHARACTERISTICS**

The major threat to the internal validity of a causal-comparative study is the possibility of a subject characteristics threat. Because the researcher has had no say in either the selection or formation of the comparison groups, there is always the likelihood that the groups are not equivalent on one or more important variables other than the identified group membership variable (Figure 16.2). A group of girls, for example, might be older than a comparison group of boys.

There are a number of procedures that a researcher can use to reduce the chance of a subject characteristics threat in a causal-comparative study. Many of these are also used in experimental research (see Chapter 13).
Matching of Subjects. One way to control for an extraneous variable is to match subjects from the comparison groups on that variable. In other words, pairs of subjects, one from each group, are found that are similar on that variable. Students might be matched on GPA, for example, in a study of attitudes. Individuals with similar GPAs would be matched. If a match cannot be found for a particular subject, he or she is then eliminated from the study. As you have probably realized, the problem with matching is that often matches cannot be found for many subjects, and hence the size of the sample is accordingly reduced. Matching becomes even more difficult when the researcher tries to match on two or more variables.

Finding or Creating Homogeneous Subgroups. Another way to control for an extraneous variable is either to find, or restrict one’s comparison to, groups that are relatively homogeneous on that variable. In the attitude study, the researcher could either seek to find two groups that have similar GPAs (say, all 3.5 GPA or above) or form subgroups that represent various levels of the extraneous variable (divide the groups into high, middle, and low GPA subgroups, for example), and then compare the comparable subgroups (low GPA subgroup with the other low GPA subgroup, and so on).

Statistical Matching. The third way to control for an important extraneous variable is to match the groups on that variable, using the technique of statistical matching. As described in Chapter 13, statistical matching adjusts scores on a posttest for initial differences on some other variable that is assumed to be related to performance on the dependent variable.

OTHER THREATS

The likelihood of the remaining threats to internal validity depends on the type of study being considered. In nonintervention studies, the main additional concerns are loss of subjects, location, instrumentation, and sometimes history and maturation. If the persons who are lost to data collection are different from those who remain (as is often probable) and if more are lost from one group than the other(s), internal validity is threatened. If unequal numbers are lost, an effort should be made to determine the probable reasons.

A location threat is possible if the data are collected under different conditions for different groups. Similarly, if different data collectors are used with different groups, an instrumentation threat is introduced. Fortunately, it is usually relatively easy to ensure that variations in location and data collectors do not exist.

The possibility of data collector bias can usually be controlled, as in experimental studies, by ensuring that whoever collects the data lacks any information that might bias results. Instrument decay may occur in observational studies and with repeated administration of the same test to the same group(s). It can be controlled as in experimental studies.
In intervention-type studies, in addition to the threats just discussed, all of the remaining threats that we discussed in Chapter 13 may be present. Unfortunately, most are harder to control in causal-comparative studies than in experimental research. The fact that the researcher does not directly manipulate the treatment variable makes it more likely that a history threat may exist. It may also mean that the length of the treatment time may have varied, thus creating a possible maturation threat. An attitude threat is less likely because nothing “special” is introduced. Regression may be a threat if one of the groups was initially selected on the basis of extreme scores. Finally, a pretest/treatment interaction effect, as in experimental studies, may exist if a pretest was used in the study. As we mentioned in Chapter 13 (see page 284), we think both experimental and causal-comparative intervention studies are useful.

Evaluating Threats to Internal Validity in Causal-Comparative Studies

The evaluation of specific threats to internal validity in causal-comparative studies involves a set of steps similar to those presented in Chapter 13 for experimental studies.

Step 1: Ask: What specific factors either are known to affect or may logically be expected to affect the variable on which groups are being compared? Note that this is the dependent variable for type 1 and type 3 studies (see page 367), but the independent variable for type 2 studies. As we mentioned with regard to experimental studies, the researcher need not be concerned with factors unrelated to what is being studied.

Step 2: Ask: What is the likelihood of the comparison groups differing on each of these factors? (Remember that a difference between groups cannot be explained away by a factor that is the same for all groups.)

Step 3: Evaluate the threats on the basis of how likely they are to have an effect, and plan to control for them. If a given threat cannot be controlled, this should be acknowledged.

Again, let us consider an example to illustrate how these steps might be employed. Suppose a researcher wishes to explore possible causes of students dropping out in inner-city high schools. He or she hypothesizes three possible causes: (1) family instability, (2) low student self-esteem, and (3) lack of a support system related to school and its requirements. The researcher compiles a list of recent dropouts and randomly selects a comparison group of students still in school. He then interviews students in both groups to obtain data on each of the three possible causal variables.

As we did in Chapters 13 and 15, we list below a number of the threats to internal validity discussed in Chapter 9, followed by our evaluation of each as they might apply to this study.

Subject Characteristics. Although many possible subject characteristics might be considered, we deal with only four here—socioeconomic level of the family, gender, ethnicity, and marketable job skills.

1. Socioeconomic level of the family. Step 1: Socioeconomic level may be related to all three of the hypothesized causal variables. Step 2: Socioeconomic level can be expected to be related to dropping out versus staying in school. It should therefore be controlled by some form of matching. Step 3: Likelihood of having an effect unless controlled: high.

2. Gender. Step 1: Gender may also be related to each of the three hypothesized causal variables. Step 2: It may well be related to dropping out. Accordingly, the researcher should either restrict this study only to males or females or ensure that the comparison group has the same gender proportions as the dropout group.* Step 3: Likelihood of having an effect unless controlled: high.

3. Ethnicity. Step 1: Ethnicity may also be related to all three of the hypothesized causal variables. Step 2: It may be related to dropping out. Therefore, the two groups should be matched with respect to ethnicity. Step 3: Likelihood of having an effect unless controlled: moderate to high.

4. Marketable job skills. Step 1: Job skills may be related to each of the three hypothesized causal variables. Step 2: They are likely to be related to dropping out, since students often drop out if they are able to make money working. It would be desirable,

*This is an example of stratifying a sample—in this case, the comparison group.
therefore, to assess job skills and then control by some form of matching. Step 3: Likelihood of having an effect unless controlled: moderate to high.

**Mortality.** Step 1: It is probable that refusing to be interviewed is related to each of the three hypothesized causal variables. Step 2: It is also probable that more students in the dropout group will refuse to be interviewed (since they may be working, it may be harder to arrange time for an interview) than will students in the comparison group. The only solution would be to make every effort to get cooperation for the interviews from all subjects in both groups. Step 3: Likelihood of having an effect unless controlled: high.

**Location.** Step 1: While it seems unlikely that the causal variables would differ for different schools, this might be the case. Step 2: It is quite likely that location (that is, the specific high schools involved in the study) is related to dropping out. (Dropout rates typically differ across schools.) The best solution is to analyze the data separately for each school. Step 3: Likelihood of having an effect unless controlled: moderate.

**Instrumentation**

1. **Instrument decay.** Step 1: Instrument decay in this study means interviewer fatigue. This certainly could affect the information obtained from students in both groups. Step 2: The fatigue factor could be different for the two groups, depending on how interviews are scheduled; the solution is to try to schedule interviews to prevent fatigue from occurring. Step 3: Likelihood of having an effect unless controlled: moderate.

2. **Data collector characteristics.** Step 1: Data collector characteristics can be expected to influence the information obtained on the three hypothesized causal variables; for this reason, training of interviewers to standardize the interview process is very important. Step 2: Despite such training, different interviewers might elicit different information. Therefore, interviewers should be balanced across the two groups; that is, each interviewer should be scheduled to do the same number of interviews with each group. Step 3: Likelihood of having an effect unless controlled: moderate.

3. **Data collector bias.** Step 1: Bias might well be related to information obtained on the three hypothesized causal variables. Step 2: Bias might differ for the two groups; for example, an interviewer might behave differently when interviewing dropouts. The solution is to keep interviewers ignorant as to which group subjects belong to. To do this, care has to be taken both with the questions to be asked and the training of interviewers. Step 3: Likelihood of having an effect unless controlled: high.

**Other Threats.** Implementation, history, maturation, attitudinal, and regression threats do not affect this kind (type 2) of causal-comparative study.

The trick to identifying threats to internal validity in causal-comparative studies (as in experimental studies) is, first, to think of various things (conditions, other variables, and so on) that might affect the outcome variable of the study. Then, second, to decide, based on evidence or experience, whether these things would be likely to affect the comparison groups differently. If so, this may provide an alternative explanation for the results. If this seems likely, a threat to the internal validity of the study may indeed be present and needs to be controlled. Many of these threats can be greatly reduced if causal-comparative studies are replicated. Figure 16.3 summarizes the process of evaluating the presence of threats to internal validity.

**Data Analysis**

The first step in analyzing data in a causal-comparative study is to construct frequency polygons and then calculate the mean and standard deviation of each group if the variable is quantitative. These descriptive statistics are then assessed for magnitude (see Chapter 12). A statistical inference test may or may not be appropriate, depending on whether random samples were used from identified populations (such as creative versus noncreative high school seniors). The most commonly used test in causal-comparative studies is a t-test for differences between means. When more than two groups are used, then either an analysis of variance or an analysis of covariance is the appropriate test. Analysis of covariance is particularly helpful in causal-comparative research because a researcher cannot always match the comparison groups on all relevant variables other than the ones of primary interest. As mentioned in Chapter 11, analysis of covariance provides a way to match groups “after the fact” on such variables as age, socioeconomic status,
aptitude, and so on. Before analysis of covariance can be used, however, the data involved need to satisfy certain assumptions.1

The results of a causal-comparative study must be interpreted with caution. As with correlational studies, causal-comparative studies are good at identifying relationships between variables, but they do not prove cause and effect.

There are two ways to strengthen the interpretability of causal-comparative studies. First, as we mentioned earlier, alternative hypotheses should be formulated and investigated whenever possible. Second, if the dependent variables involved are categorical, the relationships among all of the variables in the study should be examined using the technique of discriminant function analysis, which we briefly described in Chapter 15.

The most powerful way to check on the possible causes identified in a causal-comparative study, of course, is to perform an experiment. The presumed cause (or causes) identified can sometimes be manipulated.

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**Figure 16.3 Does a Threat to Internal Validity Exist?**

- **Outcome variable**
- **Extraneous variable**

(Shaded areas indicate that outcome and extraneous variables are related.)

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1 Part 4 Quantitative Research Methodologies
As was true with correlation, such data can be used for purposes of prediction and, with caution, in the search for cause and effect. Knowing that a person is a teacher and male, for example, we can predict, with some degree of confidence (on the basis of the data in Table 16.1), that he teaches either junior or senior high school, since 76 percent of males who are teachers do so. We can also estimate how much in error our prediction is likely to be. Based on the data in Table 16.1, the probability of our prediction being in error is 40/170, or .24. In this example, the possibility that gender is a major cause of teaching level seems quite remote—there are other variables, such as historical patterns of teacher preparation and hiring, that make more sense when one tries to explain the relationship.

There are no techniques analogous to partial correlation (see Chapter 15) or the other techniques that have evolved from correlational research that can be used with categorical variables. Further, prediction from crossbreak tables is much less precise than from scatterplots. Fortunately, there are relatively few questions of interest in education that involve two categorical variables. It is common, however, to find a researcher treating variables that are conceptually quantitative (and measured accordingly) as if they were categorical. For example, a researcher arbitrarily may divide a set of quantitative scores into high, middle, and low groups. Nothing is gained by this procedure, and it suffers from two serious defects: the loss of the precision that is acquired through the use of correlational

---

**TABLE 16.1**  
**Grade Level and Gender of Teachers (Hypothetical Data)**

<table>
<thead>
<tr>
<th>Grade Level</th>
<th>Males</th>
<th>Females</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Elementary</td>
<td>40</td>
<td>70</td>
<td>110</td>
</tr>
<tr>
<td>Junior High</td>
<td>50</td>
<td>40</td>
<td>90</td>
</tr>
<tr>
<td>Senior High</td>
<td>80</td>
<td>60</td>
<td>140</td>
</tr>
<tr>
<td>Total</td>
<td>170</td>
<td>170</td>
<td>340</td>
</tr>
</tbody>
</table>

The major differences they found between the groups were that the boys in the delinquent group had more solid muscular bodies, were more energetic and extroverted, were more unconventional and defiant, were less methodical and abstract, and came from less cohesive, less affectionate families. Combining these characteristics resulted in a table for predicting probable delinquency that has received considerable validation in other settings over the years. Nonetheless, argument continues as to the nature of cause and effect and as to the desirability of using such predictive information. It could be used either for benevolent intervention (as envisioned by the researchers who did the original study) or to stigmatize and coerce.

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Should differences between experimental and control groups now be found, the researcher then has a much better reason for inferring causation.

### Associations Between Categorical Variables

Up to this point, our discussion of associational methods has considered only the situations in which (1) one variable is categorical and the other(s) is(are) quantitative (causal-comparative), and (2) both variables are quantitative (correlational). It is also possible to investigate associations between categorical variables. Both crossbreak tables (see Chapter 10) and contingency coefficients are used. An example of a relationship between categorical variables is shown in Table 16.1.
techniques and the essential arbitrariness of the division into groups. How does one decide which score separates “high” scores from “middle” scores, for example? In general, therefore, such arbitrary division should be avoided.*

*There are times when a quantitative variable is justifiably treated as a categorical variable. For example, creativity is generally considered to be a quantitative variable. One might, however, establish criteria for dividing this continuum into only two categories—“highly creative” and “typically creative”—as a way of studying relationships with other variables more efficiently.

An Example of Causal-Comparative Research

In the remainder of this chapter, we present a published example of causal-comparative research, followed by a critique of its strengths and weaknesses. As we did in our critiques of the different types of research studies we analyzed in other chapters, we use concepts introduced in earlier parts of the book in our analysis. This study is an example of mixed-methods research.

RESEARCH REPORT


Internet Use, Abuse, and Dependence Among Students at a Southeastern Regional University

Beverly L. Fortson, PhD; Joseph R. Scotti, PhD; Yi-Chuen Chen, PhD; Judith Malone, BS; Kevin S. Del Ben, PhD

Abstract

Objective: To assess Internet use, abuse, and dependence. Participants: 411 undergraduate students. Results: Ninety percent of participants reported daily Internet use. Approximately half of the sample met criteria for Internet abuse, and one-quarter met criteria for Internet dependence. Men and women did not differ on the mean amount of time accessing the Internet each day; however, the reasons for accessing the Internet differed between the 2 groups. Depression was correlated with more frequent use of the Internet to meet people, socially experiment, and participate in chat rooms, and with less frequent face-to-face socialization. In addition, individuals meeting criteria for Internet abuse and dependence endorsed more depressive symptoms, more time online, and less face-to-face socialization than did those not meeting the criteria. Conclusions: Mental health and student affairs professionals should be alert to the problems associated with Internet overuse, especially as computers become an integral part of college life.

Keywords: dependence, depression, Internet abuse

Internet access has become easier and more affordable throughout the United States, especially on college campuses; an estimated 92% of college students have

Purpose

At the time of the study, all authors were with West Virginia University.

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computer access, and approximately 86% of college students report having accessed the Internet for some purpose during their lives. In a 2001 survey of 281,064 freshmen from 421 4-year colleges, 74% reported Internet use for research or homework, 19% participated in Internet chat rooms, 69% communicated via e-mail, and 58% reported use of the Internet for “other” purposes. Scherer found that 73% of college students accessed the Internet at least once a day and spent approximately 8.1 hours a week online. Anderson found that students spent approximately 1.6 hours a day on the Internet. In a more recent study, Rotunda et al. found that students spent an average of 3.3 hours a day on the Internet. These studies, published over a 7-year period (1997 to 2003), suggest that college students are spending increasing amounts of time accessing the Internet. Thus, the question arises as to whether there may be associated detrimental effects.

**Sex Differences in Internet Use.** Although researchers have shown little difference in the amount of time men and women spend online, they have consistently found that men and women differ in their reasons for accessing the Internet. Weiser found that men were more likely than were women to use the Internet for purposes related to entertainment and leisure, whereas females used it primarily for interpersonal communication and educational assistance. Odell et al. similarly found that men reported greater use of the Internet for visiting sex sites, researching purchases, checking the news, playing games, and listening to and copying music, whereas more women used the Internet for e-mail and school-related research. Researchers have obtained many of these same results cross-culturally; however, results by Joiner et al. were not entirely consistent with these previous studies. Joiner et al. found that men were more likely than were women to use the Internet for leisure activities (e.g., downloading material from the Internet, using game Web sites), but women did not use the Internet for communication more than men did.

**Problems Related to Internet Use.** A small percentage of college student Internet users develop problematic behaviors, such as cravings, sleep disturbance, depression, and withdrawal symptoms, as a result of their Internet use. From a sample of 531 college students, Scherer found that 13% met criteria for Internet dependency and, as such, believed their Internet usage interfered with their daily functioning. The Internet-dependent students were predominantly male and reported more leisure-time Internet use than did nondependent students. Approximately 9% of the college students in Anderson’s study endorsed dependence on the Internet. Morahan-Martin and Schumacher also found that 8.1% of college students met their criteria for pathological Internet use. Again, most of the pathological users were male and were more likely to use online games and technologically sophisticated sites (e.g., file-transfer protocols, remote support communication software, virtual reality). Morahan-Martin and Schumacher also found that pathological Internet users reported being generally lonelier than others and more socially disinhibited online.

In the research on problematic Internet use, experts have typically defined abuse and dependence using criteria similar to that for pathological gambling, suggesting that Internet addiction is considered a behavioral addiction. Such a definition is controversial, with opponents of the use of these criteria holding that Internet addiction (as well as sex or food addictions) is not based on empirical research, as is pathological gambling. In addition, pathological gambling involves more serious financial issues (e.g., loss of large sums of money, illegal activities to repay losses, heavy borrowing from legal and illegal sources) than does pathological Internet use. In response to such issues, Anderson used criteria modeled after the substance-related disorders from the *Diagnostic and Statistical
In the present study, we examined Internet use among college students using a questionnaire that we constructed primarily on the basis of the work of Scherer. Like Scherer, we assessed social styles and preferences for the types of therapy one would choose if one were to seek professional help for a problem, such as Internet dependence. Unlike Scherer, we modeled our Internet abuse and dependence criteria after the DSM-IV-TR criteria for substance abuse and dependence. We considered participants to abuse the Internet if they endorsed 1 or more symptoms supporting a maladaptive pattern of behavior that resulted in significant impairment or distress (e.g., failure to fulfill major roles, legal problems related to Internet use, continued use despite problems). We also considered them Internet dependent if they endorsed 3 or more symptoms of dependency (e.g., tolerance; withdrawal; being online for periods longer than intended; impairment in social, occupational, or recreational activities because of Internet use). In a departure from the previously cited studies, we gathered data via paper surveys and over a restricted-access Internet site.

**METHODS**

**Participants**

We recruited 485 (55% female) undergraduate students enrolled in an introductory psychology course at a large southeastern regional university. Of these, we deleted 74 from the final data set because of incomplete questionnaires; these students did not differ from the final sample on any available demographic variables.

The final sample of 411 participants was 56% female, 91% Caucasian (4% African American, 2% Asian American, and 2% Hispanic), and primarily (50%) from West Virginia (Pennsylvania, 20%; Maryland, New Jersey, and Virginia, 6%–7% each; and the remaining 11% from 13 other states and 3 countries). Of the participants, 63.7% were freshmen; 22.6%, sophomores; 9.8%, juniors, and 3.9%, seniors. On average, participants were aged 20.4 years (SD = 3.2, range = 18–56). Men were slightly older (M = 20.8 years, SD = 3.5) than were women (M = 20.1 years, SD = 2.9), t(406) = 2.0, p < .05.

**Materials**

**Demographics.** We included questions pertaining to sex, race and ethnicity, year of birth, year in college, and current state or country of permanent residence to describe the sample. Participants also answered questions about social style and preferences for therapy. The first item on social style was about perceived sociability (1 = very sociable, 2 = sociable, 3 = sociable, but shy or introverted, 4 = not really sociable; somewhat of a loner); the second item was about contexts for social interaction (1 = more face-to-face than on the Internet, 2 = equally face-to-face and on the Internet, 3 = more on the Internet than face-to-face, 4 = seldom, I do not socialize much face-to-face or online). We also assessed preferences for 7 therapy formats (from face-to-face with an individual to online with a group) if one were to ever seek psychological treatment (e.g., for Internet abuse or dependence). Tables 1, 2, and 3 show all items and related rating scales.

The demographics questionnaire also contained 9 items to evaluate whether participants felt that their use of the Internet interfered with their daily functioning; that is, did they meet criteria for Internet abuse and dependence (on the basis of DSM-IV-TR criteria, as previously discussed).
### Internet Use

The Internet Usage Questionnaire consisted of 17 items to determine how often the participants accessed the Internet and for what purposes they did so. We constructed these items on the basis of Scherer's work and scored them from 0 to 4 (0 = no; 1 = yes, at least once per year; 2 = yes, at least once per month; 3 = yes, at least once per week; 4 = yes, at least once per day). Table 4 shows the questionnaire items. We obtained a Cronbach's alpha of .62, indicating an acceptable level of internal consistency for a short research survey with nonhomogenous items of this kind.\(^{17,18}\)

### Depression

The Center for Epidemiological Studies Depression Scale (CES-D) is a 20-item questionnaire that we used to identify the presence and severity of depressive symptomatology. Higher scores on the measure indicate a higher frequency of occurrence of the symptoms, with a score of 16 or more suggesting clinical cases of depression. The CES-D has high internal consistency, moderate test-retest reliability, and concurrent and construct validity.\(^{19}\)

### Procedure

We conducted this study, which the university’s institutional review board approved, as a portion of a larger project\(^{20}\) comparing the results of psychometric surveys completed

#### Table 1: Ratings of Sociability

<table>
<thead>
<tr>
<th>Social style</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>I consider myself to be . . .</td>
<td></td>
</tr>
<tr>
<td>Very sociable</td>
<td>34</td>
</tr>
<tr>
<td>Sociable</td>
<td>46</td>
</tr>
<tr>
<td>Sociable but shy or introverted</td>
<td>19</td>
</tr>
<tr>
<td>Not really sociable; somewhat of a loner</td>
<td>1</td>
</tr>
<tr>
<td>I socialize . . .</td>
<td></td>
</tr>
<tr>
<td>More face-to-face than on the Internet</td>
<td>74</td>
</tr>
<tr>
<td>Equally face-to-face and on the Internet</td>
<td>23</td>
</tr>
<tr>
<td>More on the Internet than face-to-face</td>
<td>3</td>
</tr>
<tr>
<td>Seldom; I do not socialize much face-to-face or online</td>
<td>1</td>
</tr>
</tbody>
</table>

#### Table 2: Preferences for Therapy

<table>
<thead>
<tr>
<th>Preference for therapy</th>
<th>(M)</th>
<th>(SD)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Face-to-face with an individual</td>
<td>4.0</td>
<td>1.1</td>
</tr>
<tr>
<td>Face-to-face in a group</td>
<td>2.9</td>
<td>1.2</td>
</tr>
<tr>
<td>Face-to-face in a workshop</td>
<td>2.9</td>
<td>2.1</td>
</tr>
<tr>
<td>Telephone hotline</td>
<td>2.2</td>
<td>1.3</td>
</tr>
<tr>
<td>E-mail hotline</td>
<td>2.0</td>
<td>1.2</td>
</tr>
<tr>
<td>Online with an individual</td>
<td>2.5</td>
<td>1.3</td>
</tr>
<tr>
<td>Online with a group</td>
<td>1.9</td>
<td>1.1</td>
</tr>
</tbody>
</table>

Note. Scales are scored as follows: 1 = very unlikely, 2 = somewhat likely, 3 = unsure, 4 = somewhat likely, 5 = very likely.

---

\(^{17}\) Low reliability

\(^{18}\) Still poor reliability

\(^{19}\) Operational definition

\(^{20}\) Specific data needed

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Purpose? Why?
We entered participants into 1 of 2 conditions (paper or Internet) on the basis of the data collection session they attended; participants were unaware of the conditions prior to arrival. All participants completed informed consent agreements. Those in the Paper Condition completed the survey on paper immediately; we gave those assigned to the Internet Condition a slip of paper with the Web address to the restricted study site (along with a user name and password), asked them to complete the questionnaire within the next 24 hours, and dismissed them. Of the 411 participants in the final sample, 211 completed the survey on paper (51%), and 200 completed it via the Internet (49%). Participants in these 2 conditions did not differ on key demographic variables nor on the time they typically spent accessing the Internet each day. After survey completion, participants received extra credit for a course. (This research project was one of multiple opportunities for students to earn extra credit in their courses.) All participants also received a list of referrals in the event they needed them.

### Table 3: Reported Behaviors Related to Internet Abuse and Dependence

<table>
<thead>
<tr>
<th>Behavior (matching DSM-IV criteria)</th>
<th>Criterion</th>
<th>M</th>
<th>SD</th>
<th>% (yes, definitely)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Failure to fulfill major responsibilities at work, school, or home because of Internet use</td>
<td>1</td>
<td>1.6</td>
<td>0.8</td>
<td></td>
</tr>
<tr>
<td>Legal problems related to Internet use</td>
<td>3</td>
<td>1.0</td>
<td>0.2</td>
<td>1</td>
</tr>
<tr>
<td>Continued to use Internet despite recurrent social problems caused or increased by Internet use</td>
<td>4</td>
<td>1.8</td>
<td>0.8</td>
<td>21</td>
</tr>
<tr>
<td>Developed tolerance symptoms, such as increased Internet use to get the same desired feeling or a decrease in desired feeling with the same amount of use</td>
<td>1</td>
<td>1.1</td>
<td>0.4</td>
<td>2</td>
</tr>
<tr>
<td>Experienced withdrawal symptoms in reaction to decreased Internet use that either interrupted important areas of life functioning or led to use of a similar object to relieve symptoms</td>
<td>2</td>
<td>1.1</td>
<td>0.4</td>
<td>2</td>
</tr>
<tr>
<td>Used Internet for longer periods than intended</td>
<td>3</td>
<td>3.1</td>
<td>0.8</td>
<td></td>
</tr>
<tr>
<td>Consistent desire to, or unsuccessful efforts to, cut down or control use of the Internet</td>
<td>4</td>
<td>1.3</td>
<td>0.5</td>
<td>3</td>
</tr>
<tr>
<td>Social, occupational, or recreational activities reduced because of Internet use</td>
<td>6</td>
<td>1.9</td>
<td>0.8</td>
<td></td>
</tr>
<tr>
<td>Continued use of the Internet despite knowledge of having a psychological or physical problem that is caused or worsened by use</td>
<td>7</td>
<td>1.4</td>
<td>0.7</td>
<td>12</td>
</tr>
</tbody>
</table>

Note: For abuse criterion 1 and dependence criteria 3 and 6, 1 = never, 2 = rarely, 3 = sometimes, 4 = often, 5 = very frequently. For criteria 2, 4, and 7, 1 = definitely not, 2 = somewhat, 3 = yes, definitely. DSM-IV = Diagnostic and Statistical Manual of Mental Disorders, 4th ed.
that answering the questions led to psychological difficulties or if an individual wanted to follow up with psychological services after participating in the research.

**RESULTS**

**Paper Versus Internet Survey Completion**

We conducted multivariate analyses of variance (MANOVAs) to examine whether differences existed in responding between those who completed the survey on paper versus the Internet. We analyzed each major variable category (e.g., frequency of accessing the Internet for different reasons and services, sociability, symptoms of Internet abuse and dependence, therapy preferences, and depressive symptoms) in separate MANOVAs. We found no differences between Internet and paper respondents for most categories and their component variables. The one exception was a significant effect for survey version: Internet and paper respondents differed in their reasons for accessing the Internet, Hotelling's $T^2 = .04, F(6, 406) = 3.0, p < .01$; however, only 2 of the 6 variables in this category showed differences. Individuals completing the Internet version were more likely to report use of the Internet for academic purposes ($M = 3.4$, $SD = 0.6$; $M = 3.2$, $SD = 0.7$, for Internet and paper, respectively), $F(1, 409) = 7.0, p < .01$, and to access sexual

**TABLE 4**

<table>
<thead>
<tr>
<th>Variable</th>
<th>$M$</th>
<th>$SD$</th>
<th>% reporting daily use</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reason for accessing the Internet</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Academic</td>
<td>3.3</td>
<td>0.7</td>
<td>41</td>
</tr>
<tr>
<td>Relationship maintenance</td>
<td>3.1</td>
<td>1.3</td>
<td>57</td>
</tr>
<tr>
<td>Social experimentation</td>
<td>1.0</td>
<td>1.4</td>
<td>9</td>
</tr>
<tr>
<td>Meeting people</td>
<td>0.9</td>
<td>1.2</td>
<td>4</td>
</tr>
<tr>
<td>Sexual material</td>
<td>0.7</td>
<td>1.2</td>
<td>4</td>
</tr>
<tr>
<td>Illegal/immoral purpose</td>
<td>0.3</td>
<td>0.8</td>
<td>1</td>
</tr>
<tr>
<td>Other</td>
<td>1.1</td>
<td>1.0</td>
<td>1</td>
</tr>
<tr>
<td>Service used</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>World Wide Web</td>
<td>3.7</td>
<td>0.5</td>
<td>78</td>
</tr>
<tr>
<td>Search</td>
<td>3.3</td>
<td>0.8</td>
<td>42</td>
</tr>
<tr>
<td>E-mail</td>
<td>3.7</td>
<td>0.7</td>
<td>80</td>
</tr>
<tr>
<td>Courses</td>
<td>2.6</td>
<td>0.9</td>
<td>12</td>
</tr>
<tr>
<td>Library</td>
<td>2.0</td>
<td>1.1</td>
<td>5</td>
</tr>
<tr>
<td>Newsgroup</td>
<td>1.2</td>
<td>1.4</td>
<td>9</td>
</tr>
<tr>
<td>Chat</td>
<td>0.9</td>
<td>1.2</td>
<td>6</td>
</tr>
<tr>
<td>Bulletin board</td>
<td>0.8</td>
<td>1.2</td>
<td>4</td>
</tr>
<tr>
<td>Shopping</td>
<td>1.2</td>
<td>1.0</td>
<td>1</td>
</tr>
<tr>
<td>Single-user game</td>
<td>1.5</td>
<td>1.4</td>
<td>9</td>
</tr>
<tr>
<td>Multiuser game</td>
<td>0.6</td>
<td>1.1</td>
<td>3</td>
</tr>
<tr>
<td>Other</td>
<td>0.4</td>
<td>0.9</td>
<td>1</td>
</tr>
</tbody>
</table>

Note. Scales are scored as follows: $0 = no use, 1 = once per year, 2 = once per month, 3 = once per week, 4 = once per day.
material \((M = 0.8), SD = 1.2; M = 0.6, SD = 1.2\), for Internet and paper respectively), \(F(1, 409) = 4.2, p < .05\). The effect size for these variables was small \((\eta^2 < .05)\) and represented only 2 of several dozen variables, suggesting these were spurious effects and that the survey results from the paper and Internet conditions did not differ in any consistent or meaningful way; thus, we present all further results collapsed across condition.

Depression, Sociability, and Therapy Options

On the CES-D, we obtained a mean score of 13.9 \((SD = 8.9)\), with 33% of the sample exceeding the clinical cutoff score of 16 or above, suggesting the presence of clinical depression. Table 1 shows ratings of participants’ levels of sociability and their preferences for modes of socialization. Most students described themselves as very sociable (34%) or sociable (46%) and reported that they socialized more face-to-face (74%) than they did by other means. Table 2 shows preferences for therapy options. If seeking treatment for psychological problems, most participants reported that they would prefer treatment to be face-to-face with an individual \((M = 4.0; SD = 1.1)\).

Internet Use

On the Internet Usage Questionnaire, 90% of the participants reported daily use of the Internet for some activity (9.5% weekly use, 0.5% monthly use), such as e-mail, Web access, chat rooms, and shopping. Time accessing the Internet ranged from less than 30 minutes a day (20%), to 30–60 minutes (31%), 1–4 hours (37%), 4–8 hours (9%), 8–12 hours (1%), and 12–24 hours (1%). Table 4 provides descriptive data on reasons for using the Internet and the services accessed.

Internet Abuse and Dependence

We calculated Internet abuse and dependence by using a set of liberal (i.e., ratings at the midpoint or higher on each relevant item; sometimes to very frequently or somewhat to yes definitely) and conservative (i.e., ratings only at the high point on each relevant item; very frequently or yes definitely) criteria. More than half (57.2%, \(n = 235\)) of the sample reported a pattern of behavior sufficient to meet criteria for Internet abuse under the liberal criteria; 21.9% \((n = 90)\) met the definition for abuse using the conservative criteria. In both cases, more than 95% of those meeting abuse criteria endorsed continued Internet use despite current social problems, and less than 5% reported legal problems related to Internet use.

One-quarter (26.3%, \(n = 108\)) of the sample reported a pattern of behavior sufficient to meet criteria for Internet dependence under the liberal criteria (60.2% of these indicating tolerance and/or withdrawal); 1.2% \((n = 5)\) met the definition for dependence using the conservative criteria (80% of these indicating tolerance and/or withdrawal). Participants endorsed all the individual criteria for dependence at similarly high rates. Table 3 contains the statistics for each of the individual abuse and dependence items.

Sex Differences in Internet Use

A MANOVA indicated a sex difference in reasons for accessing the Internet, Hotelling’s \(T = .39, F(6, 404) = 26.3, p < .001\). We calculated univariate analyses of variance (ANOVAs) on each dependent variable as follow-up tests to the MANOVA. There were no reported sex differences in frequency of accessing the Internet for academic use, maintaining relationships, or socially experimenting. Sex differences (women < men) existed on meeting new people, \(F(1, 409) = 8.0, p < .01 (M = 0.7, SD = 1.1, M = 1.0, SD = 1.3)\);
seeking sexual material, \( F(1, 409) = 150.2, p < .001 (M = 0.2, SD = 0.6, M = 1.4, SD = 1.4) \); and seeking illegal or immoral material. \( F(1, 409) = 42.4, p < .001 (M = 0.1, SD = 0.4, M = 0.6, SD = 1.0) \). Each of these differences was for infrequently occurring activities, with men reporting higher access rates than did women.

A MANOVA indicated a sex difference in frequency of accessing different Internet services, Hotelling's \( T = .14, F(11, 399) = 5.0, p < .001 \). We conducted ANOVAs on each dependent variable as follow-up tests to the MANOVA. There were no reported sex differences in use of the Internet for e-mail, library services, course access, shopping, or searching. Sex differences (men < men) existed on Web usage, \( F(1, 409) = 10.4, p < .001 (M = 3.7, SD = 0.6, M = 3.8, SD = 0.5) \); newsgroups, \( F(1, 409) = 3.9, p < .05 (M = 1.1, SD = 1.4, M = 1.4, SD = 1.5) \); chat rooms, \( F(1, 409) = 31.9, p < .001 (M = 0.6, SD = 1.0, M = 1.3, SD = 1.4) \); single-user games, \( F(1, 409) = 6.6, p < .05 (M = 1.3, SD = 1.4, M = 1.7, SD = 1.4) \); multi-user games, \( F(1, 409) = 18.1, p < .001 (M = 0.4, SD = 0.9, M = 0.9, SD = 1.3) \); and bulletin boards. \( F(1, 409) = 6.0, p < .05 (M = 0.6, SD = 1.1, M = 0.9, SD = 1.3) \).

Again, on items with sex differences, men reported higher access rates than did women.

We did not find sex differences on perceived sociability and social behavior or on the mean amount of time accessing the Internet each day. In addition, there were no sex differences on individual questions regarding symptoms of Internet abuse and dependence or on mean CES-D symptoms. There were no sex differences in meeting criteria (liberal or conservative) for Internet abuse or dependence, except that men (62.8%) were more likely than were women (52.8%) to meet the liberal criteria for Internet abuse, \( \chi^2(1, N = 411) = 4.1, p < .05 \).

### Relations of Internet Use and Psychological Symptoms

We conducted chi-square analyses to examine whether participants meeting the liberal criteria for Internet abuse or dependence reported different reasons for accessing the Internet or used different services than did those participants not meeting the liberal criteria. (Analyses using the conservative criteria were highly similar or could not be calculated because of the small sample sizes.) Participants meeting, versus not meeting, the liberal criteria for Internet abuse were more likely to report accessing the Internet to maintain relationships, meet people, socially experiment, and seek illegal/immoral material, as well as to use the Web, conduct searches, use chat rooms, and play single- and multi-user games, minimum \( \chi^2(4, N = 411) = 11.2, p < .05 \). Participants meeting the liberal criteria for Internet dependence were more likely to report accessing the Internet for these same reasons and to use these same services, minimum \( \chi^2(4, N = 411) = 10.8, p < .05 \), with several exceptions. Dependent individuals were more likely to access the Internet for sexual material, but not for illegal/immoral purposes, and were more likely to use e-mail, library resources, newsgroups, and shopping services, but not multi-user games, minimum \( \chi^2(4, N = 411) = 10.0, p < .05 \). Last, participants meeting the liberal criteria for Internet dependence were less likely to access the Internet for academic purposes than were those not meeting this criteria, \( \chi^2(4, N = 411) = 16.9, p < .01 \). In general, those meeting the liberal criteria for Internet abuse \( (M = 2.7, SD = 1.0; M = 2.1, SD = 1.0; t(409) = 5.5, p < .001) \) or dependence \( (M = 3.0, SD = 0.9; M = 2.3, SD = 1.1; t(409) = 6.6, p < .001) \) reported spending more time online each day than did those not meeting criteria, respectively.

Higher CES-D scores correlated positively with more frequent use of the Internet to meet people, \( r(411) = .19, p < .001 \); socially experiment, \( r(411) = .15, p < .01 \); and chat, \( r(411) = .10, p < .05 \); and with less frequent socialization, \( r(411) = .12, p < .05 \), but not with total time online. Higher ratings on the individual symptoms of Internet...
abuse and dependence (correlations ranging from .09 to .18, \( p < .05 \)) were positively correlated with higher CES-D scores. People meeting criteria for Internet abuse reported more symptoms of depression than did those not meeting criteria, using both the liberal, \( t(409) = 2.9, p < .01 \) (\( M = (12.4), SD = 8.7; M = (14.9), SD = 8.9 \), for those not meeting and meeting criteria, respectively), and conservative, \( t(409) = 2.5, p < .05 \) (\( M = (13.3), SD = 8.8; M = (15.9), SD = 8.9 \), respectively), definitions of Internet abuse. Participants who met criteria for Internet dependence using the liberal definition also reported more symptoms of depression than did those not meeting criteria, \( t(409) = 2.4, p < .05 \) (\( M = (13.7), SD = 8.9; M = (15.6), SD = 8.6 \), respectively). We could not evaluate the relation between depressive symptoms and Internet dependence under the conservative criteria because of the small number of participants who were Internet dependent (\( n = 5 \)). There were no relations between ratings of sociability and meeting liberal criteria for Internet abuse and dependence; however, those meeting the liberal criteria for Internet abuse (\( M = (1.5), SD = 0.7; M = (1.3), SD = 0.5; t(409) = 3.8, P < .001 \)) or dependence (\( M = (1.4), SD = 0.5; M = (1.2), SD = 0.6; t(409) = 2.3, p < .05 \)) reported that they socialized less in face-to-face interactions than did those not meeting criteria, respectively.

Last, depression also was negatively correlated with the likelihood of using therapy in a face-to-face situation, either individually, \( r(411) = (-.18), p < .05 \); in a group, \( r(411) = (-.18), p < .001 \); or a workshop \( r(411) = (-.16), p < .01 \), and was positively correlated with the likelihood of seeking therapy via e-mail hotline, \( r(411) = (.15), p < .01 \), or online with an individual, \( r(411) = (.13), p < .01 \).

**COMMENT**

Our study consisted of a sample of frequent Internet users, with 90% of the participants using the Internet daily. The majority (68%) of the participants reported using the Internet between 30 minutes and 4 hours daily. These figures are similar to—if not somewhat higher than—those obtained in previous research.2,4,4 Men and women did not differ on the mean amount of time accessing the Internet each day; however, as with past research, we found differences between men and women for reasons for accessing the Internet and services used. Past researchers5,6,12 generally have found that men are more likely than are women to use the Internet for purposes related to entertainment and leisure, whereas women use it primarily for interpersonal communication and educational assistance.7,8,10,21–24 In our study, men were significantly more likely to use the Internet to meet new people, seek sexual material, and seek illegal or immoral material. In addition, men were significantly more likely than were women to use the Internet to (1) surf the Web, (2) participate in newsgroups, chat rooms, and bulletin boards, and (3) play games (both single- and multiuser games).

It is interesting to note, however, that men and women in our study, unlike in past studies,7,8 did not differ on their use of the Internet for educational or academic assistance (eg, library services, course access)—41% of the participants used the Internet daily for academic purposes. These results may have been skewed, however, particularly with regard to male use, because courses on this particular university campus require that students access course materials over the Internet, especially in the course from which we drew this sample. We also found similar rates of Internet use for men and women in shopping and e-mailing. Although several past researchers5,8 have shown differences between men and women in these activities, Joiner et al.12 in addition to us, found no differences between men and women in these activities. These results suggest, therefore, that it is likely that as Internet access has become more commonplace, especially on college campuses, there are certain activities (eg., shopping and e-mailing) that also
have become more common. For example, 80% of the participants in our study reported daily use of e-mail.

Most participants (80%) described themselves as sociable, whereas the remaining 20% described themselves as shy but sociable (19%) or as not sociable/loners (1%). Socialization reported by these participants occurred more often face-to-face (74%) or equally face-to-face and on the Internet (23%). A small percentage (3%) stated that they socialized more via the Internet, whereas the remaining 1% seldom socialized. Scherer used such socialization patterns to determine whether dependent Internet users fit the stereotype of the socially introverted computer geek. Our results support her contention (and the results found in other studies) in that those participants meeting the liberal criteria for Internet abuse and dependence had higher depression scores and reported less face-to-face interaction.

Prior researchers have suggested that between 8% and 13% of all college students meet the criteria for Internet dependence. About half of the students in our study met the liberal criteria for Internet abuse, and one quarter met the liberal Internet dependence criteria (22% and 1.2% using the conservative criteria, respectively). These numbers differ from prior findings likely because most researchers have defined Internet abuse and dependence using the DSM-IV-TR criteria for pathological gambling, whereas we used the criteria for substance abuse and dependence and used rating scales rather than yes/no responses. Anderson used substance abuse criteria similar to ours, but with yes/no responses, and found that approximately 9% of students met criteria for dependence. To further investigate the prevalence of Internet abuse and dependence, researchers will need to agree on specific diagnostic criteria and behaviors, as well as how to evaluate the presence, absence, or severity of symptoms. This will help future researchers and clinicians to more fully appreciate the extent to which Internet overuse may interfere with lives and thus constitute a behavioral health problem.

There was no relation between total time online and depressive symptoms; however, depression was correlated with more frequent use of the Internet to meet people, socially experiment, and participate in chat rooms and with less frequent socialization. In addition, individuals meeting the criteria for Internet abuse and dependence endorsed more depressive symptoms and time online and less face-to-face socialization than did those not meeting the criteria. Although it is tempting to suggest that individuals who are depressed may prefer less face-to-face interaction and thus spend more time online, thereby becoming abusive or dependent on the Internet, these data cannot speak to the directionality of the relations. Understanding such pathways will prove an important research direction and provide guidance to clinicians who may be addressing Internet abuse and dependence in their clientele.

The information we have highlighted has several implications for mental health and student affairs professionals. Mental health professionals should be alert to the problems associated with excessive Internet use, including depression, social withdrawal, a failure to fulfill major responsibilities, and behaviors that resemble the patterns seen in tolerance and withdrawal in substance dependence. As the Internet becomes a more integral component of college life, student affairs professionals may need to expend greater effort alerting students and faculty to the potential difficulties that may arise from significant Internet overuse, including personal difficulties and interference with school-related work and assignments. The modern work environment also is largely computer dependent, making this issue relevant to employee assistance programs. In addition, mental health professionals may need to explore the Internet behaviors of clients, particularly those who are depressed or socially introverted. However, providing therapy
resources over the Internet appears to be a somewhat acceptable therapeutic modality, although still less preferred than face-to-face therapy.

Future Directions

As the Internet becomes a more popular method of data collection for research purposes, experts should develop standardized survey instruments, particularly with regard to determining the amount of time an individual spends online, reasons for accessing the Internet, and the services used, so that surveys are more comparable and less idiosyncratic. Investigators also should use available psychometrically sound measures of pathology (e.g., the CES-D) rather than basing constructs on a small number of untested items (e.g., sociability, as defined in this and most prior research). Last, if evaluation of Internet abuse and dependence is to be a viable area of clinical research, then experts need to agree on specific criteria (e.g., is Internet abuse more similar to pathological gambling or substance abuse), and use standardized measures (e.g., modifying existing substance abuse measures).

We did not find differences in survey results when participants responded via paper or on the Internet\textsuperscript{20}; however, we identified our participants beforehand and assigned them to these conditions. Known respondents on the Internet are likely to produce different results than are unknown respondents who serendipitously come upon the Internet survey site, as seen in several prior studies.\textsuperscript{25,26} Thus, researchers will need to clearly define their samples and means of survey access. For clinical research focusing on the potential problem of Internet abuse and dependence, known samples specifically invited to participate in the research would be most appropriate. The increasing availability of Internet courseware on college campuses would make this a practical method of participant recruitment. Because most of the researchers have investigated college student Internet abuse and dependency, future researchers should move to the general population and investigate a wider range of factors that could contribute to abuse and dependency and to determine the extent to which these may constitute a new behavioral health problem.

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REFERENCES


Analysis of the Study

PURPOSE
Though stated as the “objective,” the purpose is clear—to assess Internet use, abuse, and dependence. Another purpose appears to be adding to a larger study of Internet versus paper completion of surveys. There seem to be no problems of confidentiality or deception. Possible risk was addressed by providing referrals.

JUSTIFICATION/PRIOR RESEARCH
The study justification is embedded in the extensive sections on prior research. It consists of evidence of increasing Internet use by college students and studies suggesting detrimental effects. Presumably, this study was intended to add to and clarify these findings.

DEFINITIONS
Terms are not specifically defined, but we think the primary ones, Internet abuse and dependence and depression, are sufficiently clarified by operational definitions. Many other terms pertaining to demographics and Internet use seem straightforward and are also defined operationally.

HYPOTHESES
None is stated. The principal implied hypothesis appears to be that greater Internet abuse and dependence are causally related to greater depression, a directional hypothesis. Other implied hypotheses are that abuse and dependence are related to amount of Internet use as well as to specific Internet uses and to sex.

SAMPLE
The convenience sample was recruited from introductory psychology classes by offering class credit. The final sample of 411 is satisfactorily large and described as to sex, age, ethnicity, state of origin, and college class, which is helpful in judging generalizability. Data on Internet use collected as part of the study indicate higher usage than an earlier study (90% vs. 73%).

INSTRUMENTATION
Instrumentation consisted of several sets of questionnaire items using different formats apparently combined into one instrument. The items for sociability, preferred social contexts, and preferred therapy format are provided. Another set of items assessing Internet reasons for use and services used is shown and reported to have internal consistency reliability of .62. We do not agree that this is acceptable for use as a total score; however, data analysis indicates that analysis was done by item as with most of the other preceding sets. A limitation of such analyses is the questionable reliability of single items. Internet abuse and dependence were assessed with a 9-item set of questions based on preexisting criteria for substance abuse and dependence. Rather than a total score, these items were used to divide respondents into abuser–nonabuser and dependent–nondependent. This practice of changing a quantitative into a categorical variable is usually not recommended but seems justified in this case (see text, p. 79).

An existing scale, CES-D was used to measure depression. It is stated to have high internal consistency, moderate retest reliability and concurrent and construct validity, but no evidence is provided. It should be, especially because the validity of self-report scales is always suspect, especially with such questions.

PROCEDURES/RESULTS AND INTERNAL VALIDITY
Procedures consisted of administering the questionnaire to half the sample on paper, the other half via the Internet per instructions. Separation into groups was based on “the data collection session they attended.” It is not clear whether this was done randomly, or how many sessions were involved. The two groups are said to not differ on “key” (unspecified) demographic variables or on time spent on the Internet. They also showed only slight differences on the other variables studied, justifying combining groups for subsequent analyses.

The study used three research methods—survey with respect to descriptive results, causal-comparative, and correlational with respect to relationships among variables. Within the causal-comparative method, three types are evident: type 1 (effects of sex), type 3 (effects of administration type), and a combination of types 1 and 2 (causes and effects of abuse and dependency). These and the correlation analyses raise questions of internal validity of which “subject characteristics” is the most important.

None of the reported correlations is large enough (despite “significance” with such a large sample) to warrant further discussion, even as being of theoretical interest (see text, p. 340).

Of the causal/comparative results, our calculation of Effect Sizes (Δ) shows the only differences between
sexes reaching the customary level of .50 (see text, p. 248) indicate males more often using the Internet to access sexual, illegal, or immoral materials, chat rooms, and multigroup games. Although sex can be justified as a predictor of these behaviors for this sample, other possible causes such as differences in child rearing, cannot be ruled out.

With respect to the variables of Internet abuse and dependence the only Effect Sizes over .50 indicate that both groups spent more time on line than nonabusers and nondependents. It would be expected that those dependent on the Internet would spend more time on it, as would the reverse. It seems unlikely that perceived abuse would cause greater use, leading us to tentatively conclude that greater usage leads to more abuse—though other variables may cause both.

Contingency coefficients (see text, pp. 238, 257) calculated from the chi-squares provided resulted in moderate correlations (over .44) indicating that abusers were more likely to use the Internet to “maintain relationships,” “meet people,” “socially experiment,” “seek illegal/immoral material,” and to use chat rooms and play games. Those exhibiting dependence showed similar but not identical results. These relationships are not discussed or interpreted.

DATA ANALYSIS, DISCUSSION, AND INTERPRETATION

The methods used in data analysis are technically appropriate. Our concern is with the all too common reliance on inference techniques in assessing and interpreting data. We think this resulted in making too much of many very small relationships—correlations less than .20 and Effect Sizes under .50. In our opinion, this resulted in too little attention to a stronger and potentially important relationship, (an effect size of .60), indicating that more time on the Internet is likely to result in more perceived Internet abuse, i.e., “failure to fulfill major responsibilities,” and “continuing to use the Internet despite recurrent social problems caused or increased by Internet use.” We would suggest that future research pursue this finding and, in particular, by using other than the self-report questionnaire (such as in-depth interviews) to study Internet abuse and its causes and effects.

Although we agree with most of the stated implications and suggestions for future research, we do not see that most follow from the results of this study.
CAUSAL-COMPARATIVE VERSUS CORRELATIONAL RESEARCH
• The basic similarity between causal-comparative and correlational studies is that both seek to explore relationships among variables. When relationships are identified through causal-comparative research (or in correlational research), they often are studied at a later time by means of experimental research.

CAUSAL-COMPARATIVE VERSUS EXPERIMENTAL RESEARCH
• In experimental research, the group membership variable is manipulated; in causal-comparative research, the group differences already exist.

STEPS IN CAUSAL-COMPARATIVE RESEARCH
• The first step in formulating a problem in causal-comparative research is usually to identify and define the particular phenomena of interest and then to consider possible causes for, or consequences of, these phenomena.
• The most important task in selecting a sample for a causal-comparative study is to define carefully the characteristic to be studied and then to select groups that differ in this characteristic.
• There are no limits to the kinds of instruments that can be used in a causal-comparative study.
• The basic causal-comparative design involves selecting two groups that differ on a particular variable of interest and then comparing them on another variable or variables.

THREATS TO INTERNAL VALIDITY IN CAUSAL-COMPARATIVE RESEARCH
• Two weaknesses in causal-comparative research are lack of randomization and inability to manipulate an independent variable.
• A major threat to the internal validity of a causal-comparative study is the possibility of a subject selection bias. The chief procedures that a researcher can use to reduce this threat include matching subjects on a related variable, creating homogeneous subgroups, and using the technique of statistical matching.
• Other threats to internal validity in causal-comparative studies include location, instrumentation, and loss of subjects. In addition, type 3 studies are subject to implementation, history, maturation, attitude of subjects, regression, and testing threats.

DATA ANALYSIS IN CAUSAL-COMPARATIVE STUDIES
• The first step in a data analysis of a causal-comparative study is to construct frequency polygons.
• Means and standard deviations are usually calculated if the variables involved are quantitative.
• The most commonly used test in causal-comparative studies is a t-test for differences between means.
• Analysis of covariance is particularly useful in causal-comparative studies.
• The results of causal-comparative studies should always be interpreted with caution, because they do not prove cause and effect.
ASSOCIATIONS BETWEEN CATEGORICAL VARIABLES

• Both crossbreak tables and contingency coefficients can be used to investigate possible associations between categorical variables, although predictions from crossbreak tables are not precise. Fortunately, there are relatively few questions of interest in education that involve two categorical variables.

1. Suppose a researcher was interested in finding out what factors cause delinquent behavior in teenagers. What might be a suitable comparison group for the researcher to use in investigating this question?

2. Could observation be used in a causal-comparative study? If so, how?

3. When, if ever, might a researcher prefer to conduct a causal-comparative study rather than an experimental study? Suggest an example.

4. What sorts of questions might lend themselves better to causal-comparative research than to experimental research? Why?

5. Which do you think would be easier to conduct, causal-comparative or experimental research? Why?


7. Suppose a researcher was interested in the effects of team teaching on student attitudes toward history. Could such a topic be studied by means of causal-comparative research? If so, how?

8. What sorts of variables might it be wise for a researcher to think about controlling for in a causal-comparative study? What sorts of variables, if any, might be irrelevant?

9. Might a researcher ever study the same variables in an experimental study that he or she studied in a causal-comparative study? If so, why?

10. We state in the text that, in general, quantitative variables should not be collapsed into categorical variables because (a) the decision to do so is almost always an arbitrary one and (b) too much information is lost by doing so. Can you suggest any quantitative variables that, for these reasons, should not be collapsed into categorical variables? Can you suggest some quantitative variables that could justifiably be treated as categorical variables?

11. Suppose a researcher reports a higher incidence of childhood sexual abuse in adult women who have eating disorders than in a comparison group of women without eating disorders. Which variable is more likely to be the cause of the other? What other variables could be alternative or contributing causes?

12. Are there any research questions that cannot be studied by the causal-comparative method?

13. A professor at a private women’s college wishes to assess the degree of alienation present in undergraduates as compared to graduate students at her institution. She will use an instrument that she has developed.

   a. Which method, causal-comparative or experimental, would you recommend she use in her inquiry? Why?

   b. Would the fact that the researcher plans to use an instrument that she herself developed make any difference in your recommendation?

What Is a Survey?
Why Are Surveys Conducted?
Types of Surveys
Cross-Sectional Surveys
Longitudinal Surveys
Survey Research and Correlational Research
Steps in Survey Research
Defining the Problem
Identifying the Target Population
Choosing the Mode of Data Collection
Selecting the Sample
Preparing the Instrument
Preparing the Cover Letter
Training Interviewers
Using an Interview to Measure Ability
Nonresponse
Total Nonresponse
Item Nonresponse
Problems in the Instrumentation Process in Survey Research
Evaluating Threats to Internal Validity in Survey Research
Data Analysis in Survey Research
An Example of Survey Research
Analysis of the Study
Purpose/Justification
Definitions
Prior Research
Hypotheses
Sample
Instrumentation
Procedures/Internal Validity
Data Analysis
Discussion/Interpretation

OBJECTIVES Studying this chapter should enable you to:
• Explain what a survey is.
• Name three types of surveys conducted in educational research.
• Explain the purpose of surveys.
• Explain the difference between a cross-sectional and a longitudinal survey.
• Describe how survey research differs from other types of research.
• Describe briefly how mail surveys, telephone surveys, and face-to-face interviews differ and state two advantages and disadvantages of each type.
• Describe the most common pitfalls in developing survey questions.
• Explain the difference between a closed-ended and an open-ended question.
• Explain why nonresponse is a problem in survey research and name two ways to improve the rate of response in surveys.
• Name two threats to instrument validity that can affect survey results. Explain how such threats can be controlled.
• Describe possible threats to internal validity in survey research.
• Recognize an example of survey research when you come across it in the educational literature.

30 percent of me says ‘yes,’ 30 percent says ‘no,’ and 40 percent of me is just plain confused.”
Tom Martinez, the principal of Grover Creek High School, is meeting with his vice principal, Jesse Sullivan. “I wish I knew how more of the faculty felt about this after-school detention program we’ve implemented this year,” says Tom. “Jose Alcazar stopped me in the hall yesterday to say he thinks it’s not working.”

“Why?”

“He says many of the faculty think it doesn’t do any good, so they don’t even bother to send any students there.”

“Really?” answers Jesse. “I’ve heard just the opposite. Just today, at lunch, Becky and Felicia were saying they think it’s great!”

“Hmm, that’s interesting. It seems we need more data.”

A survey is an appropriate way for Tom and Jesse to get such data. How to conduct a survey is what this chapter is about.

What Is a Survey?

Researchers are often interested in the opinions of a large group of people about a particular topic or issue. They ask a number of questions, all related to the issue, to find answers. For example, imagine that the chairperson of the counseling department at a large university is interested in determining how students who are seeking a master’s degree feel about the program. She decides to conduct a survey to find out. She selects a sample of 50 students from among those currently enrolled in the master’s degree program and constructs questions designed to elicit their attitudes toward the program. She administers the questions to each of the 50 students in the sample in face-to-face interviews over a two-week period. The responses given by each student in the sample are coded into standardized categories for purposes of analysis, and these standardized records are then analyzed to provide descriptions of the students in the sample. The chairperson draws some conclusions about the opinions of the sample, which she then generalizes to the population from which the sample was selected, in this case, all of the graduate students seeking a master’s degree in counseling from this university.

Why Are Surveys Conducted?

The major purpose of surveys is to describe the characteristics of a population. In essence, what researchers want to find out is how the members of a population distribute themselves on one or more variables (for example, age, ethnicity, religious preference, attitudes toward school). As in other types of research, of course, the population as a whole is rarely studied. Instead, a
carefully selected sample of respondents is surveyed and a description of the population is inferred from what is found out about the sample.

For example, a researcher might be interested in describing how certain characteristics (age, gender, ethnicity, political involvement, and so on) of teachers in inner-city high schools are distributed within the group. The researcher would select a sample of teachers from inner-city high schools to survey. Generally, in a descriptive survey such as this, researchers are not so much concerned with why the observed distribution exists as with what the distribution is.

Types of Surveys

There are two major types of surveys—a cross-sectional survey and a longitudinal survey.

CROSS-SECTIONAL SURVEYS

A cross-sectional survey collects information from a sample that has been drawn from a predetermined population. Furthermore, the information is collected at just one point in time, although the time it takes to collect all of the data may take anywhere from a day to a few weeks or more. Thus, a professor of mathematics might collect data from a sample of all the high school mathematics teachers in a particular state about their interests in earning a master’s degree in mathematics from his university, or another researcher might take a survey of the kinds of personal problems experienced by students at 10, 13, and 16 years of age. All these groups could be surveyed at approximately the same point in time.

When an entire population is surveyed, it is called a census. The prime example is the census conducted by the U.S. Bureau of the Census every 10 years, which attempts to collect data about everyone in the United States.

LONGITUDINAL SURVEYS

In a longitudinal survey, on the other hand, information is collected at different points in time in order to study changes over time. Three longitudinal designs are commonly employed in survey research: trend studies, cohort studies, and panel studies.

In a trend study, different samples from a population whose members may change are surveyed at different points in time. For example, a researcher might be interested in the attitudes of high school principals toward the use of flexible scheduling. He would select a sample each year from a current listing of high school principals throughout the state. Although the population would change somewhat and the same individuals would not be sampled each year, if random selection were used to obtain the samples, the responses obtained each year could be considered representative of the population of high school principals. The researcher would then examine and compare responses from year to year to see whether any trends were apparent.

Whereas a trend study samples a population whose members may change over time, a cohort study samples a particular population whose members do not change over the course of the survey. Thus, a researcher might want to study growth in teaching effectiveness of all the first-year teachers who had graduated in the past year from San Francisco State University. The names of all of these teachers would be listed, and then a different sample would be selected from this listing at different times.

In a panel study, on the other hand, the researcher surveys the same sample of individuals at different times during the course of the survey. Because the researcher is studying the same individuals, she can note changes in their characteristics or behavior and explore the reasons for these changes. Thus, the researcher in our previous example might select a sample of last year’s graduates from San Francisco State University who are first-year teachers and survey the same individuals several times during the teaching year. Loss of individuals is a frequent problem in panel studies, however, particularly if the study extends over a fairly long period of time.

Following are the titles of some published reports of surveys that have been conducted by educational researchers.

- “What Does It Mean to Be African-American?”
- “Can Teacher Education Make a Difference?”
- “What Makes Professional Development Effective?”
- “The Reading Habits and Literacy Attitudes of In-Service and Prospective Teachers.”
- “‘You’re Only Young Once’: Things College Students Report Doing Now Before It Is Too Late.”
- “An Investigation into Teacher Turnover in International Schools.”
- “Integrating Technology into Preservice Literacy Instruction: A Survey of Elementary Education Students’ Attitudes Toward Computers.”
- “Reflections on Surveys of Faculty Attitudes Toward Collaboration with Librarians.”
I. Do economic factors cause teachers to leave the profession early?
   A. Do teachers leave the profession early because of inadequate yearly income?
      1. Do teachers leave the profession early because their monthly income during the school year is too small?
      2. Do teachers leave the profession early because they are not paid during the summer months?
      3. Do teachers leave the profession early because their salary forces them to hold a second job during the school year?
      4. Do teachers leave the profession early because their lack of income forces them to hold a different job during the summer months?
   B. Do teachers leave the profession early because of the structure of their pay scale?
      1. Do teachers leave the profession early because the upper limit on their pay scale is too low?
      2. Do teachers leave the profession early because their rate of progress on the pay scale is too slow?
   C. Do teachers leave the profession early because of inadequate fringe benefits?
      1. Do teachers leave the profession early because their health insurance benefits are inadequate?
      2. Do teachers leave the profession early because their life insurance benefits are inadequate?
      3. Do teachers leave the profession early because their retirement benefits are inadequate?

A hierarchical set of research questions like this can help researchers identify large categories of issues, suggest more specific issues within each category, and conceive of possible questions. By determining whether a proposed question fits the purposes of the intended survey, researchers can eliminate those that do not. This is important, since the length of a survey’s questionnaire or interview schedule is a crucial factor in determining the survey’s success.

Steps in Survey Research

DEFINING THE PROBLEM

The problem to be investigated by means of a survey should be sufficiently interesting and important to motivate individuals to respond. Trivial questions usually get what they deserve—they’re tossed into the nearest wastebasket. You have probably done this yourself to a survey questionnaire you considered unimportant or found boring.

Researchers need to define clearly their objectives in conducting a survey. Each question should relate to one or more of the survey’s objectives. One strategy for defining survey questions is to use a hierarchical approach, beginning with the broadest, most general questions and ending with the most specific. Jaeger gives a detailed example of such a survey on the question of why many public school teachers “burn out” and leave the profession within a few years. He suggests three general factors—economics, working conditions, and perceived social status—around which to structure possible questions for the survey. Here are the questions he developed with regard to economic factors.

Survey Research and Correlational Research

It is not uncommon for researchers to examine the relationship of responses to one question in a survey to another, or of a score based on one set of survey questions to a score based on another set. In such instances, the techniques of correlational research described in Chapter 15 are appropriate.

Suppose a researcher is interested in studying the relationship between attitude toward school of high school students and their outside-of-school interests. A questionnaire containing items dealing with these two variables could be prepared and administered to a sample of high school students, and then relationships could be determined by calculating correlation coefficients or by preparing contingency tables. The researcher may find that students who have a positive attitude toward school also have a lot of outside interests, while those who have a negative attitude toward school have few outside interests.

DEFINING THE PROBLEM

The problem to be investigated by means of a survey should be sufficiently interesting and important to motivate individuals to respond. Trivial questions usually get what they deserve—they’re tossed into the nearest wastebasket. You have probably done this yourself to a survey questionnaire you considered unimportant or found boring.

Researchers need to define clearly their objectives in conducting a survey. Each question should relate to one or more of the survey’s objectives. One strategy for defining survey questions is to use a hierarchical approach, beginning with the broadest, most general questions and ending with the most specific. Jaeger gives a detailed example of such a survey on the question of why many public school teachers “burn out” and leave the profession within a few years. He suggests three general factors—economics, working conditions, and perceived social status—around which to structure possible questions for the survey. Here are the questions he developed with regard to economic factors.

IDENTIFYING THE TARGET POPULATION

Almost anything can be described by means of a survey. That which is studied in a survey is called the unit of analysis. Although typically people, units of analysis can also be objects, clubs, companies, classrooms, schools, government agencies, and others. For example, in a survey of faculty opinion about a new discipline policy recently instituted in a particular school district,
CHOOSING THE MODE OF DATA COLLECTION

There are four basic ways to collect data in a survey: by administering the survey instrument “live” to a group; by mail; by telephone; or through face-to-face interviews. Table 17.1 presents a summary of the advantages and the disadvantages of each of the four survey methods, which are discussed below.

Direct Administration to a Group. This method is used whenever a researcher has access to all (or most) of the members of a particular group in one place. The instrument is administered to all members of the group at the same time and usually in the same place. Examples would include giving questionnaires to students to complete in their classrooms or workers to complete at their job settings. The chief advantage of this approach is the high rate of response—often close to 100 percent (usually in a single setting). Other advantages include a generally low cost factor, plus the fact that the researcher has an opportunity to explain the study and answer any questions that the respondents may have before they complete the questionnaire. The chief disadvantage is that there are not many types of surveys that can use samples of individuals that are collected together as a group.

Web-Based Surveys. Technological advances have made administering surveys on the Internet quite common. Increasingly, researchers and students are turning to e-mail- or Web-based software and services to
Telephone Surveys. In a telephone survey the researcher (or his or her assistants) asks questions of the respondents over the telephone. The advantages of telephone surveys are they are cheaper than personal interviews, can be conducted fairly quickly, and lend themselves easily to standardized questioning procedures. They also allow the researcher to assist the respondent (by clarifying questions, asking follow-up questions, encouraging hesitant respondents, and so on), permit a greater amount of follow-up (through several callbacks), and provide better coverage in certain areas where personal interviewers often are reluctant to go.*

The disadvantages of telephone surveys are that access to some samples (obviously, those without telephones and those whose phone numbers are unlisted) is not possible. Telephone interviews also prevent visual observation of respondents and are somewhat less effective in obtaining information about sensitive issues or personal questions. Generally, telephone surveys are reported to result in a 5 percent lower response rate than that obtained by personal interviews. Figure 17.1 illustrates the difficulty sometimes encountered when obtaining a research sample by telephone.

Personal Interviews. In a personal interview, the researcher (or trained assistant) conducts a face-to-face
Researchers must ensure, however, that the subjects they intend to question possess the desired information and that they will be willing to answer these questions. Individuals who possess the necessary information but who are uninterested in the topic of the survey (or who do not see it as important) are unlikely to respond. Accordingly, it is often a good idea for researchers to conduct a preliminary inquiry among potential respondents to assess their receptivity. Frequently, in school-based surveys, a higher response rate can be obtained if a questionnaire is sent to persons in authority to administer to the potential respondents rather than sending it to the respondents themselves. For example, a researcher might ask classroom teachers to administer a questionnaire to their students rather than asking the students directly.

Some examples of samples that have been surveyed by educational researchers are as follows:

- A sample of all students attending an urban university concerning their views on the adequacy of the general education program at the university.
- A sample of all faculty members in an inner-city high school district as to the changes needed to help “at-risk” students learn more effectively.
- A sample of all such students in the same district concerning their views on the same topic.

**SELECTING THE SAMPLE**

The subjects to be surveyed should be selected (randomly, if possible) from the population of interest.

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**Important Findings in Survey Research**

Probably the most famous example of survey research was that done by the sociologist Alfred Kinsey and his associates on the sexual behavior of American men (1948)* and women (1953).† While these studies are best known for their shocking (at the time) findings concerning the frequency of various sexual behaviors, they are equally noteworthy for their methodological competence. Using very large (although not random) samples totaling some 12,000 men and 8,000 women, Kinsey and his associates were meticulous in comparing results from different samples (replication) and in examining reliability through retesting and validity through internal cross-checking and comparison with spouses or other partners. One of the more unusual aspects of the basic data-gathering process—individual interviews—was the interview schedule that contained 521 items (although the minimum per respondent was 300). The same information was elicited in several different questions, all asked in rapid-fire succession so as to minimize conscious distortion.

A more recent study came to somewhat different conclusions regarding sexual behavior. The researchers used an interview procedure very similar to that used in the Kinsey studies, but claimed a superior sampling procedure. They selected a random sample of 4,369 adults from a list of nationwide home addresses, with the household respondent also chosen at random. While the final participation rate of 79 percent (sample = 3,500) is high, 79 percent of a random sample is no longer a random sample.‡

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• A sample of all women school superintendents in a particular state concerning their views as to the problems they encounter in their administrations.
• A sample of all the counselors in a particular high school district concerning their perceptions as to the adequacy of the school counseling program.

PREPARING THE INSTRUMENT

The most common types of instruments used in survey research are the questionnaire and the interview schedule (see Chapter 7).* They are virtually identical, except that the questionnaire is usually self-administered by the respondent, while the interview schedule is administered verbally by the researcher (or trained assistant). In the case of a mailed or self-administered questionnaire, the appearance of the instrument is very important to the overall success of the study. It should be attractive and not too long, and the questions should be as easy to answer as possible. The questions in a survey, and the way they are asked, are of crucial importance. Fowler points out that there are four practical standards that all survey questions should meet:

1. Is this a question that can be asked exactly the way it is written?
2. Is this a question that will mean the same thing to everyone?
3. Is this a question that people can answer?
4. Is this a question that people will be willing to answer, given the data collection procedures?†

The answers to each of the previous questions for every question in a survey should be yes. Any survey question that violates one or more of these standards should be rewritten.

In the case of a personal interview or a telephone survey, the manner of the questioner is of paramount importance. He or she must ask the questions in such a way that the subjects of the study want to respond.

In either case, the audience to whom the questions are to be directed should be clearly identified. Specialized or unusual words should be avoided if possible or, if they must be used, defined clearly in the instructions written on the instrument. The most important thing for

researchers to keep in mind, however, is that whatever type of instrument is used, the same questions must be asked of all respondents in the sample. Furthermore, the conditions under which the questionnaire is administered or the interview is conducted should be as similar as possible for all respondents.

Types of Questions. The nature of the questions and the way they are asked are extremely important in survey research. Poorly worded questions can doom a survey to failure. Hence, they must be clearly written in a manner that is easily understandable by the respondents. 12

Most surveys rely on multiple-choice or other forms of what are called closed-ended questions. Multiple-choice questions allow a respondent to select his or her answer from a number of options. They may be used to measure opinions, attitudes, or knowledge.

Closed-ended questions are easy to use, score, and code for analysis on a computer. Because all subjects respond to the same options, standardized data are provided. They are somewhat more difficult to write than open-ended questions, however. They also pose the possibility that an individual’s true response is not present among the options given. For this reason, the researcher usually should provide an “other” choice for each item, where the subject can write in a response that the researcher may not have anticipated. Some examples of closed-ended questions are the following:

1. Which subject do you like least?
   a. Social studies
   b. English
   c. Science
   d. Mathematics
   e. Other (specify)

2. Rate each of the following parts of your master’s degree program by circling the number under the phrase that describes how you feel.
   - Very dissatisfied
   - Dissatisfied
   - Satisfied
   - Very satisfied
   a. Coursework 1 2 3 4
   b. Professors 1 2 3 4
   c. Advising 1 2 3 4
   d. Requirements 1 2 3 4
   e. Cost 1 2 3 4
   f. Other (specify) 1 2 3 4

*Tests of various types can also be used in survey research, as when a researcher uses them to describe the reading proficiency of students in a school district. We restrict our discussion here, however, to the description of preferences, opinions, and beliefs.

†This is very important. Long questionnaires discourage people from completing and returning them.
Open-ended questions allow for more individualized responses, but they are sometimes difficult to interpret. They are also often hard to score, since so many different kinds of responses are received. Furthermore, respondents sometimes do not like them. Some examples of open-ended questions are as follows:

1. What characteristics of a person would lead you to rate him or her as a good administrator?
2. What do you consider to be the most important problem facing classroom teachers in high schools today?
3. What were the three things about this class you found most useful during the past semester?

Generally, therefore, closed-ended or short-answer questions are preferable, although sometimes researchers find it useful to combine both formats in a single question, as shown in the following example of a question using both open- and closed-ended formats.

1. Please rate and comment on each of the following aspects of this course:

<table>
<thead>
<tr>
<th>Very unsatisfied</th>
<th>Unsatisfied</th>
<th>Satisfied</th>
<th>Very satisfied</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Coursework</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Comment</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. Professor</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>Comment</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Table 17.2 presents a brief comparison of the advantages and disadvantages of closed-ended and open-ended questions.

<table>
<thead>
<tr>
<th>Closed-Ended</th>
<th>Open-Ended</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advantages</td>
<td>Disadvantages</td>
</tr>
<tr>
<td>Enhance consistency of response across respondents</td>
<td>May limit breadth of responses</td>
</tr>
<tr>
<td>Easier and faster to tabulate</td>
<td>Take more time to construct</td>
</tr>
<tr>
<td>More popular with respondents</td>
<td>Require more questions to cover the research topic</td>
</tr>
<tr>
<td>Allow more freedom of response</td>
<td>Tend to produce responses that are inconsistent in length and content across respondents</td>
</tr>
<tr>
<td>Easier to construct</td>
<td>Both questions and responses subject to misinterpretation</td>
</tr>
<tr>
<td>Permit follow-up by interviewer</td>
<td>Harder to tabulate and synthesize</td>
</tr>
</tbody>
</table>

Some Suggestions for Improving Closed-Ended Questions. There are a number of relatively simple tips that researchers have found to be of value in writing good survey questions. A few of the most frequently mentioned ones follow:13

1. Be sure the question is unambiguous.
   Poor: Do you spend a lot of time studying?
   Better: How much time do you spend each day studying?
imporance in terms of the overall deve-
lopment of the students in the program?
Better: What part of the district’s English curricu-
um is the most important?

4. Use common language.
Poor: What do you think is the principal reason
schools are experiencing increased student
absenteeism today?
   a. Problems at home.
   b. Lack of interest in school.
   c. Illness.
   d. Don’t know.
Better: What do you think is the main reason
students are absent more this year than previously?
   a. Problems at home.
   b. Lack of interest in school.
   c. Illness.
   d. Don’t know.

5. Avoid the use of terms that might bias responses.
Poor: Do you support the superintendent’s “no
smoking” policy on campus grounds while
school is in session?
   a. I support the policy.
   b. I am opposed to the policy.
   c. I don’t care one way or the other about
      the policy.
   d. I am undecided about the policy.
Better: Do you support a “no smoking” policy on
campus grounds while school is in session?
   a. I support the policy.
   b. I am opposed to the policy.
   c. I don’t care one way or the other about
      the policy.
   d. I am undecided about the policy.

6. Avoid leading questions.
Poor: What rules do you consider necessary in
your classes?
Better: Circle each of the following that describes a
rule you set in your classes.
   a. All homework must be turned in on the
due date.
   b. Students are not to interrupt other stu-
dents during class discussions.
   c. Late homework is not accepted.
   d. Students are counted tardy if they are
more than 5 minutes late to class.
   e. Other (specify) ________________

7. Avoid double negatives.
Poor: Would you not be opposed to supervising
students outside of your classroom?
Better: Would you be willing to supervise students
outside of your classroom?
   a. Yes.
   b. No.
   c. Undecided.

Pretesting the Questionnaire. Once the ques-
tions to be included in the questionnaire or the interview
schedule have been written, the researcher is well ad-
vised to try them out with a small sample similar to the
potential respondents. A “pretest” of the questionnaire
or interview schedule can reveal ambiguities, poorly
worded questions, questions that are not understood,
and unclear choices; it can also indicate whether the in-
structions to the respondents are clear.

Overall Format. The format of a questionnaire—
how the questions look to the respondents—is very
important in encouraging them to respond. Perhaps
the most important rule to follow is to ensure that the
questions are spread out—that is, uncluttered. No more
than one question should be presented on a single line.
When respondents have to spend a lot of time read-
ing a question, they quickly become discouraged from
continuing.
There are a variety of ways to present the response categories from which respondents are asked to choose. Babbie suggests that boxes, as shown in the question below, are the best.\(^{14}\)

**Have you ever taught an advanced placement class?**

[ ] Yes
[ ] No

Sometimes, certain questions will apply to only a portion of the subjects in the sample. When this is the case, follow-up questions can be included in the questionnaire. For example, a researcher might ask respondents if they are familiar with a particular activity, and then ask those who say yes to give their opinion of the activity. The follow-up question is called a **contingency question**—it is contingent upon how a respondent answers the first question. If properly used, contingency questions are a valuable survey tool, in that they can make it easier for a respondent to answer a given question and also improve the quality of the data a researcher receives. Although a variety of contingency formats may be used, the easiest to prepare is simply to set off the contingency question by indenting it, enclosing it in a box, and connecting it to the base question by means of an arrow to the appropriate response, as shown below.

**Have you ever taught an advanced placement class?**

[ ] Yes
[ ] No

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**Figure 17.2 Example of Several Contingency Questions in an Interview Schedule**

explain the purpose of the survey, emphasize the importance of the topic of the research, and (it is hoped) engage the respondent’s cooperation. If possible, it should indicate the researcher’s willingness to share the results of the study once it is completed. Confidentiality and anonymity of the respondents should be assured. * It also helps if the researcher obtains the sponsorship of an institution of some importance that is known to the respondent. The letter should specify the date by which the completed questionnaire is to be returned, and it should be individually signed by the researcher. Every effort should be made to avoid the appearance of a form letter. Finally, the return should be made as easy as possible; hence, enclosing a stamped, self-addressed envelope is always a good idea. Figure 17.3 presents an example of a cover letter.

**Figure 17.3 Sample Cover Letter for a Mail Survey**

A clear and well-organized presentation of contingency questions is particularly important in interview schedules. An individual who receives a questionnaire in the mail can reread a question if it is unclear the first time through. If an interviewer becomes confused, however, or reads a question poorly or in an unclear manner, the whole interview may become jeopardized. Figure 17.2 illustrates a portion of an interview schedule that includes several contingency questions.

**PREPARING THE COVER LETTER**

Mailed surveys require something that telephone surveys and face-to-face personal interviews do not—a cover letter explaining the purpose of the questionnaire. Ideally, the cover letter also motivates the members of the sample to respond.

The cover letter should be brief and addressed specifically to the individual being asked to respond. It should explain the purpose of the survey, emphasize the importance of the topic of the research, and (it is hoped) engage the respondent’s cooperation. If possible, it should indicate the researcher’s willingness to share the results of the study once it is completed. Confidentiality and anonymity of the respondents should be assured.* It also helps if the researcher obtains the sponsorship of an institution of some importance that is known to the respondent. The letter should specify the date by which the completed questionnaire is to be returned, and it should be individually signed by the researcher. Every effort should be made to avoid the appearance of a form letter. Finally, the return should be made as easy as possible; hence, enclosing a stamped, self-addressed envelope is always a good idea. Figure 17.3 presents an example of a cover letter.

*If done under a university (or other agency) sponsorship, the letter should indicate that the study has been approved by the “Research with Human Subjects” review committee.
**TRAINING INTERVIEWERS**

Both telephone and face-to-face interviewers need to be trained beforehand. Many suggestions have been made in this regard, and we have space to mention only a few of them here. Telephone interviewers need to be shown how to engage their interviewees so that they do not hang up on them before the interview has even begun. They need to know how to explain quickly the purpose of their call and why it is important to obtain information from the respondent. They need to learn how to ask questions in a way that encourages interviewees to respond honestly.

Face-to-face interviewers need all of the above and more. They need to learn how to establish rapport with their interviewees and to put them at ease. If a respondent seems to be resistant to a particular line of questioning, the interviewer needs to know how to move on to a new set of questions and return to the previous questions later. The interviewer needs to know when and how to “follow up” on an unusual answer or one that is ambiguous or unclear. Interviewers also need training in gestures, manner, facial expression, and dress. A frown at the wrong time can discourage a respondent from even attempting to answer a question! In sum, the general topics to be covered in training interviewers should always include at least the following:

1. Procedures for contacting respondents and introducing the study. All interviewers should have a common understanding of the purposes of the study.
2. The conventions that are used in the design of the questionnaire with respect to wording and instructions for skipping questions (if necessary) so that interviewers can ask the questions in a consistent and standardized way.
3. Procedures for probing inadequate answers in a nondirective way. Probing refers to following up incomplete answers in ways that do not favor one particular answer over another. Certain kinds of standard probes, such as asking “Anything else?” “Tell me more,” or “How do you mean that?” usually will handle most situations.
4. Procedures for recording answers to open-ended and closed-ended questions. This is especially important with regard to answers to open-ended questions, which interviewers are expected to record verbatim.
5. Rules and guidelines for handling the interpersonal aspects of the interview in a nonbiasing way. Of particular importance here is for interviewers to focus on the task at hand and to avoid expressing their views or opinions (verbally or with body language) on any of the questions being asked.

**USING AN INTERVIEW TO MEASURE ABILITY**

Although the interview has been used primarily to obtain information on variables other than cognitive ability, an important exception can be found in the field of developmental and cognitive psychology. Interviews have been used extensively in this field to study both the content and processes of cognition. The best-known example of such use is to be found in the work of Jean Piaget and his colleagues. They used a semistructured sequence of contingency questions to determine a child’s cognitive level of development.

Other psychologists have used interviewing procedures to study thought processes and sequences employed in problem solving. While not used extensively to date in educational research, an illustrative study is that of Freyberg and Osborne, who studied student understanding of basic science concepts. They found frequent and important misconceptions of which teachers were often unaware. Teachers often assumed that students used such terms as gravity, condensation, conservation of energy, and wasteland community in the same way as they did themselves. Many 10-year-olds and even some older children, for example, believed that condensation on the outside of a water glass was caused by water getting through the glass. One 15-year-old displayed ingenious (although incorrect) thinking as shown in the following excerpt:

(Jenny, aged 15): Through the glass—the particles of water have gone through the glass, like diffusion through air—well, it hasn’t got there any other way. (Researcher): A lot of younger people I have talked to have been worried about this water . . . it troubles them. (Jenny): Yes, because they haven’t studied ‘things like we have studied. (Researcher): What have you studied which helps? (Jenny): Things that pass through air, and concentrations and how things diffuse.

Freyberg and Osborne make the argument that teachers and curriculum developers must have such information on student conceptions if they are to teach effectively. They have also shown how such research can improve the content of achievement tests by including items specifically directed at common misconceptions.
Nonresponse

In almost all surveys, some members of the sample will not respond. This is referred to as **nonresponse**. It may be due to a number of reasons (lack of interest in the topic being surveyed, forgetfulness, unwillingness to be surveyed, and so on), but it is a major problem that has been increasing in recent years as more and more people seem (for whatever reason) to be unwilling to participate in surveys.

Why is nonresponse a problem? The chief reason is that those who do not respond will very likely differ from the respondents on answers to the survey questions. Should this be the case, any conclusions drawn on the basis of the respondents’ replies will be misleading and not a true indication of the views of the population from which the sample was drawn.

**TOTAL NONRESPONSE**

Kalten points out that total nonresponse can occur in interview surveys for any of the following reasons: Intended respondents can refuse to be interviewed, not be at home when the interviewer calls, be unable to take part in the interview for various reasons (such as illness, deafness, inability to speak the language), or sometimes cannot even be located. Of these, refusals and not-at-homes are the most common.

In mail surveys, a few questionnaires may not be deliverable, and occasionally a few respondents will return their questionnaires unanswered as an indication of their refusal to participate. Generally, however, all that is known about most mail survey nonresponse is that the questionnaire has not been returned. The reason for the lack of return may be any of the ones we have already mentioned.

A variety of techniques are employed by survey researchers to reduce nonresponse. In interview surveys, the interviewers are carefully trained to be courteous, to ask questions pleasantly and sensitively, to dress conservatively, or to return to conduct an interview at a more appropriate time if the situation warrants. Assurances of anonymity and confidentiality are made (this is done in mailed surveys as well). Questions are usually organized to start with fairly simple and nonthreatening questions. Not-at-homes are treated by callbacks (a second, third, or even a fourth visit) on different days and at different times during the day. Sometimes appointments are set up at a convenient time for the respondent. Mailed questionnaires can be followed up with a reminder letter and often a second or sometimes even a third mailing.

A frequently overlooked technique is the offering of a tangible reward as an inducement to respond. There is nothing inappropriate about paying (in some manner) respondents for providing information.

Nonresponse is a serious problem in many surveys. Some observers have stated that response rates for uncomplicated face-to-face surveys by nongovernment survey organizations are about 70 to 75 percent. Refusals make up the majority of nonrespondents in face-to-face interviews, with not-at-homes constituting most of the remainder. Telephone surveys generally have somewhat lower response rates than face-to-face surveys (respondents simply hang up). Response rates in mail surveys are quite varied, ranging from as low as 10 percent to as high as 90 percent. Furthermore, nonresponse is not evenly spread out among various subgroups within the United States. Nonresponse rates in face-to-face interview surveys, for example, are much higher in inner cities than in other locations.

A procedure commonly used to handle nonresponse, especially in telephone surveys, is **random replacement**, which is continuing to add randomly selected cases until the desired sample size is reached. This method does not work for the same reason mentioned earlier: Those who are not contacted or who refuse to respond probably would have answered differently than those who do respond. Remember: A random sample requires that the sample actually comprises those who are originally selected.

In addition to doing as much as possible to reduce nonresponse, researchers should obtain, during the survey or in other ways, as much demographic information as they can on respondents. This not only permits a more complete description of the sample, but also may support an argument for representativeness—if it turns out that the sample is very similar to the population with regard to those demographics that are pertinent to the study (Figure 17.4). These may include gender, age, ethnicity, family size, and so forth. Needless to say, all such data must be reported, not just those that support the claim of representativeness. Such an argument is always inconclusive since it is impossible to obtain data on all pertinent variables (or even to be sure as to what they all are), but it is an important feature of any survey that has a substantial nonresponse (we would say over 10 percent). A major difficulty with this suggestion is that the needed demographics may not be available for the population. In any case, the nonresponse rate should always be reported.

**ITEM NONRESPONSE**

Partial gaps in the information provided by respondents can also occur for a variety of reasons: The respondent may not know the answer to a particular question; he or she may
found certain questions embarrassing or perhaps irrelevant; the respondent may be pressed for time, and the interviewer may decide to skip over part of the questions; the interviewer may fail to record an answer. Sometimes during the data analysis phase of a survey, the answers to certain questions are thrown out because they are inconsistent with other answers. Some answers may be unclear or illegible. Item nonresponse is rarely as high as total nonresponse. Generally it varies according to the nature of the question asked and the mode of data collection. Very simple demographic questions usually have almost no nonresponse. Kalton estimates that items dealing with income and expenditures may experience item nonresponse rates of 10 percent or more, while extremely sensitive or difficult questions may produce nonresponse rates that are much higher. 20

Listed below is a summary of some of the more common suggestions for increasing the response rate in surveys.

1. **Administration of the questionnaire or interview schedule:**
   - Make conditions under which the interview is conducted, or the questionnaire administered, as simple and convenient as possible for each individual in the sample.
   - Be sure that the group to be surveyed knows something about the information you want to obtain.
   - Train face-to-face or telephone interviewers in how to ask questions.
   - Train face-to-face interviewers in how to dress.

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2. **Format of the questionnaire or interview schedule:**
   - Be sure that sufficient space is provided for respondents (or the interviewer) to fill in the necessary biographical data that is needed (age, gender, grade level, and so on).
   - Specify in precise terms the objectives the questionnaire or interview schedule is intended to achieve—exactly what kind of information is wanted from the respondents?
   - Be sure each item in the questionnaire or interview schedule is related to one of the objectives of the study—that is, it will help obtain information about the objective.
   - Use closed-ended (e.g., multiple-choice) rather than or in addition to open-ended (e.g., free response) questions.
   - Ensure that no psychologically threatening questions are included.
   - Eliminate any leading questions.
   - Check for ambiguity of items with a panel of judges. Revise as needed.
   - Pretest the questionnaire or interview schedule with a small group similar to the sample to be surveyed.

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**Problems in the Instrumentation Process in Survey Research**

Several threats to the validity of the instrumentation process in surveys can cause individuals to respond differently from how they might otherwise respond. Suppose, for example, that a group of individuals is brought together to be interviewed all in one place and an extraneous event (say, a fire drill) occurs during the interview process. The event might upset or otherwise affect various individuals, causing them to respond to the interview questions in a different way from how they would have responded if the event had not occurred.

Whenever researchers do not take care in preparing their questionnaires—if questions are leading or insensitive, for example—it may cause individuals to respond differently. If the conditions under which individuals are questioned in interview studies are somewhat unusual (during the dinner hour; in poorly lit rooms; and so on), they may react in certain ways unrelated to the nature of the questions themselves.

Finally, the characteristics of a data collector (such as garish dress, insensitivity, rudeness, and use of offensive language) can affect how individuals respond, causing them to react in part to the data collector rather than to the questions. There is also the possibility of an unconscious bias on the part of the data collector, as when he or she asks leading questions of some individuals but not others.

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**Evaluating Threats to Internal Validity in Survey Research**

There are four main threats to internal validity in survey research: mortality, location, instrumentation, and instrument decay. A mortality threat arises in longitudinal studies unless all of the data on “lost” subjects are deleted, in which case the problem becomes one of appropriate generalization. A location threat can occur if the collection of data is carried out in places that may affect responses (e.g., a survey of attitudes toward the police conducted in a police station). Instrument decay can occur in interview surveys if the interviewers get tired or are rushed. This, as well as defects in the instruments themselves, not only may reduce the validity of the information obtained but also may introduce a systematic bias.

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**Data Analysis in Survey Research**

After the answers to the survey questions have been recorded, there remains the final task of summarizing the responses in order to draw some conclusions from the results. The total size of the sample should be reported, along with the overall percentage of returns. The percentage of the total sample responding for each item should then be reported. Finally, the percentage of respondents who chose each alternative for each question should be given. For example, a reported result might be as follows: “For item 26, regarding the approval of a no-smoking policy while school is in session, 80 percent indicated they were in favor of such a policy, 15 percent indicated they were not in favor, and 5 percent said they were neutral.”

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**An Example of Survey Research**

In the remainder of this chapter, we present a published example of survey research, followed by a critique of its strengths and weaknesses. As we did in our critiques of the different types of research studies we analyzed in other chapters, we use several of the concepts introduced in earlier parts of the book in our analysis.
Russian and American College Students’ Attitudes, Perceptions, and Tendencies Towards Cheating

Robert A. Lupton
Central Washington University
Kenneth J. Chapman
California State University, Chico

Summary

The literature reports that cheating is endemic throughout the USA. However, lacking are international comparative studies that have researched cheating differences at the post-secondary business education level. This study investigates the differences between Russian and American business college students concerning their attitudes, perceptions and tendencies towards academic dishonesty. The study found significant differences between Russian and American college students’ behaviours and beliefs about cheating. These findings are important for business educators called to teach abroad or in classes that are increasingly multinational in composition.

INTRODUCTION

The Chinese have been concerned about cheating for longer than most civilizations have been in existence. Over 2,000 years ago, prospective Chinese civil servants were given entrance exams in individual cubicles to prevent cheating, and searched for crib notes as they entered the cubicles. The penalty for being caught at cheating in ancient China was not a failing grade or expulsion, but death, which was applicable to both the examinees and examiners (Brickman, 1961). Today, while we do not execute students and their professors when cheating is discovered, it appears we may not be doing enough to deter cheating in our classes (e.g., Collison, 1990; McCabe & Trevino, 1996; Paldy, 1996).

Cheating among U.S. college students is well documented in a plethora of published reports, with a preponderance of U.S. studies reporting cheating incidences in excess of 70% (e.g., Baird, 1980; Collison, 1990; Davis et al., 1992; Gail & Borin, 1988; Jendrek, 1989; Lord and Chiodo, 1995; McCabe & Trevino, 1996; Oaks, 1975; Stern & Havlicek, 1986; Stevens & Stevens, 1987). Indeed, U.S. academicians have addressed the issues of cheating for the past century, publishing over 200 journal articles and reports (Payne & Nantz, 1994). The U.S. literature can be divided into five primary areas: (a) reporting the incidences and types of cheating (Baird, 1980; McCabe & Bowers, 1994, 1996), (b) reporting the behavioural and situational causes of cheating (Bunn, Caudill, & Gropper, 1992; LaBeff et al., 1990), (c) reporting the reactions of academicians towards cheating (Jendrek, 1989; Roberts, 1986), (d) discussing the prevention and control of cheating (Ackerman, 1971; Hardy, 1981–1982), and (e) presenting statistical research methodologies used to measure academic misconduct (Frary, Tideman, & Nicholas, 1997; Frary, Tideman, & Watts, 1977).

1For a comprehensive review of the cheating literature, see Lupton’s (1999) published dissertation.
The U.S. studies on cheating behaviours are disturbing since they indicate a widespread, insidious problem. Cheating devalues the educational experience in a number of ways. First, cheating behaviours may lead to inequitable grades and a misrepresentation of what a student may actually have learned and can use after graduation. Additionally, successful cheating behaviours in college may carry over as a way of life after college. That is, students may believe that if they can get away with cheating now, they can get away with cheating later. Obviously, academic dishonesty is not to be taken lightly, yet cheating seems to be prevalent, at least in the USA. This study investigated if the academic dishonesty problem crosses national boundaries. The researchers investigated if students’ attitudes, beliefs, and cheating tendencies vary by country—specifically, as part of an ongoing research agenda (Lupton, Chapman, & Weiss, 2000); the researchers report differences between Russian and American students.

The international literature provides mostly anecdotal evidence of academic dishonesty and has few comparative research efforts. International studies and reports have looked at college students in Australia (Maslen, 1996; Waugh & Godfrey, 1994), Canada (Black, 1962; Chidley, 1997; Genereux & McLeod, 1995; Harpp & Hogan, 1993, 1998; Jenkinson, 1996), the UK (Baty, 1997; Bushby, 1997; Franklyn-Stokes & Newstead, 1995; Mackenzie & Smith, 1995; Newstead, Franklyn-Stokes, & Armstead, 1996), Palestine (Surkes, 1994), Poland (Curry, 1997) and Russia (Poltorak, 1995), and high school students in Austria (Hanisch, 1990), Germany (Rost & Wild, 1990) and Italy (TES, 1996).

Poltorak (1995), the only major Russian study, measured attitudes about and tendencies towards cheating at four Russian post-secondary technical universities. The research found cheating to be widespread, with over 80% of the students cheating at least once during college and with many of those incidences occurring during examinations. The most common types of cheating were: using crib sheets during examinations, looking at someone’s examination, using unauthorized lecture notes during examinations, using someone’s finished homework to copy from, and purchasing term papers and plagiarizing. Moreover, male college students were reported to have higher incidences of cheating than female students.

Only a handful of studies have investigated cross-national differences related to academic dishonesty (Curtis, 1996; Davis et al., 1994; Diekhoff et al., 1999; Evans, Craig, & Mietzel, 1993; Lupton et al., 2000; Waugh et al., 1995). Davis et al. (1994) reported that a majority of Australian and U.S. college students cheated more in high school than they did in college. The study is unique in that cheating is linked to grade-oriented and learning-oriented attitudes. It appears that Australian college students are more likely to attend school for the sake of learning, whereas U.S. students tend to be much more focused on grades. Thus, what motivates Australian college students to cheat is different from that of U.S. college students. Diekhoff et al. (1999) found that Japanese college students, as compared to U.S. students, report higher levels of cheating tendencies, have a greater propensity to neutralize the severity of cheating through rationale justification, and are not as disturbed when observing in-class cheating. Interestingly, U.S. and Japanese students agreed guilt is the most effective deterrent to cheating. Finally, Lupton et al. (2000) found significantly different levels of cheating between Polish and U.S. business students. The Polish students reported much higher frequencies of cheating than their American counterparts and were more likely to feel it was not so bad to cheat on one exam or tell someone in a later section about an exam. The Polish students were also more inclined than the American students to feel it was the responsibility of the instructor to create an environment that reduces the likelihood that cheating could occur.

Although cross-national comparative studies are appearing more often in academic literature, it is quite apparent that a major chasm in our knowledge still exists...
regarding cross-national attitudes, perceptions and tendencies towards cheating at the post-secondary education level. Moreover, to date, no cross-national study has been conducted comparing Russian and U.S. business college students. Russian universities have been known to produce top students, particularly in computer programming (Chronicle of Higher Education, 2000). However, like many institutions in Russia, education has been the recipient of severe swings in its support and funding over the years. Some reports indicate the post-secondary educational system is in serious disrepair, where bribes for entrance and grades are commonplace and learning is minimal (Dolshenko, 1999). Additionally, the value of an education seems to be in question, with only 53% of Russia’s citizens believing that higher education is important (ibid). It seemed likely that given some of the problems being experienced in the Russian higher education system, where the value of learning and education may be in a weakened state, cheating could be commonplace. Substantial differences in academic honesty may also be found due to Russia being a more collective society compared to the USA, which is more individualistic in culture (Ryan et al., 1991).

Building on the research conducted in the USA, the researchers present a cross-national study that compares attitudes, perceptions, and tendencies of college business students in Russia and the USA. The research begins to fill in the gap in our knowledge about cross-national differences in attitudes, beliefs, and tendencies towards cheating.

METHODOLOGY

Method and Sample

Undergraduate business students from the USA and Russia were asked to participate in the study. Questionnaires were administered in the classes. Given the sensitive nature of the questions, respondents were repeatedly told, orally and in writing, that their responses would be anonymous and confidential. The respondents were asked to answer as many questions as possible, as long as they felt comfortable with the particular question.

The American student sample was collected from Colorado State University, a mid-sized university located in the western USA, and the Russian sample was collected from Novgorod State University and the Norman School College. Colorado State University is located in Fort Collins, Colorado, a city of about 120,000 residents. Both Novgorod State University and the Norman School College are located in Novgorod, Russia, which has approximately 200,000 inhabitants. A total of 443 usable surveys were collected in the USA and 174 in Russia. Nearly 50% of the American students and 64% of the Russian students were male. In both regions, 90% of the sample was between the ages of 17 and 25, with an average age of 21 years. The average American grade-point average (GPA) was 3.02 and 4.27 for the Russian students (U.S. GPA, A = 4.0; Russian GPA, A = 5.0). Fifty-two percent of the American sample was juniors and 45.8% seniors. In contrast, 56.1% of the Russian survey respondents was freshmen, while sophomores and graduate students accounted for 20.5% and 17.5% respectively.

The Survey Instrument

Identical self-report questionnaires were used to collect the data in both countries. The survey was translated into Russian and translated back into English. To evaluate the attitudes, perceptions, and tendencies towards academic cheating, a 29-question survey instrument was developed consisting of a series of dichotomous (yes/no) and scalar questions, as well as a question that asked students to assess what proportion of their peers they believe cheat. Most of the yes/no questions specifically asked the students about
cheating behaviours (e.g., “Have you cheated during college?” “Have you received information about an exam from students in earlier sections of the class?”). In addition, students were asked to respond to a series of statements using a seven-point scale anchored with Strongly disagree to Strongly agree. These scalar questions asked students about their attitudes and beliefs about cheating (e.g., “Cheating on one exam is really not that bad. I believe telling someone in a later section about an exam you just took is OK”). Students were also given two scenarios and asked to decide whether cheating had occurred. Each scenario was intentionally left rather vague. Having the scenarios be rather ambiguous meant that the student could not easily conclude that cheating had or had not occurred. In this fashion, students were left more to their own personal interpretations of trying to decide if cheating had or had not occurred. The first scenario (scenario A) was:

John Doe took Marketing 400 in the fall semester. His friend, Jane, took Marketing 400 in the spring semester. John gave Jane all his prior work from the course. Jane found John’s answers to prior exams and uses these to prepare for tests in the course.

Students were then asked to decide if John and Jane had cheated. The next scenario (scenario B) was:

Jane also discovered that John had received good grades on some written assignments for the class. Many of these assignments required John to go to the library to look up articles about various topics. Jane decides to forgo the library work and uses John’s articles for her papers in the class.

After reading scenario B, students were asked to decide if Jane had cheated. Finally, to account for possible confounds and explore individual level differences, the survey also included some basic demographic questions.

RESULTS

American and Russian Business Students’ Positions on Cheating Behaviours

American and Russian business students had significantly different positions on their self-reported cheating behaviours, on the degree to which they knew or saw others cheat, and on their perception of whether or not cheating had occurred in the two case scenarios.

Table 1 highlights the significant differences in self-reported cheating behaviour between the American and Russian business students. A larger share of the Russian students reported cheating at some point. While about 55% of the American students reported they had cheated at some point during college, nearly 64% of the Russian students reported having cheated. Russian students also were much more likely to report cheating in the class in which the data were collected. In fact, only 2.9% of the American students acknowledged cheating in the class where the data were collected, whereas 38.1% of the Russian students admitted to cheating in the class. Additionally, Russian students were more likely to have reported that they knew or had seen a student who had cheated. The percentage of students who had given or received information about an exam that had been administered in an earlier section was higher with Russian students. Nearly 92% of the Russian students admitted to conveying exam information to their peers in a later section, while 68.5% of the American students admitted doing so. American students, however, reported a greater incidence of using examinations from a prior term to study for current exams.
American and Russian business students also had very different impressions of whether or not cheating had occurred in the scenarios. In scenario A, the Russian students were much more likely to believe that John and Jane had cheated. For example, only 5.2% of the American students felt John had cheated by giving Jane his past exams, while 49.1% of the Russian students felt the same. Additionally, 9.7% of the American students compared to 63.9% of the Russian students felt Jane had cheated by using John’s past exams. However, in scenario B, a larger share of the American students felt Jane had cheated by using John’s articles. These statistically significant and quite large differences in interpretations of the scenarios suggest that American and Russian business students have extremely different perspectives of what is or is not cheating.

American and Russian Business Students’ Differences in Beliefs About Cheating

Table 2 reveals that American and Russian business students have significantly different beliefs about cheating. Students were asked to assess what proportion of their peers they believed to cheat. Russian students felt that about 69% of their colleagues cheat on exams, while American students stated that they felt only about 24% of their fellow students cheat. In a series of Strongly disagree/Strongly agree belief statements, the Russian students were more likely than the American students to believe that most students cheat on exams and out-of-class assignments, that cheating on one exam is not so bad, and that it is OK to tell someone in a later section about an exam just completed. However, as revealed earlier, the Russian students seem to have a different position on what

<table>
<thead>
<tr>
<th>Table 1 Percentage of American or Russian Business Students Responding “Yes” to Questions about Cheating</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Percentage responding “yes”</strong></td>
</tr>
<tr>
<td><strong>American students</strong></td>
</tr>
<tr>
<td>n = 443</td>
</tr>
<tr>
<td>Cheated at some point during college</td>
</tr>
<tr>
<td>Cheated in current class</td>
</tr>
<tr>
<td>Know student who has cheated on an exam at the university</td>
</tr>
<tr>
<td>Know student who has cheated on an exam in current class</td>
</tr>
<tr>
<td>Seen a student cheat on an exam at the university</td>
</tr>
<tr>
<td>Seen a student cheat on an exam in current class</td>
</tr>
<tr>
<td>Used exam answers from a prior term to study for a current exam</td>
</tr>
<tr>
<td>Given student in a later section information about an exam</td>
</tr>
<tr>
<td>Received exam information from a student in an earlier section</td>
</tr>
<tr>
<td>Scenario A: John cheated by giving Jane his past exams</td>
</tr>
<tr>
<td>Scenario A: Jane cheated by using John’s past exams</td>
</tr>
<tr>
<td>Scenario B: Jane cheated by using John’s articles</td>
</tr>
</tbody>
</table>

*χ² = test of differences between nationalities significant at p < 0.000.
**χ² = test of differences between nationalities significant at p < 0.01.
***χ² = test of differences between nationalities significant at p < 0.05.
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is or is not cheating. The American students did not believe that giving someone past exams or using exams from a prior semester was cheating, while the Russian students were more neutral on the matter.

Finally, the students in each country were asked if they believed the instructor is responsible for ensuring that cheating does not occur, and if by discussing cheating-related issues (e.g., ethics, penalties, responsibilities), the instructor can reduce cheating incidents. The Russian students were less likely than the American students to feel that it is the instructor’s responsibility to prevent cheating in the classroom and were less likely to believe that the instructor merely discussing cheating-related issues would reduce cheating.

Analysis of Possible Confounds

Although a number of differences were found based on nationality, it is possible that these differences may be due to some other issue. Past literature has suggested that a number of idiosyncratic variables could influence the likelihood of someone cheating (e.g., Alschuler & Blimling, 1995; Bunn et al., 1992; Johnson & Gormly, 1971; Kelly & Worrell, 1978; McCabe & Trevino, 1996; Stern & Havlicek, 1986; Stevens & Stevens, 1987). Therefore, analyses were conducted to check if expected grade in the course, overall grade-point average, college class, gender, or age were having any effects on the findings and, in particular, if these factors interacted with nationality. Of focal concern was the extent to which these factors were influencing the number of students that had reported cheating. Neither expected grade in the course, overall grade-point average, college class and gender, nor age interacted with country. This effectively eliminates the possibility that they are confounds for the differences found due to nationality.

CONCLUSION

This is the first study to compare the attitudes, beliefs, and tendencies towards academic dishonesty of American and Russian business college students. The study reveals that American and Russian business students hold vastly different attitudes, perceptions, and tendencies towards cheating. It was surprising to find that Russian students reported much

### TABLE 2  American and Russian Business Students’ Beliefs about Cheating

<table>
<thead>
<tr>
<th></th>
<th>Overall mean</th>
<th>American students n = 443</th>
<th>Russian students n = 174</th>
</tr>
</thead>
<tbody>
<tr>
<td>Percentage of students believed to cheat on exams</td>
<td>36.53</td>
<td>24.18</td>
<td>69.59*</td>
</tr>
<tr>
<td>Most students cheat on exams</td>
<td>3.45</td>
<td>2.80</td>
<td>5.12*</td>
</tr>
<tr>
<td>Most students cheat on out-of-class assignments</td>
<td>4.09</td>
<td>3.88</td>
<td>4.64*</td>
</tr>
<tr>
<td>Cheating on one exam is not so bad</td>
<td>2.90</td>
<td>2.34</td>
<td>4.36*</td>
</tr>
<tr>
<td>OK to tell someone in later section about an exam</td>
<td>4.71</td>
<td>4.07</td>
<td>6.36*</td>
</tr>
<tr>
<td>Giving someone your past exams is cheating</td>
<td>2.26</td>
<td>2.02</td>
<td>2.87*</td>
</tr>
<tr>
<td>Using an exam from a prior semester is cheating</td>
<td>2.65</td>
<td>2.23</td>
<td>3.02*</td>
</tr>
<tr>
<td>Instructor must make sure students do not cheat</td>
<td>3.68</td>
<td>3.88</td>
<td>3.18*</td>
</tr>
<tr>
<td>Instructor discussing issues tied to cheating reduces amount of cheating</td>
<td>3.92</td>
<td>4.27</td>
<td>3.01*</td>
</tr>
</tbody>
</table>

Note: The first item in the table is a percentage (e.g., 36.53%). All other items are mean ratings using a seven-point scale, where 1 = Strongly disagree and 7 = Strongly agree.

* t = test of mean differences between nationalities significant at p < 0.000.

All appear to have content validity

Inappropriate statistic?

Internal validity
higher frequencies of cheating than their American counterparts. This raises the question: Do Russian students cheat more often than American students? In fact, we believe these higher self-reported cheating behaviours likely reflect that the Russian students have very different attitudes, beliefs, and definitions regarding cheating when compared to the American students. On the other hand, a few of the questions and the answers given were unequivocal. The Russian students were much more likely to feel it was not so bad to cheat on one exam or tell someone in a later section about an exam. This may indicate that the Russians do not take academic dishonesty as seriously as the Americans and/or are more motivated to cheat. Of course, the interpretation of why the differences exist between the Russian and American students is multidimensional, involving cultural nuances, societal values, teaching and educational philosophies, just to name a few. A true understanding of why these differences exist, however, is beyond the scope of this paper, but certainly worthy of future research endeavours.

Yet, educators hosting foreign students locally and teaching abroad need to understand the nuances and attitudes of different student populations and the association with classroom management. The better understanding we have of if and how international students’ attitudes, perceptions, and tendencies towards academic dishonesty differ among countries, the greater the instructors’ ability to communicate with expatriate students and take actions to prevent cheating. Students from all countries continue to enroll in colleges and universities around the world. Of the 1.5 million students who study abroad, nearly one-third of these (481,280) studied in the USA (Chronicle of Higher Education, 1998). Universities also continue to send faculty abroad to teach around the world. Organizations such as the International Institute of Education (IIE), the Council for International Educational Exchange (CIEE), and the Agency for International Development (AID) encourage global education and resource exchanges abroad (Barron, 1993; Garavalia, 1997). Post-secondary business education has been introduced to the former Soviet Union republics and to East Asia, bringing American faculty and resources to these regions (Fogel, 1994; Kerr, 1996; Kyj, Kyj, & Marshall, 1995; Petkus, 1995). As the student body becomes more international and educators increasingly teach abroad, research of this nature becomes vital for effective classroom management.

Effective classroom management and teaching are influenced by the predominant norms within a country or region. Certainly part of the challenge that emerges for faculty members is to assist students in understanding what is or is not academic misconduct. Especially when teaching abroad or in courses with a large multinational composition, the instructor needs to clearly articulate to the students, orally and in writing, what behaviours are or are not considered academic misconduct. Instructors should educate students on the virtues of not engaging in cheating and the penalties for cheating, with the hope that this will reduce incidents of academic dishonesty. It should be noted, however, that while the American students felt neutral about the likelihood that discussing cheating-related issues might reduce the degree of cheating in the course, the Russian students slightly disagreed. Additionally, the Russian students were more inclined than the American students to feel it was not the responsibility of the instructor to create an environment that reduces the likelihood that cheating could occur (e.g., developing multiple versions of the same examination, cleaning off desktops before examinations, arranging multiple proctors to oversee the test period, not allowing bathroom breaks).

To this end, more research needs to be undertaken in order to fully understand how students view cheating. In particular, a cross-national study that compares data from a variety of diverse countries would greatly illuminate the magnitude of differences that may exist between countries. This research is the first step in highlighting and better understanding these differences.
References


Analysis of the Study

HYPOTHESES
No hypotheses are stated. A nondirectional hypothesis is clearly implied—i.e., there will be differences between the two groups.

SAMPLE
The two groups are convenience (and possibly volunteer) samples from the two nations. Each is described with respect to location, gender, age, and academic class. They consist only of business students, who may not be representative of all college students. Representativeness is further compromised by the unreported number of “unusable” surveys. Sample numbers (443 and 174) are acceptable.

INSTRUMENTATION
The questionnaire consists of yes-no questions (two based on brief scenarios) to measure “tendencies” and seven-point rating scales to assess attitudes and beliefs about cheating, for a total of 29 items, of which 21 are shown in the report. Neither reliability nor validity is discussed. Because the intent was to compare groups on individual items, no summary scores were used. Nevertheless, consistency of response to individual items is essential to meaningful results. Though admittedly difficult, the procedure followed in the Kinsey study (see page 398) of asking the same question with different wording might have been used with, at least, a subsample of students and items. Similarly, a comparison of the questionnaire with interview responses to the same content would have provided some evidence of validity.

The question of validity is confused by the lack of clear definitions. The terms attitude, values, and beliefs, especially, have many different meanings. The term tendencies appears to mean (from the example items) actual cheating in various forms. Some clarity is provided by partial operational definitions in the form of example items. We think a definition of cheating should have been provided to readers and to respondents. Based on the items provided, it appears to be something like “receiving credit for work that is not one’s own.”

DEFINITIONS
Definitions are not provided and would be very helpful (as discussed below under “Instrumentation”) because the terms attitude, values, and beliefs, especially, have many different meanings. The term tendencies appears to mean (from the example items) actual cheating in various forms. Some clarity is provided by partial operational definitions in the form of example items. We think a definition of cheating should have been provided to readers and to respondents. Based on the items provided, it appears to be something like “receiving credit for work that is not one’s own.”

PRIOR RESEARCH
The authors provide extensive citation of evidence and summaries of studies on the extent of college-level cheating and on cross-national comparisons. They give good brief summaries of what they state are the only three directly related studies.
PROCEDURES/INTERNAL VALIDITY

If the study is intended simply to describe differences, internal validity is not an issue. If, however, results are used to imply causation, alternative explanations for nationality-causing cheating must be considered. The authors are to be commended for addressing this problem. They report that “neither expected grade in the course, overall grade-point-average, college class and gender, nor age interacted with country;” thus eliminating these alternative explanations. It appears, however, that this conclusion may be based on a finding of no significant differences using inappropriate statistics as discussed under “Data Analysis” below. The demographic data on gender and academic class indicate substantial differences between groups.

The authors point out that other variables such as teaching philosophy and societal values may provide a better understanding, but these do not weaken the nationality explanation—they clarify it. A variable that might well weaken the nationality explanation is “financial status.” If it is related to cheating and if the Russian and U.S. students differed on this variable, the nationality interpretation may be seriously misleading. Perhaps cheating behaviors and beliefs are both highly influenced by how much money one has.

DATA ANALYSIS

The descriptive statistics are appropriate, but the inferential statistics (t-test and chi square) are not. The samples are not random nor arguably representative of any defined populations. The appropriate basis for assessing differences is direct comparison of percentages and means, perhaps augmented with a calculation of effect size for means (see page 248).

Examination of Table 1 shows that it does not require the incorrect significance tests to show important differences between groups on some items—on the order of 2.9 versus 38.1 percent and 6.3 versus 66.9 percent. On the other hand, the difference between 77.3 and 80.9 percent is trivial, despite the significance level of .01. While the level of difference that is important is arguable, we would attach importance only to differences of at least 15 percent. This is the case with seven of the twelve comparisons.

With respect to Table 2, we can, in the absence of data, obtain a rough estimate of the standard deviation of each distribution of ratings as 1.5 (estimated range = 7-1 = 6; 4 standard deviations = 95 percent of cases [see page 200]; therefore the estimated standard deviation is 6 ÷ 4 = 1.5). Therefore, an effect size of .75 would meet the customary .50 requirement. All but one of the nine comparisons reach this value; three greatly exceed it—they should receive the most attention.

The written results are consistent with Tables 1 and 2 and generally emphasize the larger differences; we disagree only with the attention given to small differences.

DISCUSSION/INTERPRETATION

We agree that the study suggests large and important differences between the Russian and U.S. students regarding cheating. Our only quibble with the discussion of results is with the statement that Russian students were more inclined to feel it was not the instructor’s responsibility to create an environment to reduce cheating—true, but the difference is small.

The authors’ discussion places the study in a broader context and makes sensible recommendations, some of which follow directly from the results and some of which do not—i.e., “instructors should educate students on the virtues of not engaging in cheating.”

The authors should have discussed the serious limitations on generalizing their findings. These include a seriously limited sample and the lack of evidence of questionnaire validity. Their statement that “In fact, we believe these higher self-reported cheating behaviours likely reflect that the Russian students have very different attitudes, beliefs, and definitions regarding cheating when compared to the American students”—a statement of belief—is not sufficient.

Go back to the INTERACTIVE AND APPLIED Learning feature at the beginning of the chapter for a listing of interactive and applied activities. Go to the Online Learning Center at www.mhhe.com/fraenkel8e to take quizzes, practice with key terms, and review chapter content.
MAJOR CHARACTERISTICS OF SURVEY RESEARCH

• Most surveys possess three basic characteristics: (1) the collection of information (2) from a sample (3) by asking questions, in order to describe some aspects of the population of which the sample is a part.

THE PURPOSE OF SURVEY RESEARCH

• The major purpose of all surveys is to describe the characteristics of a population.
• Rarely is the population as a whole studied, however. Instead, a sample is surveyed and a description of the population is inferred from what the sample reveals.

TYPES OF SURVEYS

• There are two major types of surveys: cross-sectional surveys and longitudinal surveys.
• Three longitudinal designs commonly employed in survey research are trend studies, cohort studies, and panel studies.
• In a trend study, different samples from a population whose members change are surveyed at different points in time.
• In a cohort study, different samples from a population whose members do not change are surveyed at different points in time.
• In a panel study, the same sample of individuals is surveyed at different times over the course of the survey.
• Surveys are not suitable for all research topics, especially those that require observation of subjects or the manipulation of variables.

STEPS IN SURVEY RESEARCH

• The focus of study in a survey is called the unit of analysis.
• As in other types of research, the group of persons that is the focus of the study is called the target population.
• There are four basic ways to collect data in a survey: by direct administration of the survey instrument to a group, by mail, by telephone, or by personal interview. Each method has advantages and disadvantages.
• The sample to be surveyed should be selected randomly if possible.
• The most common types of instruments used in survey research are the questionnaire and the interview schedule.

QUESTIONS ASKED IN SURVEY RESEARCH

• The nature of the questions, and the way they are asked, are extremely important in survey research.
• Most surveys use some form of closed-ended question.
• The survey instrument should be pretested with a small sample similar to the potential respondents.
• A contingency question is a question whose answer is contingent upon how a respondent answers a prior question to which the contingency question is related. Well-organized and sequenced contingency questions are particularly important in interview schedules.

THE COVER LETTER

• A cover letter is sent to potential respondents in a mail survey explaining the purpose of the survey questionnaire.
INTERVIEWING

- Both telephone and face-to-face interviewers need to be trained before they administer the survey instrument.
- Both total nonresponse and item nonresponse are major problems in survey research that seem to be increasing in recent years. This is a problem because those who do not respond are very likely to differ from respondents in terms of how they would answer the survey questions.

THREATS TO INTERNAL VALIDITY IN SURVEY RESEARCH

- Threats to the internal validity of survey research include location, instrumentation, instrument decay, and mortality.

DATA ANALYSIS IN SURVEY RESEARCH

- The percentage of the total sample responding for each item on a survey questionnaire should be reported, as well as the percentage of the total sample who chose each alternative for each question.

Key Terms

- census 394
- closed-ended question 399
- cohort study 394
- contingency question 402
- cross-sectional survey 394
- interview schedule 399
- longitudinal survey 394
- open-ended question 400
- panel study 394
- trend study 394
- unit of analysis 395
- nonresponse 405

For Discussion

1. For what kinds of topics might a personal interview be superior to a mail or telephone survey? Give an example.
2. When might a telephone survey be preferable to a mail survey? to a personal interview?
3. Give an example of a question a researcher might use to assess each of the following characteristics of the members of a teacher group:
   a. Their income
   b. Their teaching style
   c. Their biggest worry
   d. Their knowledge of teaching methods
   e. Their opinions about homogeneous grouping of students
4. Which mode of data collection—mail, telephone, or personal interview—would be best for each of the following surveys?
   a. The reasons why some students drop out of college before they graduate
   b. The feelings of high school teachers about special classes for the gifted
   c. The attitudes of people about raising taxes to pay for the construction of new schools
   d. The duties of secondary school superintendents in a midwestern state
   e. The reasons why individuals of differing ethnicity did or did not decide to enter the teaching profession
   f. The opinions of teachers about the idea of minimum competency testing before granting permanent tenure
   g. The opinions of parents of students in a private school about the elimination of certain subjects from the curriculum
5. Some researchers argue that conducting a careful cross-sectional survey of the population of the United States would actually be preferable to doing a census of the population every ten years. What do you think? What might be some arguments for and against this idea?

6. Which do you think would be the hardest type of longitudinal survey to conduct—trend, cohort, or panel? the easiest? Explain your reasoning.

7. Why do you think many people do not respond to survey questionnaires that they receive in the mail?

8. Are there any questions that researchers could not survey people about through the mail? by telephone? personal interview? Explain.

9. When conducting a personal interview, when might it be better to ask a closed-ended rather than an open-ended question? What about the reverse? Suggest some examples.

10. See if you can suggest a question that you believe almost anyone would be sure to answer if asked. Can you think of any they would be sure not to answer? Why?

11. What suggestions can you offer, beyond those given in this chapter, for improving the rate of response in surveys?


12. The development of survey questions is an art in itself. We can only begin to deal with the topic here. For a more detailed discussion, see A. Fink (2009). *How to conduct surveys*, 4th ed. Thousand Oaks, CA: Sage.


15. For a more detailed discussion, see Fowler, op. cit., Chapter 7.

16. Ibid., pp. 109–110.


19. Ibid., p. 66.

20. Ibid., p. 67.
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Part 5 begins our discussion of qualitative research. We devote a separate chapter to the nature of qualitative research and follow it with two chapters on the main techniques that qualitative researchers use to collect and analyze their data. These include observation, interviewing, and content analysis. We provide some examples of published studies in which researchers use these techniques, along with our analysis of the strengths and weaknesses of their investigations.
The Nature of Qualitative Research

OBJECTIVES

Studying this chapter should enable you to:

- Explain what is meant by the term "qualitative research."
- Describe five general characteristics that most qualitative studies have in common.
- Describe briefly the philosophic assumptions underlying qualitative and quantitative research.
- Describe briefly some of the steps involved in qualitative research.
- Describe at least three ways that qualitative research differs from quantitative research.
- Describe briefly at least four different approaches to qualitative research.
- Describe the type of samples that are used in qualitative research, and give some examples of these types.
- Explain how generalizing differs in qualitative and quantitative research.
- Describe briefly how matters of ethics affect qualitative research.
- Suggest some ways that qualitative and quantitative approaches to research might be used together.
questions can provide. A researcher might wish to know more than just “to what extent” or “how well” something is done. He or she might wish to obtain a more complete picture, for example, of what goes on in a particular classroom or school.

Consider the teaching of history in secondary schools. Just how do history teachers teach their subject? What kinds of things do they do as they go about their daily routine? What sorts of things do students do? In what kinds of activities do they engage? What are the explicit and implicit “rules of the game” in history classes that seem to help or hinder the process of learning?

To gain some insight into these concerns, a researcher might try to document or portray the everyday experiences of students (and teachers) in history classrooms. The focus would be on only one classroom (or a small number of them at most). The researcher would observe the classroom on as regular a basis as possible and attempt to describe, as fully and as richly as possible, what he or she sees.

What Is Qualitative Research?

Most of the questions being asked by researchers who use the methodologies discussed in previous chapters involve the extent to which various learnings, attitudes, or ideas exist, or how well or how accurately they are being developed. Thus, possible avenues of research include comparisons between alternative methods of teaching (as in experimental research); examining research among variables (as in correlational relationships); comparing groups of individuals in terms of existing differences on certain variables (as in causal-comparative research); or surveying different groups of educational professionals, such as teachers, administrators, and counselors (as in survey research). These methods are frequently referred to as quantitative research.

As we mentioned in Chapter 1, however, researchers might wish to obtain a more holistic impression of teaching and learning than answers to the above
We believe that educational research increasingly is, and should be, a mixture of quantitative and qualitative approaches, (We’ll discuss this in more detail later in the chapter.) However, to assist you in understanding the many types of research that exist, we list the essential differences between quantitative and qualitative research in Table 18.1.

### General Characteristics of Qualitative Research

Many different types of qualitative methodologies exist, but there are certain general features that characterize most qualitative research studies. Not all qualitative studies will necessarily display all of these characteristics with equal strength. Nevertheless, taken together, they give a good overall picture of what is involved in this type of research. Bogdan and Biklen describe five such features.

1. **“Researching Sensitive Topics: Qualitative Research as Emotion Work.”**

We believe that educational research increasingly is, and should be, a mixture of quantitative and qualitative approaches, (We’ll discuss this in more detail later in the chapter.) However, to assist you in understanding the many types of research that exist, we list the essential differences between quantitative and qualitative research in Table 18.1.

### Table 18.1 Quantitative Versus Qualitative Research

<table>
<thead>
<tr>
<th>Quantitative Methodologies</th>
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<tbody>
<tr>
<td>Preference for precise hypotheses stated at the outset.</td>
<td>Preference for hypotheses that emerge as study develops.</td>
</tr>
<tr>
<td>Preference for precise definitions stated at the outset.</td>
<td>Preference for definitions in context or as study progresses.</td>
</tr>
<tr>
<td>Data reduced to numerical scores.</td>
<td>Preference for narrative description.</td>
</tr>
<tr>
<td>Much attention to assessing and improving reliability of scores obtained from instruments.</td>
<td>Preference for assuming that reliability of inferences is adequate.</td>
</tr>
<tr>
<td>Assessment of validity through a variety of procedures with reliance on statistical indices.</td>
<td>Assessment of validity through cross-checking sources of information (triangulation).</td>
</tr>
<tr>
<td>Preference for random techniques for obtaining meaningful samples.</td>
<td>Preference for expert informant (purposive) samples.</td>
</tr>
<tr>
<td>Preference for precisely describing procedures.</td>
<td>Preference for narrative/literary descriptions of procedures.</td>
</tr>
<tr>
<td>Preference for design or statistical control of extraneous variables.</td>
<td>Preference for logical analysis in controlling or accounting for extraneous variables.</td>
</tr>
<tr>
<td>Preference for specific design control for procedural bias.</td>
<td>Primary reliance on researcher to deal with procedural bias.</td>
</tr>
<tr>
<td>Preference for statistical summary of results.</td>
<td>Preference for narrative summary of results.</td>
</tr>
<tr>
<td>Preference for breaking down complex phenomena into specific parts for analysis.</td>
<td>Preference for holistic description of complex phenomena.</td>
</tr>
<tr>
<td>Willingness to manipulate aspects, situations, or conditions in studying complex phenomena.</td>
<td>Unwillingness to tamper with naturally occurring phenomena.</td>
</tr>
</tbody>
</table>

The above example points to the fact that many researchers are more interested in the *quality* of a particular activity than in how often it occurs or how it would otherwise be evaluated. Research studies that investigate the quality of relationships, activities, situations, or materials are frequently referred to as qualitative research. This type of research differs from the methodologies discussed in earlier chapters in that there is a greater emphasis on holistic description—that is, on describing in detail all of what goes on in a particular activity or situation rather than on comparing the effects of a particular treatment (as in experimental research), say, or on describing the attitudes or behaviors of people (as in survey research).

Some actual examples of the kinds of qualitative studies that have been conducted by educational researchers are as follows:

- “Sources of Middle School Students’ Self-Efficacy in Mathematics.”
- “Shopping Malls: Measuring Interpersonal Distance Under Changing Conditions and Across Cultures.”
- “A Framework for Understanding Teaching with the Internet.”
- “Go Play in Traffic: Skating, Gender, and Urban context.”
Qualitative researchers tend to analyze their data. They spend a considerable amount of time actually being in a school, sitting in on faculty meetings, attending parent-teacher association meetings, observing teachers in their classrooms and in other locales, and in general directly observing and interviewing individuals as they go about their daily routines.

Sometimes they come equipped only with a pad and a pencil to take notes, but often they use sophisticated audio- and videotaping equipment. Even when such equipment is used, however, the data are collected right at the scene and supplemented by the researcher’s observations and insights about what occurred. As Bogdan and Biklen point out, qualitative researchers go to the particular setting of interest because they are concerned with context—they feel that activities can best be understood in the actual settings in which they occur. They also feel that human behavior is vastly influenced by particular settings, and, hence, whenever possible they visit such settings.

2. Qualitative data are collected in the form of words or pictures rather than numbers. The kinds of data collected in qualitative research include interview transcripts, field notes, photographs, audio recordings, videotapes, diaries, personal comments, memos, official records, textbook passages, and anything else that can convey the actual words or actions of people. In their search for understanding, qualitative researchers do not usually attempt to reduce their data to numerical symbols, but rather seek to portray what they have observed and recorded in all of its richness. Hence, they do their best not to ignore anything that might lend insight to a situation. Gestures, jokes, conversational gambits, artwork or other decorations in a room—all are noted by qualitative researchers. To a qualitative researcher, no data are trivial or unworthy of notice.

3. Qualitative researchers are concerned with process as well as product. Qualitative researchers are especially interested in how things occur. Hence, they are likely to observe how people interact with each other; how certain kinds of questions are answered; the meanings that people give to certain words and actions; how people’s attitudes are translated into actions; how students seem to be affected by a teacher’s manner, gestures, or comments; and the like.

4. Qualitative researchers tend to analyze their data inductively. Qualitative researchers do not, usually, formulate a hypothesis beforehand and then seek to test it out. Rather, they tend to “play it as it goes.” They spend a considerable amount of time collecting their data (again, primarily through observing and interviewing) before they decide what are the important questions to consider. As Bogdan and Biklen suggest, qualitative researchers are not putting together a puzzle whose picture they already know. They are constructing a picture that takes shape as they collect and examine the parts.

5. How people make sense out of their lives is a major concern to qualitative researchers. A special interest of qualitative researchers lies in the perspectives of the subjects of a study. Qualitative researchers want to know what the participants in a study are thinking and why they think what they do. Assumptions, motives, reasons, goals, and values—all are of interest and likely to be the focus of the researcher’s questions. It also is common for a researcher to show a completed videotape or the contents of his or her notes to a participant to check on the accuracy of the researcher’s interpretations. In other words, the researcher does his or her best to capture the thinking of the participants from the participants’ perspective (as opposed to the researcher merely reporting what he or she thinks) as accurately as possible.

Table 18.2 presents a summary of the main characteristics of qualitative research.

### Philosophical Assumptions Underlying Qualitative Research as Opposed to Quantitative Research

Differences between quantitative and qualitative researchers are often discussed in terms of differing paradigms, or worldviews—that is, differences in the basic set of beliefs or assumptions that guide the way they approach their investigations. These assumptions are related to the views they hold concerning the nature of reality, the relationship of the researcher to that which he or she is studying, the role of values in a study, and the process of research itself. Qualitative researchers posit that one’s worldview influences the theoretical framework, or “theoretical approach,” that is used to structure a research study.

The quantitative approach is associated with the philosophy of positivism, which emerged in the nineteenth century. Perhaps the person most responsible for the
development and spread of this philosophy was Auguste Comte (1798–1857). In 1824 he wrote, “I believe that I shall succeed in having it recognized . . . that there are laws as well-defined for the development of the human species as for the fall of a stone.” Comte argued that the “positive” stage of human knowledge is reached when people begin to rely on empirical data, reason, and the development of scientific laws to explain phenomena. The scientific method, positivists believe, is the surest way to produce effective knowledge.

Although positivism has changed somewhat over the years, a basic premise is that there exists a reality “out there,” independent of us, waiting to be discovered, that is driven by stable natural laws. The task of science is to discover the nature of this reality and how it works. A related emphasis is on breaking complex phenomena down into manageable pieces for study and eventual reassembly into the whole. The researcher’s role is that of a “disinterested scientist,” standing apart from that which is being studied, with his or her biases and values excluded through experimental design and control.

Challenges to the philosophy of positivism have come from many directions and continue to be debated. In general, qualitative researchers are sympathetic to the issues raised by critical researchers that we described in Chapter 1, and they present their methods as an alternative to the quantitative approach. Many of them advocate a more “artistic,” as opposed to a “scientific,” approach to research. Further, their goals are often different; this is illustrated by the preference of some for fostering multiple interpretations of events, depending on how they are perceived by the individuals involved. This complicated

<table>
<thead>
<tr>
<th>TABLE 18.2</th>
<th>Major Characteristics of Qualitative Research</th>
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</thead>
<tbody>
<tr>
<td>1. Naturalistic inquiry</td>
<td>Studying real-world situations as they unfold naturally; nonmanipulative, unobtrusive, and noncontrolling; openness to whatever emerges—lack of predetermined constraints on outcomes.</td>
</tr>
<tr>
<td>2. Inductive analysis</td>
<td>Immersion in the details and specifics of the data to discover important categories, dimensions, and interrelationships; begin by exploring genuinely open questions rather than testing theoretically derived (deductive) hypotheses.</td>
</tr>
<tr>
<td>3. Holistic perspective</td>
<td>The whole phenomenon under study is understood as a complex system that is more than the sum of its parts; focus is on complex interdependencies not meaningfully reduced to a few discrete variables and linear, cause-effect relationships.</td>
</tr>
<tr>
<td>4. Qualitative data</td>
<td>Detailed, thick description; inquiry in depth; direct quotations capturing people’s personal perspectives and experiences.</td>
</tr>
<tr>
<td>5. Personal contact and insight</td>
<td>The researcher has direct contact with and gets close to the people, situation, and phenomenon under study; researcher’s personal experiences and insights are an important part of the inquiry and critical to understanding the phenomenon.</td>
</tr>
<tr>
<td>6. Dynamic systems</td>
<td>Attention to process; assumes change is constant and ongoing whether the focus is on an individual or an entire culture.</td>
</tr>
<tr>
<td>7. Unique case orientation</td>
<td>Assumes each case is special and unique; the first level of inquiry is being true to, respecting, and capturing the details of the individual cases being studied; cross-case analysis follows from and depends on the quality of individual case studies.</td>
</tr>
<tr>
<td>8. Context sensitivity</td>
<td>Places findings in a social, historical, and temporal context; dubious of the possibility or meaningfulness of generalizations across time and space.</td>
</tr>
<tr>
<td>9. Empathic neutrality</td>
<td>Complete objectivity is impossible; pure subjectivity undermines credibility; the researcher’s passion is understanding the world in all its complexity—not proving something, not advocating, not advancing personal agendas, but understanding; the researcher includes personal experience and empathic insight as part of the relevant data, while taking a neutral nonjudgmental stance toward whatever content may emerge.</td>
</tr>
<tr>
<td>10. Design flexibility</td>
<td>Open to adapting inquiry as understanding deepens and/or situations change; avoids getting locked into rigid designs that eliminate responsiveness; pursues new paths of discovery as they emerge.</td>
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</tbody>
</table>


Postmodernism

Recently, a number of scholars have begun to question whether research (and educational research in particular) can really contribute to an understanding of human behavior. These scholars, usually referred to as postmodernists, criticize the relevance of mainstream research as we have described it in many of the chapters in this text. They present an even more intensive critique of such research, in fact, than do the critical researchers we described in Chapter 1.

Postmodernists offer a number of criticisms of traditional research, but perhaps the most common are these: First, they deny the existence of underlying structures (e.g., meaning, laws) in the domain of social behavior. Foucault, in fact, argues that all knowledge and truth are products of history, power, and social interests and, hence, cannot be “discovered,” as positivists, for example, believe. Second, they argue that all naturally occurring (i.e., nonmathematical) languages are inevitably made up of ambiguous terms that change over time and that, therefore, all statements that use these languages cannot be verified. Postmodernism has had an impact on all intellectual disciplines, including an increasing discussion of its implications for educational research.

What do you think? Can “truth” be verified? Or is it “a product of history, power, and social interests” as postmodernists claim?

Steps in Qualitative Research

The steps involved in conducting a qualitative research study are not as distinct as they are in quantitative research; they often overlap and are sometimes even conducted concurrently. Every qualitative study has a distinct starting and ending point, however. It begins when the researcher identifies the phenomenon he or she wishes to study, and it ends when the researcher draws his or her final conclusions.

Although the steps involved in qualitative research are not as distinct as they are in quantitative studies (they aren’t even necessarily sequential), several steps can be identified. Let us describe them briefly.

1. Identification of the phenomenon to be studied. Before any study can begin, the researcher must identify the particular phenomenon he or she is interested in investigating. Suppose, for example, a researcher wishes to conduct a study to investigate the interaction between minority and nonminority students in

<table>
<thead>
<tr>
<th>Assumptions of Quantitative Researchers</th>
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</tr>
</thead>
<tbody>
<tr>
<td>There exists a reality “out there,” independent of us, waiting to be known. The task of science is to discover the nature of reality and how it works.</td>
<td>The individuals involved in the research situation construct reality; thus, realities exist in the form of multiple mental constructions.</td>
</tr>
<tr>
<td>Research investigations can potentially result in accurate statements about the way the world really is.</td>
<td>Research investigations produce alternative visions of what the world is like.</td>
</tr>
<tr>
<td>It is possible for the researcher to remove himself or herself—to stand apart—from that which is being researched.</td>
<td>It is impossible for the researcher to stand apart from the individuals he or she is studying.</td>
</tr>
<tr>
<td>Facts stand independent of the knower and can be known in an undistorted way.</td>
<td>Values are an integral part of the research process.</td>
</tr>
<tr>
<td>Facts and values are distinct from one another.</td>
<td>Facts and values are inextricably intertwined.</td>
</tr>
<tr>
<td>The proper design of research investigations will lead to accurate conclusions about the nature of the world.</td>
<td>The initial ambiguity that occurs in a study is desirable.</td>
</tr>
<tr>
<td>The purpose of educational research is to explain and be able to predict relationships. The ultimate goal is the development of laws that make prediction possible.</td>
<td>The purpose of educational research is an understanding of what things mean to others. Highly generalizable “laws,” as such, can never be found.</td>
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</table>
an inner-city high school. The phenomenon of interest here is student interaction, specifically in an inner-city school. Admittedly, this is a rather general topic, but it does provide a starting point from which the researcher can proceed. Stated as a research question, the researcher might ask: “To what extent and in what ways do minority and nonminority students in an inner-city high school interact?”

Such a question suggests what are known as foreshadowed problems. All qualitative studies begin with such problems—i.e., they are akin to the overall statement of the problem that we discussed in Chapter 2. They give the researcher something to look for. For example, as the investigation of the question mentioned above proceeds, it may become evident that extracurricular as well as in-school activities need to be looked at, so the kinds of participation by students in such activities would be observed and analyzed. Foreshadowed problems are often reformulated several times during the course of a qualitative study.

2. Identification of the participants in the study. The participants in the study constitute the sample of individuals who will be observed (interviewed, etc.)—in other words, the subjects of the study. In almost all qualitative research, the sample is a purposive sample (see Chapter 6). Random sampling ordinarily is not feasible, since the researcher wants to ensure that he or she obtains a sample that is uniquely suited to the intent of the study. In the current example, inner-city high school students are the subjects of interest, but not just any group of such students will do. They must be found in a particular inner-city high school or schools.

3. Generation of hypotheses. Hypotheses are not usually stated at the beginning of a study as they are in most quantitative studies. The distinctive characteristic of hypotheses in qualitative research is that they are typically formulated after the researcher has begun the study; they are grounded in the data and are developed and tested in interaction with them, rather than being prior ideas that are simply tested against the data. It is true that many qualitative researchers explicitly state some of their ideas before they begin a study, but these are usually called ‘propositions’ rather than hypotheses. Propositions differ from hypotheses in that they are flexible, discardable, and replaceable tools intended to help guide qualitative data collection and analysis. Qualitative researchers do not state propositions with the goal of proving or disproving them; rather, propositions are intended to help narrow the myriad foci

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CHAPTER 18  The Nature of Qualitative Research

that qualitative researchers often face when conducting exploratory research. In the current example, a researcher might explore the proposition that interaction in an inner-city high school between minority and nonminority students, outside of daily class sessions, would be minimal. But as he or she observes the daily goings-on in the school, the researcher may reformulate the proposition to state that interaction between minority and nonminority students may actually occur quite frequently. This hypothesis, in effect, has “emerged” from the data.

4. Data collection. There is no “treatment” in a qualitative study, nor is there any “manipulation” of subjects. The participants in a qualitative study are not divided into groups, with one group being exposed to a treatment of some sort and the effects of this treatment then measured in some way. Data are not collected at the “end” of the study. Rather, the collection of data in a qualitative research study is ongoing. The researcher is continually observing people, events, and occurrences, often supplementing his or her observations with in-depth interviews of selected participants and the examination of various documents and records relevant to the phenomenon of interest.

5. Data analysis. Analyzing the data in a qualitative study essentially involves analyzing, synthesizing, and reducing the information the researcher obtains from various sources (e.g., observations, interviews, documents) into a coherent description of what he or she has observed or otherwise discovered. Hypotheses are not usually tested by means of inferential statistical procedures, as is the case with experimental or associational research, although some statistics, such as percentages, may be calculated if it appears they can illuminate specific details about the phenomenon under investigation. Data analysis in qualitative research, however, relies heavily on description; even when certain statistics are calculated, they tend to be used in a descriptive rather than an inferential sense (Figure 18.1). We shall discuss the collection and analysis of data in qualitative research in some detail in Chapter 19.

6. Interpretations and conclusions. In qualitative research, interpretations are made continuously throughout the course of a study. Whereas quantitative researchers usually leave the drawing of conclusions to the very end of their research, qualitative researchers tend to formulate their interpretations as they go along. As a result, one finds the researcher’s conclusions in a qualitative study more or less integrated with other steps in the research process. A qualitative researcher who is observing the ongoing activities of an inner-city classroom, for example, is likely to write up not only what he or she sees each day but also his or her interpretations of those observations.

Figure 18.1  How Qualitative and Quantitative Researchers See the World
Approaches to Qualitative Research

One finds a number of approaches to qualitative research. Creswell, for example, has identified five, including narrative research, phenomenology, grounded theory, case studies, and ethnography. Although these five by no means exhaust the variety of approaches that exist, we include them here because: (1) they are frequently seen “in the social, behavioral, and health sciences literature”; and (2) they have “systematic procedures for inquiry.” To this list of approaches, we would add historical research. Although it is possible to find two or more variations or combinations of these approaches within a single study, we separate and describe them here as “pure” approaches to research design in order to simplify understanding. Let us present a brief description of each.

NARRATIVE RESEARCH

Narrative research is the study of the life experiences of an individual as told to the researcher or found in documents and archival material. An important aspect of some narrative research is that the participant recalls one or more special events (an “epiphany”) in his or her life. The researcher in narrative research describes, in some detail, the setting or context within which the epiphany occurred. Lastly, the researcher is actively present during the study and openly acknowledges that his or her report is an interpretation of the participant’s experiences.

Different forms of narrative research exist. “A biographical study is a form of narrative study in which the researcher writes and records the experiences of another person’s life. Autobiography is written and recorded by the individuals who are the subject of the study (Ellis, 2004). A life history portrays an individual’s entire life, while a personal experience story is a narrative study of an individual’s personal experiences found in single or multiple episodes, private situations, or communal folklore (Denzin, 1989a). An oral history consists of gathering personal reflections of events and their causes and effects from one individual or several individuals (Plummer, 1983).”

Narrative research is not easy to do, for a number of reasons:

1. The researcher must collect an extensive amount of information about his or her participant.
2. The researcher must have a clear understanding of the historical period within which the participant lived in order to position the participant accurately within that period.
3. The researcher needs a “sharp eye” to uncover the various aspects of the participant’s life.
4. The researcher needs to be reflective about his or her own personal and political background, which may shape how the participant’s story is told and understood.

In sum, then, the authors of narrative research focus on a single individual, often describe special or important events in the individual’s life, place the individual within a historical context, and try to place themselves in the research by acknowledging that the research is their interpretation of the participant’s life.

PHENOMENOLOGY

A researcher undertaking a phenomenological study investigates various reactions to, or perceptions of, a particular phenomenon (e.g., the experience of teachers in an inner-city high school). The researcher hopes to gain some insight into the world of his or her participants and to describe their perceptions and reactions (e.g., what it is like to teach in an inner-city high school). Data are usually collected through in-depth interviewing. The researcher then attempts to identify and describe aspects of each individual’s perceptions and reactions to his or her experience in some detail.

Phenomenologists generally assume that there is some commonality to how human beings perceive and interpret similar experiences; they seek to identify, understand, and describe these commonalities. This commonality of perception is referred to as the essence—the essential characteristic(s)—of the experience. It is the essential structure of a phenomenon that researchers want to identify and describe. They do so by studying multiple perceptions of the phenomenon as experienced by different people, and by then trying to determine what is common to these perceptions and reactions. This searching for the essence of an experience is the cornerstone—the defining characteristic—of phenomenological research.

Here are some examples of the kinds of topics that might serve as the focus for a phenomenological study. Researchers might explore the experiences of:

- African-American students in a predominantly white high school
In sum, then, researchers who conduct phenomenological studies search for the “essential structure” of a single phenomenon by interviewing, in depth, a number of individuals who have experienced the phenomenon. The researcher extracts what he or she considers to be relevant statements from each participant’s description of the phenomenon and then clusters these statements into themes. He or she then integrates these themes into a narrative description of the phenomenon.

**GROUNDED THEORY**

In a grounded theory study, the researchers intend to generate a theory that is “grounded” in data from participants who have experienced the process (Strauss & Corbin, 1998). Grounded theories are not generated before a study begins, but are formed inductively from the data that are collected during the study itself. In other words, researchers start with the data they have collected and then develop generalizations after they demonstrate in *The Good High School*, but rather, whether the method can be considered “scientific,” as its proponents argue. Portraitists cannot, of course, claim generalization beyond the subject(s) portrayed; they can adopt the position only that generalization is left to the reader.

Like all biographers, portraitists can claim only that other researchers would arrive at essentially the same descriptions and conclusions as they have. The nature of the interaction between the portraitist and the individual being portrayed makes triangulation virtually impossible—there is no other source for the portraitist to check his or her descriptions with. English has argued that the “objective of portraiture to capture the ‘essence’ of the subject is implicitly a quest for a stable truth which, in turn, requires the portraitist to become omniscient.” He argues, further, that “the claim that the reader of portraiture can construct his or her own interpretations from ‘thick description’ ignores the complete dependence of the reader on a finished product from which there can be no independent access to information and alternative explanations” of that which has been described by the portraitist. What do you think? Is portraiture science?

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Researchers doing a grounded theory study use what is called the constant comparative method. There is a continual interplay between the researcher, his or her data, and the theory that is being developed. Potential categories for grouping items of data are created, tried out, and discarded until a “fit” between theory and data is achieved. Lancy describes the process as follows:

In a study of parental influence on children’s reading of storybooks, Kelly Draper and I videotaped 32 parent-child pairs as they read to each other. We had few if any preconceptions about what we would find, only that we hoped that distinct patterns would emerge and that these would be associated with the children’s evident ease/difficulty in learning to read. I spent literally dozens of hours viewing these videotapes, developing, using, and casting aside various categories until I found two clusters of characteristics which I called “reductionist” and “expansionist” that accounted for a large portion of the variation among parents’ reading/listening styles. I was, of course, guided in my search for appropriate categories by my [experience] with the setting and by the transcripts of our interview with each parent.19

The data in a grounded theory study are collected primarily through one-on-one interviews, focus group interviews, and participant observation by the researcher(s). But it is an ongoing process. Data are collected and analyzed; a theory is suggested; more data are collected; the theory is revised; then more data are collected; the theory is further developed, clarified, revised; and the process continues.

Let us consider a hypothetical example of a grounded research study. Suppose that a researcher is interested in how principals try to maintain and enhance morale among the teachers in their schools. He or she might conduct a series of in-depth interviews with a number of principals in a few large urban high schools. Suppose the researcher finds that these principals utilize a variety of strategies to keep morale high, including having frequent one-on-one “praise sessions” to reward good teaching, acknowledging the efforts of teachers through written and oral commendations at faculty meetings, writing supportive letters and placing them in the teachers’ personnel files, providing extra resources, replacing unnecessary meetings with routine information in writing, advising faculty of policy changes in advance and asking for their input and approval beforehand, and so forth.

In addition, the researcher not only observes how the principals interact with their faculties and listen to what they have to say, but also interviews some of their teachers and continually examines and thinks about the data he or she has collected through the interviews and observations. Gradually, the researcher develops a theory about what effective principals do to maintain and enhance morale among their teachers. The theory is then modified over time as the researcher observes and interviews even more principals and teachers. The point to stress here, however, is that the researcher does not go in with a theory ahead of time; rather he or she develops a theory out of the data that are collected—that is, one that is grounded in the data. This approach is obviously highly dependent on the insight of the individual researcher.

CASE STUDIES

The study of “cases” has been around for some time. Students in medicine, law, business, and the social sciences often study cases as part of their training. What case study researchers have in common is that they call the objects of their research cases, and they focus their research on the study of such cases. The case studies of Piaget and Vigotsky, for example, have contributed much to our understanding of cognitive and moral development.20

What is a case? A case comprises just one individual, classroom, school, or program. Typical cases are a student who has trouble learning to read, a social studies classroom, a private school, or a national curriculum project. For some researchers, a case is not just an individual or situation that can easily be identified (e.g., a particular individual, classroom, organization, or project); it may be an event (e.g., a campus celebration), an activity (e.g., learning to use a computer), or an ongoing process (e.g., student teaching).

Sometimes much can be learned from studying just one individual, one classroom, one school, or one school district. For example, there are some students who learn a second language rather easily. In hopes of gaining insight into why this is the case, one such student could be observed on a regular basis to see if there are any noticeable patterns or regularities in the student’s behavior. The student, as well as his or her teachers, counselors, parents, and friends, might also be interviewed in depth. A similar series of observations (and interviews)
might be conducted with a student who finds learning another language very difficult. As much information as possible (study style, attitudes toward the language, approach to the subject, behavior in class, and so on) would be collected. The hope here is that through the study of a somewhat unique individual, insights can be gained that will suggest ways to help other language students in the future.

Similarly, a detailed study might be made of a single school. There might be a particular elementary school in a given school district, for example, that is noteworthy for its success with at-risk students. The researcher might visit the school on a regular basis, observing what goes on in classrooms, during recess periods, in the hallways and lunchroom, during faculty meetings, and so on. Faculty members, administrators, support staff, and counselors could be interviewed. Again, as much information as possible (such as teaching strategies, administrative style, school activities, parental involvement, attitudes of faculty and staff toward students, classroom and other activities) would be collected. Here too, the hope would be that through the study of a single, rather unique case (in this instance not an individual but a school), valuable insights would be gained.

Stake has identified three types of case studies. In an intrinsic case study, the researcher is primarily interested in understanding a specific individual or situation. He or she describes, in detail, the particulars of the case in order to shed some light on what is going on. Thus, a researcher might study a particular student in order to find out why that student is having trouble learning to read. Another researcher might want to understand how a school’s student council operates. A third might wish to determine how effectively (or whether) an after-school detention program is working. All three of these examples involve the study of a single case. The researcher’s goal in each instance is to understand the case in all its parts, including its inner workings. Intrinsic case studies are often used in exploratory research when researchers seek to learn about some little-known phenomenon by studying it in depth.

In an instrumental case study, on the other hand, a researcher is interested in understanding something more than just a particular case; the researcher is interested in studying the particular case only as a means to some larger goal. A researcher might study how Mrs. Brown teaches phonics, for example, in order to learn something about phonics as a method or about the teaching of reading in general. The researcher’s goal in such studies is more global and less focused on the particular individual, event, program, or school being studied. Researchers who conduct such studies are more interested in drawing conclusions that apply beyond a particular case than they are in conclusions that apply to just one specific case.

Third, there is the multiple- (or collective) case study in which a researcher studies multiple cases at the same time as part of one overall study. For example, a researcher might choose several cases to study because he or she is interested in the effects of mainstreaming children with disabilities into regular classrooms. Instead of studying the results of such mainstreaming in just a single classroom, the researcher studies its impact in a number of different classrooms.

Which is to be preferred, multiple- or single-case designs? Multiple-case designs have both advantages and disadvantages when compared to single-case designs. The results of multiple-case studies are often considered more compelling, and they are more likely to lend themselves to valid generalization. On the other hand, certain types of cases (the rare case, the critical case for testing a theory, or the case that permits a researcher to observe a phenomenon previously inaccessible to scientific study) require single-case research. Furthermore, multiple-case studies often require extensive resources and time. Any decision to undertake multiple-case studies, therefore, cannot be taken lightly. Yin argues that researchers who do undertake multiple-case studies, therefore, should employ what he calls “replication logic.” Here is his rationale:

Thus, if one has access to only three cases of a rare, clinical syndrome in . . . medical science, the appropriate research design is one in which the same results are predicted for each of the three cases, thereby producing evidence that the three cases did indeed involve the same syndrome. If similar results are obtained from all three cases, replication (of results) is said to have taken place.

**ETHNOGRAPHIC AND HISTORICAL RESEARCH**

With regard to the remaining two approaches to qualitative research, we shall not describe them here because each is discussed in detail in later chapters. We selected these two to discuss in greater depth because they represent distinctly different approaches. Ethnographic research focuses on the study of culture. Historical research concentrates exclusively on the past. We will discuss them in Chapters 21 and 22.
SAMPLING IN QUALITATIVE RESEARCH

Researchers who engage in some form of qualitative research are likely to select a purposive sample (see Chapter 6)—that is, they select a sample they feel will yield the best understanding of what they are studying. At least nine types of purposive sampling have been identified. These include:

• a typical sample, one that is considered or judged to be typical or representative of that which is being studied (e.g., a class of elementary school pupils selected because they are judged to be typical third-graders).
• a critical sample, one that is considered to be particularly enlightening because it is so unusual or exceptional (e.g., individuals who have attained high achievement despite some serious physical limitations).
• a homogeneous sample, one in which all of the members possess a certain trait or characteristic (e.g., a group of high school students all judged to possess exceptional artistic talent).
• an extreme case sample, one in which all of the members are outliers who do not fit the general pattern or who otherwise display extreme characteristics (e.g., students achieve high grades despite low scores on ability tests and poor home environments).
• a theoretical sample, one that helps the researcher to understand a concept or theory (e.g., selecting a group of tribal elders to assess the relevance of Piagetian theory to the education of Native Americans).
• an opportunistic sample, one chosen during a study to take advantage of new conditions or circumstances that have arisen (e.g., eyewitnesses to a fracas at a high school football game).
• a confirming sample, one that is obtained to validate or disconfirm preliminary findings (e.g., follow-up interviews with students in order to verify reasons some students drop out).
• a maximal variation sample, one selected to represent a diversity of perspectives or characteristics (e.g., a group of students who possess a wide variety of attitudes toward recent school policies).
• a snowball sample, one selected as need arises during the conduct of a study (e.g., during the interviewing of a group of principals, they recommend others who also should be interviewed because they are particularly knowledgeable about the subject of the research).

Qualitative Data Analysis

Data analysis in qualitative research is an iterative and continuously comparative process that involves reducing and retrieving large amounts of written (and sometimes pictorial) information. Qualitative data are usually obtained from interviews, observations, and focus groups. The technique that qualitative researchers most often use to analyze their data is called coding (see Chapter 7 and later discussion in Chapter 20). Strauss and Corbin (1998) define coding in qualitative studies “as the analytic process through which data are fractured, conceptualized and integrated to form theory.”

In general, codes are tags or labels for assigning meaning to chunks of data. When coding a sentence or paragraph, the coder tries to capture succinctly the major idea brought out by the sentence or paragraph. Qualitative codes can be descriptive or interpretive and are usually generated a priori (selective coding) or emerge inductively (open coding) from data. Codes and subcodes are often refined iteratively by qualitative researchers as they strive to make sense of their data through categorization, thematic analysis, and in some cases advanced theory building.

Generalization in Qualitative Research

A generalization is usually thought of as a statement or claim of some sort that applies to more than one individual, group, object, or situation. Thus, when a researcher makes a statement, based on a review of the literature, that there is a negative correlation between age and amount of interest in school (older children are less interested in school than younger children), he or she is making a generalization.

The value of a generalization is that it allows us to have expectations (and sometimes to make predictions) about the future. Although a generalization might not be true in every case (e.g., some older children may be more interested in school than some younger children), it describes, more often than not, what we would expect to find. Almost all researchers hope that useful generalizations can be derived from their research. A limitation of qualitative research is that there is seldom methodological justification.
for generalizing the findings of a particular study. While this limitation also applies to many quantitative studies, it is almost inevitable given the nature of qualitative research. Because of this, replication of qualitative studies is even more important than it is in quantitative research.

Eisner points out that not only ideas but also skills and images can be generalized. We generalize a skill when we apply it in a situation different from the one in which we learned the skill. Images also generalize. As Eisner points out, it is this fact—that images generalize—that leads a qualitative researcher to look for certain characteristics in a classroom, certain ways of teaching, that he or she can apply elsewhere. Once a researcher has an image of “excellence” in teaching, for example, he or she can apply this image to a variety of situations. “For qualitative research, this means that the creation of an image—a vivid portrait of excellent teaching, for example—can become a prototype that can be used in the education of teachers or for the appraisal of teaching.”

In Eisner’s words:

Direct contact with the qualitative world is one of our most important sources of generalization. But . . . we do not need to learn everything first-hand. We listen to storytellers and learn about how things were, and we use what we have been told to make decisions about what will be. We see photos and learn what to expect on our forthcoming trip to Spain. We see the play On the Waterfront and learn something about corruption in the shipping industry and, more important, about the conflicts and tensions between two brothers. We see the film One Flew over the Cuckoo’s Nest and understand a bit more about how people survive in an institution that is hell-bent on their domestication . . . .

Attention to the particular, to the case, is descriptive not only of the case, but of other cases like it. When Sara Lawrence-Lightfoot writes about the Brookline High School or the George Washington Carver High School or the John F. Kennedy High School, she tells us more than just what those particular schools are like; we learn something about what makes a good high school. Do all high schools have to be good in the same way? No. Can some high schools share some of their characteristics? Yes. Can we learn from Lawrence-Lightfoot what to look for? Certainly.

There is little question, we think, that generalization is possible in qualitative research. But it is a type of generalization that differs from what is found in much quantitative research. In many experimental and quasi-experimental studies, the researcher generalizes from the sample under investigation to the population of interest (see Chapter 6). Note that it is the researcher who does the generalizing. He or she is likely to suggest to practitioners that the findings are of value and can (sometimes they say should) be applied in their situations.

In qualitative studies, on the other hand, the researcher may also generalize, but it is much more likely that any generalizing to be done will be carried out by interested practitioners—by individuals who are in situations similar to the one(s) investigated by the researcher. It is the practitioner, rather than the researcher, who judges the applicability of the researcher’s findings and conclusions, who determines whether the researcher’s findings fit his or her situation. Eisner makes this clear:

The researcher might say something like this: “This is what I did and this is what I think it means. Does it have any bearing on your situation? If it does and if your situation is troublesome or problematic, how did it get that way and what can be done to improve it?”

It is worth noting that not all qualitative researchers look at generalizing in the same way. Some are concerned less “with the question of whether their findings are generalizable, but rather with the question of to which other settings and subjects they are generalizable.” Bogdan and Biklen give an example:

In the study of an intensive care unit at a teaching hospital, we studied the ways professional staff and parents communicate about the condition of the children. As we concentrated on the interchanges, we noticed that the professional staff not only diagnosed the infants but sized up the parents as well. These parental evaluations formed the basis for judgments the professionals made about what to say to parents and how to say it. Reflecting about parent-teacher conferences in public schools and other situations where professionals have information about children to which parents might want access, we began to see parallels. . . . One tack we are presently exploring is the extent to which the findings of the intensive care unit are generalizable not to other settings of the same substantive type, but to other settings, such as schools, in which professionals talk to parents.

Qualitative investigators, then, are less definitive, less certain about the conclusions they draw from their research. They tend to view them as ideas to be shared, discussed, and investigated further. Modification in
different circumstances and under different conditions will almost always be necessary. These issues are often referred to as transferability, defined by Morrow as achieved when “the researcher provides sufficient information about self (the researcher as instrument) and the research context, participants, and the researcher-participant relationship to enable the reader to decide how the findings may transfer.”

Internal Validity in Qualitative Research

To the extent that a qualitative study does not attempt to explore relationships, internal validity is, strictly speaking, not as important as it is in quantitative research. However, because qualitative research is so dependent on the researcher in both collecting and interpreting information, an important consideration, even in purely descriptive studies, is researcher bias. Further, qualitative studies frequently do contain interpretations involving relationships. Examples of this occur in the studies evaluated in Chapters 19 to 24. When this is the case, attention should be given to assessing and, where possible, controlling each of the threats discussed in Chapter 9. Though more difficult in qualitative research, it is sometimes possible, as discussed in the Chapter 20 study critique, to control particular threats. The exception is historical research, wherein control is, we think, virtually impossible.

Ethics and Qualitative Research

Ethical concerns affect qualitative research just as much as they do any of the other kinds of research that we have considered in this book. Nevertheless, a few points bear repeating because of their importance.

First, unless otherwise agreed to, the identities of all who participate in a qualitative study should always be protected; care should be taken to ensure that none of the information collected would embarrass or harm them. If confidentiality cannot be maintained, participants must be so informed and given the opportunity to withdraw from the study.

Second, participants should always be treated with respect. It is especially important in qualitative studies to seek the cooperation of all subjects in the research endeavor. Usually, subjects should be told of the researcher’s interests and should give their permission to proceed. Researchers should never lie to subjects nor record any conversations using a hidden recording device or other mechanical apparatus.

Third, researchers should do their best to ensure that no physical or psychological harm will come to anyone who participates in the study. This seems rather obvious, perhaps, but researchers sometimes are placed in a difficult position because they find, inadvertently, that subjects are being harmed. Consider the following example. In certain studies in state institutions for the mentally disabled, researchers have witnessed the physical abuse of residents. What is their ethical responsibility in such cases? Here is what two researchers who observed such abuse first-hand had to say:

In the case of physical abuse, the solution may seem obvious at first: Researcher or not, you should intervene to stop the beatings. In some states, it is illegal not to report abuse. That was our immediate disposition. But, through our research, we came to understand that abuse was a pervasive activity in most such institutions nationally, not only part of this particular setting. Was blowing the whistle on one act a responsible way to address this problem or was it a way of getting the matter off our chests? Intervention may get you kicked out. Might not continuing the research, publishing the results, writing reports exposing national abuse, and providing research for witnesses in court (or being an expert witness) do more to change the conditions than the single act of intervention? Was such thinking a copout, an excuse not to get involved?

What do you think?

As the above excerpt reveals, ethical concerns are difficult ones indeed. Two other points deserve mention. Many researchers are concerned that subjects do not get very much in return from participating in a research investigation. After all, the studies that researchers do often lead to the advancement of their careers. They help professors get promoted. Study results are frequently reported in books that bring their authors royalty checks. Researchers get to talk about what they have learned; their work, when well done, helps them gain the respect of their colleagues. But what do subjects get? Participants often (perhaps
usually) do not have a chance to reciprocate and/or tell what their lives are like. As a result, subjects sometimes get misrepresented or even demeaned. Accordingly, some researchers have tried to design studies in which researcher and participants are more like partners in an investigation where the subjects definitely have a say.

Furthermore, there is another ethical concern, somewhat related to the above, that must be addressed. This occurs when there is the possibility that certain research findings, in the hands of the powerful, may lead to actions that could actually hurt subjects (or people in similar circumstances) and/or lead to public policies or public attitudes that are actually harmful to certain groups. What a researcher might see as “a sympathetic portrayal of people living in a housing project might be read by others as proving prejudices about poor people being irresponsible and prone to violence.” The ethical point to stress here, then, is this: While researchers can never be sure how their findings will be received, they must always be sure to think carefully about the implications of their work, who the results of this work may affect, and how.

We offer, then, a number of specific questions that we think all researchers, no matter what kind of research they prefer, should think about before, during, and after the completion of any study they undertake:

- Is the study being contemplated worth doing?
- Do the researchers have the necessary expertise to carry out a study of good quality?
- Have the participants in the study been given full information about what the study will involve?
- Have the participants willingly given their consent to participate?
- Who will gain from this research?
- Is there a balance between gains and costs for both researchers and participants?
- Who, if anyone, might be harmed (physically or psychologically) in this study, and to what degree? What is to be done should harmful, illegal, or wrongful behavior be witnessed?
- Will the participants in the study be deceived in any way?
- Will confidentiality be assured?
- Who owns the data that will be collected and analyzed in this study?
- How will the results of the study be used? Is there any possibility for misuse? If so, how?

Qualitative and Quantitative Research Reconsidered

Can qualitative and quantitative approaches be used together? Of course. And often they should be. In survey research, for example, it is common not only to prepare a closed-ended (e.g., multiple-choice) questionnaire for people to answer in writing, but also to conduct open-ended personal interviews with a random sample of the respondents. Descriptive statistics are sometimes used to provide quantitative details in an otherwise qualitative study. Many historical studies include a combination of qualitative and quantitative methodologies, and their final reports present both kinds of data.

Nevertheless, it must be admitted that carrying out a sophisticated quantitative study and an in-depth qualitative investigation at the same time is difficult to pull off successfully. Indeed, it is very difficult. Oftentimes what is produced is a study that is neither a good qualitative nor a good quantitative piece of work.

Which is the better approach—qualitative or quantitative? Although we hear this question a lot, we think it’s pretty much a waste of energy. Oftentimes you will hear overly zealous advocates of one or the other approach disparaging the other. They say that theirs is the best (indeed, sometimes the only) method to use if one wants to do really useful research on important questions and that the other is badly flawed and can only lead to spurious or trivial results. But here is what two eminent qualitative researchers have to say:

By far, the most widely held (view) is that there is no one best method. It all depends on what you are studying and what you want to find out. If you want to find out what the majority of the American people think about a particular issue, survey research which relies heavily on quantitative design in picking your sample, designing and pretesting your instrument, and analyzing the data is best. If you want to know about the process of change in a school and how the various school members experience change, qualitative methods will do a better job. Without a doubt there are certain questions and topics that the qualitative approach will not help you with, and the same is true of quantitative research.

We agree. The important thing is to know what questions can best be answered by which method or combination of methods.
THE NATURE OF QUALITATIVE RESEARCH

- The term *qualitative research* refers to studies that investigate the *quality* of relationships, activities, situations, or materials.
- The natural setting is a direct source of data, and the researcher is a key part of the instrumentation process in qualitative research.
- Qualitative data are collected mainly in the form of words or pictures and seldom involve numbers. Coding is the primary technique used in data analysis.
- Qualitative researchers are especially interested in how things occur and particularly in the perspectives of the subjects of a study.
- Qualitative researchers do not, usually, formulate a hypothesis beforehand and then seek to test it. Rather, they allow hypotheses to emerge as a study develops.
- Qualitative and quantitative research differ in the philosophic assumptions that underlie the two approaches.

STEPS INVOLVED IN QUALITATIVE RESEARCH

- The steps involved in conducting a qualitative study are not as distinct as they are in quantitative studies. They often overlap and sometimes are even conducted concurrently.
- All qualitative studies begin with a foreshadowed problem, the particular phenomenon the researcher is interested in investigating. Some qualitative researchers state propositions to help their data collection and also analysis.
- Researchers who engage in a qualitative study of some type usually select a purposive sample. Several types of purposive samples exist.
- There is no treatment in a qualitative study, nor is there any manipulation of variables.
- The collection of data in a qualitative study is ongoing.
- Conclusions are drawn continuously throughout the course of a qualitative study.

APPROACHES TO QUALITATIVE RESEARCH

- A biographical study tells the story of the special events in the life of a single individual.
- A researcher studies an individual’s reactions to a particular phenomenon in a phenomenological study. He or she attempts to identify the commonalities among different individual perceptions.
- In a grounded theory study, a researcher forms a theory inductively from the data collected as a part of the study.
- A case study is a detailed study of one or (at most) a few individuals or other social units, such as a classroom, a school, or a neighborhood. It can also be a study of an event, an activity, or an ongoing process.
GENERALIZATION IN QUALITATIVE RESEARCH

• Generalizing is possible in qualitative research, but it is of a type different from that found in quantitative studies. Most likely it will be done by interested practitioners.

ETHICS AND QUALITATIVE RESEARCH

• The identities of all participants in a qualitative study should be protected, and they should be treated with respect.

RECONSIDERING QUALITATIVE AND QUANTITATIVE RESEARCH

• Aspects of both qualitative and quantitative research often are used together in a study. Increased attention is being given to such mixed-methods studies.
• Whether qualitative or quantitative research is the most appropriate boils down to what the researcher wants to find out.

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1. What do you see as the greatest strength of qualitative research? the biggest weakness?
2. Are there any topics or questions that could not be studied using a qualitative approach? If so, give an example. Is there any type of information that qualitative research cannot provide? If so, what might it be?
3. Qualitative researchers are sometimes accused of being too subjective. What do you think a qualitative researcher might say in response to such an accusation?
4. Qualitative researchers say that “complete” objectivity is impossible. Would you agree? Explain your reasoning.
5. “The essence of all good research is understanding, rather than an attempt to prove something.” What does this statement mean?
6. “All researchers are biased to at least some degree. The important thing is to be aware of one’s biases!” Is just being “aware” enough? What else might one do?
7. Qualitative researchers often say that “the whole is greater than the sum of its parts.” What does this statement mean? What implications does it have for educational research?
8. Would it be possible to use random sampling in qualitative research? Would it be desirable? Explain.
9. In what way is generalization in qualitative research different from generalization in quantitative research—or is it?
10. What do you think is the ethical responsibility of researchers if they witness an instance of physical abuse in a qualitative study they are conducting?

5. V. Dickson-Swift, et al. (2009). Researching sensitive topics: Qualitative research as emotion work. *Qualitative Research, 9*(2), 61–79.
7. Some qualitative researchers, however, do use statistical procedures to clarify their data. See, for example, M. B. Miles and A. M. Huberman (1994). *Qualitative data analysis*, 2nd ed. Beverly Hills, CA: Sage.
13. Ibid., p. 9.
16. Ibid., p. 57.
24. Strauss and Corbin, op. cit., p. 3.
26. Ibid., p. 199.
29. Remember that a researcher is entitled to generalize only if his or her sample has been randomly selected from the population. Many times, such is not the case.
30. Eisner, op. cit., p. 204.
31. Bogdan and Biklen, op. cit., p. 36.
32. Ibid.
35. Ibid., p. 53.
36. Ibid., p. 43.
OBJECTIVES  Studying this chapter should enable you to:

- Explain what is meant by the term “observational research.”
- Describe at least four different roles an observer can take in a qualitative study.
- Explain what is meant by the term “participant observation.”
- Explain what is meant by the term “nonparticipant observation.”
- Explain what is meant by the term “naturalistic observation.”
- Describe what a simulation is and how it might be used by a researcher.
- Describe what is meant by the term “observer effect.”
- Explain what is meant by the term “observer bias.”
- Describe the type of sampling that occurs in observational studies.
- Describe briefly four types of interviews qualitative researchers use.
- Explain what a “key actor” is.
- List at least three expectations that exist for all interviews.
- Explain what a focus group interview is.
- Describe briefly why an informed consent form is needed in interview research.
- Give at least four procedures qualitative researchers use to check on or enhance validity and reliability in qualitative studies.
INTERACTIVE AND APPLIED LEARNING

Go to the Online Learning Center at www.mhhe.com/fraenkel8e to:

- Learn More About Interviews and Observations

After, or while, reading this chapter:

Go to your online Student Mastery Activities book to do the following activities:

- Activity 19.1: Observer Roles
- Activity 19.2: Types of Interviews
- Activity 19.3: Types of Interview Questions
- Activity 19.4: Do Some Observational Research

What was it like to be a student teacher?"

“Well, uh, (laughs), it’s sort of, uh, hard to describe. I guess I liked it, now that it’s all over (laughs). But there were times, uh, . . . I had a lot of trouble at first with discipline. You know, controlling the kids. Couldn’t seem to manage them. Especially when they wouldn’t sit down and started wandering around the room. Teaching isn’t easy, you know, even for the old pros. And there I was, just a beginner. Not even sure I wanted to be a teacher. I was older, too, than most of the other student teachers. Didn’t have a lot in common with them, me having been in the military and all. But then, things changed.”

“What happened?”

“Well, I sort of got the hang of it. I learned some things. Began to learn my craft, you might say (smiles). I learned to control them better. I, uh, didn’t take any guff, you know (laughs). Oh, I wasn’t mean or anything like that, just firm. Yeah! You know, uh, uh, they respect it if you’re firm. You got to be. They don’t like wishy-washy teachers. Took me a while to learn that. But then I got better at explaining things too, and that made it easier to control the kids. And I set up some rules. They had to be in their seats when the bell rang, and they got points if they were. I had an election for a class president who I had sit at the front of the room and whose job was to keep order. That worked great. And then I had a weekly class meeting where we talked about things they liked and things they thought could be improved. And I also . . .”

The above conversation is part of an in-depth interview between a qualitative researcher and a 55-year-old retired Air Force Major who has returned to school to get a middle school teaching credential. In-depth interviewing is one of the staples of qualitative research. It is one of the things we shall discuss in some detail in this chapter.

Qualitative researchers use three main techniques to collect and analyze their data: observing people as they go about their daily activities and recording what they do; conducting in-depth interviews with people about their ideas, their opinions, and their experiences; and analyzing documents or other forms of communication (content analysis). Interviews can provide us with information about people’s attitudes, their values, and what they think they do. If you want to know what they actually do, however, there is no substitute for watching them or examining documents and other forms of communication that they create. In this chapter, we discuss observation and interviewing in some detail. We will discuss the analysis of documents in Chapter 20.

Observation

Certain kinds of research questions can best be answered by observing how people act or how things look. For example, researchers could interview teachers about how their students behave during class discussions of sensitive issues, but a more accurate indication of their activities would probably be obtained by actually observing such discussions while they take place.

The degree of observer participation can vary considerably. There are four different roles that a researcher can take, ranging on a continuum from complete participant to complete observer.
PARTICIPANT OBSERVATION

In participant observation studies, researchers actually participate in the situation or setting they are observing. When a researcher takes on the role of a complete participant in a group, his identity is not known to any of the individuals being observed. The researcher interacts with members of the group as naturally as possible and, for all intents and purposes (so far as they are concerned), is one of them. Thus, a researcher might arrange to serve for a year as an actual teacher in an inner-city classroom and carry out all of the duties and responsibilities that are a part of that role, but not reveal that he is also a researcher. Such covert observation is suspect on ethical grounds.

When a researcher chooses the role of participant-as-observer, he participates fully in the activities of the group being studied, but also makes it clear that he is doing research. As an example, the researcher described above might tell the faculty that he is a researcher and intends to describe as thoroughly and accurately as he can what goes on in the school over the course of a year’s time.

Participant observation can be overt, in that the researcher is easily identified and the subjects know that they are being observed; or it can be covert, in which case the researcher disguises his or her identity and acts just like any of the other participants. For example, a researcher might ask a ninth-grade geography teacher to allow him to observe one of that teacher’s classes over the course of a semester. Both teacher and students would know the researcher’s identity. This would be an example of overt observation. Overt participant observation is a key ingredient in ethnographic research, which we will discuss in more detail in Chapter 21.

On the other hand, another researcher might take the trouble to become certified as an elementary school teacher and then spend a period of time actually teaching in an elementary school while observing what is going on. No one would know the researcher’s identity (with the possible exception of the district administration from whom permission would have been obtained beforehand). This would be an example of covert observation. Covert participant observation, although likely to produce more valid observations of what really happens, is often criticized on ethical grounds. Observing people without their knowledge (and/or recording their comments without their permission) seems to some a highly questionable practice.

Is it ethical to observe people without their knowledge? What about so-called passive deception, such as that involved in observing people as they go about their business in public places, like restaurants and airports? Or what about observing children’s schoolyard activities from a distance using a telephoto lens? What do you think?

NONPARTICIPANT OBSERVATION

In a nonparticipant observation study, researchers do not participate in the activity being observed but rather “sit on the sidelines” and watch; they are not directly involved in the situation they are observing.

When a researcher chooses the role of observer-as-participant, she identifies herself as a researcher but makes no pretense of actually being a member of the group she is observing. An example might be a university professor who is interested in what goes on in an inner-city school. The researcher might conduct a series of interviews with teachers in the school, visit classes, attend faculty meetings and collective bargaining negotiations, talk with principals and the superintendent, and talk with students, but she would not attempt to participate in the activities of the group other than superficially. She remains essentially (and does not hide the fact that she is) an interested observer who is doing research.

Finally, the role of complete observer is just that—a role at the opposite extreme from the role of complete participant. The researcher observes the activities of a group without in any way participating in those activities. The subjects of the researcher’s observations may, or may not, realize they are being observed. An example would be a researcher who observes the daily activities in a school lunchroom.*

Each of the observer roles we have described has both advantages and disadvantages. The complete participant is probably most likely to get the truest picture of a group’s activities, and the others less so, but the ethical question involving covert observation remains. The complete observer is probably least likely to affect the actions of the group being studied, the others more so. The participant-as-observer, since he or she is an actual member of the group being studied, will have some (and often an important) effect on what the group does. The participant-as-observer and the observer-as-participant are both likely, in varying degrees, to focus the attention of the group on the activities of the researcher and away from their normal routine, thereby making their activities no longer typical. Figure 19.1 indicates how approaches to observation can vary.

*Note that many of the techniques described in Chapter 7 are also examples of nonparticipant observation frequently used in both qualitative and quantitative studies.
CHAPTER 19  Observation and Interviewing

Effect, actually tells the subjects what to do (but not how to do it). This permits a researcher to observe what happens in certain kinds of situations, including those that occur fairly infrequently in schools or other educational settings. For example, individuals might be asked to portray a counselor interacting with a distraught parent, a teacher disciplining a student, or two administrators discussing their views on enhancing teacher morale.

Two main types of role-playing simulations are used by researchers in education: individual role playing and team role playing. In individual role playing, a person is asked to role-play how he or she thinks a particular individual might act in a given situation. The researcher then observes and records what happens. Here is an example:

You are an elementary school counselor. You have an appointment with a student who is frequently abusive toward his teachers. The student has just arrived for his 9:00 a.m. appointment with you and is sitting before you in your office. What do you say to this student?

In team role playing, a group of individuals is asked to act out a particular situation, with the researcher again observing and recording what goes on. Particular

### NATURALISTIC OBSERVATION

Naturalistic observation involves observing individuals in their natural settings. The researcher makes no effort whatsoever to manipulate variables or to control the activities of individuals, but simply observes and records what happens as things naturally occur. The activities of students at an athletic event, the interactions between students and teachers on the playground, or the activities of very young children in a nursery, for example, are probably best understood through naturalistic observation.

Much of the work of the famous child psychologist Jean Piaget involved naturalistic observation. Many of his conclusions on cognitive development, which grew out of watching his own children as they developed, have stimulated further research in this area. Insights obtained as a result of naturalistic observation, in fact, often serve as the basis for more formal experiments.

### SIMULATIONS

To investigate certain variables, researchers sometimes will create a situation and ask subjects to act out, or simulate, certain roles. In simulations, the researcher, in

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**Figure 19.1 Variations in Approaches to Observation**

<table>
<thead>
<tr>
<th>Role of the Observer</th>
<th>Partial participation</th>
<th>Full-participant observation</th>
<th>Onlooker; observer is an outsider</th>
</tr>
</thead>
<tbody>
<tr>
<td>How the Observer Is Portrayed to Others</td>
<td>Participants know that observations are being made and they know who is making them.</td>
<td>Some but not all of the participants know the observer.</td>
<td>Participants do not know that observations are being made or that there is someone observing them.</td>
</tr>
<tr>
<td>How the Purpose of the Observation Is Portrayed to Others</td>
<td>The purpose of the observation is fully explained to all involved.</td>
<td>The purpose of the observation is explained to some of the participants.</td>
<td>False explanations are given; participants are deceived about the purpose of the observation.</td>
</tr>
<tr>
<td>Duration of the Observations</td>
<td>A single observation of limited duration (e.g., 30 minutes).</td>
<td>Multiple observations; long-term duration (e.g., months, even years).</td>
<td></td>
</tr>
<tr>
<td>Focus of the Observations</td>
<td>Narrow focus: Only a single element or characteristic is observed.</td>
<td>Broad focus: Holistic view of the activity or characteristic being observed and all of its elements sought.</td>
<td></td>
</tr>
</tbody>
</table>
attention is paid to how the members of the group interact. Here is an example:

You and five of your faculty colleagues have been appointed as a temporary special committee to discuss and come up with solutions to the problem of students cutting classes, which has been increasing this semester. Many of the faculty support a “get tough” policy and have openly advocated suspending students who are frequent cutters.

The group’s assignment is to come up with other alternatives that the faculty will accept. What do you propose?

The main disadvantage to simulations, as you might have recognized, is their artificiality. Situations are being acted out, and there is no guarantee that what the researcher sees is what would normally occur in a real-life situation. The results of a simulation often serve as hypotheses in other kinds of research investigations.

**OBSERVER EFFECT**

The presence of an observer can have a considerable impact on the behavior of those being observed and, hence, on the outcomes of a study; this is known as an observer effect. Also the observational data (that which the observer records) inevitably to some extent reflect the biases and viewpoints of the observer. Let us consider each of these facts a bit further.

There is always the problem of reactivity in observational research. Getting around the reactivity problem involves staying around long enough to get people used to the observer’s presence. As Bernard suggests, eventually “people just get plain tired of trying to manage your impression and they act naturally. In [spot sampling] research, the trick is to catch a glimpse of people in their natural activities before they see you coming on the scene—before they have a chance to modify their behavior.”

Unless a researcher is concealed, it is quite likely that he or she will have some effect on the behavior of those individuals who are being observed. Two things can happen, particularly if an observer is unexpected. First, he or she is likely to arouse curiosity and result in a lack of attention to the task at hand, thus producing other-than-normal behavior. An inexperienced researcher who records such behavior might easily be misled. It is for this reason that researchers who observe in classrooms, for example, usually alert the teacher beforehand and ask to be introduced. They then may spend four to five days in the classroom before starting to record observations (to enable the students to become accustomed to their presence and go about their usual activities).

The second thing that can happen is that the behavior of those who are being observed might be influenced by the researcher’s purpose. For example, suppose a researcher is interested in observing whether social studies teachers ask “high-level questions” during class discussions of controversial issues. If the teachers are aware of what the researcher is looking for, they may tend to ask more questions than normal, thus giving a distorted impression of what really goes on during a typical class discussion. The data obtained by the researcher’s observation would not be representative of how the teachers normally behave. It is for this reason that many researchers argue that the participants in a study should not be informed of the study’s purposes until after the data have been collected. Instead, the researchers should meet with the participants before the study begins and tell them that they cannot be informed of the purpose of the study since it might affect the study’s outcomes. As soon as the data have been collected, however, the researcher should reveal the findings to those who are interested.

**OBSERVER BIAS**

Observer bias refers to the possibility that certain characteristics or ideas of observers may bias what they “see.” Over the years, qualitative researchers have continually had to deal with the charge that it is very easy for their prejudices to bias their data. But this is something with which all researchers must deal. It is probably true that no matter how hard observers try to be impartial, their observations will possess some degree of bias. No one can be totally objective, as we all are influenced to some degree by our past experiences, which in turn affect how we see the world and the people within it. Nevertheless, all researchers should do their best to become aware of, and try to control, their biases.

What qualitative researchers try to do is to study the subjective factors objectively. They do this in a number of ways. They spend a considerable amount of time at the site, getting to know their subjects and the environment (both physical and cultural) in which they live. They collect copious amounts of data and check their perceptions against what the data reveal. Realizing that most situations and settings are very complex, they do their best to collect data from a variety of perspectives, using a variety of formats. Not only do they prepare extremely detailed field notes, but they attempt to reflect on their own subjectivity as a part of these field notes. Often they work in teams so that they can check their observations against another’s (Figure 19.2). Although
they realize (as should all researchers) that one’s biases can never be completely eliminated from one’s observations, the important thing is to reflect on how one’s own attitudes may influence what one perceives.

A related concern here is observer expectations. If researchers know they are to observe subjects who have certain characteristics (such as a certain IQ range, ethnicity, or religion), they may “expect” a certain type of behavior, which may not be how the subjects normally behave. It is in this regard that audiotapings and videotapings are so valuable, as they allow researchers to check their observations against the impressions of others.

CODING OBSERVATIONAL DATA

Over the years, quantitative researchers have developed a number of coding schemes to use when they observe. A coding scheme is a set of categories (e.g., “gives directions”; “asks questions”; “praises”) that an observer uses to record the frequency of a person’s or group’s behavior. Coding schemes have been used to measure interactions between parents and adolescent children in a laboratory setting; interactions of college students drinking alcohol in a group setting; doctor-patient interactions in the office of family physicians; and student-teacher interactions in a classroom. One such coding scheme, primarily used in quantitative research, was developed by Amidon and Flanders more than 30 years ago but is still in use. It is shown in Figure 19.3.

These schemes require the observer to judge and categorize behavior as it occurs. This is in contrast to more qualitative approaches that attempt to describe all or most of what occurs in a given situation. At a later time, these data are coded into categories that emerge as the analysis proceeds. This is particularly true in ethnographic research. We shall give an example of this type of coding in Chapter 20.

THE USE OF TECHNOLOGY

Even with a fixed coding scheme like the one shown in Figure 19.3, however, the observer must still choose from among alternatives when coding the behavior of people. When is someone being “critical,” for example, or “encouraging”? Recording the behavior of people using video or digital recording devices permits the researcher to repeatedly view the behavior of an individual or a group and then decide how to code it at a later, usually more relaxed and convenient time.

Furthermore, a major difficulty in observing people is the fact that much that goes on may be missed by the observer. This is especially true when several behaviors of interest are occurring rapidly in an educational setting. In addition, sometimes a researcher wants to have

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Figure 19.2 The Importance of a Second Observer as a Check on One’s Conclusions
someone else (such as an expert on the topic of interest) offer his or her insights about what is happening. A researcher who observes a number of children’s play sessions in a nursery school setting, for example, might want to obtain the ideas of a qualified child psychologist or an experienced teacher of preschool children about what is happening.

To overcome these obstacles, researchers may use recording devices to record their observations. These have several advantages. The tapes or digital files may be replayed several times for continued study and analysis. Experts or interested others can also hear and/or see what the researcher observed and offer their insights accordingly. And a permanent record of certain kinds of behaviors is obtained for comparison with later or different samples.

A few disadvantages to such recordings, however, should also be noted. A good video record is not always the easiest to obtain and usually requires some training or prior experience by the researcher or technician. Sometimes several microphones must be set up for audio recordings, which can distort the behavior of those being observed. Prolonged recording can be expensive. Audio recordings are somewhat easier to do, but they of course record only verbal behavior. Furthermore, sometimes it is difficult to distinguish specific speakers in a recording of many voices. Noise is difficult to control and often seriously interferes with the understanding of content. Nevertheless, if these difficulties can be overcome, the use of audio and video recording offers considerable promise to researchers as a way to collect, store, and analyze data.

### Interviewing

A second method used by qualitative researchers to collect data is to interview selected individuals. Interviewing (i.e., the careful asking of relevant questions) is an important way for a researcher to check the accuracy of—to verify or refute—the impressions he or she has gained through observation. Fetterman, in fact, describes interviewing as the most important data collection technique a qualitative researcher possesses.7

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1. Accepts feeling: accepts and clarifies the feeling tone of the students in a nonthreatening manner. Feelings may be positive or negative. Predicting and recalling feelings are included.
2. Praises or encourages: praises or encourages student action or behavior. Jokes that release tension, not at the expense of another individual, nodding head or saying “uh huh?” or “go on” are included.
3. Accepts or uses ideas of student: clarifying, building, or developing ideas or suggestions by a student. As teacher brings more of his or her own ideas into play, shift to category five.
4. Asks questions: asking a question about content or procedure with the intent that a student answer.

5. Lectures: giving facts or opinions about content or procedure; expressing his or her own ideas; asking rhetorical questions.
6. Gives directions: directions, commands, or orders with which a student is expected to comply.
7. Criticizes or justifies authority: statements, intended to change student behavior from nonacceptable to acceptable pattern; bawling someone out; stating why the teacher is doing what he or she is doing, extreme self-reference.
8. Student talk-response: talk by students in response to teacher. Teacher initiates the contact or solicits student statement.
9. Student talk-initiation: talk by students, which they initiate. If “calling on” student is only to indicate who may talk next, observer must decide whether student wanted to talk. If he or she did, use this category.
10. Silence or confusion: pauses, short periods of silence, and periods of confusion in which communication cannot be understood by the observer.

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**Figure 19.3 The Amidon/Flanders Scheme for Coding Categories of Interaction in the Classroom**

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The purpose of interviewing people is to find out what is on their minds—what they think or how they feel about something. As Patton has remarked:

We interview people to find out from them those things we cannot directly observe. The issue is not whether observational data is more desirable, valid, or meaningful than self-report data. The fact of the matter is that we cannot observe everything. We cannot observe feelings, thoughts, and intentions. We cannot observe behaviors that took place at some previous point in time. We cannot observe situations that preclude the presence of an observer. We cannot observe how people have organized the world and the meanings they attach to what goes on in the world. We have to ask people questions about those things.8

**TYPES OF INTERVIEWS**

There are four types of interviews: structured, semistructured, informal, and retrospective. Although these different types often blend and merge into one another, we shall describe them separately in order to clarify how they differ.

**Structured** and **semistructured interviews** are verbal questionnaires. Rather formal, they consist of a series of questions designed to elicit specific answers from respondents. Often they are used to obtain information that can later be compared and contrasted. For example, a researcher interested in how the characteristics of teachers in urban and suburban schools differ might conduct a structured interview (i.e., asking a set of structured questions) with a group of urban high school teachers to obtain background information about them—their education, their qualifications, their previous experience, their out-of-school activities, and so on—in order to compare these data with the same data (i.e., answers to the same questions) obtained from a group of teachers who teach in the suburbs. In qualitative research, structured and semistructured interviews are often best conducted toward the end of a study, as they tend to shape responses to the researcher’s perceptions of how things are. They are most useful for obtaining information to test a specific hypothesis that the researcher has in mind.

**Informal interviews** are much less formal than structured or semistructured interviews. They tend to resemble casual conversations, pursuing the interests of both the researcher and the respondent in turn. They are the most common type of interview in qualitative research. They do not involve any specific type or sequence of questions or any particular form of questioning. The primary intent of an informal interview is to find out what people think and how the views of one individual compare with those of another.

Although at first glance they seem like they would be easy to conduct, informal interviews are probably the most difficult of all interviews to do well. Issues of ethics appear almost immediately. Researchers often need to make some sensitive decisions as an informal interview progresses. When, for example, is a question too personal to pursue? To what extent should the researcher “dig deeper” into how an individual feels about something? When is it more appropriate to refrain from probing further about an individual’s response? How, in fact, does a researcher establish a climate of ease and familiarity while at the same time trying to learn in some detail about a respondent’s life?

Although informal interviews offer the most natural type of situation for the collection of data, there is always some degree of artificiality present in any type of interview. A skillful interviewer, however, soon learns to begin with nonthreatening questions to put a respondent at ease before he or she poses more personal and (potentially) threatening questions. Always, the researcher must establish an atmosphere of trust, cooperation, and mutual respect if he or she is to obtain accurate information. Planning and asking good questions, while developing and maintaining an atmosphere of mutual trust and respect, is an art that anyone who wishes to do competent qualitative research must master.
Retrospective interviews can be structured, semi-structured, or informal. A researcher who conducts a retrospective interview tries to get a respondent to recall and then reconstruct from memory something that has happened in the past. A retrospective interview is the least likely of the four interview types to provide accurate, reliable data for the researcher.

Table 19.1 summarizes some of the major interviewing strategies used in educational research. The first three strategies are more likely (although not exclusively) to be utilized in qualitative studies, the fourth more likely (but again, not exclusively) in quantitative studies. The reader is reminded, however, that it is not uncommon to find several of these strategies employed in the same study.

<table>
<thead>
<tr>
<th>Type of Interview</th>
<th>Characteristics</th>
<th>Strengths</th>
<th>Weaknesses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Informal conversational interview</td>
<td>Questions emerge from the immediate context and are asked in the natural course of things; there is no predetermination of question topics or wording.</td>
<td>Increases the salience and relevance of questions; interviews are built on and emerge from observations; the interview can be matched to individuals and circumstances.</td>
<td>Different information collected from different people with different questions. Less systematic and comprehensive if certain questions do not arise “naturally.” Data organization and analysis can be quite difficult.</td>
</tr>
<tr>
<td>Interview guide approach</td>
<td>Topics and issues to be covered are specified in advance, in outline form; interviewer decides sequence and wording of questions in the course of the interview.</td>
<td>The outline increases the comprehensiveness of the data and makes data collection somewhat systematic for each respondent. Logical gaps in data can be anticipated and closed. Interviews remain fairly conversational and situational.</td>
<td>Important and salient topics may be inadvertently omitted. Interviewer flexibility in sequencing and wording questions can result in substantially different responses from different perspectives, thus reducing the comparability of responses.</td>
</tr>
<tr>
<td>Standardized open-ended interview</td>
<td>The exact wording and sequence of questions are determined in advance. All interviewees are asked the same basic questions in the same order. Questions are worded in a completely open-ended format.</td>
<td>Respondents answer the same questions, thus increasing comparability of responses; data are complete for each person on the topics addressed in the interview. Reduces interviewer effects and bias when several interviewers are used. Permits evaluation users to see and review the instrumentation used in the evaluation. Facilitates organization and analysis of the data.</td>
<td>Little flexibility in relating the interview to particular individuals and circumstances; standardized wording of questions may constrain and limit naturalness and relevance of questions and answers.</td>
</tr>
<tr>
<td>Closed, fixed-response interview</td>
<td>Questions and response categories are determined in advance. Responses are fixed; respondent chooses from among these fixed responses.</td>
<td>Data analysis is simple; responses can be directly compared and easily aggregated; many questions can be asked in a short time.</td>
<td>Respondents must fit their experiences and feelings into the researcher’s categories; may be perceived as impersonal, irrelevant, and mechanistic. Can distort what respondents really mean or have experienced by so completely limiting their response choices.</td>
</tr>
</tbody>
</table>

KEY-ACTOR INTERVIEWS

Some people in any group are more informed about the culture and history of their group, as well as more articulate, than others. Such individuals, traditionally called key informants, are especially useful sources of information. Fetterman prefers the term key actors to avoid the stigma attached to the term informant, as well as the historical roots that underlie the term. Key actors are especially knowledgeable individuals and thus often excellent sources of information. They can often provide detailed information about a group’s past and about contemporary happenings and relationships, as well as the everyday nuances—the ordinary details—that others might miss. They offer insights that are often invaluable to a researcher. Fetterman gives an example of a key actor who proved helpful to him in a study of school dropouts.

James was a long-term janitor in the Detroit dropout program [a program that Fetterman was studying]. He grew up in the local community with many of the students and was extraordinarily perceptive about the differences between the serious and less serious students in the program, as well as between the serious and less serious teachers. I asked him whether he thought the students were obeying the new restrictions against smoking, wearing hats in the building, and wearing sneakers. He said, “You can tell from the butts on the floor that they is still smokin’, no matter what dej tell yah. I know, cause I gotta sweep ’em up. . . . It’s mostly the new ones, don’t yah know, like Kirk, and Dyan, Tina. You can catch ’em almost any ol’ time. I seen ’em during class in the hallways, here (in the cafeteria), and afta hours.” He provided empirical evidence to support his observations—a pile of cigarette butts he had swept up while we were talking.

Here is another example from Fetterman’s research.

In a study of a gifted and talented education program, my most insightful and helpful key actor was a school district supervisor. He told about the politics of the school district and how to avoid the turf disputes during my study. He drove me around the community to teach me how to identify each of the major neighborhoods and pointed out corresponding socioeconomic differences that proved to have an important impact on the study. He also described the cyclical nature of the charges of elitism raised against the program by certain community members and a former school board member. He confided that his son (who was eligible to enter the program) had decided not to enter. This information opened new doors to my perception of peer pressure in that community.

As you can see, a key actor can be an extremely valuable source of information. Accordingly, researchers need to take the time to seek out and establish a bond of trust with these individuals. The information they provide can serve as a cross-check on data the researcher obtains from other interviews, from observations, and from content analysis. But the musings of a key actor must also be viewed with some caution. Care must be taken to ensure that a key actor is not merely providing information he or she thinks the researcher wants to hear. This is why a researcher needs to seek out multiple sources of information in any study.

TYPES OF INTERVIEW QUESTIONS

Patton has identified six basic types of questions that can be asked of people. Any or all of these questions might be asked during an interview. The six types are background (or demographic) questions, knowledge questions, experience (or behavior) questions, opinion (or values) questions, feelings questions, and sensory questions.

Background (or demographic) questions are routine sorts of questions about the background characteristics of the respondents. They include questions about education, previous occupations, age, income, and the like.

Knowledge questions pertain to the factual information (as contrasted with opinions, beliefs, and attitudes) respondents possess. Knowledge questions about a school, for example, might concern the kinds of courses available to students, graduation requirements, the sorts of extracurricular activities provided, school rules, enrollment policies, and the like. From a qualitative perspective, what the researcher wants to find out is what the respondents consider to be factual information (as opposed to beliefs or attitudes).

Experience (or behavior) questions focus on what a respondent is currently doing or has done in the past. Their intent is to elicit descriptions of experience, behaviors, or activities that could have been observed but for reasons such as the researcher not being present were not. Examples might include, “If I had been in your class during the past semester, what kinds of things would I have been doing?” or, “If I were to follow you through a typical day here at your school, what experiences would I be likely to see you having?”

Opinion (or values) questions are aimed at finding out what people think about some topic or issue. Answers to such questions call attention to the respondent’s goals, beliefs, attitudes, or values. Examples
might include such questions as, “What do you think about the principal’s new policy concerning absenteeism?” or, “What would you like to see changed in the way things are done in your U.S. history class?”

**Feelings questions** concern how respondents feel about things. They are directed toward people’s emotional responses to their experiences. Examples might include such questions as, “How do you feel about the way students behave in this school?” or, “To what extent are you anxious about going to gym class?”

Feelings and opinion questions are often confused. It is very important for anyone who wishes to be a skillful interviewer to be able to distinguish between the two types of questions and to know when to ask each. To find out how someone feels about an issue is not the same thing as finding out their opinion about the issue. Thus, the question, “What do you think (what is your opinion) about your teacher’s homework policy?” asks for the respondent’s opinion—which he or she thinks—about the policy. The question, “How do you feel (what do you like or dislike) about your teacher’s homework policy?” asks how the respondent feels about (his or her attitude toward) the policy. The two, although they appear somewhat similar, ask for decidedly different kinds of information.

**Sensory questions** focus on what a respondent has seen, heard, tasted, smelled, or touched. Examples might include questions such as, “When you enter your classroom, what do you see?” or, “How would you describe what your class sounds like?” Although this type of question could be considered as a form of experience or behavior question, it is often overlooked by researchers during an interview. Further, such questions are sufficiently distinct to warrant a category of their own.

**INTERVIEWING BEHAVIOR**

A set of expectations exists for all interviews. Here are some of the most important.

- **Respect the culture of the group being studied.** It would be insensitive, for example, for a researcher to wear expensive clothing while conducting an interview with an impoverished, inner-city high school youth. Of course, a researcher may commit an occasional faux pas inadvertently, which most interviewees will forgive. A constant disregard for a group’s traditions and values, however, is bound to impede the researcher’s efforts to obtain reliable and valid information.

- **Respect the individual being interviewed.** Those who agree to be interviewed give up time they might spend elsewhere to answer the researcher’s questions. An interview, therefore, should not be viewed as an opportunity to criticize or evaluate the interviewee’s actions or ideas; rather, it is an opportunity to learn from the interviewee. A classroom teacher, a student, a counselor, a school custodian—all have work to do, and hence every researcher is well reminded not to waste their time. Interviews should start and end at the scheduled times and be conducted courteously. Further, the researcher should pick up on cues given by the interviewee. As Fetterman points out, “repeated glances at a watch are usually a clear signal that the time is up. Glazed eyes, a puzzled look, or an impatient scowl is an interviewee’s way of letting the questioner know that something is wrong. The individual is lost, bored, or insulted. Common errors involve spending too much time talking and not enough time listening, failing to make questions clear, and making an inadvertently insensitive comment.”

- **Be natural.** “Acting like an adolescent does not win the confidence of adolescents, it only makes them suspicious.” Deception in any form has no place in an interview.

- **Develop an appropriate rapport with the participant.** Here you have to be careful, for dangers lurk. Seidman points out the problem: “Rapport implies getting along with each other, a harmony with, a conformity to, an affinity for one another. The problem is that, carried to an extreme, the desire to build rapport with the participant can transform the interviewing relationship into a full ‘We’ relationship in which the question of whose experience is being related and whose meaning is being made is critically confounded.” He goes on to describe an incident that occurred in a study he conducted in a community college:

In our community college study, one participant invited my wife and me to his house for dinner after (an) interview . . . I had never had such an invitation from a participant . . . and I did not quite know what to do. I did not want to appear ungracious, so we accepted. My wife and I went to dinner at his home. We had a wonderful California backyard cookout and it was a pleasure to spend time with the participant and his family. But a few days later, when I met him at his faculty office for the third interview, he was so warm and familiar toward me, that I could not retain the distance that I needed to explore his responses. I felt tentative as an interviewer because I did not want to risk violating the spirit of hospitality that he had created by inviting us to his home.”
• **Ask the same question in different ways during the interview.** This enables the researcher to check his or her understanding of what the interviewee has been saying, and may even shed new light on the topic being discussed.

• **Ask the interviewee to repeat an answer or statement when there is some doubt about the completeness of a remark.** This can stimulate discussion when an interviewee tends to respond with terse, short answers to the researcher’s questions.

• **Vary who controls the flow of communication.** In a formal, structured interview, it is often necessary for the researcher to control the asking of questions and the pace of the discussion. In informal interviews, particularly during the exploratory or initial phase of an interview, it is often wise to let the interviewee ramble a bit in order to establish a sense of trust and cooperation.

• **Avoid leading questions.** Leading questions presume an answer, as in questions like “You wanted to do that, of course?” or “Your friends talked you into that, didn’t they?” or “How much did that upset you?” Each of these questions leads the participant to respond in a certain way. More appropriate versions of these questions would be “What did you want to do?” and “Why did you do that?” and “How did you feel about that?”

Instead of leading questions, interviewers often ask **open-ended questions.** Open-ended questions indicate an area to be explored without suggesting to the participant how it should be explored. They do not presume an answer. Here are some examples: “What was the meeting like for you?” or “Tell me what your student teaching experience was like?” There are many possibilities for open-ended questions and many ways of asking them. Perhaps none is better than simply asking “What was that like for you?” when an interviewer wants to get at a participant’s subjective experience.

• **Do not ask dichotomous questions,** that is, questions that permit a yes-no answer, when you are trying to get a complete picture. Here are some examples: “Were you satisfied with your assignment?” “Have you changed as a result of teaching at Adams School?” “Was that a good experience for you?” “Did you know what to do when you were asked to do that?” And so forth.

The problem with dichotomous questions is that they do not encourage the respondent to talk. Often times, when an interviewer is having trouble getting a participant to talk, it is because he or she is asking a string of dichotomous questions.

Patton presents what is perhaps the classic example of a series of dichotomous questions in the following conversation between a teenager and his parent. The teen has just returned home from a date:

Do you know that you’re late?
Yeah.
Did you have a good time?
Yeah.
Did you go to a movie?
Yeah.
Was it a good movie?
Yeah, it was okay.
So, it was worth seeing?
Yeah, it was worth seeing.
I’ve heard a lot about it. Do you think I would like it?
I don’t know. Maybe.
Anything else you’d like to tell me about your evening?
No, I guess that’s it.
(Teenager goes upstairs to bed. One parent turns to the other and says: “It sure is hard to get him to talk to us.”)

As you can see, the problem with asking dichotomous questions is that they can easily turn an interview into something more like a test or interrogation.

• **Ask only one question at a time.** Asking more than one question is a common error made by novice interviewers, and you sometimes see this on poorly designed questionnaires as well. Rather than asking only a single question and allowing the participant to respond, the interviewer asks several questions one after the other without allowing the interviewee to answer (Figure 19.5). Here is an example:

What was that like for you? Did you participate? You said you found it difficult. Was it difficult for you or for the other people who were participating as well? And how do you think they felt about it?

• **Listen actively.** Experienced interviewers are patient and listen attentively from beginning to end in order to evaluate if a participant’s answer is sufficient. If an answer is incomplete, the seasoned interviewer quickly assesses the possible cause and then asks a follow-up or redirective question to get more precise and complete information.

• **Don’t interrupt.** This is perhaps the most important feature of good interviewing. Don’t interrupt participants when they are talking. And this is especially true when a participant says something that the interviewer finds particularly interesting. Often it is tempting to interrupt the speaker to pursue this interesting item, but to do so may interrupt the participant’s train of thought. It is better to simply jot down a brief note and then follow up on it later, when there is a pause in the conversation.

**FOCUS GROUP INTERVIEWS**

In a focus group interview, the interviewer asks a small group of people (usually four to eight) to think about a series of questions. The participants are seated together...
in a group and get to hear one another’s responses to the questions. Often they offer additional comments beyond what they originally had to say once they hear the other responses. They may agree or disagree; consensus is neither necessary nor desired. The object is to get at what people really think about an issue or issues in a social context where the participants can hear the views of others and consider their own views accordingly.

We should stress, however, that a focus group interview is not a discussion. Neither is it a problem-solving session, nor is it a decision-making group. It is an interview.

Focus groups generally last one to two hours, and can cover five to six core questions. There are typically three parts to a focus group discussion guide that are similar to the three parts of an interview. The opening part is when the focus group facilitator or moderator welcomes and introduces members of the group and explains the purpose, context, and rules of the focus group. The middle part is reserved for asking participants to answer the main research questions, and the closing section is typically for thanking and debriefing participants and giving them an opportunity for further input.

Thus, the role of the focus group moderator is critical especially in terms of facilitating interaction between group members, drawing out differing perspectives, and keeping the session focused. In some instances, facilitators will need to challenge participants, especially to tease out differing opinions about a topic. Skilled moderators know when to probe for more details and how to move the discussion forward when it veers off course. Moderators should also be knowledgeable about the project and research in general.

RESEARCH TIPS

How Not to Interview

Following is a hypothetical situation involving a researcher interviewing a teacher who has just finished using her district’s new mathematics curriculum.

RESEARCHER: This is a very important topic, but don’t be nervous. (Fails to establish rapport)
TEACHER: Okay.
RESEARCHER: I assume you had prior experience working with this type of mathematics materials?
TEACHER: Well, yes, a little.

RESEARCHER: That’s too bad. I was hoping you would be more experienced. (Indicates desired response)
TEACHER: Well, actually, now that I think about it, I did use similar materials a year or so ago. (Gives desired response)
RESEARCHER: Oh, where was that? (Irrelevant comment)
TEACHER: In Utah.
RESEARCHER: Really? I’m from Utah—how did you like it there? (Loses focus)
TEACHER: I loved it. Skiing was great!
RESEARCHER: I’m a tennis player myself.
TEACHER: What’s this got to do with math?

RECORDING INTERVIEW DATA

No matter what kind of interview one conducts, and no matter how carefully one prepares the interview questions, all will be to no avail if the interviewer does not capture what the interviewee actually says. While the interview is going on, therefore, it is essential to record as faithfully as possible what the participant has to say. Some method for recording an interviewee’s words exactly is required.

A recording device, therefore, is often considered an indispensable part of any qualitative researcher’s equipment. “Tape recorders do not ‘tune out’ conversations, change what has been said because of interpretation (either conscious or unconscious), or record words more slowly than they are spoken.”

Using a recording device, however, does not eliminate the need for taking notes. As Patton points out:

Notes can serve at least two purposes: (1) Notes taken during the interview can help the interviewer formulate new questions as the interview moves along, particularly where it may be appropriate to check out something that was said earlier; and (2) taking notes about what is said will facilitate later analysis, including locating important quotations from the tape itself . . . the failure to take notes will often indicate to the respondent that nothing of importance is being said.

ETHICS IN INTERVIEWING: THE NECESSITY FOR INFORMED CONSENT

In-depth interviews ask participants to reveal much about their lives. During such interviews, a measure of intimacy can develop between interviewers and
participants that can lead participants to share information about events in their lives that, if misused, could leave them very vulnerable. Participants deserve to be protected from such vulnerability. Furthermore, interviewers also need to be protected against any misunderstanding on the part of participants as to the nature and purpose of the interview itself.

Thus, we believe that it is ethically desirable in this instance for interviewers to require participants to sign an informed consent form. We suggest that any such form include points similar to those shown in Figure 4.1.

DATA COLLECTION AND ANALYSIS IN QUALITATIVE RESEARCH

As pointed out in Chapter 18 and described previously, there are important differences between quantitative and qualitative approaches to data collection and analysis. Although qualitative research can, and sometimes does, make use of structured instruments such as those described in Chapter 7, the preference is for less structured, open-ended data collection with structuring taking place later through content analysis or emergent themes (Chapter 20) as the means of data analysis. While other descriptive statistics are often relevant, the most commonly used is reporting of frequencies. As the use of mixed-methods designs continues to increase, we expect to see more use of quantitative analysis in conjunction with more customary qualitative analyses.

Validity and Reliability in Qualitative Research

In Chapter 8, we introduced the concepts of validity and reliability as they apply to the use of instruments in educational research. These two concepts are also very important in qualitative research, only here they apply to the observations researchers make and to the responses they receive to the interview questions. A fundamental concern in qualitative research, in fact, revolves around the degree of confidence researchers can place in what they have seen or heard. In other words, how can researchers be sure that they are not being misled?

You will recall that validity refers to the appropriateness, meaningfulness, and usefulness of the inferences researchers make based specifically on the data they collect, while reliability refers to the consistency of these inferences over time, location, and circumstances.

Note that qualitative researchers often use the term credibility to encompass not only instrument validity and reliability but internal validity as well.

In a qualitative study, much depends on the perspective of the researcher. All researchers have certain biases. Accordingly, different researchers see some things more clearly than others. Qualitative researchers use a number of techniques, therefore, to check their perceptions to ensure that they are not being misinformed—that they are, in effect, seeing (and hearing) what they think they are. These procedures for checking on or enhancing validity and reliability include the following:

- **Using a variety of instruments to collect data.** When a conclusion is supported by data collected from a number of different instruments, its validity is thereby enhanced. This kind of checking is often referred to as triangulation. (See Figure 21.1 in Chapter 21.)
- **Checking one informant’s descriptions of something (a way of doing things or a reason for doing something) against another informant’s descriptions of the same thing.** Discrepancies in descriptions may mean the data are invalid.*
- **Learning to understand and, where appropriate, speak the vocabulary of the group being studied.** If researchers do not understand what informants mean when they use certain terms (especially slang) or if they take such terms to mean something that they do not, the recording of invalid data will surely result.
- **Writing down the questions asked (in addition to the answers received).** This helps researchers make sense at a later date out of answers recorded earlier, and helps them reduce distortions owing to selective forgetting.
- **Recording personal thoughts while conducting observations and interviews.** (Also referred to as researcher reflexivity.) Responses that seem unusual or incorrect can be noted and checked later against other remarks or observations.
- **Asking one or more participants in the study to review the accuracy of the research report.** This is frequently referred to as member checking.
- **Obtaining an individual outside of the study to review and evaluate the report.** This is called an external audit, or peer debriefing.
- **Documenting the sources of remarks whenever possible and appropriate.** This helps researchers make

*Not necessarily, of course. It may simply mean a difference in viewpoint or perception.
sense out of comments that otherwise might seem misplaced.

- Documenting the basis for inferences.
- Describing the context in which questions are asked and situations are observed. Also referred to as thick description.
- Using audio and video recordings when possible and appropriate.
- Drawing conclusions based on one’s understanding of the situation being observed and then acting on these conclusions. If these conclusions are invalid, the researcher will soon find out after acting on them.
- Interviewing individuals more than once. Inconsistencies over time in what the same individual reports may suggest that he or she is an unreliable informant.

- Observing the setting or situation of interest over a period of time. The length of an observation is extremely important in qualitative research. Consistency over time with regard to what researchers are seeing or hearing is a strong indication of reliability. Furthermore, there is much about a group that does not even begin to emerge until some time has passed and the members of the group become familiar with, and willing to trust, the researcher.
- Analyzing negative cases. Attempting to eliminate instances that do not fit the pattern by revising that pattern until the instance fits.

Table 19.2 summarizes a number of purposes, research questions, strategies, and data collection techniques used in qualitative research.

<table>
<thead>
<tr>
<th>TABLE 19.2</th>
<th>Qualitative Research Questions, Strategies, and Data Collection Techniques</th>
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<tbody>
<tr>
<td><strong>Purpose of the Study</strong></td>
<td><strong>Possible Research Questions</strong></td>
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<tr>
<td>Exploratory:</td>
<td>• What is happening in this school?</td>
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<td></td>
<td>• What are the important themes or patterns in the ways teachers behave in this school?</td>
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<tr>
<td></td>
<td>• How are these themes or patterns linked together?</td>
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<tr>
<td>Descriptive:</td>
<td>• What are the important behaviors, events, attitudes, processes, and/or structures occurring in this school?</td>
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<tr>
<td>Explanatory:</td>
<td>• What events, beliefs, attitudes, and/or policies are shaping the nature of this school?</td>
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<tr>
<td></td>
<td>• How do these forces interact to shape this school?</td>
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<tr>
<td>Predictive:</td>
<td>• What is likely to occur in the future as a result of the policies now in place at this school?</td>
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<td></td>
<td>• Who will be affected, and in what ways?</td>
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</tbody>
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An Example of Qualitative Research

In the remainder of this chapter, we present a published example of an observational qualitative study, followed by a critique of its strengths and weaknesses. As we did in our critiques of the different types of research studies we analyzed in other chapters, we use concepts introduced in earlier parts of the book in our analysis.

RESEARCH REPORT


Walk and Talk: An Intervention for Behaviorally Challenged Youths
Patricia A. Doucette

Abstract

This qualitative research explored the question: Do preadolescent and adolescent youths with behavioral challenges benefit from a multimodal intervention of walking outdoors while engaging in counseling? The objective of the Walk and Talk intervention is to help the youth feel better, explore alternative behavioral choices, and learn new coping strategies and life skills by engaging in a counseling process that includes the benefits of mild aerobic exercise, and that nurtures a connection to the outdoors. The intervention utilizes a strong therapeutic alliance based on the Rogerian technique of unconditional positive regard, which is grounded and guided by the principles of attachment theory. For eight weeks, eight students (aged 9 to 13 years) from a middle school in Alberta, Canada, participated weekly in the Walk and Talk intervention. Students’ self-reports indicated that they benefited from the intervention. Research triangulation with involved adults supported findings that indicated the students were making prosocial choices in behavior, and were experiencing more feelings of self-efficacy and well-being. Limitations, new research directions, and subsequent longitudinal research possibilities are discussed.

Western societies have seen an increase in violence and antisocial behavior in schools and communities (Pollack, 1998). Juvenile crime rates have increased four times since the early 1970s (Cook & Laub, 1997). After the shock of the Columbine school massacre in the United States and other violent incidents, communities are demanding interventions to help prevent similar occurrences.

Traditional approaches for various youth behavior challenges have assumed the behavior needs to be controlled and contained by using behavioral and social learning approaches (Moore, Moretti, & Holland, 1998). Many current interventions rely on adaptations of behavior modification strategies to provide structure and control. The tenets of some programs for troubled youth are based on a hierarchy of control,
authority, and power. The framework of behavior and behavioral boundaries is directed by coercive control with token economies and earned privileges that are enforced by systems involving revoking social and recreational activities (Moore, Moretti, & Holland, 1998). I question and challenge this type of philosophy. Intrinsic motivation for making positive behavioral choices and taking responsibility and ownership for behavior is unlikely to become the behavioral response when behavior is controlled by others. Research (Deci & Ryan, 1985) suggests intrinsic motivation involves self-determination, self-awareness of one’s needs and setting goals to meet those needs. I believe that many behaviorally challenged youths have experienced interactions with key adults that have been punitive, rejecting, and untrustworthy (Moore, Moretti, & Holland, 1998; Staub, 1996). Therefore, many current interventions based on behavioral strategies and coercive control have limited effectiveness (Moore, Moretti, & Holland, 1998; Staub, 1996).

New treatment methods that adopt a therapeutic approach that is grounded and guided by the principles of attachment theory may engage a therapeutic process with the results of youths’ prosocial behavioral choices (Centers for Disease Control, 1991; Ferguson, 1999; Holland, Moretti, Verlaan, & Peterson, 1993; Keat, 1990; Moffitt, 1993; Moore, Moretti, & Holland, 1998). By participating in a casual walk outdoors, there can be the physiological advantage of mild aerobic exercise (Franken, 1994; Hays, 1999; Fox, 1997; Baum & Poslusny, 1999; Kolb & Whishaw, 1996, 1998). I believe, as do others (Anderson, 2000; Glaser, 2000; Tkachuk & Martin, 1999; Real Age Newsletter, 2001a), that human beings have a natural bond with the outdoors and other living organisms. By nurturing this bond with a walk outdoors, positive well-being and health can result (Tkachuk & Martin, 1999; Hays, 1999; Orlick, 1993; Real Age Newsletter, 2001b).

**WALK AND TALK INTERVENTION**

The Walk and Talk intervention has its fundamental philosophy in Bronfenbrenner’s (1979) social ecological theory of behavior, which views the child, family, school, work, peers, neighborhood, and community as interconnected systems. Youths’ problem behavior can be attributed to dysfunction between any one or more combinations of these systems (Borduin, 1999). By understanding these dynamics, the Walk and Talk intervention attempts to provide a support network that encourages youths to reconnect with self and the environment through an attachment process, a counseling process, and a physiological response resulting in feelings of self-efficacy.

The Walk and Talk intervention utilizes three components to engage youths. The counseling component of the Walk and Talk intervention borrows seven principles from the Orinoco program used at the Maples Adolescent Centre near Vancouver, British Columbia (Moore, Moretti, & Holland, 1998, pp. 10–18). These principles are driven by an underlying understanding of attachment theory. These principles are as follows:

1. All behavior has meaning. The meaning of the behavior is revealed by understanding the internal working model of the person generating the behavior.
2. Early and repeated experiences with people who care for us set a foundation for our internal working models of relationship with self and others. Our earliest experiences have a profound effect on how we approach relationships, school, work, and play.
3. Biological legacies such as cognitive, emotional, and physical capabilities are an interactive part of our experience and contribute to our working model of relationships with self and others.
4. Internal working models are constantly changing in the context of relationships and expertise. These models are constantly revised based on experience. Experience can be added to but not subtracted.

5. Interpersonal relationships are a process of continuous reciprocal interplay of each person’s internal working model with others. It is not possible to hold oneself apart from this interplay.

6. We understand ourselves in relation to others. A sense of self includes our sense of how others view and respond to us.

7. Enduring change in an individual’s behavior occurs only when there is change in the internal working model supported by change in the system one lives in and if there is sufficient time, opportunity, and support to integrate the new experience.

The counseling component of the Walk and Talk intervention is interlaced with new strategies for positive life skills and attempts to incorporate solution-focused brief therapy (Riley, 1999). Through counseling, youths discover solutions by way of simple interventions while experiencing positive regard in Rogerian fashion (Rogers, 1980). Focus is kept on the youths’ strengths while collaborating for change (Riley, 1999; Orlick, 1993). Identifying highlights is an important element of each walk. Highlights are used to teach youths to think positively so they can reframe their experiences in a way that enhances well-being (Orlick, 1993). By being able to illuminate the good in things that happen in daily life, youths can find inner strength and resilience when experiencing negative events or reactions from others (Orlick, 1993). Youths who have an inner source of reworking setbacks in daily life will be more likely to cope with stress effectively.

The ecopsychology component of the Walk and Talk intervention is tied to the psychological processes that bring people closer to the natural world. Some research suggests that humans have a natural bond with other living organisms, and nurturing that connection may provide a health benefit (Roszak, Gomes, & Kanner, 1995; Real Age Newsletter, 2001a). By walking outdoors, the outdoor connection is nurtured, facilitating youths’ awareness of their environment.

The physiological component engages the youths in aerobic exercise. Considerable research supports the use of exercise to alleviate many types of mental illness and enhance feelings of well-being (Tkachuk & Martin, 1999). Some research suggests that as little as ten minutes of daily exercise is enough to generate mood-elevating neurochemicals (Real Age Newsletter, 2001b). Recognizing the importance of exercise to well-being is a critical aspect of the Walk and Talk intervention.

The intervention for behaviorally challenged youths combines the benefits of a strong therapeutic alliance based on the Rogerian technique of unconditional positive regard (Rogers, 1980), integrated with mild aerobic exercise that occurs outdoors in a place of natural beauty. The research goal is to discover if this combination has a beneficial effect on selected youths and their problem behaviors.

The impetus for this research is to understand the epidemiology and etiology of the problem behaviors while attempting to implement an effective preventative intervention. One objective is to provide fertile ground for the youths to explore and understand alternative behavioral choices. This phenomenological qualitative research approach assumes that the participants are existential individuals and as such, actions, verbalizations, everyday patterns, and ways of interacting can reveal an understanding of human behavior (Addison, 1992). A basic principle of existentialism suggests that each and every expression, even the most insignificant and superficial behavior, reveals and communicates who that individual is (Sartre, 1957). It is hoped that the participants will acquire a
stronger self-understanding via a therapeutic alliance, aerobic exercise, experiencing a
connection to the outdoors, and be able to choose to make a behavior change.

By understanding and utilizing attachment theory (Ainsworth & Bowlby, 1991; Bowlby,
1969; Centers for Disease Control, 1991; Ferguson, 1999; Holland, Moretti, Verlaan, & Peterson,
1993; Keat, 1990; Moffitt, 1993; Moore, Moretti, & Holland, 1998) and Rogerian (1980) meth-
ods to guide the counseling with a walk outdoors, it is hoped that youths’ self-esteem will
increase as they become connected to another person—myself—and the outdoors.

Why do some young people sabotage themselves with nonproductive behaviors?
I believe if an intervention can be introduced and then utilized by youths who have a his-
tory of these behaviors, they can be redirected to satisfying, productive lives regardless
of their prior personal history. The intervention will help behaviorally troubled youths
to feel better and do better by being internally motivated to choose prosocial behavior.

The plasticity, resilience, and remarkable adaptability of youths to their unique selves
and situations has been a catalyst for my research. The importance of attachment (as de-
efined by Ainsworth, 2000) and understanding attachment theory (Ainsworth, 2000; Bowlby,
1969) cannot be understated. The Walk and Talk intervention provides a safe place for
youths to discover new positive coping strategies that can benefit them throughout life.

**METHOD**

The middle school principal assigned the student outreach support worker to select ap-
propriate individuals for the Walk and Talk intervention. The assistant superintendent, a
licensed psychologist, was selected as a resource and liaison in case crises should arise. A
consent form was signed by a school district representative. Further, consent forms were
sent to the parents of participants.

The eight intervention respondents chosen were coded by school assessors as be-
haviorally challenged and in need of special education. I first met with each of the eight
youths for a preintervention interview that allows us to become acquainted and for
me to familiarize myself with their understanding of their behavioral challenges. Spec-
ifically, the youths’ problem behaviors as indicated by school representatives, parents
and/or guardians were identified as conduct disorder as described in the Diagnostic and
Statistical Manual of Mental Disorders (American Psychiatric Association, 1994). Conduct
disorders include violating rules, aggressiveness that threatens or causes physical harm to
others, bullying, extortion, lack of respect for self and others, suicide attempts, truancy,
initiating frequent fights, and various charges by the police such as breaking and en-
tering (DSM-IV, 1994). The problem behaviors were repetitive, resulting in unsuccessful
functioning within the school, community, and often family setting.

By utilizing a collaborative, qualitative approach, I disclosed the intentions of the
Walk and Talk intervention. I believe this approach facilitated development of alliance,
empowerment of the participant, and engagement as the expert (Creswell, 1998; Flick,
1998). My role as researcher was that of an active, interested learner (Creswell, 1998;
Flick, 1998). This collaborative, qualitative approach bridges the gap between partici-
pant and researcher. A collaborative approach has been preferred for youths since it en-
gages and honors them as their own expert (Axline, 1947/1969; Oaklander, 1978); youths
are usually not in control of many decisions that affect them.

Interviews were conducted before and after the six-week Walk and Talk intervention.
The first interview included an introduction by myself and by the youths. They were asked
to draw a picture of themselves performing any activity of their choice. Sheets of 8” by 11”
white paper and ten assorted gel pens were provided. These pens were chosen because
of their popularity with children of all ages. Upon completion of the drawings, the youths
were asked to make a list of five of their strengths. Next they were asked to list at least five weaknesses. The final activity was to write a short autobiographical incident—about something that had made an impression whether positive or negative. After each activity, discussion was encouraged. A goal of the interview was to start the youths thinking about self, and for me, to learn what they think and feel. At the close of the interview, I prepared them for the week of walking and talking, emphasizing that it would be their opportunity to talk about whatever came to mind and the talks would be confidential—except in extreme situations, for instance, statements about harming themself or others.

By conducting the first interview in this manner, it was hoped the youths would start to self-disclose in some or all of the modalities. Also, it provides baseline insight as to how the youths feel at that time. The self-portraits of each youth were examined by a licensed art therapist, Maxine Junge, and myself. Maxine Junge (personal communication, February 18, 2002) provides (the caution that what she offered were guesses, hypotheses, and impressions) The autobiographical pieces gave insight into issues considered important by these youths.

The interview was fairly ambitious, but the researcher did not press the youths with the agenda. It was hoped that an alliance would be established wherein trust and respect would be shared. This started the counseling process. It is important to discover what this process is for the youths and report it. It is important to discover the meaning the youths give to events, and resulting actions (Maxwell, 1996). It was the youths’ reality that this qualitative approach attempts to understand (Maxwell, 1996). The youths were the focus and their phenomenological experience was explored while psychoeducational interventions were suggested and discussed when appropriate.

It was the counselor’s role to help the youths clarify and reframe belief constructs while helping to identify and translate the subconscious into the conscious (Hays, 1999). How youths behave and speak reflects subconscious thoughts and feelings (Hunter, 1987). It was the counselor’s role to help the youths identify the connectedness to place and others, identify and verbalize one or more successful survival skills while introducing new conscious approaches that encourage the cognitive strategy of stop, think, do. Introducing young people to the hope of a future that is rewarding and positive and one they can manage and control is a paramount goal. When appropriate, they will be introduced to various life skills that can improve the quality of their life (Orlick, 1993). By learning about positive thinking, positive self-talk, stress management, relaxation skills, imagery, anger physiology, anger management, communication with “I statements,” focusing and refocusing, new behavioral choices can be made (Orlick, 1993). Learning one, two, or more key life skills can enhance the youths’ lives.

I met with each respondent for six consecutive weeks, once a week, for approximately 30–45 minutes per session. Each session entailed a walk on the school grounds. This did not include the pre and post interviews. The eight participants began their first Walk and Talk between December 12, 2001 and January 28, 2002. This wide range of start times was due to the waiting period for parental consents and then arranging appropriate times with the teachers. Also, at the end of December and early January there was a two-week school break which caused a delay in beginning some first sessions. The total Walk and Talk time allotted was 45 minutes, but because of time needed to dress appropriately, actual Walk and Talk time was about 30 minutes. At the start of each walk I asked the youths what they wanted to discuss. If there wasn’t anything in particular they wanted to say, I asked them for highlights in their lives since I last saw them a week ago. Highlights are positive events, positive experiences, comments, personal accomplishments or anything that has lifted the quality of the moment for that child (Orlick, 1993, 1998). Next, I asked them about their lowlights. Understanding and verbalizing...
that life is filled with highs and lows begins the journey of self-discovery and also allows the youth to discuss alternative strategies for dealing with problems.

Throughout the six-week Walk and Talk intervention, I introduced strategies for dealing with stress, identifying what was stressful for the youth, discussing the importance of positive self-talk, mental imagery, visualization techniques, and focusing and re-focusing techniques (Orlick, 1993, 1998). Most of the youths chosen for this intervention had anger-management challenges. When appropriate, anger-management techniques, combined with the cognitive strategy of stop, think, do was introduced. Understanding anger cycles and the physiology of anger was discussed. One of the life skills introduced was learning the rules of using assertiveness rather than aggressiveness and utilizing I-statements to convey feelings to others. When appropriate these types of life skills were introduced and practiced in mock situations. Positive life skill techniques were woven into the counseling session during most sessions.

The intervention was completed with a post interview. When gathering data from the youths, respondents were informed that the research was intended to help them in the future; therefore, answering honestly is important. Respondents were told there were no right or wrong responses. They were to feel free to talk openly. Similar to the pre intervention interview, youths were asked to draw a picture of themselves in an activity. Next they were asked to write their strengths and weaknesses. At that time, I showed each youth the drawing from their pre intervention interview, and we compared the strengths and weaknesses from before and after the intervention. Together we noted the differences. I asked each youth: What has changed since we started? What did you like about Walk and Talk? What didn’t you like about it? What was helpful? What wasn’t helpful? What are your concluding comments and remarks? Do you think it would be good for other youths to participate? I asked them what they thought about the art they produced and about the strengths and weaknesses they identified. I assessed self-esteem via the self-portrait they had drawn, comparing pre and post intervention responses. Several methods of communicating with the youths, i.e. art, structured exercise, open-ended questions, and discussion of their experience, made my report of their phenomenological experience more complete.

RESULTS AND DISCUSSION

I chose a phenomenological approach because I wanted to capture the essence of the youths’ experience as told by them. Did they feel better and do better? The youths’ experience was reported as I observed it. I assessed their experience of the Walk and Talk intervention as told to me by them along with collateral observation and/or information given to me by parents, teachers, and other involved school personnel. The ecopsychology aspect of this intervention can be replicated in any safe outdoor environment.

The only given variables in this research are the common denominators of age, youths from 9 to 13 years old, and the individual, problematic behaviors, although variations in etiology and epidemiology exist. The factors relating to the causes of the behaviors are individual. The systemic distribution of impacting incidents and contributing components to each youth’s behavior vary. By offering a multimodal approach it was hoped that the youths’ experience would be positive and result in prosocial behavior.

As the qualitative researcher it was my mandate to utilize rigorous data collection procedures (Creswell, 1998). As a researcher it was also my intent to maintain my distance in order to promote objectivity but still engage them as a counselor. To achieve this result requires walking a fine line. To preserve scientific clarity, conscious effort was required. However, a positive interpersonal relationship was necessary for the success
of the research intervention and of the qualitative approach. The characteristics and assumptions of the phenomenological qualitative approach to research necessitates that the participant's view be the entire reality of the study (Creswell, 1998). As such, the reality was purely and subjectively portrayed as an experiential component of the study. To analyze the data, multiple approaches and multiple traditions were included. This was done to provide a fuller, holistic view and richer understanding of the process which occurred during time in the field.

Combining the three components of counseling, ecopsychology, and physiological enhancement creates a new intervention for behaviorally challenged youths. The youths who completed the intervention stated that it helped them clarify feelings. Overall, I believe the Walk and Talk intervention benefited each youth who completed the intervention. The following discussion provides specifics about the individual participants.

**Youth A**

Youth A's participation helped him to become more self-aware of his struggles with sister and father. Although strategies were discussed, I do not believe that Youth A assimilated many new life skills. He needed much more individual time and attention to help him cope with the number of problems he faces outside of school. However, his art therapy work showed a definite improvement. The first drawing was very small, not grounded, and “floating,” which the art therapist suggested indicated a feeling of smallness, powerlessness, and lack of self-esteem. The final drawing depicted a well-defined boy and girl—Youth A and little sister—in his bedroom with all his prized possessions. Both children were smiling and he looked like a protective big brother. His teacher's comments about Youth A indicated that the Walk and Talk intervention had benefited Youth A at least for the days of each Walk and Talk. The teacher believed Youth A needed more continuous intensive help. Youth A made positive comments about his experience in intervention: He liked talking about his feelings and learning focusing and refocusing skills. His before-and-after strengths ratio was 12/15, indicating that he believed he had more strengths on the completion day of Walk and Talk than on the starting day. His weaknesses ratio was 9/3, indicating that at the start of Walk and Talk he believed he had many more weaknesses than when he finished.

**Youth B**

I believe there was a significant improvement with Youth B. Each week he self-disclosed more and more. He was eager to talk about his problems and challenges as time went on. Toward the end of the intervention he was walking with his head held high rather than downcast. He was very pleased to report his new fun relationship with his big brother. His teacher told me throughout the intervention of his improved coping and social skills in the classroom. She gave me detailed accounts of how Youth B avoided confrontations by using newly acquired social skill strategies. In the last discussion with the teacher, on the last day of the intervention, she revealed a violent outburst in his classroom. It was on that day physical abuse charges were reported to social services regarding his mother. Although the teacher could not understand Youth B's incongruent behavior, I knew it all fit.

His before-and-after strengths ratio was 5/8, indicating that he believed he had more strengths on the completion day of Walk and Talk than on the starting day. In addition, three of the strengths mentioned were social skills. His weaknesses ratio was 4/0, indicating that at the start of Walk and Talk he believed he had four weaknesses, and...
when he finished he had none. Youth B indicated Walk and Talk was a helpful intervention for him.

The art therapist’s comments regarding his drawings indicate that he was a boy possibly filled with fear and anger. The drawings denoted a developmental problem, in that they depicted a small and insignificant figure.

**Youth C**

I think there was a huge improvement with Youth C. He seemed to self-disclose more and more each week. He utilized the life skill techniques we discussed, practiced them throughout the week, and eagerly reported back to me. His self-esteem soared with each new success he experienced. He would retell with enthusiasm his weekly attempts at new life skills, his successes along with some failures. His teacher echoed my sentiments, noticing a remarkable change of attitude in the classroom, his cooperation with peers, and positive choices in behavior. His brother commented on their newly improved relationship.

His before-and-after strengths ratio was 5/5. On completion day of Walk and Talk, three of his five strengths were social skills, whereas on starting day none were social skills. His weaknesses ratio was 5/2, indicating that at the start of Walk and Talk, he had many more weaknesses than when he finished. At the start he indicated that two of his five weaknesses were social skills and at completion, one of his two weaknesses was his temper. I viewed these changes as exemplifying a raised level of self-awareness. Youth C very enthusiastically claimed Walk and Talk was a positive event for him.

The art therapist noted that his first drawing depicted a small, facetless, insignificant boy, and his final drawing was very similar. Sadly, after completion of the intervention, charges of parental child abuse were reported to social services.

**Youth D**

Youth D was reintegrated into the regular classroom toward the end of the Walk and Talk intervention. I think his participation in the intervention was one of many support efforts that helped him improve his overall success and well-being. During Walk and Talk he talked about his daily challenges. He seemed to develop a self-awareness over time. His teacher reported positive changes: he had started to react appropriately to accept “no” without bursting into tears. He utilized self-chosen time outs and self-talk to help him control his emotions. His teacher indicated that he was more polite and considerate with others. Youth D reported that Walk and Talk had been a great experience for him.

His before-and-after strengths ratio was 7/8. On completion day of Walk and Talk, one of his eight strengths was a social skill. His weaknesses ratio was 5/5. The art therapy assessment for his first drawing suggested an ineffectual, fearful, and avoidant child. His final drawing was grounded, but still revealed a faceless self. Youth D’s before-and-after drawings lack depth and involvement.

**Youth E**

I believe Youth E benefitted from his participation in the Walk and Talk intervention, but needed intensive ongoing help. He seemed to have a very low self-image that was controlled by external events. His troubled home life, parents’ divorce, and taking a daily drug cocktail for various problems contributed to his need for external support. His teacher agreed. The teacher also said that Youth E had benefited greatly from participating in Walk and Talk. In the classroom he was much calmer and cooperative, thereby
Youth E said Walk and Talk was good for him because he could get his feelings out. The art therapist’s assessment of his artwork was of a boy with high intelligence, with a good self image. This was contradictory to the boy I knew. Both of his pictures were grounded but showed an avoidant boy who did not know how to handle his impulses. His before-and-after strengths ratio was 5/8. On completion day of Walk and Talk, seven of his eight strengths were social skills. This was impressive. His weaknesses ratio was 5/1. In his first meeting he identified two social skills weaknesses as being related to being bullied. In our final meeting he admitted that arguing was his weakness. I believe he had acquired more self-awareness over the intervention time and learned new coping strategies.

Youth F

It was difficult for me to assess whether Youth F, the only female participant, benefitted from the intervention. I often wondered what she was learning and what bothered her. However, I found her participation in the ecopsychology aspect remarkable. She became transformed from a girl who threw rocks at birds to one who tried to gently approach them and stroke them. She became increasingly aware of the surrounding trees, an occasional wandering dog, and the variety of birds. She seemed to enjoy the physical aspects of the intervention. I believe she was extremely athletic and often mentioned this to her. Her teacher queried me after the second Walk and Talk to learn what life skills we were concentrating on. The teacher collaborated with me to help the girl control her impulsivity by reminding her when it was appropriate to focus, refocus, stop, think, do, rub her lucky penny, and apply any other life skill strategies I had mentioned. Also, Youth F’s mother phoned me to offer collaboration in helping her daughter use life skills at home. Youth F experienced behavioral improvement during the intervention time as reported by all triangulation sources. Youth F told me that Walk and Talk was great. The art therapist’s assessment of her artwork suggested possible organic problems. I agreed. Her before-and-after strengths ratio was 15/7. Her weaknesses ratio was 5/0. I believe Youth F could use ongoing outside support.

Youth G

Youth G was a total pleasure to have as a participant of Walk and Talk. Although he was mildly developmentally delayed, he was eager to learn new positive life skills. He readily became attached to the outdoor environment, becoming keenly aware of the birds, trees, and sounds. He often made observations that I found remarkable although his kind, gentle spirit was often squelched in his daily struggles with academics and interpersonal relationships, but because of his resilience and willingness to discuss his problems he could find solutions readily. His teachers believed Youth G’s success was ongoing after he participated in behavioral program. Youth G’s teachers concurred that the Walk and Talk intervention had probably helped to illuminate his positive choices.

Youth G’s art assessment denoted his developmental lag. The drawings before-and-after showed him wearing a sport shirt with the number twelve (his lucky number) and playing volleyball. Neither drawing reflected a grounded individual. His before-and-after strengths ratio was 5/5. In his first meeting he identified two social skills as being strengths. In the last meeting he identified three social skills as such. His weaknesses ratio was 1/3. I believe this indicated a keener self awareness. I believe Youth G benefitted enormously from his participation in the Walk and Talk intervention.
Youth H

Youth H identified seven strengths and two weaknesses. He liked to talk about playing and watching hockey. His art was not grounded and very simple. The art therapist noted that his drawing was very protected and defensive indicating possible anger and aggression.

Youth H was removed from the intervention after one meeting. At the time of our first meeting the teacher’s aide strongly argued against his being a participant in the Walk and Talk intervention. Youth H had been selected by the student outreach worker and his parents had consented to his participation. The new school guidance counselor contacted me with concerns and recommended that he be pulled from the intervention. Due to these objections, Youth H was withdrawn. My advice to future Walk and Talk interventionists is to enlist the support of all people who are in favor of a youth’s participation in the program. Otherwise what happened to Youth H could happen to others.

Overall, the research results were positive. From the teachers’ perspective, my perspective, and the youths’ comments, the intervention seemed to benefit them on many fronts. Introducing alternative life skill strategies was a key counseling component of the intervention. All youths found the focusing and refocusing exercise beneficial and many adopted the technique to everyday life. Focusing and refocusing can facilitate learning to experience life fully. By practicing focusing and refocusing exercises youths can learn to closely observe what is seen, listen intently to what is heard, feel fully and connect completely when interacting with others (Orlick, 1993). The focusing and refocusing technique utilized aspects of the intervention’s ecopsychological component by weaving a life skill technique into a closer awareness of self and facets of the outdoors that otherwise would go unnoticed. After applying the technique outdoors it was readily transferable to indoor situations.

It is my belief that to varying degrees, the youths benefited from the experience of counseling outdoors enhanced by the physiological “boost” provided by aerobic exercise. Walking allowed for physical release, something very important for these active youths. Feelings, problems, and sometimes solutions to problems materialized. All respondents found talking about such problems to be beneficial. These respondents were chosen because of their difficulty in managing social situations.

Assuming my findings are correct and the intervention can be deemed successful, will the intervention have long-term effects? I can only speculate. Follow-up longitudinal studies are recommended. Suggestions for future research include using control groups with various problem behaviors as well as groups with no problem behaviors, groups with and without the ecopsychological component, groups with and without the walking component. I also advise utilizing quantitative methods to measure success. Possibly my strongest recommendation is to do the Walk and Talk intervention in warm weather.

CONCLUSIONS

A possible limitation of this research could be its subjective nature. Further, my subjectivity presupposes that most people with attachment difficulties respond favorably to Carl Rogers’ (1980) therapeutic approach of positive personal regard.

Inclement weather could deter respondents from wholehearted participation. Unfortunately, the session times, once established, were not flexible, since they were incorporated into the school day.

This research approached behavioral challenges from an individual vantage point rather than a systemic or societal perspective. Some researchers (e.g., Grossman, 1999) view youths’ turmoil and violence as resulting from the ills of society (i.e., television,
movies, and video game violence). The present research does not address these types of cultural concerns of society on a macro level.

In sum, I would like to see the Walk and Talk intervention used in middle schools and high schools, and utilized by mental health practitioners. Once youths have completed the intervention, I recommend periodical refreshers on a monthly basis. Walk and Talk refreshers will give the youths a time to reconnect with the outdoors, self, and reinstate positive behaviors and life skills.

References


Analysis of the Study

PURPOSE/JUSTIFICATION

The purpose is found on page 462: “The research goal is to discover if this combination has a beneficial effect on selected youths and their problem behaviors.” We would substitute “the Walk and Talk intervention” for “this combination,” but the meaning is, we think, nonetheless clear.

The justification is extensive and clear (though somewhat redundant) with respect to both the societal/personal needs the study addresses and the rationale for the intervention. It includes limitations of other interventions and the philosophical and scientific bases of the method.

There appear to be no ethical issues regarding confidentiality or deception. Risk to students appears minimal but parental consent forms were obtained and a psychologist was available if needed.

DEFINITIONS

Definitions are not explicit but are made reasonably clear through (sometimes extensive) description of major terms: “Walk and Talk”; beneficial effect; and problem behaviors. The meaning of both these and other terms such as: counseling component; ecopsychology component; physiological component; and collaborative qualitative approach would be clearer if references and justifications were not mixed in with descriptions.

PRIOR RESEARCH

The author provides extensive references in support of both rationale for the study and the intervention procedures. However, it is often unclear whether the reference is research, theory, or opinion, and whether the reference does, in fact, support the method. For example: “there can be the physiological advantage of mild exercise,” page 461.

HYPOTHESES

No hypotheses are explicitly stated. The research question stated in the Abstract—“Do preadolescent and adolescent youths with behavioral challenges benefit from a multimodal intervention of walking outdoors while engaging in counseling?”—in conjunction with subsequent material clearly implies the directional hypothesis that the students do improve.
SAMPLE
The sample is clearly described as eight students (actually seven because one was withdrawn for reasons not entirely clear), aged 9 to 13 chosen from one school district as having problem behaviors. The method of selection is clear. Each of the students is further described in the section on individual outcomes. Replication of the study would be facilitated by more detail. For example, how many were primarily aggressive, suicidal, lawbreakers, etc. This convenience sample does not permit generalization, but that is presumably not the intent of the study.

INSTRUMENTATION
Instrumentation included listing of strengths and weaknesses as well as self-drawings by students and interviews by the researcher, all done pre- and post-intervention. It also included researcher observations and interpretations made during each of six intervention periods with each student. Whether a daily log or other recording mechanism was used is not reported; we must assume these are based on researcher recollection. Also included, as we discover in the results section, were comments from teachers and family members.

No discussion of reliability or validity is provided, which is not unusual in qualitative studies. The researcher acknowledges the subjective nature of the study as well as presents the justification for the methodology. Although the report states that “triangulation with involved adults supported findings that indicated the students were making prosocial choices in behavior, and were experiencing more feelings of self-efficacy and well-being” this is not clear to us. As we evaluate the reports on individual students, it appears that the researcher and teacher were in clear agreement on three, perhaps four of the seven students. Comments from family members were rare. There also seems to be a contradiction in one case with the researcher stating, “it was difficult for me to assess whether Youth F . . . benefited from the intervention . . .” but later stating that “Youth F . . . experienced behavioral improvement during the intervention time as reported by all triangulation sources.”

PROCEDURES/INTERNAL VALIDITY
The intervention is, in general, well described although more detail would be helpful, especially in replication. Presumably a reader can turn to the Orlick reference on ways of reducing stress, but the anger management, cognitive strategies, and assertiveness strategies need further clarification, as is provided for “life-skills strategies” in the report on Youth F.

The author recognizes the problem of internal validity in discussing Youth D with the statement: “I think his participation in the intervention was one of many support effects that helped him improve . . . .” The effect of other variables on outcomes exists for all seven students. Although this type of study cannot effectively control extraneous variables, more discussion is appropriate. It seems to us that it is unlikely that many other threats to internal validity would exist during this particular six-week period, but assessment of such possibilities should be feasible for a researcher who is involved this closely with the schools. One instance of a significant event (physical abuse) and its probable impact is discussed.

DATA ANALYSIS
Statistical analysis is not appropriate for this study. As is usual in studies of this type, the results from various instruments are described, in this case for individual students.

RESULT/INTERPRETATION
The author recognizes the possibilities for bias and subjectivity impacting her reporting and interpreting results. In numerous instances, she gives appropriate cautions. Given this limitation, we find the results impressive, particularly because she is often clear in stating “I believe” so that the reader should realize that this applies to many other statements as well. She also frequently cites sources: e.g., “Youth B made positive comments about . . .”; “His teacher told me . . .” and gives behavioral examples such as “She became transformed from a girl who threw rocks at birds to one who tried to gently approach them.”

Although we think the totality of evidence and impressions justifies the conclusion that students benefited, we think the amount of benefit is overstated. It appears that the most common positive outcomes were increased self-awareness as perceived by the researcher and the more observable self-disclosure. These are considered desirable in counseling but may have influenced perception of other outcomes.

A problem exists in the interpretation of the pre-post self-listing of strengths and weaknesses. When strengths increased and weaknesses decreased, this is usually interpreted as positive. However, with two students where this is not the case, the result is “explained” as due to greater self-awareness, hence also positive. While this may be true, researchers cannot change their interpretation of data after the fact, at least not without more justification.
CONCLUSIONS
We agree, with the reservation mentioned above, that “...to varying degrees the youths in this study benefited from the experience....” We think the results justify further research, as suggested by the author, and that this research is needed before the intervention is recommended on other than a trial basis.

This study illustrates both the richness of such research and the difficulty of making firm conclusions.

It also illustrates a contrast in reporting styles. More “traditional” researchers are likely to prefer, as we do, clearer distinctions among purpose, justification, definition, procedures, results, and interpretations than are found in this report. Others argue that too much attention to such clarity can severely impair the narrative. We agree but believe a middle ground is attainable.

GO BACK TO THE INTERACTIVE AND APPLIED LEARNING FEATURE AT THE BEGINNING OF THE CHAPTER FOR A LISTING OF INTERACTIVE AND APPLIED ACTIVITIES. GO TO THE ONLINE LEARNING CENTER AT WWW.MHHE.COM/FRAENKEL8E TO TAKE QUIZZES, PRACTICE WITH KEY TERMS, AND REVIEW CHAPTER CONTENT.

OBSERVER ROLES
• There are four roles that an observer can play in a qualitative research study, ranging from complete participant, to participant-as-observer, to observer-as-participant, to complete observer. The degree of involvement of the observer in the observed situation diminishes accordingly for each of these roles.

PARTICIPANT VERSUS NONPARTICIPANT OBSERVATION
• In participant observation studies, the researcher actually participates as an active member of the group in the situation or setting he or she is observing.
• In nonparticipant observation studies, the researcher does not participate in an activity or situation but observes “from the sidelines.”
• The most common forms of nonparticipant observation studies include naturalistic observation and simulations.
• A simulation is an artificially created situation in which subjects are asked to act out certain roles.

OBSERVATION TECHNIQUES
• A coding scheme is a set of categories an observer uses to record a person’s or group’s behaviors.
• Even with a fixed coding scheme in mind, an observer must still choose what to observe.
• A major problem in all observational research is that much that goes on may be missed.

OBSERVER EFFECT
• The term observer effect refers to either the effect the presence of an observer can have on the behavior of the subjects or observer bias in the data reported. The use of audio and video recordings is especially helpful in guarding against this effect.
• For this reason, many researchers argue that the participants in a study should not be informed of the study’s purpose until after the data have been collected.

OBSERVER BIAS
• Observer bias refers to the possibility that certain characteristics or ideas of observers may affect what they observe.

SAMPLING IN OBSERVATIONAL STUDIES
• Researchers who engage in observation usually must choose a purposive sample.

INTERVIEWING
• A major technique commonly used by qualitative researchers is in-depth interviewing.
• One purpose of interviewing the participants in a qualitative study is to find out how they think or feel about something. Another purpose is to provide a check on the researcher’s observations.
• Interviews may be structured, semistructured, informal, or retrospective.
• The six types of questions asked by interviewers are background (or demographic) questions, knowledge questions, experience (or behavior) questions, opinion (or values) questions, feelings questions, and sensory questions.
• Respect for the individual being interviewed is a paramount expectation in any proper interview.
• Key actors are people in any group who are more informed about the culture and history of the group and who also are more articulate than others.
• A focus group interview is an interview with a small, fairly homogeneous group of people who respond to a series of questions asked by the interviewer.
• The most effective characteristic of a good interviewer is a strong interest in people and in listening to what they have to say.

RELIABILITY AND VALIDITY IN QUALITATIVE RESEARCH
• An important check on the validity and reliability of the researcher’s interpretations in qualitative research is to compare one informant’s description of something with another informant’s description of the same thing.
• Another, although more difficult, check on reliability/validity is to compare information on the same topic with different information—triangulation.
• Efforts to ensure reliability and validity include use of proper vocabulary, recording questions used as well as personal reactions, describing content, and documenting sources.

Key Terms
background question 453
coding scheme 449
credibility 458
dichotomous question 455
experience (behavior) question 453
external audit 458
feelings question 454
focus group interview 456
informal interview 451
interview 450
key actor (informant) 453
knowledge question 453
member checking 458
naturalistic observation 447
1. “Observing people without their knowledge and/or recording their comments without their permission is unethical.” Would you agree with this statement? Explain your reasoning.

2. Which method do you think is more likely to produce valid information—participant or nonparticipant observation? Why?

3. Are there any kinds of behaviors that should not be observed? Explain your thinking. If so, give an example.

4. What would you say is the biggest advantage of participant observation? The biggest disadvantage?

5. “A major difficulty in observing people is that much that goes on may be missed by the observer.” Is this always true? Are there any ways to decrease what is missed during observational research? If so, give an example of what might be done.

6. Is observer effect inevitable? Why or why not?

7. “What qualitative researchers try to do is to study the subjective objectively.” What does this mean?

8. Is there any kind of data that cannot be obtained through observation? Through interviews? If so, explain.

9. Of the six types of questions we described on pages 453–454, which do you think interviewees would find the hardest to answer? The easiest? Why?

10. What would you say is the most important quality or characteristic an interviewer should possess? Why?

11. Which do you think would be hardest to master and do well, observing or interviewing? Why?

12. Interviewers are frequently advised to “be natural.” What do you think that means? Is it possible? Desirable? Always a good idea or not? Explain your thinking.


9. Fetterman, op. cit., p. 72. Fetterman points out that the term *informant* has its roots in anthropological work conducted in colonial settings, specifically in African nations formerly within the British Empire.
10. Ibid., p. 73.
11. Ibid.
13. Fetterman, op. cit., p. 70.
16. Ibid., pp. 73–74.
20. Ibid., p. 383.
OBJECTIVES  Studying this chapter should enable you to:

- Explain what a content analysis is.
- Explain the purpose of content analysis.
- Name three or four ways content analysis can be used in educational research.
- Explain why a researcher might want to do a content analysis.
- Summarize an example of content analysis.
- Describe the steps involved in doing a content analysis.
- Describe the kinds of sampling that can be done in content analysis.
- Describe the two ways to code descriptive information into categories.
- Describe two advantages and two disadvantages of content analysis research.
- Recognize an example of content analysis research when you come across it in the educational literature.
Darrah Hallowitz, a middle school English teacher, is becoming more and more concerned about the ways that women are presented in the literature anthologies she has been assigned to use in her courses. She worries that her students are getting a limited view of the roles that women can play in today's world. After school one day, she asks Roberta, another English teacher, what she thinks. "Well," says Roberta, "Funny you should ask me that. Because I have been kind of worried about the same thing. Why don't we check this out?"

How could they "check this out"? What is called for here is content analysis. Darrah and Roberta need to take a careful look at the ways women are portrayed in the various anthologies they are using. They might find that such studies have been done, or they might do one themselves. That is what this chapter is about.

As we mentioned in Chapter 19, the third method that qualitative researchers use to collect and analyze data is what is customarily referred to as content analysis, of which the analysis of documents is a major part.

What Is Content Analysis?

Much of human activity is not directly observable or measurable, nor is it always possible to get information from people who might know of such activity from firsthand experience. Content analysis is a technique that enables researchers to study human behavior in an indirect way, through an analysis of their communications.* It is just what its name implies: the analysis of the usually, but not necessarily, written contents of a communication. Textbooks, essays, newspapers, novels, magazine articles, cookbooks, songs, political speeches, advertisements, pictures—in fact, the contents of virtually any type of communication—can be analyzed. A person’s or group’s conscious and unconscious beliefs, attitudes, values, and ideas often are revealed in their communications.

In today’s world, there is a tremendously large number of communications of one sort or another (newspaper editorials, graffiti, musical compositions, magazine articles, advertisements, films, electronic media, etc.). Analysis of such communications can tell us a great deal about how human beings live. To analyze these messages, a researcher needs to organize a large amount of material. How can this be done? By developing appropriate categories, ratings, or scores that the researcher can use for subsequent comparison in order to illuminate what he or she is investigating. This is what content analysis is all about.

By using this technique, a researcher can study (indirectly) anything from trends in child-rearing practices (by comparing them over time or by comparing differences in such practices among various groups of people), to types of heroes people prefer, to the extent of violence on television. Through an analysis of literature, popular magazines, songs, comic strips, cartoons, and movies, the different ways in which sex, crime, religion, education, ethnicity, affection and love, or violence and hatred have been presented at different times can be revealed.

*Many things produced by human beings (e.g., pottery, weapons, songs) were not originally intended as communications but subsequently have been viewed as such. For example, the pottery of the Mayans tells us much about their culture.
He or she can also note the rise and fall of fads. From such data, researchers can make comparisons about the attitudes and beliefs of various groups of people separated by time, geographic locale, culture, or country.

Content analysis as a methodology is often used in conjunction with other methods, in particular historical and ethnographic research. It can be used in any context in which the researcher desires a means of systematizing and (often) quantifying data. It is extremely valuable in analyzing observation and interview data.

Let us consider an example. In a series of studies during the 1960s and 1970s, Gerbner and his colleagues did a content analysis of the amount of violence on television.\(^1\) They selected for their study all of the dramatic television programs that were broadcast during a single week in the fall of each year (in order to make comparisons from year to year) and looked for incidents that involved violence.

They videotaped each program and then developed a number of measures used by trained coders to analyze each of the programs. *Prevalence*, for example, referred to the percentage of programs that included one or more incidents of violence; *rate* referred to the number of violent incidents occurring in each program; and *role* referred to the individuals who were involved in the violent incidents. (The individuals who committed the violent act or acts were categorized as “violents,” while the individuals against whom the violence was committed were categorized as “victims.”)\(^2\)

Gerbner and his associates used these data to report two scores: a *program score*, based on prevalence and rate; and a *character score*, based on role. They then calculated a *violence index* for each program, which was determined by the sum of these two scores. Figure 20.1 shows one of the graphs they presented to describe the violence index for different types of programs between 1967 and 1977. It suggests that violence was higher in children’s programs than in other types of programs and that there was little change during the 10-year period.

### Some Applications

Content analysis is a method that has wide applicability in educational research. For example, it can be used to:

- Show how different schools handle the same phenomena differently (e.g., curricular patterns, school governance).
- Infer attitudes, values, and cultural patterns in different countries (e.g., through an examination of what sorts of courses and activities are—or are not—sponsored and endorsed).
- Compare the myths that people hold about schools with what actually occurs within them (e.g., by comparing the results of polls taken of the general public with literature written by teachers and others working in the schools).
- Gain a sense of how teachers feel about their work (e.g., by examining what they have written about their jobs).
- Gain some idea of how schools are perceived (e.g., by viewing films and television programs depicting same).

Content analysis can also be used to supplement other, more direct methods of research. Attitudes toward women who are working in so-called men’s occupations, for example, can be investigated in a variety of ways: questionnaires; in-depth interviews; participant observations; and/or content analysis of social networking sites, magazine articles, television programs, newspapers, films, and autobiographies that touch on the subject.
Lastly, content analysis can be used to give researchers insights into problems or hypotheses that they can then test by more direct methods. A researcher might analyze the content of a student newspaper, for example, to obtain information for devising questionnaires or formulating questions for subsequent in-depth interviews with members of the student body at a particular high school.

Following are the titles of some content analysis studies that have been conducted by educational researchers:

- “Exploring Lesbian, Gay, Bisexual, and Transgender Topics in Foundations of Education Textbooks”
- “An Analysis of Multicultural Teacher Education Coursework Syllabi.”
- “Using Alcohol to Sell Cigarettes to Young Adults: A Content Analysis of Cigarette Advertisements.”
- “Perceptions of Collaboration: A Content Analysis of Student Journals.”
- “Role of Gender in Reviewers’ Appraisals of Quality in Political Science Books.”
- “A Content Analysis of School Anti-bullying Policies.”
- “Teaching Mathematics for Understanding: An Analysis of Lessons Submitted by Teachers Seeking NBPTS Certification”

Categorization in Content Analysis

All procedures that are called content analysis have certain characteristics in common. These procedures also vary in some respects, depending on the purpose of the analysis and the type of communication being analyzed.

All must at some point convert (i.e., code) descriptive information into categories. There are two ways that this might be done:

1. The researcher determines the categories before any analysis begins. These categories are based on previous knowledge, theory, and/or experience. For example, later in this chapter, we use predetermined categories to describe and evaluate a series of journal articles pertaining to social studies education (see page 487).
2. The researcher becomes very familiar with the descriptive information collected and allows the categories to emerge as the analysis continues (see Figure 20.3 on page 484).

Steps Involved in Content Analysis

DETERMINE OBJECTIVES

Decide on the specific objectives you want to achieve. There are several reasons why a researcher might want to do a content analysis.

- To obtain descriptive information about a topic. Content analysis is a very useful way to obtain information that describes an issue or topic. For example, a content analysis of child-rearing practices in different countries could provide descriptive information that might lead to a consideration of different approaches within a particular society. Similarly, a content analysis of the ways various historical events are described in the history textbooks of different countries might shed some light on why people have different views of history (e.g., Adolf Hitler’s role in World War II).
- To formulate themes (i.e., major ideas) that help to organize and make sense out of large amounts of descriptive information. Themes are typically groupings of codes that emerge either during or after the process of developing codes. An example is shown on page 484.
- To check other research findings. Content analysis is helpful in validating the findings of a study or studies using other research methodologies. Statements of textbook publishers concerning what they believe is included in their company’s high school biology textbooks (obtained through interviews), for example, could be checked by doing a content analysis of such textbooks. Interviews with college professors as to what they say they teach could be verified by doing a content analysis of their syllabi.
- To obtain information useful in dealing with educational problems. Content analysis can help teachers plan activities to help students learn. A content analysis of student compositions, for example, might help teachers pinpoint grammatical or stylistic errors. A content analysis of math assignments might reveal deficiencies in the ways students attempt to solve word problems. While such analyses are similar to grading practices, they differ in that they provide more specific information, such as the relative frequency of different kinds of mistakes.
- To test hypotheses. Content analysis can also be used to investigate possible relationships or to test ideas.
Important Findings in Content Analysis Research

One of the classic examples of content analysis was done more than 50 years ago by Whiting and Child.* Their method was to have at least two judges assign ratings on 17 characteristics of child rearing and on the presence or absence of 20 different explanations of illness for 75 “primitive societies” in addition to the United States. Examples of characteristics are: dependence socialization anxiety, age at weaning, and age at toilet training. Ratings were based on ethnographic material on each society (see Chapter 21), available at the Yale Institute of Human Relations, which varied from one printed page to several hundred pages.

Psychoanalytical theory provided the basis for a series of correlational hypotheses. Among the researchers’ conclusions was that explanations of illness are related to both early deprivation and severity of training (e.g., societies that weaned earliest were more likely to explain illness as due to eating, drinking, or verbally instigated spells). Another finding was that the U.S. (middle-class) sample was, by comparison, quite severe in its child-rearing practices, beginning both weaning and toilet training earlier than other societies and accompanying both with exceptionally harsh penalties.


For example, a researcher might hypothesize that social studies textbooks have changed in the degree to which they emphasize the role of minority individuals in the history of our country. A content analysis of a sample of texts published over the last 20 years would reveal if this is the case.

**DEFINE TERMS**

As in all research, investigators and/or readers are sure to incur considerable frustration unless important terms, such as violence, minority individuals, and back-to-basics, are clearly defined, either beforehand or as the study progresses.

**SPECIFY THE UNIT OF ANALYSIS**

What, exactly, is to be analyzed? Words? Sentences? Phrases? Paintings? The units to be used for conducting and reporting the analysis should be specified before the researcher begins the analysis.

**LOCATE RELEVANT DATA**

Once the researcher is clear about the objectives and units of analysis, he or she must locate the data (e.g., textbooks, magazines, songs, course outlines, lesson plans) that will be analyzed and that are relevant to the objectives. The relationship between the content to be analyzed and the objectives of the study should be clear. One way to help ensure clarity is to have a specific research question (and possibly a hypothesis) in mind beforehand and then to select a body of material in which the question or hypothesis can be investigated.

**DEVELOP A RATIONALE**

The researcher needs a conceptual link to explain how the data are related to the objectives. The choice of content should be clear, even to a disinterested observer. Often, the link between question and content is quite obvious. A logical way to study bias in advertisements, for example, is to study the contents of newspaper and magazine advertisements. At other times, the link is not so obvious, however, and needs to be explained. Thus, a researcher who is interested in changes in attitudes toward a particular group (e.g., police officers) over time might decide to look at how they were portrayed in short stories appearing in magazines published at different times. The researcher must assume that changes in how police officers were portrayed in these stories indicate a change in attitudes toward them.

Many content analyses use available material. But it is also common for a researcher to generate his or her own data. Thus, open-ended questionnaires might be administered to a group of students in order to determine how they feel about a newly introduced curriculum, and then the researcher would analyze their responses. Or a series of open-ended interviews might be held with a group of students to assess their perceptions of the strengths and weaknesses of the school’s counseling program, and these interviews would be coded and analyzed.
DEVELOP A SAMPLING PLAN

Once these steps have been accomplished, the researcher develops a sampling plan. Novels, for example, may be sampled at one or any number of levels, such as words, phrases, sentences, paragraphs, chapters, books, or authors. Television programs can be sampled by type, channel, sponsor, producer, or time of day shown. Any form of communication may be sampled at any conceptual level that is appropriate.

One of the purposive sampling designs described in Chapter 18 is most commonly used. For example, a researcher might decide to obtain transcribed interviews from several students because all of them are exceptionally talented musicians. Or a researcher might select from among the minutes of school board meetings only those in which specific curriculum changes were recommended.

The sampling techniques discussed in Chapter 6 can also be used in content analysis. For example, a researcher might decide to select a random sample of chemistry textbooks, curriculum guides, laws pertaining to education that were passed in the state of California, lesson plans prepared by history teachers in a low-performing high school, or an elementary principal’s daily bulletins. Another possibility would be to number all the songs recorded by the Benny Goodman big band and then select a random sample of 50 to analyze.

Stratified sampling also can be used in content analysis. A researcher interested in school board policies in a particular state, for example, might begin by grouping school districts by geographic area and size and then use random or systematic sampling to select particular districts. Stratification ensures that the sample is representative of the state in terms of district size and location. A statement of policies would then be obtained from each district in the sample for analysis.

Cluster sampling can also be used. In the example just described, if the unit of analysis were the minutes of board meetings rather than formal policy statements, the minutes of all meetings during an academic year could be analyzed. Each randomly selected district would thus provide a cluster of meeting minutes. If minutes of only one or two meetings were randomly selected from each district, however, this would be an example of two-stage random sampling (see page 97).

There are, of course, less desirable ways to select a sample of content to be analyzed. One could easily select a convenience sample of content that would make the analysis virtually meaningless. An example would be assessing the attitudes of American citizens toward free trade by studying articles published only in the National Review or The Progressive. An improvement over convenience sampling would be, as mentioned earlier, purposive sampling. Rather than relying on simply their own or their colleagues’ judgments as to what might be appropriate material for analysis, researchers should, when possible, rely on evidence that the materials they select are, in fact, representative. Thus, deciding to analyze letters to the editor in Time magazine in order to study public attitudes regarding political issues might be justified by previous research showing that the letters in Time agreed with polling data, election results, and so on.

FORMULATE CODING CATEGORIES*

After the researcher has defined as precisely as possible what aspects of the content are to be investigated, he or she needs to formulate categories that are relevant to the investigation (Figure 20.2). The categories should be so explicit that another researcher could use them to examine the same material and obtain substantially the same results—that is, find the same frequencies in each category.

Suppose a researcher is interested in the accuracy of the images or concepts presented in high school English texts. She wonders whether the written or visual content in these books is biased in any way, and if it is, how. She decides to do a content analysis to obtain some answers to these questions.

She must first plan how to select and order the content that is available for analysis—in this case, the textbooks. She must develop pertinent categories that will allow her to identify that which she thinks is important.

Let us imagine that the researcher decides to look, in particular, at how women are presented in these texts. She would first select the sample of textbooks to be analyzed—that is, which texts she will read (in this case, perhaps, all of the textbooks used at a certain grade level in a particular school district). She could then formulate categories. How are women described? What traits do they possess? What are their physical, emotional, and social characteristics? These questions suggest categories for analysis that can, in turn, be broken down into even smaller coding units such as those shown in Table 20.1.

Another researcher might be interested in investigating whether different attitudes toward intimate human

*An exception to this step occurs when the researcher counts instances of a particular characteristic (e.g., of violence, as in the Gerbner study) or uses a rating system (as was done in the Whiting & Child study).
relationships are implied in the mass media of the United States, England, France, and Sweden. Films would be an excellent and accessible source for this analysis, although the categories and coding units within each category would be much more difficult to formulate. For instance, three general categories could be formed using Horney’s typology of relationships: “going toward,” “going away from,” and “going against.” This would be an example of categories formulated ahead of time. The researcher would then look for instances of these concepts expressed in the films. Other units of behavior, such as hitting someone, expressing a sarcastic remark, kissing or hugging, and refusing a request, are illustrations of other categories that might emerge from familiarity with the data.

Another way to analyze the content of mass media is to use “space” or “time” categories. For example, in the past few years, how many inches of newsprint have been devoted to student demonstrations on campuses? How many minutes have television news programs devoted to urban riots? How much time has been used for programs that deal with violent topics compared to nonviolent topics? The process of developing categories that emerge from the data is often complex. An example of coding an interview is shown in Figure 20.3. It is a transcript of an interview with a teacher regarding curriculum change. In this example, both the category codes and the initial themes are identified in the text and annotated in the margins, along with reminders to the researcher.

**TABLE 20.1 Coding Categories for Women in Social Studies Textbooks**

<table>
<thead>
<tr>
<th>Physical Characteristics</th>
<th>Emotional Characteristics</th>
<th>Social Characteristics</th>
</tr>
</thead>
<tbody>
<tr>
<td>Color of hair</td>
<td>Warm</td>
<td>Race</td>
</tr>
<tr>
<td>Color of eyes</td>
<td>Aloof</td>
<td>Religion</td>
</tr>
<tr>
<td>Height</td>
<td>Stable, secure</td>
<td>Occupation</td>
</tr>
<tr>
<td>Weight</td>
<td>Anxious, insecure</td>
<td>Income</td>
</tr>
<tr>
<td>Age</td>
<td>Hostile</td>
<td>Housing</td>
</tr>
<tr>
<td>Hairstyle</td>
<td>Enthusiastic</td>
<td>Age</td>
</tr>
<tr>
<td>etc.</td>
<td>etc.</td>
<td>etc.</td>
</tr>
</tbody>
</table>

Manifest Versus Latent Content. In doing a content analysis, a researcher can code either or both the manifest and the latent content of a communication. How do they differ? The **manifest content** of a
communication refers to the obvious, surface content—the words, pictures, images, and so on that are directly accessible to the naked eye or ear. No inferences as to underlying meaning are necessary. To determine, for example, whether a course of study encourages the development of critical thinking skills, a researcher might simply count the number of times the word thinking appears in the course objectives listed in the course outline.

The latent content of a document, on the other hand, refers to the meaning underlying what is said or shown. To get at the underlying meaning of a course outline, for example, a researcher might read through the entire outline or a sample of pages, particularly those describing the classroom activities and homework assignments to which students will be exposed. The researcher would then make an overall assessment as to the degree to which the course is likely to develop critical thinking. Although the researcher’s assessment would surely be influenced by the appearance of the word thinking in the document, it would not depend totally on the frequency with which the word (or its synonyms) appeared.

There seems little question that both methods have their advantages and disadvantages. Coding the manifest content of a document has the advantage of ease of coding and reliability—another researcher is likely to arrive at the same number of words or phrases counted. It also lets the reader of the report know exactly how the term thinking was measured. On the other hand, it would be somewhat suspect in terms of validity. Just counting the number of times the word thinking appears in the outline for a course would not indicate all the ways in which this skill is to be developed, nor would it necessarily indicate “critical” thinking.

Coding the latent content of a document has the advantage of getting at the underlying meaning of what is written or shown, but it comes at some cost in reliability. It is likely that two researchers would assess differently the degree to which a particular course outline would develop critical thinking. An activity or assignment judged by one researcher as especially likely to encourage critical thinking might be seen by a second researcher as ineffective. A commonly

<table>
<thead>
<tr>
<th>Codes</th>
<th>Transcript</th>
<th>Themes</th>
</tr>
</thead>
</table>
| Close-knit community         | **LUCY:** Well, I think Greenfield is a fairly close-knit community. I think people are interested in what goes on. . . . We like to keep track of what our kids are doing, and feel a connection to them because of that. The downside of that perhaps is that kids can feel that we are looking TOO close. . . . you said the health of the community itself is reflected in schools. . . . I think . . . this is a pretty conservative community overall, and look to make sure that what is being talked about in the schools really carries out the community’s values. . . . (And I think there might be a tendency to hold back a little bit too much because of that idealization of “you know, we learned the basics, the reading, the writing, and the arithmetic”). So you know, any change is threatening. . . Sometimes that can get in the way of trying to do different things. **INTERVIEWER:** In terms of looking at leadership strengths in the community, where does Greenfield set in a continuum with planning process, . . . forward thinking, visionary people. . . . **LUCY:** I think there are people that have wonderful visionary skills. I would say that the community as a whole . . . would not reflect that . . . I think we have some incredibly talented people who become frustrated when they try to implement what they see as their . . .
| Health of community, or community values | Sense of community |
| Change is threatening | Potential theme: Leaders |
| Visionary skills of talented people |
used criterion is 80 percent agreement. But even if a single researcher does all the coding, there is no guarantee that he or she will remain constant in the judgments made or standards used. Furthermore, the reader would probably be uncertain as to exactly how the overall judgment was made.

The best solution, therefore, is to use both methods whenever possible. A given passage or excerpt should receive close to the same description if a researcher’s coding of the manifest and latent contents is reasonably reliable and valid. However, if a researcher’s (or two or more researchers’) assessments, using the two methods, are not fairly close (it is unlikely that there would ever be perfect agreement), the results should probably be discarded and perhaps the overall intent of the analysis reconsidered.

**CHECK RELIABILITY AND VALIDITY**

Although it is seldom done, we believe that some of the procedures for checking reliability and validity (see Chapter 8) could at least in some instances be applied to content analysis. In addition to assessing the agreement between two or more categorizers, it would be useful to know how the categorizations by the same researcher agree over a meaningful time period (test-retest method). Furthermore, a kind of equivalent-forms reliability could be done by selecting a second sample of materials or dividing the original sample in half. One would expect, for example, that the data obtained from one sample of editorials would agree with those obtained from a second sample. Another possibility would be to divide each unit of analysis in the sample in half for comparison. Thus, if the unit of analysis is a novel, the number of derogatory statements about foreigners in odd-numbered chapters should agree fairly well with the number in even-numbered chapters.

With respect to validity, we think it should often be possible not only to check manifest against latent content but also to compare either or both with results from different instruments. For example, the relative frequency of derogatory and positive statements about foreigners found in editorials would be expected to correspond with that found in letters to the editor, if both reflected popular opinion.

**ANALYZE DATA**

Counting is an important characteristic of some content analysis. Each time a unit in a pertinent category is found, it is “counted.” Thus, the end product of the coding process must be numbers. It is obvious that counting the frequency of certain words, phrases, symbols, pictures, or other manifest content requires the use of numbers. But even coding the latent content of a document requires the researcher to represent those coding decisions with numbers in each category.

It is also important to record the base, or reference point, for the counting. It would not be very informative, for example, merely to state that a newspaper editorial contained 15 anti-Semitic statements without knowing the overall length of the editorial. Knowing the number of speeches a senator makes in which she argues for balancing the budget doesn’t tell us very much about how fiscally conservative she is if we don’t know how many speeches she has made on economic topics since the counting began.

Let us suppose that we want to do a content analysis of the editorial policies of newspapers in various parts of the United States. Table 20.2 illustrates a portion of a tally sheet that might be used to code such editorials. The first column lists the newspapers by number (each newspaper could be assigned a number to facilitate analysis). The second and third columns list location and circulation, respectively. The fourth column lists the number of editorials coded for each paper. The fifth column shows the subjective assessment by the researcher of each newspaper’s editorial policy (these might later be compared with the objective measures obtained). The sixth and seventh columns record the number of certain types of editorials.

The last step, then, is to analyze the data that have been tabulated. As in other methods of research, the descriptive statistical procedures discussed in Chapter 10 are useful to summarize the data and assist the researcher in interpreting what they reveal.

A common way to interpret content analysis data is through the use of frequencies (i.e., the number of specific incidents found in the data) and the percentage and/or proportion of particular occurrences to total occurrences. You will note that we use these statistics in the analysis of social studies research articles that follows (see Tables 20.3, 20.4, and 20.5). In content analysis studies designed to explore relationships, a crossbreak table (see Chapter 10) or chi-square analysis (see Chapter 11) is often used because both are appropriate to the analysis of categorical data.*

Other researchers prefer to use codes and themes as aids in organizing content and arriving at a narrative description of findings.

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*In studies in which ratings or scores are used, averages, correlation coefficients, and frequency polygons are appropriate.
An Illustration of Content Analysis

In 1988, we did a content analysis of all the research studies published in *Theory and Research in Social Education (TRSE)* between the years 1979 and 1986. TRSE is a journal devoted to the publication of social studies research. We read 46 studies contained in those issues. The following presents a breakdown by type of study reviewed.

### Type of Studies Reviewed

<table>
<thead>
<tr>
<th>Type of Studies Reviewed</th>
<th>Number of Studies</th>
</tr>
</thead>
<tbody>
<tr>
<td>True experiments</td>
<td>7 (15%)</td>
</tr>
<tr>
<td>Quasi-experiments</td>
<td>7 (15%)</td>
</tr>
<tr>
<td>Correlational studies</td>
<td>9 (19%)</td>
</tr>
<tr>
<td>Questionnaire-type surveys</td>
<td>9 (19%)</td>
</tr>
<tr>
<td>Interview-type surveys</td>
<td>6 (13%)</td>
</tr>
<tr>
<td>Ethnographies</td>
<td>9 (19%)</td>
</tr>
</tbody>
</table>

*This totals 47 rather than 46 because the researchers in one study used two methodologies.*

Both of us read every study that was published during this period that fell into one of these categories. We analyzed the studies using a coding sheet that we jointly prepared. To test our agreement concerning the meaning of the various categories, we each initially read a sample of (the same) six studies, and then met to compare our analyses. We found that we were in substantial agreement concerning what the categories meant, although it soon became apparent that we needed some additional subcategories as well as some totally new categories. Figure 20.4 presents the final set of categories.

We then reread the initial six studies using the revised set of categories, as well as the remaining 40 studies. We again met to compare our assessments. Although we had a number of disagreements, the great majority were simple oversights by one or the other of us and were easily resolved.* Tables 20.3 through 20.5 present some of the findings of our research.

### TABLE 20.3 Clarity of Studies

<table>
<thead>
<tr>
<th>Category</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Focus clear?</td>
<td>46 (100%)</td>
</tr>
<tr>
<td>B. Variables clear?</td>
<td></td>
</tr>
<tr>
<td>(1) Initially</td>
<td>31 (67%)</td>
</tr>
<tr>
<td>(2) Eventually</td>
<td>7 (15%)</td>
</tr>
<tr>
<td>(3) Never</td>
<td>8 (17%)</td>
</tr>
<tr>
<td>C. Is treatment in intervention studies made explicit?</td>
<td></td>
</tr>
<tr>
<td>(1) Yes</td>
<td>12 (26%)</td>
</tr>
<tr>
<td>(2) No</td>
<td>2 (4%)</td>
</tr>
<tr>
<td>(3) NA (no treatment)</td>
<td>32 (70%)</td>
</tr>
<tr>
<td>D. Is there a hypothesis?</td>
<td></td>
</tr>
<tr>
<td>(1) No</td>
<td>18 (39%)</td>
</tr>
<tr>
<td>(2) Explicitly stated</td>
<td>13 (28%)</td>
</tr>
<tr>
<td>(3) Clearly implied</td>
<td>15 (33%)</td>
</tr>
</tbody>
</table>

Note: One study used more than one type of sample. Percentages are based on \( n = 46 \).

*It would have been desirable to compare our analysis with the findings of a second team as a further check on reliability, but this was not feasible.*
1. Type of Research
   A. Experimental
      (1) Pre
      (2) True
      (3) Quasi
   B. Correlational
   C. Survey
   D. Interview
   E. Causal-comparative
   F. Ethnographic

2. Justification
   A. No mention of justification
   B. Explicit argument made with regard to worth of study
   C. Worth of study is implied
   D. Any ethical considerations overlooked?

3. Clarity
   A. Focus clear? (yes or no)
   B. Variables clear?
      (1) Initially
      (2) Eventually
      (3) Never
   C. Is treatment in intervention studies made explicit? (yes, no, or n.a.)
   D. Is there a hypothesis?
      (1) No
      (2) Yes: explicitly stated
      (3) Yes: clearly implied

4. Are Key Terms Defined?
   A. No
   B. Operationally
   C. Constitutively
   D. Clear in context of study

5. Sample
   A. Type
      (1) Random selection
      (2) Representation based on argument
      (3) Convenience
      (4) Volunteer
      (5) Can’t tell
   B. Was sample adequately described?
      (1 = high; 5 = low)
   C. Size of sample (n)

6. Internal Validity
   A. Possible alternative explanations for outcomes obtained
      (1) History
      (2) Maturation
      (3) Mortality
      (4) Selection bias/subject characteristics
      (5) Pretest effect
      (6) Regression effect

   (7) Instrumentation
   (8) Attitude of subjects
   B. Threats discussed and clarified? (yes or no)
   C. Was it clear that the treatment received an adequate trial (in intervention studies)? (yes or no)
   D. Was length of time of treatment sufficient? (yes or no)

7. Instrumentation
   A. Reliability
      (1) Empirical check made? (yes or no)
      (2) If yes, was reliability adequate for study?
   B. Validity
      (1) Empirical check made? (yes or no)
      (2) If yes, type:
         (a) Content
         (b) Concurrent
         (c) Construct

8. External Validity
   A. Discussion of population generalizability
      (1) Appropriate
         (a) Explicit reference to defensible target population
         (b) Appropriate caution expressed
      (2) Inappropriate
         (a) No mention of generalizability
         (b) Explicit reference to indefensible target population
   B. Discussion of ecological generalizability
      (1) Appropriate
         (a) Explicit reference to defensible settings (subject matter, materials, physical conditions, personnel, etc.)
         (b) Appropriate caution expressed
      (2) Inappropriate
         (a) No mention of generalizability
         (b) Explicit reference to indefensible settings

9. Were Results and Interpretations Kept Distinct? (yes or no)

10. Data Analysis
    A. Descriptive statistics? (yes or no)
        (1) Correct technique? (yes or no)
        (2) Correct interpretation? (yes or no)
    B. Inferential statistics? (yes or no)
        (1) Correct technique? (yes or no)
        (2) Correct interpretation? (yes or no)

11. Do Data Justify Conclusions? (yes or no)

12. Were Outcomes of Study Educationally Significant? (yes or no)

13. Relevance of Citations
These tables indicate that the intent of the studies was clear; that the variables were generally clear (82 percent); that the treatment in intervention studies was clear in almost all cases; and that most studies were hypothesis testing, although the latter was not always made clear. Only 17 percent of the studies could claim representative samples, and most of these required argumentation. Mortality, subject characteristics, and instrumentation threats existed in a substantial proportion of the studies. These were acknowledged and discussed by the authors in 9 of the 15 experimental or correlational studies, but rarely by the authors of any of the other types.

### Using the Computer in Content Analysis

In recent years, computers have been used to offset much of the labor involved in analyzing documents. Computer programs have for some time been a boon to quantitative research, allowing researchers to calculate quite rapidly very complex statistics. Programs to assist qualitative researchers in their analysis, however, now also exist. Many simple word-processing programs can be used for some kinds of data analysis. The “find” command, for example, can locate various passages in a document that contain key words or phrases. Thus, a researcher might ask the computer to search for all passages that contain the words *creative*, *nonconformist*, or *punishment*, or phrases such as *corporal punishment* or *artistic creativity*.

Notable examples of qualitative computer programs that are currently available include ATLAS.ti, QSR NUD*IST, Nvivo, and HyperResearch. These programs will identify words, phrases, or sentences, tabulate their occurrence, print and graph the tabulations, and sort and regroup words, phrases, or sentences according to how they fit a particular set of categories. Computers, of course, presume that the information of interest is in written form. Optical scanners are available that make it possible for computers to “read” documents and store
the contents digitally, thus eliminating the need for data entry by hand. Should you have to do some qualitative data analysis, a few of these programs are worth taking some time to examine.

**Advantages of Content Analysis**

As we mentioned earlier, much of what we know is obtained, not through direct interaction with others, but through books, newspapers, and other products of human beings. A major advantage of content analysis is that it is unobtrusive. A researcher can “observe” without being observed, since the contents being analyzed are not influenced by the researcher’s presence. Information that might be difficult, or even impossible, to obtain through direct observation or other means can be gained unobtrusively through analysis of textbooks and other communications, without the author or publisher being aware that it is being examined. Another advantage of content analysis is that, as we have illustrated, it is extremely useful as a means of analyzing interview and observational data.

A third advantage of content analysis is that the researcher can delve into records and documents to get some feel for the social life of an earlier time. He or she is not limited by time and space to the study of present events.

A fourth advantage accrues from the fact that the logistics of content analysis are often relatively simple and economical—with regard to both time and resources—as compared to other research methods. This is particularly true if the information is readily accessible, as in newspapers, reports, books, periodicals, and the like.

Lastly, because the data are readily available and almost always can be returned to if necessary or desired, content analysis permits replication of a study by other researchers. Even live television programs can be recorded for repeated analysis at later times.

**Disadvantages of Content Analysis**

A major disadvantage of content analysis is that it is usually limited to recorded information. The researcher may, of course, arrange the recordings to suit the purposes of the study, as in the use of open-ended questionnaires or projective techniques (see pages 130–131). However, one would not be likely to use such recordings to study proficiency in calculus, Spanish vocabulary, the frequency of hostile acts, or similar variables, because they require demonstrated behaviors or skills.

The other main disadvantage is in establishing validity. Assuming that different analysts can achieve acceptable agreement in categorizing, the question remains as to the true meaning of the categories themselves. Recall the earlier discussion of this problem under the heading “Manifest Versus Latent Content.” A comparison of the results of these two methods provides some evidence of criterion-related validity, although the two measurements obviously are not completely independent. As with any measurement, additional evidence of a criterion or construct nature is important. In the absence of such evidence, the argument for content validity rests on the persuasiveness of the logic connecting each category to its intended meaning. For example, our interpretation of the data on social studies research assumes that what was clear or unclear to us would also be clear or unclear to other researchers or readers. Similarly, it assumes that most, if not all, researchers would agree as to whether definitions and particular threats to internal validity were present in a given article. While we think these are reasonable assumptions, that does not make them so.

With respect to the use of content analysis in historical research, the researcher normally has records only of what has survived or what someone thought was of sufficient importance to write down. Because each generation has a somewhat different perspective on its life and times, what was considered important at a particular time in the past may be viewed as trivial today. Conversely, what is considered important today might not even be available from the past.

Finally, sometimes there is a temptation among researchers to consider that the interpretations gleaned from a particular content analysis indicate the *causes* of a phenomenon rather than being a reflection of it. For example, portrayal of violence in the media may be considered a cause of today’s violence in the streets, but a more reasonable conclusion may be that violence in both the media and in the streets reflect the attitudes of people. Certainly much work has to be done to determine the relationship between the media and human behavior. Again,
some people think that reading pornographic books and magazines causes moral decay among those who read such materials. Pornography probably does affect some individuals, and it is likely that it affects different people in different ways. It is also quite likely that it does not affect other individuals at all, but exactly how people are affected, and why or why not, is unclear.

An Example of a Content Analysis Study

In the remainder of this chapter, we present a published example of content analysis, followed by a critique of its strengths and weaknesses. As we did in our critiques of other types of research studies, we use concepts introduced in earlier parts of the book in our analysis.

RESEARCH REPORT

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The “Nuts and Bolts” of Teacher Images in Children’s Picture Storybooks: A Content Analysis

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Children’s picture storybooks are rife with contradictory representations of teachers and school. Some of those images are fairly accurate. Some of those images are quite disparate from reality. These representations become subsumed into the collective consciousness of a society and shape expectations and behaviors of both students and teachers. Teachers cannot effectuate positive change in their profession unless and until they are aware of the internal and external influences that define and shape the educational institution. This ethnographic content analysis examines 62 titles and 96 images of teachers to probe the power of stereotypes/clichés. The authors found the following: The teacher in children’s picture storybooks is overwhelmingly portrayed as a white, non-Hispanic, woman. The teacher in picture storybooks who is sensitive, competent, and able to manage a classroom effectively is a minority. The negative images outnumbered the positive images. The teacher in children’s picture storybooks is static, unchanging, and flat. The teacher is polarized and does not inspire in his or her students the pursuit of critical inquiry.

A recent children’s book shares the story of a teacher. Miss Malarkey, home with the flu, narrates her concern about how her elementary students will behave with and be treated by the potential substitutes available to the school. Among the substitutes represented are Mrs. Boba, a 20-something woman who is too busy painting her
toenails to attend to Miss Malarkey’s students. Mr. Doberman is a drill sergeant of a man who snarls at the children: “So ya think it’s time for recess, HUH?” Mr. Lemonjello, drawn as a small, bald, nervous man, is taunted by the students with the class iguana and is subsequently covered in paint at art time (Miss Malarkey Won’t Be in Today, Finchler, 1998).

In this text, which is representative of many that have been published with teachers as central characters, teachers are portrayed as insensitive; misguided, victimizing, or incompetent. We perceive these invalidating images as worthy of detailed analysis, based on a hypothesis that a propensity of images painting teachers in an unflattering light may have broader consequences on cultural perceptions of teachers and schooling. Our ethnographic content analysis herein examines 96 images of teachers as they are found in 62 picture storybooks from 1965 to present. It is our perspective that these images in part shape and define the idea of “Teacher” in the collective consciousness of a society.

Those of us in teacher education realize our students come to us with previously constructed images of the profession. What is the origin of those images? When and how are these images formed and elaborated upon? It appears that the popular culture has done much to form or modify those images. Weber and Mitchell (1995) suggest that these multiple, often ambiguous, images are “... integral to the form and substance of our self-identities as teachers” (p. 32). They suggest that “... by studying images and probing their influence, teachers could play a more conscious and effective role in shaping their own and society’s perceptions of teachers and their work” (p. 32). We have supported this “probing of images” by analyzing children’s picture storybooks, examining their meanings and metaphors where they intersect with teachers and schooling. It is our intention that by sharing what we have learned about the medium’s responses to the profession, we will better serve teachers in playing that “conscious role” in defining their work.

We submit that children’s picture storybooks are not benign. Although the illustrations of teachers are often cartoon-like and at first glance fairly innocent, when taken as a whole they have power not just in teaching children and their parents about the culture of schooling, but in shaping it, as well. This is of concern particularly when the majority of the images of teachers are negative, mixed, or neutral as we have found in our research and will report herein. Gavriel Salomon, well known for his research in symbolic representations and their impact on children’s learning and thinking, has this to say about the power of media:

Media’s symbolic forms of representation are clearly not neutral or indifferent packages that have no effect on the represented information. Being part and parcel of the information itself, they influence the meanings one arrives at, the mental capacities that are called for, and the ways one comes to view the world. Perhaps more important, the culture that creates the media and develops their symbolic forms of representation also opens the door for those forms to act on the minds of the young in both more and less desirable ways. [italics added] (1997, p. 13)

We see Salomon’s work here as foundational to our own in this way: if those images children and parents see of “teacher” are generally negative, then they will create a “world view” of “teacher” based upon stereotype. The many negative images of teachers in children’s picture storybooks may be the message to readers that teachers are, at best, kind but uninspiring, and at worst, roadblocks to be torn down in order that children may move forward successfully.
WHY STUDY IMAGES OF TEACHERS FROM POPULAR CULTURE?

As we were preparing to teach a graduate class entitled “Portrayal of Teachers in Children's Literature and in Film,” we began gathering a text set of picture storybooks that focused on teachers, teaching, and the school environment. We quickly became aware of the propensity of negative images of teachers, from witch to dragon, drill sergeant to milquetoast, incompetent fool to insensitive clod. We realized early in the graduate course that many teachers had not had the opportunity to critically examine images of their own profession in the popular media. They were unaware of the negative portrayals in existing texts, particularly in children’s literature. Teachers may not have considered that the negative images of the teacher “may give the public further justification for a lack of support of education” (Crume, 1989, p. 36).

Children's literature is rife with contradictory representations of teachers and school. Some of those images are fairly accurate and some of those images are quite disparate from reality (Farber, Provenso, & Holm, 1994; Joseph & Burnaford, 1994; Knowles, Cole, & Presswood, 1994; Weber & Mitchell, 1995). These representations become subsumed into the collective consciousnes of a society and shape expectations and behaviors of both students and teachers. They become a part of the images that children construct when they are invited to “draw a teacher” or “play school,” and indeed the images that teachers draw of themselves. Consider, for example, the three-year old boy with no prior schooling experience, who, in playing school, puts the dolls in straight rows, selects a domineering personality for a female teacher, and assigns homework (Weber & Mitchell, 1995).

This exploration into teacher images is a critical one at multiple levels of teacher education. Pre-service teachers need to analyze via media images their personal motivations and expectations of the teaching profession and enter into teaching with clear understandings of how the broad culture perceives their work. In-service teachers need to heighten their awareness of how children, parents, and community members perceive them. These perceptions may be in part media-induced and not based on the complex reality of a particular teacher. If information is indeed power, then perhaps those of us in the profession can better understand that popular images contribute to the public’s frequent suspicion of our efficacy, and this heightened awareness can support us in addressing the negative images head on.

RESEARCH PERSPECTIVES

How do we as teachers, prospective teachers, and teacher educators come to so fully subscribe to the images we have both experienced and imagined? Have those images formed long before adulthood, perhaps even before the child enters school? Weber and Mitchell (1994) contend, “Even before children begin school, they have already been exposed to a myriad of images of teachers, classrooms and schools which have made strong and lasting impressions on them” (p. 2). Some of those images and attitudes form from direct experience with teachers. Barone, Meyerson, and Mallette (1995) explain, “When adults respond to the question of which person had the greatest impact on their lives, other than their immediate family, teachers are frequently mentioned” (p. 257). Those early images are not necessarily positive, often convey traditional teaching styles, and are marked with commonalities across the United States (Joseph & Burnaford, 1994; Weber & Mitchell, 1995).

In addition to the years of “on-the-job” experience with teaching and teachers that one acquires as a student sitting and observing “on the other side of the desk,” a person has also acquired images and stereotypes of teaching and teachers from the
person’s experiences with literature and media. Lortie calls this “the apprenticeship-of-observation” (1975, p. 67). These forms of print media (literature) and visual media are part of “popular culture,” which is inclusive of film, television, magazines, newspapers, music, video, books, cartoons, etc. In the past decade the literature on popular culture has grown dramatically as an increasing number of educators, social scientists, and other critical thinkers have begun to study the field (Daspit & Weaver, 1999; Giroux, 1994; Giroux, 1988; Giroux & Simon, 1989; McLaren, 1994; Trifonas, 2000; Weber & Mitchell, 1995). Weber and Mitchell (1994) explain, “So pervasive are teachers in popular culture that if you simply ask, as we have, schoolchildren and adults to name teachers they remember, not from school but from popular culture, a cast of fictionalized characters emerges that takes on larger than life proportions” (p. 14). These authors challenge us to examine how it is that children—even young children—would hold such strong images and that there be such similarity among the images they hold.

Studies of children’s literature have previously examined issues of stereotyping (race, gender, ethnicity, age) as well as moral and ethical issues within stories (Dougherty & Engel, 1987; Hurley & Chadwick, 1998; Lamme, 1996). Recently Barone, Meyerson, and Mallette (1995) examined the images of teachers in children’s literature. They found a startling paradox: “On one hand, teachers are valued as contributing members of society; on the other hand, teachers are frequently portrayed in the media and literature as inept and not very bright” (p. 257).

Barone, et al. (1995) found two types of teachers portrayed: traditional, non-child centered, and non-traditional, more child-centered. The more prevalent type, the traditional teacher, was not usually liked nor respected by the students in the stories. The non-traditional teacher was seldom portrayed, but when the portrayal was presented, the teacher was shown to be valued and well liked. They contend that the reality of teaching is far too complex to fall into two such simple categories; that the act of teaching is complex. They point out that “...the authors of children’s books often negate this complexity of teaching and learning, and classify teachers as those who care about students and those who are rigid or less sensitive to students’ needs” (p. 260). Their study led to several disturbing conclusions: (a) The ubiquitous portrayal of traditional teachers as mean and strict make schools and schooling appear to be a dreadful experience. (b) The portrayal of teachers is frequently one in which the teacher is shown as having less intelligence than the students have. (c) Teachers are portrayed as having little or no confidence in their students and their abilities. Weber and Mitchell (1995) assert that “the stereotypes that are prevalent in the popular culture and experience of childhood play a formative role in the evolution of a teacher’s identity and are part of the enculturation of teachers into their profession” (p. 27). Joseph and Burnaford (1994) address the numerous examples of caricatures or stereotypes as being somewhat different, but “...all are negative and all reduce the teacher to an object of scorn, disrespect, and sometimes fear” (p. 15).

WHAT RESEARCH FRAMEWORK GUIDED OUR STUDY?

To answer our questions concerning the elements of the children’s texts, we required a methodological framework from which we could examine the “character” of the texts. We found that framework in accessing research theories from anthropology and literary criticism which suggested an appropriate approach to content analysis.

Submitting that all research directly or indirectly involves participant observation, David Altheide (1987) finds an ethnographic approach applicable to content analyses, in that the writings or electronic texts are ultimately products of social interaction. Ethnographic content analysis (ECA) requires a reflexive and highly interactive relationship
between researcher and data with the objective of interpreting and verifying the com-
unication of meaning. The meaning in the text message is assumed to be reflected in
the multiple elements of form, content, context, and other nuances. The movement be-
tween researcher and data throughout the process of concept development, sampling,
data collection, data analysis, and interpretation is systematic but not rigid, initially
structured but receptive to emerging categories and concepts.

As we proceeded through the multiple readings of the picture storybooks, we
attempted to foreground three main concepts: (a) To attempt to discover “meaning”
is an attempt to include the multiple elements which make up the whole: appearance,
language, subject taught, gender issues, racial/ethnic diversity, and other nuances as they
came apparent; (b) The multiple readings of the selected sample of children’s litera-
ture to understand, and to interpret the structures of the texts are not to conform the
texts to our analytic notions but to inform them; and (c) In the intimacy of our relation-
ship with the data we are acting on them and changing them, just as the data are chang-
ing us and the way we perceive past and present texts. As we encountered new texts, we
attempted to consistently return to previous texts and to be receptive to new or revised
interpretations that were revealed.

WHAT WAS OUR RESEARCH METHODOLOGY?

We used Follett Library Resources’ database to find titles addressing “teachers” and
“schools.” This resulted in a list of 62 titles and 96 teacher images published from 1965
to present (Appendix A). No chapter books or Magic Schoolbus series books were re-
viewed, as they did not qualify under the definition of “picture storybook” (Huck, 1997,
p. 198). We specifically did not attend to publication dates or “in print/out of print”
status, as many of these texts appear on school and public library shelves decades after
they have gone out of print. Our approach provided us with the majority of children’s
picture storybooks available for purchase in the United States or available through pub-
lic libraries.

To better guide our examinations about the images of teachers, ensure that we re-
viewed the titles consistently, and in order to record the details of the texts we reviewed,
we noted details of each teacher (representation) in aspects of Appearance, Language,
Subject, Approach, and Effectiveness. The specific details we were seeking under each
category for each teacher represented in the sample literature are further described
below:

**Appearance:** observable race, gender, approximate age, name, clothing, hairstyle,
weight (thin, average, plump)

**Language:** representative utterances by the teacher represented in the book or as
reported by the narrator of the book

**Subject:** the school subject(s) that the teacher was represented as teaching:
reading/language arts, math, geography, history, etc.

**Approach:** any indicators of a teaching philosophy, including whether children
were seated in rows, were working together in learning centers, were reciting
memorized material, whether the teacher was shown lecturing, etc.

**Effectiveness:** indicators included narrator’s point of view, images or language
about children’s learning from that teacher; images or language about children’s emotional response to the teacher etc.

We also attempted to note the absence of data as well as the presence of data. For example, we noted the occurrences of a teacher remaining nameless through the book,
of a teacher not being represented as teaching any curriculum, or of a teacher failing to inspire any critical thinking in her students.

We entered data in the foregoing categories about each teacher representation onto forms, which we then reviewed in order to group the individually represented teachers into four more specific categories: positive representations, negative representations, mixed review, and neutral. A teacher fitting into the category of “positive teacher” was represented as being sensitive to children’s emotional needs, supportive of meaningful learning, compassionate, warm, approachable, able to exercise classroom management skills without resorting to punitive measures or yelling, and was respectful and protective of children. A teacher would be classified as a “negative teacher” if he or she were represented as dictatorial, using harsh language, unable to manage classroom behavior, distant or removed, inattentive, unable to create a learning environment, allowing teasing or taunting among students, or unempathetic to students’ diverse backgrounds. A teacher was categorized as “mixed review” if they possessed characteristics that were both positive and negative: for example, if a teacher were otherwise represented as caring and effective in the classroom, but did nothing to halt the teasing of a child. The fourth category for consideration was that of “neutral,” in which a teacher was represented in the illustration of a text, but had neither a positive nor a negative effect on the children.

A doctoral student focusing on reading in the elementary school and who is well-versed in children’s literature served as an inter-rater for this part of the analysis. After having conferred on the characteristics of each category, she read each text independently of the researchers and categorized each teacher as “positive,” negative,” “mixed review,” and “neutral.” We achieved 100% agreement in the category of “positive representations of teachers” and 93% agreement regarding the “negative” images. We had 75% agreement on the “neutral” images and 100% agreement on the category of “mixed” images (two images). Upon further discussion of our qualifications for “neutral,” we were able to agree on all 14 images as having neither a positive nor negative impact on the children as represented in the text.

WHAT WERE THE FINDINGS?

Our findings regarding the preponderance of the images are detailed in the following paragraphs.

The teacher in children’s picture storybooks is overwhelmingly portrayed as a white, non-Hispanic woman. There were only eight representations of African-American teachers, and only three of them were the protagonists of the books: The Best Teacher in the World (Chardiet & Maccarone, 1990); Show and Tell (Munsch,1991); and Will I Have a Friend? (Cohen, 1967). Two Asians, no Native Americans, and no other persons of color are shown in the 96 teacher images, making the total number of culturally diverse images represented at only 11% of the total.

The teacher in picture storybooks who is sensitive, competent, and able to manage a classroom effectively is a minority. The teacher who met the standards we described for a “positive teacher,” which include an ability to construct meaningful learning environments, compassion, respect, and management skills for a group of children, exists in only 42% of the teacher images in our sample. This means only 40 images out of a total 96 images were demonstrative of teacher efficacy. Some examples of the “positive teacher” are found in Mr. Slingerland in Lilly’s Purple Plastic Purse (Henkes, 1996), Mr. Falker in Thank You, Mr. Falker (Polacco, 1998), and Arizona Hughes in My Great-aunt Arizona (Houston, 1992).
The negative images outnumbered the positive images. Teachers who were dictatorial, used harsh language with children, were distant or removed, or allowed teasing among students comprised 42% of the total number of 96 teacher representations. Examples of the “negative teacher” are found in the nameless teacher in *John Patrick Norman McHennessy—The Boy Who Was Always Late* (Burningham, 1987), Miss Tyler in *Today Was a Terrible Day* (Giff, 1980), and Miss Landers in *The Art Lesson* (dePaola, 1989). There were only two teachers in the sample who received a “mixed review,” which was by definition a generally positive teacher with some negative strategies, approaches, or statements (Mrs. Chud in *Chrysanthemum* [Henkes, 1991] and Mrs. Page in *Miss Alaineus: A Vocabulary Disaster* [Frasier, 2000]). Fourteen teacher images, or 15% of the total number, were represented as “neutral,” meaning that the teacher in the text had neither a positive nor a negative impact on the students. The nameless teachers in *Oliver Button Is a Sissy* (de Paola, 1979) and *Amazing Grace* (Hoffman, 1991) are representative of “neutral” teacher images.

The teacher in children’s picture storybooks is static, unchanging, and flat. An unexpected finding in this content analysis was that teachers in picture storybooks are never shown as learners themselves, never portrayed as moving from less effective to more effective. Like the nameless teacher in Miriam Cohen’s “Welcome to First Grade!” series, if she is a paragon of kindness and patience, she will remain so unfailingly from the beginning of the text to its conclusion. If he is an incompetent novice, like Mr. Lemonjello in *Miss Malarkey Won't Be in Today* (Finchler, 1998), he will not be shown reflecting, learning, and reinventing himself into an informed and effective educator by book’s end. Perhaps the evolution from mediocrity to effectiveness holds little in the way of entertainment value, but it could hold great value in the demonstration that teachers are complex human beings with a significant capacity for growth. The potential to paint realistic portraits of teachers is present, but we see little evidence of the medium’s desire to construct such an image.

The teacher in children’s picture books is polarized. Other researchers have also noted our concerns that we as teachers represented in picture storybooks are “healers or wouniders . . . sensitive or callous, imaginative or repressive” (Joseph & Burnaford, 1994, p. 12). Only 15% of the teachers presented in our sample are neutral images, neither positively nor negatively impacting the children in the fictional classroom, and only two images out of the 96 examined qualified as a “mixed review” of mostly positive characteristics with some negative aspects of educational practice. Therefore, approximately 84% of the teachers represented in our sample are either very good or horrid. The teacher paragon in picture books “generally is a woman who never demonstrates the features of commonplace motherhood—impatience, frustration, or possibly interests in the world other than children themselves—demonstrates to children that the teacher is a wonderfully benign creature” (Joseph & Burnaford, 1994, p. 11). Ms. Darcy in *The Best Teacher in the Whole World* (Chardiet & Maccarone, 1990), and Mrs. Bejorgenhoosen in *Rachel Parker, Kindergarten Show-off* (Martin, 1992) fit neatly into the mold of “paragon.” They are not represented exhibiting any less-than-perfect, but realistic, characteristics of exhaustion, short-temperedness, or lapses in good judgment.

Several texts offer “over the top” representations of bad teachers. The often-reviewed *Black Lagoon* series depicts the teachers in children’s imaginations as fire-breathing dragons or huge, green gorillas. The well-known *Miss Nelson* series (Allard) has created substitute teacher Viola Swamp in the likeness of a witch, complete with incredible bulk, large features, warts, and a perpetual bad hair day. The teachers in *The Big Box* (Morrison, 1999) put a child who “just can’t handle her freedom” in a big, brown box. Other books offer slightly more subtle; but still alarming, representations of negative
teaching practice. Consider Miss Tyler, the heavy-lidded, unsmiling teacher in *Today Was a Terrible Day* (Giff, 1980), who humiliates Ronald five times in the course of the story; or Mrs. Bell, who in *Double Trouble in Walla Walla* (Clements, 1997), takes a child to the principal for her unique language style. Even worse is the nameless teacher who repeatedly (and falsely) accuses a student of lying and threatens to strike him with a stick (*John Patrick Norman McHennessy—The Boy Who Was Always Late*, Burningham, 1987).

In less drastic representations but still of concern, teachers are represented as failing to protect children from their peers’ taunts. Teachers are shown doing nothing to stop the teasing of children in *Chrysanthemum* (Henkes, 1991), *The Brand New Kid* (Couric, 2000), *Today Was a Terrible Day* (Giff, 1980), and *Miss Alaineus: A Vocabulary Disaster* (Frasier, 2000). If children are learning about teachers and school from the children’s books read to them, we propose that there is cause for concern about the unrealistic expectations children could develop from such polarized and unrealistic images.

*The teacher in children’s picture books does not inspire in his or her students the pursuit of critical inquiry.* The overwhelming majority of texts which represent teachers in a positive light—and these number in our sample only 42% of the total number of school-related children’s literature—show them as kind caregivers who dry tears (Miss Hart in *Ruby the Copycat*, Rathmann, 1991), resolve jealousy between children (Mrs. Beejorgenhoosen in *Rachel Parker, Kindergarten Show-off*, Martin, 1992), restore self-esteem (Mrs. Twinkle in *Chrysanthemum*, Henkes, 1991), teach right from wrong (Ms. Darcy in *The Best Teacher in the Whole World*, Chardiet & Maccarone, 1990). However, few teachers are represented as having a substantial impact on a child’s learning. Joseph and Burnaford (1994) found that teachers are not seen “leading students toward intellectual pursuits—toward analyzing and challenging existing conditions of community and society. . . . The ‘successful’ teacher [in children’s literature] . . . does not awaken students’ intelligence. Such teachers value order; order is what they strive for, what they are paid for” (p. 16).

Our analysis confirms their findings. Examples are common in which teachers actually provide roadblocks to children’s success. Tommy in *The Art Lesson* (dePaola, 1989) must wage battle to use his own crayons, use more than just one sheet of paper, and to create art based on his own vision and not the tired model of the art teacher. Miss Kincaid in *The Brand New Kid* (Couric, 2000) actually establishes the opportunity for children to tease the new boy who is an immigrant: “We have a new student . . . His name is a different one, Lazlo S. Gasky.” Young Lazlo’s mother must help him find his way into the culture of the school and community. In *David Goes to School* (Shannon, 1999), young David is met with negatively framed demands from his nameless and faceless teacher: “No, David!”, “You’re tardy!”, “Keep your hands to yourself!”, “Shhhhh!”, and “You’re staying after school!”

Only six books in our sample represent teachers as intellectually inspiring. Mr. Isobe in *Crow Boy* (Yashima, 1967) is represented as child-centered and appreciative of Chibi’s knowledge of agriculture and botany, who values his drawings and stays after school to talk with young Chibi. He is represented as the catalyst for the crow imitations at the school talent show which gain Chibi recognition and a newfound respect among his peers. In *Lilly’s Purple Plastic Purse* (Henkes, 1996) Mr. Slingerland is such an effective teacher that he inspires Lilly to want to be a teacher (when she isn’t wanting to be “a dancer or a surgeon or an ambulance driver or a diva . . . “). Mr. Cohen in *Creativity* (Steptoe, 1997) uses the arrival of a new immigrant in his class to teach about the history of immigration in this country and to deliver a message about tolerance and shared histories. Mrs. Hughes in *My Great-aunt Arizona* (Houston, 1992) teaches generations of children about “words and numbers and the faraway places they would visit someday.”

But horrid? See prior comment.

Six out of 62 Good examples
The nameless teacher in *When Will I Read?* (Cohen, 1977) helps young Jim come to the realization that he is a reader, and Mr. Falker in *Thank You, Mr. Falker* (Polacco, 1998), helps fifth-grader Trisha learn to read in three months and cries over her achievement when she reads her first book independently. Although these are excellent examples of how teachers can be represented as dedicated supporters of learning, only six texts out of the 62 in our sample construct images of teacher as an educated professional.

**DISCUSSION**

Other researchers have found bias, prejudice, and stereotypical presentations of characters in children’s books, and our study specifically about images of teachers does not dispute those findings (Barone, Meyerson, & Mallette, 1995; Hurley & Chadwick, 1998; Hurst, 1981). From our extensive 62-book sample of picture storybooks widely available to children, parents, and teachers, we have found a parade of teachers who discourage creativity, ignore teasing, and even threaten to hit children with sticks. We have also found teachers in children’s literature who, in great devotion to the human good and the educative process, save children: from boredom, from illiteracy, and from the devastating effects of social isolation. Our deep concern is that the books in which the teacher is demonstrated as intelligent and inspiring (six in our 62 book sample) are dwarfed by the number of books in which the image of Teacher is one of daft incompetence, unreasonable anger, or rigid conformity.

We do not find images of teachers as transformative intellectuals, as educators who “go beyond concern with forms of empowerment that promote individual achievement and traditional forms of academic success” (Giroux, 1989, p. 138). Instead, we find representations of teachers whose negatively metaphoric/derogatory surnames indicate the level of respect for the profession: Mr. Quackerbottom, Mrs. Nutty, Ima Berpur, Miss Bonkers, and Miss Malarkey.

Referring back to the graduate class we taught on representations of teachers in popular culture, we perceived a naiveté in these teachers as to the power of the media, to the power of stereotypes to shape the teaching profession, and the power that teachers have to combat the negative images. An overwhelming majority of our graduate students valued the traditional teacher who maintained order, was nurturing and caring, and whose focus was on the emotional well-being of the child. They failed to notice that it was an extremely rare image in picture storybooks that showed a teacher as an intellectually inspiring force.

Teachers cannot effectuate positive change in their profession unless and until they are aware of the internal and external influences that define and shape the educational institution. We want to encourage reflection and conversation about schooling and teaching, careful evaluation of extant images in popular culture in order to develop meaningful dialogue about the accuracy of those images, and to encourage teachers to examine their own memories of teachers and how they form current perceptions.

**IMPLICATIONS FOR FUTURE RESEARCH**

Our explorations into the representations of teachers in picture storybooks have led to other and further questions regarding images that cultures create of their education professionals.

There is much information to be gleaned from a careful study of the portrayals of school administrators in picture storybooks. How are teachers and administrators represented in basal literature? How often do basal publishers select literature or write
their own literature that has school as a setting, and what is the ratio of positive representations to negative ones? Do children’s authors in other cultures and countries create similar negative images of educators with the same frequency and ire as they do in the U.S.? How are teachers and administrators portrayed in literature for older children, as in beginning and intermediate chapter books, or young adult novels? How have the images of teachers and administrators evolved over time in our culture? Was there a time in our history that teachers were consistently portrayed in a positive light, and was there perhaps a national event or series of events which caused the images to take on more negative characteristics?

CONCLUSION

Before we began this study we came across a book entitled Through the Cracks (Sollman, Emmons, & Paolini, 1994), which we decided not to include in our literature sample as we perceive this text to be more for teachers and teacher educators than children. The text now takes on new importance in light of our findings. It chronicles change on one school campus through the eyes of an elementary-age student, Stella. Early in the story Stella and some of her peers begin to physically shrink and literally fall through the cracks of the classroom floor because of boredom—boredom with both the content and delivery of the school curriculum. The teachers initially are illustrated as lecturing to daydreaming children, running off dittos, and grading papers during class time; one image even shows a teacher sharply reprimanding a child for painting her pig blue instead of the pink anticipated in the teacher’s lesson plan. The children have become lost in a kind of academic purgatory under the floorboards. Here they remain until substantial changes are made on their campus. The children at first watch, then come up through the floor to become involved in, a curriculum that has become relevant, child-centered, and integrative of the arts. Teachers are then represented as supporting children’s learning through highly integrated explorations of Egypt, the American Revolution, geometry, life in a pond. Their images are shown guiding the children in recreating historical and social events; supporting student inquiry; exploring painting, building, drawing, dancing, and playing music as a way of knowing; cooking; becoming involved in community clean-up projects; interviewing experts; conducting science experiments; and more.

Linda Lamme (1996) concludes that “... children’s literature is a resource with ample moral and ethical activity, that, when shared sensitively with children, can enhance their moral development and accomplish the lofty goals to which educators in a democracy aspire” (p. 412). Our point in sharing the contents of Through the Cracks is this: the picture storybook format has the potential to share with readers the reality of an effective and creative teacher. As opposed to an object of ridicule or scathing humor, a teacher can be represented as an intellectual who inspires children to stretch, grow, and explore previously unknown worlds and communicate that new knowledge through multiple communicative systems. The picture storybook has the potential to encourage a child to anticipate the valuable discoveries that are possible in the school setting; it can also demonstrate to parents how school ought to be and how teachers support children in cognitive and psychosocial ways. Children’s literature can also provide positive enculturation for pre-service teachers and validation for in-service teachers of the possibilities inherent in their social contributions. Positive representations of teachers have the potential to empower all the partners in the academic community: the children, their parents, teachers and administrators, and the community at large.
References


Appendix A: Children’s Book References


Analysis of the Study

PURPOSE/JUSTIFICATION

We do not find a clear statement of purpose. The abstract suggests that it is “to probe the power of stereotypes/clichés,” but we do not see that the study does this. It appears to us that the purpose is “to provide further evidence on the way in which teachers are portrayed in children’s picture storybooks.” An extensive justification for the study is given, including personal experience, theoretical ideas of education writers, and previous studies of children’s literature. Although we would prefer clearer distinctions among these, we think the study is adequately justified in terms of importance to children’s education and public perception of teachers. We would like to see more on the contribution of this particular study. A justification for the methodology is given.

DEFINITIONS

Clear definitions are provided for the major categories of the content analysis and for the details of teacher representation that were focused on by the reviewers. The term “image” should have been defined because it is prominent throughout and has several possible meanings. Apparently, it refers not to visual images but rather to “portrayals” or “representations” in both pictures and words.

PRIOR RESEARCH

Numerous references are given, often with the implication that they are research studies but sometimes insufficient detail is provided to enable the reader to determine whether the “conclusions” cited are based on a study or on opinion (examples include the references on children’s literature and on “popular culture”). One study (Bonnie et al.) is discussed in some detail, but methodology and grade level are unclear.

HYPOTHESES

No hypotheses are stated. The implied hypothesis appears to be that “teacher images in storybooks are generally unrealistic and negative.”

SAMPLE

The sample was obtained by locating all picture storybooks addressing “teachers and schools” between 1965 and (presumably) 2005 as identified from a database. The sample consisted of 96 teacher images from 62 books. The authors state that this provided the majority of children’s storybooks available in the United States for purchase or available in libraries—presumably the target population. We are unclear as to the basis for this statement. The intended age/grade range for these books is not given, but examples suggest it is “primary” grades.

INSTRUMENTATION

The method of deriving categories is well described. Reliability was assessed through inter-rater agreement; although it is unclear exactly who the “we” refers to (there were presumably three categorizers). The level of agreement is generally good—100% and 93% for the major categories. As is typical of such studies, validity is
not discussed. The definitions of major categories seem straightforward, and this is supported by rater agreement. Good examples are given that also support validity. The very small number (two) of “mixed” images is not consistent with our experience with real teachers but supports the author’s “hypothesis.”

INTERNAL VALIDITY
Because this study does not explicitly focus on relationships, internal validity is not a major issue. However, the definitions of major categories (positive, negative, mixed, and neutral) imply high correlations among the variables (as portrayed) in each category. The small number of “mixed” images provides evidence that this is the case. More serious is the authors’ failure to address the effect of possible changes over time—from 1965 to 2005. The question of whether their results are accurate for recent storybooks could have been studied, for example, by dividing images into three time periods.

RESULTS/INTERPRETATION
Results are presented as percentages in each of the four categories. Extensive examples are given that greatly help clarify the findings. In general, we find the interpretation to be consistent with the results. There are, however, important exceptions. Most serious is the statement that there were more negative than positive images. This is not consistent with the data on pages 495–496; both categories contained 42%—unless there is a typographical error. We also question the assertion that 84% of the teachers represented were either very good or horrid. Only two are cited as “paragons,” and among the negative teachers, a number are described as “less drastic” but “still of concern.” We also think the authors have sometimes overstated their case. For example, the statement that “we do not find images of teachers as transformative intellectuals . . . .” seems inconsistent with the finding that six books did contain such images. We also note that the author’s “conclusion” is not the customary conclusion based on the study but rather an extension into implications from a much broader context.

WHAT IS CONTENT ANALYSIS?
• Content analysis is an analysis of the contents of a communication.
• Content analysis is a technique that enables researchers to study human behavior in an indirect way by analyzing communications.

APPLICATIONS OF CONTENT ANALYSIS
• Content analysis has wide applicability in educational research.
• Content analysis can give researchers insights into problems that they can test by more direct methods.
• There are several reasons to do a content analysis: to obtain descriptive information of one kind or another; to analyze observational and interview data; to test hypotheses; to check other research findings; and/or to obtain information useful in dealing with educational problems.

CATEGORYIZATION IN CONTENT ANALYSIS
• Predetermined categories are sometimes used to code data.
• Sometimes coding is done by using categories that emerge as data is reviewed.
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STEPS INVOLVED IN CONTENT ANALYSIS

• In doing a content analysis, researchers should always develop a rationale (a conceptual link) to explain how the data to be collected are related to their objectives.
• Important terms should at some point be defined.
• All of the sampling methods used in other kinds of educational research can be applied to content analysis. Purposive sampling, however, is the most commonly used.
• The unit of analysis—what specifically is to be analyzed—should be specified before the researcher begins an analysis.
• After precisely defining what aspects of the content are to be analyzed, the researcher needs to formulate coding categories.

CODING CATEGORIES

• Developing emergent coding categories requires a high level of familiarity with the content of a communication.
• In doing a content analysis, a researcher can code either the manifest or the latent content of a communication, and sometimes both.
• The manifest content of a communication refers to the specific, clear, surface contents: the words, pictures, images, and such that are easily categorized.
• The latent content of a document refers to the meaning underlying what is contained in a communication.

RELIABILITY AND VALIDITY AS APPLIED TO CONTENT ANALYSIS

• Reliability in content analysis is commonly checked by comparing the results of two independent scorers (categorizers).
• Validity can be checked by comparing data obtained from manifest content to that obtained from latent content.

DATA ANALYSIS

• A common way to interpret content analysis data is by using frequencies (i.e., the number of specific incidents found in the data) and proportion of particular occurrences to total occurrences.
• Another method is to use coding to develop themes to facilitate synthesis.
• Computer analysis is extremely useful in coding data once categories have been determined. It can also be useful at times in developing such categories.

ADVANTAGES AND DISADVANTAGES OF CONTENT ANALYSIS

• Two major advantages of content analysis are that it is unobtrusive and it is comparatively easy to do.
• The major disadvantages of content analysis are that it is limited to the analysis of communications and it is difficult to establish validity.

cluster sampling 482  coding 482  content analysis 478  latent content 484  manifest content 483  random sample 482  reliability 485  stratified sampling 482  theme 480  validity 485

Key Terms
For Discussion

1. When, if ever, might it be more appropriate to do a content analysis than to use some other kind of methodology?
2. When would it be inappropriate to use content analysis?
3. Give an example of some categories a researcher might use to analyze data in each of the following content analyses:
   a. To investigate the amount and types of humor on television
   b. To investigate the kinds of “romantic love” represented in popular songs
   c. To investigate the social implications of impressionistic paintings
   d. To investigate whether civil or criminal law makes the most distinctions between men and women
   e. To describe the assumptions made in elementary school science programs
4. Which do you think would be more difficult to code, the manifest or the latent content of a movie? Why?
5. “Never code only the latent content of a document without also coding at least some of the manifest content.” Would you agree with this statement? Why or why not?
6. In terms of difficulty, how would you compare a content analysis approach to the study of social bias on television with a survey approach? in terms of useful information?
7. Would it be possible to do a content analysis of Hollywood movies? If so, what might be some categories you would use?
8. Can you think of some things produced by humans that were not originally intended as communications but now are considered to be? Suggest some examples.
9. Content analysis is sometimes said to be extremely valuable in analyzing observational and interview data. If true, how so?
10. The choice of categories in a content analysis study is crucial. Would you agree? If so, explain why.

Notes

2. Ibid., p. 181.
Part 6 continues the discussion of qualitative research we began in Part 5. We concentrate here on ethnography and historical research. As we did in Parts 4 and 5, we not only discuss each of these methodologies in some detail, but we also provide some examples of published studies in which the researchers used these methods. We then provide our analysis of the strengths and weaknesses of these studies.
OBJECTIVES  Studying this chapter should enable you to:

• Explain what is meant by the term “ethnographic research,” and give an example of a research question that might be investigated in an ethnographic study.

• Describe briefly what each of the following concepts mean to ethnographers: “culture,” “holistic outlook,” “contextualization,” and “multiple realities.”

• Explain the difference between an “emic” and an “etic” perspective.

• Name at least three topics that would lend themselves well to ethnographic research.

• Describe the characteristics of the kinds of samples used in ethnographic research.

• Explain how ethnographers employ hypotheses in their research.

• Describe the two major data collection techniques used in ethnographic research.

• Explain what is meant by the term “field notes” and how they differ from field jottings, a field diary, and a field log.

• Explain what is meant by the terms “triangulation” and “contextualization.”

• Explain what a “key event” is in ethnographic research.

• Describe briefly how statistics are used in ethnographic research.

• Name at least one advantage and one disadvantage of ethnographic research.
What Is Ethnographic Research?

Ethnographic research is, in many respects, the most complex of all research methods. A variety of approaches are used in an attempt to obtain as holistic a picture as possible of a particular society, group, institution, setting, or situation. The emphasis in ethnographic research is on documenting or portraying the everyday experiences of individuals by observing and interviewing them and relevant others. The key tools, in fact, in all ethnographic studies are in-depth interviewing and continual, ongoing participant observation of a situation. Researchers try to capture as much of what is going on as they can—the “whole picture,” so to speak. Bernard described the process briefly, but well:

It involves establishing rapport in a new community; learning to act so that people go about their business as usual when you show up; and removing yourself every day from cultural immersion so you can intellectualize what you’ve learned, put it into perspective, and write about it convincingly. If you are a successful participant observer you will know when to laugh at what your informants think is funny; and when informants laugh at what you say, it will be because you meant it to be a joke.1

What do you intend to do for your doctoral dissertation, Sam?”

“I’m interested in what it’s like to be an elementary school principal day in and day out, so I’m going to do an ethnography of a school principal.”

“No kidding! Impressive!”

“I just talked to Elizabeth Rodriguez today—you know, the principal at Roosevelt Elementary. She’s agreed to let me follow her around for the next four weeks so that I can see what she does during the day—you know, whom she meets with, where, when, what they talk about, etc.”

“You’re going to keep a record of this, I assume?”

“You bet! I’ll carry a notebook and make notes about what I see and hear. I also have Elizabeth’s permission to carry a tape recorder, and I intend to tape her conversations. And I have another idea. During two of these days, I want to videotape her as she goes about her daily routine, both in school and as she ventures out into the community.”

“That’s it?”

“Nope. I also intend to take a look at the school’s records and the daily log she keeps. I’m planning on doing a lot of interviews, too—talk with her secretary, some of the faculty, the custodial staff, even some students. And, of course, Elizabeth herself. And if she will permit it, the members of her family. I don’t plan to do the interviews until after I’ve finished with my observations, however.”

“Boy, that sounds like a lot of work.”

“No question, it is. Not to mention writing all this up. But it will be worth it. When I’ve finished, I think I will be able to paint a pretty accurate picture of what the life of an elementary school principal is like.”

Sam’s description of what he intends to do is an example of ethnographic research, the subject of this chapter.
If you were walking through a public park and you threw down a bunch of trash, you’d discover that your action was unacceptable to those around you. People would glare at you, grumble to each other, and perhaps someone would say something to you about it. Whatever the form, you’d be subjected to definite, negative sanctions for littering. Now here’s the irony. If you were walking through that same park, came across a bunch of trash that someone else had dropped, and cleaned it up, it’s likely that your action would also be unacceptable to those around you. You’d probably be subject to definite, negative sanctions for cleaning it up.

Most [of my students] felt (that this notion) was absurd . . . Although we would be negatively sanctioned for littering, . . . people would be pleased with us for [cleaning up a public place]. Certainly, all my students said they would be pleased if someone cleaned up a public place.

To settle the issue, I suggested that my students start fixing the public problems they came across in the course of their everyday activities. . . .

My students picked up litter, fixed street signs, put knocked-over traffic cones back in place, cleaned and decorated communal lounges in their dorms, trimmed trees that blocked visibility at intersections, repaired public playground equipment, cleaned public restrooms, and took care of a hundred other public problems that weren’t “their responsibility.”

Most reported feeling very uncomfortable doing whatever they did. They felt foolish, goody-goody, conspicuous. . . . In almost every case, their personal feelings of discomfort of emotional disturbance was much lower in Samoa, owing to the diffusion of emotional attachments and the clear-cut rules regarding the forming of relationships.

In the preface to the sixth edition of this report (1973),* Mead pointed out that while neither U.S. nor Samoan culture has remained constant, recent visits had impressed her with the extraordinary persistence of the Samoan culture.

A subsequent ethnography done 20 years later resulted in very different conclusions that anthropologists do not attribute to the passage of time.† This discrepancy illustrates the rich and provocative nature of ethnographic research, as well as the difficulty in arriving at firm conclusions.


Wolcott has pointed out that ethnographic procedures require three things: a detailed description of the culture-sharing group being studied, an analysis of this group in terms of perceived themes or perspectives, and then some interpretation of the group by the researcher as to meanings and generalizations about the social life of human beings in general. The final product is a holistic cultural portrait of the group—a pulling together by the researcher of everything he or she has learned about the group in all its complexity.

Here are some titles of studies that ethnographers have conducted in education:

- “Gang-Related Gun Violence.”
- “The Dignity of Job-Seeking Men.”
- “Telling the Code of the Street.”
- “Streets, Sidewalks, Stores, and Stories.”
- “The Power of Names.”
- “On Thick Description and Narrative Inquiry in Music Education.”
- “Inside High School: The Student’s Perspective.”

**The Unique Value of Ethnographic Research**

Ethnographic research has a particular strength that makes it especially appealing to many researchers. It can reveal nuances and subtleties that other methodologies miss. An excellent example is offered by Babbie.
were increased by the reactions of those around them. One student was removing a damaged and long-unused newspaper box from the bus stop where it had been a problem for months when the police arrived, having been summoned by a neighbor. Another student decided to clean out a clogged storm drain on his street and found himself being yelled at by a neighbor who insisted the mess should be left for the street cleaners. Everyone who picked up litter was sneered at, laughed at, and generally put down. One young man was picking up litter scattered around a trashcan when a passerby sneered, “Clumsy!”

The point of the above example, we hope, is obvious. What people think and say happens (or is likely to happen) often is not really the case. By going out into the world and observing things as they occur, we are (usually) better able to obtain a more accurate picture. This is what ethnographers try to do—study people in their natural habitat in order to “see” things that otherwise might not even be anticipated. This is a major advantage of the ethnographic approach.

**Ethnographic Concepts**

There are a number of concepts that guide the work of ethnographers as they go about their research in the field. Some of the most important include culture, a holistic outlook, contextualization, an emic perspective, multiple realities, thick description, member checking, and a nonjudgmental orientation. Let us give a brief description of each.

**Culture.** The concept of culture is typically defined in one of two ways. Those who focus on behavior define it as the sum of a social group’s observable patterns of behavior, customs, and ways of life. Those who concentrate on ideas say that it comprises the ideas, beliefs, and knowledge that characterize a particular group of people. However one defines it, culture is the most important of all ethnographic concepts. In Fetterman’s words, it helps the ethnographer to search for a logical, cohesive pattern in the myriad, often ritualistic behaviors and ideas that characterize a group. This concept becomes immediately meaningful after cross-cultural experience. Everything is new to a student first entering a different culture. Attitudes or habits that natives espouse virtually without thinking are distinct and clear to the stranger. Living in a foreign community for a long period of time enables the fieldworker to see the power of dominant ideas, values, and patterns of behavior in the way people walk, talk, dress, eat, and sleep. The longer an individual stays in a community, building rapport, and the deeper they probe into individual lives, the greater the probability of his or her learning about the sacred subtle elements of the culture: how people pray, how they feel about each other, and how they reinforce their own cultural practices to maintain the integrity of their system.

The interpretation of a group’s culture is considered by many researchers to be the primary contribution of ethnographic research. Cultural interpretation refers to the researcher’s ability to describe what he or she sees and hears from the point of view of the members of the group. A frequently cited example is that of the difference between a “wink” and a “blink.” In one sense, there is no difference between the two. However, “anyone who has ever mistaken a blink for a wink is fully aware of the significance of cultural interpretation.”

**A Holistic Perspective.** Ethnographers try to describe as much as they can about the culture of a group. Thus, they try to gain some idea of the group’s history, social structure, politics, religious beliefs, symbols, customs, rituals, and environment. No single study, of course, can ever capture completely an entire culture, but ethnographic researchers do their best to see beyond the immediate scene or event occurring in a classroom, in a neighborhood, on a particular street, or in a location in order to understand the larger picture of which the particular event may be a part. As you can imagine, developing a holistic perspective demands that the ethnographer spend a great amount of time out in the field gathering many different kinds of data. Only by doing so is he or she able to develop a picture of the social or cultural whole of that which he or she is studying.

**Contextualization.** When a researcher contextualizes data, he or she places what was seen and heard into a larger perspective. For example, the administrators of a large urban school district in which one of the authors of this text taught were about to terminate an after-school tutoring project because of its low attendance—about 50 percent. It was suggested to them that an attendance rate of 50 percent was actually pretty good when one considered the students involved (the students encouraged to attend the tutoring sessions were those who were doing failing work in most, if not all, of their classes). This suggestion resulted in the district continuing the program, as the administrators were
now able to make a more informed decision about the worth of the program. In other words, contextualization helped maintain a worthwhile program that otherwise might have been eliminated.

**An Emic Perspective.** An *emic perspective*—that is, an “insider’s” perspective of reality—is at the heart of ethnographic research. Gaining an emic perspective is essential to understanding—and thus describing accurately—the behaviors and situations an ethnographer sees and hears. An emic perspective requires one to recognize and accept the idea of *multiple realities.* “Documenting multiple perspectives of reality in a given study is crucial to an understanding of why people think and act in the different ways they do.”

An *etic perspective,* on the other hand, is the external objective perspective on reality. Most ethnographic researchers try to look at their data from both an emic and etic perspective. They may start collecting data from an emic perspective, doing their best to understand the point of view of those they are studying, and then try to make sense of what they have collected in terms of a more objective, scientific analysis. In short, they try to combine an insightful and sensitive cultural interpretation with a rigorous collection and analysis of what they have seen and heard.

**Thick Description.** When ethnographers prepare the final report of their research, they engage in what is known as *thick description.* In essence, this involves describing what they have seen and heard—their work in the field—in great detail, frequently using extensive quotations from the participants in their study. The intent is, as mentioned earlier, to “paint a portrait” of the culture they have studied, to make it “come alive” for those who read the report.

**Member Checking.** As mentioned above, a major objective of ethnographic research is to represent as accurately as possible an emic perspective of reality—that is, reality as seen from the point of view of the participants in the study. One way that ethnographic researchers do this is through what is known as *member checking*—by having the participants review what the researchers have written as a check for accuracy and completeness. It is one of the primary strategies used in ethnographic research to validate the accuracy of the researcher’s findings.

**A Nonjudgmental Orientation.** A *nonjudgmental orientation* requires researchers to do their best to refrain from making value judgments about unfamiliar practices. None of us, of course, can be completely neutral. But we can guard against our most obvious biases. How? By doing our best to view another group’s behaviors as impartially as we can. Fetterman gives an example of how one of his biases might have been fatal:

An experience I had with the Bedouin Arabs in the Sinai desert provides a useful example. . . . During my stay with the Bedouins, I tried not to let my bias for Western hygiene practices [show]. [M]y reaction to one of my first acquaintances, a Bedouin with a leathery face and feet, was far from neutral. . . . I admired his ability to survive and adapt in a harsh environment, moving from one water hole to the next throughout the desert. However, my personal reaction to the odor of his garments (particularly after a camel ride) was far from impartial. He shared his jacket with me to protect me from the heat. I thanked him of course, because . . . I did not want to insult him. But I smelled like a camel for the rest of the day in the dry desert heat. I thought I didn’t need the jacket because we were only a kilometer or two from our destination. . . . I learned later that without his jacket I would have suffered from sunstroke. The desert heat is so dry that perspiration evaporates almost immediately and an inexperienced traveler does not always notice when the temperature climbs above 130°F. By slowing down the evaporation rate, the jacket helped me retain water. Had I rejected the jacket and, by implication, Bedouin hygiene practices, I would have baked, and I would never have understood how much their lives revolve around water.15

The most serious mistake an ethnographer can make is to impose his or her own culture’s standards of behavior and values onto those of another culture.

**TOPICS THAT LEND THEMSELVES WELL TO ETHNOGRAPHIC RESEARCH**

As we have suggested, researchers who undertake an ethnographic study want to obtain as holistic a picture of an educational setting as possible. Indeed, one of the key strengths of ethnographic research is the comprehensiveness of perspective it provides. Because the researcher goes directly to the situation or setting that he or she wishes to study, deeper and more complete understanding becomes possible. As a result, ethnographic...
Do Ethnographic Researchers Use Hypotheses?

Ethnographic researchers seldom initiate their research with precise hypotheses. Rather, they attempt to understand an ongoing situation or set of activities that cannot be predicted in advance. They observe for a period of time, formulate some initial hypotheses that suggest to them additional kinds of observations that may lead them to revise their initial conclusions, and so on. Ethnographic research, perhaps more so than any other kind of research, relies on both observation and interviewing that is continual and sustained over time.

An example of a question that might be investigated through ethnographic research would be, “What is life like in a rural high school?” The researcher’s goal would be to document or portray the daily, ongoing experiences of the teachers, students, administrators, and staff in such a school. The school would be regularly visited over a considerable length of time (a year would not be uncommon). The researcher would observe classrooms on a regular basis and attempt to describe, as fully and as richly as possible, what exists and what happens in those classrooms. He or she would also interview in depth several teachers, students, administrators, and support staff.

Descriptions (a better word might be portrayals) might depict the social atmosphere of the school; the intellectual and emotional experiences of students; the manner in which administrators and teachers (and staff and students) act toward and react to others of different ethnic groups, sexes, or abilities; how the “rules” of the school (and the classroom) are learned, modified, and enforced; the kinds of concerns teachers (and students) have; the views students have of the school, and how these compare with the views of the administration and the faculty; and so forth.

The data to be collected might include detailed handwritten prose descriptions by the researcher-observer; audio recordings of pupil-student, administrator-student, and administrator-faculty conferences; video recordings of classroom discussions and faculty meetings; examples of teacher lesson plans and student work; sociograms depicting “power” relationships that exist in a classroom; flowcharts illustrating the direction and frequency of certain types of comments (for example, the kinds of questions asked by teachers and students of one another, and the responses that different kinds produce);
and anything else the researcher thinks would provide insights into what goes on in this school. Notice that in this instance, hypotheses would not be formulated at the beginning of the study.

In short, then, the goal of researchers engaging in ethnographic research is to “paint a portrait” of a school or a classroom (or any other educational setting) as thoroughly, accurately, and vividly as possible so that others can also truly “see” that school or that classroom and its participants and what they do. In fact, it can be viewed as an attempt to determine how a group gives meaning to its activities. Many believe that the ethnographic approach offers a richness of description that is especially fruitful for understanding education.

Data Collection in Ethnographic Research

The two major means of data collection in ethnographic research are through participant observation and interviewing. **Interviewing**, in fact, is the most important tool that ethnographers use. Through interviews, the researcher is able to put into a larger context that which he or she has seen, heard, or experienced. As we described in Chapter 19, interviews come in many forms: structured, semistructured, informal, and retrospective. We won’t expand on the discussion here, except to say that informal interviews are the most common. To the inexperienced, informal interviews may seem to be the easiest to do, as they require neither any particular type of question nor any particular sequence in which questions must be asked. The interviewer can pretty much follow the participant’s interests. Often they seem to be no more than a casual conversation. Actually, however, they are quite difficult to do well. The researcher must maintain a comfortable manner and establish a friendly situation, yet still attempt to learn about another individual’s life in a fairly systematic fashion. This is not an easy thing to do. Experienced interviewers, therefore, begin with nontargeting questions posed in a conversational manner before they ask highly personal questions that involve sensitive topics.

The other major technique that ethnographers use is **participant observation**, which we also discussed in some detail in Chapter 19. Participant observation is crucial to effective fieldwork. As Fetterman suggests, participant observation “combines participation in the lives of the people under study with maintenance of a professional distance that allows adequate observation and recording of data.” An important aspect of participant observation is that it requires immersion in a culture. Typically, the researcher lives and works in the community of interest for six months to a year or even longer to internalize the basic beliefs, fears, hopes, and expectations of its people. In educational research, participant observation, however, is often noncontinuous and spread out over a long period of time. Fetterman gives an example:

> In two ethnographic studies, of dropouts and gifted children, I visited the programs for only a few weeks every couple of months over a three-year period. The visits were intensive and included classroom observation, nonstop informal interviews, occasional substitute teaching, interaction with community members, and the use of various other research techniques, including long-distance phone calls, dinner with students’ families, and time spent hanging out in the hallways and parking lot with students cutting classes.  

**FIELD NOTES**

A major check on the accuracy of an ethnographer’s observations lies in the quality of his or her field notes. To place an ethnographic report in perspective, interested readers need to know as much as possible about the ideas and views of the researcher. That is why the researcher’s field notes are so important. Unfortunately, this remains a major problem in the reporting of much ethnographic research, in that the readers of ethnographic reports seldom, if ever, have access to the researcher’s field notes. Rarely do ethnographers tell us how their information was collected, and hence it often is difficult to determine the reliability of the researcher’s observations.

**Field notes** are just what their name implies—the notes researchers take in the field. In educational research, this usually means the detailed notes researchers take in the educational setting (classroom or school) as they observe what is going on or as they interview their informants. They are the researchers’ written account of what they hear, see, experience, and think in the course of collecting and reflecting on their data.  

Bernard suggests that field notes be distinguished from three other types of writing: field jottings, a field diary, and a field log.  

**Field jottings** refer to quick notes about something the researcher wants to write more about later. They provide the stimulus to help researchers recall a lot of
Ethnographic Research

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Field work is often an intense, emotionally draining experience, and a diary can serve as a way for the researcher to let out his or her feelings, yet still keep them private. A field diary is, in effect, a personal statement of the researcher’s feelings, opinions, and perceptions about others with whom he or she comes in contact during the course of his or her work. It provides a place where researchers can let their hair down, so to speak—an outlet for writing down things that the researcher does not want to become part of the public record. Here is part of a page from such a diary of one of the authors of this book, written during a semester-long observation of a social studies class in a suburban high school.

Monday, 11/5. Cold, very rainy day. Makes me feel sort of depressed. Phil, Felix, Alicia, Robert, and Susan came into classroom early today to discuss yesterday’s assignment. Susan is looking more disheveled than usual today—seems preoccupied while others are discussing ways to prepare the group report. She doesn’t speak to me, although all others say hello. I regret my failure to support her idea during yesterday’s discussion when she asked me to. Hope that it will not result in her refusing to be interviewed.

Tuesday, 11/13. Susan and other members of committee supposed to meet me in library before school today for help with their report. Nobody showed. Feel that I’ve done something to turn these kids off, especially Susan. Makes me angry toward her, as this will now be the third time that she has missed a meeting with me. Only first time for the others. Perhaps she has more influence on them than I thought? I don’t feel I am getting anywhere in understanding her, or why she has such influence on so many of the other kids.

Thursday, 11/29. Wow! Mrs. R. (teacher) had extremely good discussion today. Seems like entire class participated (note: check discussion tally sheet to corroborate). I think secret is to start off with something that they perceive as interesting. Why is it that sometimes they are so—so good! so involved in ideas and thinking and other times so apathetic? I can’t figure it out.

Field work is often an intense, emotionally draining experience, and a diary can serve as a way for the researcher to let out his or her feelings, yet still keep them private.

A field log is a sort of running account of how researchers plan to spend their time compared to how they actually spend it. It is, in effect, the researcher’s plan for collecting his or her data systematically. A field log consists of books of blank, lined paper. Each day in the field is represented by two pages of the log. On the left page, the researcher lists what he or she plans to do that day—where to go, who to interview, what to observe, and so on. On the right side, the researcher lists what he or she actually did that day. As the study progresses, and things come to mind that the researcher wants to know, the log provides a place for them to be scheduled. Bernard gives an example of how such a log is used.

Suppose you’re studying a local educational system. It’s April 5 and you are talking with an informant called MJR. She tells you that since the military government took over, children have to study politics for two hours every day, and she doesn’t like it. Write a note to yourself in your log to ask other mothers about this issue, and to interview the school principal. Later on, when you are writing up your notes, you may decide not to interview the principal until after you have accumulated more data about how mothers in the community feel about the new curriculum. On the left-hand page for April 23 you note: “target date for interview with school principal.” On the left-hand page of April 10 you note “make appointment for interview on 23rd with school principal.” For April 6 you note “need more interviews with mothers about new curriculum.”

The value of maintaining a log is that it forces the researcher to think hard about the questions he or she truly wants answered, the procedures to be followed, and the data really needed. Taking field notes is an art in itself. We can give only a brief introduction here, but the points presented below should give you some idea of the importance and complexity of the task.

Bogdan and Biklen state that field notes consist of two kinds of materials—descriptive and reflective. Descriptive field notes attempt to describe the setting, the people, and what they do according to what the researcher observes. They include the following:

- Portraits of the subjects—their physical appearance, mannerisms, gestures, how they act, talk, and so on.
- Reconstruction of dialogue—conversations between subjects, as well as what they say to the researcher. Unique or particularly revealing statements should be quoted.
- Description of the physical setting—a quick sketch of the room arrangements, placement of materials, and so on.
- Accounts of particular events—who was involved, when, where, and how.
Depiction of activities—a detailed description of what happened, along with the order in which it happened.

The observer’s behavior—the researcher’s actions, dress, conversations with participants, reactions, and so on.

Reflective field notes present more of what the researcher himself or herself is thinking about as he or she observes. These include the following:

- Reflections on analysis—the researcher’s speculations about what he or she is learning, ideas that are developing, patterns or connections seen, and so on.
- Reflections on method—procedures and materials the researcher is using in the study, comments about the design of the study, problems that are arising, and so on.
- Reflections on ethical dilemmas and conflicts—such as any concerns that arise over responsibilities to subjects or value conflicts.
- Reflections on the observer’s frame of mind—such as on what the researcher is thinking as the study progresses (his or her attitudes, opinions, and beliefs) and how these might be affecting the study.
- Points of clarification—notes to the researcher about things that need to be clarified, checked later, etc.

In no other form of research is the actual doing of the study—the process itself—considered as consciously and deliberately as it is in ethnographic research. The reflective aspect of field notes is the researcher’s way of attempting to control for the danger of observer effect that we mentioned in Chapter 19, and to remind us that research, to be done well, requires ongoing evaluation and judgment.

An Example of Field Notes: Marge’s Room

Date: March 24, 1980
Joe McCloud
11:00 A.M. to 12:30 P.M.
Westwood High
6th Set of Notes

The Fourth-Period Class in Marge’s Room
I arrived at Westwood High at five minutes to eleven, at the time Marge told me her fourth period started. I was dressed as usual: sport shirt, chino pants, and Woolrich parka. The fourth period is the only time during the day when all the students who are in the “neurologically impaired/learning disability” program, better known as “Marge’s program,” come together. During the other periods, certain students in the program, two or three or four at most, come to her room for help with the work they are getting in other regular high school classes.

It was a warm, fortyish, promise of a spring day. There was a police patrol wagon, the kind that has benches in the back that are used for large busts, parked in the back of the big parking lot that is in front of the school. No one was sitting in it and I never heard its reason for being there. In the circular drive in front of the school was parked a United States Army car. It had insignias on the side and was a khaki color. As I walked from my car, a balding fortyish man in an Army uniform came out of the building and went to the car and sat down. Four boys and a girl also walked out of the school. All were white. They had on old dungarees and colored stenciled t-shirts with spring jackets over them. One of the boys, the tallest of the four, called out, “oink, oink, oink.” This was done as he sighted the police vehicle in the back.

O.C.: This was strange to me in that I didn’t think that the kids were into “the police as pigs.” Somehow I associated that with another time, the early 1970s. I’m going to have to come to grips with the assumptions I have about high school due to my own experience. Sometimes I feel like Westwood is entirely different from my high school and yet this police car incident reminded me of mine.

I walked into Marge’s class and she was standing in front of the room with more people than I had ever seen in the room save for her homeroom, which is right after second period. She looked like she was talking to the class or was just about to start. She was dressed as she had been on my other visits—clean, neat, well-dressed but casual. Today she had on a striped blazer, a white blouse and dark slacks. She looked up at me, smiled and said: “Oh, I have a lot more people here now than the last time.”

O.C.: This was in reference to my other visits during other periods where there are only a few students. She seems self-conscious about having such a small group of students to be responsible for. Perhaps she compares herself with the regular teachers who have classes of thirty or so.

There were two women in their late twenties sitting in the room. There was only one chair left. Marge said to me something like: “We have two visitors from the central office today. One is a vocational counselor and...
the other is a physical therapist,” but I don’t remember if those were the words. I felt embarrassed coming in late. I sat down in the only chair available, next to one of the women from the central office. They had on skirts and carried their pocketbooks, much more dressed up than the teachers I’ve seen. They sat there and observed.

(The class seating arrangement is shown in the diagram above.)

. . . Marge walked about near her desk during her talk, which she started by saying to the class: “Now remember, tomorrow is a fieldtrip to the Rollway Company. We all meet in the usual place, by the bus, in front of the main entrance at 8:30. Mrs. Sharp wanted me to tell you that the tour of Rollway is not specifically for you. It’s not like the trip to G.M. They took you to places where you were likely to be able to get jobs. Here, it’s just a general tour that everybody goes on. Many of the jobs that you will see are not for you. Some are just for people with engineering degrees. You’d better wear comfortable shoes because you may be walking for two or three hours.” Maxine and Mark said: “Ooh,” in protest to the walking.

She paused and said in a demanding voice: “OK, any questions? You are all going to be there. (Pause) I want you to take a piece of paper and write down some questions so you have things to ask at the plant.” She began passing out paper and at this point Jason, who was sitting next to me, made a tutting sound of disgust and said: “We got to do this?” Marge said: “I know this is too easy for you, Jason.” This was said in a sarcastic way but not like a strong putdown.

O.C.: Marge was quite animated. If I hadn’t seen her like this before I would think she was putting on a show for the people from central office. . . .

. . . I looked around the room, noting the dress on some of the students. Maxine had on a black t-shirt that had some iron-on lettering on it. It was a very well-done iron-on and the shirt looked expensive. She had on Levi jeans and Nike jogging sneakers. Mark is about 5’9” or 5’10”. He had on a long sleeve jersey with an alligator
on the front, very stylish but his pants were wrinkled and he had on old muddy black basketball sneakers with both laces broken, one in two places. Pam had on a lilac-colored velour sweater over a button-down striped shirt. Her hair looked very well-kept and looked like she had had it styled at an expensive hair place. Jeff sat next to her in his wheelchair. He had one foot up without a shoe on it as if it were sprained. . . .

Phil had on a beige sweater over a white shirt and dark pants and low-cut basketball sneakers. The sneakers were red and were dirty. He had a dirt ring around the collar. He is the least well-dressed of the crowd. . . .

Jim is probably 5’9” or 5’10”. He had on a red pull-over. Jason had on a black golf cap and a beige spring jacket over a university t-shirt. He had on dark dress pants and a red university t-shirt with a v-neck. It was faded from being washed. Jason’s eyes were noticeably red.

O.C.: Two of the kids told me that Westwood High was a fashion show. I have a difficult time figuring out what’s in fashion. Jason used that expression. He seems to me to be the most clothes-conscious. . . .

I don’t know what got this started but she started talking about the social background of the kids in the class. She said: “Pam lives around here right up there so she’s from a professional family. Now, Maxine, that’s different. She lives on the east side. She is one of six kids and her father isn’t that rich. As a matter of fact, he’s in maintenance, taking charge of cleaning crews. Now, Jeff, he lives on Dogwood. He’s middle class.” I asked about Lou. She said: “Pour Lou, talk about being neurologically impaired. I don’t know what to do about that guy. Now he has a sister who graduated two years ago. He worries me more than anybody. I don’t know what is going to become of him. He is so slow. I don’t know any job that he could do. His father came in and he looks just like him. What are you going to tell him? What is he going to be able to do? What is he going to do? Wash airplanes? I talked to the vocational counselor. She said that there were jobs in airports washing airplanes. I mean, how is he going to wash an airplane? How about sweeping out the hangars? Maybe he could do that. The mother is something else. His mother thinks that Lou is her punishment. Can you imagine an attitude like that? I was just wondering what could she have done to think that she deserved Lou? “Now Luca Meta, he is upper class all the way. Leroy, there’s your low end of the spectrum. I don’t know how many kids they have but they have a lot. His mother just had a kidney removed. Everybody knows he is on parole. Matter of fact, whenever there is any stealing in the school, they look at him. He used to go to gym and every time he went, something was stolen. Now they don’t let him go to gym anymore. His parole officer was down. He won’t be here next year.” . . .

. . . She said: “By the way, I was talking and maybe you overheard me about what we need is a competency-based program here. I have already finished a competency-based program if they ever took it. It is silly to have kids spend four years sitting here, when it makes no sense in terms of them. They ought to be out working. If they’re not going to graduate, what they ought to have is some living skills like what we did with writing the checks. People aren’t going to teach them that out in the world so they could do that. Once they had enough skills, living skills, to make it on their own then they ought to go out. There is no sense to this.” . . .

We left the room. Alfred and Marge walked up the empty hall with me. I asked her how the kids felt about being in this class. She said: “Well, it varies. It really bothers Pam. Like she failed history and she has to go to summer school. The reason she failed it was she wouldn’t tell them that she was in this program so she didn’t get any extra help and then she failed.” Marge walked me to the door. Alfred dropped off at the teachers’ room.

On the way to the door she said: “Remember that boy I told you about who’s going to be in there? The dentist’s son, the Swenson boy? Well, I have been hearing stories about him. I come to find out that he is really E.M.H. (Educable Mentally Handicapped) and a hyperactive kid. I really am going to have my hands full with him. If there is twenty in the program next year, I really am going to need another aide.” I said good-bye and walked to my car.

Data Analysis in Ethnographic Research

Analysis is one of the most interesting aspects of ethnographic research. It begins from the first moment a researcher selects a problem to study and continues until the final report is written. Many techniques, including content analysis (see Chapter 20) are involved in analyzing ethnographic data. Some of the more important include triangulation, searching for patterns, identifying key events, preparing visual representations, using statistics, and crystallization. What follows is a brief description of each.
**Triangulation.** Triangulation is fundamental in ethnographic research. Essentially, it establishes the validity of an ethnographer’s observations. It involves checking what one hears and sees by comparing one’s sources of information—do they agree? Here’s an example: A researcher might compare a student’s oral statements that he was a “good” student with a written transcript of his grades, his teacher’s comments in this regard, and, perhaps, some unsolicited remarks from his fellow students. Triangulation here could verify—or not—the student’s self-assessment.

Triangulation can work with any subject, in any setting, and at any level (Figure 21.1). It improves the quality of the data that are collected and the accuracy of the researcher’s interpretations. It can occur naturally, even in informal conversation. Consider this example:

A prominent superintendent, managing one of the largest districts in the nation, had just finished explaining why school size made no difference in education. He said that he had one 1500-pupil school and one 5000-pupil school in his district that he was particularly proud of, and that the school size had no effect on school spirit, the educative process, or his ability to manage. He also explained that he had to build two or three new schools next year, either three small schools or one small school and one large one. A colleague interrupted to ask which he preferred. The superintendent replied, “Small ones, of course; they are much easier to handle.” He had betrayed himself in one phrase. Although the administrative party line was that size made no difference—management is management no matter how big or small the unit—this superintendent revealed a very different personal opinion in response to a casual question. 24

**Patterns.** Those who do ethnographic research look for patterns in the ways that people think and behave. They offer a means of checking ethnographic reliability when they reveal consistencies in what people say and what they do. Typically, researchers start with a large mass of undifferentiated information and then, by comparing and contrasting what they collected, sort this information until a discernible line of thought or pattern of behavior emerges. They then observe and listen some more to see whether the new observations correspond to what they saw and heard before. This then requires further sifting and sorting until the researchers are satisfied that what they are describing matches what was observed.

**Key Events.** Key events occur in every social group and provide data that ethnographic researchers can use to describe and analyze an entire culture. They convey a tremendous amount of information. They provide a “lens through which to view a culture.” 25 Examples might include the introduction of computers in an elementary school, a fistfight between two girls during a high school basketball game, the response of a group of recovery room nurses to a medical emergency, a fire in a crowded apartment building, the introduction of a new teaching method in a social studies classroom, or the return of a popular professor from sabbatical leave. Such events are especially useful for analysis, as they not only help the researcher understand the group he or she is studying, but they also help the researcher explain the culture of the group to others.
Visual Representations. These include such things as maps (e.g., of a classroom or school), flow charts (e.g., of who says what to whom during a classroom discussion), organizational charts (e.g., of how a school library is organized), sociograms (e.g., of which students receive the most invitations to participate as a member of a classroom research team), matrices (e.g., a chart to compare and cross-reference the various categories that exist in a creative arts department in a university, such as music, dance, theater, painting, and the like). The very process of preparing a visual representation often can help a researcher crystallize his or her understanding of an area, a system, a location, or even an interaction. Visual representations are very useful tools in ethnographic research.

Statistics. Although you might not expect it, ethnographers often do use statistics in their work. Usually, however, they use nonparametric techniques (see Chapter 11), such as a chi-square test, more often than parametric ones. Typically, they are more likely to report frequencies than scores. They do use parametric statistics when they have large samples, however.

Nevertheless, the use of statistics in ethnographic research presents a number of problems. Meeting the assumptions that many inferential tests require (e.g., that the sample is random) often is virtually impossible. Typically, ethnographic studies use small samples and purposive samples. On the other hand, descriptive statistics—means and medians—can at times be used to summarize the frequency of actions or events and are increasingly found in ethnographic reports.

Crystallization. Ethnographers try to pull together their thoughts at various stages throughout their research. Sometimes this results in only a summing up of information, but other times it results in a genuine insight. “Every study has classic moments when everything falls into place. After months of thought and immersion in the culture, a special configuration gels. All the subtopics, miniexperiments, layers of triangulated effort, key events, and patterns of behavior form a coherent and often cogent picture of what is happening.”

Nothing is more exciting to an ethnographer than when this happens.

The important thing to realize about the analysis of ethnographic data is that there is no single stage or time when crystallization occurs. Multiple analyses and multiple forms are essential. Often it is cyclical—data are collected, thought about, more data are collected, patterns are looked for, more data are collected, new patterns are looked for, matrices and then more matrices are developed, and on and on. Data analysis in ethnography is ongoing, from start to finish.

Roger Harker and His Fifth-Grade Classroom

Let us look, then, at an example of ethnographic research. What follows is a short description, by the researcher, of an ethnographic study of a fifth-grade classroom.

I [the researcher] worked in depth with Roger Harker for six months. I did an ethnography of his classroom and the interaction between him and his pupils. This young man had taught for three years in the elementary school. He volunteered for the study in order, he said, “to improve my professional competence.”

My collection of data fell into the following categories: (1) personal, autobiographical, and psychological data on the teacher; (2) ratings of him by his principal and other superiors in the superintendent’s office; (3) his own self-estimates on the same points; (4) observations of his classroom, emphasizing interaction with children; (5) interviews with each child and the elicitation of ratings of the teacher on many different dimensions, both formally and informally; (6) his ratings and estimates for each child in his classroom, including estimates of popularity with peers, academic performance and capacity, personal adjustment, home background, and liking for him; (7) sociometric data from the children about each other; and (8) interviews with each person (superintendent, principal, supervisors, children) who supplied ratings of him.

I also participated in the life of the school to the extent possible, accompanying the teacher where I could and “melting” into the classroom as much as feasible. I was always there, but I had no authority and assumed none. I became a friend and confidant to the children.

This teacher was regarded by his superiors as most promising—“clear and well-organized,” “sensitive to children’s needs,” “fair and just to all of the children,” “knowing his subject areas well.” I was not able to elicit with either ratings scales or in interviews any criticisms or...
negative evaluations. There were very few suggestions for change—and these were all in the area of subject matter and curriculum.

Roger Harker described himself as “fair and just to all my pupils,” as making “fair decisions,” and as “playing no favorites.” This was a particular point of pride with him.

His classroom was made up of children from a broad social stratum—upper-middle, middle, and lower classes—and the children represented Mexican-American, Anglo-European, and Japanese-American ethnic groups. I was particularly attentive to the relationships between the teacher and children from these various groups.

One could go into much detail, but a few items will suffice since they all point in the same direction, and that direction challenges both his perceptions of his own behavior and those of his superiors. He ranked highest on all dimensions, including personal and academic factors, those children who were most like himself—Anglo, middle to upper-middle social class, and, like him, ambitious (achievement-oriented). He also estimated that these children were the most popular with their peers and were the leaders of the classroom group. His knowledge about the individual children, elicited without recourse to files or notes, was distributed in the same way. He knew significantly more about the children culturally like himself (on items concerned with home background as well as academic performance) and least about those culturally most different.

The children had quite different views of the situation. Some children described him as not always so “fair and just,” as “having special pets,” as not being easy to go to with their problems. On sociometric “maps” of the classroom showing which children wanted to spend time with other specific children, or work with them, sit near them, invite them to a party or a show, etc., the most popular children were not at all those the teacher rated highest. And his negative ratings proved to be equally inaccurate. Children he rated as isolated or badly adjusted socially, most of whom were non-Anglo or non-middle-class, more often than not turned out to be “stars of attraction” from the point of view of the children.

Observations of his classroom behavior supported the data collected by other means. He most frequently called on, touched, helped, and looked directly at the children culturally like himself. He was never mean or cruel to the other children. It was almost as though they weren’t there. His interaction with the children of Anglo-European ethnicity and middle and upper-middle social class background was more frequent than with the other children, and the quality of the interaction appeared to be differentiated in the same way.

This young man, with the best of intentions, was confirming the negative hypotheses and predictions (as well as the positive ones) already made within the social system. He was informing Anglo middle-class children that they were capable, had bright futures, were socially acceptable, and were worth a lot of trouble. He was also informing non-Anglo children that they were less capable, less socially acceptable, less worth the trouble. He was defeating his own declared educational goals.

This young teacher did not know that he was discriminating. He was rated very positively by his superiors on all counts, including being “fair and just to all the children.” Apparently they were as blind to his discrimination as he was. The school system supported him and his classroom behavior without questioning or criticizing him. And the dominant social structure of the community supported the school.27

Notice several things about this description

• The study took place in a naturalistic setting—in the classroom and school of Roger Harker.
• The researcher did not try to manipulate the situation in any way.
• There was no comparison of methods or treatments (as is often the case in experimental or causal-comparative research).
• The study involved only a single classroom (an n of one).
• The researcher was a participant observer, participating “in the life of the school to the extent possible.”
• The researcher used several different kinds of instruments to collect his data.
• The researcher tried to present a holistic description of this teacher’s fifth-grade classroom.
• The study revealed much that would have been missed by researchers using other methodologies.
• No attempt was made to generalize the researcher’s findings to other settings or situations. The “external validity” of the study, in other words, was very limited, unless similar findings are corroborated in comparable studies. In that case, the transferability of findings (theoretical generalizability) may be possible.
• There is no way, unfortunately, to check the validity of the data or the researcher’s interpretations (unless another researcher had independently observed the same classroom).
Advantages and Disadvantages of Ethnographic Research

Ethnographic research has a number of unique strengths, but also several weaknesses. A key strength is that it provides the researcher with a much more comprehensive perspective than do other forms of educational research. By observing the actual behavior of individuals in their natural settings, one may gain a much deeper and richer understanding of such behavior. Ethnographic research also lends itself well to research topics that are not easily quantified. The thoughts of teachers and students, ideas, and other nuances of behavior that might escape researchers using other methodologies can often be detected by ethnographic researchers.

Furthermore, ethnographic research is particularly appropriate to behaviors that are best understood by observing them within their natural settings. Other types of research can measure attitudes and behaviors in somewhat artificial settings, but they frequently do not lend themselves well to naturalistic settings. The “dynamics” of a faculty meeting, or the “interaction” between students and teacher in a classroom, for example, can probably best be studied through ethnographic investigation. Finally, ethnographic research is especially suited to studying group behavior over time. Thus, to understand as fully as possible the “life” of an inner-city school over a year-long period, an ethnographic approach may well be the most appropriate methodology for a researcher to use.

Ethnographic research, like all research, however, is not without its limitations. It is highly dependent on the particular researcher’s observations and interpretations, and since numerical data are rarely provided, there is usually no way to check the validity of the researcher’s conclusions. As a result, observer bias is almost impossible to eliminate. Because usually only a single situation (such as one classroom or one school) is observed, generalizability is almost nonexistent, except when it is possible to replicate the study in other settings or situations by other researchers. Because the researcher usually begins his or her observations without a specific hypothesis to confirm or deny, terms may not be defined, and hence the specific variables or relationships being investigated (if any) may remain unclear.

Because of the inevitable ambiguity that accompanies this method, preplanning and review by others are much less useful than in quantitative studies. While it is true that no study is ever carried out precisely as planned, potential pitfalls are more easily identified and corrected in other methodologies. For this reason, we believe ethnographic research to be a very difficult type of research to do well. It follows that beginning researchers using this method should receive close supervision.

An Example of Ethnographic Research

In the remainder of this chapter, we present a published example of ethnographic research, followed by a critique of its strengths and weaknesses. As we did in our critiques of the different types of research studies we analyzed in other chapters, we use concepts introduced in earlier parts of the book in our analysis.
Lessons on Effective Teaching from Middle School ESL Students

This We Believe Characteristics

- An inviting, supportive, and safe environment
- High expectations for every member of the learning community
- Students and teachers engaged in active learning
- Multiple learning and teaching approaches that respond to their diversity

Ellen M. Curtin
Jaime loved to read about the Greek gods and complained of being bored a lot in class. He expressed the opinion that he was not challenged academically. Maria loved the Olsen twins (Kate and Ashley) and wanted to be a singer and an actress when she grew up. Rosa wanted to become a doctor, but confessed that she sometimes felt that she was not a good student because she did not make 100% on all her assignments. Angel was reported by his teacher to be the hardest working of all the students, and he told me that he wanted to be an engineer when he grew up. These four students were perceived to be progressing well academically by their mainstream and ESL teachers.

Enrique was at risk academically. He was failing many classes and his parents were often called in for conferences. Enrique did not like school and described himself as the person who made the teachers mad because “I just do some jokes to the teachers and they get mad, . . . and they tell my family, . . . Teachers get all this voice and sometimes they kick me out of class.” Enrique did not consider himself to be a good student and preferred to earn money with his father on the weekends working on construction sites. Enrique, a seventh grader, skipped classes sometimes, especially science, without the mainstream teacher knowing. Enrique told me that by skipping science he could eat lunch with the eighth graders and be with his friend Jaime who was in the eighth grade.

Lupe was also at risk academically and behaviorally. She was suspended on two occasions during the course of the six-month study. She was very precocious and used a lot of sexual terminology and inappropriate language around other students. She did not like Rosa or Maria. She expressed her love for animals and her desire to be a veterinarian when she grew up.

These six students, all originally from Mexico, presented unique instructional challenges to their mainstream teacher. Children who arrive in a new country by age six or seven do better academically later in middle school and high school than older arrivals (Gibson, 1988). Of course there are exceptions, but in general, the older arrivals (middle school and high school level) are at greater risk of dropping out or of being promoted year by year without ever obtaining the skills in English required to do well academically at the secondary and postsecondary level.

As immigrant students today are increasingly culturally and linguistically diverse, how teachers accommodate the needs of immigrant students and how these students perceive their own educational experiences are relevant educational issues (Banks, 2001;
In this era of accountability and standardized assessment, teachers must be prepared to meet immigrant students’ academic needs.

In the past 10 years, the number of non-English-speaking students in American schools has increased 95% (National Clearinghouse for English Language Acquisition, 2004). Many of these students are placed with teachers who lack any specialized training in ESL or bilingual education (McKeon, 1994). The increase in non-English-speaking students has resulted in growing pressures on inadequately prepared teachers (Crawford, 1991). Teaching language minority students affects all teachers and can no longer be considered the responsibility of just ESL teachers. “It is a national priority, one that encompasses issues related to instruction, not only for Latino students, but for those speaking a wide range of languages from Hmong to Vietnamese to Russian to Arabic. There is a great demand for information on promising practices” (Gersten, 1996, p. 217).

Teachers need to understand that it takes many years for an immigrant student to attain academic proficiency in a second language. Research by Krashen (1996) has demonstrated that it can take from six to twelve years to acquire full cognitive and academic understanding in a second language.

Many teachers are committed to improving instruction, and many also feel the pressure to prepare these students for state mandated standardized tests. For teachers interested in meeting the instructional needs of ESL students, the following accounts from ESL students themselves, may provide some ideas and strategies to consider.

INTRODUCTION TO THE STUDY

This ethnographic study provides insight into the educational experiences of six Mexican immigrant students in one Texas urban middle school. The students shared their perceptions about the teaching strategies used by their non-ESL teachers. This research was conducted to gain some insight into the world of young adolescents and English as a Second Language (ESL) immigrant youth in the United States today. The perceptions of these immigrant students, though subjective and only from one middle school, provide a valuable perspective for middle school teachers seeking to better understand and plan for the instructional needs of their ESL students.

INTRODUCTION TO THE STUDENTS

All the students in this study were only in their third year in the United States and, while they were seemingly fluent in English, still struggled a lot with the content and vocabulary required in subjects like social studies, science, and English. All were originally from Mexico and were either in the seventh or eighth grade during the time of this study. These students were preparing to take the state-mandated Texas Assessment of Knowledge and Skills (TAKS) test. All students had spent two years in an English as Second Language classroom and were currently mainstreamed for most or all of the school day with non-ESL trained teachers.

All students liked school in the United States. They found it materially comfortable, and they felt safe, even though they attended an urban school in an economically disadvantaged section of the city. The school was dark, old, and compared to other middle schools in the area, lacked much in the way of resources and amenities. This is consistent with research findings by Ogbu (1992) that immigrants have a “dual frame of reference,” which makes them more appreciative of the life and opportunities they have in their new country because they generally came from more impoverished conditions in their countries of origin.
I spent more than six months interviewing these students and their teachers weekly and observing them in their classrooms. The students in this study verbally shared with me their insights and opinions on the instructional models used by their teachers. After reviewing the literature on effective instructional practices for ESL students, I organized the information into two major categories using Banks’s (2001) multicultural teaching behaviors as a model. These categories were the interactive and didactic teaching models (see Figure 1). What emerged from this study was that these ESL students tended to prefer learning from a teacher who exhibited more interactive teaching characteristics.

**Personalized Classrooms**

The students liked the teachers who knew their names, stood at the door to greet them, and who sometimes incorporated their Mexican and Spanish-speaking backgrounds into the lessons. Mrs. O’Reilly was a favorite among these students, including Spanish words.

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**Figure 1 Teaching Characteristics**

<table>
<thead>
<tr>
<th>Interactive Model</th>
<th>Didactic Model</th>
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<tbody>
<tr>
<td>Personalized (knew all students by name; greeted students at door; empathized with students; incorporated students’ cultural backgrounds; knew backgrounds of students well; communicated with families; used humor well and incorporated classroom interruptions humorously)</td>
<td>Impersonalized (did not know all students by name; did not greet all students at the door; handed out worksheets; blamed students and families for lack of academic progress; did not acknowledge or attempt to address students’ cultural diversity; saw students cultural backgrounds as decides)</td>
</tr>
<tr>
<td>Used cooperative grouping (students in pairs or grouped regularly)</td>
<td>Individualistic (students in traditional rows and settings; students independently practiced skills; grades called out in front of class)</td>
</tr>
<tr>
<td>Child centered (individualized instruction regardless of district or TAKS expectations; individualized testing procedures; planned for different learning styles; forced all students to interact)</td>
<td>Subject centered (all students on same page and skill; subject watered down to lowest common denominator (Gifted and Talented ESL students suffered here and did not feel challenged); heavy emphasis on TAKS and district testing; worksheets; procedures; did not account or plan for different learning styles)</td>
</tr>
<tr>
<td>Focus on process of teaching (how to teach)—focuses on improving delivery of instruction; views teaching as fluid and ever changing; teacher circulated around the room</td>
<td>Focus on what to teach (curriculum and content)—focused on blanket coverage and covering content; teacher sat behind desk; heavy emphasis on TAKS skills</td>
</tr>
<tr>
<td>Intuition, empathy, nonverbal communication, classroom wittiness (knew what all students were doing); made exceptions to rules for students</td>
<td>Pragmatic, non-empathy, less likely to pick up nonverbal communication of students, little classroom wittiness (students engaged in off-task behaviors without the teacher knowing); rules enforced equally and no exceptions made</td>
</tr>
<tr>
<td>Students and teachers active and constantly interacting (more conversation and discussion)</td>
<td>Students and teachers more passive and teacher less active (more silence enforced)</td>
</tr>
<tr>
<td>Classroom Discipline Style (Democratic) less emphasis on silence and behaviors</td>
<td>Classroom Discipline Style (Autocratic) more emphasis on silence and behaviors of students</td>
</tr>
</tbody>
</table>

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**PREFERRED READING STRATEGIES**

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**Procedures**

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**Results**

---

**How many?**
in her science lesson. Mrs. O’Reilly used humor with these students to keep them on
track. Mrs. O’Reilly told me: “They are always telling me about stuff in Mexico. . . . Sometime
I try to infuse culture into my classroom.” The students expressed to me that they
felt relaxed in her room and offered the opinion that she made a personal effort to
get to know them. Miss Monroe, an English teacher who exhibited interactive teaching
characteristics, revealed this about her ESL students: “You start picking up, you know,
their quirks, and who is a friend with whom. The teasing helps a lot in making sure that
sometimes the shy ones will ask questions.”

Good specifics

Angel told me that he felt proud to be from Mexico when his science teacher
referred to seasons and volcanic activity in Mexico in class. All the students were very
proud of being Mexican and appreciated teachers who made references to Mexico in
their lessons.

Research on immigrant and particularly Hispanic students demonstrates that they
must like their teacher and need to have a relationship with them to learn and do well
in class (Nieto, 2001). Teachers who make a conscious effort to know their students
and who positively validate their cultural backgrounds can meet the learning needs
of English as a Second Language learners by earning the students’ trust and respect
(Banks, 2001).

Cooperative Grouping

The students really liked working in groups and preferred to be able to ask for help from
other students without getting in trouble for talking in class.

For Jaime particularly, asking “one of my friends or someone next to me” is how
he got further directions when he did not understand something in class. Because some-
times, Jaime told me, “they’re [teachers] busy doing other things.” (All the students) in
the study clearly stated that some teachers “won’t get mad if I ask them” because “I’ve
been with them, like, two years.” All the students complained that even if a teacher did
not always “get mad” at them for requesting more explanations or examples, teachers
sometimes “don’t do it in a kind way.”

These students were reticent to raise their hands in a didactic teacher’s classroom.
Jaime told me he raised his hand for help in such a classroom only if his friends beside
him could not help. But even then Jaime said that he was often “ignored” as often “I
raise my hand and she don’t come to me.”

These students survived the culture of didactic classrooms by taking turns asking
their teachers for help so they could all take turns sharing the “unkindness” of teachers.
In spite of this strategy, Lupe explained to me that she often got into trouble for talking
when she was only asking for help on her assignment. She got upset when she was then
moved away from other students and had nobody to help her.

Students like Lupe often explained to each other in Spanish what the assignment
entailed. These students were not engaging in off-task or social behaviors, they were
really trying to get help with their assignments. I observed Lupe during science class
asking the student beside her in Spanish for help on a graphing assignment. This was
done without the knowledge of the teacher. I asked the teacher afterward if he was
aware of what Lupe had done. He told me “no” and expressed surprise. I asked him if
he encouraged ESL students such as Lupe to ask for help in Spanish, and he said, “no.”
I asked this of the other didactic teachers and they all responded similarly, stating that
they felt it was their responsibility as teachers in the mainstream to help ESL students
“transition” to English and that they did not encourage asking for assistance in Spanish
from a classmate in class.
When I posed the same question to teachers who were more interactive in their teaching style, I was told that they encouraged the ESL students to help each other in Spanish as needed. My classroom observations in these interactive classrooms substantiated this claim. I saw this happening often, and I saw that the students appeared more at-ease and comfortable doing this in Spanish, knowing they would not get in trouble with the teacher. These same students, however, had figured out that it was not acceptable with their didactic teachers.

Student Centered by Planning for Individual Learning Styles

The teachers that the students preferred tended to try many different instructional strategies and made a concerted effort to incorporate multiple intelligence or learning style based teaching strategies. These teachers did not teach to the TAKS tests; they did not have a heavy reliance on worksheets and practice tests. Mrs. O’Reilly, the science teacher, for example, used Reese’s Pieces to demonstrate atoms and then had each student create his or her own model. She attended training on multiple intelligences and tried to differentiate her instruction for many different learning styles, truly believing that by doing so she was meeting the needs of all of her ESL students. The students in this study really liked her interactive teaching style and all expressed the view that they learned a lot in her class.

Research on learning styles (Dunn & Dunn, 1993) has substantiated that many ESL students are more global in their orientation to learning. The concept of right brain and left brain teaching techniques was relevant for these students. Teachers who relied heavily on the use of concrete examples provided for these students a more holistic approach to the lesson, and the students were more comfortable with that teaching style. These ESL students liked to see a finished product rather than having to inductively figure out a project or a problem on their own.

These ESL students were not auditory learners and did not like just being told what to do. They preferred a visual support be provided in each lesson, and they all liked concrete examples. In social studies, this might have been a sample of a research paper with the outline provided, or in English it might have been a poem or an essay with vocabulary or ideas brainstormed at the beginning of the lesson and then visually available as a reference for students during their independent practice.

These students perceptions of a “good” teacher meant that the teacher used examples, explained a lot, and did not give too many directions at once. The teacher, I observed, spent much more time going over an example to be completed by students. The teacher spent longer explaining, elicited more responses from students, and actually completed an example similar to the one the students had to complete on their own. One teacher verbally and visually walked the students through a particular assignment on prefixes and suffixes. The students had all prefixes and suffixes listed on a chart for reference (they brainstormed these together at the beginning of the lesson), and the teacher constantly asked questions to check for understanding. This explanation process took at least 10 to 15 minutes.

In the didactic classrooms, I observed teachers quickly going through one example for a duration of no more than five minutes and then proceeding to let the students practice similar examples independently, without any visual or concrete reference available for students (teachers erased the blackboard or verbally went over a sample from the textbook). All the students, particularly Maria and Jaime, stated that the teachers who provided the class with many examples were more effective for their learning needs. The students believed they needed more opportunities to practice and, because
of this, did not perceive they were being taught as well by teachers who did not use a lot of examples.

Maria claimed, “Sometimes [teachers] don’t give you examples to understand the lesson better, like when you’re doing a lesson and you don’t understand after you told them to, like, show you an example. [Teachers] should do it by themselves, not by the students telling them.” For Maria, this notion of “example” given by the teacher was extremely important in helping her understand and do well in class. She also considered a better teacher to be one who gave lots of examples.

Maria told me, “Ms. Henry, who gives us an example, like, sometimes she gives us homework so we can do maps or something like that, and she has one on the wall so we can see it.” In this instance, Maria implied that an example meant a finished product, something that helped her see what she was supposed to be doing.

For Jaime, a teacher who helped him understand in class gave him examples. He explained, “They, my ESL teachers, usually give us a lot of examples so we can understand. . . . They get us to practice something more than once.” When I asked him to tell me more about a teacher who never gave examples, he immediately talked about his social studies teacher, Mr. Bond, who, Jaime told me, did explain the assignment but “never gives examples when he gives us work, he goes over the answers.”

For Angel, teachers helped him learn better when “They explain about the things we review.” “Homework and more practice” constituted examples for Angel, doing the same things “over and over” again. In this instance, I understood that “example” was akin to repetition and lots of practice to help learning.

I realized that the concept of “example” was somehow connected to how a teacher explained information to students in class. For Lupe, the teacher should explain something “like, two times.” Lupe told me, “Not just say one time, you have to do this and this in order” or “I’ll no understand what she says.” There was a clear connection between explaining more than once and giving examples to help Lupe understand what she was supposed to be doing in class. All students explained to me that they needed to hear something more than once to fully understand.

In response to the question, “What do teachers do to help you learn best?” Maria told me, “I think, like examples. I think the most important to learn is examples.” For Maria, an example was something that was done “over and over and over.” Maria explained, “Because, you sometimes do something and the next day you forgot it, or she [teacher] doesn’t give any more papers like that. So then, like, three months later she give us another paper and she likes ‘remember the other day.’” “Examples” was an important concept for these students, as my text search of their interview transcripts counted 57 references made to the word “examples” in the total interview search.

“Examples,” as defined by the students I observed, were seldom given by teachers with a didactic teaching style. These teachers never actually completed more than one problem on the chalkboard or overhead projector, and never alerted students to anticipated difficulties they might encounter in a proposed assignment. The students were told what to do and proceeded to do their work silently. After 10 to 15 minutes, the teacher checked in, and, if all students were finished, the teacher simply proceeded to call out the answer or have a student call out the correct answer.

In middle school, teachers tend to teach to auditory leaners, not realizing that our increasingly diverse students are not auditory in their own learning preference. The reality is that ESL students need a concrete, step-by-step approach. Such concrete teaching styles, which are more prevalent in elementary school, should be incorporated more with ESL middle school students (Dunn & Dunn, 1993).
Focus on Process of Teaching

Teachers who tended to be better at meeting the learning needs of ESL students spent a lot of their time focussed on their actual teaching strategies. These teachers had less tendency to blame the students for not learning and were always seeking to try different teaching strategies. These teachers focused on how their students learned, and they had knowledge of multiple intelligence theory and learning style theory. They could tell me about particular students’ learning styles, and these teachers all tended to agree that their ESL students preferred a tactile and more kinesthetic mode of learning. These interactive teachers incorporated games into, their lessons and used a variety of hands-on approaches to their subjects. Research on how ESL students learn clearly substantiates their tendency to be right brained, more holistic in their learning needs, and prefer to learn in groups (Banks, 2001; Krashen, 1996).

Intuitive and Nonverbal Communication

According to these ESL students, the teachers who were successful in meeting their learning needs constantly gauged the reactions of students, constantly walked around the classroom, and sought out students instead of waiting for the students to raise their hands. The students appreciated this and respected those teachers more.

These teachers focused on the faces and relied on nonverbal communication from their students while teaching. They were more in tune to the frustrations of their ESL learners and tended to go to their desks and ask them if they needed help. The students liked this and really believed that an effective teacher would come to them and that they should not have to raise their hand. These teachers used more hands-on approaches to teach science, used flash cards or games to teach English grammar, and used more varied teaching methods to deliver the lessons. The interactive teachers used eye contact well and were constantly asking questions of all students, taking care to call on each student in class.

The didactic teachers tended to stand at the blackboard or overhead projector and did not walk around the room. After the didactic teachers gave directions, silence ensued and the students were expected to work independently. ESL students who raised their hands for help were often not attended to by the teacher for several minutes and in some classes were totally ignored. The students did not like this kind of teacher and perceived that the teacher was “lazy” because he or she did not come to their desk to offer help.

ESL students can sometimes appear shy in class and, consequently, their learning needs are sometimes ignored. It is important for teachers to recognize that some students may not ask for help and may prefer the teacher to initiate this at the middle school level.

Students and Teachers Actively Learning Together

The students liked teachers who used much verbal interaction, questioning for understanding, and conversation, all of which included both student-to-student and teacher-to-student interaction. All the students seemed to enjoy classrooms where there was less silence. In silent classrooms, the ESL students felt more isolated and expressed more fear of the teacher. The need to talk and ask peers questions and to have a teacher take them step-by-step through examples was important for these students.

Based on what?

Evidence

Effective strategies

Contrasting style

Perhaps at all levels

How many?

They liked the teacher who walked them through a math problem or an assignment from beginning to end. They did not like figuring it out on their own. Doing a
couple of examples together, with the teacher explaining slowly and everyone working
at the same page, was important.

In some classrooms, the teachers had strong didactic teaching styles and did the
majority of the talking, without interacting or questioning students. In these classrooms,
silence was expected from all students, and there was a heavy reliance on worksheets
or completed assignments from either the textbook or overhead projector. The ESL stu-
dents I observed in these classrooms were often seated in rows, rarely called upon to
answer, and worked independently to complete their seatwork. The class period gen-
erally consisted of the following formula, regardless of the subject being taught. The
teacher gave quick verbal directions on the assigned material at the beginning of the
class period; then students worked independently while the teacher sat behind a desk
or graded papers. The teacher went over the answers with students who graded each
other’s papers. The teacher sometimes asked for grades aloud before recording them.
Finally, if there was time left in the period, the teacher assigned another activity for the
students to work on independently.

(All) the students in this study expressed to me that they did not find this didactic in-
structional practice particularly helpful. They explained to me that they did not like working
independently in such silent classrooms where they felt they were unable to ask questions
and get help from each other if needed. I observed that these students never raised their
hands for help from teachers with a didactic teaching style. The students expressed to me
that they were either too shy or afraid to ask questions of such teachers. The ESL students
expressed to me that they preferred not to ask for more examples or explanations because
the teachers got mad. Other students expressed to me that some teachers never even read
or explained the assignments in class. They reported that they were left on their own to
figure it out and often, as with Angel, were just referred to the dictionary if they did not
understand a word or they asked the person beside them rather than upset a teacher who
might be “busy doing something else.” For Rosa, the “better” teachers, those who helped
her the most, “never get mad at me. If I have trouble with, something they help me.”

Democratic Classroom Discipline Style

The ESL students preferred a teacher who had a more relaxed discipline style, who incor-
porated more talk and conversation and had less emphasis on maintaining a silent class-
room. These students did not enjoy being in a classroom with a teacher who had discipline
management problems. These students appreciated a teacher who had structure, order,
and discipline mixed with humor and cooperative grouping. The interactive teachers, most
preferred by these students, did not have classroom discipline problems. The students liked
teachers who were more democratic, asked for their input, gave them choice in assign-
ments, and “made exceptions” when it was appropriate.

Mr. Bond, the most autocratic and didactic of the teachers in this study, always stood
at the door as students entered and silently passed out ditto sheets. He always maintained
strict silence in his room and told me, “Some students you may never get to know because
they are so quiet, and they just come in and do their work and go home and that is just
the way it is.” This teacher did not build a relationship with his students, who came to fear
him. The ESL students did not like this teacher because they felt that they never learned or
were permitted to think in this class because they could never ask for help.

The interactive teachers, like Mrs. O’Reilly, were comfortable with a democratic
classroom management style and they promoted more of a classroom family atmos-
phere. These teachers used appropriate praise in class, conferenced with every student,
and used humor to redirect off-task behaviors rather than harsher measures.
CONCLUSION

The picture that emerged was one in which ESL students perceived that interactive instructional models were more congruent with their learning needs than didactic ones. This picture reflects the educational research and literature which showed that many ESL and culturally diverse students prefer styles of inquiry and response different from the standard procedures used in many classrooms. ESL and culturally diverse students often have a global orientation to learning and are receptive to learning that is relational, holistic, and employs thematic approaches (Malloy, 1997). Visual and tactile learning modes are important for culturally and linguistically diverse students as well (Presmeg, 1989). How teachers ask questions is vital, because in many cultures, students are not used to being questioned (Strutchens, 1994). Time and waiting are important when asking questions to ESL students (Callahan, 1994). Use of cooperative work and heterogeneous grouping better suits the learning styles of linguistically and culturally diverse students (Malloy, 1997; Zaslavsky, 1993).

Overall, a teaching model that incorporates more of the interactive characteristics better suits the learning styles of ESL students. This should be a consideration for principals and teachers as they mainstream ESL students into regular classrooms. Teachers who use more didactic teaching styles might need staff development to help them use more interactive strategies in their classrooms. Teaching should be viewed as a skill that is fluid and should be adapted and refined to meet the needs of students. This is especially important for ESL learners who are striving to practice and use a newly acquired language.

References

Analysis of the Study

PURPOSE/JUSTIFICATION
The stated purpose is “to gain some insight into the world of young adolescents and English (ESL) immigrant youth in the United States today.” The study is clearly focused on perceptions of teacher behaviors.

Justification is based on research into the increasing numbers of ESL students and the need for assistance to their teachers. Citing more recent studies would have strengthened the study. There appear to be no problems of risk or deception. A question of confidentiality arises if student and teacher names were not changed.

DEFINITIONS
“ESL students” is not defined but clearly refers to students having English as a second language. The terms “interactive” and “didactic” teaching strategies are used throughout; they are clarified by extensive description in Figure 1.

HYPOTHESES
No hypotheses are stated, which is customary in ethnographic research. However, one seems to emerge during the study—that ESL students prefer “interactive” teaching behaviors.

SAMPLE
The convenience sample was six Mexican immigrant students, all in their third year in the United States. They were in seventh or eighth grade and described as fluent in English but struggling with content and vocabulary in their social studies, science, and English classes. All had spent two years in an ESL classroom and were currently mainstreamed for all or most of the school day with non-ESL teachers in an urban middle school in Texas. In ethnographic studies we expect more “thick description” (see text, p. 459). In this case, socioeconomic status, ethnicities, and percentage of ESL and free lunch students would have been helpful.

INSTRUMENTATION
Instrumentation consisted of nonparticipant observation and weekly interviews with the students and their teachers. It is evident in the main body of the report that at least one “structured” question was asked of students: “What do teachers do to help you learn best?” There are also examples of structured “follow-up” questions with both students and teachers. Beyond that, it is unclear to what extent structured questions, as opposed to an open-ended, informal approach (see p. 451), were used. More description of how interviews were conducted is needed (e.g., in English, Spanish or both). It appears that observations were done informally without a systematic guide. In one instance—encouraging students to help each other in Spanish—interview information is said to be supported by observations, which is a form of triangulation that lends strength to the results.

PROCEDURES/INTERNAL VALIDITY
No information on the details of data collection is provided. Presumably interviews were conducted in school. Internal validity is less important in a descriptive, exploratory study such as this. However, causal statements are made with respect to the two teaching models, clearly implying that the interactive model causes higher student “liking” and (in conclusion) student learning. Descriptive comments and examples lend plausibility to this, but the study provides no controls over the alternative explanations of other teacher characteristics and data collector bias.

DATA ANALYSIS
As is common in qualitative studies, no statistical data analysis was done. In some instances the terms “all” and “none” provide clarification, but further detail, such as specific counts or percentages, would have been helpful.

RESULTS/DISCUSSION
The results are presented in narrative form supported with examples. The reader must trust that these descriptions accurately reflect what was said and observed, as well as how frequently these occurred. Some assertions, such as “these ESL students were not auditory learners” seem unlikely to have come from interviews or observation.

Although the reference to “interactive” and “didactic” teaching models served to organize the information, their application here implies two recognizable types of teachers among those studied, without evidence that this is so. Perhaps the teachers could have been divided into these two groups, but there is no indication this step was
clearer. As noted above, we think more detail on the school, the instrumentation process, and examples would have greatly strengthened the study. Nevertheless, we think it should alert teachers, particularly those with ESL students, to likely consequences of specific behaviors. The serious limitations of generalizing to other students and teachers are recognized by the author.

taken. Descriptions of teacher behaviors fit quite well with Banks’s model descriptions, but it is likely that individual teachers exhibited behaviors fitting both “types.” A more tenable conclusion is that students preferred specific behaviors rather than an overall “type.”

We think use of grounded theory (see p. 433) would have avoided this problem and made interpretations clearer. As noted above, we think more detail on the school, the instrumentation process, and examples would have greatly strengthened the study. Nevertheless, we think it should alert teachers, particularly those with ESL students, to likely consequences of specific behaviors. The serious limitations of generalizing to other students and teachers are recognized by the author.

THE NATURE AND VALUE OF ETHNOGRAPHIC RESEARCH

• Ethnographic research is particularly appropriate for behaviors that are best understood by observing them within their natural settings.
• The key techniques in all ethnographic studies are in-depth interviewing and highly detailed, almost continual, ongoing participant observation of a situation.
• A key strength of ethnographic research is that it provides the researcher with a much more comprehensive perspective than do other forms of educational research.

ETHNOGRAPHIC CONCEPTS

• Important concepts in ethnographic research include culture, holistic perspective, thick description, contextualization, a nonjudgmental orientation, emic perspective, etic perspective, member checking, and multiple realities.

TOPICS THAT LEND THEMSELVES WELL TO ETHNOGRAPHIC RESEARCH

• Suitable topics include those that defy simple quantification; those that can best be understood in a natural setting; those that involve studying individual or group activities over time; those that involve studying the roles that individuals play and the behaviors associated with those roles; those that involve studying the activities and behaviors of groups as a unit; and those that involve studying formal organizations in their totality.

SAMPLING IN ETHNOGRAPHIC RESEARCH

• The sample in ethnographic studies is almost always purposive.
• The data obtained from ethnographic research samples rarely, if ever, permit generalization to a population.

THE USE OF HYPOTHESES IN ETHNOGRAPHIC RESEARCH

• Ethnographic researchers seldom formulate precise hypotheses ahead of time. Rather, they develop them as their study emerges.
DATA COLLECTION AND ANALYSIS IN ETHNOGRAPHIC RESEARCH

- The two major means of data collection in ethnographic research are participant observation and detailed interviewing.
- Researchers use a variety of instruments in ethnographic studies to collect data and to check validity. This is frequently referred to as triangulation.
- Analysis consists of continual reworking of data with emphasis on patterns, key events, and use of visual representations in addition to interviews and observations.

FIELDWORK

- Field notes are the notes a researcher in an ethnographic study takes in the field. They include both descriptive field notes (what he or she sees and hears) and reflective field notes (what he or she thinks about what has been observed).
- Field jottings refer to quick notes about something the researcher wants to write more about later.
- A field diary is a personal statement of the researcher’s feelings and opinions about the people and situations he or she is observing.
- A field log is a sort of running account of how the researcher plans to spend his or her time compared to how he or she actually spends it.

ADVANTAGES AND DISADVANTAGES OF ETHNOGRAPHIC RESEARCH

- A key strength of ethnographic research is that it provides a much more comprehensive perspective than other forms of educational research. It lends itself well to topics that are not easily quantified. Also, it is particularly appropriate for studying behaviors best understood in their natural settings.
- Like all research, ethnographic research also has its limitations. It is highly dependent on the particular researcher’s observations. Furthermore, some observer bias is almost impossible to eliminate. Lastly, generalization is practically nonexistent.

Key Terms

contextualization 509  etic perspective 510  member checking 510
crystallization 518  field diary 513  multiple realities/perspectives 510
culture 509  field jottings 512  participant observation 512
descriptive field notes 513  field log 513  reflective field notes 514
emic perspective 510  field notes 512  thick description 510
ethnographic research 507  holistic perspective 509  triangulation 517
interviewing 512  key events 517

For Discussion

1. A major criticism of ethnographic research is that there is no way for the researcher to be totally objective about what he or she observes. Would you agree? What might an ethnographer say to rebut this charge?
2. Ethnographic studies are rarely replicated. Why do you suppose this is so? Might they be? If so, how?
3. What would you say is the most difficult aspect of ethnographic research? Why?
4. What do you think is the biggest advantage of ethnographic research? the biggest disadvantage? Explain your thinking.
5. Would you be willing to be a participant in an ethnographic study? Why or why not?
6. Supporters of qualitative research say that it can do something that no other type of research can do. If true, what might this be? Would this be especially true of ethnography?
7. Are there any kinds of information that other types of research can provide better than ethnographic research? If so, what might they be?
8. How would you compare ethnographic research to the other types of research we have discussed in this book in terms of difficulty? Explain your reasoning.

13. Ibid.
15. Ibid., p. 42.
16. Ibid., p. 44.
17. Ibid., p. 56.
18. Ibid., pp. 57–58.
22. Bogdan and Biklen, op. cit., p. 120.
23. Ibid., excerpted from pp. 260–270.
25. Ibid., p. 106.
26. Ibid., p. 112.
27. From the familiar to the strange and back again. In G. Spindler, op. cit.
OBJECTIVES Studying this chapter should enable you to:

- Describe briefly what historical research involves.
- State three purposes of historical research.
- Give some examples of the kinds of questions investigated in historical research.
- Name and describe briefly the major steps involved in historical research.
- Give some examples of historical sources.
- Distinguish between primary and secondary sources.
- Distinguish between external and internal criticism.
- Discuss when generalization in historical research is appropriate.
- Locate examples of published historical studies and critique some of the strengths and weaknesses of these studies.
- Recognize an example of a historical study when you come across one in the literature.
data to describe, explain, and thereby understand actions or events that occurred sometime in the past.

**THE PURPOSES OF HISTORICAL RESEARCH**

Educational researchers undertake historical studies for a variety of reasons:

1. To make people aware of what has happened in the past so they may learn from past failures and successes. A researcher might be interested, for example, in investigating why a particular curriculum modification (such as a new inquiry-oriented English curriculum) succeeded in some school districts but not in others.

2. To learn how things were done in the past to see if they might be applicable to present-day problems and concerns. Rather than “reinventing the wheel,” for example, it often may be wiser to look to the past for guidance.

**INTERACTIVE AND APPLIED LEARNING**

After, or while, reading this chapter:

Go to the Online Learning Center at www.mhhe.com/fraenkel8e to:

- Learn More About Primary vs. Secondary Sources

Go to your online Student Mastery Activities book to do the following activities:

- Activity 22.1: Historical Research Questions
- Activity 22.2: Primary or Secondary Source?
- Activity 22.3: What Kind of Historical Source?
- Activity 22.4: True or False?
past to see if a proposed innovation has been tried before. Sometimes an idea proposed as “a radical innovation” is not all that new. Along this line, the review of literature that we discussed in detail in Chapter 3, which is done as a part of many other kinds of studies, is a kind of historical research. Often a review of the literature will show that what we think is new has been done before (and, surprisingly, many times!).

3. To assist in prediction. If a particular idea or approach has been tried before, even under somewhat different circumstances, past results may offer policy makers some ideas about how present plans may turn out. Thus, if language laboratories have been found effective (or the reverse) in certain school districts in the past, a district contemplating their use would have evidence on which to base its own decisions.

4. To test hypotheses concerning relationships or trends. Many inexperienced researchers tend to think of historical research as purely descriptive in nature. When well designed and carefully executed, however, historical research can lead to the confirmation or rejection of relational hypotheses as well. Here are some examples of hypotheses that would lend themselves to historical research:

a. In the early 1900s, most female teachers came from the upper middle class, but most male teachers did not.

b. Curriculum changes that did not involve extensive planning and participation by the teachers involved usually failed.

c. Nineteenth-century social studies textbooks show increasing reference to the contributions of women to the culture of the United States from 1800 to 1900.

d. Secondary school teachers have enjoyed greater prestige than elementary school teachers since 1940.

Many other hypotheses are possible, of course; the ones above are intended to illustrate only that historical research can lend itself to hypothesis-testing studies.

5. To understand present educational practices and policies more fully. Many current practices in education are by no means new. Inquiry teaching, character education, open classrooms, an emphasis on “basics,” Socratic teaching, the use of case studies, individualized instruction, team teaching, and teaching “laboratories” are but a few of many ideas that reappear from time to time as “the” salvation for education.

WHAT KINDS OF QUESTIONS ARE PURSUED THROUGH HISTORICAL RESEARCH?

Although historical research focuses on the past, the types of questions that lend themselves to historical research are quite varied. Here are some examples:

- How were students educated in the South during the Civil War?
- How many bills dealing with education were passed during the presidency of Lyndon B. Johnson, and what was the major intent of those bills?
- What was instruction like in a typical fourth-grade classroom 100 years ago?
- How have working conditions for teachers changed since 1900?
- What were the major discipline problems in schools in 1940 as compared to today?
- What educational issues has the general public perceived to be most important during the last 20 years?
- How have the ideas of John Dewey influenced present-day educational practices?
- How have feminists contributed to education?
- How were minorities (or the physically impaired) treated in our public schools during the twentieth century?
- How were the policies and practices of school administrators in the early years of the twentieth century different from those today?
- What has been the role of the federal government in education?

Steps Involved in Historical Research?

There are four essential steps involved in doing a historical study in education. These include defining the problem or question to be investigated (including the formulation of hypotheses if appropriate), locating relevant sources of historical information, summarizing and evaluating the information obtained from these sources, and presenting and interpreting this information as it relates to the problem or question that originated the study.
DEFINING THE PROBLEM
In the simplest sense, the purpose of a historical study in education is to describe clearly and accurately some aspect of the past as it related to education and/or schooling. As we mentioned previously, however, historical researchers aim to do more than just describe; they want to go beyond description to clarify and explain and sometimes to correct (as when a researcher finds previous accounts of an action or event to be in error).

Historical research problems, therefore, are identified in much the same way as are problems studied through other types of research. Like any research problem, they should be clearly and concisely stated, be manageable, have a defensible rationale, and (if appropriate) investigate a hypothesized relationship among variables. A concern somewhat unique to historical research is that a problem may be selected for study for which insufficient data are available. Often important data of interest (certain kinds of documents, such as diaries or maps from a particular period) simply cannot be located in historical research. This is particularly true the further back in the past an investigator looks. As a result, it is better to study in depth a well-defined problem that is perhaps more narrow than one would like than to pursue a more broadly stated problem that cannot be sharply defined or fully resolved. As with all research, the nature of the problem or hypothesis guides the study; if it is well defined, the investigator is off to a good start.

Some examples of historical studies that have been published are as follows:

- “Shakespeare Under Different Flags: The Bard in German Classrooms from Hitler to Honecker.”
- “Making Broad Shoulders: Body-building and Physical Culture in Chicago, 1890–1920.”
- “Beyond Civics and the 3 R’s: Teaching Economics in the Schools.”
- “Education and Marginality: Race and Gender in Higher Education.”
- “Indian Heart/White Man’s Head: Native-American Teachers in Indian Schools.”
- “The Emergence of the American University: An International Perspective.”

LOCATING RELEVANT SOURCES
Categories of Sources. Once a researcher has decided on the problem or question he or she wishes to investigate, the search for sources begins. Just about everything that has been written down in some form or other, and virtually every object imaginable, is a potential source for historical research. In general, however, historical source material can be grouped into four basic categories: documents, numerical records, oral statements and records, and relics.

1. Documents: Documents are written or printed materials that have been produced in some form or another—annual reports, artwork, bills, books, cartoons, circulars, court records, diaries, diplomas, legal records, newspapers, magazines, notebooks, school yearbooks, memos, tests, and so on. They may be handwritten, printed, typewritten, drawn, or sketched; they may be published or unpublished; they may be intended for private or public consumption; they may be original works or copies. In short, documents refers to any kind of information that exists in some type of written or printed form.

2. Numerical records: Numerical records can be considered either as a separate type of source in and of themselves or as a subcategory of documents. Such records include any type of numerical data in printed form: test scores, attendance figures, census reports, school budgets, and the like. In recent years, historical researchers are making increasing use of computers to analyze the vast amounts of numerical data that are available to them.

3. Oral statements: Another valuable source of information for the historical researcher are the statements people make orally. Stories, myths, tales, legends, chants, songs, and other forms of oral expression have been used by people through the ages to leave a record for future generations. But historians can also conduct oral interviews with people who were a part of or witnessed past events. This is a special form of historical research, called oral history, which is currently undergoing somewhat of a renaissance.

4. Relics: The fourth type of historical source is the relic. A relic is any object whose physical or visual characteristics can provide some information about the past. Examples include furniture, artwork, clothing, buildings, monuments, or equipment.
Following are different examples of historical sources.

- A primer used in a seventeenth-century schoolroom
- A diary kept by a woman teacher on the Ohio frontier in the 1800s
- The written arguments for and against a new school bond issue as published in a newspaper at a particular time
- A 1958 junior high school yearbook
- Samples of clothing worn by students in the early nineteenth century in rural Georgia
- High school graduation diplomas from the 1920s
- A written memo from a school superintendent to his faculty
- Attendance records from two different school districts over a 40-year period
- Essays written by elementary school children during the Civil War
- Test scores attained by students in various states at different times
- The architectural plans for a school to be organized around flexible scheduling
- A taped oral interview with a secretary of education who served in the administrations of three different U.S. presidents

Primary Versus Secondary Sources. As in all research, it is important to distinguish between primary and secondary sources. A primary source is one prepared by an individual who was a participant in or a direct witness to the event being described. An eyewitness account of the opening of a new school would be an example, as would a researcher’s report of the results of his or her own experiment. Other examples of primary source material are as follows:

- A nineteenth-century teacher’s account of what it was like to live with a frontier family
- A transcript of an oral interview conducted in the 1960s with the superintendent of a large urban school district concerning the problems his district faces
- Essays written during World War II by students in response to the question, “What do you like most and least about school?”
- Songs composed by members of a high school glee club in the 1930s
- Minutes of a school board meeting in 1878, taken by the secretary of the board

- A paid consultant’s written evaluation of a new French curriculum adopted in 1985 by a particular school district
- A photograph of an eighth-grade graduating class in 1930
- Letters written between an American student and a Japanese student describing their school experiences during the Korean conflict

A secondary source, on the other hand, is a document prepared by an individual who was not a direct witness to an event but who obtained his or her description of the event from someone else. They are “one step removed,” so to speak, from the event. A newspaper editorial commenting on a recent teachers’ strike would be an example. Other examples of secondary source material are as follows:

- An encyclopedia entry describing various types of educational research conducted over a 10-year period
- A magazine article summarizing Aristotle’s views on education
- A newspaper account of a school board meeting based on oral interviews with members of the board
- A book describing schooling in the New England colonies during the 1700s
- A parent’s description of a conversation (at which she was not present) between her son and his teacher
- A student’s report to her counselor of why her teacher said she was being suspended from school
- A textbook (including this one) on educational research

Whenever possible, historians (like other researchers) want to use primary rather than secondary sources. Can you see why? Unfortunately, primary sources are admittedly more difficult to acquire, especially the further back in time a researcher searches. Secondary sources are of necessity, therefore, used quite extensively in historical research. If it is at all possible, however, the use of primary sources is preferred.

SUMMARIZING INFORMATION OBTAINED FROM HISTORICAL SOURCES

The process of reviewing and extracting data from historical sources is essentially the one described in

*When a researcher must rely on secondary data sources, he or she increases the chance of the data being less detailed and/or less accurate. The accuracy of what is being reported also becomes more difficult to check.
Chapter 3—determining the relevancy of the particular material to the question or problem being investigated; recording the full bibliographic data of the source; organizing the data one collects under categories related to the problem being studied; and summarizing pertinent information (important facts, quotations, and questions) on note cards (see Chapter 3).

For an example of organizing data, consider a study investigating the daily activities that occurred in nineteenth-century elementary schoolrooms. A researcher might organize his or her facts under such categories as “subjects taught,” “learning activities,” “play activities,” and “class rules.”

Reading and summarizing historical data is rarely, if ever, a neat, orderly sequence of steps to be followed, however. Often reading and writing are interspersed. Edward J. Carr, a noted historian, provides the following description of how historians engage in research:

[A common] assumption [among lay people] appears to be that the historian divides his work into two sharply distinguishable phases or periods. First, he spends a long preliminary period reading his sources and filling his notebooks with facts; then, when this is over he puts away his sources, takes out his notebooks, and writes his book from beginning to end. This is to me an unconvincing and unplausible picture. For myself, as soon as I have got going on a few of what I take to be the capital sources, the itch becomes too strong and I begin to write—not necessarily at the beginning, but somewhere, anywhere. Thereafter, reading and writing go on simultaneously. The writing is added to, subtracted from, re-shaped, and cancelled, as I go on reading. The reading is guided and directed and made fruitful by the writing; the more I write, the more I know what I am looking for, the better I understand the significance and relevance of what I find. 9

EVALUATING HISTORICAL SOURCES

Perhaps more so than in any other form of research, the historical researcher must adopt a critical attitude toward any and all sources he or she reviews. A researcher can never be sure about the genuineness and accuracy of historical sources. A memo may have been written by someone other than the person who signed it. A letter may refer to events that did not occur or that occurred at a different time or in a different place. A document may have been forged or information deliberately falsified. Key questions for any historical researcher are:

• Was this document really written by the supposed author (i.e., is it genuine)?
• Is the information contained in this document true (i.e., is it accurate)?

The first question refers to what is known as external criticism, the second to what is known as internal criticism.

External Criticism. External criticism refers to the genuineness of any and all documents the researcher uses. Researchers engaged in historical research want to know whether or not the documents they find were really prepared by the (supposed) author(s) of the document. Obviously, falsified documents can (and sometimes do) lead to erroneous conclusions. Several questions come to mind in evaluating the genuineness of a historical source.

• Who wrote this document? Was the author living at that time? Some historical documents have been shown to be forgeries. An article supposedly written by, say, Martin Luther King, Jr., might actually have been prepared by someone wishing to tarnish his reputation.
• For what purpose was the document written? For whom was it intended? And why? (Toward whom was a memo from a school superintendent directed? What was the intent of the memo?)
• When was the document written? Is the date on the document accurate? Could the details described have actually happened during this time? (Sometimes people write the date of the previous year on correspondence in the first days of a new year.)
• Where was the document written? Could the details described have occurred in this location? (A description of an inner-city school supposedly written by a teacher in Fremont, Nebraska, might well be viewed with caution.)
• Under what conditions was the document written? Is there any possibility that what was written might have been directly or subtly coerced? (A description of a particular school’s curriculum and administration prepared by a committee of nontenured teachers might give quite a different view from one written by those who have tenure.)
• Do different forms or versions of the document exist? (Sometimes two versions of a letter are found with
nearly identical wording and only slight differences in handwriting, suggesting that one may be a forgery.)

The important thing to remember with regard to external criticism is that researchers should do their best to ensure that the documents they are using are genuine. The above questions (and others like them) are directed toward this end.

Internal Criticism. Once researchers have satisfied themselves that a source document is genuine, they need to determine if the contents of the document are accurate. This involves what is known as internal criticism. Both the accuracy of the information contained in a document and the truthfulness of the author need to be evaluated. Whereas external criticism has to do with the nature or authenticity of the document itself, internal criticism has to do with what the document says. Is it likely that what the author says happened really did happen? Would people at that time have behaved as they are portrayed? Could events have occurred this way? Are the data presented (attendance records, budget figures, test scores, and so on) reasonable? Note, however, that researchers should not dismiss a statement as inaccurate just because it is unlikely—unlikely events do occur. What researchers must determine is whether a particular event might have occurred, even if it is unlikely. As with external criticism, several questions need to be asked in attempting to evaluate the accuracy of a document and the truthfulness of its author.

1. With regard to the author of the document:

   - Was the author present at the event he or she is describing? In other words, is the document a primary or a secondary source? As we mentioned before, primary sources are preferred over secondary sources because they usually (though not always) are considered to be more accurate.
   - Was the author a participant in or an observer of the event? In general, we might expect an observer to present a more detached and comprehensive view of an event than a participant. Eyewitnesses do differ in their accounts of the same event, however, and hence the statements of an observer are not necessarily more accurate than those of a participant.
   - Was the author competent to describe the event? This refers to the qualifications of the author. Was he or she an expert on whatever is being described or discussed? an interested observer? a passerby?
   - Was the author emotionally involved in the event? The wife of a fired teacher, for example, might well give a distorted view of the teacher’s contributions to the profession.
   - Did the author have any vested interest in the outcomes of the event? Might he or she have an ax of some sort to grind, for example, or possibly be biased in some way? A student who continually was in disagreement with his teacher, for example, might tend to describe the teacher more negatively than would the teacher’s colleagues.

2. With regard to the contents of the document:
   - Do the contents make sense (i.e., given the nature of the events described, does it seem reasonable that they could have happened as portrayed)?
   - Could the event described have occurred at that time? For example, a researcher might justifiably be suspicious of a document describing a World War II battle that took place in 1946.
   - Would people have behaved as described? A major danger here is what is known as presentism—ascribing present-day beliefs, values, and ideas to people who lived at another time. A somewhat related problem is that of historical hindsight. Just because we know how an event came out does not mean that people who lived before or during the occurrence of an event believed an outcome would turn out the way it did.
   - Does the language of the document suggest a bias of any sort? Is it emotionally charged, intemperate, or otherwise slanted in a particular way? Might the ethnicity, gender, religion, political party, socioeconomic status, or position of the author suggest a particular orientation (Figure 22.1)? For example, a teacher’s account of a school board meeting in which a pay raise was voted down might differ from one of the board member’s accounts.
   - Do other versions of the event exist? Do they present a different description or interpretation of what happened? But note that just because the majority of observers of an event agree about what happened, this does not mean they are necessarily always right. On more than one occasion, a minority view has proved to be correct.

Data Analysis in Historical Research

As is the case with other types of qualitative research, historical researchers must find ways to make sense out of what is usually a very large amount of data and then synthesize it into a meaningful narrative of their own. Some prefer to operate from a theoretical model that helps them organize the information they have collected and may even suggest categories for a content analysis. Others prefer to immerse themselves in their information until patterns or themes suggest themselves. A coding system may be useful in doing so. Recently, some historians have used quantitative data, such as crime and unemployment rates, to validate interpretations derived from documents.10

Generalization in Historical Research

Can researchers engaged in historical research generalize from their findings? It depends. As perhaps is obvious to you, historical researchers are rarely, if ever, able to study an entire population of individuals or events. They usually have little choice but to study a sample of the phenomena of interest. And the sample studied is determined by the historical sources that remain from the past. This is a particular problem for the historian, because almost always certain documents, relics, and other sources are missing, have been lost, or otherwise cannot be found. Those sources that are available perhaps are not representative of all the possible sources that did exist.

Suppose, for example, that a researcher is interested in understanding how social studies was taught in high schools in the late 1800s. She is limited to studying whatever sources remain from that time. The researcher may locate several textbooks of the period, plus assignment books, lesson plans, tests, letters and other correspondence written by teachers, and their diaries, all from this period. On the basis of a careful review of this source material, the researcher draws some conclusions about the nature of social studies teaching at that time. The researcher needs to take care to remember, however,
that all of these are written sources—and they may reflect quite a different view from that held by people who were not inclined to write down their thoughts, ideas, or assignments. What might the researcher do? As with all research, the validity of any generalizations that are drawn can be strengthened by increasing the size and diversity of the sample of data on which the generalizations are based. For those historical studies that involve the study of quantitative records, the computer has made it possible, in many instances, for a researcher to draw a representative sample of data from large groups of students, teachers, and others who are represented in school records, test scores, census reports, and other documents.

**Advantages and Disadvantages of Historical Research**

The principal advantage of historical research is that it permits investigation of topics and questions that can be studied in no other way. It is the only research method that can study evidence from the past in relation to questions such as those presented earlier in the chapter. In addition, historical research can make use of a wider range of evidence than most other methods (with the possible exceptions of ethnographic and case-study research). It thus provides an alternative and perhaps richer source of information on certain topics that can also be studied with other methodologies. A researcher might, for example, wish to investigate the hypothesis that “curriculum changes that did not involve extensive planning and participation by the teachers involved usually fail(ed)” by collecting interview or observational data on groups of teachers who (1) have and (2) have not participated in developing curricular changes (a causal-comparative study), or by arranging for variations in teacher participation (an experimental study). The question might also be studied, however, by examining documents prepared over the past 50 years by disseminators of new curricula (their reports), by teachers (their diaries), and so forth.

A disadvantage of historical research is that the measures used in other methods to control for threats to internal validity are simply not possible in a historical study. Limitations imposed by the nature of the sample of documents and the instrumentation process (content analysis) are likely to be severe. Researchers cannot ensure representativeness of the sample, nor can they (usually) check the reliability and validity of the inferences made from the data available. Depending on the question studied, all or many of the threats to internal validity we discussed in Chapter 9 are likely to exist. The possibility of bias due to researcher characteristics (in data collection and analysis) is always present. The possibility that any observed relationships are due to a threat involving subject characteristics (the individuals on whom information exists), implementation, history, maturation,
attitude, or location also is always present. Although any particular threat depends on the nature of a particular study, methods for its control are unfortunately unavailable to the researcher. Because so much depends on the skill and integrity of the researcher—since methodological controls are unavailable—we believe that historical research is among the most difficult of all types of research to conduct (Figure 22.2).

Doing historical research requires much more than digging up good material; done properly it can demand a broader array of skills than other methods. The historian may find she needs some of the skills of a linguist, chemist, or archaeologist. Further, since history is admittedly highly interpretive in a global sense, knowledge of psychology, anthropology, and other disciplines may also be required.

**An Example of Historical Research**

In the remainder of this chapter, we present a published example of historical research, followed by a critique of its strengths and weaknesses. As we did in our critiques of the different types of research studies we analyzed in other chapters, we use several of the concepts introduced in earlier parts of the book in our analysis.
Lydia Ann Stow: Self-Actualization in a Period of Transition
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This paper is concerned with a crucial period of self-actualization in the life of Lydia Ann Stow (1823–1904), an early nineteenth century Massachusetts woman who illustrates the interactions between adolescent development and the dynamics of reforms in education and feminism. The term “self-actualization” is adopted from Frederic L. Bender, who defines this Marxian concept as “the development of one’s talents and abilities and, the pursuit of one’s life interests in and through one’s work.” Although self-actualization appears to be a highly individualized process, it always occurs in a larger social context. It is crucial to emphasize this in Lydia Stow’s case since the most relevant context for her self-actualization was highly transitional in two important respects, namely, the development of educational theory and practice, and the evolution in the status of women.

The major source for describing Stow’s self-actualization is the set of four Journals which she kept during the period of her training in Massachusetts as a professional teacher at the Lexington Normal School, and for about two years thereafter (July 8, 1839–February 23, 1843). In this paper I undertake a brief description of the contextual events before proceeding to an analysis of the Journals. I would like to start with school reform.

School Reform
The process of school reform that played such an important role in Lydia’s life was itself a reflection of a panoply of post-Revolution concerns. To some, the advent of technology was altering New England’s predominantly rural work patterns through the construction of factories and railroads. Cities were growing larger, more varied, and increasingly sinister with vast numbers of immigrant-strangers, prostitutes and salesmen of magical drug products. The new arrivals were, moreover, largely untrained, uneducated and non-Anglo-Saxon men who appeared quickly to acquire political power at the ballot box. In view of these cascading changes, many wondered whether the glorious achievements of the Revolution could be maintained.

To some, the appropriate response to these issues was in the direction of ensuring an educated citizenry. Leaders in this movement emerged in the Northeast, particularly in Massachusetts. Such Massachusetts men as Horace Mann, James G. Carter, Edward Everett, Edmund Dwight, Cyrus Peirce, and Henry Barnard who was from New York, supported the idea that a key to confronting post-Revolutionary challenges was in the field of educational reform.

James G. Carter, for example, while Chairman of the Committee on Education of the Massachusetts House of Representatives, successfully established himself as the architect of an educational renaissance that included creation of a state-wide Board of Education. Horace Mann was appointed in 1837 as the first Secretary of the Board.

Mann immediately launched a crusade, which continued during his twelve years of incumbency, from which his ideas spread throughout the nation. His accomplishments included a proliferation of the common schools, an expansion of their curriculum, and
the training of teachers in new approaches to teaching which encompassed a new philosophy of learning and moral discipline.\textsuperscript{6}

He accepted the Republican view, moreover, that popular education was necessary for the intellectual and monetary enhancement of citizens which would contribute to the general well-being of the Republic. His beliefs emphasized that the new Republic required a high standard of morality in order to eliminate, as he put it, “the long catalogue of human ills.”\textsuperscript{7}

Central to achieving educational reform and progress was the provision of professional training for school teachers. Prior to this time, little or no training was required and persons with a minimal amount of education could take charge of classrooms. Many of the ideas of Mann and his colleagues were obtained from Europe, especially from Prussia. Unlike its European counterparts, however, professional teacher training in what were called the Normal Schools (a title derived from the French École Normale) was open to females. In 1838 Massachusetts adopted a law authorizing the establishment of three Normal Schools. The first appeared in Lexington in 1839, and in accordance with the statute it was open only to females. The other two, in Barre and Bridgewater in 1840, were co-educational. Lydia was a member of the first class to enroll in Lexington.

Speaking for many reformers, Horace Mann emphasized the importance of employing female teachers.

\textit{Education . . . is woman’s work . . . Let woman, then be educated to the highest practicable point; not only because it is her right, but because it is essential to the world’s progress. Let her voice be a familiar voice in the schools and the academies, and in halls of learning and science.}\textsuperscript{8}

Mann was not, of course, the first to recognize appropriate roles for women in the educational enterprise. By the last part of the eighteenth century, for example, New England clergymen, struck by the greater church attendance of women, intoned that females were purer and more delicate than men, and advocated greater exposure to education for them as caretakers of the very young.\textsuperscript{9} From the latter part of the eighteenth century, then, sons as well as daughters came to be under the pedagogy of their mothers, unlike in the prior period when fathers became responsible for the education of boys when they reached the age of seven. The assumption that women had special moral strengths—that they were “angels in the house”—gave them important credentials for both domestic and professional teaching roles.\textsuperscript{10}

The call for women’s education grew stronger as post-Revolutionary ideology expressed the sentiment that in a Republic, school education must become available to all citizens, both male and female. Boston, for example, allowed girls to be educated in its grammar school in 1789; and Dedham, Lydia’s hometown, had already anticipated this as early as the 1750s. In a highly unusual development, one Mary Green was so successful a teacher that she was added to the permanent Dedham teaching staff.\textsuperscript{11}

Clearly, when Lydia enrolled at Lexington she was riding the crest of unique educational opportunities. As detailed in the next section, this enhanced status of women as educators of the young was also strongly strengthened by demographic and economic conditions of the time.

Now I want to discuss the matter of gender reform.

\textbf{GENDER REFORM}

At the same time that Mann and the other reformers were reconstructing the field of education so as to create new opportunities for women, their legal, social and economic circumstances generally were, paradoxically, much against the enhancement of their
status. New England continued to follow common law and Christian traditions. These acknowledged the husband to be the head of the household who controlled the landed and personal property of the wife, as well as the wages she might earn. Although white women were legally considered citizens, they were prohibited from most public activities. They could not vote, sit on juries, execute wills, or serve as guardians of their children upon the death of their husbands; and most professions were not open to them.\textsuperscript{12}

But there were currents of change as well, and nothing illustrated this better than the opportunities presented to Lydia. In addition to teaching, the newly created New England textile factories welcomed women, as did many of the developing reform movements such as temperance, abolition, and child welfare. Women such as Harriet Beecher Stowe and Louisa May Alcott entered the ranks of professional writers.\textsuperscript{13}

Much of this might be explained by demography. From about the end of the eighteenth century, New England generally and Massachusetts in particular experienced an imbalance in the demographic ratio of the sexes in favor of women. This presented the question of how some of these “surplus women,” as they were called, would be supported.\textsuperscript{14} The problem was further exacerbated by the many new work opportunities for men, such as those that opened in the west and were created by the industrial revolution. An appropriate response to the shortage of male workers was to provide the new opportunities for working class women that have already been noted.\textsuperscript{15}

But there were other less tangible forces at work as well that contributed to the gender evolution that Lydia found herself in. A number of women sensed that they were experiencing a shift in their fortunes. Lucy Larcom, for example, a Massachusetts factory worker during Lydia’s time, expressed such a view in her autobiography.

\begin{quote}
\textit{[In] the olden times it was seldom said to little girls, as it always has been to boys, that they ought to have some definite plan, while they were children, what to be and do when they were grown up. . . . But when I was growing up, we were often told that it was our duty to develop any talent one might possess, or at least to learn how to do some one thing which the world needed, or which would make it a pleasanter world.}\textsuperscript{16}
\end{quote}

Although when Lydia enrolled at Lexington, legal changes in the status of women were still in the future, the social ecology of women was certainly different from what it had been traditionally. Self-actualization was a possibility.

**LYDIA’S SELF-ACTUALIZATION**

I have already mentioned that Lydia’s four Journals are the primary source for conclusions concerning self-actualization. The first two of these chronologically were written while she was in residence at Lexington. The latter two were penned after she returned to Dedham having been graduated from Lexington.

The Journals were not a personal indulgence. Keeping them was a daily requirement for all pupils, containing a summary of the day’s lectures and reading. Lydia’s Journals appear to be unique in their inclusion of personal remarks concerning her responses to the lectures and reading, and evaluations of her own abilities and activities.\textsuperscript{17} It was a weekly requirement that the Journals be turned in to the Principal, Cyrus Peirce, who would return them with his comments.

The four Journals as a whole reveal that the time she spent at Lexington was crucial to the self-actualization Lydia achieved. She came to regard herself as a professional teacher capable of expressing herself fully, able to love her pupils, having the capacity to evaluate teaching performances of herself and others, and contributing to the moral
progress of the larger community. The outward manifestations of this self-actualization included her election as the first woman to the Board of Education of the city of Fall River. It was there that she married, lived with her husband and raised a child. It was also the city where she established a sewing school for young women, to insure that they could earn a wage; where she became a member of the Women’s Suffrage League of Fall River; and where she began her work in the anti-slavery movement and the underground railroad, often placing herself at personal risk. Her work in the abolitionist movement led her to entertain such leaders as William Garrison, William Douglas, Sojourner Truth, and Wendell Phillips.18

One would never expect such accomplishments from a reading of her first two Journals. Significant self-actualization did not appear a promising outcome, especially in the complexities of her family background. There was much to provide an anxiety about accomplishment. Death had been a pervasive presence in her family. Her father died when she was one year old and her mother when she was eleven. With the additional deaths of six siblings, only Lydia and her older sister survived from the nuclear family. After the age of eleven, then, she was dependent upon the care of her kin.19 It would not be surprising if the pervasiveness of such primary loss surrounded her with uncertainty about any accomplishment, and induced compliant behavior to those willing to become responsible for her well-being. Some of this vulnerability, however, was likely to have been offset by the warmth and support of her kin.

As a child in Dedham, she lived with a grandmother and an aunt. In the same town or nearby vicinity, her last two Journals reveal a rich kin group: it is possible to count two grandmothers, eight aunts, six uncles, and numerous cousins. Among the women there were at least three teachers, one of them her sister, but only Lydia received professional training. In her last two Journals she portrays her family as close, continuously interactive, and as kin who supported one another in illnesses as well as in celebrations. With her aunts and friends she attended lectures and studied French and took singing lessons.20 Thus, despite the many deaths in her immediate family, the Journals reveal a young woman who did not feel abandoned nor did she act depressed. On the other hand, and most strikingly, while she undertook many challenges during her training at the Normal School, she invariably expressed doubts as to whether she could perform them adequately. The experience at Lexington, however, made all the difference in developing the strengths that were manifested in the rest of her life. It also helped her to assuage her pervasive lack of confidence.

The core of the Lexington experience was Cyrus Peirce.21 His influence on Lydia was most singular. He belonged to a generation of school reformers who stressed moral development as a central goal of education, a belief that included the fusion of mental discipline and Christian ideals that had already been a key part of Lydia’s upbringing.22 His extraordinary teaching ability attracted the admiration of Horace Mann, who engaged him as Principal and then visited the school in its first weeks of operation. Mann recorded:

> Highly as I had appreciated his talent, he surpassed the ideas I had formed of his ability to teach, and in the requisite of all successful teaching, the power of winning the confidence of his pupils. This surpassed what I had ever seen before in any school. The exercises were conducted in the most thorough manner: the principle being stated, and then applied to various combinations of facts, however different, to find the principle which underlies them all . . . 23

Peirce’s abilities were not lost on Lydia, who developed an emotional and personal response to his work. Her first Journal reveals that her reaction was one of great remorse
whenever she or any of her classmates caused him distress. “There is” she wrote, informing him about her feelings in the Journal he would read, “nothing that more affects my happiness than this . . . to cause him [underlined in original] unhappiness who has been so forbearing and patient with us.”

Whenever such episodes happened, Stow increased her effort to improve herself and to be perfect if she could. This was a serious challenge for Lydia, who questioned her performance in almost everything she did as previously mentioned. She complained, for example, that she could not achieve a “balance between impulses and belief” when she would finish eating toffee or something else sweet, or when she chatted with her fellow pupils against the commands of her principal.

More seriously, she questioned her own intelligence, using the language of phrenology, a pseudo-psychological science which demonstrated a person’s talent based upon the bumps or organs, or lack thereof, on her head. She expressed her frustration when studying algebra with: “Oh how I wish my organ of calculation was large.” Peirce would have none of it. He directly challenged the prevailing view that women were incapable of studying mathematics. Some people, he wrote,

> have doubted if girls should be taught this branch, and indeed, some have questioned the propriety of educating women for this study! Benevolent spirit indeed. The appropriateness of this study for women, how could it be asked? She fills and ought to fill those stations where this branch is requisite. The discipline of the mind which this branch affords is important to the educator.

Her self-deprecation and doubts were ubiquitous in the first two Journals. Composition exercises did not escape. “Composition I almost despise [but] I must begin now and do the best I can which is always poor.” Peirce’s response was simply to write in large capital letters across her Journal, “DESPISE !!”. But this expression of disgust was unusual. Normally, he complimented this often anxious and over-critical pupil. These compliments were well deserved; for despite her own doubts, an examination of her Journals in comparison with those of her classmates reveals their superiority in terms of comprehensiveness, understanding and clarity. There may be one exception in the Journals of a Mary Swift, although these were devoid of the personal comments found so often in Lydia’s Journals.

Peirce’s impact on Lydia may be inferred from a survey of the goals of his interactions with the Lexington pupils. The most prominent of these were (1) to inculcate new teaching methodologies; (2) to challenge the prevailing stereotypes about the nature of women’s intelligence; (3) to inspire them in the belief that women, compared to men, possessed at least equal intellectual capabilities and in the case of teaching skills, that they were superior. Peirce also shared Horace Mann’s oft-expressed belief in the moral superiority of women.

Given the relationship of affection and respect that existed between Lydia and her mentor, it would not be surprising if many of her initial feelings of inadequacy and inferiority did not begin to be displaced as she entered the practice of professional teaching. Her later Journals reveal a confidence in critically assessing the techniques of fellow teachers, both male and female, whose classrooms she visited. More importantly, she developed an independence from the influence of Peirce, recognizing that some circumstances required a deviation from his teachings. Use of the ferule, for example, she found to be occasionally necessary when confronted by an oversized class of undisciplined young men, even though Peirce had been inexorably opposed to the practice.
In a later teaching position in Fall River, she found great joy, however, in developing the kind of relationship with her pupils that Peirce had strongly emphasized and she herself wanted to have. She wrote of this achievement: “My scholars are very tractable. I am becoming more attached to them as the weeks glide on and may the love strengthen day by day during our connection.”

It was in this experience that Lydia fulfilled the promise of the Normal School reform.

CONCLUSION

It is possible to conclude that Lydia’s self-actualization in the field of professional teaching, and as a concerned and active citizen, flows from diverse sources: those available because of the historical environmental circumstances as well as from her own childhood experiences. Her own efforts to achieve success were of major importance as well, particularly her choice to undertake the new professional training even though members of her own family demonstrated that it was not necessary to becoming a teacher. Even as she doubted her ability to meet the school’s standards, she persisted in seeking self-improvement. At this point fortune joined her fate with the efforts of Cyrus Peirce who was, at a time and at a place that was right for Lydia, crusading for the recruitment of women like Lydia to the teaching profession, and providing inspiration for females to strengthen their capacities to take an active part in the world’s affairs. Peirce’s mentorship to Lydia, a talented, disciplined, but anxious adolescent, provided her with intellectual tools, a moral and probably emotional guardianship, and an unswerving faith in the abilities of her sex. It was with these gifts that Lydia Ann Stow underwent the process of self-actualization. She developed her talents, and she pursued her life’s interests which were to make moral contributions to her world.

Notes

1. Frederic L. Bender, editor, Karl Marx, The Communist Manifesto (New York, 1988): 21. According to Bender, Marx believed this important process could not be achieved under capitalism—where the worker experiences alienation from her work.

2. See the unpublished four volume Journal of Lydia Ann Stow held at Framingham State College at Framington, Massachusetts. Framingham is a successor to the Lexington Normal School. I would like to extend my appreciation to the library staff for their assistance, especially to the archivist Sally Phillips, who was so helpful when I first began my research.


6. Ibid, Cremin.


10. Ibid, Cott; see also Linda K. Kerber, Women of the Republic.

12. See Langley and Fox, *Women's Rights*, especially parts I and II.


17. Lydia reveals that it was Professor Newman, principal of Barre Normal School, who introduced her to the high standards of journal-keeping she would maintain. She said, “He gave us some useful tips regarding the importance of writing abstracts of lectures, lessons or anything else we might hear.” She recorded this in Volume IV, p. 16 of her Journals. Her summaries of lectures and of the books she read were remarkable especially in contrast to her classmates. Except for Mary Swift, all the other Journals from Lexington do not compare in quality or length with that of Stow's.

18. Most of this information was obtained from her obituary in the *Fall River Evening News* written on Friday, August 16, 1904. Lydia was 81 years old when she died.

19. Don Gleason Hill, editor, *The Record of Baptisms, Marriages and Deaths and Admission to the Church, 1638–1845* (Dedham, 1888):288. This record of the First Parish Church is listed as Dedham Cemetery Epitaphs. In the registry of Probate, Norfolk County, NP 17508, Lydia’s father, Timothy Stow, Jr., is listed as a “Hoosewright” or “Housewright.” The O.E.D. defines these as housebuilders.

20. These impressions are to be gleaned from her last two Journals when she was living at home. However, while at school Lydia wrote about her feelings regarding her home. “There [meaning home] is the true City of Refuge. Where are we to turn when it is shut from us or changed?” It is interesting to note that Lydia is expressing two feelings: one that she is lucky to have that true refuge, but also, secondly she exhibits an awareness of the plight one would have without it. Probably this is because she is an orphan and probably contemplated what would happen if she were not cared for by her relatives. Journal II, p. 72.


22. For an interesting interpretation of the personality fostered by the Congregationalist religion, see Philip Greven, *The Protestant Temperament: Patterns of Child-Rearing, Religious Experience, and the Self in Early America* (New York, 1977):152–179. Of course reading Lydia’s Journals also provides one with the most detailed view of her religious and moral ideas.


25. Ibid., p. 180. See also ibid at 217 and 241 for further examples of this belief.


27. Ibid., p. 25.


29. Ibid., p. 56.


31. For Peirce’s views see Lydia’s Journals and Norton, which contains the Journals of Mary Swift and of Cyrus Peirce. From them it is very clear that Peirce believed women to have many talents including a highly developed moral capacity. For Horace Mann, see his published lectures entitled, *A Few Thoughts on the Powers and Duties of Woman, Two Lectures* (Syracuse, Hall, Mills and Co., 1853).


33. Ibid., p. 86.
Analysis of the Study

PURPOSE/JUSTIFICATION
We do not find a clear statement of purpose. In part because of the publication in which the study appears, *The Journal of Psychohistory*, we think the purpose could have been stated as, for example, “to enhance our understanding of the ways in which societal conditions and personal characteristics interact in producing valued qualities such as ‘self-actualization.’” The justification implied in the introduction is that the life of Lydia Stow is important to understand; this is elaborated later under “Gender Reform.”

There are no problems of risk, deception, or confidentiality.

DEFINITIONS
A clear definition of *self-actualization* is given in the introduction. This is particularly important because not all definitions of this term include “pursuit of one’s life interests in and through one’s work.” Other terms such as *self-improvement* and *concerned and active citizen* are probably clear enough in context.

PRIOR RESEARCH
There is no presentation of previous research, presumably because there is none that is directly relevant. If our interpretation of the author’s purpose is correct, it may be that other biographies would be pertinent. There is no mention of other biographies of Stow. If they exist, they might have provided additional evidence.

HYPOTHESES
None is stated. The “interaction” hypothesis is clearly implied; it appears likely that it conceptually preceded the analysis of the information.

SAMPLE
The sampling issue is quite different in historical research as compared with other types of research. There typically is no population of persons to be sampled. It could be argued that a population of events exists, but if so, they are likely to be so different that selection among them makes more sense if done purposefully, in other words, a purposive sample. In this study, a population of persons could have been specified, though it’s not clear what its characteristics would be—perhaps “nineteenth-century women who made a significant impact on education.” A sample of such women would greatly increase the generalizability of findings but would, presumably, involve major problems in locating suitable source material.

INSTRUMENTATION
There is no instrumentation in the sense that we discuss it in this text. The “instrument” in this case is the researcher’s talent for locating, evaluating, and analyzing pertinent sources. The concept of reliability usually has little relevance to historical data, because each item is not meaningfully considered to be a sample across either content or time. In this study, however, comparison of journal statements pertaining to the same topic (e.g., self-confidence) could be made across the early two journals and, again, across the later two. These comparisons would give an indication of the consistency of these statements.

Validity, on the other hand, is paramount. It is addressed by evaluating sources and by comparing different sources regarding the same specifics. In this study, data are from two types of source. Secondary sources are used extensively in the sections on school reform and gender reform. The source of information about Stow is a primary one, her four journals. Some of the secondary sources could, it seems, have been used as cross-checks for validity, but this apparently was not done. The validity of the author’s summaries of this information is supported, in some instances, by quotations from the journals and from other primary sources.

External criticism does not appear to be an issue with respect to the journals or, presumably, other references. The question of internal criticism is somewhat difficult to deal with, because the journals must be evaluated in terms of the writer’s feelings and perceptions rather than events. Here, we are highly dependent on the researcher’s summaries.

PROCEDURES/INTERNAL VALIDITY
There is little to be said about procedures except that some discussion of the plans that the researcher developed and followed for analyzing the documents, particularly the journals, would be useful, especially so that readers could evaluate the presumed selection.
of content. Historical research is always subject to the allegation that the researcher has selected content based on personal bias. Internal validity concerns are justified regarding this research because of the intent to study the relationships among societal conditions, prior personal qualities, and personal development. In addition to data collector (researcher) bias, other major threats include history (other events) and maturation. There is no way to control for these threats in historical research.

**DATA ANALYSIS**

Data analysis procedures, as we have explained them in this book, are not used in this study, nor do we see how most of them could be. Use of the content analysis methods in Chapter 20 would serve to organize the information. Category-by-category tabulation of the frequency of similar statements might have clarified interpretations.

**RESULTS/DISCUSSION**

Though we advocate keeping the results of a study separate from the discussion of them, such separation is extremely difficult in historical research. The question here is whether the information (data) provided justifies the author’s interpretations and conclusions. Though not proven, we think the well-documented summaries of school and gender reforms during Stow’s young adulthood are persuasive. With respect to changes in Stow over a four-year period (ages 17 to 21), we are very dependent on the author’s highly inferential psychological interpretations. Though we find them plausible (e.g., interpretation of Stow’s factual family history), more quotations from the journals would strengthen such interpretations, most importantly that her confidence and independence increased greatly during this time. Several are provided from the early journals but none from the later ones.

The assertion that “Even as she doubted her ability to meet the school’s standards, she persisted in seeking self-improvement” is reflected in quotations. We must assume, however, that they are typical of both Stow’s statements and her feelings. Similarly, the influence of Peirce, in turn reflecting social changes, seems persuasive, but, again, we must assume that the examples are representative. We think there is a clear implication that societal changes, family support, personal persistence, and the influence of Peirce were all necessary to Stow’s self-actualization. While this is plausible, it is not demonstrated by the study.

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**THE NATURE OF HISTORICAL RESEARCH**

- The unique characteristic of historical research is that it focuses exclusively on the past.

**PURPOSES OF HISTORICAL RESEARCH**

- Educational researchers conduct historical studies for a variety of reasons, but perhaps the most frequently cited is to help people learn from past failures and successes.
- When well designed and carefully executed, historical research may lead to the confirmation or rejection of relational hypotheses.
CHAPTER 22 Historical Research

STEPS IN HISTORICAL RESEARCH
• Four essential steps are involved in a historical study: defining the problem or hypothesis to be investigated; searching for relevant source material; summarizing and evaluating the sources the researcher is able to locate; and interpreting the evidence obtained and then drawing conclusions about the problem or hypothesis.

HISTORICAL SOURCES
• Most historical source material can be grouped into four basic categories: documents, numerical records, oral statements, and relics.
• Documents are written or printed materials that have been produced in one form or another sometime in the past.
• Numerical records include any type of numerical data in printed or handwritten form.
• Oral statements include any form of statement spoken by someone.
• Relics are any objects whose physical or visual characteristics can provide some information about the past.
• A primary source is one prepared by an individual who was a participant in or a direct witness to the event that is being described.
• A secondary source is a document prepared by an individual who was not a direct witness to an event but who obtained his or her description of the event from someone else.

EVALUATION OF HISTORICAL SOURCE MATERIAL
• Content analysis is a primary method of data analysis in historical research.
• External criticism refers to the genuineness of the documents a researcher uses in a historical study.
• Internal criticism refers to the accuracy of the contents of a document. Whereas external criticism has to do with the authenticity of a document, internal criticism has to do with what the document says.

GENERALIZATION IN HISTORICAL RESEARCH
• As in all research, researchers who conduct historical studies should exercise caution in generalizing from small or nonrepresentative samples.

ADVANTAGES AND DISADVANTAGES OF HISTORICAL RESEARCH
• The main advantage of historical research is that it permits the investigation of topics that could be studied in no other way. It is the only research method that can study evidence from the past.
• A disadvantage is that controlling for many of the threats to internal validity is not possible in historical research. Many of the threats to internal validity discussed in Chapter 9 are likely to exist in historical studies.

Key Terms
- documents 537
- external criticism 539
- historical research 535
- internal criticism 540
- primary source 538
- relic 537
- secondary source 538
For Discussion

1. A researcher wishes to investigate changes in high school graduation requirements since 1900. Pose a possible hypothesis the researcher might investigate. What sources might he or she consult?

2. Why might a researcher be cautious or suspicious about each of the following sources?
   a. A typewriter imprinted with the name “Christopher Columbus”
   b. A letter from Franklin D. Roosevelt endorsing John F. Kennedy for the presidency of the United States
   c. A letter to the editor from an eighth-grade student complaining about the adequacy of the school’s advanced mathematics program
   d. A typed report of an interview with a recently fired teacher describing the teacher’s complaints against the school district
   e. A 1920 high school diploma indicating a student had graduated from the tenth grade
   f. A high school teacher’s attendance book indicating no absences by any member of her class during the entire year of 1942
   g. A photograph of an elementary school classroom in 1800

3. How would you compare historical research to the other methodologies we have discussed in this book—is it harder or easier to do? Why?

4. “Researchers cannot ensure representativeness of the sample” in historical research. Why not?

5. Which of the steps involved in historical research that we have described do you think would be the hardest to complete? the easiest? Why?

6. Can you think of any topic or idea that would not be a potential source for historical research? Why not? Suggest an example.

7. Historians usually prefer to use primary rather than secondary sources. Why? Can you think of an instance, however, where the reverse might be true? Discuss.

8. Which do you think is harder to establish—the genuineness or the accuracy of a historical document? Why?

Notes


Part 7 presents a discussion of mixed-methods studies, which combine quantitative and qualitative methods. Such studies have been receiving increased attention in recent years. Advocates point out the potential for using the strengths of both approaches, whereas critics discuss several limitations including ambiguity regarding the definition of the “method.” In Chapter 23, we present pros and cons and conclude with an example of a study that we have annotated and analyzed.
OBJECTIVES

Studying this chapter should enable you to:

• Explain what a mixed-methods study is.
• Describe how mixed-methods research differs from other types of research.
• Give at least three reasons why a researcher might want to do a mixed-methods study.
• Describe some of the drawbacks to conducting a mixed-methods study.
• Name the three major types of mixed-methods research designs and describe briefly how they differ.
• List some of the steps involved in conducting a mixed-methods study.
• List at least five questions that can be used to evaluate a mixed-methods study.
• Describe briefly how matters of ethics affect mixed-methods research.
• Recognize a mixed-methods study when you come across one in the educational literature.
Methods, be present. These include developing a holistic picture and analysis of the phenomenon being studied with an emphasis on “thick” rather than “selective” description. We do not expect this matter of definition to be resolved soon; in the meantime, examples of both can be found in the current literature.

It should be noted that the type of instrument used to collect data is not a major difference between quantitative and qualitative methodologies. Observation and interviewing, prominent instruments used in qualitative research, are also commonly found in quantitative studies. It is the manner, context, and sometimes intent that are different.¹

Some actual examples of the kinds of mixed-methods studies that have been conducted by educational researchers are as follows:

• “Combining Qualitative and Quantitative Methodologies in Research on Teachers’ Lives, Work, and Effectiveness.”²²
• “Closed and Open-Ended Question Tools in a Telephone Survey About ‘The Good Teacher.’”³³
• “Emotions and Change During Professional Development for Teachers: A Mixed Methods Study.”⁴⁴
• “Telling It All: A Story of Women’s Social Capital Using a Mixed Methods Approach.”⁵⁵

What Is Mixed-Methods Research?

Mixed-methods research involves the use of both quantitative and qualitative methods in a single study. Those who engage in such research argue that the use of both methods provides a more complete understanding of research problems than does the use of either approach alone.

Although mixed-methods research dates back to the 1950s, only recently has it achieved a significant place in educational research—the first journal devoted to it began publication in 2005. It is not surprising, then, that there are different views as to what it is. For some, the essential feature is that mixed-methods research combines methods of data collection and analysis from both quantitative and qualitative traditions. As we have indicated in earlier parts of this book, the former favors numerical data and statistical analysis, whereas the latter prefers in-depth information, often in narrative form, frequently obtained through the analysis of written communications.

For others, this description is not specific enough. They insist that other features, particularly of qualitative methods, be present. These include developing a holistic picture and analysis of the phenomenon being studied with an emphasis on “thick” rather than “selective” description. We do not expect this matter of definition to be resolved soon; in the meantime, examples of both can be found in the current literature.

It should be noted that the type of instrument used to collect data is not a major difference between quantitative and qualitative methodologies. Observation and interviewing, prominent instruments used in qualitative research, are also commonly found in quantitative studies. It is the manner, context, and sometimes intent that are different.¹

INTERACTIVE AND APPLIED LEARNING

Alice Ochoa, the superintendent of a large urban school district, is informed by several of her principals that the use of drugs by elementary and middle school students in her district is increasing at an alarming rate. Worried, she asks Alfonso Martinez, a professor at a local university, to investigate the problem. Martinez decides to begin his research by looking into the situation at a nearby middle school where the use of drugs has been reported as being especially high. He begins by obtaining permission from the school principal to investigate the problem and by soliciting informed consent from the students and their parents to participate in his research project. Martinez decides to conduct a mixed-methods study by first collecting some data using a quantitative survey instrument and then following up by interviewing a sample of the students who participated in the survey. He hopes the interviews will provide more details about students’ responses to the questionnaire and thereby suggest some ways to combat the drug problem.

After, or while, reading this chapter:

Go to your online Student Mastery Activities book to do the following activities:

• Activity 23.1: Mixed-Methods Research Questions
• Activity 23.2: Identifying Mixed-Methods Designs
• Activity 23.3: Research Questions in Mixed-Methods Designs
• Activity 23.4: Identifying Terms in Mixed-Methods Studies

Go to the Online Learning Center at www.mhhe.com/fraenkel8e to:

• Research in Action

Activity 23.1: Mixed-Methods Research Questions
Activity 23.2: Identifying Mixed-Methods Designs
Activity 23.3: Research Questions in Mixed-Methods Designs
Activity 23.4: Identifying Terms in Mixed-Methods Studies
other variables, such as student grades, standardized test performance, socioeconomic level, and involvement in extracurricular activities, to see if and how any of these other variables are related to particular study problems.

Third, mixed-methods studies can help to confirm or cross-validate relationships discovered between variables, as when quantitative and qualitative methods are compared to see if they converge on a single interpretation of a phenomenon. If they do not converge, the reasons for the lack of convergence can be investigated. For example, a professor specializing in mixed-methods research might be asked to investigate the satisfaction of middle school students with their teachers’ grading practices. He or she could prepare a questionnaire designed to determine the attitudes of students and then conduct focus group with various samples of the students. If the survey responses generally reveal satisfaction with the teachers’ grading practices, yet the focus group participants indicate a considerable dissatisfaction with them, a possible explanation might be that the students felt that their teachers would see the responses to the surveys (and thus they were reluctant to be critical). However, in the focus groups, with no teachers or other adults present, they could feel free to express their true feelings. Thus, the apparent lack of convergence in this case might be explained by a third variable: whether teachers would have access to the results.

**Drawbacks of Mixed-Methods Studies**

At this point you might wonder why all research problems are not addressed using mixed-methods designs. Several drawbacks exist. First, mixed-methods studies are often extremely time-consuming and expensive to carry out. Second, many researchers are experienced in only one type of research. To conduct a mixed-methods study properly, one needs expertise in both types of research. Such expertise takes considerable time to develop.

Indeed, the resources, time, and energy required to do a mixed-methods study may be prohibitive for a single researcher to undertake. This drawback can be avoided if multiple researchers, with differing areas of expertise, work as a team. However, if a single researcher does not have sufficient time, resources, and skills, he or she would probably be better off doing a purely quantitative or qualitative study and doing it well.
Nevertheless, mixed-methods research remains a viable option to consider. Increasing numbers of mixed-methods studies are being done, and this type of research should be understood by all who are interested in conducting and designing research.

**A (Very) Brief History**

Mixed-methods research first came into play in the 1950s when some initial interest developed in using more than one research method in a single study. In 1957, for example, Trow commented as follows:

> Every cobbler thinks that leather is the only thing. Most social scientists . . . have their favorite methods with which they are familiar and have some skill in using. And I suspect we mostly choose to investigate problems that seem vulnerable to attack through these methods. But we should at least try to be less parochial than cloggers. Let us be done with the arguments of “participant observation” versus interviewing—as we have largely dispensed with the arguments for psychology versus sociology—and get on with the business of attacking our problems with the widest array of conceptual and methodological tools that we possess and they demand.  

Campbell and Fiske (1959) advocated measuring traits with multiple measures, so that it was possible to separate variance due to the trait from variance due to the method used to measure the trait. Campbell and Fiske were working strictly in the quantitative domain, but their multitrait-multimethod matrix suggested the importance of separating the phenomenon under study from the tools being used to study it. Denzin (1978) and Jick (1979) both have been credited with applying the term triangulation to research methods. Triangulation (or, more precisely, methodological triangulation) involves using different methods and/or types of data to study the same research question. If the results are in agreement, they help validate the finding of each. Denzin used triangulation when he utilized multiple data sources to study the same phenomenon. Jick discussed the use of triangulation within a single method (quantitative or qualitative) and across methods (both quantitative and qualitative). He noted how the strengths of one method could offset the weaknesses of another.

In Chapter 18, we pointed out that quantitative and qualitative researchers differ in the set of beliefs or assumptions that guide the way they approach their investigations, and that these assumptions are related to their worldviews—that is, the views they hold concerning, among other things, the nature of reality and the process of research. As we mentioned there, the quantitative approach is associated with the philosophy of positivism. Qualitative methodologists, on the other hand, advocate a more “artistic” approach to research, adhering to other worldviews (such as postmodernism).

These differences have caused many researchers to believe that quantitative and qualitative research methodologies were a dichotomy: an either-or proposition with no middle ground. During the 1970s and 1980s, in fact, many researchers on both sides of the issue argued strongly that the two methods (often referred to as “paradigms”) could not be combined. Many researchers still hold to this view. In 1985, Rossman and Wilson referred to those who stated that paradigms could not be mixed as purists; those who could adapt their methods to the particulars of a situation, they called situationists; and those who believed that multiple paradigms could be utilized in research, they called pragmatists. Although the question of mixing paradigms still exists, more researchers are embracing pragmatism as the best philosophical foundation for mixed-methods research.

**Pragmatists** proposed that researchers should use whatever works. The most important element in making a decision about which research method or methods to employ should be the research question at hand. Worldviews and preferences about methods should take a back seat, and the researcher should choose the research approach that most readily illuminates the research question. That research approach may be quantitative, qualitative, or a combination of the two.

Consider an example: The superintendent of a large school district hires a consultant to carry out a phone survey to ask respondents a series of questions regarding how much they would be willing to pay in increased taxes for particular expenditures (e.g., such things as smaller class size, pay raises for teachers, expanded athletics programs, and so forth). She is disappointed to find an unwillingness on the part of those surveyed to fund any of the options they list at anywhere near the amounts that would be needed. So she decides to have the consultant conduct focus groups to try to find out why. Are these two types of information fundamentally incompatible? By no means. Each type supplies the district superintendent with useful information. The quantitative data tells her what the public will accept, while the focus groups tell her why they responded as they did, thereby helping to clarify the negative response.
Are Some Methods Incompatible with Others?

Some researchers in education (as well as other disciplines) argue that quantitative methods are incompatible with qualitative methods. They state that the basic assumptions of each method actually prevent the use of the other in the same study. Many qualitative researchers argue that qualitative methods are based on a point of view about the nature of the world—that reality is constructed, not revealed. Since every individual sees the world in his or her own way, there is no single reality “out there” to be discovered; in fact, multiple realities exist. Quantitative researchers, on the other hand, reject this point of view. Still other researchers would argue that this notion of incompatibility has been overblown. Krathwohl, for example, has stated that “quantitative findings compress into summary numbers the trends and tendencies expressed in words in qualitative reports. In many instances, counts of coded qualitative data might have produced data similar to the quantitative summaries . . . Many problems, in fact, actually require more than any one method can deliver; the answer, of course, is a multiple-method approach.”


Types of Mixed-Methods Designs

While quantitative and qualitative methods may be combined in any way suitable to address a particular research question, certain mixed-methods designs occur with enough frequency for us to look at them in detail. Three major types of mixed-methods design exist: the exploratory design, the explanatory design, and the triangulation design. Each involves a combination of qualitative and quantitative data.

THE EXPLORATORY DESIGN

In this design, researchers first use a qualitative method to discover the important variables underlying a phenomenon of interest and to inform a second, quantitative, method. (See Figure 23.1.) Next, they seek to discover the relationships among these variables. This type of design is often used in the construction of questionnaires or rating scales designed to measure various topics of interest.

In the exploratory design, results of the qualitative phase give direction to the quantitative method, and quantitative results are used to validate or extend the qualitative findings. Data analysis in the exploratory design is separate, corresponding to the first, qualitative, phase of the study and the second, quantitative, phase of the study. The rationale underlying the exploratory design is to explore a phenomenon or to identify important themes. In addition, it is especially useful when one needs to develop and test a particular type of instrument.

The illustration at the beginning of this chapter gives an example of an exploratory design. The student wants to use a qualitative method (ethnography), presumably involving content analysis of in-depth interviews and perhaps other narratives (such as essays), to identify students’ reasons for joining a high school gang and to see how gang membership affected them. Subsequently, she would use a causal-comparative design to compare subgroups of students who had different reasons for joining when they were freshmen. To do this, she would have to sort out the subgroups, using her ethnographic data. She would then collect data from them as seniors to see how these groups differ in ways suggested by the ethnography. This will require additional data collection where the preference would be for quantitative information that may require instrument development.

THE EXPLANATORY DESIGN

Sometimes a researcher will do a quantitative study, but will require additional information to flesh out the
results. This is the purpose behind the explanatory design. In this design, the researcher first carries out a quantitative method and then uses a qualitative method to follow up and refine the quantitative findings (see Figure 23.2). The two types of data are analyzed separately, with the results of the qualitative analysis used by the researcher to expand upon the results of the quantitative study.

For example, one of the authors was a co-investigator, some years ago, in a study in which four fifth-grade teachers each taught mathematics using ability grouping and non-grouping in alternate semesters in a counterbalanced experiment. The study had the unusual feature, in school research, of random assignments of students to teachers. The major finding was that one teacher achieved substantially higher achievement gains with non-grouping whereas the other three had greater gains with grouping. A follow-up qualitative study using interviews and narrative description of classroom activities could have tested the informal observation that the one teacher was more adept at individualizing instruction than the three teachers whose students learned more with grouping.18

THE TRIANGULATION DESIGN

In the triangulation design, the researcher uses both quantitative and qualitative methods to study the same phenomenon to determine if the two converge upon a single understanding of the research problem being investigated. If they do not, then the researcher must explore why the two methods provide different pictures. Quantitative and qualitative methods are given equal priority, and all data are collected simultaneously (see Figure 23.3). The data may be analyzed together or separately. If analyzed together, data from the qualitative study may have to be converted into quantitative data (e.g., assigning numerical codes in a process that is called quantitizing) or the quantitative data may have to be converted into qualitative data (e.g., providing narratives in a process that is called qualitizing). If the data are analyzed separately, the convergence or divergence of the results would then be discussed. The underlying rationale for the use of the triangulation design is that the strengths of the two methods will complement each other and offset each method’s respective weaknesses.

Consider an example. Fraenkel used a modified triangulation design to study four high school social studies teachers identified by their peers as outstanding.19 He attempted to paint a portrait of what happens on a daily basis in their classrooms and to identify effective teacher techniques and behaviors. To this end, he used several qualitative techniques, including extensive in-class observation using a daily log and interviews with students and teachers. He also used a number of quantitative instruments, including performance checklists, rating scales, and discussion flowcharts. He developed detailed descriptions of each teacher’s behaviors, teaching style, and techniques and compared the teachers for similarities and differences. Triangulation was achieved not only by comparing teacher interviews, student interviews and observations, but also by comparing these with the quantitative measures of classroom interaction and achievement.

One illustrative finding was that all four teachers emphasized small-group work, as revealed by observation, teacher interviews, and student ratings. Overall, the study’s findings supported frequently recommended teaching strategies, but also suggested some that have not received much attention in the literature. These included extensive personal involvement in the lives of students, promoting social interaction both in and outside of the classroom, and consciously attending to nonverbal cues. Far more information and insight was obtained in this study through the use of both methods than if a purely quantitative or qualitative method had been used.
Other Mixed-Methods Research Design Issues

Advocacy Lenses. A factor that can be used to categorize mixed-methods designs is the presence or absence of an “advocacy lens.” An advocacy lens occurs when the researcher’s worldview implies that the purpose of research is to advocate for the improved treatment of research participants in the world outside research. Examples of worldviews that involve an advocacy lens would be feminist theory, race-based theories, and critical theory. We have discussed the major mixed-methods designs as if there were no advocacy lens present; however, each design can be approached with an explicit advocacy lens. A researcher might, for instance, be interested in triangulating quantitative and qualitative methods concerning student academic performance in elementary school, comparing performance in a primarily white suburban school with that of a primarily black inner-city school. The purpose of the research might be to improve conditions, and academic performance, for black inner-city students.

Sampling. Sampling is as important in mixed-methods studies as it is in any other type of research. Qualitative researchers typically use purposive sampling, wherein researchers intentionally select participants who are informed about or have experience with the central concept(s) being investigated. Usually samples are small, the intent being that a comparatively small number of individuals can provide a considerable amount of detailed, in-depth information that large-size samples would not.

Quantitative researchers typically want to choose individuals who are representative of a larger population so that results can be generalized to that population. Generally, random sampling strategies are preferred, but often this is not possible, especially in educational settings. Thus convenience, systematic, or purposive samples must be used, with replication suggested and encouraged. Sample sizes are usually much larger than in qualitative studies.
There are usually multiple samples in mixed-methods studies. For example, a researcher might randomly select two high schools for a mixed-methods study on drug use in suburban schools. First she would administer surveys to all 800 graduating seniors at the two schools, then conduct six focus groups using a purposive sample of students, and conclude by randomly selecting 40 students to interview.

Teddlie and Yu (2007) explain that mixed-methods sampling occupies the middle portion of a continuum, with quantitative sampling techniques on one end and qualitative sampling on the other. They argue that mixed-methods researchers should use any and all combinations of random and purposive sampling strategies to address their research questions: “Indeed, the researcher’s ability to creatively combine these techniques in answering a study’s questions is one of the defining characteristics of mixed-methods research.”21

Accordingly, researchers must make a number of decisions with regard to sampling before beginning a mixed-methods study, such as the relative size of the two samples involved, whether they are to include the same participants, whether one sample is to be subsumed within the other, or whether the participants should be completely different for the two samples.

**Steps in Conducting a Mixed-Methods Study**

**Develop a Clear Rationale for Doing a Mixed-Methods Study.** A researcher should ask himself or herself why both quantitative and qualitative methods are needed to investigate the problem at hand. If the reasoning is not clear, a mixed-methods study may not be appropriate.

**Develop Research Questions for Both the Qualitative and Quantitative Methods.** As in all research, the nature of the research question or questions will determine the type of design to be used. Many research questions can be addressed using either or both quantitative and qualitative research techniques. For example, suppose a researcher posed this question: “Why don’t Asian-American college students make greater use of college counseling centers?” He or she might begin by interviewing a sample of Asian-American college students about their perceptions of the kinds of students who use these centers. He or she might then supplement these interviews with survey information provided by these centers about the proportion of students from different ethnic groups who use the centers. The survey data might indicate what degree of underutilization exists, while the interview data might point to student perceptions that produce this underutilization.

In many instances the formation of a general research question can lead to the development of some individual research hypotheses, some of which may lend themselves to a quantitative approach and some of which may require a qualitative method. These “lower-level” hypotheses often can suggest specific analyses (either quantitative or qualitative) that will answer specific questions. In the previous example, one such hypothesis might be that Asian-American college students do in fact underutilize college mental health counseling services, which the survey data can address. If the survey results indicate that Asian-American college students utilize such centers less often than do students from other ethnic groups, the reasons can be addressed in the interviews. You will recall that qualitative researchers often prefer that hypotheses emerge as a study progresses. This is much more likely to happen with the exploratory design.

**Mixed-Model Studies.** Tashakkori and Teddlie (1998) define mixed-model studies as those that “combine the qualitative and quantitative approaches within several different phases of the research process.”22 In a single study, this might involve an experimental study, followed by qualitative data collection, followed by quantitative analysis of the data after it had been converted to numbers. In mixed-model studies, the quantitative and qualitative approach to research may be addressed during each of three phases of the research process: (1) the type of investigation (confirmatory [typically quantitative] versus exploratory [typically qualitative]); (2) quantitative data collection and operations versus qualitative data collection and operations (3) statistical analysis and inference versus qualitative analysis and inference. Indeed, Tashakkori and Teddlie use these dimensions to create a classification system for mixed-models research.23 As may be obvious, this is a more complicated system for classifying research designs, and at least some of the combinations of the three phases of research occur very rarely in practice.
Decide If a Mixed-Methods Study Is Feasible. Mixed-methods studies, by their very nature, require the researcher or research team to be experienced in both quantitative and qualitative research methods. It is rare that a single individual would have all of the requisite skills necessary to conduct a mixed-methods research study. The key question for anyone contemplating a mixed-method study is this: Do you have the time, energy, and resources necessary to conduct such a study? If not, can you collaborate with others who have the skills and expertise you lack? If you lack the necessary skills or resources, it may indeed be better to re-conceptualize a study as basically a quantitative or qualitative investigation than to begin a mixed-methods study that cannot be completed within the time available.

Determine the Mixed-Methods Design Most Appropriate to the Research Question or Questions. As we mentioned earlier, there are essentially three mixed-methods designs from which a researcher can choose. The triangulation design is appropriate when the researcher is trying to see if quantitative and qualitative methods converge on a single understanding of a phenomenon. The explanatory design is appropriate if one intends to use qualitative data to expand upon the findings of a quantitative study (or vice-versa). The exploratory design is appropriate when one is trying to first identify the relevant variables that may underlie a phenomenon and then later studying the relationships among these variables, or when information is needed to assist in designing quantitative instrumentation.

Collect and Analyze the Data. Data collection and analysis procedures described earlier in this text are applicable and appropriate to all mixed-methods studies, depending on the particular methods used. The difference is that two different types of data are collected and analyzed, sometimes sequentially (as in the exploratory and explanatory designs) and sometimes concurrently (as in the triangulation design).

Triangulation designs may also involve the conversion of one type of data into the other type. As we mentioned earlier, the conversion of qualitative data into quantitative data is referred to as quantitizing. For instance, interviews may lead a researcher to believe there are three types of elementary science learners: (1) manipulators, who like to touch and change objects in their environments; (2) memorizers, who attempt to memorize rote facts from textbooks; and (3) cooperative learners, who like to discuss topics with other students in the class. By counting the number of each type of learner in each of a number of science classes, the researcher could convert the qualitative data (the learner types) into quantitative data (the numbers of each type).

Again, as mentioned earlier, the conversion of quantitative data into qualitative data is referred to as qualitizing. For instance, individuals who share various quantitative characteristics may be grouped together into types. A researcher might categorize one group of students that is never tardy, always turns in assigned work, and writes long papers as “obsessive students.” By way of contrast, the researcher might categorize a second group that is frequently tardy, often fails to turn in assigned work, and writes short papers as “uninterested students.”

Write Up the Results in a Manner Consistent with the Design Being Used. In writing up the results of a mixed-methods study, the ways in which the data were collected and analyzed are usually integrated in triangulation designs but treated separately for exploratory and explanatory designs.

What to Do About Contradictory Findings

On occasion, the quantitative and qualitative findings may contradict each other. What does a researcher do if that occurs? Three possible approaches suggest themselves.

1. Present the two findings in parallel and state that more research is needed.
2. Collect additional data to resolve the contradiction, provided that this is both feasible and timely.
3. View the problem as a springboard for new directions of inquiry.

Research Tips

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2. Collect additional data to resolve the contradiction, provided that this is both feasible and timely.
3. View the problem as a springboard for new directions of inquiry.
Evaluating a Mixed-Methods Study

Evaluation is necessary for all research, not just mixed-methods research. However, given that mixed-methods research involves comparing different methods, it is of particular importance here. Due to the fact that mixed-methods studies always involve both quantitative and qualitative data and frequently two different phases of data collection, the evaluation of such studies is often difficult. Nevertheless, each method should be evaluated according to the criteria we have suggested and used with other methods. 24

Ask yourself if both qualitative and quantitative data played a role in the conclusions reached. In good mixed-methods research, these two methods should either complement each other or address different sub-questions related to the larger research question addressed by the study. Sometimes a researcher will collect quantitative or qualitative data, but it will not play a role in answering any of the important research questions. In these cases, the data is just an add-on (perhaps because the researcher “likes” that kind of data), and the project is not truly a mixed-methods approach.

Second, ask yourself if the study contains threats to internal validity (as quantitative researchers refer to it) or credibility (as qualitative researchers refer to it). Are there alternative explanations for the findings, beyond those given by the author? What steps have been taken to ensure that the design is tight and that high levels of internal validity and credibility have been achieved? Some of the appropriate steps have been described elsewhere in this text in discussions of quantitative and qualitative research.

Third, ask yourself about the generalizability (as quantitative researchers refer to it) or transferability (as qualitative researchers refer to it) of the results. Do the results found in the present study extend beyond the domain studied to other contexts and other individuals? Is the description of the qualitative results sufficient to determine if they would be useful to other researchers in other situations? The answers to these questions are essential because a study without generalizability (external validity) or transferability is of little interest to anyone other than the study’s author.

Ethics in Mixed-Methods Research

Ethical concerns and questions affect mixed-methods studies just as much as they do any of the other kinds of research we have described and discussed in this text. Three of the most important are protecting participant identity, treating participants with respect, and protecting participants from both physical and psychological harm. See Chapter 4 and pages 438–439 in Chapter 18 for further discussion.

Summary

In sum, it is apparent that mixed-methods studies are becoming increasingly common in educational research. Their value lies in combining quantitative and qualitative methods in ways that complement each other. The strengths of each approach to a large degree mitigate the weaknesses of the other. While mixed-methods research designs are potentially quite attractive, however, they should be approached with the realization that to carry them out well requires considerable time, energy, and resources. Furthermore, researchers need to be skilled in both quantitative and qualitative methods, or to collaborate with those who possess the skills they lack.

An Example of Mixed-Methods Research

In the remainder of this chapter, we present a published example of mixed-methods research, followed by a critique of its strengths and weaknesses. As we did previously in our critiques of the different types of research studies, we use concepts introduced earlier in the book to perform our analysis.

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In this article, the authors describe a mixed-methods study designed to explore perceived family support, acculturation, and life satisfaction among 266 Mexican American adolescents. Specifically, the authors conducted a thematic analysis of open-ended responses to a question about life satisfaction to understand participants' perceptions of factors that contributed to their overall satisfaction with life. The authors also conducted hierarchical regression analyses to investigate the independent and interactive contributions of perceived support from family and Mexican and Anglo acculturation orientations on life satisfaction. Convergence of mixed-methods findings demonstrated that perceived family support and Mexican orientation were significant predictors of life satisfaction in these adolescents. Implications, limitations, and directions for further research are discussed.

Psychologists have identified and studied a number of challenges faced by Latino youth (e.g., juvenile delinquency, gang activity, school dropout, alcohol and drug abuse), yet little scholarly time and energy have been spent on exploring how these adolescents successfully navigate their development into adulthood or how they experience well-being (Rodriguez & Morrobel, 2004). Researchers have yet to understand the personal characteristics that play a role in Latino adolescents' satisfaction with life or how certain cultural values and/or strengths and resources are related to their well-being. Answers to these questions can begin to provide counseling psychologists with a deeper understanding of how Latino adolescents experience well-being, which can, in turn, hopefully allow researchers to work to improve well-being for those who struggle to find it.

Latino youth are a growing presence in most communities within the United States. The U.S. Census Bureau projects that by the year 2010, 20% of young people between the ages of 10 and 20 years will be of Hispanic origin. Furthermore, it is projected that by the year 2020, one in five children will be Hispanic, and the Hispanic adolescent population will increase by 50% (U.S. Census Bureau, 2000, 2001). Whereas adolescence is a unique developmental period for all youth, Latino adolescents in particular may face additional challenges as a result of their ethnic minority status (Vazquez Garcia, Garcia

1In this article, the terms Latino and Hispanic have been used interchangeably. Specifically, in cases in which research is summarized, the descriptors used by the authors were retained. The participant sample, however, was restricted to adolescents who self-identified as “Mexican” or “Mexican American” and are thus described as such.
Coll, Erkut, Alarcon, & Tropp, 2000). These youth generally have undergone socialization experiences of their Latino culture (known as enculturation) and also must learn to acculturate to the dominant culture to some degree (Knight, Bernal, Cota, Garza, & Ocampo, 1993). Navigating the demands of these cultural contexts can be challenging, and yet many Latino youth experience well-being and positive outcomes. The increasing numbers of Latino youth, along with the counseling psychology field’s imperative to provide culturally competent services, require that professionals continue to understand the full range of psychological functioning for members of this unique population.

Counseling psychologists have continually emphasized the importance of well-being and identifying and developing client strengths in theory, research, and practice (Lopez et al., 2006; Walsh, 2003). This commitment to understanding the whole person, including internal and contextual assets and challenges, has been one hallmark of the field (Super, 1955; Tyler, 1973) and has influenced a variety of research about optimal human functioning (see D. W. Sue & Constantine, 2003). More recent discussions in this area have underscored the importance of identifying and nurturing cultural values and strengths in people of color (e.g., family, religious faith, biculturalism), being cautious to acknowledge that strengths are not universal and may differ according to context or cultural background (Lopez et al., 2006; Lopez et al., 2002; D. W. Sue & Constantine, 2003), and may be influenced by certain within-group differences such as acculturation level (Marin & Gamba, 2003; Zane & Mak, 2003).

As scholars respond to the emerging need to explore strengths among Latino youth, the importance of investigating these resources and values within a cultural context is evident. Understanding how Latino adolescents experience well-being from their own perspectives and vantage points is integral, as theories from other cultural worldviews may not be applicable to their lives (Auerbach & Silverstein, 2003; Lopez et al., 2002; D. W. Sue & Constantine, 2003). Furthermore, it is necessary to continue to test propositions about the role of certain Latino cultural values, such as the importance of family, in overall well-being. Given that many Latino adolescents today navigate bicultural contexts and adhere to Latino traditions and customs to differing degrees (Romero & Roberts, 2003), it is likely that the role family plays in adolescent well-being is complex and influenced by individual differences such as acculturation. In this study, we sought to explore the relationships between these variables by focusing specifically on perceived family support, life satisfaction, and acculturation among Mexican American youth.

PERCEIVED FAMILY SUPPORT, ACCULTURATION, AND LIFE SATISFACTION AMONG LATINO YOUTH

The importance of family has been noted as a core Latino cultural value (Castillo, Conoley, & Brossart, 2004; Marin & Gamba, 2003; Paniagua, 1998; Sabogal, Marin, Otero-Sabogal, Marin, & Perez-Stable, 1987). Familismo (familism) is the term used to describe the importance of extended family ties in Latino culture as well as the strong identification and attachment of individuals with their families (Triandis, Marin, Betancourt, Lisansky, & Chang, 1982). Familism is not unique to Latino culture and has been noted as an important value for other ethnic groups such as African Americans, Asian Americans, and American Indians (Cooper, 1999; Marin & Gamba, 2003). Nevertheless, it is considered a central aspect of Latino culture, and in some studies, it has been shown to be valued by Latino individuals more than by non-Latino Whites (Gaines et al., 1997; Marin, 1993; Mindel, 1980).

In a study of familismo among Latino adolescents, Vazquez Garcia et al. (2000) found that the length of time youth had been in the United States did not affect their adherence to the value of familismo. These results demonstrated that the longer adolescents
had been in the United States, the less they endorsed the value of respeto (respect), but their endorsement of familismo did not change. These findings highlight the central and enduring role that family plays in Latino culture, for both adults and adolescents.

Most research about familismo has assessed the attitudinal dimension of this construct, which has been hypothesized to include a sense of perceived support from family, family obligations, solidarity, reciprocity, and family as referents (Marin, 1992; Marin & Gamba, 2003; Sabogal et al., 1987). It appears that perceived family support may be the key component of this value, as evidenced by research with Latino adults that investigated differences in aspects of familismo across acculturation levels. For example, Sabogal et al. found that as acculturation increased, familial obligations and family as referents decreased in respondents. Perceived family support scores, however, did not differ by acculturation level, place of birth or growing up, or generation.

Taken together, research about the importance of family suggests that familismo is a core Latino cultural value and that perceived support from family is a crucial component of this value that is not affected by acculturation level in adults (Marin & Gamba, 2003; Sabogal et al., 1987). In addition, research about family with Latino youth has demonstrated a relationship between aspects of familism and a lower risk of substance abuse (Unger et al., 2002), lower juvenile delinquency rates (Pabon, 1998), and other harmful behaviors (Marin, 1993; Moore, 1970; Rodriguez & Kosloski, 1998). Less is known, however, about the relationship between perceived family support and well-being and/or other positive psychological variables. Indeed, findings about family and various negative outcomes cannot be generalized to life satisfaction or well-being because well-being is more than just the absence of pathology or illness (Seligman, 2002). It is important to identify the variables that relate to positive outcomes in youth in addition to those that are related to negative outcomes and pathology (Gilman & Huebner, 2003).

Life satisfaction, which has been identified as an individual's appraisal of his or her life, is a commonly used indicator of well-being. As the cognitive, judgmental component of subjective well-being (SWB; Diener, Suh, Lucas, & Smith, 1999), life satisfaction can be distinguished from affective components of well-being (e.g., positive and negative affect), and thus transcends the immediate effects of mood states (Diener et al.). Life satisfaction appears to relate to important intra- and interpersonal outcomes (Gilman & Huebner, 2000), and numerous studies with adults suggest that life satisfaction is associated with marital quality, social intimacy, work engagement, positive illusions, self-efficacy, optimism, and goal striving (Diener & Suh, 2000; Myers & Diener, 1995).

In contrast to the large body of literature about life satisfaction in adults, researchers are only beginning to understand life satisfaction among adolescents (Gilman & Huebner, 2000). In a review of existing research, Gilman and Huebner (2003) noted that studies of adolescents have shown significant relationships between life satisfaction and positive and negative life experiences, parent-child conflict, substance use, stress and anxiety, and self-esteem in youth. Within minority or Latino youth specifically, less is known about life satisfaction and its correlates. Understanding this variable in the cultural contexts in which Latino adolescents live is important, as life satisfaction can be considered central to decisions that these youth may make about work, education, and relationships (Bradley & Corwyn, 2004; Cooper, 1999; Romero & Roberts, 2003). In addition, understanding the role of acculturation in these relationships also is warranted as the field begins to explore within-group differences in psychological functioning among Latino youth and families (Castañeda, 1994).

Acculturation has been defined as the process of change that results from continuous contact between two different cultures (Berry, Trimble, & Olmedo, 1986). Several models of acculturation have been proposed and used to guide measures of this
Most initial research about acculturation adopted a unidimensional approach, which situated Latino individuals, for example, on a continuum of acculturation between two opposite poles of European American and Latino culture. As individuals assimilated to mainstream culture, this model suggested that they moved toward the European American end of the continuum and away from their Latino culture. A limitation of this approach, however, was that there was no acknowledgment of the possibility that acculturation toward the dominant culture does not necessarily preclude the simultaneous retention of one’s culture of origin (LaFromboise, Coleman, & Gerton, 1993; Marin, 1992; Szapocznik & Kurtines, 1993; Zane & Mak, 2003).

More recently, conceptualizations of acculturation have allowed for orthogonal, bidimensional measurements, such that acculturation to both Mexican and European American culture can be assessed independently along two axes (e.g., Cuellar, Arnold, & Maldonado, 1995). Some researchers have integrated this approach into their measurement of acculturation (e.g., Cuellar et al., 1995; Marin & Gamba, 1996) and, as such, have provided opportunities to investigate acculturation in a more complex manner and clarify how individuals can identify to differing degrees with both dominant culture and their cultures of origin (S. Sue, 2003). It has been suggested that researchers attend to acculturation as an important variable that can influence a group’s values and that investigations of acculturation use more multidimensional conceptualizations in an effort to better understand cultural orientation and functioning (Berry, 2003; Chun & Akutsu, 2003; Kim & Abreu, 2001; Marin & Gamba, 1996). In the case of Latino youth, therefore, an investigation of perceived family support and life satisfaction warrants consideration of acculturation level as a possible factor that influences the relationship of these variables.

THE PRESENT STUDY

The overall purpose of this study was to examine the relationship between perceived family support, acculturation, and life satisfaction in Mexican American adolescents. Specifically, this study was designed to empirically test assumptions about the importance of perceived family support to life satisfaction in Mexican American youth and to address the following research questions: (a) What do Mexican American adolescents describe as variables that contribute to their life satisfaction? (b) How do perceived family support and acculturation relate to life satisfaction? and (c) Does acculturation moderate the relationship between perceived family support and life satisfaction?

To address these research questions, we used a mixed-methods approach combining both quantitative and qualitative methodologies. Several researchers have discussed the need for qualitative investigations of multicultural issues within psychology (Choudhuri, 2003; Morrow, Rakhsha, & Castaneda, 2001; Ponterotto, 2002; Umaña-Taylor & Bámaca, 2004), as they can provide an opportunity to better understand new phenomena or understudied populations without assuming that there is “one universal truth to be discovered” (Auerbach & Silverstein, 2003, p. 26). Mixed-methods research may be particularly useful for gaining a more complex understanding of a particular topic while simultaneously testing theoretical models (Hanson, Creswell, Plano Clark, Petska, & Creswell, 2005). Greene, Caracelli, and Graham (1989) suggested that mixed-methods studies can serve several purposes, including triangulation (seeking convergence of results), complementarity (examining overlapping or different facets of a phenomenon), initiation (discovering paradoxes and contradictions), development (using qualitative and quantitative methods sequentially), and expansion (adding breadth or scope to a project).
The present mixed-methods study was conceptualized from a pragmatic theoretical paradigm (Hanson et al., 2005; Tashakkori & Teddlie, 1998). We conceptualized and designed the study as a dominantly quantitative, concurrent design, which is indicated by the following procedural notation (Morse, 1991): QUANT + qual. That is, both quantitative and qualitative data were collected at the same time, and the primary methodology was quantitative, with a lesser emphasis on the qualitative portion (Tashakkori & Teddlie, 1998).

For our purposes, qualitative methodology was used to address the first research question, which sought to explore variables that youth described as contributing to their life satisfaction. Open-ended responses provided by participants were analyzed thematically by a collaborative research team, using several strategies from grounded theory methodology (Strauss & Corbin, 1998), including open coding, category/theme generation, and exploring patterns across categories. Themes about factors that participants believed contributed to their life satisfaction were derived and described through this process. Quantitative methodology was used to answer the remaining research questions about the relationship between perceived family support, acculturation, and life satisfaction. We conducted a hierarchical multiple regression of perceived family support and Mexican and Anglo acculturation orientations on life satisfaction. We also added the interactions of perceived family support and both acculturation orientations to see whether these variables significantly predicted life satisfaction beyond the main effects of perceived family support and Mexican and Anglo orientations alone.

Findings from the quantitative and qualitative portions of the study were integrated to reveal areas of convergence as well as areas in which the data suggested discrepant findings or helped to provide a context for the data. Specifically, we sought to understand the relation between life satisfaction and perceived family support by looking for areas of convergence as well as complementarity between our qualitative and quantitative findings (Greene et al., 1989).

METHOD

Participants

Participants in this study were 309 English-speaking middle and high school students from California, Kansas, and Texas. Because there is research to suggest that grouping Latino adolescents into one collective ethnic group may not appropriately capture the within-group differences of this heterogeneous population (Umaña-Taylor & Fine, 2001), only the participants who self-identified as Mexican American (n = 293) were included in the present study. Furthermore, the small number of middle-school students (n = 27) was removed in order to have a final sample with more homogeneity with respect to age group (e.g., all high school students). Of this final sample of 266 Mexican American high school students, 150 (56%) were girls and 116 (44%) were boys, and they had a mean age of 15.74 years (SD = 1.04, range = 14–18 years). The majority of the sample was Catholic (78%), with 56% reporting that their parents had immigrated to the United States, and 26% reporting that their grandparents had immigrated to the United States.

Procedure

Potential participants were solicited in various ways, including contacting the League of United Latin American Citizens (LULAC) National Educational Service Centers, public and private schools, afterschool programs, and selected Federal TRIO (i.e., Upward Bound, Upward Bound Math/Science, and Educational Talent Search) programs.
researcher discussed the project with administrators and other staff to obtain initial approval to solicit participants and provided all the materials for the schools and organizations. In some cases, the primary researcher went to the sites to administer the surveys once parental consent forms were obtained, and in other cases, the site staff administered the surveys and returned them, along with the consent forms, to the researcher via mail. Several sites met with large groups of students on a regular basis (e.g., TRIO programs) and thus were able to monitor the return of informed consents in order to ensure maximum participation by students. For these sites, in addition to those from schools and community programs, the response rate was approximately 65%. At one afterschool program, however, 100 consent forms were given to supervisors to pass out to students, and only 7 were returned. This was surprising considering the relatively high response rate we obtained from other sites, and we are unclear as to what extent the study was actually described to students as was intended at this particular program.

Packets containing two informed consent forms (one for the students/parents to keep and one to return to the investigator), as well as an introductory letter, were distributed to students to take home during school or during their program’s activity time. Both consent forms and the letter were translated into Spanish such that all parents received copies in English and Spanish. Parents were asked to send signed consent forms back to school (or the organization) with their children. Once consent was obtained from parents, students who volunteered to participate in the study were asked to complete a student assent form and then were administered a packet of materials during a 45-min period of school or of an afterschool program. Only students whose parents had provided consent and who had themselves completed an assent form were allowed to complete the packet of questionnaires, and the questionnaires were only provided in English. This decision to only sample students who were proficient readers in English was made during the development of the project because there was no existing data regarding the conceptual and functional equivalence of several of the measures for Latino adolescents in particular (American Psychological Association, 2002; Rogler, 1999).

**Instruments**

**Demographic questionnaire.** A demographic questionnaire was included to obtain participants’ age, year in school, gender, race/ethnicity, generational status, and religious affiliation.

**Open-ended question about well-being.** At the bottom of the first page (demographic form) of each packet of measures was the following open-ended question: “What factors do you think contribute to life satisfaction and happiness?” Students were provided with 10 lines on which to write their responses and were encouraged to write on the back of the page if they needed more space.

**Perceived social support.** The Multidimensional Scale of Perceived Social Support (MSPSS; Zimet, Dahlem, Zimet, & Farley, 1988) is a 12-item scale that measures perceived support from three domains: Family, Friends, and a Significant Other. Participants completing the MSPSS are asked to indicate their agreement with items on a 7-point Likert scale ranging from 1 (very strongly disagree) to 7 (very strongly agree). A sample item from the Family subscale is “I get the emotional help and support I need from my family.” Support for the reliability and validity of the MSPSS has been found with samples of college students, adolescents living abroad, and adolescents on an inpatient psychiatry unit (Canty-Mitchell & Zimet, 2000).
The MSPSS has been used in several studies with young adults and adults in the United States and in Europe (Kazarian & McCabe, 1991; Zimet et al., 1988; Zimet, Powell, Farley, Werkman, & Berkoff, 1990). In a recent study, Canty-Mitchell and Zimet (2000) investigated the MSPSS with a sample of urban adolescents, approximately 75% who were ethnic minority students. Results indicated internal reliability estimates of .93 for the total score, and .91, .89, and .91 for the Family, Friends, and Significant Other subscales. Factor analysis of the MSPSS with this sample confirmed the three-factor structure of the measure. In the present study, the four-item Perceived Support from Family subscale was used, and the internal reliability for this scale was .88.

Life satisfaction. The Multidimensional Students’ Life Satisfaction Scale (MSLSS; Huebner, 1994) is a 47-item questionnaire that assesses life satisfaction in youth across six specific domains: Global, Family, Friends, School, Self, and Living Environment. The Global subscale, which comprises seven items, was used in the present study. Respondents were asked to rate items on a 6-point Likert scale ranging from 1 (strongly disagree) to 6 (strongly agree). A sample item from this subscale is “My life is going well.” Support for validity and reliability of the MSLSS has been found with various samples of children, middle- and high school students in the United States and Canada. The MSLSS was found to correlate with other measures of well-being, and its multidimensional factor structure was confirmed (Huebner, 1994; Gilman, Huebner, & Laughlin, 2000). Internal reliability coefficients in various studies with the MSLSS ranged from .77 to .91 across all subscales. In the present study, the internal reliability was .86 for the Global subscale.

Acculturation level. The Acculturation Rating Scale for Mexican Americans-II (ARSMA-II; Cuellar et al., 1995), which comprises 30 items, was used to measure acculturation in this study. Individuals were asked to respond to items about language preference, association, and identification with Mexican and Anglo cultures using a 5-point Likert scale ranging from 1 (not at all) to 5 (extremely often or almost always). The Mexican and Anglo subscales comprise 17 and 13 items, respectively. Examples of items from the Anglo and Mexican subscales are “I enjoy listening to English language music,” and “1 associate with Latinos and/or Latin Americans,” respectively. In this study, we used Anglo and Mexican orientation subscales independently in order to evaluate their unique contributions to life satisfaction.

Studies with the ARSMA-II (Cuellar et al., 1995) revealed internal consistency estimates for the Anglo Orientation subscale (AOS) and the Mexican Orientation subscale (MOS) as .83 and .88, respectively. Flores and O’Brien (2002) reported reliability coefficients of .77 and .91 for the AOS and MOS with Mexican American adolescent women in particular. Test–retest reliability estimates, over a 2-week period, were .94 for the AOS and .96 for the MOS (Cuellar et al.). Internal reliability estimates of the Mexican and Anglo orientation scales in the present study were .88 and .67, respectively.

RESULTS

Qualitative Analyses

Qualitative analyses were originally conducted with responses from the total sample of both middle- and high school students, and findings were then revised and verified after the removal of the small sample of middle-school students. Of the 266 participants, 260 provided qualitative responses to the open-ended question, “What factors do you think
contribute to life satisfaction and happiness?” Responses ranged from one word to short paragraphs of six sentences. In this study, we used several strategies from grounded theory (Strauss & Corbin, 1998) to analyze these responses, including open coding, category/theme generation, and exploring patterns across categories.

Several strategies were used throughout the data analysis process to improve the rigor and “trustworthiness” of findings (Strauss & Corbin, 1998). First, a collaborative team, comprising the primary researcher/Lisa M. Edwards (a biethnic Latina/White woman) and two undergraduate Mexican American students, was convened. An external auditor (a female European American graduate student) was asked to review emerging themes and reflect on the analysis process. A second external auditor (a male European American graduate student) was asked to review the findings with the primary researcher after the middle-school students had been removed in order to verify or revise the original themes. Our reviews indicated that the primary themes remained the same.

At the outset of data analysis, members of the research team discussed biases and assumptions, noting that they believed family, friends, and religious beliefs would be the most frequent responses reported by participants. Together, the research team then decided how the qualitative data might best be understood. They engaged in “open coding,” or breaking down each participant’s responses into words, phrases, or sentences that represented meaning units (Strauss & Corbin, 1998). These meaning units were then labeled as concepts and were refined and discussed as necessary, eventually leading to a final list of concepts. The final concept list included the following terms: family, friends, attitude, faith (e.g., God, spirituality), love, money, helping others, work, home, education (e.g., teachers, school), physical health, and goals. Last, interrelated concepts were grouped together into larger category themes (e.g., descriptive sentences), and the most prominent themes were then selected and reviewed.

Results from this analysis suggested one primary, core theme, as well as two additional, smaller themes. The core theme that emerged from participants’ open-ended responses was Family is important for providing support and love and included responses that described the significance of family and the ways in which family gives support and love to participants. Specifically, adolescents noted that their families provided unconditional care and encouragement as well as affection and support. Illustrative quotes included the following: “Have a family that will be there for you and inspire you to be a better person in the future”; “Life satisfaction is to have your family be united and have love for one another in the home”; “Above all family, because how you enjoy life is being with those you care about”; “Having your family with you—they are the best that we could have”; “Having a caring family who supports you”; and “Family—especially my father who works hard to put food on the table everyday.”

Two prominent additional themes emerged from the data as secondary to the importance of family. The first theme, Friends provide help and fun, revealed participants’ beliefs that friends contributed to life satisfaction in several ways. Quotes describing the role of friends included “Having friends to talk to and hang around with, who will help you out”; “. . . good friends who can be relied on”; and “. . . kickin’ it with my friends—going to school and talking to my homeboys.”

The second additional theme that emerged from the qualitative data related to the contribution of a positive approach or attitude toward challenges. We labeled this theme The importance of a positive attitude toward life and problems. Illustrative quotes of this theme included “Always be optimistic—there will be ups and downs, but life will still go on”; “Life satisfaction comes when you are satisfied with who you are, but able to change what you can”; and “Do your best—even if you didn’t win you could say that you tried your best.”
Quantitative Analyses

Preliminary analyses included checking the data for outliers, normality, linearity, and homoscedasticity as well as examining potential differences on the basis of the location from which participants were sampled. The scatter plot of the studentized residuals against the predicted values of life satisfaction revealed no violations of assumptions of normality, linearity, and homoscedasticity. Results based on Cook and Weisberg’s (1982) distance showed no serious outliers among the study variables (Tabachnick & Fidell, 1996). Missing data points for an item on a subscale, which were found in 14 cases, were handled by substituting participants’ subscale or mean scale scores for the missing value.

Independent samples t tests were conducted to see whether there were significant differences in the study variables for respondents who had completed surveys in California and Texas without the lead researcher present during administration (n = 184) and those that had completed surveys in Kansas administered by the lead researcher (n = 82). Results indicated that there were no significant differences in scores of life satisfaction, t(262) = −1.65, p = .10; perceived family support, t(261) = −0.32, p = .75; Mexican orientation, t(259) = −1.33, p = .19; and Anglo orientation, t(263) = 0.56, p = .58. Because there were no differences in total scores on the basis of the location of participants, all the data in this sample were analyzed together.

The means, standard deviations, and zero-order correlations for all study variables (perceived family support, Anglo and Mexican orientations, and life satisfaction) are presented in Table 1. As can be seen, life satisfaction was significantly, positively correlated with perceived support from family and Mexican orientation. Thus, as scores of perceived family support and Mexican orientation increased, scores of global life satisfaction increased. Mexican and Anglo orientations also were significantly positively correlated with perceived family support; as scores on each of the acculturation orientations increased, perceived family support increased.

The main and interactive effects of Mexican and Anglo acculturation orientations and perceived family support on life satisfaction were assessed using hierarchical multiple regression procedures described by Cohen, West, and Aiken (2003) and Lubinski and Humphreys (1990). In order to reduce possible multicollinearity, scales were standardized before forming cross-product terms and before running the regression (Dunlap & Kemery, 1987; Jaccard, Wan, & Turrisi, 1990). Lubinski and Humphreys described procedures for the detection of spurious moderator effects, and they argued that moderator effects and quadratic trends are likely to share a large proportion of the variance. In other words, a significant interaction between two variables may be observed only because the effect is correlated substantially with quadratic trends of the component

<table>
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<tr>
<th>Variable</th>
<th>1</th>
<th>2</th>
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<tr>
<td>1. Life satisfaction</td>
<td></td>
<td>.53***</td>
<td>.07</td>
<td>.22***</td>
</tr>
<tr>
<td>2. Perceived family support</td>
<td></td>
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<td>.15*</td>
<td>.21**</td>
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<tr>
<td>3. Anglo orientation</td>
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<td></td>
<td>27.27</td>
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<td>SD</td>
<td>8.21</td>
<td>8.40</td>
<td>13.35</td>
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*p < .05. **p < .01. ***p < .001.
variables. Thus, entering quadratic trends into the regression equation reduces the possibility of observing such spurious moderators.

In Lubinski and Humphrey’s (1990) recommended procedure, main effects are entered first into the regression equation; after this a priori entry, quadratic trends are entered. In the first step, the main effects of perceived family support, Mexican orientation, and Anglo orientation were entered. Next, quadratic terms of the main effect variables were entered to control for spurious moderator effects. Finally, the two-way interactions of Mexican orientation and perceived family support, and Anglo orientation and perceived family support, were entered.

Table 2 provides the results of the multiple regressions involving our predictor variables. The main effects of perceived family support ($\beta = .50, p < .001$) and Mexican orientation ($\beta = .12, p < .05$) were significant at Step 1, accounting for 28% of the variance in life satisfaction. Higher scores on the perceived family support and Mexican orientation variables were associated with higher life satisfaction. After controlling for quadratic trends (Step 2), the interactions between Anglo and Mexican orientations and perceived family support were not significant in Step 3, accounting for 1% of the variance in life satisfaction and resulting in a total $R^2 = .29$.

**DISCUSSION**

Because of the dearth of research examining well-being in Latino youth, the present mixed-methods study was conducted to expand researchers’ understanding of the relationship between life satisfaction, acculturation, and perceived family support in Mexican American adolescents. A contribution of this study was that a mixed-method approach was used to obtain qualitative perspectives on life satisfaction as well as quantitative findings about acculturation, perceived family support, and life satisfaction. An additional strength of this study was that acculturation was measured and conceptualized in a bidimensional manner, such that questions about the independent and interactive
influences of both Mexican and Anglo orientations and family support on life satisfaction could be investigated (Zane & Mak, 2003). Finally, rather than combining ethnic minority groups or Latino ethnic subgroups, or only sampling adults, we investigated Mexican American adolescents in particular (Castañeda, 1994; Umaña-Taylor & Fine, 2001).

**Integration of Mixed-Methods Findings**

The quantitative and qualitative results converged to provide additional empirical support for the importance of family in the lives of Mexican American adolescents (Marin & Gamba, 2003; Paniagua, 1998; Vazquez Garcia et al., 2000). The qualitative findings suggested that youth identified their family as most important in contributing to their life satisfaction above other factors such as friends, religion, or money. In addition, the qualitative findings suggested that the important role of family was to provide support specifically. These findings also suggest that previous research with adults about perceived support as the critical aspect of *familismo* may also apply to youth (Sabogal et al., 1987).

Two additional themes that emerged from our qualitative data, *Friends provide help and fun* and *The importance of a positive attitude toward life and problems*, suggested aspects of participants’ lives that were important to them, though not as critical as family. These additional findings, though not able to be explored by quantitative analyses in this particular study, help to identify additional factors that contribute to life satisfaction from the perspective of Mexican American youth and can be included in future models of life satisfaction.

The quantitative findings about the relationship between perceived family support and acculturation orientations revealed additional information regarding the role of these variables in predicting overall life satisfaction in Mexican American youth. Mexican orientation, but not Anglo orientation, was significantly associated with life satisfaction in this sample, highlighting the importance of investigating acculturation orientations separately (Kim & Abreu, 2001; Marin & Gamba, 2003). As noted by Ruelas, Atkinson, and Ramos-Sanchez (1998) in their study of counselor credibility, unidimensional measures of acculturation may lead to inaccurate inferences about cultural orientation. These authors used the ARSMA-II (Cuellar et al., 1995) and found that Mexican orientation scores were significantly related to credibility of counselors, but not Anglo scores. Although we investigated a different dependent variable, the findings were similar in that Mexican orientation appeared to be the influential acculturation orientation. Future studies about life satisfaction in Mexican American youth should explore why Mexican orientation, in contrast to Anglo orientation, plays this important role.

**Limitations, Directions for Future Research, and Implications**

There are several limitations to this study that should be noted. In the qualitative portion of the study, it was not clear whether the open-ended question that was presented to students was understood in the same way by each of the respondents. Furthermore, the question did not ask for an evaluation of participants’ life satisfaction. It is possible, therefore, that participants interpreted this question to address factors that contribute to life satisfaction for people in general. The study also was limited in that only English-speaking participants were allowed to participate. By not including Spanish-speaking adolescents, and by recruiting most participants from educational and cultural programs (e.g., TRIO programs and the like), we may have limited the representativeness of the sample across acculturation levels and degree of educational involvement.

One avenue for potential future investigation lies in understanding different types of social support that Latino adolescents use or perceive in their lives. In the present
study, only general perceived family support was assessed, and we were unable to measure how specific types of support may contribute to life satisfaction in these youth. A useful conceptualization of social support was proposed by Weiss (1974), who described provisions that can result from relationships with others, such as guidance, reliable alliance, attachment reassurance of worth, social integration, and opportunity to provide nurturance. This framework has been used and operationalized by many researchers (Aquino, Russell, Cutrona, & Altmaier, 1996; Cutrona & Russell, 1987) and can provide a beginning structure for researchers to probe more specific types of social support in Latino youth.

In addition, investigating variables such as perceived support from family and acculturation and life satisfaction over time, rather than only focusing on cross-sectional views, also will provide additional information about the changing role of family and its influence on the well-being of Latino youth as they transition into adulthood (Chun & Akutsu, 2003; Marin & Gamba, 2003). The changing demographics of our present society, as well as the demands on the lives of adolescents, require closer investigations of how the function and role of various resources such as family adapt over time and how acculturation (e.g., Mexican orientation) influences this process.

The increasing presence of Mexican American youth in our schools and communities requires that counseling psychologists purposefully work to understand these adolescents’ experience of life satisfaction in addition to obstacles that may be hindering their well-being. Low educational attainment as well as problems such as gang involvement, substance abuse, and teenage pregnancy have been identified as significant concerns faced by Latino youth (Chavez & Roney, 1990), and scholars have noted that few mental health professionals are trained to work with Mexican American adolescents (Castañeda, 1994). Investigating within-group variability in the experience of life satisfaction and the role of perceived family support, such as the analyses in the present study, provide a more balanced and detailed portrait of functioning within Latino adolescents (Villarruel & Montero-Sieburth, 2000). Our findings suggest that family and Mexican orientation will be particularly important variables for counseling psychologists to consider when working to promote life satisfaction with Mexican American youth. Future research can continue to elucidate strengths and assets within this important population and contribute to a growing body of knowledge about youth resources.

References


Analysis of the Study

The authors do a good job of presenting the variables of interest in this study and clearly stating that this study will employ mixed methods. The justification is somewhat lengthy but can be summarized by saying that there is an increasing population of Latino youth and a need to determine the factors that lead to life satisfaction among this population of adolescents. Notably, the authors attempt to look at the research question from a positive perspective: What are the predictors of life satisfaction, as opposed to what are the predictors of problem behaviors (e.g., dropping out of school or drug usage), among Latino youth?

The authors discuss the importance of family support, or *familismo*, and level of acculturation, or identification and comfort, with both the Latino culture and the Anglo culture, as potential predictors of life satisfaction. While these variables seem quite plausible, we wonder whether other potential predictors might have been chosen in addition to these. It is not completely clear that these are the only (or even the strongest) predictors of life satisfaction among Latino adolescents.

The purpose of the study is clearly stated as follows: “The overall purpose of the study was to examine the relationship between perceived family support, acculturation, and life satisfaction in Mexican American adolescents.” Specific questions and the research design follow immediately afterward.
DEFINITIONS

Familismo is defined as the importance of extended family ties in Latino culture as well as the strong identification and attachment of individuals with their families. From this definition the independent variable of family support is derived.

The definition of acculturation (also an independent variable) is discussed in terms of its evolution from a unidimensional construct to a pair of independent dimensions. Originally, acculturation was defined as the degree to which one thought of oneself as Latino versus Anglo. Later theories, however, pointed out that it was possible to identify with both cultures rather than with only a single culture. This required measuring identification with the two cultures separately.

The concept of life satisfaction, the dependent variable in the study, is defined as an individual’s appraisal of his or her life, and is used as an indicator of well-being. In particular, the authors note that life satisfaction involves the cognitive, as opposed to the emotional, components of well-being.

PRIOR RESEARCH

Prior research on the independent and dependent variables is cited extensively throughout the introduction. In some cases the research applies to populations other than Latino youth, which serves as a justification for studying these variables in this population.

HYPOTHESES AND DESIGN

The authors state no hypotheses, but rather three research questions are presented: (1) What do Mexican-American adolescents describe as variables that contribute to their life satisfaction? (2) How do perceived family support and acculturation relate to life satisfaction? (3) Does acculturation moderate the relationship between perceived family support and life satisfaction? The first of these questions is a qualitative one, the other two are quantitative. This demonstrates that the two different types of research methods are tied to specific questions—a good sign in a mixed-methods study, as it makes clear which analyses are intended to answer which questions. We think the latter two questions clearly imply hypotheses, however—i.e., that the variables are related.

The authors present an argument for the importance of mixed-methods research and describe the relative importance of the two research method types.

Quantitative data is given primary importance. The study uses a triangulation design, and all instruments were given at the same time. That the quantitative variables did not emerge from the qualitative study (as in an exploratory design) is made clear at the outset both in the initial questions and in the choice of quantitative instruments. The qualitative study was intended to elicit variables important to life satisfaction, presumably to support the choice of the quantitative variables—family support and acculturation. The quantitative method was a survey administered in groups followed by regression analysis. The qualitative method was based on grounded theory.

SAMPLE

The target population is presumably all Mexican-American high school students in the United States. The initial sample was a convenience sample of 309 English-speaking middle and high school students from California, Kansas, and Texas recruited from various agencies. The sample was reduced to 266 by only including those students who self-identified as Mexican-American and who were in high school. The number of participants is not listed by state, as probably should have been the case, since this would be a factor in judging the generalizability/transferability of the results. It is unclear when the additional criteria of student volunteering and parental consent were used, but nevertheless they further reduce generalizability.

The authors do a good job of explaining the recruitment procedures, and how consent was sought from (a) the institutions used as recruitment centers, (b) the parents of the participants, and (c) the participants themselves. This explanation addresses certain ethical issues. However, the authors note that one recruitment site had an extremely low percentage of parental consent (7%) compared to most others (average of 65%). Why did this happen? The authors suggest that inadequate description of the study is the reason. We think differences in consent rate among sites and states should have been reported in addition to the average.

INSTRUMENTATION

The qualitative instrument in the present study was a single question: “What factors do you think contribute to life satisfaction and happiness?” Students were given 10 blank lines on which to respond (with the possibility of using the back of the page). One problem with
this type of measure is that some participants may be reluctant to write a long answer, even if they have many things to say. While an interview might have been preferable, it would have been almost impossible to interview 266 participants.

The quantitative variables (perceived family support, life satisfaction, and Anglo and Mexican acculturation) are each operationally defined in terms of scales or subscales of various published instruments. Estimates of reliability are given from the literature, as well as for the current sample. One question did occur to us. Life satisfaction is operationally defined as the Global subscale of the Multidimensional Students’ Life Satisfaction Scale. We are unclear whether the entire scale was administered and only the Global subscale used or whether only the questions on the Global subscale were administered (perhaps to shorten the testing time). The latter would raise questions about the validity of results, because changing the context could affect the way items were answered.

**INTERNAL VALIDITY/CREDIBILITY**

Internal validity/credibility questions involve the soundness of the conclusions reached in the study, based on its design and execution. The quantitative variables seem to have reasonable operational definitions. One should remember, however, that regression analysis is a correlational technique. Therefore, direction of causation cannot be unequivocally determined. While perceived family support and particular levels of acculturation might cause high levels of life satisfaction, it could be that a high degree of life satisfaction causes one to perceive higher levels of support and greater identification with one or both cultures. With regard to credibility, the question arises as to whether respondents might have said more in responding to the short-answer question if they hadn’t had to write their responses.

Differences among respondent groups must be considered a possible threat to internal validity. Given the variety of sources students were recruited from, it seems likely that socioeconomic status, for example, is related to both life satisfaction and perceived family support. Comparison of “sources” (e.g., private vs. public schools) could clarify this issue. If such comparisons were made, use of “t” tests as was done in some state comparisons would not have been appropriate. Significance tests are appropriate for attempting to generalize, not for assessing equivalence of groups. Important differences can affect outcomes, whether “significant” or not. In the above instance, the appropriate index is effect size (see page 248). When computed from data in the article, the largest detre is 0.22, a much better justification for combining groups.

A testing threat may exist. If many students responded to the open-ended question with “family support,” it seems likely that they would connect this variable to “life satisfaction” on the questionnaire and, not necessarily intentionally, make their responses consistent.

**DATA ANALYSIS**

The qualitative results were analyzed using grounded theory, while the quantitative results were analyzed using correlations and hierarchical regression analysis. Both types of data (qualitative and quantitative) were analyzed separately and combined in the discussion section. The analysis of open-ended responses followed recommended procedures, although it seems to us that the use of auditors with closer ties to Mexican-American culture would have been preferable. Examples of responses clarify and support the emergent themes.

**RESULTS/DISCUSSION**

Three themes emerged from the qualitative data: the importance of family in providing support and love (primary theme), the importance of friends to provide help and fun (a secondary theme), and the importance of a positive attitude toward life (another secondary theme). The authors took the primary theme as support for their implied hypothesis that Mexican-American high school students place high value on perceived family support.

Two additional points require mentioning in regard to the qualitative analysis. As would be expected, responses by students to the single qualitative question were short. Would the results have been different had interviewing (which would not have required the students to write responses) been used? Second, the authors explicitly address the issue of credibility or “trustworthiness” of the qualitative results. It is gratifying to see the steps taken to ensure high-quality qualitative findings.

The authors begin their analysis of the quantitative results by discussing the assumptions underlying regression and demonstrating that the assumptions were met. They address the question of differences in their participants as a function of the state in which they resided. No differences were reported. However, differences
between participants from California and Texas should have been specifically examined. The regression results reveal that perceived family support and Mexican orientation are significant predictors of life satisfaction. Anglo orientation is not a significant predictor. The amount of variance predicted is 28 percent. While this is statistically significant, the high reliability of life satisfaction scores of 0.86 suggests that many other factors appear to determine life satisfaction among Mexican-American high school students. We hope that future research will shed some light on what these other factors may be.

The authors explicitly address the convergence and divergence of the qualitative and quantitative data. Specifically, the primary theme of family support (qualitative data) reinforces the significance of family support in the regression analysis (quantitative data). The role of friends and positive attitude (qualitative data) are not addressed in the regression. These may be some additional factors accounting for life satisfaction that can be studied in the future (quantitatively). The authors are to be commended for acknowledging some, although not all, of the study’s limitations.

This article demonstrates how the results of qualitative and quantitative methodology together can provide a more complete understanding of a phenomenon than could be achieved by using only one of the methodologies by itself.

THE NATURE AND VALUE OF MIXED-METHODS RESEARCH

• Mixed-methods research involves the use of both quantitative and qualitative research methods in a single study. The results of these separate methods are combined to present a more complete picture of the phenomenon under study than either method could produce on its own.

• In mixed-methods research, the respective strengths of qualitative and quantitative methods are seen as compensating for the respective weaknesses of each method.

• Disadvantages of mixed-methods research involve the time, resources, and expertise necessary to conduct this type of research well. With regard to expertise, if the researcher is not proficient in both quantitative and qualitative methods, it is possible to team up with others who have expertise in the methods that the researcher is lacking.

WORLDVIEWS AND MIXED-METHODS RESEARCH

• Quantitative methods are usually associated with positivism.

• Qualitative methods are usually associated with postmodernism.

• Mixed-methods are usually associated with pragmatism.

• Pragmatists believe that one should use whatever methods best answer the research question or questions at hand.

TYPE OF MIXED-METHODS DESIGNS

• The exploratory design involves first conducting a qualitative study to discover important variables underlying a phenomenon and then conducting a quantitative study to discover relationships among the variables. This type of design is often used to develop rating scales in a new area of study.
• The explanatory design involves first conducting a quantitative study and then conducting a qualitative study to expand upon the results of the quantitative study.
• The triangulation design involves conducting both a qualitative study and a quantitative study (usually concurrently) and determining whether the results of the two studies converge on a single understanding of the underlying phenomenon. If the results do not converge, reasons for the lack of convergence need to be explored.
• All three of the mixed-methods designs may be conducted with an advocacy lens. An advocacy lens is present when the researcher’s worldview involves advocating for the improvement of conditions of the participants involved in the study.

STEPS IN CONDUCTING MIXED-METHODS RESEARCH
• Develop a clear rationale for the need for mixed-methods in the proposed project.
• Develop research questions that involve both the qualitative and quantitative portions of the study. Although a general research question may have led to the proposed project, sub-questions that involve both qualitative and quantitative issues help show why mixed-methods are appropriate. These sub-questions also help guide data analysis.
• Before conducting a mixed-methods study, one should decide if he or she has the time, resources, and expertise necessary to actually carry out the proposed project, and then decide which mixed-methods research design applies to the proposed project.
• Triangulation designs often involve the conversion of one type of data into the other type. The conversion of qualitative data into quantitative data is referred to as quantitizing, while the conversion of quantitative data into qualitative data is referred to as qualitizing.
• The results of a mixed-methods study should be written up in a manner consistent with the research design selected.

EVALUATING MIXED-METHODS RESEARCH
• The individual quantitative and qualitative methods used should be evaluated according to the criteria specific to these methods.
• One should check that both quantitative and qualitative data played a role in the conclusions; otherwise, one of the data types may simply be an “add-on.”
• Possible threats to the internal validity and/or credibility as well as the external validity or transferability of the study should always be considered.

ETHICS IN MIXED-METHODS RESEARCH
• The basic ethical concerns of protecting participant identity, treating participants with respect, and protecting participants from both physical and psychological harm apply to mixed-methods studies as they do to other types of research.

Key Terms
- advocacy lens 562
- explanatory design 560
- exploratory design 560
- generalizability 565
- mixed-methods research 557
- positivism 559
- postmodernism 559
- pragmatist 559
- qualitizing 561
- quantitizing 561
- transferability 565
- triangulation 559
- triangulation design 560
1. What do you see as the greatest strength of mixed-methods research? The greatest weakness?
2. Are there any topics that are particularly suitable to being investigated through a mixed-methods study? If so, give an example.
3. Mixed-methods research involves the collection of both qualitative and quantitative data. Which type of data do you think might be easiest to collect? Hardest? Why?
4. Would it be possible to use random sampling in a mixed-methods study? Why or why not?
5. Is generalization possible in mixed-methods research?
6. “Mixed-methods studies can help a researcher investigate questions that cannot be adequately researched through the use of quantitative or qualitative studies alone.” What might be some examples of such questions?
7. Which of the mixed-methods research designs we describe in this chapter might be the easiest to use? The hardest? Explain why.
8. What ethical concerns might possibly arise in doing a mixed-methods study?

1. See Chapters 7, 17, 19, and 21.
12. Ibid.
14. See the Controversies in Research box on page 430.


23. Ibid., see pp. 56–58.

Part 8 presents a discussion of action research. Both similar to and different from the more formal methodologies discussed earlier, action research has of late shown increasing popularity. We discuss this methodology in some detail and present several examples of how action research studies might actually be carried out in schools. Lastly, we present a published example of action research, followed by our analysis of its strengths and weaknesses.
OBJECTIVES Studying this chapter should enable you to:

- Explain the term "action research."
- Describe the assumptions that underlie action research.
- Explain the purpose of action research.
- Describe the four steps involved in action research.
- Describe some of the advantages of action research.
- Describe some of the similarities and differences between action research and formal quantitative and qualitative research.
- Describe the difference between practical and participatory action research.
- Suggest some ways that other kinds of research methodologies might be used in action research.
- Name some of the threats to internal validity that exist in action research studies.
- Describe the kinds of sampling used in action research.
- Explain why action research studies are weak in external validity.
- Recognize an example of action research when you come across it in the educational literature.
Classroom teachers, counselors, supervisors, and administrators can help provide some answers to these (and other) important questions by engaging in action research. Such studies, taken individually, are seriously limited in generalizability. If, however, several teachers in different schools within the same district, for example, were to investigate the same question in their classrooms (thereby replicating the research of their peers), they could create a base of ideas that could generalize to policy or practice.

Action research often does not require complete mastery of the major types of research we have described in previous chapters. The steps involved in action research are actually pretty straightforward. The important thing to remember is that such studies are rooted in the interests and needs of practitioners.

Some examples of action research that have been conducted by educational researchers are as follows:

1. “Partners in Diabetes: Action Research in a Primary Care Setting.”
2. “An Understanding of Poverty from Those Who Are Poor.”
3. “Claiming a Voice on Race.”
4. “First Graders and Fairy Tales: One Teacher’s Action Research of Critical Literacy.”

Robert Jackson is in his second year of teaching at an elementary school in Sarasota, Florida. Recently, he has been more and more bothered by a considerable amount of disruptive behavior in his fifth-grade class. The boys in the class are particularly troublesome. Many take a long time to settle in their seats after the afternoon recess, have trouble paying attention when he is giving instruction, and often punch out at other students for apparently no reason. The girls in the class never seem to stop talking. Robert is becoming very concerned, as a lot of valuable class time is taken up by his so-far-unsuccessful attempts to deal with these problems. Of special concern is that he feels his students are learning only a small amount of what they could were he able to maintain a more orderly class.

What might Robert do in this situation? Action research, the subject of this chapter, is an ideal methodology that he might employ.
undertake the necessary procedures and implement recommendations. These assumptions are described a bit further and exemplified in Table 24.1.

### BASIC ASSUMPTIONS UNDERLYING ACTION RESEARCH

A number of assumptions underlie action research. Those who do action research assume that those involved, either singly or in groups, are informed individuals who are capable of identifying problems that need to be solved and of determining how to go about solving them. It is also assumed that those involved are seriously committed to improving their performance and that they want continuously and systematically to reflect on such performance. Further, it is assumed that teachers and others involved in the schools want to engage in research systematically—to identify problems, decide on investigative procedures, determine data collection techniques, analyze and interpret data, and develop plans of action to deal with problems. Lastly, it is assumed that those intending to carry out the research have the authority to undertake the necessary procedures and implement recommendations. These assumptions are described a bit further and exemplified in Table 24.1.

### Types of Action Research

Mills has identified two main types of action research, although variations and combinations of the two are possible.

#### PRACTICAL ACTION RESEARCH

Practical action research is intended to address a specific problem within a classroom, school, or other “community.” It can be carried out in a variety of settings, such as educational, social service, or business locations. Its primary purpose is to improve practice in the short term as well as to inform larger issues. It can be carried out by individuals, teams, or even larger groups, provided the focus remains clear and specific. To be maximally successful, practical action research should result in an action plan that, ideally, will be implemented and further evaluated.
PARTICIPATORY ACTION RESEARCH

Participatory action research, while sharing the focus on a specific local issue and on using the findings to implement action, differs in important ways from practical action research. The first difference is that it has two additional purposes: to empower individuals and groups to improve their lives and to bring about social change at some level—school, community, or society. Accordingly, it deliberately involves a sizable group of people representing diverse experiences and viewpoints, all of whom are focused on the same problem. The intent is to have intensive involvement of all these stakeholders, who function as equal partners (Figure 24.1).

Achieving this goal requires that the stakeholders, although they may not all be involved at the outset, become active early in the process and jointly plan the study. This includes not only clarifying purposes but also agreeing on other aspects, including data collection and analysis, interpretation of data, and resulting actions. For this reason, participatory action research is often referred to as collaborative research. In its “pure” form, participatory action research is a collaborative approach to research that provides people with the means to take systematic action in an effort to resolve specific problems. It encourages consensual, democratic, and participatory strategies to encourage people to examine reflectively problems affecting them.

Further, it encourages people to formulate accounts and explanations of their situation, and to develop plans that may resolve these problems.9

Sometimes a trained researcher identifies a problem and brings it to the attention of the stakeholders. But it is essential that the researcher realize that the problem to be studied must be a problem that is important to the stakeholders, and not simply of interest to the researcher. The researcher and the stakeholders jointly formulate the research problem (often through brainstorming or by conducting focus groups). This approach contrasts with many of the more traditional investigations, in which the researchers formulate the problem by themselves (Figure 24.2). Berg describes the trained researcher’s role as follows:

The formally trained researcher stands with and alongside the community or group under study, not outside as an objective observer or external consultant. The researcher contributes expertise when needed as a participant in the process. The researcher collaborates with local practitioners as well as stakeholders in the group or community. Other participants contribute their physical and/or intellectual resources to the research process. The researcher is a partner with the study population; thus, this type of research is considerably more value-laden than other more traditional roles and endeavors.10
LEVELS OF PARTICIPATION

In part because of the influence of participatory action research, more attention has been paid in recent years to the role of individuals who participate in research projects. Historically, in most educational and other research, the subjects in a study simply provided data—by being tested, observed, interviewed, and so forth. They received little or no benefit other than a thank-you (and sometimes not even that). The benefits of the study accrued to the researcher and (presumably) to the society as a whole.

Such use of individuals raises questions of ethics, even though there may be no risk, deception, or issues of confidentiality involved. Consequently, more effort has been directed toward at least informing the participants in a study as to the purposes of the study. This may, however, create a threat to the internal validity of the study or the validity of the data. Participants may, in some cases, be provided the results of the study and, perhaps, be asked to review them. There is, in fact, a continuum of participation (Figure 24.3). Higher levels of involvement may include helping in instrument development, data collection, and data analysis; participating in data interpretation; making recommendations for further research; actively participating in designing the study; formulating the problem of concern; even initiating the research effort. In addition to degree of participation, the nature of the participation varies with participant interest and background. It would be unusual, for example, for elementary students to participate at or beyond level three. Similarly, the stakeholders in participatory action research are unlikely to be involved at all levels.

Steps in Action Research

Action research involves four basic stages: (1) identifying the research problem or question, (2) obtaining the necessary information to answer the question(s),
(3) analyzing and interpreting the information that has been gathered, and (4) developing a plan of action. Let us discuss each of these stages in more detail.

**IDENTIFYING THE RESEARCH QUESTION**

The first stage in action research is clarifying the problem of concern. An individual or group needs to carefully examine the situation and identify the problem. Action research is most appropriate when teachers or others involved in education wish to make something better, improve their practice, deal with a troublesome issue, or correct something that is not working.

An important thing to remember is that for an action research project to be successful, it must be manageable. Thus, large-scale, complex issues are probably best left to professional researchers. Action research projects are (usually) quite narrow in scope. However, if a group of teachers, students, administrators, and so on, have decided to work together on some type of long-term project, the research can be more extensive. Thus, a problem like “What might be a better way to teach fractions?” is more suitable than “Is inquiry teaching more appropriate than more traditional teaching?”

While quite important, the latter is too broad for easy resolution with a single classroom or teacher.

**GATHERING THE NECESSARY INFORMATION**

Once a problem has been identified, the next step is to decide what sorts of data are needed and how to collect them. Any of the methodologies we have described earlier in this book can be used (although usually in a somewhat simplified and less sophisticated form) in action research. Experiments, surveys, causal-comparative studies, observations, interviews, analysis of documents, ethnographies—all are possible methodologies to consider. (We will present some examples of how these might be used later in the chapter).

Teachers can be either active participants (e.g., observing the computer strategies used by one’s students while instructing them in computer usage) or non-participants (e.g., observing how students interact with one another during classroom study time). Whichever

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# Ibid., pp. 840–854.
Some action research uses more than one instrument or other forms of triangulation (see pages 458 and 517). Thus, asking students to respond to carefully prepared interview questions might be supplemented by video recordings; data obtained through the use of observational checklists might be checked against audio recordings of classroom discussions; and so forth. What method(s) to use is dictated, as in any research investigation, by the nature of the research question.

Action researchers must avoid collecting merely anecdotal data—that is, just the opinions of people as to how the problem might be addressed. Although anecdotal data are often valuable, we believe strongly that more substantive evidence of some sort (e.g., audiotape recordings, videotapes, observations, written replies to questionnaires, and so forth) should be obtained.

**ANALYZING AND INTERPRETING THE INFORMATION**

This step focuses on analyzing and interpreting the data gathered in step two. After being collected and summarized, the data need to be analyzed so that the participants can decide what the data reveal. However, analysis of action research data is usually much less complex and detailed than other forms of research.

What is important at this stage is that the data be examined in relation to resolving the research question or problem for which the research was conducted. With regard to participatory action research, Stringer suggests a number of questions that can provide a guiding procedure for analyzing the gathered data.

The first question, why, establishes a general focus for the investigation, reminding everyone what the purpose of the study originally was. The remaining questions—what, how, who, where, and when—enable participants to identify associated influences. The intent is to better understand the data in context of the setting or situation. What and how questions help to establish the problems and issues: What is going on that bothers people? How do these problems or issues intrude upon the lives of the people or the group? Who, where, and when questions focus on specific actions, events, and activities that relate to the problems or issues at hand.

The purpose here is not for participants to make quality judgments about these elements; rather, it is to assess the data and clarify information that has been gathered. Additionally, . . . this process provides a means for participants to reflect on things that they have themselves discussed (captured in the data) or that other participants have mentioned.

When analyzing and interpreting data gathered in participatory action research, it is important that the participants try to reflect the perceptions of all the stakeholders involved in the study. Hence, they should work collaboratively to create descriptions of what the data reveal. Furthermore, the participants must make every effort to keep all of the stakeholders informed of what is going on during the data gathering stage and to provide opportunities for everyone involved to read accounts of what is happening as they are prepared (not simply after the study is completed). This permits all of the stakeholders to give their input continuously as the study progresses (Figure 24.4).
DEVELOPING AN ACTION PLAN

Fulfilling the intent of an action research study requires creating a plan to implement changes based on the findings. While it is desirable that a formal document be prepared, it is not essential; what is essential is that the study, at the very least, indicate clear directions for further work on the original problem or concern.

Similarities and Differences Between Action Research and Formal Quantitative and Qualitative Research

Action research is different in many ways from more formal quantitative and qualitative research, but it also has a number of similarities. Both are shown in Table 24.2.

SAMPLING IN ACTION RESEARCH

Action research problems almost always focus on only a particular group of individuals (a teacher’s class, some of a counselor’s clients, an administrator’s faculty), and hence the sample and population are identical. Random sampling is often difficult in schools, but this is not as critical as it would be in more traditional research endeavors, because generalizing is not necessarily likely nor desired.

INTERNAL VALIDITY IN ACTION RESEARCH

Action research studies are subject to all of the threats to internal validity we described in Chapter 9, although in differing degrees. Such studies suffer particularly from the possibility of data collector bias, because the data collector is well aware of the intent of the study. He or she must take care not to overlook results or responses he or she does not want to see. Implementation and attitudinal effects are also a strong possibility, as either implementers or data collectors can, unwittingly, distort the results of a study.

ACTION RESEARCH AND EXTERNAL VALIDITY

As is true of single-subject experimental studies, action research studies are weak when it comes to external validity (generalizability). One cannot recommend using a practice found to be effective in only one classroom! Thus, action research studies that show a particular
practice to be effective, that reveal certain types of attitudes, or that encourage particular kinds of changes need to be replicated if their results are to be generalized to other individuals, settings, and situations.

The Advantages of Action Research

We can think of at least five advantages of doing action research. First, it can be done by almost any professional, in any type of school, at any grade level, to investigate just about any kind of problem. It can be carried out by an individual teacher in his or her classroom. It can be done by a group of teachers and/or parents, by a school principal or counselor, or by a school administrator at the district level.

Second, action research can improve educational practice. It helps teachers, counselors, and administrators become more competent professionals. Not only can it help them to become more competent and effective in what they do, but it can also help them be better able to understand and apply the research findings of others. By doing action research themselves, teachers and other education professionals not only can improve their skills, they can also improve their ability to read, interpret, and critique more formal research when appropriate.

Third, when teachers or other professionals design and carry out their own action research, they can develop more effective ways to practice their craft. This can lead them to read formal research reports about similar practices with greater understanding as to how the results of such studies might apply to their own situations. More importantly, such research can serve as a rich source of ideas about how to modify and perhaps enrich one’s own strategies and techniques.

Fourth, action research can help teachers identify problems and issues systematically. Learning how to do action research requires that individuals define a problem precisely (often operationally), identify and try out alternative ways to deal with the problem, evaluate these ways, and then share what they have learned with their peers. In effect, action research “shows practitioners that it is possible to break out of the rut of institutionalized, taken-for-granted routines and to develop hope that seemingly intractable problems in the workplace can be solved.”

Fifth, action research can build up a small community of research-oriented individuals within the school itself. Action research, when systematically undertaken, can involve several individuals working together to solve a problem or issue of mutual concern. This can help reduce the feeling of isolation that many teachers, counselors, and administrators experience as they go about their daily tasks within the school. One of the current authors, before becoming a university professor, taught high school social studies. During his first year of teaching, he was assigned a class of particularly difficult students. Some of the other teachers in the school had been working systematically as part of an action

<table>
<thead>
<tr>
<th>TABLE 24.2</th>
<th>Similarities and Differences Between Action Research and Formal Quantitative and Qualitative Research</th>
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<tbody>
<tr>
<td><strong>Action Research</strong></td>
<td><strong>Formal Research</strong></td>
</tr>
<tr>
<td>Goal is to solve problems of local concern.</td>
<td>Goal is to develop and test theories and to produce knowledge generalizable to wide population.</td>
</tr>
<tr>
<td>Little formal training required to conduct such studies.</td>
<td>Considerable training required to conduct such studies.</td>
</tr>
<tr>
<td>Intent is to identify and correct problems of local concern.</td>
<td>Intent is to investigate larger issues.</td>
</tr>
<tr>
<td>Carried out by teacher or other local education professional.</td>
<td>Carried out by researcher who is not usually involved in local situation.</td>
</tr>
<tr>
<td>Uses primarily teacher-developed instruments.</td>
<td>Uses primarily professionally developed instruments.</td>
</tr>
<tr>
<td>Less rigorous.</td>
<td>More rigorous.</td>
</tr>
<tr>
<td>Usually value-based.</td>
<td>Frequently value-neutral.</td>
</tr>
<tr>
<td>Purposive samples selected.</td>
<td>Random samples (if possible) preferred.</td>
</tr>
<tr>
<td>Selective opinions of researcher often considered as data.</td>
<td>Selective opinions of researcher never considered as data.</td>
</tr>
<tr>
<td>Generalizability is very limited.</td>
<td>Generalizability often appropriate.</td>
</tr>
</tbody>
</table>
research project to test and evaluate various strategies for dealing with such students. They shared what they had learned (through their own action research). Their support and sharing of information proved invaluable to a somewhat overwhelmed beginner.

Some Hypothetical Examples of Practical Action Research

Almost all of the methodologies described in the other chapters in this book can be adapted (in a less formal and sophisticated form) by teachers and other education professionals in the schools to investigate problems and questions of interest. Although we use school-based settings for the examples that follow, it takes only a little imagination to conceptualize how action research can be used elsewhere (e.g., mental health institutions, volunteer organizations, community service agencies). We now present some examples of what could be done.

INVESTIGATING THE TEACHING OF SCIENCE CONCEPTS BY MEANS OF A COMPARISON-GROUP EXPERIMENT

Ms. Gonzales, a fifth-grade teacher, is interested in the following question:

- Does using drama improve fifth-graders’ understanding of basic science concepts?

How might Ms. Gonzales proceed? Although it could be investigated in a number of ways, this question lends itself particularly well to a comparison-group experiment (see Chapter 13). Ms. Gonzales could randomly assign students to classes in which some teachers use dramatics and some teachers do not. She could compare the effects of these contrasting methods by testing the students in these classes at specified intervals with an instrument designed to measure conceptual understanding. The average score of the different classes on the test (the dependent variable) would give Ms. Gonzales some idea of the effectiveness of the methods being compared.

Of course, Ms. Gonzales wants to have as much control as possible over the assignment of individuals to the various treatment groups. In most schools, the random assignment of students to treatment groups (classes) would be very difficult to accomplish. Should this be the case, comparison still would be possible using a quasi-experimental design. Ms. Gonzales might, for example, compare student achievement in two or more intact classes in which some teachers agree to use the drama approach. Because the students in these classes would not have been assigned randomly, the design could not be considered a true experiment; but if the differences between the classes in terms of what is being measured are quite large, and if students have been matched on pertinent variables (including a pretest of conceptual understanding), the results could still be useful in showing how the two methods compare.

An Important Example of Action Research

The early 1990s provide an example of effective participatory action research. When a new powerhouse for the Bonneville Dam was to be built in the center of the town of North Bonneville, WA, all 470 residents faced eviction, relocation, and the probable demise of their town. Citizens rallied around the goal of relocating as an existing town where they chose. To do so, they had to oppose the U.S. Army Corps of Engineers. With help from faculty and students at the University of Washington and Evergreen State College, a broad-based citizen group undertook research to inform themselves in detail about the assets and characteristics of their town as well as the details of community planning and the political process. College students lived and worked in the town as they gathered data through documents, informal discussions, and workshops accompanied by ongoing feedback and discussion with all sectors of the community. The town council provided financial and logistical support. Citizens became increasingly involved in providing information and in carrying out political action. In the end, they not only attained their goal but succeeded in having their design for their “new” town replace the one proposed by the Corps of Engineers.*

We would be concerned that the classes might differ with regard to important variables that could affect the outcome of the study. If Ms. Gonzales is the data collector, she could unintentionally favor one group when she administers the instrument(s).

Ms. Gonzales should attempt to control for all extraneous variables (student ability level, age, instructional time, teacher characteristics, and so on) that might affect the outcome under investigation. Several control procedures were described in Chapter 9: teaching during the same or closely connected periods of time, using equally experienced teachers for both methods, matching students on ability and gender, having someone else administer the instrument(s), and so forth.

Ms. Gonzales might decide to use the causal-comparative method if some classes are already being taught by teachers using the drama approach.

**STUDYING THE EFFECTS OF TIME-OUT ON A STUDENT’S DISRUPTIVE BEHAVIOR BY MEANS OF A SINGLE-SUBJECT EXPERIMENT**

Ms. Wong, a third-grade teacher, finds her class continually interrupted by a student who can’t seem to keep quiet. Distressed, she asks herself what she can do to control this student and wonders if some kind of time-out activity might work. Accordingly, she asks:

- Would brief periods of removal from the class decrease the frequency of this student’s disruptive behavior?

What might Ms. Wong do to get an answer to her question?

This sort of question can best be answered by means of a single-subject A-B-A-B design (see Chapter 14). First, Ms. Wong needs to establish a baseline of the student’s disruptive behavior. Hence, she should observe the student carefully over a period of several days, charting the frequency of the disruptive behavior. Once she has recognized a stable pattern in the student’s behavior, she should introduce the treatment—in this instance, time-out, or placing the student outside the classroom for a brief period of time—for several days and observe the frequency of the student’s disruptive behavior after the treatment periods. She then should repeat the cycle. Ideally, the student’s disruptive behavior will decrease and Ms. Wong will no longer need to use a time-out period with this student.

The main problem for Ms. Wong is being able to observe and chart the student’s behavior during the time-out period and still teach the other students in her class. She may also have difficulty making sure the treatment (time-out) works as intended (e.g., that the student is not wandering the halls). Both of these problems would be greatly diminished if she had a teacher’s aide to assist with these concerns.

**DETERMINING WHAT STUDENTS LIKE ABOUT SCHOOL BY MEANS OF A SURVEY**

Mr. Abramson, a high school guidance counselor, is not interested in comparing instructional methods. He is interested in how students feel about school in general. Accordingly, he asks the following questions:

- What do students like about their classes? What do they dislike? Why?
- What types of subjects do they like the best or least?
- How do the feelings of students of different ages, sexes, and ethnicities in our school compare?

What might Mr. Abramson do to get some answers?

These sorts of questions can best be answered by a survey that measures student attitudes toward their classes (see Chapter 17). Mr. Abramson will need to prepare a questionnaire, taking time to ensure that the questions are directed toward the information he wants to obtain. Next, he should have some other members of the faculty look over the questions and identify any they feel will be misleading or ambiguous.

Such a survey presents two difficulties. First, Mr. Abramson must ensure that the questions are clear and not misleading. He can accomplish this, to an extent, by using objective or closed-ended questions, ensuring that they all pertain to the topic under investigation, and then further eliminating ambiguity by pilot-testing a draft of the questionnaire with a small group of students. Second, Mr. Abramson must be sure that a sufficient number of questionnaires are completed and returned so that he can make meaningful analyses. He can improve the rate of return by giving the questionnaire to students to complete when they are all in one place. Once he collects the completed questionnaires, he should tally the responses and see what he’s got.

The big advantage of questionnaire research is that it has the potential to provide a lot of information from quite a large sample of individuals. If more details about particular questions are desired, Mr. Abramson can also conduct personal interviews with students. As we have mentioned before, the advantage here is that Mr. Abramson can ask open-ended questions (those
giving the respondent maximum freedom of response) with more confidence and pursue particular questions of special interest or value in depth. He would also be able to ask follow-up questions and explain any items that students find unclear.

One problem here may be that some students may not understand the questions, or they may not return their questionnaire. Mr. Abramson has an advantage over many survey researchers in that he can probably ensure a high rate of return by administering his questionnaire directly to students in their classrooms. He must be careful to give directions that facilitate honest and serious answers and to ensure the anonymity of the respondents. Although it is difficult, he also should try to get data on both reliability (perhaps by giving the questionnaire to a subsample a second time after an appropriate time interval—say, two weeks) and validity (perhaps by selecting a subsample to interview immediately after they individually fill out the questionnaire). Checking reliability and validity requires sacrificing anonymity for those students in the subsample, since he must be able to identify individual questionnaires.

**CHECKING FOR BIAS IN ENGLISH ANTHOLOGIES BY MEANS OF A CONTENT ANALYSIS**

Ms. Hallowitz, an eighth-grade English teacher, is concerned about the accuracy of the images or concepts that are presented to her students in their literature anthologies. She asks the following questions.

- Is the content presented in the literature anthologies in our district biased in any way? If so, how?

What might Ms. Hallowitz do to get answers?

To investigate these questions, content analysis is called for (see Chapter 20). Ms. Hallowitz decides to look particularly at the images of heroes that are presented in the literature anthologies used in the district. First, she needs to select the sample of anthologies to be analyzed—that is, to determine which texts she will peruse. (She restricts herself to only the current texts available for use in the district.) She then needs to think about the specific categories she wants to look at. Let us assume she decides to analyze the physical, emotional, social, and mental characteristics of heroes that are presented. She could then break these categories down into smaller coding units such as those shown here.

<table>
<thead>
<tr>
<th>Physical</th>
<th>Emotional</th>
<th>Social</th>
<th>Mental</th>
</tr>
</thead>
<tbody>
<tr>
<td>Weight</td>
<td>Friendly</td>
<td>Ethnicity</td>
<td>Wise</td>
</tr>
<tr>
<td>Height</td>
<td>Aloof</td>
<td>Dress</td>
<td>Funny</td>
</tr>
<tr>
<td>Age</td>
<td>Hostile</td>
<td>Occupation</td>
<td>Intelligent</td>
</tr>
<tr>
<td>Body type</td>
<td>Uninvolved</td>
<td>Status</td>
<td>Superhuman</td>
</tr>
</tbody>
</table>

Ms. Hallowitz can prepare a coding sheet to tally the data in each of the categories that she identifies in each anthology she studies. She can also readily compare among categories to determine, for example, whether white men are portrayed as white-collar workers and nonwhite people are portrayed as blue-collar workers.

A major advantage of content analysis is that it is unobtrusive. Ms. Hallowitz can “observe” without being observed, since the contents being analyzed are not influenced by her presence. Information that she might find difficult or even impossible to obtain through direct observation or other means can be gained through a content analysis of the sort sketched above.

A second advantage is that content analysis is fairly easy for others to replicate. Lastly, the information obtained through content analysis can be very helpful in planning for further instruction. Data of the type sought by Ms. Hallowitz can suggest additional information that may help students to gain a more accurate and complete picture of the world they live in, the factors and forces that exist within it, and how these factors and forces impinge on people’s lives.

Ms. Hallowitz’s major problem lies in being able to specify clearly the categories that will suit her questions. If, for example, nonwhite males are less often portrayed as professionals, does this indicate bias in the materials, or does it reflect reality (or both)? She should try to identify all the anthologies being used in her district and then either analyze each one or select a random sample.

Ms. Hallowitz could, of course, survey teacher and/or student opinions about bias, but that would answer a different question.

**PREDICTING WHICH KINDS OF STUDENTS ARE LIKELY TO HAVE TROUBLE LEARNING ALGEBRA BY MEANS OF A CORRELATIONAL STUDY**

Let’s turn to mathematics for our next example. Mr. Thompson, an algebra teacher, is bothered by the
fact that some of his students have difficulty learning algebra while other students learn it with ease. As a result, he asks:

• How can I predict which sorts of individuals are likely to have trouble learning algebra?

What might Mr. Thompson do to investigate this question?

If Mr. Thompson could make fairly accurate predictions in this regard, he might be able to suggest some corrective measures that he or other teachers in his school could use to help students so that large numbers of “math haters” are not produced. In this instance, correlational analysis would be appropriate (see Chapter 15). Mr. Thompson could use a variety of measures to collect different sorts of data on his students: their performance on a number of “readiness” tasks related to algebra learning (e.g., calculating, story problems); other variables that might be related to success in algebra (anxiety about math, critical thinking ability); familiarity with specific concepts (“constant,” “variable,” “distributed”); and any other variables that might conceivably point out how those students who do better in algebra differ from those who do more poorly.

The information obtained from such research can help Mr. Thompson predict more accurately which students will have learning difficulties in algebra and should suggest some techniques to help students learn.

The main problem for Mr. Thompson is likely to be getting adequate measurements on the different variables he wishes to study. Some information should be available from school records; other variables will probably require special instrumentation. (He must remember that this information must apply to students before they take the algebra class, not during or after.)

Mr. Thompson must, of course, have an adequately reliable and valid way to measure proficiency in algebra. He must also try to avoid incomplete data (i.e., missing scores for some students on some measures).

COMPARING TWO WAYS OF TEACHING CHEMISTRY BY MEANS OF A CAUSAL-COMPARATIVE STUDY

Ms. Perea, a first-year chemistry teacher, is interested in discovering whether students in past classes achieved more in and felt better about chemistry when they were taught by a teacher who used “inquiry science” materials. Accordingly, she asks the following question:

• How has the achievement of those students who have been taught with inquiry science materials compared with that of students who have been taught with traditional materials?

What might Ms. Perea do to get some answers to her question?

If this question were to be investigated experimentally, two groups of students would have to be formed and then each group taught differently by the teachers involved (one teacher using a standard text, let’s say, and the other using the inquiry-oriented materials). The achievement and attitude of the two groups could then be compared by means of one or more assessment devices.
To test this question using a causal-comparative design (see Chapter 16), however, Ms. Perea must find a group of students who *already* have been exposed to the inquiry science materials and then compare their achievement with that of another group taught with the standard text. Do the two groups differ in their achievement and attitude toward chemistry? Suppose they do. Can Ms. Perea then conclude with confidence that the difference in materials produced the difference in achievement and/or attitude? Alas, no, for other variables may be the cause. To the extent that she can rule out such alternative explanations, she can have some confidence that the inquiry materials are at least one factor in causing the difference between groups.

Ms. Perea’s main problems are in getting a good measure of achievement and in controlling extraneous variables. The latter is likely to be difficult, since she needs to have access to prior classes in order to get the relevant information (such as student ability and teacher experience). She might locate classes that were as similar as possible with regard to extraneous variables that might affect results.

Unless she has a special reason for wanting to study previous classes, Ms. Perea might be advised to compare methods that are being used currently. She might be able to use a quasi-experimental approach (by assigning teachers to methods and controlling the way in which the methods are carried out; see Chapter 13). If not, her causal-comparative approach would permit easier control of extraneous variables if current classes were used.

**FINDING OUT HOW MUSIC TEACHERS TEACH BY MEANS OF AN ETHNOGRAPHIC STUDY**

Mr. Adams, the director of curriculum in an elementary school district, is interested in knowing more about how the district’s music teachers teach their subject. Accordingly, he asks:

- What do our music teachers do as they go about their daily routine—in what kinds of activities do they engage?
- What are the explicit and implicit rules of the game in music classes that seem to help or hinder the process of learning?

What can Mr. Adams do to get some answers?

To gain some insight into these questions, Mr. Adams could choose to carry out an ethnography (see Chapter 21). He could try to document or portray the activities that go on in a music teacher’s classes as the teacher goes about his or her daily routine. Ideally, Mr. Adams should focus on only one classroom (or a small number of them at most) and plan to observe the teacher and students in that classroom on a regular basis (perhaps once a week for one semester). He should attempt to describe, as fully and as richly as possible, what he sees going on.

The data to be collected might include interviews with the teacher and students, detailed prose descriptions of classroom routines, audiotapes of teacher-student conferences, videotapes of classroom discussions, examples of teacher lesson plans and student work, and flowcharts that illustrate the direction and frequency of certain types of comments (e.g., the kinds of questions that teacher and students ask of one another and the responses that different kinds of questions produce).

Ethnographic research can lend itself well to a detailed study of individuals as well as classrooms. Sometimes much can be learned from studying just one individual. For example, some students learn how to play a musical instrument very easily. In hopes of gaining insight into why this is the case, Mr. Adams might observe and interview one such student on a regular basis to see if there are any noticeable patterns or regularities in the student’s behavior. Teachers and counselors, as well as the student, might be interviewed in depth. Mr. Adams might also conduct a similar series of observations and interviews with a student who finds learning how to play an instrument very difficult, to see what differences can be identified. As in the study of a whole classroom, as much information as possible (study style, attitudes toward music, approach to the subject, behavior in class) would be collected. The hope here is that through the study of an individual, insights can be gained that will help the teacher with similar students in the future.

In short, then, Mr. Adams’s goal should be to “paint a portrait” of a music classroom (or an individual teacher or student in such a classroom) in as thorough and accurate a manner as possible so that others can also “see” that classroom and its participants, and what they do.*

One of the difficulties in conducting an ethnographic study is that relatively little advice can be given beforehand. The primary pitfall is allowing personal views to influence the information obtained and its interpretation. Mr. Adams could elect to use a more structured observation system and a structured interview. This would reduce the subjectivity of his data, but it might also detract from the richness of what he reports. We believe that an ethnographic study should be done only under the guidance of someone with prior training and experience in using this methodology.

An Example of Action Research

At this point, we want to present a real-life example of how even one of the most difficult types of research to do in schools (a quasi-experiment) can be carried out in the context of ongoing school activities and responsibilities. The following study was done by one of our students, Darlene DeMaria, in her special class for learning-disabled students in a public elementary school near San Francisco, California. Ms. DeMaria hypothesized that male learning-disabled students in elementary schools who receive a systematic program of relaxation exercises would show a greater reduction in off-task behaviors than students who do not receive such a program of exercise.

Using an adaptation of an existing instrument, Ms. DeMaria selected 25 items (behaviors) from a 60-item scale previously designed to assess attention deficit. The 25 items selected were those most directly related to off-task behavior. Each item was rated from 0 to 4 on the basis of prior observation of the student, with a rating of 0 indicating that the behavior had never been observed and a rating of 4 indicating that the behavior had been observed so frequently as to seriously interfere with learning.

Three weeks after school began, Ms. DeMaria and her aide independently filled out the rating scale for each of the 18 students. The scores provided the basis for assessing improvement and for matching two groups prior to intervention.

Because the students were assigned to the “resource room” (where Ms. DeMaria taught) approximately one hour a day in groups of two to four and their schedules had been set previously, random assignment was not possible. It was, however, possible to match students across groups on grade level and (roughly) on initial ratings of off-task behavior. The class included students in grades 1 through 6. Students selected to be in the experimental group received the relaxation program on a daily basis for four weeks (Phase I), after which both Ms. DeMaria and her aide again independently rated all 18 students. Comparison of the groups at this time provided the first test of the hypothesis. Next, the relaxation program was continued for the original experimental group and begun for the comparison group for another four weeks (Phase II), permitting additional comparison of groups and resolving the ethical question of excluding one group from a potentially beneficial experience. At the end of this time, all students were again rated independently by Ms. DeMaria and her aide. The experimental design is shown in Figure 24.5.

The results showed that after Phase I, the experimental group showed deterioration (more off-task behavior—contrary to the hypothesis), whereas the comparison group showed little change. At the end of Phase II, the scores for both groups remained about the same as at the end of Phase I. Further analysis of the various subgroups (each instructed during a different time period) showed little change in the groups that received only four weeks of training. Of the three subgroups that received eight weeks of training, two showed a substantial decrease in off-task behavior and one showed a marked increase. The explanation for the latter appears clear. One student who was placed in the resource-room program just prior to the onset of relaxation training had an increasingly disruptive effect on the other members of his subgroup, an influence that the training was not powerful enough to counteract.

This study demonstrates how research on important questions can be conducted in real-life situations in schools and can lead to useful, although tentative, implications for practice.

Like any study, this one has several limitations. The first is that agreement between Ms. DeMaria and her aide on the pretest was insufficient and required further discussion and reconciliation of differences, thus making the pretest scores somewhat suspect. Agreement, however, was satisfactory (an r above .80) for the posttests.
A second limitation is that the comparison groups could not be precisely matched on the pretest, since the control group had more students at both extremes. Although neither group initially showed more off-task behavior overall, this difference, as well as other uncontrolled differences in subject characteristics, could conceivably explain the different outcomes for the two groups. Further, the fact that the implementer (Ms. DeMaria) was one of the raters could certainly have influenced the ratings. That this did not happen is suggested by the fact that Ms. DeMaria’s Phase II scores for the original experimental group were in fact higher (contrary to her hypothesis) than in Phase I. Evidence of retest reliability of scores could not be obtained during the time available for the study. Evidence for validity rests on the agreement between independent judges. Generalization beyond this one group of students and one teacher (Ms. DeMaria) clearly is not justified. The analysis of subgroups, although enlightening, is after the fact, and hence the results are highly tentative.

Despite these limitations, the study does suggest that the relaxation program may have value for at least some students if it is carried out long enough. One or more other teachers should be encouraged to replicate the study. An additional benefit was that the study clarified, for the teacher, the dynamics of each of the subgroups in her class.

Classroom teachers and other professionals can (and should, we would argue) conduct studies like the one we have summarized. As mentioned earlier, there is much in education about which we know little. Many questions remain unanswered; much information is needed. Classroom teachers, counselors, and administrators can help to provide this information. We hope you will be one of those who do.

A Published Example of Action Research

To conclude this chapter, we present a published example of action research, followed by a critique of its strengths and weaknesses. As we did in our critiques of other types of research studies, we use concepts introduced in earlier parts of the book in our analysis.

RESEARCH REPORT


An Action Research Exploration Integrating Student Choice and Arts Activities in a Sixth Grade Social Studies Classroom

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Abstract

We report on an action research study undertaken to explore how integrating the Arts in social studies education can increase student participation and motivation, and impact student achievement through that increased motivation and participation. Initial lesson plans addressed multiple intelligences while integrating Arts activities and were...
adjusted based on the teacher's reflective notes and student feedback. Although not anticipated, we found that giving students' choice in what type of activities to complete had the greatest perceived impact on their motivation and participation. Many students' social studies grades increased in response to the integration of Arts activities and student choice.

Introduction

With national literacy and math standards becoming stricter and more time consuming, subjects such as social studies are being squeezed into smaller time allotments (e.g., Burstein, Hutton, & Curtis, 2006). Sixth grade students do not always see the importance of social studies because teachers are focusing primarily on math and literacy. Social studies content is important because it is many students' only link to the world outside of their community in every aspect from language and culture to landscape and climate. How does one plan to teach a unit about World War II if the students have no spatial concept of where Europe is? Diversity is becoming such a big issue in school curricula, yet helping students understand diversity through the study of other cultures, “Social Studies”, is overshadowed by a focus on subjects for which standardized testing is required.

We integrated the Arts into a sixth grade Social Studies classroom in hopes of boosting student participation and motivation, thereby impacting student achievement. Our guiding questions were, “Does integrating the Arts into a social studies classroom increase student participation and motivation?” and, “Does increased participation and motivation lead to greater academic achievement?” Along the way, as this action research exploration unfolded, we found that providing students' choice about what they did in the classroom had an important effect on their motivation and participation.

Arts integration in the classroom has been spreading through the United States for many years. For example, in a study of 2000 fourth through eighth grade public school children, Burton, Horowitz, and Abeles (2000) found, significant relationships between rich in-school Arts programs and creative, cognitive, and personal competencies needed for academic success. Oddleifson (1995) reported that high school students at an integrative Arts-based school in Montreal achieved at a rate 20–25 percent higher on average than their counterparts in other Montreal high schools, even though students enrolled in that school because they were at risk academically. Oddleifson also described an Arts-based school in South Carolina that rated second in academic achievement statewide, exceeded only by a school for the academically gifted. That school's test scores were 30 to 40 percent higher than county and state averages even though the school served a low SES community and a third of the students had learning disabilities.

“The research shows Arts integrated learning goes well beyond the basics and test scores. Students become better thinkers, develop higher order skills, and deepen their inclination to learn,” (Rabkin & Redmond, as cited in Cornett, 2003, p. 41). In an interview with EducationWorld.com, Redmond stated that “students invest emotionally in Arts integrated classrooms because the curriculum often connects the lessons to their own experiences, raising their emotional connection to what they learn and build a community of learners in classrooms where students used to learn alone.” (Delisio, 2005, p. 6). Students need to have the opportunity to be actively involved in what and how they learn. Social Studies for the Elementary and Middle School Grades: A Constructivist Approach emphasized using art and artifacts as well as role play and simulations to enhance history lessons (Haas & Sunal, 2005, pp. 154, 306). With Arts integration, students have the chance to play a more active role in their learning, which sets up the classroom to be a more positive learning experience.
In the 1990's, the Chicago Arts Partnership in Education (CAPE) program was put into place in low achieving schools that were below other schools in every aspect from academics and professional development to classroom environment and parent involvement (DeMoss, 2002). The students involved in CAPE improved greatly when Arts integration was introduced into subjects such as reading and math. Students also developed more independence in their work, and were actually learning content more deeply, not just memorizing facts. By the time students reached ninth grade, they were reading above grade level and scores on the ITBS and the Illinois State IGAP test rose significantly.

In a study involving teachers from 75 third, fourth, and fifth grade classrooms in Pennsylvania, Purnell and Gray (2004) found that 100% of the participants reported that integrating the Arts in other core subjects improved or greatly improved the teacher's ability to meet their students' multiple learning styles and 96% believed that Arts integration improved or greatly improved the teacher's ability to work with special needs or at risk students. Maintaining student motivation and engagement can be a challenge with sixth grade students. “Active engagement is a key to academic success. The participative nature of the Arts counters the passive habits that television and computers have developed in Americans” (Cornett, 2003, p. 9). Introducing the Arts into everyday classroom work may provide the extra push students need to gain or maintain a desire to learn.

The Action Research Context

This action research study was undertaken in a sixth grade classroom in a professional development school associated with the Benedum Five Year Teacher Education Program. This teacher education program immerses students in over 1000 hours of clinical practice within the Benedum Collaborative. Established in 1990, the Collaborative is one of the oldest and most successful school-university partnerships in the United States. With a strong commitment to the tenets of simultaneous renewal, it is a collaborative effort between 28 public schools, five school districts, and West Virginia University's College of Human Resources and Education and the Eberly College of Arts and Science. The first author of this article was an intern conducting her student teaching while completing this study collaboratively with her host teacher and the second author, who served as her university mentor.

The school where our teaching and action research took place served about 650 students, grades six through eight, with 40 full time faculty and staff. The student population was approximately 95% White, and about 22% of the students received a free or reduced lunch. The school was meeting all Academic Yearly Progress (AYP) regulations with standardized test scores. The school building was fairly new and provided each grade level a dedicated computer lab, which was used regularly in delivering instruction during this action research project. The first author taught four periods of social studies and implemented Arts integrative lessons and action research with all four classes. One period in the schedule served as an inclusion classroom, which contained seven special needs students. Each class was taught the same lesson, with appropriate modifications based on the special needs of each specific classroom.

Our main goal for this project was to get students more actively involved in their learning. We used a variety of methods that incorporated Multiple Intelligence theory (e.g., Gardner & Moran, 2006). For example, when learning about ancient civilization, the students worked with their visual intelligence to create maps, kinesthetic intelligence to act out a Mayan fable, verbal intelligence to tell stories, read and write using glyphs, and logical intelligence to solve problems that ancient...
peoples may have faced as they settled. The main focus was to get students involved using the Arts, but every concept was covered in ways informed by Multiple Intelligence theory.

Because the student teacher’s teaching style was different from that of her host teacher, it took the students about a week to get used to new expectations. Students were forced to think for themselves, encouraged to ask questions, and encouraged to participate fully in class discussions. The student teacher wanted to hear how they related what they were studying to themselves or prior experiences. Students quickly learned that once they got through background information on a new topic, they would get into truly engaging activities, which led to their being more focused and motivated to learn throughout.

A typical lesson consisted of students copying vocabulary terms into their notebooks, a classroom read of background information, and a follow-up Arts integrative activity corresponding to the new information. Because the student teacher was obligated to finish workbook pages as assigned by the host teacher, these were often assigned as homework. The student teacher felt that the activities and classroom discussions were more meaningful to the students than were completing workbook pages. Once students recognized the trade-off and found that they enjoyed the new teaching style, they stopped complaining about homework assignments.

Data Sources and Analysis

Various sources of data were used throughout this project. The student teacher spoke daily with students regarding how they felt about the lessons and what changes were going on in the classroom. She kept a reflective teaching journal to record these conversations, including daily notes on how each activity went and if any modifications should be made for future lessons. This journal also served to note student participation levels for each lesson and activity. An informal online Multiple Intelligence evaluation was given to students at the start of the study in order to understand students’ interests and current areas of strength. Results from the Multiple Intelligence evaluations were used as a guide to create diverse and engaging lesson plans. Students completed attitude surveys at the beginning and end of the Action Research project. These surveys gave us insight into how students felt about social studies before and after Arts integration was implemented. At the end of each lesson, students would complete a “Rate this Lesson” card using a 1–10 scale and including written feedback regarding their least and most favorite aspects of that lesson or activity. The students’ ratings and feedback were incorporated into subsequent lessons.

Students’ term grades were based on a wide variety of assessment types. Three big projects (where students had choice as to how to represent their learning) were graded using rubrics specific to the type of project turned in. Tests, quizzes, workbook pages, and graphic organizers allowed students to earn points, as did participation in classroom activities and discussion.

Data analysis was an ongoing process throughout the study. The student teacher reflected daily on lessons taught and data collected, using those reflections to plan subsequent lessons. Student input was highly valued as a guide to develop lessons that would be born engaging and meaningful to the students. Based on “Rate this Lesson” scores and students’ written comments, lessons that received the highest ratings were grouped to find common threads. If most students did not like a particular activity or assignment and participation was low on that day, that activity was removed from subsequent lesson plans.
Results and Discussion

Multiple Intelligence scores provided an outline of students’ interests and learning strengths. A majority of the students had strengths in bodily/kinesthetic or verbal/linguistic intelligence. Because of this, the student teacher used open discussion as much as possible in the classroom. She also gave the students many opportunities to handle materials and utilize their kinesthetic intelligence as they were given choice in how they would represent information they were studying. For example, during our study of the Mayan civilization, we read Mayan fables in class. Students were given a long term project to choose a fable, and represent it in one of about twelve different choices that were offered. Students were given a list of activities to choose from, or they could have their own ideas approved by the student teacher. Examples of choices included: (a) draw an illustration, (b) draw a comic strip, (c) write a fable and illustrate it in a book, (d) write a fable as a screenplay or script, (e) create a computer generated picture, (f) prepare a scene from a fable, (g) build a costume for a fable, (h) write a fable as a song or poem, (i) create a PowerPoint about a fable, and (j) create a diorama that depicts a scene from a fable. Whenever activities with student choice were assigned, at least one way of representing the material drawing on each of the Multiple Intelligences was included.

Many students represented the fables with artwork, a few were able to create a song or poem about the fable, and a few students planned, rehearsed, and acted out a scene from their fable. For another example, during our study of the Aztec civilization, another big project required students to create something that would tell about their beliefs, family, culture, architecture, or way of life. Some students created artwork, such as pottery, paintings, soap carvings, portraits, or dioramas; while others wrote songs, poems, or stories.

We kept track of how students rated the lessons, as well as which strategies or intelligences were used for each. Figure 1 shows how student lesson ratings varied across the 20 lessons given during this action research study. The darker columns signify lessons that integrated the use of the Arts, whereas the lighter columns represent lessons that followed more traditional social studies pedagogy. Notice that all of the lessons that integrated Arts were rated higher than any of the lessons that did not Lessons or activities that were more traditional (e.g., book work, worksheets, readings, or lectures) were rated lower; with an average at a 5.83 out of a possible 10 compared to 9.29 for those lessons that incorporated the Arts (e.g., pictures, music, or drama). The figure clearly shows that students rated the lessons that integrated the Arts higher than those that did not. (See Figure 1.)

Student participation was also noted in the student teacher’s reflective journal. She noticed from the start that student participation was very high on days where the Arts were integrated into the content. Student participation was recorded as “low”, “average”, or “high” and later assigned a number value of 1 for low, 2 for average, and 3 for high. Low participation was mentioned if students did not seem motivated or interested
in what was going on in class that day (e.g., not volunteering information, asking questions, or offering discussion). An average rating was given when students discussed and answered questions, but were not fully engaged in and excited about the activity for that day. Students were rated as having high participation on days that they were fully involved in the classroom activities. On these days, students were obviously motivated and interested in the content or activity. Students were willing to discuss and ask questions, as well as provide personal connections with the content. The results of student participation can be seen in the lower portion of Figure 2. Students were extremely participative on days that they were assigned the long term projects, as well as when the projects were shared in class. Other lessons that students received a high participation rating during included: lesson two, watching a video; lesson three, examining ancient art and artifacts from the Maya; lesson five, introducing Mayan glyphs and writing; lesson seven, introducing Mayan literature; and lesson eighteen, playing a review game.

The data showed that students were more participative in class and rated lessons higher when lessons included activities that they were not normally exposed to or that incorporated Multiple Intelligences. In addition to student participation, Figure 2 displays the relation between student lesson ratings and levels of participation. Notice how student participation mirrored their ratings of the lessons: most lessons with high ratings also had high participation and vice versa. The three big projects took place during lessons 8, 14, and 19; with projects being shared with the class during lessons 9, 15, and 20. The figure shows that the highest lesson ratings and highest participation scores were when students worked on and shared big projects where they had a choice in what was to be created. (See Figure 2.)

It seems reasonable that if students were enjoying what they were doing in the classroom more, they might learn more as well. Our results show that student grades were higher during implementation of this action research. While the overall student average before and after this study were 90.6% and 89.0%, respectively, that same figure during the study was 92.4%. It is important to point out that this achievement data was not collected in a controlled manner and many other factors should be taken into account (e.g., number and type of assignments, grading by a different instructor). The students had a great time during this project, and the student teacher enjoyed the experience as well. This study had results similar to what was found in Chicago’s CAPE schools in the 1990’s (DeMoss, 2002), however, because this study took place in a middle school and data was collected in only one subject, we are unsure whether integration had any impact on these students’ performance in other content areas.
Conclusion

Completing action research in this classroom proved to be a great experience for the student teacher. Through her research and teaching practice, she gained a variety of skills and knowledge that she could not have learned in a classroom lecture setting. She found that offering students choice and mobility in classroom activities was a great way to get students involved in the learning process. Why should students have to sit and listen all day? Why not give them the opportunities they deserve to be active participants in, their own learning? Students were much more involved in activities that were different from what they saw as “regular classroom activities.” Just because the students were having fun in their learning, did not mean that the activities were not meaningful. More often than not, students actually took more away from hands on activities that got them up out of their seats and where discussion was used as opposed to a lecture format. We feel that an extremely effective learning environment was provided for these students, and they clearly felt very comfortable discussing the lesson content with their peers and teacher. This study allowed the student teacher to try out many creative ideas designed to increase student engagement, ideas that she expects to use in her future classrooms.

We recommend integrating the Arts into every classroom no matter what the content or grade level. When done appropriately, Arts integrative activities are a great way to get students actively involved in their learning. However, the teacher must be able to effectively integrate the Arts into the content and still meet state and national standards and learning objectives. Also, the teacher must be flexible and willing to take risks. The most important aspect of our study was the relationship and communication between teacher and students. Students knew exactly what the student teacher would be doing and what she expected from them. If they did not like a lesson or activity, she expected them to tell her. If the students had any ideas or suggestions about classroom activities or assignments, they knew their teacher would listen and usually find a way to incorporate that input into their classroom activities.

References

Analysis of the Study

PURPOSE
The purpose was to “explore how integrating the Arts in social studies education can increase student participation and motivation, and impact student achievement.” Justification consists of a rationale combining research findings and author opinion, the distinction not always made clear. Identified as “action research” by the authors, the study had a broader purpose of getting students “more actively involved in their learning.” Reference to its placement in “a professional development school” and “a collaborative effort” implies the intention to improve practice within this setting. There appear to be no problems regarding risk, confidentiality, or deception.

DEFINITIONS
Terms are not explicitly defined. “Student participation” is operationally defined as ratings made by the student teacher based on observations during each of 20 lessons. The explanation of these is weakened by the ambiguous terms “fully engaged” and “obviously motivated.” Student achievement was operationally defined as term grades. “Choice” is clarified under “Results and Discussion” as selecting from topics previously covered and then selecting and producing a means of representation either on their own or from a list of suggested options. “Art activities” is not clarified except with the examples of “pictures, music or drama.”

HYPOTHESES
None is stated, but it is clearly implied that art-integrating activities will result in higher participation, motivation, and achievement—a directional hypothesis.

SAMPLE
The sample comprised four sixth-grade social studies classes taught by the same teacher. The number of students is not given. School and some student demographics are given.

INSTRUMENTATION
Participation was assessed by student teacher (lesson teacher) ratings after each of 20 lessons given to each of four classes. Additional information derived from observations and conversations with students was recorded in a reflective teaching journal and was used to modify subsequent lessons. There is no identified measure of motivation; we do not agree that “liking for a lesson” measures motivation (if that was the intent). Each student rated each of the lessons on a 10-point scale. It appears that the rating was on “liking” of the lesson. Achievement was assessed by term grades based on a “variety of assessment types.” A student survey of attitudes toward social studies is mentioned but not referred to thereafter.

No reliability or validity evidence is included. It seems that class participation could have been independently observed by the regular teacher, providing data on observer agreement. Judging the “content” validity of the participation measure is hindered by the lack of clarity of definitions.

PROCEDURES/INTERNAL VALIDITY
Procedures for data collection are well described. The study design compares the 14 “Arts” lessons with six “traditional” lessons, both types described in some detail. “Subject characteristics” is not a threat, because each student should have received both “Art” and “non-Art” lessons “loss of subjects” for particular lessons should not have introduced a bias. Location, instrumentation, history, maturation, and regression are well controlled by the design. Data collector bias is possible because the (only) data collector for “participation” clearly knew which type of lesson she was observing. An implementation threat is possible if the teacher behaved differently during the “Arts” lessons in ways not integral to the enrichment, such as being more enthusiastic or accessible.

DATA ANALYSIS/RESULTS
Data analysis used appropriate descriptive statistics. The results show quite clearly that students liked the “Arts” lessons better and that this was accompanied by higher levels of rated participation. This conclusion would be more persuasive if there had been more than six “traditional” lessons. The differences in student grades seems to us, in the absence of standard deviations, to be too small to be of importance. A number of other “results” are discussed, but without specific evidence.

Whether these results support the hypothesis depends on the validity of the measures. Although we wish for greater clarity, it appears that the participation ratings
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Go back to the INTERACTIVE AND APPLIED LEARNING feature at the beginning of the chapter for a listing of interactive and applied activities. Go to the Online Learning Center at www.mhhe.com/fraenkel8e to take quizzes, practice with key terms, and review chapter content.

THE NATURE OF ACTION RESEARCH

• Action research is conducted by a teacher, administrator, or other education professional to solve a problem at the local level.
• Each of the specific methods of research can be used in action research studies, although on a smaller scale.
• A given research question may often be investigated by any one of several methods.
• Some methods are more appropriate to a particular research question and/or setting than other methods.

ASSUMPTIONS UNDERLYING ACTION RESEARCH

• Several assumptions underlie action research studies. These are that the participants have the authority to make decisions, want to improve their practice, are committed to continual professional development, and will engage in systematic inquiry.

TYPES OF ACTION RESEARCH

• Practical action research addresses a specific local problem.
• Participatory action research, while also focused on addressing a specific local problem, attempts to empower participants or bring about social change.

LEVEL OF PARTICIPATION IN ACTION RESEARCH

• Participation can range from giving information to increasingly greater involvement in the various aspects of the study.

would measure participation. We are bothered by the statement (page 608) that students rated as having high participation were “obviously motivated,” which appears to mix both intended outcomes in the same rating. More information should have been provided to enable the reader to judge the validity of inferences from the daily log and conversations with students.

We do not think the data presented justify the emphasis given to student “choice.” It appears that all “Arts” lessons included choice, in which case it can’t be separated out. If some Art lessons did not involve choice, these could have been compared with those that did. If this emphasis is based on other information such as student comments, this information should have been included.

It is clear that the student teacher/researcher found the study rewarding in several ways. It seems likely that both she and the regular teacher (and perhaps other colleagues) will incorporate the findings and methods into their future teaching—a goal of action research. We think many of the conclusions, although agreeable to us, are not supported by the findings of this study. Recommendations for generalizing are not justified from this study alone.
STEPS IN ACTION RESEARCH

• Action research involves four steps: identifying the research question or problem, gathering the necessary data, analyzing and interpreting the data and sharing the results with the participants, and developing an action plan.

• In participatory research, every effort is made to involve all those who have a vested interest in the outcomes of the study—the stakeholders.

ADVANTAGES OF ACTION RESEARCH

• There are at least five advantages to action research. It can be done by just about anyone, in any type of school or other institution, to investigate just about any kind of problem or issue. It can help to improve educational practice. It can help education and other professionals to improve their craft. It can help them learn to identify problems systematically. Finally, it can build up a small community of research-oriented individuals at the local level.

• Action research has both similarities to and differences from formal quantitative and qualitative research.

SAMPLING IN ACTION RESEARCH

• Action researchers are most likely to choose a purposive sample.

THREATS TO THE INTERNAL VALIDITY OF ACTION RESEARCH

• Action research studies suffer especially from the possibility of data collector bias, implementation, and attitudinal threats. Most others can be controlled to a considerable degree.

EXTERNAL VALIDITY AND ACTION RESEARCH

• Action research studies are weak in external validity. Replication is, therefore, essential in these studies.

Key Terms

- action plan 590
- action research 589
- participant 592
- participatory action research 591
- practical action research 590
- stakeholder 591

For Discussion

1. Are there any kinds of questions that could not be investigated by means of an action research study? If you think so, give an example.

2. Do you think the assumptions that underlie action research are true? Explain your reasoning. Are any of them questionable?

3. Which of the four stages of action research would be the hardest to carry out? Why?

4. “The important thing in action research is not to rely on collecting merely anecdotal data.” Would you agree? Why would this be insufficient (if it would be)?

5. All of the participants—the stakeholders—in an action research study must be involved in the entire research process. Why not also require this in formal qualitative and quantitative studies?

6. What do you think is the major advantage of action research? the major disadvantage?
7. Which methodologies, other than the ones discussed, might be used in each of the hypothetical examples in this chapter?
8. What other methods might have been used in the DeMaria study? Which, if any, would you recommend? Why?

9. Ibid., p. 6.
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Part 9 discusses how to prepare a research proposal or report. We describe the major sections of such proposals and reports and then describe sections that are unique to reports. We conclude with an example of a student’s research proposal, followed by our analysis of it.
OBJECTIVES  Studying this chapter should enable you to:

- Describe briefly the main sections of a research proposal and a research report.
- Write a research proposal.
- Understand and critique a typical research report or proposal.
Research proposals and research reports are similar in many respects, the main difference being that a research proposal is generated before a study begins, whereas a research report is prepared after a study has been completed. In this chapter, we shall describe and illustrate what is expected and usually included in each section of these documents. We shall also discuss what is appropriate to include in the two sections that are unique to research reports—those involving the results of the study and the subsequent discussion of those results. We will highlight what we have found to be the most common mistakes made by beginning researchers in preparing research proposals. Finally, we will present an example of a research proposal prepared by one of our students and comment on its strengths and weaknesses.

The Research Proposal

A research proposal is nothing more than a written plan for conducting a research study. It is a generally accepted and commonly required prerequisite for carrying out a research investigation. It communicates a researcher’s intentions, makes clear the purpose of the intended study and its justification, and provides a step-by-step plan for conducting the study. The research proposal identifies problems, states questions or hypotheses, identifies variables, and defines terms. The subjects to be included in the sample, the instrument(s) to be used, the research design chosen, the procedures to be followed, how the data will be analyzed—all are spelled out in some detail, and at least a partial review of previous related research is included.

A research proposal, then, is a written plan of a study. It spells out in detail what the researcher intends to do. It permits others to learn about the intended research and to offer suggestions for improving the study. It helps the researcher clarify what needs to be done and helps him or her avoid unintentional pitfalls or unknown problems. Such a written plan is highly desirable, since it allows interested others to evaluate the worth of a proposed study and to make suggestions for improvement.

Let us begin, then, by describing and illustrating the major components that make up the research proposal.
should be a concise statement, providing a framework to which details are added later. Generally speaking, any study should seek to clarify some aspect of the field of interest that is considered important, thereby contributing both to overall knowledge and to current practice. Here are some examples of statements of purpose in research reports taken from the literature.

- “The purpose of this study was to identify and describe the bedtime routines and self-reported nocturnal sleep patterns of women over age 65 and to determine the differences and relationships between these routines and patterns according to whether or not the subject was institutionalized.”
- “The purpose of this study was to explore how young adolescents portray the ideal person in drawing and in response to a survey.”
- “This study attempts to identify some of the processes mediating self-fulfilling prophecies in the classroom.”

The researcher should articulate any assumptions that are basic to the study. For example:

- It is assumed that, if found effective, the methods studied could be adopted by many teachers without special training.
- It is assumed that the descriptive information on family interaction that is provided by this study, if disseminated, will have an influence on family functioning.
- It is assumed that predictive information from this study would be used by counselors in advising students.

**Justification for the Study.** In the justification, researchers must make clear why this particular subject is important to investigate. They must present an argument for the “worth” of the study, so to speak. For example, if a researcher intends to study a particular method for modifying student attitudes toward government, he or she must make the case that such a study is important—that people are, or should be, concerned about it. The researcher must also make clear why he or she chooses to investigate the particular method. In many such proposals, there is the implication that current methods are not good enough; this should be made explicit, however.

A good justification should also include any specific implications that follow if relationships are identified. In an intervention study, for example, if the method being studied appears to be successful, changes in pre-service or in-service training for teachers may be necessary; money may need to be spent in different ways; materials and other resources may need to be used differently, and so on. In survey studies, strong opinions on certain issues (such as peer opinions about drug use) may have implications for teachers, counselors, parents, and others. Relationships found in correlational or causal-comparative studies may justify predictive uses. Also, results of correlational or ethnographic studies may suggest possibilities for subsequent experimental studies. These should be discussed.

Here is an example of a justification. It is taken from a report of a study investigating the relationship between narrative and historical understanding in a literature-based sixth-grade history program.

Recent research on the development of historical understanding has focused on secondary students. For several decades research has rested on the premise that historical understanding is demonstrated in the ability to analyze and interpret passages of history—or at least passages containing historical names, dates, and events. The results have indicated that if historical understanding develops at all, it does not appear until late adolescence (Hallam, 1970, 1979; Peel, 1967). From the perspective of those who work with younger children, however, this approach reflects an incomplete view of historical understanding.

The inference often drawn from the research is that young children cannot understand history; therefore history should not be part of their curriculum. Certainly, surveys have shown that young children do not indicate much interest in history as a school subject. Yet teachers and parents know that children evince interest in the old days, in historical events or characters, and in descriptions of everyday life in historic times, such as Laura Ingalls Wilder’s *Little House* books (e.g., 1953). Children respond to history long before they are capable of handling current tests of historical understanding. The research, however, has not taken historical response into account in the development of mature understanding.

The research on children’s response to literature provides some guidelines for examining historical response. Research by Applebee (1978), Favat (1977), and Schlager (1975) suggests that aspects of response are developmental. Other scholars (Britton, 1978; Egan, 1983; Rosenblatt, 1938) extend that suggestion to historical understanding, arguing that early, personal responses to history—especially history embedded in narrative—are precursors to more mature and objective historical understanding.

Little has been done to study the form of such early historical response. Kennedy’s (1983) study examined the relationship between information-processing capacity and historical understanding, but concentrated on adolescents.
Reviews of research on historical understanding also fail to uncover studies of early response. There is nothing describing how children respond to historical material in a regular classroom setting. How do children respond on their own, or in contact with peers? What forms of history elicit the strongest responses? How do children express interest in historical material? Does the classroom context influence responses? What teacher behaviors inhibit or encourage response?

These are important questions for the elementary teacher faced with a social studies curriculum that continues to emphasize history, as well as for the theorist interested in the development of historical understanding. Yet these questions cannot easily be answered by traditional empirical models. Research needs to be extended to include focus on the range of evidence available through naturalistic inquiry.

Classroom observation suggests that narrative is a potent spur to historical interest. Teachers note the interest exhibited by students in such historical stories as The Diary of Anne Frank (Frank, 1952) and Little House on the Prairie (Wilder, 1953) and in the oral tradition of family history (Huck, 1981). Research in discourse analysis and schema theory suggests that narrative may help children make sense of history. White and Gagne (1976), for instance, found that connected discourse leads to better memory for meaning. Such discourse provides a framework that improves recall and helps children recognize important features in a text (Kintsch, Kozminsky, Streby, McKoon, & Keenan, 1975). DeVilliers (1974) and Levin (1970) found that readers processed words in connected discourse more deeply than when the same words appeared in sentences or lists. Cullinan, Harwood, and Galda (1983) suggest that readers may be better able to remember things in narratives where the “connected discourse allows the reader to organize and interrelate elements in the text” (p. 31).

One way to help children understand history, then, may be to use the connected discourse of literature. Such an approach also allows the researcher to focus on response as the ongoing construction of meaning as children encounter history in literature. The following study investigated children’s responses to a literature-based approach to history.

Key Questions to Ask Yourself at This Point:

1. Have I identified the specific research problem I wish to investigate?
2. Have I indicated what I intend to do about this problem?
3. Have I put forth an argument as to why this problem is worthy of investigation?
4. Have I made my assumptions explicit?

Research Questions or Hypothesis. The particular question to be investigated should be stated next. This is usually, but not always, a more specific form of the problem in question form. As you will recall, we, along with many other researchers, favor hypotheses for reasons of clarity and as a research strategy. If a researcher has a hypothesis in mind, it should be stated as clearly and as concisely as possible. It is unnecessarily frustrating for a reader to have to infer what a researcher’s hypothesis or hypotheses might be. (See Chapter 2 for several examples of typical research questions and hypotheses in education.) Similarly, qualitative research proposals often include a statement positing one or several propositions (tentative or mini-hypotheses) that are used to help guide data collection and sometimes also analysis.

Key Questions to Ask Yourself at This Point:

5. Have I asked the specific research question I wish to pursue?
6. Do I have a hypothesis in mind? If so, have I expressed it?
7. Do I intend to investigate a relationship? If so, have I indicated the variables I think may be related?

Definitions. All key terms should be defined. In a hypothesis-testing study, these are primarily the terms that describe the variables of the study. The researcher’s task is to make his or her definitions as clear as possible. If previous definitions found in the literature are clear to all concerned, well and good. Often, however, they need to be modified to fit the present study. It is often helpful to formulate operational definitions as a way of clarifying terms or phrases. While it is probably impossible to eliminate all ambiguity from definitions, the clearer the terms are—to both the researcher and others—the fewer difficulties will be encountered in subsequent planning and conducting of the study.

Here are some examples of definitions taken from the literature. The first three are taken from a study investigating the relationship between peer experiences and social self-perceptions among Canadian students from a variety of socioeconomic backgrounds in 10 elementary schools:

• Social preference was assessed by asking each child to name three other children they would like most and like least for playing together, inviting to a birthday party, and sitting next to each other on a bus.
8. Have I defined all key terms clearly (and, if possible, operationally)?

**Key Question to Ask Yourself at This Point:**

8. Have I defined all key terms clearly (and, if possible, operationally)?

**BACKGROUND AND REVIEW OF RELATED LITERATURE**

In a research report, the literature review may be a lengthy section, especially in a master’s thesis or a doctoral dissertation. In a research proposal, it is a partial summary of previous work related to the hypothesis or focus of the study. The researcher is trying to show here that he or she is familiar with the major trends in previous research and opinion on the topic and understands their relevance to the study being planned. This review may include theoretical conceptions, directly related studies, and studies that provide additional perspectives on the research question. In our experience, the major weakness of many literature reviews is that they cite references (often many references) without indicating their relevance or implications for the planned study. (See Chapter 3 for details on literature reviews.) A portion of a literature review follows. It is taken from a study investigating the relationship between kindergarten teachers’ theoretical orientation toward reading and student outcomes of children with different initial reading abilities.

The whole language approach to teaching reading has captured the attention of many teachers and teacher educators over the past 20 years. It . . . asserts that children learn language most effectively at their own developmental pace through social interaction in language-rich environments and through exposure to quality literature. This approach is often contrasted with a phonics-oriented strategy in which children receive formal instruction emphasizing sound-symbol correspondence. . . . Stahl and Miller (1989) and Stahl, McKenzie, and Pagnucco (1994) conducted meta-analyses of studies conducted in kindergarten and first-grade classrooms comparing the relative impact of whole language and traditional approaches to reading instruction. Both meta-analyses yielded the general conclusion that the overall impact of the two approaches was “essentially similar” (Stahl et al., 1994, p. 175), a position disputed by Schickedanz (1990) and McGee and Lomaz (1990).

In reviewing the whole language/phonics debate, and the inability of researchers to reach similar conclusions after reviewing the same studies, several problematic areas emerge. First, the meaning of the term whole language and a set of distinctive classroom practices representing its operationalization are difficult to specify (Stahl & Miller, 1989). This is exacerbated by the fact that some proponents conceive of whole language as a philosophy rather than an explicitly defined instructional methodology (Edelsky, 1990; Goodman, 1986; McKenzie, Robinson, & Miller, 1990; Newman, 1985; Rich, 1985). Second, many—if not most—teachers are eclectic in their approach to reading instruction, and pure contrasts between whole-language and phonics-oriented instruction are generally difficult to find in naturally occurring, unmanipulated classroom environments (Slaughter, 1988). Third, with the exception of Fisher and Hiebert (1990), relatively little research has documented differences in the instructional behavior and practices of teachers subscribing to whole language versus traditional approaches to early reading instruction (Feng & Etheridge, 1993; Lehman, Allen, & Freeman, 1990; Stahl et al., 1994). Finally, “relatively few studies” (Stahl et al., 1994, p. 175) comparing whole language and traditional reading instruction have used standardized achievement measures or included large numbers of students (e.g., Watson, Crenshaw, & King, 1984). . . .
A number of researchers have examined the impact of whole language approaches to reading development for students considered educationally at risk. Stahl and Miller (1989) concluded that “whole language/language experience approaches . . . produce weaker effects with populations labeled specifically as disadvantaged” (p. 87). This conclusion is supported by the research of Gersten, Darch, and Gleason (1988), who reported positive effects for at-risk (economically disadvantaged) children of a direct instruction kindergarten classroom, based largely on traditional, phonics-oriented principles. However, a number of recent studies (Milligan & Berg, 1992; Otto, 1993; Pinnell, Lyons, DeFord, Bryk, & Seltzer, 1994; Sulzby, Branz, & Buhle, 1993) present evidence consistent with Kasten and Clarke’s (1989) argument that whole language-based reading instruction should be especially beneficial for disadvantaged children. . . .

Otto (1993) and Sulzby et al. (1993) presented evidence suggesting that storybook reading, generally associated with developmentally sensitive, whole language approaches to reading instruction, was helpful in increasing the emergent reading ability of inner-city kindergartners (Otto, 1993; Sulzby et al., 1993) and first graders (Sulzby et al., 1993). However, neither of these studies used control groups, either of children not seen as at-risk or of children receiving more traditional instruction in the same schools. Purcell-Gates, McIntyre, and Freppon (1995) reported that children in well-implemented whole language classes showed significantly greater growth in their knowledge of written language and more extensive breadth of knowledge of written linguistic features than their peers in skills-based kindergarten classes. Putnam (1990) found that inner-city kindergarten students in a “Literate Environment” classroom gained more in vocabulary and syntactic complexity than students in “Traditional” or “IBM Write to Read” classrooms.

Finally, research by Pinnell et al. (1994) found that “Reading Recovery,” a tutoring program for educationally disadvantaged children, was more effective in improving the reading efficacy of high-risk first graders than a similar program (called “Reading Success”) provided by teachers who were more traditional (phonics- or skills-oriented) compared to the “Reading Recovery” teachers. However, given that the “Reading Recovery” and the “Reading Success” teachers also differed in a number of other ways (previous experience and training, training time schedule, training activities), it is impossible to tease out the effects of the teachers’ theoretical orientations toward reading.8

Key Questions to Ask Yourself at This Point:

9. Have I surveyed and described relevant studies related to the problem?
10. Have I surveyed existing expert opinion on the problem?
11. Have I summarized the existing state of opinion and research on the problem?

PROCEDURES

The procedures section includes discussions of: (1) the research design, (2) the sample, (3) instrumentation, (4) the procedural details, (5) internal validity, and (6) data analysis.

Research Design. In experimental or correlational studies, the research design can be described using the symbols presented in Chapters 13 or 15. In causal-comparative studies, the research design should be described using the symbols presented in Chapter 16. The particular research design to be used in the study and its application to the study should be identified. In most studies, the basic design is fairly clear-cut and fits one of the models we presented in Chapters 13 to 17 and in Chapters 20 to 22.

Sample. In a proposal, a researcher should indicate in considerable detail how he or she will obtain the subjects—the sample—for the study. If generalization is intended, a random sample should be used. If a convenience sample must be used, relevant demographics (gender, ethnicity, occupation, IQ, and so on) of the sample should be described. Lastly, the legitimate population to which the results of the study may be generalized should be indicated. (See Chapter 6 for details on sampling.)

Here is an example of a description of a convenience sample. It was taken from the report of a study designed to investigate the effects of behavior modification on the classroom behavior of first- and third-graders.

Thirty grade 1 (mean age = 7 years, 1 month) and 25 grade 3 children (mean age = 9 years, 3 months) were identified by their classroom teachers as exhibiting inappropriate classroom behavior, receiving no special services, and having intelligence quotients between 85 and 115. These children represented 23% of the grade 1 children in a large elementary school in the southeastern United States and 21% of the grade 3 children in the same school. All participants were from regular classrooms;
none were receiving special educational services. Fifteen grade 1 subjects were assigned randomly to the experimental treatment and 15 to the control condition; 25 grade 3 subjects were assigned randomly to each of the two conditions, with the experimental treatment receiving 13 and control, 12. The experimental group included 22 boys, 6 girls; 11 black children, 17 white children; 14 of low socioeconomic status, 14 of middle to high socioeconomic status. The control group was composed of 15 boys, 12 girls; 15 black children, 12 white children; 7 of low socioeconomic status, 20 of middle to high socioeconomic status. No attrition occurred during this study. 9

**Key Questions to Ask Yourself at This Point:**

12. Have I described my sampling plan?
13. Have I described the relevant characteristics of my sample in detail?
14. Have I identified the population to which the results of the study may legitimately be generalized?

**Instrumentation.** Whenever possible, existing instruments should be used in a study, since construction of even the most straightforward test or questionnaire is often a very time-consuming and difficult task. The use of an existing instrument, however, is not justified unless sufficiently reliable and valid results can be obtained for the researcher’s purpose. Too many studies are done with instruments that are merely convenient or well known. Usage is a poor criterion of quality, as shown by the continuing popularity of some widely used achievement tests despite years of scathing professional criticism. (See Chapter 7 for examples of the many types of instruments that educational researchers can use.)

In the event that appropriate ready-made instruments are not available, the procedures followed in developing the instruments should be described with attention to how validity and reliability will (presumably) be enhanced. At least some sample items from the instruments should be included in the proposal.

Even with instruments for which reliability and validity of scores are supported by impressive evidence, there is no guarantee that these instruments will function in the same way in the study itself. Differences in subjects and conditions may make previous estimates of validity and reliability inapplicable to the current context. Further, validity always depends on the intent and interpretation of the researcher. For all these reasons, the reliability and validity of the scores obtained from all instruments should be checked as a part of every study, preferably before the study begins.

It is almost always feasible to check internal consistency reliability since no additional data are required. Checking reliability of scores over time (stability) is more difficult, since an additional administration of the instrument is required. Even when feasible, repetition of exactly the same instrument may be questionable, since individuals may alter their responses as a result of taking the instrument the first time. 9 Asking respondents to reply to a questionnaire or an interview a second time is often difficult, since it seems rather foolish to them. Nonetheless, ingenuity and the effort required to develop a parallel form of the instrument(s) can often overcome these obstacles. 1

The most straightforward way to check validity is to use a second instrument to measure the same variable. Often, this is not as difficult as it may seem, given the variety of instruments that are available (see Chapter 7). Frequently, the judgment of knowledgeable persons (teachers, counselors, parents, and friends, for instance), expressed as ratings or as a ranking of the members of a group, can serve as the second instrument. Sometimes a useful means of validating the responses to attitude, opinion, or personality (such as self-esteem) scales filled out by subjects is to have a person who knows each subject well fill out the same scale (as it applies to the subject) and then check to see how well the ratings correspond. A final point is that reliability and validity data need not be obtained for the entire sample, although this is preferable. It is better to obtain such data for only a portion of the sample (or even for a separate, although comparable, sample) than to obtain no data at all. (For a more detailed discussion of reliability and validity, see Chapter 8.)

In some studies, especially historical and qualitative ones, there may be no formal instrument like a test or a rating scale involved. In such studies, the researcher is often the “instrument” for obtaining data. Even so, ways of maximizing and checking on validity and reliability should be set forth in the proposal and described later in the report.

Here are some examples of instruments taken from the literature:

- **Social class:** “Socioeconomic status (SES) was determined on the basis of parental occupation of father or mother, whomever was higher. Occupations were

*For example, they may look up the answers.
†A compromise is to divide the existing instrument into two halves (as in the split-half procedure) and administer each half with a time interval between administrations.
indexed according to the Warner Revised Occupational Rating Scale. The Warner Scale consists of seven occupational categories with assigned values ranging from 1 to 7, based on the skill requirements and social prestige of the job.” Higher scores indicated higher social class standing.

- **Self-esteem:** “We used the Coopersmith Self-Esteem Inventory . . ., a 50-item scale, to measure global self-esteem. Adequate assessments of construct, concurrent, and predictive validity are reported in the manual. Higher scores indicate higher self-esteem.”

- **Psychological distress:** “The Symptom Checklist-90-Revised . . ., a 90-item self-report inventory, was used to assess psychological symptoms.”

**Key Questions to Ask Yourself at This Point:**

15. Have I described the instruments to be used?
16. Have I indicated their relevance to the present study?
17. Have I stated how I will check the reliability of scores obtained from all instruments?
18. Have I stated how I will check the validity of scores obtained from all instrument(s)?

**Procedural Details.** Next, the procedures to be followed in the study—what will be done, as well as when, where, and how—should be described in detail. In intervention studies in particular, additional details are usually needed on the nature of the intervention and on the means of introducing the method or treatment. Keep in mind that the goal here is to make it possible to replicate the study; another researcher should, on the basis of the information provided in this section, be able to repeat the study in exactly the same way as the original researcher. Certain procedures may change as the study is carried out, it is true, but a proposal should nonetheless have this level of clarity as its goal.

The researcher should also make clear how the information collected will be used to answer the original question or to test the original hypothesis.

Here are some examples of procedural details taken from the literature:

- (From a study investigating why students of color are not entering teaching): “Over a two-year period, I conducted face-to-face, semi-structured interviews with 140 teachers of color in Cincinnati, Ohio; Seattle, Washington; and Long Beach, California. Semi-structured, face-to-face interviewing was selected as the most appropriate research strategy because of the intense and critical nature of the topic under scrutiny and the informants involved.”

- (From a descriptive study of eleventh-grade U.S. History classes): “Four 11th-grade United States History classes, located in a large urban high school (grades 9–12) on the west coast of the United States, were observed unobtrusively at least three times a week for six weeks during January and February of 1993. In addition, each of the teachers of those classes were interviewed at length.”

**Key Question to Ask Yourself at This Point:**

19. Have I fully described the procedures to be followed in the study—what will be done, where, when, and how?

**Internal Validity.** At this point, the essential planning for a study should be nearly completed. It is now necessary for the researcher to examine the proposed methodology for the presence of any feasible alternative explanations for the results should the study’s hypothesis be supported (or should nonhypothesized relationships be identified). We suggest that each of the threats to internal validity discussed in Chapter 9 be reviewed to see if any might apply to the proposed study. Should any troublesome areas be found, they should be mentioned and their likelihood discussed. The researcher should describe what he or she would do to eliminate or minimize them. Such an analysis often results in substantial changes in or additions to the methodology of the study; if this occurs, realize that it is better to become aware of the need for such changes at this stage than after the study is completed.

**Key Questions to Ask Yourself at This Point:**

20. Have I discussed any feasible alternative explanations that might exist for the results of the study?
21. Have I discussed how I will deal with these alternative explanations?

**Data Analysis.** The researcher then should indicate how the data to be collected will be organized (see Chapter 7) and analyzed (see Chapters 10, 11, and 12).

**Key Questions to Ask Yourself at This Point:**

22. Have I described how I will organize the data I will collect?
23. Have I described how I will analyze the data, including statistical procedures that will be used and why these procedures are appropriate?
BUDGET

Research proposals are often submitted to government or private funding institutions in hopes of obtaining financial support. Such institutions almost always require submission of a tentative budget along with the proposal. Needless to say, the amount of money involved in a research proposal can have a considerable impact on whether or not it is funded. Thus, great care should be given to preparing the budget. Budgets usually include such items as salaries, materials, equipment costs, administrative and other assistance, expenses (such as travel and postage), and overhead.

GENERAL COMMENTS

One other comment may not seem necessary, but in our experience it is. Remember that all sections of a proposal must be consistent. It is not uncommon to read a proposal in which each section by itself is quite acceptable but some sections contradict others. The terms used in a study, for example, must be used throughout as originally defined. Any hypotheses must be consistent with the research question. Instrumentation must be consistent with or appropriate for the research question, the hypotheses, and the procedures for data collection. The method of obtaining the sample must be appropriate for the instruments that will be used and for the means of dealing with alternative explanations for the results, and so forth.

Sections Unique to Research Reports

Once researchers have conducted and completed their study, they must write a report of their procedures and findings. The unique features of a report describe what was done in the study, how it was done, what results were obtained, and what they mean. Although the details of a quantitative study may differ somewhat from those of a qualitative study, the emphasis in both should be on an accurate description so that the reader is quite clear about what happened. The old standbys—what, why, where, when, and how—are, as always, good guides to follow.

SOME GENERAL RULES TO CONSIDER

A research report should be written as clearly and concisely as possible. If at all possible, jargon is to be avoided. Research reports are always written in the past tense. As might be expected, spelling, punctuation, and grammar must be correct. (The spelling and grammar checks on a computer are a big help here!)

A style manual should be consulted before beginning the report. A good source, recommended by most journal editors and used by many researchers when preparing their research reports, is the Publication Manual of the American Psychological Association (APA), 6th ed. (2010). Although various manuals emphasize different rules, all have certain ones in common. The use of abbreviations and contractions, for example, is usually discouraged, the only exceptions being those that are commonly used and understood (such as IQ) or those that are repeated frequently in the report. Authors of references cited in the report are usually referred to by last name only (first name and middle initials are given only in the bibliography; Table 25.1). Honorifics (e.g., Dr., Professor, etc.) are not given.

Once a report is completed, it is a good idea to have someone who is knowledgeable about the topic review the report for clarity and errors. Reading the report aloud

Questions to Ask When Evaluating a Research Report

- Is the literature review sufficiently comprehensive? Does it include studies that might be relevant to the problem under investigation?
- Was each of the variables in the study clearly defined?
- Was the sample representative of an identifiable population? If not, were limitations discussed?
- Was the methodology the researchers used appropriate and understandable so that other researchers could replicate the study if they wished?
- Was each of the instruments sufficiently valid and reliable for its intended purpose?
- Were the statistical techniques, if used, appropriate and correct?
- Did the report include a thick description that revealed how individuals responded (if appropriate)?
- Was the researchers’ conclusions supported by the data?
- Did the researchers draw reasonable implications for theory and/or practice from their findings?
also can help check for mistakes in grammar as well as identify unclearly written passages. These days, the use of a computer can help a great deal, as it provides the ability to rearrange words and sentences easily, check spelling and grammar, and number pages automatically.

**FORMAT**

The format of a report is the way it is organized. Research reports generally follow a format that reflects the steps involved in the study itself; they also have many of the same components included in research proposals. Figure 25.1 illustrates the organization of a typical research report. Let us address those components we have not yet discussed.

**Abstract.** The abstract is a brief summary of the entire research report. It is usually no longer than a paragraph or two and is typed on a separate page with the word Abstract centered at the top of the page. Usually, an abstract contains a brief statement of the research problem, the hypothesis, a description of the sample, followed by a brief summary of the procedures, including a description of the instrument(s) used, how the data were collected, the results of the study, and the researcher’s conclusions.

**Results/Findings.** As discussed previously, the results of a study can be presented only in a research report; ordinarily there are no results in a proposal (unless results of some exploratory research or a pilot study are included as part of the background of the proposal). A report of the results, sometimes called the findings, is included near the end of the report. The findings of the study constitute the results of the researcher’s analysis of his or her data—that is, what the collected data reveal. In comparison-group studies, the means and standard deviation for each group on the posttest measure(s) usually are reported. In correlational studies, correlation coefficients and scatterplots are reported. In survey studies, percentages of responses to the questions asked, crossbreak tables, contingency coefficients, and so forth, are given.

The results section should describe any statistical techniques that were applied to the data and the results that were obtained. Each result should be discussed in relation to the topic studied. The results of any statistical tests of significance should be reported. Qualitative data analysis should present clear descriptions (and sometimes quotations) to support and/or illustrate results obtained through observations and/or interviews. Tables and figures should present clear summaries of the data analysis.

It is particularly important in the results section of a research report that the data collection procedures be
clearly described, including what kinds of analyses were done. Here are two examples taken from the literature.

- (From a study investigating the effects of cooperative learning among Hispanic students in elementary social studies): “Means and standard deviations of raw scores for the social studies achievement pretests and posttests, as well as the adjusted means for the social studies achievement posttest, are reported. Results of the ANCOVA revealed a statistically significant main effect for treatment, $F(1,93) = 25.72, p < .001$, favoring cooperative learning over traditional instruction; however, no statistically significant effects were found for gender or for an interaction between
### Discussion

The discussion section of a report presents the author’s interpretation of what the results imply for theory and/or practice. This includes, in hypothesis-testing studies, an assessment of the extent to which the hypothesis was supported.

In the discussion section, researchers place their results in a broader context. Here they recapitulate any difficulties that were encountered, make note of the limitations of the study, and suggest further, related studies that might be done.

To the extent possible, we believe the results and discussion sections of a study should be kept distinct from each other. A discussion section will typically go considerably beyond the data in attempting to place the findings in a broader perspective. It is important that the reader not be misled into thinking that the investigator has obtained evidence for something that is only speculation. To put it differently, there should be no room for disagreement regarding the statements in the results section of the report. The statements should follow clearly and directly from the data that were obtained. There may be much argumentation and disagreement about the broader interpretation of these results, however.

Let us consider the results of a study on teacher personality and classroom behavior. As hypothesized in that study, correlations of .40 to .50 were found between a test of control need on the part of the teacher and (1) the extent of controlling behavior in the classroom as observed and (2) ratings by interviewers as “less comfortable with self” and “having more rigid attitudes of right and wrong.” These were the results of the study and should clearly be identified as such in a report. In the discussion section, however, these findings might be placed in a variety of controversial perspectives. Thus, one investigator might propose that the study provides support for selection of prospective teachers, arguing that anyone scoring high in control need should be excluded from a training program on the grounds that this characteristic and the classroom behavior it appears to predict are undesirable in teachers. In contrast, another investigator might interpret the results to support the desirability of attracting people with higher control need into teaching. This investigator might argue that, at least in inner-city schools, teachers scoring higher in control need are likely to have more orderly classrooms.

Clearly, both of these interpretations go far beyond the results of the particular study. There is no reason the investigator should not make such an interpretation, provided that it is clearly identified as such and does not give the impression that the results of the study provide direct evidence in support of the interpretation. Many times a researcher will sharply differentiate between results and interpretation by placing them in different sections of a report and labeling them accordingly. At other times a researcher may intermix the two, making it difficult for the reader to distinguish the results of the study from the researcher’s interpretations. (For examples of discussions, see any of the published research reports presented in Chapters 13 through 17 and 19 through 24.)

### Suggestions for Further Research

Normally, this is the final section of a report. Based on the findings of the present study, the researcher suggests some related and follow-up studies that might be conducted in the future to advance knowledge in the field.

### References

Finally, the references (bibliography) should list all sources that were used in the writing of the report. Every (yes, every!) source cited in the report must be included in the references, and every (yes, every!) report cited there must appear in the body of the report. The reference section should begin on a new page. Usually a hanging-indent format is used, with all sources listed alphabetically by authors’ last names.

### Footnotes

Footnotes are numbered consecutively, using a superscript Arabic numeral, in the order in which they appear in the text of the report.

### Figures

Figures consist of drawings, graphs, charts, even photographs or pictures. All figures should be numbered consecutively and referred to in the text of the report.
report. They should be included in a report only when they can convey information better or more clearly than the text itself or when they can summarize information that would require an extremely long explanation. Each figure should be accompanied by a caption that captures the essence of the information illustrated.

**Tables.** Tables also should be used only when they can summarize or convey information better, more simply, or more clearly than the text alone. Tables (and figures) should always be viewed as supplements to text, never as providing new information meant to stand alone. They should always, however, be referred to in the text. Like figures, each table should have a brief title that captures the essence of the information contained in the table. It is a good idea to consult the APA *Publication Manual* for specifics regarding the presentation of figures and tables in a research report.

**A FEW COMMENTS ABOUT QUALITATIVE RESEARCH REPORTS**

Much of the information that needs to be included in a qualitative research report is similar to that included in a quantitative research report. At present, however, there is no commonly agreed-on format for a qualitative research report. One currently finds a variety of formats, with researchers often including such things as poems, stories, diaries, photographs, essays, even song lyrics and drawings in their reports.

Two noticeable characteristics of qualitative reports that are rarely found in quantitative reports are that (1) qualitative researchers often write their reports in the first person (e.g., using the pronouns *I* or *we* rather than *the researcher* or *the author*), and (2) they often use the active rather than the passive voice (“We observed classroom X,” rather than “Classroom X was observed by the researcher.”)*

Furthermore, the issue of confidentiality is of greater concern in qualitative than quantitative reports. Often a considerable amount of information, much of it extremely private, is obtained from the participants in a qualitative study. A simple guarantee of confidentiality is often insufficient to protect their identity. As a result, fictitious names are frequently used in qualitative reports because the sample involved is usually so much smaller than that used in quantitative studies. If a researcher is conducting a series of interviews in an inner-city high school, for example, over a period of weeks, many readers might be able to recognize who he or she interviewed. The use of fictitious names, therefore, is a further protection of their identity.

**AN OUTLINE OF A RESEARCH REPORT**

Figure 25.1 shows an outline of a research report. Although the topics listed are generally agreed to within the research community, the particular sequence may vary in different studies. This is partly because of different preferences among researchers and partly because the headings and organization of the outline will be somewhat different for different research methodologies. This outline may also be used for a research proposal, in which case sections IV and V would be omitted (and the future tense used throughout). Also, a budget might be added.

**A Sample Research Proposal**

The research proposal that follows was prepared by a student in one of our classes and is a good example of a beginning effort. Such a proposal will normally go through further revision based on the comments of faculty and others, but this will give you some idea of what a completed proposal by a student looks like. We comment on both its strengths and weaknesses in the margins.

Note that this proposal does not follow the organization recommended in Figure 25.1 exactly. It does, however, contain all of the major components previously discussed. It also includes a report of a pilot study—a small-scale trial of the proposed procedures. Its purpose is to detect any problems so that they can be remedied before the study proper is carried out.

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*The APA *Publication Manual* recommends such practice even for quantitative reports.*
THE EFFECTS OF INDIVIDUALIZED READING
UPON STUDENT MOTIVATION IN GRADE FOUR

Nadine DeLuca*

Purpose

The general purpose of this research is to add to the existing knowledge about reading methods. Many educators have become dissatisfied with general reading programs in which teacher-directed group instruction means boredom and delay for quick students and embarrassment and lack of motivation for others. Although there has been a great deal of writing in favor of an individualized reading approach which is supposedly a highly-motivating method of teaching reading, sufficient data has not been presented to make the argument for or against individualized reading programs decisive. With the data supplied by this study (and future ones), soon schools will be free to make the choice between implementing an individualized reading program or retaining a basal reading method.

Definitions

Motivation: Motivation is inciting and sustaining action in an organism. The motivation to learn could be thought of as being derived from a combination of several more basic needs such as the need to achieve, to explore, to satisfy curiosity.

Individualization: Individualization is characteristic of an individualized reading program. Individualized reading has as its basis the concepts of seeking, self-selection, and pacing. An individualized reading program has the following characteristics:

1. Literature books for children predominate.
2. Each child makes personal choices with regard to his reading materials.
3. Each child reads at his own rate and sets his own pace of accomplishment.
4. Each child confers with the teacher about what he has read and the progress he has made.
5. Each child carries his reading into some form of summarizing activity.
6. Some kind of record is kept by the teacher and/or the student.

*Used by permission of the author.
7. Children work in groups for an immediate learning purpose and leave group when the purpose is accomplished.
8. Word recognition and related skills are taught and vocabulary is accumulated in a natural way at the point of each child’s need.

Prior Research
This article refutes many of the usual arguments against individualized reading instruction. It lists those customary arguments then proceeds to explain why the objections are not valid ones.

It explains how such a program can be implemented by an ordinary classroom teacher in order to show the fallacy in the complaint that individualizing is impractical. Another fallacy involves the argument that unless a traditional basal reading program is used, children do not gain all the necessary reading skills.

Mr. Barbe outlines a complete individualized reading program. He explains the necessity of keeping records of children’s reading. The book includes samples of book-summarizing activities as well as many checklists to ensure proper and complete skill development for reading.

Dr. Hunt explains how self-selection, interest, and motivation (some of the basic principles behind individualized reading), when used in a reading program, result in greater reading achievement.


The three books listed above all provide examples of various individualized reading programs actually being used by different teachers. (The definitions and items on the rating scale were derived from these three books.)

Hypothesis
The greater the degree of individualization in a reading program, the higher will be the students’ motivation.

Population
An ideal population would be all fourth graders in the United States. Because of different teacher-qualification requirements, different laws, and different teaching programs, though, such a generalization may not be justifiable. One that might be justifiable would be a population of all fourth-grade classrooms in the San Francisco-Bay Area.

Sampling
The study will be conducted in fourth-grade classrooms in the San Francisco-Bay Area, including inner-city, rural, and suburban schools. The sample will include at least one hundred classrooms. Ideally, the sampling will be done randomly by identifying all fourth-grade classrooms for the population described and using random numbers to select the sample classrooms. As this would require excessive amounts of time, this sampling might need to be modified by taking a sample of schools in the area, identifying all fourth-grade classrooms in these schools only, then taking a random sample from these classrooms.

Instrumentation
Instrumentation will include a rating scale to be used to rate the degree of individualization in the reading program in each classroom. A sample rating scale is shown below. Those items on the left indicate characteristics of classrooms with little individualization.

Reliability: The ratings of the two observers who are observing separately but at the same time in the same room will be compared to see how closely the ratings agree. The rating scale will be repeated for each classroom on at least three different days.
Validity: Certain items on the student questionnaire (to be discussed in the next section) will be compared with the ratings on the rating scale to determine if there is a correlation between the degree of individualization apparently observed and the degree indicated by students’ responses. In the same manner, responses to questions asked of teachers and parents can be used to indicate whether the rating scale is a true measure of the degree of individualization.

Another means of instrumentation to be used is a student questionnaire. A sample questionnaire is included. The following questions have as their purpose to determine the degree of motivation by asking how many books read and how the child indicates what he feels about reading: questions numbered 1, 4, 5, 6, 7, 9, 10, 11, 12, and 13. Questions 2, 3, 4, and 8 have as their purpose to help determine the validity of the items on the rating scale. Questions 14 and 15 are included to determine the students’ attitudes toward the questionnaire to help determine if their attitudes are possible sources of bias for the study. Questions 8 and 9 have an additional purpose which is to add knowledge about the novelty of the reading situation in which the child now finds himself. This may be used to determine if there is a relationship between the novelty of the situation and the degree of motivation.

**RATING SCALE**

1. Basal readers or programmed readers dominate in room. 1 2 3 4 5 There is an obvious center in the room containing at least five library books per child.

2. Teacher teaches class as a group. 1 2 3 4 5 Teacher works with individuals or small groups.

3. Children are all reading from the same book series. 1 2 3 4 5 Children are reading various materials at different levels.

4. Teacher initiates activities. 1 2 3 4 5 Student initiates activities.

5. No reading records are in evidence. 1 2 3 4 5 Children or teacher are observed to be making notes or keeping records of books read.
RATING SCALE

6. There is no evidence of book summarizing activities in the room. 1 2 3 4 5

There is evidence of book summarizing activities around room (e.g., student-made book jackets, paintings, drawings, models of scenes or characters from books, class list of books read, bulletin board displays about books read . . . ).

7. Classroom is arranged with desks in rows and no provision for a special reading area. 1 2 3 4 5

Classroom is arranged with a reading area so that children have opportunities to find quiet places to read silently.

8. There is no conference area in the room for the teacher to work with children individually. 1 2 3 4 5

There is a conference area set apart from the rest of the class where the teacher works with children individually.

9. Children are doing the same activities at the same time. 1 2 3 4 5

Children are doing different activities from their classmates.

10. Teacher tells children what they are to read during class. 1 2 3 4 5

Children choose their own reading materials.

11. Children read aloud in turn to teacher as part of a group using the same reading textbook. 1 2 3 4 5

Children read silently at their desks or in a reading area or orally to the teacher on an individual basis.

Student Questionnaire
Age ________ Grade ________ Father’s work ____________________
Mother’s work __________________

Is your intent here to get at socioeconomic level?

Appears valid

1. How many books have you read in the last month? __________

Appears valid

2. Do you choose the books you read by yourself? __________

Appears valid

If not, who does choose them for you? ________________________________
Some indication of the scoring system should be given. Open-ended questions must rely on logical analysis of responses. You could use examples from your pilot study.

3. Do you keep a record of what books you have read? __________
   Does your teacher? ____________________________

4. What different kinds of reading materials have you read this year?

5. Do you feel you are learning very much in reading this year? ______
   Why or why not? ____________________________

6. Complete these sentences:
   Books ________________________________________
   Reading ______________________________________

7. Do you enjoy reading time? ______________________

8. Have you ever been taught reading a different way? __________
   When? _______________ How was it different? _______________

9. Which way of learning to read do you like better? __________
   ____________________ Why? _______________________

10. If you couldn’t come to reading class for some reason, would you be disappointed? __________
    Why? ____________________________

11. Is this classroom a happy place for you during reading time? ____

12. Do most of the children in your classroom enjoy reading?
    _________________________________

13. How much of your spare time at home do you spend reading just for fun? ________________

14. Did you like answering these questions or would you have preferred not to? ____________________

15. Were any of the questions confusing? ___________________
   If so, which ones? ________________________
   How were they confusing? ____________________
Student Questionnaire:
Reliability: An attempt will be made to control item reliability by asking the same question in different ways and comparing the answers.

Validity: Validity may be questionable to some degree since school children may be reluctant to report anything bad about their teachers or the school. Observers will be reminded to establish rapport with children as much as possible before administering questionnaires and to assure them that the purpose of the questions does not affect them or their school in any way.

A teacher questionnaire will also be administered. A sample questionnaire is included. Some of the questions are intended to indicate if the approach being used by the teacher is new to her and what her attitude is toward the method. These questions are numbered 1, 2, 3, and 4. Question 5 is supposed to indicate how available reading materials are so that this can be compared to the degree of student motivation. Questions 6 and 8 will provide validity checks for the rating scale. Question 7 will help in determining a relationship between socioeconomic levels and student motivation.

Reliability: Reliability should not be too great a problem with this instrument since most questions are of a factual nature.

Validity: There may be a question as to validity depending upon how the questions are asked (if they are used in a structured interview). The way they are asked may affect the answers. An attempt has been made to state the questions so that the teacher does not realize what the purposes of this study are and so prejudice her answers.

Teacher Questionnaire
1. How long have you been teaching? ______________________________
2. How long have you taught using the reading approach you are now using? ______________________________
3. What other approaches have you used? ______________________________
4. If you could use any reading approach you liked, which would you use? ______________________________
   Why? ______________________________

Which items will be compared?
- Good point
- Good idea
- Why? How is this related to your hypothesis?
- May be too few items to give reliable index
- Incorrect. It is the reliability of information that counts. Persons may or may not be consistent in giving factual information. It does seem likely that these questions would provide reliable data.

Why do you want this information?
- Good

Why include? as a means of controlling “experience”?
- Good

Why? to assess novelty?
- Why?

Why? to assess novelty?
Under procedures, you explain that items 1–5 and 7 are intended as attempts to control extraneous variables. This is a very good idea, but the purpose should be made clear earlier (in this section).

Why?

5. In what manner do you obtain reading materials? ______________
_____________________________________________________________________

Where did you get most of those you now use? ______________
_____________________________________________________________________

To assess socio-economic status

Appears valid for individualization

6. How often are the children grouped for reading? ______________
_____________________________________________________________________

7. From what neighborhood or area do most of the children in this class come?
_____________________________________________________________________

Appears valid for individualization

8. How do you decide when and how word recognition skills and vocabulary are taught to each child? ______________
_____________________________________________________________________

If it were feasible, an excellent instrument would be a parent questionnaire. The purpose of it would be to determine how much the child reads at home, his general attitude toward reading, and any changes in his attitude the parent has noticed.

Procedures

Since the sample of one hundred classrooms is large and each classroom will need to be visited at least three times for thirty minutes to one hour during each visit on different weeks, quite a large team of observers—probably around twenty—will be needed. They will work in pairs observing independently. They will spend about one-half hour each visit on the rating scale. The visits should take place between Monday and Thursday, since activities and attitudes are often different on Fridays. The investigation will not begin until after school has been in session for at least six weeks so that all programs have had sufficient time to function smoothly.

Control of extraneous variables: Sources of extraneous variables might include that teachers using individualized reading might be the more skillful and innovative teachers. Also, in cases where the individualized reading program is a new one, teacher enthusiasm for the new program might carry over to students. In this case it might be the novelty of the approach and teacher enthusiasm rather than the program itself that is motivating. An attempt will be made to
determine if there is a relationship between novelty and teacher enthusiasm and student motivation by correlating the results of the teacher questionnaire (showing newness of program and teacher preference of program), indications from questions on student questionnaire, and statistics on motivation in a scatterplot. The influence of student socioeconomic levels on motivation will be determined by comparing the answers to the question on the teacher questionnaire concerning what area or neighborhood children live in, the question on parental occupations on the student questionnaire with student motivation. The amount and availability of materials may influence motivation also. This influence will be determined by the answers of teachers concerning where and how they get materials.

The presence of observers in the classroom may cause distraction and influence the degree of motivation. By having observers repeat procedures three or more times, later observations may prove to be nearly without this procedure bias. By keeping observers in the dark about the purpose of the study, it is hopeful that will control as much bias in their observations and question-asking as possible.

Data Analysis
Observations on the rating scale and answers on the questionnaires will be given number ratings according to the degree of individualization and amount of motivation respectively. The average of the total ratings will then be averaged for the two observers on the rating scale, and the average of the total ratings will be averaged for the questionnaires in each classroom to be used on a scatterplot to show the relationship between motivation and individualization. Results of the teacher questionnaire will be compared similarly with motivation on the scatterplot. The correlation will be used to further indicate relationships.

PILOT STUDY
Procedure
The pilot study was conducted in three primary grade schools in San Francisco. The principals of each school were contacted and were asked if one or two reading classes could be observed by the investigator for an hour or less. The principals chose the classrooms observed. About forty-five minutes was spent in each of four third-grade classrooms. No fourth grades were available in these schools.
The instruments administered were the student questionnaire and the rating scale.

Both the questionnaire and rating scale were coded by school and by classroom so that the variables for each classroom might be compared. The ratings on the rating scale for each classroom were added together then averaged. Answers on items for the questionnaire were rated “1” for answers indicating low motivation and “2” for answers indicating high motivation. (Note: Some items had as their purpose to test validity of rating scale or to provide data concerning possible biases, so these items were not rated.) Determining whether answers
indicated high or low motivation created no problem except on Item #1. It was decided that fewer than eight books (two books per week) read in the past month indicated low motivation, while more indicated high motivation. The ratings for these questions were then added and averaged. Then these averaged numbers for all the questionnaires in each classroom were averaged. The results were as follows:

Although this pilot study could not possibly be said to uphold or disprove the hypothesis, we might venture to say that if the actual study were to yield results similar to those shown on the graph, there would be a strong correlation (estimate: \( r = .90 \)) between individualization and motivation. This correlation is much too high to be attributed to chance with a random sample of 100 classrooms. If these were the results of the study described in the research proposal, the hypothesis would seem to be upheld.

**Indications**

Unfortunately, I was unable to conduct the pilot study in any fourth-grade classrooms which immediately throws doubt upon the validity of the results. In administering the student questionnaire, I discovered that many of the third-graders had difficulty understanding the questions. Therefore, the questioning took the form of individual structured interviews. Whether or not this difficulty would hold for fourth-graders, too, would need to be determined by conducting a more extensive pilot study in fourth-grade classrooms.

It was also discovered that Item #7 in the rating scale was difficult to rate. Perhaps it should be divided into two separate items—one concerning desk arrangement and one on the presence of a reading area—and worded more clearly.

Item #8 on the student questionnaire seemed to provide some problems for children. Third-graders, at least, didn’t seem to understand the intent of the question. There is also some uncertainty as to whether the answers on Item #15 reflected the students’ true feelings. Since it was administered orally, students were probably reluctant to answer negatively about the test to the administrator of the test. Again, a more extensive pilot study would be helpful in determining if these indications are typical.

Although the results of the pilot study are not very valid due to its size and the circumstances, its value lies in the knowledge gained concerning specific items in the instruments and problems that can be anticipated for observers or participants in similar studies.
RESEARCH PROPOSAL VERSUS RESEARCH REPORT

- A research proposal communicates a researcher’s plan for a study.
- A research report communicates what was actually done in a study and what resulted.

MAJOR SECTIONS OF A RESEARCH PROPOSAL OR REPORT

- The main body is the largest section of a proposal or a report and generally includes the problem to be investigated (including the statement of the problem or question, the research hypotheses and variables, and the definition of terms); the review of the literature; the procedures (including a description of the sample, the instruments to be used, the research design, and the procedures to be followed; an identification of threats to internal validity; a description and a justification of the statistical procedures used); and (in a proposal) a budget of expected costs.
- All sections of a research proposal or a research report should be consistent with one another.

SECTIONS UNIQUE TO RESEARCH REPORTS

- The essential difference between a research proposal and a research report is that a research report states what was done rather than what will be done and includes the actual results of the study. Thus, in a report, a description of the findings pertinent to each of the research hypotheses or questions is presented, along with a discussion of what the findings of the study imply for overall knowledge and current practice.
- Normally, the final section of a report offers suggestions for further research.

For Review

1. Review the problem sheets that you have completed to see how they correspond to the suggestions made in this chapter.
2. Review any or all of the critiques of studies included in the chapters on quantitative and qualitative research to see how they correspond to the suggestions made in this chapter.
1. To what extent should a researcher allow his or her personal writing style to influence the headings and organizational sequence in a research proposal (assuming that there is no mandatory format prescribed by, for example, a funding agency)?

2. To what common function do the problem statement, the research question, and the hypotheses all contribute? In what ways are they different?

3. When instructors of introductory research courses evaluate research proposals of students, they sometimes find logical inconsistencies among the various parts. What do you think are the most commonly found inconsistencies?

4. Why is it especially important in a study involving a convenience sample to provide a detailed description of the characteristics of the sample in the research report? Would this be necessary for a random sample as well? Explain.

5. Why is it important for a researcher to discuss threats to internal validity in (a) a research proposal and (b) a research report?

6. Often researchers do not describe their samples in detail in research reports. Why do you suppose this is so?


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<td>Portion of a Table of Random Numbers</td>
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## APPENDIX A

### Portion of a Table of Random Numbers

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<td>34365</td>
<td>83368</td>
<td>87733</td>
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<td>94569</td>
<td>29484</td>
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<td>52308</td>
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<td>05546</td>
<td>81939</td>
<td>96643</td>
<td>07580</td>
<td>28322</td>
<td>22357</td>
<td>59502</td>
</tr>
</tbody>
</table>
**APPENDIX B**

Selected Values from a Normal Curve Table

Column A lists the \( z \)-score values. Column B provides the proportion of area between the mean and the \( z \)-score value. Column C provides the proportion of area beyond the \( z \) score.

![Diagram showing normal curve with areas A, B, and C labeled]

### Table

<table>
<thead>
<tr>
<th>( z )</th>
<th>(A) Area Between Mean and ( z )</th>
<th>(B) Area Beyond ( z )</th>
<th>( z )</th>
<th>(A) Area Between Mean and ( z )</th>
<th>(B) Area Beyond ( z )</th>
</tr>
</thead>
<tbody>
<tr>
<td>0.00</td>
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<td>.5000</td>
<td>2.10</td>
<td>.4821</td>
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<td>.4861</td>
<td>.0139</td>
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<td>.4893</td>
<td>.0107</td>
</tr>
<tr>
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<td>.4918</td>
<td>.0082</td>
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<tr>
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<td>.0062</td>
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<td>2.58</td>
<td>.4951</td>
<td>.0049</td>
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<td>.4953</td>
<td>.0047</td>
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<td>.0005</td>
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<td>.00003</td>
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<td>2.00</td>
<td>.4772</td>
<td>.0228</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Note: Because the normal distribution is symmetrical, areas for negative \( z \)-scores are the same as those for positive \( z \)-scores.*


A-3
### APPENDIX C

#### Chi-Square Distribution

The table entries are critical values of $\chi^2$.

<table>
<thead>
<tr>
<th>Degrees of Freedom (df)</th>
<th>Proportion in Critical Region</th>
</tr>
</thead>
<tbody>
<tr>
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<td>0.10</td>
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<td>7.78</td>
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<td>5</td>
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<tr>
<td>6</td>
<td>10.64</td>
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<tr>
<td>7</td>
<td>12.02</td>
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<tr>
<td>8</td>
<td>13.36</td>
</tr>
<tr>
<td>9</td>
<td>14.68</td>
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<tr>
<td>10</td>
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<td>12</td>
<td>18.55</td>
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<td>13</td>
<td>19.81</td>
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<td>14</td>
<td>21.06</td>
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<td>22.31</td>
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<td>16</td>
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</tr>
<tr>
<td>100</td>
<td>118.50</td>
</tr>
</tbody>
</table>

INTRODUCTION

Excel is a powerful spreadsheet program that can be used to perform a variety of statistical procedures. Like any such program, there are a number of techniques that you need to master in order to use the program correctly and efficiently, but they are not difficult to learn. In this appendix, we shall provide you with a few worked-out, step-by-step examples that will enable you to see how the program works and, in turn, use the program yourself. You will learn not only how to run some basic analyses but also to understand and interpret the output generated by the program. For all examples and illustrations we used Excel for Windows, but there is also a version of Excel that is compatible with Macintosh computers.

LOADING THE ANALYSIS TOOLPAK FOR MICROSOFT OFFICE EXCEL

The default installation of Excel does not normally include the Analysis ToolPak (a set of data analysis tools) necessary to complete most statistical functions. If you do not see a box labeled “Data Analysis” under the Data tab (as shown in Figure D.1), then use the following

*Please note that because the screen interface differs, Mac users should consult the Microsoft Web site (www.microsoft.com) for help on how to use Excel for Mac.

Figure D.1 Data Window
instructions to load the Analysis ToolPak:

1. Click the Microsoft Office Button at the top left of the menu bar, and then click Excel Options.
2. Click Add-Ins, and then in the Manage box, select Excel Add-ins (see Figure D.2).
3. Click Go.
4. In the Add-Ins available box, select the Analysis ToolPak check box, make sure you check the box, and then click OK (see Figure D.3).

Tips: If Analysis ToolPak is not listed in the Add-Ins available box, click Browse to locate it. If you get prompted that the Analysis ToolPak is not currently installed on your computer, click Yes to install it, and follow the instructions above on how to load it.

After you load the Analysis ToolPak, the Data Analysis command should be visible on the far right in the Analysis group on the Data tab.
STARTING EXCEL

Excel startup procedures differ slightly, depending on how the program was installed. On most computers, the program is started by clicking on the Excel icon or by choosing it from a menu of options. The program should then open automatically with a blank data window that looks like Figure D.4. Along the top of the screen, you will see the words **Home, Insert, Page Layout**, and so forth (this line is called the **menu bar**). Clicking on any of the words will produce additional features that you can choose to perform certain tasks (we will show you some examples a bit later). Most of the screen, however, is taken up by several cells for entering data or displaying results.

ENTERING DATA

Data are entered into a matrix containing **rows** that are identified by numbers and **columns that are identified by letters**. Each cell is identified by its row and column address; for example, the upper leftmost cell’s address is A1.

Here is an example to illustrate how to enter data. Imagine that we have collected the following quiz scores for five students:

<table>
<thead>
<tr>
<th>Student Gender Quiz Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 1 88 2 1 94 3 1 79 4 2 85 5 2 91</td>
</tr>
</tbody>
</table>

(see Table 1)

Entering the data is quite simple. Highlight the upper-left cell (i.e., row 1, column A) by clicking on it, and then type the column heading “Student.” Then press the right arrow key or tab key. The word “Student” will appear inside the cell A1. Next, type the second column heading “Gender.” Press the right arrow key or the tab key and type the last column heading “Quiz Score.” Using the arrow keys or the mouse, click cell A2 and type in a “1” to represent the first student’s identification number. Then press the right arrow key or the tab key. The numeral “1” will appear inside cell A2. Next, move one cell to the right with the arrow or tab key...
and click on it, and type “1” again (which represents the student’s gender). Then, move right one cell again with the arrow or tab key, and enter into this cell the student’s quiz score (88). This completes the first row of data entry.

Now, move to the third row of cells and enter the values for the second student in the appropriate columns just as you did for the first student. Repeat this procedure until the data for all five students are entered. When you have finished, the screen should look like that in Figure D.5.

**SPECIFYING ANALYSES**

Once the data have been entered into the spreadsheet, you are ready to tell Excel what you want the program to do—that is, what type of statistical analysis you want Excel to conduct. The procedure is really quite easy.

First, click on **Data** on the menu bar. Various features will appear. On the far right, click **Data Analysis** and a new window appears that lists several analysis options, including **Correlation**, **Covariance**, **Descriptive Statistics**, **Histogram**, **Regression**, and **T-Test**. Clicking on any of these options will produce another window of options. For example, clicking on **Descriptive Statistics** will produce a window of options, one of which is **Summary statistics**. Checking the box next to **Summary statistics** and defining a row or column of data using the **Input Range** box enables calculation of a data sample’s mean, standard error, median, mode, standard deviation, in addition to other quantities. Once these choices have been made, click OK and Excel will do the rest for you. That’s all there is to it. So, let’s look at some examples.
exam, along with their student identification number and gender (1 = male, 2 = female). Let us obtain some descriptive statistics for the variables gender and score.

First, enter the data into the first three columns of the spreadsheet and label the column headings student, gender, and score. In a fourth column to the right of score, type the heading bin and enter the numbers 60 through 100. These numbers represent the intervals that you want the Histogram tool to use for measuring the input data, score in this case, in the data analysis. Next, click on Data on the menu bar. On the far right, click on Data Analysis. This will produce the Data Analysis window. Click on Histogram and click OK. This will produce yet another window that looks like Figure D.6.

Click the Collapse Dialog button located to the right of the box entitled Input Range. Highlight with the cursor the column of data under the heading score, and again press the Collapse Dialog button. Be sure to include in the highlighting the cell containing the word score. Next, click the Collapse Dialog button located to the right of the box entitled Bin Range, and highlight the column of data under the heading bin. Again, remember to include in the highlighting the cell containing the word bin. Click the check box next to Chart Output in the lower left, and select among the output option buttons to specify your choice for the format of the analysis results. This is shown in Figure D.7. Click OK and Excel will run the analysis, create a frequency distribution table, and print a frequency distribution bar graph (histogram). Table 2 shows the result in tabular form, and Figure D.8 shows the bar graph form. Repeat the foregoing for the variable gender to analyze the gender data.

### Descriptive Statistics

To obtain descriptive statistics, click on Data on the menu bar, then click Data Analysis at the far right. When the Data Analysis window appears, click on Descriptive Statistics and then click OK. Click the Collapse Dialog button located to the right of the box entitled Input Range. Highlight with the cursor the column of data under the heading score, and again press the Collapse Dialog button. In this case do not highlight the cell containing the word score. Select among the output option buttons to specify your choice for the format of the analysis results, and click the check box next to Summary statistics. Click OK and Excel will compute various descriptive statistics, including mean, standard error, median, mode, standard deviation, and so forth. Table 2 shows the result. Repeat the foregoing for the variable gender to analyze the gender data.

<table>
<thead>
<tr>
<th>Table 1</th>
<th>Data for Thirty Students Taking a Specially Designed Statistics Examination</th>
</tr>
</thead>
<tbody>
<tr>
<td>Student</td>
<td>Gender</td>
</tr>
<tr>
<td>1</td>
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</tr>
<tr>
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<td>1</td>
</tr>
<tr>
<td>3</td>
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<td>15</td>
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</table>
Figure D.6 Data Analysis Window for Histogram

Figure D.7 Data Analysis Window: Histogram

A-10
### Table 2

**Frequencies**

<table>
<thead>
<tr>
<th>Statistics</th>
<th>Gender</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>N</td>
<td>Valid</td>
<td>30</td>
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<td></td>
<td>Missing</td>
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</tr>
<tr>
<td>Mean</td>
<td>1.4333</td>
<td>80.37667</td>
</tr>
<tr>
<td>Std. Error of Mean</td>
<td>.09202</td>
<td>1.77238</td>
</tr>
<tr>
<td>Median</td>
<td>1.0000</td>
<td>81.5000</td>
</tr>
<tr>
<td>Mode</td>
<td>1.00</td>
<td>73.00(a)</td>
</tr>
<tr>
<td>Std. Deviation</td>
<td>.50401</td>
<td>9.70774</td>
</tr>
<tr>
<td>Variance</td>
<td>.254</td>
<td>94.240</td>
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<tr>
<td>Range</td>
<td>1.00</td>
<td>32.00</td>
</tr>
<tr>
<td>Minimum</td>
<td>1.00</td>
<td>63.00</td>
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<tr>
<td>Maximum</td>
<td>2.00</td>
<td>95.00</td>
</tr>
<tr>
<td>Sum</td>
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</table>

*a. Multiple modes exists. The smallest value is shown*

**Frequency Table**

<table>
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<tr>
<th>Gender</th>
<th>Frequency</th>
<th>Percent</th>
<th>Valid Percent</th>
<th>Cumulative Percent</th>
</tr>
</thead>
<tbody>
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<td>56.7</td>
<td>56.7</td>
</tr>
<tr>
<td></td>
<td>2.00</td>
<td>13</td>
<td>43.3</td>
<td>100.0</td>
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<tr>
<td>Total</td>
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<td>100.0</td>
<td>100.0</td>
<td>100.0</td>
</tr>
</tbody>
</table>

**Frequency Table**

<table>
<thead>
<tr>
<th>Score</th>
<th>Frequency</th>
<th>Percent</th>
<th>Valid Percent</th>
<th>Cumulative Percent</th>
</tr>
</thead>
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</tr>
<tr>
<td></td>
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<td>80.00</td>
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<td>3.3</td>
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</table>

(continued)
### TABLE 2  Continued

#### Frequency Table

<table>
<thead>
<tr>
<th>Score</th>
<th>Frequency</th>
<th>Percent</th>
<th>Valid Percent</th>
<th>Cumulative Percent</th>
</tr>
</thead>
<tbody>
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<td>3.3</td>
<td>3.3</td>
<td>50.0</td>
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<td>53.3</td>
</tr>
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<td>83.00</td>
<td>1</td>
<td>3.3</td>
<td>3.3</td>
<td>56.7</td>
</tr>
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<td>3.3</td>
<td>3.3</td>
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</tr>
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<td>3.3</td>
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<tr>
<td>88.00</td>
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<td>6.7</td>
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<td>3.3</td>
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<tr>
<td>91.00</td>
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<td>6.7</td>
<td>6.7</td>
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<td>92.00</td>
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<td>3.3</td>
<td>3.3</td>
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<td>3.3</td>
<td>3.3</td>
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<td>3.3</td>
<td>3.3</td>
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<tr>
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<td><strong>100.0</strong></td>
<td><strong>100.0</strong></td>
<td><strong>100.0</strong></td>
</tr>
</tbody>
</table>

**Figure D.8** Excel Bar Graph

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CONDUCTING AN INDEPENDENT SAMPLES $t$-TEST

Let us now conduct an independent samples $t$-test on the same group of students shown in Table 1. Let us imagine that the instructor of this class hypothesizes that the female students in the class (who are indicated by the numeral “2”) will perform differently on the specially designed statistics examination from the male students (who are indicated by the numeral “1”). We want to test the null hypothesis that there is no difference in student performance between the female and male students—that is, that the mean difference in the population of students from which this sample is drawn is zero. The research hypothesis is that the population means for the two groups of students are not equal.

Analysis. Separate the 30 entries under the score column into to two columns, one column for males and a second for females, then label the columns males score and females score. Then we click on Data on the menu bar, and then select Data Analysis. When the Data Analysis window appears, we select $t$-Test: Two-Sample Assuming Equal Variances. This gives us a window that looks like Figure D.9.

Click the Collapse Dialog button located to the right of the box entitled Variable 1 Range. Highlight with the cursor the column of data under the heading Males Scores, and again press the Collapse Dialog button. Repeat same by entering the data under Females Scores in the Variable 2 Range box. Enter zero (0) in the box entitled Hypothesized Mean Difference. Enter 0.05 in the box entitled Alpha, which is the confidence level for the test that is related to the probability of having a type I error (rejecting a true hypothesis). This gives us a window that looks like Figure D.10. Select among the output option buttons to specify your choice for the format of the analysis results, click OK, and Excel will run the analysis. The output produced by Excel is shown in Figure D.11.
Figure D.10  Data Analysis Window: Independent Samples t-test

Figure D.11  Results of Independent Samples t-test

A-14
Excel creates a table labeled **t-Test: Two-Sample Assuming Equal Variances** that reveals the results of the $t$-test. If the process is repeated by clicking on **Data** on the menu bar, selecting **Data Analysis**, then selecting **t-Test: Two-Sample Assuming Unequal Variances**, Excel produces another table labeled **t-Test: Two-Sample Assuming Unequal Variances**. Notice that there are two tables of information here, one labeled **Equal variances assumed** and one labeled **Equal variances not assumed**. To know which table we should use, we must turn to the column labeled **Levene’s Test for Equality of Variances**. One of the assumptions of the $t$-test is that the population variances from the two groups we are comparing are equal. Levene’s test is a test of this assumption. The specifics of this test are beyond the scope of this text, but in brief, a statistically significant Levene’s Test indicates that we have violated this assumption and that the population variances are not equal. By looking at the column labeled **Sig.**, you can see that the significance level for the Levene’s Test is **.350**, which is considerably greater than **.05**, and hence not statistically significant. We can conclude, therefore, that the population variances of the two groups do **not** differ significantly and that we should look only at the first row labeled **Equal variances assumed**.

You can see that Excel reports the observed $t$-value, the degrees of freedom (“df”), and the two-tailed $p$-value (“Sig. (2-tailed)”). Also reported on this line are the differences between the means, the standard error of the difference, and the 95% confidence interval for the difference between population means. The observed $t$-value is **.554**, which results in a probability of **.584**, with degrees of freedom **28**. Since this is much greater than the value required at **.05**, the result is considered to be **NOT** statistically significant at the **.05** level.

### CALCULATING A CORRELATION

Let us suppose that a psychology instructor is interested in seeing if there is any relationship between a student’s achievement on her quizzes and the student’s anxiety level. Accordingly, she recruits a random sample of 30 students to participate in a study. She measures the anxiety level of each student in the sample (using a specially designed “anxiety test” she has developed) as well as their achievement scores on her midsemester examination. The data are shown in **Table 3**.

As before, she enters the data into the first three columns of the spreadsheet and labels the columns **student**, **anxiety**, and **score**. She is interested in calculating the Pearson product-moment correlation between the two variables, **anxiety** and **score**. In addition, she wants to test the null hypothesis that the correlation between the variables in the population from which the sample was drawn equals zero.

<table>
<thead>
<tr>
<th>student</th>
<th>anxiety</th>
<th>score</th>
<th>student</th>
<th>anxiety</th>
<th>score</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>1</td>
<td>24</td>
<td>16</td>
<td>16</td>
<td>34</td>
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<td>15</td>
<td>40</td>
<td>30</td>
<td>30</td>
<td>91</td>
</tr>
</tbody>
</table>
Analysis. The instructor clicks on Data on the menu bar, clicks Data Analysis at the far right, and then selects Correlation on the Data Analysis window that appears. This produces another window labeled Correlation, as shown in Figure D.12. She clicks the Collapse Dialog button located to the right of the box entitled Input Range, highlights with the cursor both columns of data under the headings anxiety and score, and again presses the Collapse Dialog button. She selects among the output option buttons to choose the format of the analysis results output, and clicks OK. Excel runs the analysis to determine the correlation between anxiety and score, producing the results shown in Table 4. As you can see, the correlation between “anxiety” and “score” for this sample of 30 students is .364.

The examples we have presented here only begin to show you the power of Excel. We have not even looked at the many graphing capabilities Excel possesses. Nevertheless, this should give you an idea of what Excel can do. We urge you to try out Excel for yourself so that you can discover the many types of analyses the program can deliver, as well as the many graphs it can create.

<table>
<thead>
<tr>
<th>TABLE 4</th>
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<tbody>
<tr>
<td><strong>Correlations</strong></td>
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<tr>
<td></td>
</tr>
<tr>
<td>anxiety</td>
</tr>
<tr>
<td>Sig. (2-tailed)</td>
</tr>
<tr>
<td>N</td>
</tr>
<tr>
<td>score</td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td>Sig. (2-tailed)</td>
</tr>
<tr>
<td>N</td>
</tr>
</tbody>
</table>

*Correlation is significant at the 0.05 level (2-tailed).
A-B design  A single-subject experimental design in which measurements are repeatedly made until stability is presumably established (baseline), after which treatment is introduced and an appropriate number of measurements are made.

A-B-A design  Same as an A-B design, except that a second baseline is added.

A-B-A-B design  Same as an A-B-A design, except that a second treatment is added.

A-B-C-B design  Same as an A-B-A-B design, except that the second baseline phase is replaced by a modified treatment phase.

Abstract  A summary of a study that describes its most important aspects, including major results and conclusions.

Accessible population  The population from which the researcher can realistically select subjects for a sample, and to which the researcher is entitled to generalize findings.

Achievement test  An instrument used to measure the proficiency level of individuals in given areas of knowledge or skill.

Action plan  A plan to implement change as a result of an action research study.

Action research  A type of research focused on a specific local problem and resulting in an action plan to address the problem.

Advocacy lens  Exists when the researcher indicates or implies that the purpose of the research is to improve conditions of the participant population.

Age-equivalent score  A score that indicates the age level for which a particular performance (score) is typical.

Alpha coefficient  See Cronbach alpha.

Analysis of covariance (ANCOVA)  A statistical technique for equating groups on one or more variables when testing for statistical significance; it adjusts scores on a dependent variable for initial differences on other variables, such as pretest performance or IQ.

Analysis of variance (ANOVA)  A statistical technique for determining the statistical significance of differences among means; it can be used with two or more groups.

Applied research  Research that seeks to solve practical problems (compare to basic research).

Aptitude test  An ability test used to predict performance in a future situation.

Associational research/study  A general type of research in which a researcher looks for relationships having predictive and/or explanatory power. Both correlational and causal-comparative studies are examples.

Assumption  Any important assertion presumed to be true but not actually verified; major assumptions should be described in one of the first sections of a research proposal or report.

Average  A number representing the typical score attained by a group of subjects. See measures of central tendency.

B-A-B design  The same as an A-B-A-B design, except that the initial baseline phase is omitted.

Background questions  Questions asked by an interviewer or on a questionnaire to obtain information about a respondent’s background (age, occupation, etc.).

Bar graph  A graphic way of illustrating differences.

Baseline  A graphic record of measurements taken prior to introducing an intervention in a time-series design.

Basic research  Research that seeks to produce new knowledge or theory (compare to applied research).

Behavior questions  See experience questions.

Bias  Occurs when the design of a study systematically favors certain outcomes.

Biography/biographical study  A form of qualitative research in which the researcher works with the individual to clarify important life experiences.

Boxplot  A diagram portraying a five-number summary.

case study  A form of qualitative research in which a single individual or example is studied through extensive data collection.

categorical data/variables  Data (variables) that differ only in kind, not in amount or degree.

Causal-comparative research  Research to explore the cause for, or consequences of, existing differences in groups of individuals; also referred to as ex post facto research.

Census  An attempt to acquire data from every member of a population.

Chaos theory  A theory and methodology of science that emphasizes the rarity of general laws, the need for very large data bases, and the importance of studying exceptions to overall patterns.

Chi-square test  \( \chi^2 \)  A nonparametric test of statistical significance appropriate when the data are in the form of frequency counts; it compares frequencies actually observed in a study with expected frequencies to see whether they are significantly different.

closed-ended question  A question and a list of alternative responses from which the respondent selects; also referred to as a closed-form item.

Cluster sampling/cluster random sampling  The selection of groups of individuals, called clusters, rather than single individuals. All individuals in a cluster are included in the sample; the clusters are preferably selected randomly from the larger population of clusters.

coding  The specification of categories in content analysis research. It may be done ahead of time or emerge from familiarity with the raw data.

coding scheme  A set of categories an observer uses to record the frequency of behaviors.

Coefficient of determination \( r^2 \)  The square of the correlation coefficient. It indicates the proportion of variance common to two variables.

Coefficient of multiple correlation \( R \)  A numerical index describing the relationship between predicted and actual
scores using multiple regression. The correlation between a criterion and the “best combination” of predictors.

cohort study A design (in survey research) in which a particular population is studied over time by taking different random samples at various points in time. The population remains conceptually the same, but individuals change (for example, graduates of San Francisco State University surveyed 10, 20, and 30 years after graduation).

comparison group The group in a research study that receives a different treatment from that of the experimental group.

current validity (evidence of) The degree to which the scores on an instrument are related to the scores on another instrument administered at the same time, or to some other criterion available at the same time.

certainty interval An interval used to estimate a parameter that is constructed in such a way that the interval has a predetermined probability of including the parameter.

confirming sample In qualitative research, a sample selected to validate or extend previous findings.

constant A characteristic that has the same value for all individuals.

constitutive definition The explanation of the meaning of a term by using other words to describe what is meant.

construct-related validity (evidence of) The degree to which an instrument measures an intended hypothetical psychological construct, or nonobservable trait.

content analysis A method of studying human behavior indirectly by analyzing communications, usually through a process of categorization.

content-related validity (evidence of) The degree to which an instrument logically appears to measure an intended variable; it is determined by expert judgment.

contextualization Placing information/data into a larger perspective, especially in ethnography.

certainty coefficient An index of relationship derived from a crossbreak table.

certainty question A question whose answer depends on the answer to a prior question.

certainty table See crossbreak table.

control Efforts on the part of the researcher to remove the effects of any variable other than the independent variable that might affect performance on a dependent variable.

control group The group in a research study that is treated “as usual.”

convenience sample/sampling A sample that is easily accessible.

correlational research Research that involves collecting data in order to determine the degree to which a relationship exists between two or more variables.

correlation coefficient (r) A decimal number between .00 and ±1.00 that indicates the degree to which two quantitative variables are related.

counterbalanced design An experimental design in which all groups receive all treatments. Each group receives the treatments in a different order, and all groups are posttested after each treatment.

credibility In qualitative research encompasses instrument reliability and validity, as well as internal validity.

criterion A second measurement used to evaluate instrument validity.
**directional hypothesis** A relational hypothesis stated in such a manner that a direction, often indicated by “greater than” or “less than,” is hypothesized for the results.

**discriminant function analysis** A statistical procedure for predicting group membership (a categorical variable) from two or more quantitative variables.

**discussion (of a study)** A review of the results including limitations of a study, placing the findings in a broader perspective.

**distribution/distribution curves** The real or theoretical frequency distribution of a set of scores.

**document** Any written or printed material.

**ecological generalizability** The degree to which results can be generalized to environments and conditions outside the research setting.

**effect size (ES)** An index used to indicate the magnitude of an obtained result or relationship.

**emic perspective** The view of reality of a cultural “insider,” especially in ethnography.

**empirical** Based on observable evidence.

**equivalent forms** Two tests identical in every way except for the actual items included.

**errors of measurement** Inconsistency of individual scores on the same instrument.

**eta (η)** An index that indicates the degree of a curvilinear relationship.

**ethnography/ethnographic research** The collection of data on many variables over an extended period of time in a naturalistic setting, usually using observation and interviews.

**etic perspective** The “outsider” or “objective” view of a culture’s reality, especially in ethnography.

**evaluation research** A systematic attempt to assess the quality or effectiveness of an evaluation object.

**Excel** A computer program for computing descriptive and inferential statistics.

**expectancy table** A chart comparing predictor categories with criterion categories in order to evaluate instrument validity.

**experience questions** Questions a researcher asks to find out how people feel about things.

**experiment** A research study in which one or more independent variables are systematically varied by the researcher to determine the effects of this variation.

**experimental group** The group in a research study that receives the treatment (or method) of special interest in the study.

**experimental research** Research in which at least one independent variable is manipulated, other relevant variables are controlled, and the effect on one or more dependent variables is observed.

**experimental variable** The variable that is manipulated (systematically altered) in an intervention study by the researcher.

**explanatory mixed-methods design** A study in which quantitative data are collected first and further clarified with qualitative data.

**exploratory mixed-methods design** A study in which qualitative data are collected first and findings are tested with subsequent quantitative data.

**external audit** A review of the methods and interpretations of a qualitative study by an individual outside the study.

**external criticism** Evaluation of the genuineness of a document in historical research.

**external validity** The degree to which results are generalizable, or applicable, to groups and environments outside the research setting.

**extraneous variable** A variable that makes possible an alternative explanation of results; an uncontrolled variable.

**factor analysis** A statistical method for reducing a set of variables to a smaller number of factors.

**factorial design** An experimental design that involves two or more independent variables (at least one of which is manipulated) in order to study the effects of the variables individually, and in interaction with each other, upon a dependent variable.

**feelings questions** Questions researchers ask to find out how people feel about things.

**field diary** A personal statement of a researcher’s opinions about people and events he or she comes in contact with during research.

**field jottings** Quick notes taken by an ethnographer.

**field log** A running account of how an ethnographer plans to, and actually does, spend his or her time in the field.

**field notes** The notes researchers take about what they observe and think about in the field.

**findings** See results (of a study).

**five-number summary** A means of describing a skewed frequency distribution giving the lowest, first quartile, median, third quartile, and highest score.

**focus group interview** An interview conducted with a group in which respondents hear the views of each other.

**foreshadowed problems** The problem or topic that serves, in a general way, as the focus for a qualitative inquiry.

**formative evaluation** An evaluation intended to improve the object being assessed.

**frequency distribution** A tabular method of showing all of the scores obtained by a group of individuals.

**frequency polygon** A graphic method of showing all of the scores obtained by a group of individuals.

**Friedman two-way analysis of variance** A nonparametric inferential statistic used to compare two or more groups that are not independent.

**gain score** The difference between the pretest and posttest scores of a measure.

**generalizing** See ecological generalizability; population generalizability.

**general reference tools** Sources that researchers use to identify more specific references (e.g., indexes, abstracts).

**grade-equivalent score** A score that indicates the grade level for which a particular performance (score) is typical.

**grounded theory study** A form of qualitative research that derives interpretations inductively from raw data with continual interplay between data and emerging interpretations.

**grouped frequency distribution** A frequency distribution in which scores are grouped into equal intervals.

**Hawthorne effect** A positive effect of an intervention resulting from the subjects’ knowledge that they are involved in a study or their feeling that they are in some way receiving “special” attention.
internal consistency methods

**An effect created by unique combinations of two or more independent variables; systematically evaluated in a factorial design.**

**instrument decay**
Changes in instrumentation over time that may affect the internal validity of a study.

**interaction**
An effect created by unique combinations of two or more independent variables; systematically evaluated in a factorial design.

**interlibrary loan**
A service whereby a library user can borrow books or documents owned by another library.

**internal-consistency methods**
Procedures for estimating reliability of scores using only one administration of the instrument.

**internal criticism**
Determining whether the contents of a document are accurate.

**internal validity**
The degree to which observed differences on the dependent variable are directly related to the independent variable, not to some other (uncontrolled) variable.

**interval scale**
A measurement scale that, in addition to ordering scores from high to low, also establishes a uniform unit in the scale so that any equal distance between two scores is of equal magnitude.

**intervention study/research**
A general type of research in which variables are manipulated in order to study the effect on one or more dependent variables.

**interview**
A form of data collection in which individuals or groups are questioned orally.

**interview protocol**
A data-gathering instrument or tool used in an interview.

**interview schedule**
A set of questions to be asked by an interviewer.

**intrinsic case study**
A study that attempts to generalize beyond the particular case.

**justification (of a study)**
A rationale statement in which a researcher indicates why the study is important to conduct; includes implications for theory and/or practice.

**key actors**
See **key informants**.

**key events**
Events that provide unusually valuable data in an ethnographic study.

**key informants**
Individuals identified as expert sources of information, especially in qualitative research.

**knowledge questions**
Questions interviewers ask to find out what factual information a respondent possesses about a particular topic.

**Kruskal-Wallis one-way analysis of variance**
A nonparametric inferential statistic used to compare two or more independent groups for statistical significance of differences.

**Kuder-Richardson approaches**
Procedures for determining an estimate of the internal consistency reliability of a test or other instrument from a single administration of the test without splitting the test into halves.

**latent content**
The underlying meaning of a communication.

**level of significance**
The probability that a discrepancy between a sample statistic and a specified population parameter is due to sampling error, or chance. Commonly used significance levels in educational research are .05 and .01.

**Likert scale**
A self-reporting instrument in which an individual responds to a series of statements by indicating the extent of agreement. Each choice is given a numerical value, and the total score is presumed to indicate the attitude or belief in question.

**linear relationship**
A relationship in which an increase (or decrease) in one variable is associated with a corresponding increase (or decrease) in another variable.

**literature review**
The systematic identification, location, and analysis of documents containing information related to a research problem.

**location threat**
The possibility that results are due to characteristics of the setting or location in which a study is conducted, thereby producing a threat to internal validity.

**longitudinal survey**
A study in which information is collected at different points in time in order to study changes over time.
manifest content The obvious meaning of a communication.
manipulated variable See experimental variable.
Mann-Whitney U test A nonparametric inferential statistic used to determine whether two uncorrelated groups differ significantly.
matching design A technique for equating groups on one or more variables, resulting in each member of one group having a direct counterpart in another group.
maturity threat The possibility that results are due to changes that occur in subjects as a direct result of the passage of time and that may affect their performance on the dependent variable, thereby affecting internal validity.
maximal variation sample In qualitative research, a sample selected in order to represent diversity in one or more characteristics.
mean/ arithmetic mean (X) The sum of the scores in a distribution divided by the number of scores in the distribution; the most commonly used measure of central tendency.
measures of central tendency Indices representing the average or typical score attained by a group of subjects; the most commonly used in educational research are the mean and the median.
mechanical matching A process of pairing two persons whose scores on one or more variables are similar.
median That point in a distribution having 50 percent of the scores above it and 50 percent of the scores below it.
mediator variable A variable that attempts to explain the relationship between two other variables.
member checking Procedure that involves asking participants in a qualitative study to check the accuracy of the research report.
meta-analysis A statistical procedure for combining the results of several studies on the same topic.
mixed-methods design research A study combining quantitative and qualitative methods.
mode The score that occurs most frequently in a distribution of scores.
moderator variable A variable that may or may not be controlled but has an effect on the research situation.
mortality threat The possibility that results are due to the fact that subjects who are for whatever reason “lost” to a study may differ from those who remain so that their absence has an important effect on the results of the study.
multiple-baseline design A single-subject experimental design in which baseline data are collected on several behaviors for one subject, after which the treatment is applied sequentially over a period of time to each behavior one at a time until all behaviors are under treatment. Also used to collect data on different subjects with regard to a single behavior, or to assess a subject’s behavior in different settings.
multiple (collective) case study A study of multiple cases at the same time.
multiple realities/perspectives The recognition and acceptance of multiple views of reality, especially in ethnography.
multiple regression A technique using a prediction equation with two or more variables in combination to predict a criterion (y = a + b1x1 + b2x2 + bnxn).

multiple-treatment interference The carryover or delayed effects of prior experimental treatments when individuals receive two or more experimental treatments in succession.
multivariate analysis of covariance (MANCOVA) An extension of analysis of covariance that incorporates two or more dependent variables in the same analysis.
multivariate analysis of variance (MANOVA) An extension of analysis of variance that incorporates two or more dependent variables in the same analysis.
narrative research Study of the life experiences of an individual as told to the researcher or found in documents and archival material.
naturalistic observation Observation in which the observer controls or manipulates nothing and tries not to affect the observed situation in any way.
negative case analysis In qualitative research, revising the pattern of instances so it fits all cases.
negatively skewed distribution A distribution in which there are more scores at the upper end than at the lower end.
nominal scale A measurement scale that classifies elements into two or more categories, the numbers indicating that the elements are different, but not according to order or magnitude.
nondirectional hypothesis A prediction that a relationship exists without specifying its exact nature.
nonequivalent control group design An experimental design involving at least two groups, both of which may be pre-tested; one group receives the experimental treatment, and both groups are posttested. Individuals are not randomly assigned to treatments.
nonparametric technique A test of statistical significance appropriate when the data represent an ordinal or nominal scale, or when assumptions required for parametric tests cannot be met.
onparticipant observation Observation in which the observer is not directly involved in the situation to be observed.
nonrandom sample/sampling The selection of a sample in which every member of the population does not have an equal chance of being selected.
nonresponse Lack of response to some or all items on a survey.
normal curve A graphic illustration of a normal distribution. See normal distribution.
normal distribution A theoretical “bell-shaped” distribution having a wide application to both descriptive and inferential statistics. It is known or thought to portray many human characteristics in “typical” populations.
norm group The sample group used to develop norms for an instrument.
norm-referenced instrument An instrument that permits comparison of an individual score to the scores of a group of individuals on that same instrument.
null hypothesis A statement that any difference between obtained sample statistics and specified population parameters is due to sampling error, or chance.
objectivity A lack of bias or prejudice.
observational data Data obtained through direct observation.
observer bias The possibility that an observer does not observe objectively and accurately, thus producing invalid observations and a threat to the internal validity of a study.
observer effect The impact of an observer’s presence on the behavior observed.
observer expectations The effect that an observer’s prior information can have on observational data.

one-group pretest-posttest design A weak experimental design involving one group that is pretested, exposed to a treatment, then posttested.

one-shot case study design A weak experimental design involving one group that is exposed to a treatment and then posttested.

one-tailed test (of statistical significance) The use of only one tail of the sampling distribution of a statistic—used when a directional hypothesis is stated.

open-ended question A question giving the responder complete freedom of response.

operational definition Defining a term by stating the actions, processes, or operations used to measure or identify examples of it.

opinion questions Questions a researcher asks to find out what people think about a topic.

opportunistic sample In qualitative research, a sample chosen to take advantage of conditions that arise during a study.

oral history Personal reflections of events and their causes gathered from one or more individuals.

ordinal scale A measurement scale that ranks individuals in terms of the degree to which they possess a characteristic of interest.

outcome variable See dependent variable.

outlier Score or other observation that deviates or falls considerably outside most of the other scores or observations in a distribution or pattern.

panel study A longitudinal design (in survey research) in which the same random sample is measured at different points in time.

parameter A numerical index describing a characteristic of a population.

parametric technique A test of significance appropriate when the data represent an interval or ratio scale of measurement and other specific assumptions have been met.

partial correlation A method of controlling the subject characteristics threat in correlational research by statistically holding one or more variables constant.

participant observation Observation in which the observer actually becomes a participant in the situation to be observed.

participants Individuals whose involvement in a study can range from providing data to initiating and designing the study.

participatory action research Action research intended not only to address a local problem but also to empower individuals and to bring about social change.

path analysis A type of sophisticated analysis investigating causal connections among correlated variables.

Pearson product-moment coefficient (Pearson r) An index of correlation appropriate when the data represent either interval or ratio scales; it takes into account each pair of scores and produces a coefficient between 0.00 and either $\pm 1.00$.

peer debriefing See external audit.

percentile The score below which a given percent of a known group scores, e.g., the 60th percentile is a score of 120.

percentile rank An index of relative position indicating the percentage of scores that fall at or below a given score.

performance instrument An instrument designed to measure ability to follow procedures or produce a product.

phenomenology/phenomenological research/study A form of qualitative research in which the researcher attempts to identify commonalities in the perceptions of several individuals regarding a particular phenomenon.

pie chart A graphic method of displaying the breakdown of data into categories.

pilot study A small-scale study administered before conducting an actual study—its purpose is to reveal defects in the research plan.

plagiarism Misrepresenting another’s work as one’s own.

population The group to which the researcher would like the results of a study to be generalizable; it includes all individuals with certain specified characteristics.

population generalizability The extent to which the results obtained from a sample are generalizable to a larger group.

portraiture A form of qualitative research in which the researcher and the individual being portrayed work together to define meaning.

positively skewed distribution A distribution in which there are more scores at the lower end than at the higher end.

positivism A philosophic viewpoint emphasizing an “objective” reality that includes universal laws governing all things including human behavior.

postmodernism An intensive criticism of scientific research.

power of a statistical test The probability that the null hypothesis will be rejected when there is a difference in the populations; the ability of a test to avoid a Type II error.

practical action research Action research intended to address a specific local problem.

practical significance A difference large enough to have some practical effect. Contrast with statistical significance, which may be so small as to have no practical consequences.

pragmatists A group of methodologists who propose using whatever research methods work or will shed light on a problem. Pragmatists believe that quantitative and qualitative methods can be “mixed” in a research endeavor and might be more informative than using only a single method.

prediction The estimation of scores on one variable from information about one or more other variables.

prediction equation A mathematical equation used in a prediction study.

prediction study An attempt to determine variables that are related to a criterion variable.

predictive validity (evidence of) The degree to which scores on an instrument predict characteristics of individuals in a future situation.

predictor variable(s) The variable(s) from which projections are made in a prediction study.

pretest treatment interaction The possibility that subjects may respond or react differently to a treatment because they have been pretested, thereby creating a threat to internal validity.

primary source Firsthand information, such as the testimony of an eyewitness, an original document, a relic, or a description of a study written by the person who conducted it.
probability The relative frequency with which a particular event occurs among all events of interest.

problem statement A statement that indicates the specific purpose of the research, the variables of interest to the researcher, and any specific relationship between those variables that is to be, or was, investigated; includes description of background and rationale (justification) for the study.

procedures A detailed description by the researcher of what was (or will be) done in carrying out a study.

projective device An instrument that includes vague stimuli that subjects are asked to interpret. There are no correct answers or replies.

proposition A tentative, flexible hypothesis used by qualitative researchers to guide their data collection and analysis.

purpose (of a study) A specific statement by a researcher of what he or she intends to accomplish.

purposive sample/sampling A nonrandom sample selected because prior knowledge suggests it is representative, or because those selected have the needed information.

qualitative research/study Research in which the investigator attempts to study naturally occurring phenomena in all their complexity.

qualitative variable A variable that is conceptualized and analyzed as distinct categories, with no continuum implied.

qualitizing The process of converting qualitative data into qualitative data.

quantitative data Data that differ in amount or degree along a continuum from less to more.

quantitative research Research in which the investigator attempts to clarify phenomena through carefully designed and controlled data collection and analysis.

quantitative variable A variable that is conceptualized and analyzed along a continuum. It differs in amount or degree.

quantitizing The process of converting qualitative data into quantitative data.

quasi-experimental design A type of experimental design in which the researcher does not use random assignment of subjects to groups.

questionnaire A form for written or marked answers to questions.

random assignment The process of assigning individuals or groups randomly to different treatment conditions.

randomized posttest-only control group design An experimental design involving at least two randomly formed groups; one group receives a treatment, and both groups are posttested.

randomized pretest-posttest control group design An experimental design that involves at least two groups; both groups are pretested, one group receives a treatment, and both groups are posttested. For effective control of extraneous variables, the groups should be randomly formed.

random sample/sampling A sample selected in such a way that every member of the population has an equal chance of being selected.

random selection sampling The process of selecting a random sample.

randomized Solomon four-group design An experimental design that involves random assignment of subjects to each of four groups. Two groups are pretested, two are not, one of the pretested groups and one of the unpretested groups receive the experimental treatment, and all four groups are posttested.

range The difference between the highest and lowest scores in a distribution; measure of variability.

ratio scale A measurement scale that, in addition to being an interval scale, also has an absolute zero in the scale.

raw score The score attained by an individual on the items on a test or other instrument.

reflective field notes A record of the observer’s thoughts and reflections during and after observation.

regressed gain score A score indicating amount of change that is determined by the correlation between scores on a posttest and a pretest (and/or other scores). It provides more stable information than a simple posttest-pretest difference.

regression line The line of best fit for a set of scores plotted on coordinate axes (on a scatterplot).

regression threat The possibility that results are due to a tendency for groups, selected on the basis of extreme scores, to regress toward a more average score on subsequent measurements, regardless of the experimental treatment.

reliability The degree to which scores obtained with an instrument are consistent measures of whatever the instrument measures.

reliability coefficient An index of the consistency of scores on the same instrument. There are several methods of computing a reliability coefficient, depending on the type of consistency and characteristics of the instrument.

relic Any object whose physical characteristics provide information about the past.

replication Refers to conducting a study again; the second study may be a repetition of the original study, using different subjects, or specified aspects of the study may be changed.

representativeness The extent to which a sample is identical (in all characteristics) to the intended population.

research The formal, systematic application of scholarship, disciplined inquiry, and most often the scientific method to the study of problems.

research design The overall plan for collecting data in order to answer the research question. Also the specific data analysis techniques or methods that the researcher intends to use.

research hypothesis A prediction of study outcomes. Often a statement of the expected relationship between two or more variables.

research proposal A detailed description of a proposed study designed to investigate a given problem.

research report A description of how a study was conducted, including results and conclusions.

researcher reflexivity Recording personal thoughts while conducting observations or interviews for later cross-checking.

results (of a study) A statement that explains what is shown by analysis of the data collected; includes tables and graphs when appropriate.

retrospective interview A form of interview in which the researcher tries to get a respondent to reconstruct past experiences.

definitions sample The group on which information is obtained.

definitions sampling The process of selecting a number of individuals (a sample) from a population, preferably in such a way that the individuals are representative of the larger group from which they were selected.
sampling distribution The theoretical distribution of all possible values of a statistic from all possible samples of a given size selected from a population.

sampling error Expected, chance variation in sample statistics that occurs when successive samples are selected from a population.

sampling interval The distance in a list between individuals chosen when sampling systematically.

sampling ratio The proportion of individuals in the population that are selected for the sample in systematic sampling.

scatterplot The plot of points determined by the cross-tabulation of scores on coordinate axes; used to represent and illustrate the relationship between two quantitative variables.

scientific method A way of knowing that is characterized by the public nature of its procedures and conclusions and by rigorous testing of conclusions.

scoring agreement The percentage agreement among different scorers or observers.

search engine A comprehensive computer system for locating references to specific topics.

search terms See descriptors.

secondary source Secondhand information, such as a description of historical events by someone not present when the event occurred.

semantic differential An attitude scale using pairs of opposites such as hot-cold.

semistructured interview A structured interview, combined with open-ended questions.

sensory questions Questions asked by a researcher to find out what a person has seen, heard, or experienced through his or her senses.

sign test A nonparametric inferential statistic used to compare two groups that are not independent.

simple random sample See random sample/sampling.

simulation Research in which an “artificial” situation is created and participants are told what activities they are to engage in.

single-subject design/research Design applied when the sample size is one; used to study the behavior change that an individual exhibits as a result of some intervention or treatment.

skewed distribution A nonsymmetrical distribution in which there are more extreme scores at one end of the distribution than the other.

snowball sample In qualitative research, a sample selected as the need arises during a study.

split-half procedure A method of estimating the internal-consistency reliability of an instrument; it is obtained by giving an instrument once but scoring it twice—for each of two equivalent “half tests.” These scores are then correlated.

spreads Measures of variability.

stability (of scores) The extent to which scores are reliable (consistent) over time.

stakeholders Those who have a vested interest in the outcomes of a study.

standard deviation (SD) The most stable measure of variability; it takes into account each and every score in a distribution.

standard error of the difference (SED) The standard deviation of a distribution of differences between sample means.

standard error of estimate An estimate of the size of the error to be expected in predicting a criterion score.

standard error of the mean (SEM) The standard deviation of sample means that indicates by how much the sample means can be expected to differ if other samples from the same population are used.

standard error of measurement (SEMeas) An estimate of the size of the error that one can expect in an individual’s score.

standard score See z score.

static-group comparison design A weak experimental design that involves at least two nonequivalent groups; one receives a treatment and both are posttested.

static-group pretest-posttest design The same as the static-group comparison design, except that both groups are pretested.

statistic A numerical index describing a characteristic of a sample.

statistical equating See statistical matching.

statistical matching A means of equating groups using statistical prediction.

statistically significant The conclusion that results are unlikely to have occurred due to sampling error or “chance”; an observed correlation or difference probably exists in the population.

Statistical Package for the Social Sciences (SPSS) A computer program for calculating descriptive and inferential statistics.

stem-leaf plot A method for showing individual scores in a grouped frequency distribution.

stratified random sampling The process of selecting a sample in such a way that identified subgroups in the population are represented in the sample in the same proportion as they exist in the population.

structured interview A formal type of interview, in which the researcher asks, in order, a set of predetermined questions.

subject characteristics threat The possibility that characteristics of the subjects in a study may account for observed relationships, thereby producing a threat to internal validity.

subjects Individuals whose participation in a study is limited to providing information.

summative evaluation An evaluation that seeks to determine the overall effectiveness or usefulness of an evaluation object.

survey study/research An attempt to obtain data from members of a population (or a sample) to determine the current status of that population with respect to one or more variables.

systematic sampling A selection procedure in which all sample elements are determined after the selection of the first element, since each element on a selected list is separated from the first element by a multiple of the selection interval; e.g., every tenth element may be selected.

table of random numbers A table of numbers that provides the best means of random selection or random assignment.

tally sheet A form for recording observed instances of behavior.

target population The population to which the researcher, ideally, would like to generalize results.

testing threat A threat to internal validity that refers to improved scores on a posttest that are a result of subjects having taken a pretest.

test-retest method A procedure for determining the extent to which scores from an instrument are reliable over time by correlating the scores from two administrations of the same instrument to the same individuals.
theme A means of organizing and interpreting data in a content analysis by grouping codes as the interpretation progresses.

theoretical framework The theoretical approach used to structure a research study.

theoretical sample In qualitative research, a sample that helps the researcher understand or formulate a concept or interpretation.

thick description In ethnography, the provision of great detail on the basic data/information.

threat to internal validity An alternative explanation for research results, that is, that an observed relationship is an artifact of another variable.

time-series design An experimental design involving one group that is repeatedly pretested, exposed to an experimental treatment, and repeatedly posttested.

transferability In qualitative research, the degree to which an individual can expect the results of a particular study to apply in a new situation or with new people. Transferability, in the qualitative domain, is similar to generalizability in the quantitative domain.

treatment variable See experimental variable.

trend study A longitudinal design (in survey research) in which the same population (conceptually but not literally) is studied over time by taking different random samples.

triangulation Cross-checking of data using multiple data sources or multiple data-collection procedures.

triangulation mixed-methods design A study in which quantitative and qualitative data are collected simultaneously and used to validate and clarify findings.

T score A standard score derived from a z score by multiplying the z score by 10 and adding 50.

t-test for correlated means A parametric test of statistical significance used to determine whether there is a statistically significant difference between the means of two matched, or nonindependent, samples. It is also used for pre-post comparisons.

t-test for correlated proportions A parametric test of statistical significance used to determine whether there is a statistically significant difference between two proportions based on the same sample or otherwise nonindependent groups.

t-test for independent means A parametric test of significance used to determine whether there is a statistically significant difference between the means of two independent samples.

t-test for independent proportions A parametric test of statistical significance used to determine whether there is a statistically significant difference between two independent proportions.

t-test for r This test is used to see whether a correlation coefficient calculated on sample data is statistically significant.

two-stage random sampling A combination of individual random sampling and cluster random sampling.

two-tailed test (of statistical significance) Use of both tails of a sampling distribution of a statistic—when a nondirectional hypothesis is stated.

Type I error The rejection by the researcher of a null hypothesis that is actually true; also called an alpha error.

Type II error The failure of a researcher to reject a null hypothesis that is really false; also called a beta error.

typical sample In qualitative research, a sample judged to be representative of the population of interest.

unit of analysis The unit that is used in data analysis (individuals, objects, groups, classrooms, etc.).

unobtrusive measures Measures obtained without subjects being aware that they are being observed or measured, or by examining inanimate objects (such as school suspension lists) in order to obtain desired information.

validity The degree to which correct inferences can be made based on results from an instrument; depends not only on the instrument itself but also on the instrumentation process and the characteristics of the group studied.

validity coefficient An index of the validity of scores; a special application of the correlation coefficient.

values questions See opinion questions.

variability The extent to which scores differ from one another.

variable A characteristic that can assume any one of several values, for example, cognitive ability, height, aptitude, teaching method.

variance (SD)^2 The square of the standard deviation; a measure of variability.

Web browser A computer program providing access to the World Wide Web.

Wilk’s lambda The numerical index calculated when carrying out MANOVA or MANCOVA.

World Wide Web (WWW) An Internet reservoir of information used in searching literature.

written-response instrument An instrument requiring written or marked responses.

z score The most basic standard score that expresses how far a score is from a mean in terms of standard deviation units.
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<th>TYPES OF RESEARCH</th>
<th>DESCRIPTION</th>
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<td>Experiments</td>
<td>Comparing two or more treatments in order to study their effects, while attempting to control other possible variables that might affect the outcome under investigation.</td>
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<tr>
<td>Single-subject studies</td>
<td>The intensive study of a single individual or group over time.</td>
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<tr>
<td>Correlational studies</td>
<td>Investigating the relationships that may exist among two or more variables as well as their implications for cause and effect.</td>
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<td>Causal-comparative studies</td>
<td>Exploring the cause for or consequences of differences that exist between groups of people.</td>
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<td>Surveys</td>
<td>Collecting data to determine various and specific characteristics of a group.</td>
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<tr>
<td>Ethnographies</td>
<td>Documenting or portraying the everyday experiences of individuals by observing and interviewing them and relevant others.</td>
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<tr>
<td>Historical studies</td>
<td>Studying some aspect of the past either by perusing documents of the period or by interviewing individuals who lived during that time.</td>
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<td>Action Research</td>
<td>Research that focuses on specific local situations and that emphasizes the active involvement of those participating in the study and who are affected by it. It makes use of one or more of the other research types.</td>
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